Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Table of Contents

Athletic Training ................................................................. 1
Nutrition Counseling .......................................................... 2
Index ................................................................................... 4
Athletic Training

Brian Livingstone, ATC
Athletic Trainer

Specialties: Athletic Training, Sports Medicine
La Jolla - 4520 Executive Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Bio: Brian Livingstone, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation and performance enhancement. He has additional certifications as a corrective exercise specialist (CES) and a performance enhancement specialist (PES).

Kevin Messey, MS, ATC
Athletic Trainer

Specialties: Athletic Training, Sports Medicine
La Jolla - 4520 Executive Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Bio: Kevin Messey, MS, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation, and rehabilitation. He has additional certifications as a corrective exercise specialist (CES) and a certified strength and conditioning specialist (CSCS).

Adrienne Wilson, MS, ATC
Athletic Trainer

Specialties: Athletic Training, Sports Medicine
La Jolla - 4520 Executive Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Bio: Adrienne Wilson, MS, is a certified athletic trainer (ATC) who specializes in injury prevention and individualized exercise programs for people of all ages. She also has expertise in acute injury management, the Graston Technique and other soft-tissue work, and concussion management. Her philosophy of patient care emphasizes educating active people about their bodies and giving them the tools they need to stay healthy and active.
Nutrition Counseling

Nutrition Counseling is a process in which a registered dietician works with an individual to assess his or her dietary intake and identify areas where change is needed based upon medical and/or individual needs.

Heather Diamond, RD, CNSC
Registered Dietitian

**Specialty:**
Nutrition Counseling

**Moores Cancer Center**
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100
Direct Clinic Line: (619) 471-0420

**Bio:**
Heather Diamond, CNSC, is a registered dietitian who provides individualized nutrition intervention and education for people with cancer. As part of the multidisciplinary team at UC San Diego Health’s Moores Cancer Center, she works closely with patients to implement strategies to manage their nutrition before, during and after treatment.

Elena Musser, MPH, RD, CNSC, CSRN
Registered Dietitian

**Specialty:**
Nutrition Counseling

**Hillcrest - Medical Offices North**
La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-7876
Direct Clinic Line - Hillcrest: (619) 543-3572

**Bio:**
Elena Musser, MPH, CNSC, CSRN, is a registered dietitian who provides medical nutrition therapy and counsels people with kidney, bariatric and diabetic issues on eating habits to improve health and treat diseases.

Kelli Gray-Meisner, RDN
Registered Dietitian Nutritionist

**Specialty:**
Nutrition Counseling

**La Jolla - 9333 Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-0420

**Bio:**
Kelli Gray-Meisner, RDN, is a registered dietitian nutritionist who specializes in helping individuals with gastrointestinal conditions, including irritable bowel syndrome (IBS), inflammatory bowel disease (IBD), ulcerative colitis, Crohn’s disease, celiac disease, and functional gut disorders. She has expertise in integrative and functional principles, with an emphasis on a whole foods based diet and biologically appropriate lifestyle.

Gloria (Patricia) Rubio, MS, RD, CNSC
Registered Dietitian

**Specialty:**
Nutrition Counseling

**Moores Cancer Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100
Direct Clinic Line: (619) 471-0420

**Bio:**
Patricia Rubio, MS, CNSC, is a registered dietitian who counsels people on their eating habits to improve health and help treat diseases. She provides nutrition education as well as medical nutrition therapy for individuals with chronic illnesses such as cancer. Ms. Rubio is part of the multidisciplinary head and neck cancer team at Moores Cancer Center at UC San Diego Health, where she works closely with patients to implement strategies to help manage their side effects during different stages of treatment.
Nutrition Counseling (cont.)

Carla Salcedo, BS, RD
Registered Dietitian

**Specialty:**
Nutrition Counseling

**Add'l Languages:**
French, Spanish

**Hillcrest - Medical Offices South**
**Jacobs Medical Center**
**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-0420

**Bio:**
Carla Salcedo, BS, CDE, is a registered dietitian who counsels people on their eating habits to improve health and help treat diseases. She provides nutrition education and medical nutrition therapy.
# Index

<table>
<thead>
<tr>
<th>Letter</th>
<th>Name</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>D</td>
<td>Diamond, Heather</td>
<td>2</td>
</tr>
<tr>
<td>G</td>
<td>Gray-Meisner, Kelli</td>
<td>2</td>
</tr>
<tr>
<td>L</td>
<td>Livingstone, Brian</td>
<td>1</td>
</tr>
<tr>
<td>M</td>
<td>Messey, Kevin</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>Musser, Elena</td>
<td>2</td>
</tr>
<tr>
<td>R</td>
<td>Rubio, Gloria (Patricia)</td>
<td>2</td>
</tr>
<tr>
<td>S</td>
<td>Salcedo, Carla</td>
<td>3</td>
</tr>
<tr>
<td>W</td>
<td>Wilson, Adrienne</td>
<td>1</td>
</tr>
</tbody>
</table>