UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

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Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
# Locations

**La Jolla**

**La Jolla Emergency**  
Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92037  

**La Jolla Urgent Care**  
8910 Villa La Jolla Drive  
La Jolla, CA 92037  

**Orthopedics Urgent Care**  
**Sports Medicine**  
4520 Executive Drive, Suite Plaza 1  
San Diego, CA 92121  

4510 and 4520 Executive Drive  
San Diego, CA 92121  

8910 Villa La Jolla Drive  
La Jolla, CA 92037  

8899 and 8929 University Center Lane  
San Diego, CA 92122  

8939 Villa La Jolla Drive  
La Jolla, CA 92037  

9333 Genesee Avenue  
San Diego, CA 92121  

8950 Villa La Jolla Drive  
La Jolla, CA 92037  

9350 Campus Point Drive  
La Jolla, CA 92037  

Shiley Eye Institute  
9415 Campus Point Drive  
La Jolla, CA 92093  

Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92093  

Moores Cancer Center  
3855 Health Sciences Drive  
La Jolla, CA 92093  

Jacobs Medical Center  
9300 Campus Point Drive  
La Jolla, CA 92037  

Koman Family Outpatient Pavilion  
9400 Campus Point Drive  
La Jolla, CA 92037  

Perlman Medical Offices  
9350 Campus Point Drive  
La Jolla, CA 92037  

**Hillcrest**  
**Hillcrest Emergency**  
UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103  

4th and Lewis Medical Offices  
330 Lewis Street  
San Diego, CA 92103  

Medical Offices North  
200 West Arbor Drive  
San Diego, CA 92103  

Medical Offices South  
4168 Front Street  
San Diego, CA 92103  

UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103  

**Rancho Bernardo**  
Includes **Rancho Bernardo Urgent Care**  
16950 Via Tazon  
San Diego, CA 92127  

**Encinitas**  
Includes **Encinitas Express Care (Suite 110)**  
1200 Garden View Road  
Encinitas, CA 92024  

477 North El Camino Real  
Encinitas, CA 92024  

**College Area**  
6719 Alvarado Road, Suite 302  
San Diego, CA 92120  

**Downtown**  
Downtown Express Care  
203 West F Street  
San Diego, CA 92101  

**Vista**  
910 Sycamore Avenue  
Vista, CA 92081  

**Sorrento Valley**  
4910 Directors Place  
San Diego, CA 92121  

**Scripps Ranch**  
9909 Mira Mesa Blvd, Suite 200  
San Diego, CA 92131  

**Kearny Mesa**  
7910 Frost Street  
San Diego, CA 92123  

**Chula Vista**  
959 Lane Avenue  
Chula Vista, CA 91914  

**Temecula**  
31720 Temecula Parkway, Suite 100  
Temecula, CA 92592
# Table of Contents

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Rheumatology

Rheumatology is a medical specialization concerned with the study and treatment of rheumatic disease; diseases which are usually caused by inflammation, swelling and pain in the joints and muscles. Learn more about rheumatology at UC San Diego Health System.

Harry Bluestein, MD
Specialty: Rheumatology
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110
Bio:
Dr. Bluestein's research interests included the identification and characterization of cell membrane molecules that serve as targets of SLE antibodies and on the role of those antibodies in the pathogenesis of SLE, particularly the neuropsychiatric manifestations. He is now retired as a researcher.

Arnold Ceponis, MD, PhD
Rheumatologist
Associate Professor of Medicine
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248
Bio:
Arnold Ceponis, MD, is a board-certified rheumatologist with clinical and research interest in musculoskeletal ultrasound. In addition to long-established methods of diagnosis and treatment of rheumatic and systemic diseases, Dr. Ceponis uses in-office ultrasonography for diagnosis and ultrasound-guided injections of joints and other musculoskeletal structures.

Nunzio Bottini, MD, PhD
Rheumatologist
Professor of Medicine
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248
Bio:
Nunzio Bottini, MD, PhD, is a rheumatologist who treats a variety of musculoskeletal diseases and autoimmune conditions, including rheumatoid arthritis and scleroderma.

Soo-In Choi, MD
Rheumatologist
Associate Professor of Medicine
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248
Bio:
Soo Choi, MD, is a board-certified rheumatologist who diagnoses and treats autoimmune conditions and musculoskeletal diseases that affect the joints, muscles, connective tissue and bones. This may include conditions such as back pain and muscle strains, and diseases such as osteoarthritis, rheumatoid arthritis, gout and lupus.
Rheumatology (cont.)

Gary S. Firestein, MD
Rheumatologist
Dean and Associate Vice Chancellor for Clinical and Translational Research

Specialty: Rheumatology

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Gary Firestein, MD, is a board-certified rheumatologist who diagnoses and treats patients with autoimmune conditions as well as diseases of the joints, muscles and bones. These conditions may include rheumatoid arthritis, osteoarthritis, gout, chronic back pain, tendinitis, and lupus.

Bonnie Hepburn, MD

Bonnie Hepburn, MD
Rheumatologist

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Hepburn received her MD from the University of Pennsylvania School of Medicine and completed her residency training at the Mayo Graduate School of Medicine.

Kenneth Kalunian, MD
Professor of Clinical Medicine

Specialty: Rheumatology

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
Dr. Kenneth Kalunian is the Associate Director of the Center for Innovative Therapy and also a Professor in the Division of Rheumatology, Allergy and Immunology in the School of Medicine at UC San Diego.

Arthur Kavanaugh, MD
Professor of Medicine

Specialty: Rheumatology

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
Rheumatologist, Clinical Immunologist
Rheumatology (cont.)

Susan J Lee, MD
Associate Professor of Medicine

Specialty:
Rheumatology

Add'l Language:
Korean

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
In addition to clinical practice, Dr. Lee is actively involved in numerous clinical research as well as outcomes research.

Katherine Nguyen, MD
Rheumatologist
Associate Professor of Medicine

Specialty:
Rheumatology

Add'l Language:
Vietnamese

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line - La Jolla: (858) 657-6110

Bio:
Katherine Nguyen, MD, is a board-certified rheumatologist who treats general rheumatology conditions, with a special focus on treating the autoimmune diseases Sjögren’s syndrome and rheumatoid arthritis (RA).

Gregory D. Middleton, MD
Rheumatologist
Professor of Medicine and Orthopaedic Surgery

Specialties:
Rheumatology, Orthopedics

Subspecialty:
Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center
Encinitas - Garden View
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Gregory D. Middleton, MD, is a board-certified rheumatologist who specializes in the nonsurgical care of patients with joint and muscle pain, particularly those with rheumatic disorders such as osteoarthritis. He takes a comprehensive approach to treating arthritis, pain and autoimmune diseases, and strives to help patients maintain a satisfying and active lifestyle.

Brian A. Pedersen, MBBS
Rheumatologist
Assistant Professor of Medicine

Specialty:
Rheumatology

Add'l Language:
Spanish

Hillcrest - Medical Offices South
Encinitas - Garden View

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line - Encinitas: (760) 536-7300

Bio:
Brian A. Pedersen, MBBS, is a board-certified rheumatologist. He diagnoses and treats autoimmune conditions and musculoskeletal diseases that affect the joints, muscles, connective tissue and bones. This may include conditions such as back pain and muscle strains, and diseases such as osteoarthritis, rheumatoid arthritis, gout, and lupus.
Abha G. Singh, MD
Rheumatologist
Assistant Professor of Medicine

Specialty:
Rheumatology

Add'l Languages:
Hindi, Punjabi

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
Abha Singh, MD, is a board-certified rheumatologist. She diagnoses and treats autoimmune conditions as well as diseases of the joints, muscles and bones, including rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis, reactive arthritis, myositis, scleroderma, systemic lupus erythematosus (SLE or lupus), vasculitis, gout, polymyalgia rheumatica, and osteoarthritis.
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