UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

Physician Access Services

**Refer a Patient or Request Consultation**
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
# Table of Contents

- Nutrition Counseling .......................................................................................................................... 1
- Index ................................................................................................................................................. 3
Nutrition Counseling

Nutrition Counseling is a process in which a registered dietician works with an individual to assess his or her dietary intake and identify areas where change is needed based upon medical and/or individual needs.

Heather Diamond, RD, CNSC
Registered Dietitian

**Specialty:**
Nutrition Counseling

**Moores Cancer Center**
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center:: (858) 822-6100
Direct Clinic Line: (619) 471-0420

**Bio:**
Heather Diamond, CNSC, is a registered dietitian who provides individualized nutrition intervention and education for people with cancer. As part of the multidisciplinary team at UC San Diego Health's Moores Cancer Center, she works closely with patients to implement strategies to manage their nutrition before, during and after treatment.

Elena Musser, MPH, RD, CNSC, CSRN
Registered Dietitian

**Specialty:**
Nutrition Counseling

**Hillcrest - Medical Offices North**
La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla:: (858) 657-7876
Direct Clinic Line - Hillcrest:: (619) 543-3572

**Bio:**
Elena Musser, MPH, CNSC, CSRN, is a registered dietitian who provides medical nutrition therapy and counsels people with kidney, bariatric and diabetic issues on eating habits to improve health and treat diseases.

Kelli Gray-Meisner, RDN
Registered Dietitian Nutritionist

**Specialty:**
Nutrition Counseling

**La Jolla - 9333 Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-0420

**Bio:**
Kelli Gray-Meisner, RDN, is a registered dietitian nutritionist who specializes in helping individuals with gastrointestinal conditions, including irritable bowel syndrome (IBS), inflammatory bowel disease (IBD), ulcerative colitis, Crohn’s disease, celiac disease, and functional gut disorders. She has expertise in integrative and functional principles, with an emphasis on a whole foods based diet and biologically appropriate lifestyle.

Gloria (Patricia) Rubio, MS, RD, CNSC
Registered Dietitian

**Specialty:**
Nutrition Counseling

**Moores Cancer Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center:: (858) 822-6100
Direct Clinic Line: (619) 471-0420

**Bio:**
Pamela Rubio, MS, CNSC, is a registered dietitian who counsels people on their eating habits to improve health and help treat diseases. She provides nutrition education as well as medical nutrition therapy for individuals with chronic illnesses such as cancer. Ms. Rubio is part of the multidisciplinary head and neck cancer team at Moores Cancer Center at UC San Diego Health, where she works closely with patients to implement strategies to help manage their side effects during different stages of treatment.
Nutrition Counseling (cont.)

Carla Salcedo, BS, RD
Registered Dietitian

**Specialty:**
Nutrition Counseling

**Add'l Languages:**
French, Spanish

Hillcrest - Medical Offices South
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-0420

**Bio:**
Carla Salcedo, BS, CDE, is a registered dietitian who counsels people on their eating habits to improve health and help treat diseases. She provides nutrition education and medical nutrition therapy.
### Index

<table>
<thead>
<tr>
<th>D</th>
<th>Diamond, Heather .................................................</th>
<th>1</th>
</tr>
</thead>
<tbody>
<tr>
<td>G</td>
<td>Gray-Meisner, Kelli .............................................</td>
<td>1</td>
</tr>
<tr>
<td>M</td>
<td>Musser, Elena .....................................................</td>
<td>1</td>
</tr>
<tr>
<td>R</td>
<td>Rubio, Gloria (Patricia) ........................................</td>
<td>1</td>
</tr>
<tr>
<td>S</td>
<td>Salcedo, Carla ...................................................</td>
<td>2</td>
</tr>
</tbody>
</table>