UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by U.S. News & World Report.

For Patients

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Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

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Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
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**Nutrition Counseling**

Nutrition Counseling is a process in which a registered dietitian works with an individual to assess his or her dietary intake and identify areas where change is needed based upon medical and/or individual needs.

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**Heather Diamond, RD, CNSC**  
Registered Dietitian  

*Specialty:* Nutrition Counseling  

**Moores Cancer Center**  
La Jolla - Perlman Medical Offices  

*Contact:*  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Moores Cancer Center: (858) 822-6100  
Direct Clinic Line: (619) 471-0420  

*Bio:*  
Heather Diamond, CNSC, is a registered dietitian who provides individualized nutrition intervention and education for people with cancer. As part of the multidisciplinary team at UC San Diego Health's [Moores Cancer Center](https://health.ucsd.edu), she works closely with patients to implement strategies to manage their nutrition before, during and after treatment.

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**Elena Musser, MPH, RD, CNSC, CSRN**  
Registered Dietitian  

*Specialty:* Nutrition Counseling  

**Hillcrest - Medical Offices North**  
La Jolla - Koman Family Outpatient Pavilion  

*Contact:*  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 657-7876  
Direct Clinic Line - Hillcrest: (619) 543-3572  

*Bio:*  
Elena Musser, MPH, CNSC, CSRN, is a registered dietitian who provides medical nutrition therapy and counsels people with kidney, bariatric and diabetic issues on eating habits to improve health and treat diseases.

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**Kelli Gray-Meisner, RDN**  
Registered Dietitian Nutritionist  

*Specialty:* Nutrition Counseling  

**La Jolla - 9333 Genesee Avenue**  

*Contact:*  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 471-0420  

*Bio:*  
Kelli Gray-Meisner, RDN, is a registered dietician nutritionist who specializes in helping individuals with gastrointestinal conditions, including irritable bowel syndrome (IBS), inflammatory bowel disease (IBD), ulcerative colitis, Crohn’s disease, celiac disease, and functional gut disorders. She has expertise in integrative and functional principles, with an emphasis on a whole foods based diet and biologically appropriate lifestyle.

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**Gloria (Patricia) Rubio, MS, RD, CNSC**  
Registered Dietitian  

*Specialty:* Nutrition Counseling  

**Moores Cancer Center**  

*Contact:*  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Moores Cancer Center: (858) 822-6100  
Direct Clinic Line: (619) 471-0420  

*Bio:*  
Patricia Rubio, MS, CNSC, is a registered dietitian who counsels people on their eating habits to improve health and help treat diseases. She provides nutrition education as well as medical nutrition therapy for individuals with chronic illnesses such as cancer. Ms. Rubio is part of the multidisciplinary [head and neck cancer team](https://health.ucsd.edu) at Moores Cancer Center at UC San Diego Health, where she works closely with patients to implement strategies to help manage their side effects during different stages of treatment.
Nutrition Counseling (cont.)

Carla Salcedo, BS, RD
Registered Dietitian

Specialty:
Nutrition Counseling

Add'l Languages:
French, Spanish

Hillcrest - Medical Offices South
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-0420

Bio:
Carla Salcedo, BS, CDE, is a registered dietitian who counsels people on their eating habits to improve health and help treat diseases. She provides nutrition education and medical nutrition therapy.
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