Physician Directory

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UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

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Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
## Locations

### La Jolla
- **La Jolla Emergency**
  Sulphizio Cardiovascular Center
  9434 Medical Center Drive
  La Jolla, CA 92037

- **La Jolla Urgent Care**
  8910 Villa La Jolla Drive
  La Jolla, CA 92037

- **Orthopedics Urgent Care**
  Sports Medicine
  4520 Executive Drive, Suite Plaza 1
  San Diego, CA 92121
  4510 and 4520 Executive Drive
  San Diego, CA 92121
  8910 Villa La Jolla Drive
  La Jolla, CA 92037
  8899 and 8929 University Center Lane
  San Diego, CA 92122
  8939 Villa La Jolla Drive
  La Jolla, CA 92037
  9333 Genesee Avenue
  San Diego, CA 92121
  8950 Villa La Jolla Drive
  La Jolla, CA 92037
  9350 Campus Point Drive
  La Jolla, CA 92037
  Shiley Eye Institute
  9415 Campus Point Drive
  La Jolla, CA 92037
  Sulphizio Cardiovascular Center
  9434 Medical Center Drive
  La Jolla, CA 92037

- **Moores Cancer Center**
  3855 Health Sciences Drive
  La Jolla, CA 92037

- **Jacobs Medical Center**
  9300 Campus Point Drive
  La Jolla, CA 92037

- **Koman Family Outpatient Pavilion**
  9400 Campus Point Drive
  La Jolla, CA 92037

- **Perlman Medical Offices**
  9350 Campus Point Drive
  La Jolla, CA 92037

### Hillcrest
- **Hillcrest**
  Hillcrest Emergency
  UC San Diego Medical Center
  200 West Arbor Drive
  San Diego, CA 92103
  4th and Lewis Medical Offices
  330 Lewis Street
  San Diego, CA 92103
  Medical Offices North
  200 West Arbor Drive
  San Diego, CA 92103
  Medical Offices South
  4168 Front Street
  San Diego, CA 92103
  UC San Diego Medical Center
  200 West Arbor Drive
  San Diego, CA 92103

### Rancho Bernardo
- **Rancho Bernardo**
  Includes Rancho Bernardo Urgent Care
  16950 Via Tazon
  San Diego, CA 92127

### Encinitas
- **Encinitas**
  Includes Encinitas Express Care (Suite 110)
  1200 Garden View Road
  Encinitas, CA 92024
  477 North El Camino Real
  Encinitas, CA 92024

### College Area
- **College Area**
  6719 Alvarado Road, Suite 302
  San Diego, CA 92120

### Downtown
- **Downtown**
  Downtown Express Care
  203 West F Street
  San Diego, CA 92101

### Vista
- **Vista**
  910 Sycamore Avenue
  Vista, CA 92081

### Sorrento Valley
- **Sorrento Valley**
  4910 Directors Place
  San Diego, CA 92121

### Scripps Ranch
- **Scripps Ranch**
  9909 Mira Mesa Blvd, Suite 200
  San Diego, CA 92131

### Kearny Mesa
- **Kearny Mesa**
  7910 Frost Street
  San Diego, CA 92123

### Chula Vista
- **Chula Vista**
  959 Lane Avenue
  Chula Vista, CA 91914

### Temecula
- **Temecula**
  31720 Temecula Parkway, Suite 100
  Temecula, CA 92592
Locations
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Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health System.

Schafer Boeder, MD
Endocrinologist

Specialty:
Endocrinology

Hillcrest - Medical Offices South
Jacobs Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303

Bio:
Schafer Boeder, MD, is a board-certified endocrinologist who diagnoses and treats people with a variety of endocrine conditions. He has a particular interest in diabetes and is a member of the inpatient glycemic control team, where he works with patients to monitor glucose levels, adjust insulin dosages, and maintain long-term glucose control at home.

Steven Victor Edelman, MD
Clinical Professor of Medicine

Specialty:
Endocrinology
Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Please note that Dr. Edelman is not a Primary Care Physician

Charles H. Choe, MD
Clinical Service Chief - Endocrinology, Diabetes and Metabolism
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Charlie Choe, MD, is a board-certified endocrinologist. He also holds an active Endocrine Certification in Neck Ultrasound from the American Association of Clinical Endocrinologists for performing ultrasound and ultrasound-guided biopsies for patients with thyroid nodules and cancer.

Vala Hamidi, MD
Endocrinologist

Specialty:
Endocrinology
Add'l Language:
Farsi

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303
Direct Clinic Line - La Jolla: (858) 657-8440

Bio:
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.
Endocrinology (cont.)

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

**Specialties:**
Endocrinology, Internal Medicine, Primary Care

**La Jolla - 8939 Villa La Jolla Drive**
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

**Bio:**
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in *San Diego Magazine*’s "Physicians of Exceptional Excellence" annual survey performed in collaboration with the San Diego County Medical Society.

Christopher J. Hupfeld, MD
Associate Clinical Professor of Medicine

**Specialty:**
Endocrinology

**Encinitas - Garden View Road**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 479-5370

**Bio:**
Karl Y. Hostetler, MD
Endocrinologist
Assistant Professor of Medicine

**Specialty:**
Endocrinology

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
Patricia S. Juang, MD
Endocrinologist
Assistant Professor of Medicine

**Specialty:**
Endocrinology

**Add'l Language:**
Chinese

**Hillcrest - UC San Diego Medical Center**
Jacobs Medical Center

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
Patricia Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.
Endocrinology (cont.)

Deborah Kado, MD
Bone Health Specialist
Professor of Medicine

Specialty:
Endocrinology

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for people with osteoporosis and metabolic bone disease. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.

Kristen Kulasa, MD
Endocrinologist
Associate Professor of Medicine

Specialty:
Endocrinology

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Kristen Kulasa, MD, is a board-certified endocrinologist who specializes in diabetes. Dr. Kulasa serves as director of inpatient glycemic control - working to ensure that people who are in the hospital have optimal blood sugar levels during their stay. She oversees the clinical diabetes nurse educators on staff.

Karen McCowen, MD
Endocrinologist

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Mizuho Mimoto, MD, PhD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8440

Bio:
Mizuho Mimoto, MD, PhD, is a board-certified endocrinologist who treats people with diabetes, thyroid disease, osteoporosis and disorders related to the pituitary, adrenal and parathyroid glands.
Endocrinology (cont.)

Jeremy Pettus, MD
Endocrinologist
Assistant Professor of Medicine

Specialty: Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio: Jeremy Pettus, MD, is a board-certified endocrinologist who specializes in treating diabetes. He works with individuals who have type 1 or type 2 diabetes to develop personalized treatment plans which may include healthy eating, exercise, diabetes medication or insulin therapy and blood sugar monitoring.

Gina N. Woods, MD
Endocrinologist and Bone Health Specialist
Associate Professor of Endocrinology and Metabolism

Specialty: Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio: Gina Woods, MD, is a board-certified endocrinologist who treats people with osteoporosis and other metabolic bone diseases. She works with individuals to preserve bone health, prevent fractures, and manage osteoporosis care with treatments that may include diet modification, exercise and medication.

Tricia Santos Cavaiola, MD
Endocrinologist
Assistant Professor of Medicine

Specialty: Endocrinology

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio: Tricia Santos Cavaiola, MD, is a board-certified endocrinologist. She specializes in treating patients with many types of endocrine disorders, including diabetes and thyroid, parathyroid, adrenal and pituitary diseases.
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