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Rehabilitation

Rehabilitation focuses on helping people achieve the highest level of function, independence, and quality of life possible. Learn more about the comprehensive rehabilitation services offered at UC San Diego Health.

Jessie (Altman) Agrimis, DPT
Physical Therapist

Specialty:
Rehabilitation

La Jolla - 8929 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Jessie Agrimis, DPT, is a licensed physical therapist who treats people with various neurological disorders, including Parkinson’s disease, stroke, multiple sclerosis, brain and spinal injuries, Guillain-Barré syndrome, ALS (i.e. amyotrophic lateral sclerosis or Lou Gehrig’s disease) and post-polio syndrome. She also treats individuals with vestibular and balance disorders.

Megan Lapicto, DPT
Physical Therapist

Specialty:
Rehabilitation

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Megan Lapicto, DPT, is a licensed physical therapist who specializes in the evaluation and treatment of women and men with pelvic dysfunction and pelvic pain, including urinary incontinence, urge and stress incontinence and pelvic organ prolapse.

Lauren Davis, MA, CCC-SLP
Speech-Language Pathologist

Specialties:
Speech-Language Pathology, Rehabilitation

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Lauren Davis, MA, is a certified speech-language pathologist who helps individuals maximize their speech ability, language comprehension and expression, social and cognitive-communication skills. She also assesses and treats voice and swallowing disorders. She provides assessment for alternative and augmentative communication (AAC) devices.

Susan Neese, MA, CCC-SLP
Speech-Language Pathologist

Specialties:
Speech-Language Pathology, Rehabilitation

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Susan Neese, MA, is a speech-language pathologist who who helps individuals maximize their speech ability, language comprehension and expression, social and cognitive-communication skills. She also assesses and treats swallowing disorders, which can occur as a result of illness, surgery, stroke or injury. She is the primary speech pathologist at Thornton Pavilion and also helps patients with Parkinson’s disease in the neurological rehabilitation program.
Lindsey Schaefer, MS, CCC-SLP
Speech-Language Pathologist

Specialties:
Speech-Language Pathology, Rehabilitation

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Lindsey Schaefer, MS, CCC-SLP, is a certified speech-language pathologist who evaluates and treats patients with cognitive communication and swallowing disorders. She has a special interest in helping people with neurological disorders such as amyotrophic lateral sclerosis (ALS or Lou Gehrig’s disease), movement disorders, stroke, and traumatic brain injury.

Lindsey Unger, MS, CCC-SLP
Speech-Language Pathologist

Specialties:
Speech-Language Pathology, Rehabilitation

La Jolla - 8929 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Lindsey Unger is a speech language pathologist who helps individuals maximize their speech ability, language comprehension and expression, social and cognitive-communication skills. She also assesses and treats voice and swallowing disorders, and provides assessments for augmentative alternative communication devices.

Margaret Amaral, OTR/L, CHT
Occupational Therapist

Specialty:
Rehabilitation
Subspecialty:
Occupational Therapy

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Margaret Amaral is a registered and licensed occupational therapist (OTR/L) and certified hand therapist (CHT). Her expertise includes physical agent modalities (PAMs) and treating a wide range injuries and conditions, including tendon repairs, arthritis, fractures, and complex reconstructive repairs of the hand such as digital replantation, crush injuries and nerve repairs.

Resenia (Resie) Collins, OTR/L
Occupational Therapist

Specialty:
Rehabilitation
Subspecialty:
Occupational Therapy

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Resenia Collins is a registered and licensed occupational therapist (OTR/L) with advanced practice certification in hand therapy and physical agent modalities (PAMs). She is also certified as a lymphedema therapist through the Lymphology Association of North America (LANA).
Rehabilitation - Occupational Therapy (cont.)

Lisa F. Harris, OT/L, CHT
Occupational Therapist

**Specialty:** Rehabilitation
**Subspecialty:** Occupational Therapy

La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

**Bio:**
Lisa Harris is a licensed occupational therapist (OT/L) and certified hand therapist (CHT). She has more than 25 years' experience and was among the first group of therapists to become nationally certified in hand rehabilitation in 1990.

Alyssa Mikut, OTR/L
Occupational Therapist

**Specialty:** Rehabilitation
**Subspecialty:** Occupational Therapy

La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

**Bio:**
Alyssa Mikut is a registered and licensed occupational therapist (OTR/L). She works with people in the outpatient setting at UC San Diego Health, helping individuals to improve their safety and functional abilities.

Julie Larsen, OTD, OTR/L
Occupational Therapist

**Specialty:** Rehabilitation
**Subspecialty:** Occupational Therapy

La Jolla - 8929 University Center Lane

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

**Bio:**
Julie Larsen, OTD, is a registered and licensed occupational therapist (OTR/L) whose expertise is treating people with neurological disorders, specializing in pediatric and adult patients. She has experience providing therapy for stroke, traumatic brain injury, spinal cord injury, cerebral palsy, low vision, developmental delay, autism, and feeding difficulties.

Christina Pineda, OTR/L
Occupational Therapist

**Specialty:** Rehabilitation
**Subspecialty:** Occupational Therapy
**Add'l Language:** Spanish

Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

**Bio:**
Christina Pineda is a registered and licensed occupational therapist (OTR/L) with specialty certification in physical agent modalities (PAMs). She works with patients in the acute care and outpatient settings at UC San Diego Health. She also has experience providing therapy in a variety of settings, including pediatrics, long term acute care, inpatient rehab and home health.
Rehabilitation - Physical Therapy

Kelley Becherer, DPT
Physical Therapist

Specialty: Rehabilitation
Subspecialty: Physical Therapy

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Kelley Becherer, DPT, is a physical therapist who works with all levels of athletes to help them reach their full potential and goals with emphasis on evidence-based practice.

Catherine (Cathy) Burgess, DPT, OCS
Physical Therapist

Specialty: Rehabilitation
Subspecialty: Physical Therapy

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Cathy Burgess, DPT, is a licensed physical therapist and board-certified orthopedic clinical specialist (OCS). She often works with cyclists and is experienced in bicycling biomechanics and treating bicycling-related injuries. Her other areas of expertise include gait analysis; shoulder, knee, and hip pathology; temporomandibular joint disorders (TMD); and treating headaches caused by other illness or physical issues (cervicogenic headaches).

Elizabeth Chien, DPT
Physical Therapist

Specialty: Rehabilitation
Subspecialty: Physical Therapy

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Elizabeth Chien, DPT is a licensed physical therapist who helps treat orthopedic conditions. She enjoys working with diverse groups and people of all ages, from athletes, adolescents, adults, and geriatrics.

Lauren Hermas, MPT, OCS
Physical Therapist

Specialty: Rehabilitation
Subspecialty: Physical Therapy

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Lauren Hermas, MPT, is a licensed physical therapist, board-certified orthopedic clinical specialist (OCS) and certified manual therapist (COMT). Ms. Hermas has extensive experience in orthopedics, utilizing evidence-based practices and manual therapy techniques. She works with patients who have a wide variety of musculoskeletal and neuromuscular conditions, and is particularly skilled in treating conditions of the neck and back, foot and ankle and temporomandibular joint dysfunction.
Rehabilitation - Physical Therapy (cont.)

Jason Hooper, DPT, OCS
Physical Therapist

Specialty:
Rehabilitation
Subspecialty:
Physical Therapy
La Jolla - Koman Family Outpatient Pavilion
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333
Bio:
Jason Hooper, DPT, is a licensed physical therapist and board-certified orthopedic clinical specialist (OCS) who helps patients with orthopedic injuries and conditions. He teaches individuals how to prevent or manage their condition so they gain improved movement and function, as well as long-term health benefits.

Ricci Kuhlken, BSPT
Physical Therapist

Specialty:
Rehabilitation
Subspecialty:
Physical Therapy
Hillcrest - UC San Diego Medical Center
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333
Bio:
Ricci Kuhlken, BSPT, is a licensed physical therapist who specializes in rehabilitating patients with burn injuries. She has over 20 years experience and is the lead outpatient burn therapist at UC San Diego Health. She also has expertise in treating complex traumatic injuries and helping athletes return to their sporting activities.

Kristen Kiernan, DPT
Physical Therapist

Specialty:
Rehabilitation
Subspecialty:
Physical Therapy
La Jolla - Perlman Medical Offices
Contact:
New Patient Registration: (800) 926-8273
Bio:
Kristen Kiernan, DPT, is a licensed physical therapist who specializes in treating musculoskeletal and orthopedic issues.

John Larios, MPT
Physical Therapist

Specialty:
Rehabilitation
Subspecialty:
Physical Therapy
Add'l Language:
Spanish
Hillcrest - UC San Diego Medical Center
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333
Bio:
John Larios, MPT, is a licensed physical therapist with expertise in helping patients with vestibular disorders, temporomandibular joint dysfunction and musculoskeletal dysfunction as a result of hemophilia. Mr. Larios teaches individuals how to prevent or manage their condition so they gain improved movement and function, as well as long-term health benefits.
Rehabilitation - Physical Therapy (cont.)

Yvonne Le, MS, DPT
Physical Therapist

Specialty:
Rehabilitation

Subspecialty:
Physical Therapy

Add'l Language:
Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Yvonne Le, MS, DPT, is a physical therapist who helps people recover from orthopedic injuries and surgeries. She focuses on the patient as a whole to make physical therapy functional and to facilitate returning to work and meaningful activities.

Michelle Obispo McQuerry, DPT, OCS
Physical Therapist

Specialty:
Rehabilitation

Subspecialty:
Physical Therapy

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Michelle Obispo McQuerry, DPT, is a licensed physical therapist and board-certified orthopedic clinical specialist (OCS). She helps patients regain function and return to sports they enjoy through biomechanical and functional analysis and movement correction. Michelle enjoys treating orthopedic conditions, sports-related injuries, as well as pre and postpartum-related diagnoses.

Carter McElroy, MPT
Physical Therapist

Specialty:
Rehabilitation

Subspecialty:
Physical Therapy

Add'l Language:
Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333
Direct Clinic Line - Rancho Bernardo: (858) 605-4446

Bio:
Carter McElroy, MPT, is a physical therapist who specializes in treating people with various balance conditions. He often works with patients who have Parkinson’s disease or vestibular disorders, as well as stroke survivors. He is also experienced in treating patients with various orthopedic injuries.

Kristine Negrete, DPT, NCS
Physical Therapist

Specialty:
Rehabilitation

Subspecialty:
Physical Therapy

La Jolla - 8929 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Kristine Negrete, DPT, is a physical therapist and board-certified neurology clinical specialist (NCS) who treats people conditions such as Parkinson’s disease, stroke, and brain and spinal cord injuries. She also helps people with multiple sclerosis, Guillain-Barré syndrome, post-polio syndrome, and vestibular and balance disorders including post-concussion syndrome.
Kaitlin (Katie) Nuthall, DPT  
Physical Therapist  

**Specialty:** Rehabilitation  
**Subspecialty:** Physical Therapy  
**Add'l Language:** Spanish  

La Jolla - 8929 University Center Lane  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (855) 543-0333  

**Bio:**  
Katie Nuthall, DPT, is a licensed physical therapist who specializes in neurological conditions, vestibular dysfunction, and inpatient critical care rehabilitation for stroke survivors. Katie is also a part of the the Acoustic Neuroma Program at UC San Diego Health and works with people before and after surgery, and throughout their recovery process.

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Christopher Rudd, DPT, OCS  
Physical Therapist  

**Specialty:** Rehabilitation  
**Subspecialty:** Physical Therapy  

Rancho Bernardo - Via Tazon  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (855) 543-0333  
Direct Clinic Line - Rancho Bernardo: (858) 605-4446  

**Bio:**  
Chris Rudd, DPT, is a licensed physical therapist and board-certified orthopedic clinical specialist (OCS) who specializes in sports medicine. He works with individuals to treat and prevent injuries, and also helps athletes to improve their performance. Mr Rudd's approach to care is based on evidence-based treatment interventions with an emphasis on manual therapy and correcting faulty movement patterns through exercise and education.

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Vanessa True, MPT  
Physical Therapist  

**Specialty:** Rehabilitation  
**Subspecialty:** Physical Therapy  

La Jolla - Koman Family Outpatient Pavilion  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (855) 543-0333  

**Bio:**  
Vanessa Rose True, MPT, is a licensed physical therapist who specializes in the evaluation and treatment of women and men with pelvic floor dysfunction and pain.
Rehabilitation - Physical Therapy (cont.)

Kira Underwood, DPT
Physical Therapist

Specialty:
Rehabilitation

Subspecialty:
Physical Therapy

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Kira Underwood, DPT, is a physical therapist who specializes in treating patients with orthopedic and neurological dysfunctions, as well as pain associated with pregnancy.

Ann Valentine, DPT, NCS
Physical Therapist
Neurologic Clinical Specialist

Specialty:
Rehabilitation

Subspecialty:
Physical Therapy

Jacobs Medical Center
La Jolla - 8929 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Ann Valentine, DPT, NCS is a licensed physical therapist and board-certified neurologic clinical specialist (NCS). Ms. Valentine is the supervisor for outpatient rehabilitation at UC San Diego Health's La Jolla locations. She works with patients with a wide variety of neurologic and musculoskeletal conditions and specializes in treating dizziness, gait and balance problems. She also has extensive experience treating patients with neurologic conditions across the continuum of care.

Nora Vince, DPT, MPH
Physical Therapist

Specialty:
Rehabilitation

Subspecialty:
Physical Therapy

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Nora Vince, DPT, MPH, is a licensed physical therapist who helps people with orthopedic and neuromuscular conditions. Ms. Vince often works with cancer patients and women with orthopedic conditions related to pregnancy. She enjoys helping patients reach their functional goals and return to the sports and activities they love.

Stacy Williams, DPT
Physical Therapist

Specialty:
Rehabilitation

Subspecialty:
Physical Therapy

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Stacy Williams, DPT, is a licensed physical therapist who specializes in treating patients with vestibular and balance impairments. She works closely with UC San Diego Health's Concussion Clinic, which offers comprehensive care for concussion assessment and management.
Rehabilitation - Physical Therapy (cont.)

Audrine Yu, DPT
Physical Therapist

Specialty:
Rehabilitation

Subspeciality:
Physical Therapy

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Audrine Yu, DPT is a physical therapist and works primarily in orthopedics. She prioritizes the patient’s overall well-being to facilitate return to meaningful activities and higher quality of life. She enjoys working with a diverse population of people.
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