UC San Diego Health Physician Directory

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For Patients

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Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Athletic Training

**Brian Livingstone, ATC**

*Athletic Trainer*

**Specialties:**
Athletic Training, Sports Medicine

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Brian Livingstone, a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation and performance enhancement. He has additional certifications as a corrective exercise specialist (CES) and a performance enhancement specialist (PES).

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**Kevin Messey, MS, ATC**

*Athletic Trainer*

**Specialties:**
Athletic Training, Sports Medicine

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Kevin Messey, MS, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation, and rehabilitation. He has additional certifications as a corrective exercise specialist (CES) and a certified strength and conditioning specialist (CSCS).

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**Adrienne Wilson, MS, ATC**

*Athletic Trainer*

**Specialties:**
Athletic Training, Sports Medicine

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Adrienne Wilson, MS, is a certified athletic trainer (ATC) who specializes in injury prevention and individualized exercise programs for people of all ages. She also has expertise in acute injury management, the Graston Technique and other soft-tissue work, and concussion management. Her philosophy of patient care emphasizes educating active people about their bodies and giving them the tools they need to stay healthy and active.
Rheumatology

Rheumatology is a medical specialization concerned with the study and treatment of rheumatic disease; diseases which are usually caused by inflammation, swelling and pain in the joints and muscles. Learn more about rheumatology at UC San Diego Health.

Harry Bluestein, MD
Rheumatologist

Specialty:
Rheumatology

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
Dr. Bluestein's research interests included the identification and characterization of cell membrane molecules that serve as targets of SLE antibodies and on the role of those antibodies in the pathogenesis of SLE, particularly the neuropsychiatric manifestations. He is now retired as a researcher.

Arnold Ceponis, MD, PhD
Rheumatologist
Associate Professor of Medicine

Specialty:
Rheumatology

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Arnold Ceponis, MD, is a board-certified rheumatologist with clinical and research interest in musculoskeletal ultrasound. In addition to long-established methods of diagnosis and treatment of rheumatic and systemic diseases, Dr. Ceponis uses in-office ultrasonography for diagnosis and ultrasound-guided injections of joints and other musculoskeletal structures.

Nunzio Bottini, MD, PhD
Rheumatologist
Professor of Medicine

Specialty:
Rheumatology
Add’l Language:
Italian

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Nunzio Bottini, MD, PhD, is a rheumatologist who treats a variety of musculoskeletal diseases and autoimmune conditions, including rheumatoid arthritis and scleroderma.

Soo-In Choi, MD
Rheumatologist
Associate Professor of Medicine

Specialty:
Rheumatology
Add’l Language:
Korean

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Soo Choi, MD, is a board-certified rheumatologist who diagnoses and treats autoimmune conditions and musculoskeletal diseases that affect the joints, muscles, connective tissue and bones. This may include conditions such as back pain and muscle strains, and diseases such as osteoarthritis, rheumatoid arthritis, gout and lupus.
Gary S. Firestein, MD
Rheumatologist
Dean and Associate Vice Chancellor for Clinical and Translational Research

Specialty:
Rheumatology

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Gary Firestein, MD, is a board-certified rheumatologist who diagnoses and treats patients with autoimmune conditions as well as diseases of the joints, muscles and bones. These conditions may include rheumatoid arthritis, osteoarthritis, gout, chronic back pain, tendinitis, and lupus.

Monica Guma, MD, PhD
Rheumatologist

Specialty:
Rheumatology
Add'l Language:
Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Monica Guma, MD, PhD, is a rheumatologist who treats a variety of musculoskeletal diseases and autoimmune conditions, including rheumatoid arthritis and spondyloarthritis.

Mark Ginsberg, MD
Rheumatologist
Professor of Medicine

Specialty:
Rheumatology

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Mark Ginsberg, MD is a rheumatologist with who diagnoses and treats chronic musculoskeletal and systemic autoimmune conditions. He offers nonsurgical treatment for diseases such as osteoarthritis, gout and rheumatoid arthritis.

Bonnie Hepburn, MD

Specialty:
Rheumatology

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Dr. Hepburn received her MD from the University of Pennsylvania School of Medicine and completed her residency training at the Mayo Graduate School of Medicine.
Rheumatology (cont.)

Kenneth Kalunian, MD
Professor of Clinical Medicine

Specialty:
Rheumatology

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
Dr. Kenneth Kalunian is the Associate Director of the Center for Innovative Therapy and also a Professor in the Division of Rheumatology, Allergy and Immunology in the School of Medicine at UC San Diego.

Susan J Lee, MD
Associate Professor of Medicine

Specialty:
Rheumatology

Add'l Language:
Korean

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
In addition to clinical practice, Dr. Lee is actively involved in numerous clinical research as well as outcomes research.

Arthur Kavanaugh, MD
Professor of Medicine

Rheumatologist, Clinical Immunologist

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
Rheumatologist, Clinical Immunologist

Gregory D. Middleton, MD
Rheumatologist
Professor of Medicine and Orthopaedic Surgery

Specialties:
Rheumatology, Orthopedics

Subspecialty:
Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Road
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Gregory D. Middleton, MD, is a board-certified rheumatologist who specializes in the nonsurgical care of patients with joint and muscle pain, particularly those with rheumatic disorders such as osteoarthritis. He takes a comprehensive approach to treating arthritis, pain and autoimmune diseases, and strives to help patients maintain a satisfying and active lifestyle.
Rheumatology (cont.)

Katherine Nguyen, MD
Rheumatologist
Associate Professor of Medicine

Specialty:
Rheumatology
Add'l Language:
Vietnamese

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line - La Jolla: (858) 657-6110

Bio:
Katherine Nguyen, MD, is a board-certified rheumatologist who treats general rheumatology conditions, with a special focus on treating the autoimmune diseases Sjögren’s syndrome and rheumatoid arthritis (RA).

Abha G. Singh, MD
Rheumatologist
Assistant Professor of Medicine

Specialty:
Rheumatology
Add'l Languages:
Hindi, Punjabi

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
Abha Singh, MD, is a board-certified rheumatologist. She diagnoses and treats autoimmune conditions as well as diseases of the joints, muscles and bones, including rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis, reactive arthritis, myositis, scleroderma, systemic lupus erythematosus (SLE or lupus), vasculitis, gout, polymyalgia rheumatica, and osteoarthritis.

Brian A. Pedersen, MBBS
Rheumatologist
Assistant Professor of Medicine

Specialty:
Rheumatology
Add'l Language:
Spanish

Hillcrest - Medical Offices South
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line - Encinitas: (760) 536-7300

Bio:
Brian A. Pedersen, MBBS, is a board-certified rheumatologist. He diagnoses and treats autoimmune conditions and musculoskeletal diseases that affect the joints, muscles, connective tissue and bones. This may include conditions such as back pain and muscle strains, and diseases such as osteoarthritis, rheumatoid arthritis, gout, and lupus.

Chelsey Forbess Smith, MD
Rheumatologist
Assistant Professor of Medicine

Specialty:
Rheumatology
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-6110

Bio:
Chelsey Smith, MD, is a board-certified rheumatologist who treats patients with rheumatic diseases, including rheumatoid arthritis, systemic lupus erythematosus, and other conditions.
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