UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
## Locations

### La Jolla
- **La Jolla Emergency**
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037
- **La Jolla Urgent Care**
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037
- **Orthopedics Urgent Care**
  - Sports Medicine
  - 4520 Executive Drive, Suite Plaza 1
  - San Diego, CA 92121
  - 4510 and 4520 Executive Drive
  - San Diego, CA 92121
- **9899 and 8929 University Center Lane**
  - San Diego, CA 92122
- **8939 Villa La Jolla Drive**
  - La Jolla, CA 92037
- **9333 Genesee Avenue**
  - San Diego, CA 92121
- **8950 Villa La Jolla Drive**
  - La Jolla, CA 92037
- **9350 Campus Point Drive**
  - La Jolla, CA 92037
- **Shiley Eye Institute**
  - 9415 Campus Point Drive
  - La Jolla, CA 92037
- **Sulpizio Cardiovascular Center**
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

### Moores Cancer Center
- 3855 Health Sciences Drive
- La Jolla, CA 92033

### Jacobs Medical Center
- 9300 Campus Point Drive
- La Jolla, CA 92037

### Koman Family Outpatient Pavilion
- 9400 Campus Point Drive
- La Jolla, CA 92037

### Perlman Medical Offices
- 9350 Campus Point Drive
- La Jolla, CA 92037

### Hillcrest
- **Hillcrest Urgent Care**
  - UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103
- **4th and Lewis Medical Offices**
  - 330 Lewis Street
  - San Diego, CA 92103
- **Medical Offices North**
  - 200 West Arbor Drive
  - San Diego, CA 92103
- **Medical Offices South**
  - 4168 Front Street
  - San Diego, CA 92103
- **UC San Diego Medical Center**
  - 200 West Arbor Drive
  - San Diego, CA 92103

### Rancho Bernardo
- Includes **Rancho Bernardo Urgent Care**
  - 16950 Via Tazon
  - San Diego, CA 92127

### Encinitas
- **Encinitas Urgent Care** (Suite 110)
  - 1200 Garden View Road
  - Encinitas, CA 92024
- **477 North El Camino Real**
  - Encinitas, CA 92024

### College Area
- **6719 Alvarado Road, Suite 302**
  - San Diego, CA 92120

### Downtown
- **Downtown Express Care**
  - 203 West F Street
  - San Diego, CA 92101

### Vista
- **910 Sycamore Avenue**
  - Vista, CA 92081

### Sorrento Valley
- **4910 Directors Place**
  - San Diego, CA 92121

### Scripps Ranch
- **9909 Mira Mesa Blvd, Suite 200**
  - San Diego, CA 92131

### Kearny Mesa
- **7910 Frost Street**
  - San Diego, CA 92123

### Chula Vista
- **959 Lane Avenue**
  - Chula Vista, CA 91914

### Temecula
- **31720 Temecula Parkway, Suite 100**
  - Temecula, CA 92592
# Table of Contents

- Pain Management .......................................................................................................................... 1
- Index ........................................................................................................................................... 5
Pain Management

Pain management is the pharmacological, nonpharmacological and other treatment to prevent, reduce, or stop pain. Learn more about pain management at UC San Diego Health System.

Farshad M. Ahadian, MD
Medical Director, Center For Pain Medicine
Professor of Anesthesiology

Specialties:
Anesthesiology, Pain Management

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Farshad M. Ahadian, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and provides comprehensive, multidisciplinary care for a broad range of pain conditions. His areas of expertise and interest include minimally invasive treatments for neurogenic claudication from lumbar spinal stenosis and lumbar discogenic pain; neurostimulation (including spinal cord and peripheral nerve field stimulation); interventional therapies for the head and neck region; spinal diagnostics and therapeutics; diagnostic and therapeutic interventions for joint pain; integrative medicine and medical acupuncture.

Benjamin Beal, MD
Assistant Clinical Professor

Specialties:
Anesthesiology, Pain Management

Add'l Language:
Italian

Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Benjamin Beal is an Assistant Professor in the Department of Anesthesiology at UC San Diego. His training includes the treatment of acute and chronic pain via interventional and medication based therapies. His areas of specialty include fluoroscopic guided interventional spine injections, spinal cord stimulation, and ultrasound guided techniques.
Pain Management (cont.)

Lynette Cederquist, MD
Professor of Medicine
Pain Management Specialist

Specialties:
Internal Medicine, Pain Management

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lynette Cederquist, MD, is a hospice and and palliative medicine specialist who helps relieve suffering in people with life-limiting and advanced illnesses. As a provider of palliative care, she aims to optimize comfort and quality of life while addressing the psychological, social, and spiritual concerns of patients and their families. Dr. Cedequist currently only sees patients with chronic pain who have been referred to her by internists at UC San Diego Health.

Krishnan Chakravarthy, MD, PhD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

Add'l Language:
Tamil

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Krishnan Chakravarthy, MD, PhD, is an anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. Dr. Chakravarthy performs a variety of procedures to treat chronic pain, specializing in dorsal root stimulation therapy, a type of neurostimulation therapy designed to manage pain in areas of the lower body such as the foot, knee, hip or groin; dorsal column stimulation; and peripheral nerve stimulation.

Jeffrey Chen, MD, MHS
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Physical Medicine & Rehabilitation

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Jeffrey L. Chen, MD, MHS, MS, is a board-certified physical medicine and rehabilitation and pain management physician. As a pain management specialist, Dr. Chen evaluates, diagnoses and treats all forms of acute and chronic pain. His expertise includes conservative treatment of low back and neck pain, non-surgical orthopedic conditions and sports injuries. He is the director of Regenerative Pain Medicine and the associate program director for the Pain Medicine Fellowship at UC San Diego School of Medicine.
Pain Management (cont.)

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine,
Osteopathic Medicine

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

Imanuel Lerman, MD
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Neurology
Subspecialty:
Headache

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Imanuel Lerman, MD, is a board-certified neurologist who specializes in pain management. As a pain management specialist, Dr. Lerman evaluates, diagnoses and treats all forms of pain, including acute, chronic and cancer pain. He has extensive experience in ultrasound guidance for interventional pain procedures and interventional headache treatment, teaching and speaking nationally on these subjects.

Timothy Furnish, MD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Timothy Furnish, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain, particularly chronic pain and acute, post-surgical pain.
Pain Management (cont.)

Albert Y. Leung, MD
Anesthesiologist and Pain Management Specialist
Professor of Anesthesiology

Specialties:
Anesthesiology, Pain Management
Add'l Languages:
Cantonese, Mandarin

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035

Bio:
Albert Y. Leung, MD, is a board-certified anesthesiologist who specializes in pain medicine. As a pain management specialist, he evaluates and treats all forms of acute and chronic pain conditions. Dr. Leung has over 20 years’ experience caring for people with chronic pain, and offers a range of interventional and minimally invasive procedures, as well as medication management.

Gregory R. Polston, MD
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Gregory R. Polston, MD, is a board-certified anesthesiologist who specializes in pain medicine. As a pain management specialist, he evaluates and treats all forms of pain, though most of his patients are affected by chronic pain.

Nathaniel M. Schuster, MD
Pain Management Specialist and Headache Neurologist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Neurology
Subspecialty:
Headache

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Nathaniel M. Schuster, MD, is a board-certified neurologist and pain and headache specialist. He sees people with all types of chronic pain, with a special focus on spine pain and headache.

Mark Steven Wallace, MD
Pain Management Specialist
Chair, Division of Pain Medicine

Specialties:
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Mark Wallace, MD, is a board-certified anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain, though most of his patients are affected by chronic pain.
### Index

<table>
<thead>
<tr>
<th>A</th>
<th>Ahadian, Farshad M. .................................................</th>
<th>1</th>
</tr>
</thead>
<tbody>
<tr>
<td>B</td>
<td>Beal, Benjamin ......................................................</td>
<td>1</td>
</tr>
<tr>
<td>C</td>
<td>Cederquist, Lynette ..................................................</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>Chakravarthy, Krishnan ............................................</td>
<td>2</td>
</tr>
<tr>
<td>E</td>
<td>Eastman, Amelia ......................................................</td>
<td>3</td>
</tr>
<tr>
<td>F</td>
<td>Furnish, Timothy ......................................................</td>
<td>3</td>
</tr>
<tr>
<td>L</td>
<td>Lerman, Imanuel ....................................................</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Leung, Albert Y. .....................................................</td>
<td>4</td>
</tr>
<tr>
<td>P</td>
<td>Polston, Gregory R. ...................................................</td>
<td>4</td>
</tr>
<tr>
<td>S</td>
<td>Schuster, Nathaniel M. ..............................................</td>
<td>4</td>
</tr>
<tr>
<td>W</td>
<td>Wallace, Mark Steven ...............................................</td>
<td>4</td>
</tr>
</tbody>
</table>