UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*. 

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
## Table of Contents

HIV/AIDS ......................................................................................................................................................................................................................................................... 1

Index ................................................................................................................................................................................................................................................................. 7
HIV/AIDS

AIDS (acquired immune deficiency syndrome) is caused by the human immunodeficiency virus (HIV), which kills or impairs cells of the immune system and progressively destroys the body's ability to fight infections and certain cancers. Learn more about [HIV/AIDS Care](#) at UC San Diego Health.

### Shira Abeles, MD
Infectious Disease Specialist

- **Specialties:** Infectious Diseases, HIV/AIDS
- **Add'l Language:** Spanish

**Hillcrest - UC San Diego Medical Center**  
**Hillcrest - Medical Offices South**  
**La Jolla - Perlman Medical Offices**  
**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Owen Clinic: (619) 543-3995  
Direct Clinic Line - Infectious Disease: (619) 543-6146

**Bio:**
Shira Abeles, MD, is a board-certified infectious disease specialist and medical director of Antimicrobial Stewardship at UC San Diego Health. She cares for patients with general infectious disease as well as people with HIV. She is part of UC San Diego Health's [Owen Clinic](#), one of the nation's outstanding primary care centers for HIV positive men and women.

### Constance A Benson, MD
Senior Attending Physician  
Professor of Medicine

- **Specialties:** Infectious Diseases, HIV/AIDS

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6146

**Bio:**
Dr. Benson is Professor of Medicine in Infectious Diseases at the University of California, San Diego. Dr. Benson received her MD degree from The Ohio State University College of Medicine in 1978, and completed her residency in Internal Medicine and fellowship in Infectious Diseases at Rush University Medical College in Chicago in 1986, after serving three years on active duty in the U.S. Navy as an internist.

### Jennifer (Gigi) Blanchard, MD
Associate Clinical Professor, Owen Clinic

- **Specialty:** HIV/AIDS

**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-3995

**Bio:**
UC San Diego Health Links
HIV/AIDS (cont.)

Jill S. Blumenthal, MD
Infectious Disease Specialist
Assistant Professor of Medicine

Specialties:
Infectious Diseases, HIV/AIDS, Primary Care

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Jill Blumenthal, MD, is a board-certified infectious disease physician who provides primary care services and specializes in caring for children, teens, and adults with HIV and AIDS. She has expertise in caring for transgender and gender non-conforming individuals seeking hormone replacement therapy and other supportive care. She also has extensive experience in HIV prevention using pre-exposure prophylaxis (PrEP) for HIV-uninfected individuals. Dr. Blumenthal cares for people at the UC San Diego Mother, Child and Adolescent HIV Program and UC San Diego Health's Owen Clinic, one of America's top HIV care programs.

Bard Cosman, MD, FACS, FASCRS
Surgeon
Professor of Surgery

Specialties:
Colon and Rectal Surgery, Surgery, Cancer, HIV/AIDS

Subspecialty:
General and Gastrointestinal Surgery

Add'l Language:
French

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Bard Cosman, MD, FACS, FASCRS, is a board-certified colon and rectal surgeon who specializes in anorectal surgery. He is an expert in treating chronic inflammatory lesions such as anal fistula, pilonidal sinus, and hidradenitis suppurative. He also has a special interest in anal dysplasia and cancer, including HIV-related cases.

Edward R. Cachay, MD
Infectious Disease Specialist
Professor of Medicine

Specialties:
HIV/AIDS, Infectious Diseases

Add'l Language:
Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273

Bio:
Edward Cachay, MD, is a board-certified infectious disease physician who specializes in caring for individuals with HIV. He is a part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women.

Ronald Joseph Ellis, MD, PhD
Neurologist
Professor of Neurosciences

Specialties:
Neurology, HIV/AIDS

Hillcrest - Medical Offices North
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3500
Direct Clinic Line - Owen Clinic: (619) 543-3995

Bio:
Ronald J. Ellis, MD, PhD, is a board-certified neurologist who specializes in adult neurological diagnosis and treatment for patients with HIV or AIDS. He is the only specialist in the neurology of HIV/AIDS in the San Diego area and also receives referrals from throughout California.
**Ankita Kadakia, MD**  
AIDS/HIV Specialist  

**Specialty:**  
HIV/AIDS  

**Add'l Languages:**  
Gujarati, Hindi  

**Hillcrest - Medical Offices South**  

**Contact:**  
New Patient Registration: (800) 926-8273  

**Bio:**  
Ankita Kadakia, MD, is a board-certified internal medicine and infectious disease physician. She provides primary care, including preventive care and diagnosis and treatment of acute and chronic diseases for adults with HIV and AIDS. Dr. Kadakia cares for people at UC San Diego Health's Owen Clinic, one of America's top HIV care programs.

**Maile Young Karris, MD**  
Associate Professor of Medicine  
HIV/AIDS Specialist  

**Specialties:**  
Infectious Diseases, HIV/AIDS  

**Hillcrest - UC San Diego Medical Center**  

**Hillcrest - Medical Offices South**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-3995  

**Bio:**  
Maile Young Karris, MD, is a board-certified infectious disease physician who specializes in caring for individuals with HIV. She is a part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women. Her clinical practice includes caring for individuals newly diagnosed with HIV and helping individuals living with HIV age successfully. Dr. Karris has expertise in non-HIV associated infections in individuals with HIV and in preventing HIV infection (pre-exposure prophylaxis or PrEP).

**Theodoros F. Katsivas, MD**  
Assistant Clinical Professor of Medicine, Owen Clinic  

**Specialty:**  
HIV/AIDS  

**Add'l Languages:**  
Greek, Spanish  

**Hillcrest - Medical Offices South**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-3995  

**Bio:**  
Dr. Theo Katsivas is trained in Internal Medicine and Infectious Diseases. He also trained as a Fellow in HIV disease at the UC San Diego Owen Clinic. His interests focus on HIV patient care and addiction medicine.

**Daniel Lee, MD**  
Clinical Professor of Medicine, Owen Clinic  

**Specialty:**  
HIV/AIDS  

**Hillcrest - Medical Offices South**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-3995  

**Bio:**  
Dr. Daniel Lee is one of several physicians working at the Owen Clinic, providing specialized health care to those infected with HIV. Along with his board certification in Internal Medicine, the American Academy of HIV Medicine also credentials Dr. Lee as a HIV specialist. He established the Lipid/ Lipodystrophy Clinic to address the issues of long term metabolic complications often associated with therapies for HIV. In addition, he also performs research in these areas.
HIV/AIDS (cont.)

Scott Letendre, MD
Infectious Disease Specialist
Professor of Medicine

Specialties:
Infectious Diseases, HIV/AIDS

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Scott Letendre, MD, is an infectious disease specialist who cares for people at UC San Diego Health's Owen Clinic, one of America's top HIV care programs. He also provides consultation and care for patients staying in the hospital for infectious diseases.

Cathy Logan, MD
Infectious Disease Specialist
Assistant Professor of Medicine

Specialties:
Infectious Diseases, HIV/AIDS

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6146

Bio:
Cathy Logan, MD, is an infectious disease specialist and an expert in HIV and hepatitis C (HCV) infection and treatment. Infectious disease specialists care for patients with infections or diseases caused by viruses, bacteria, fungi and parasites. These include hepatitis viruses, tuberculosis, influenza, and HIV/AIDS, in addition to other infections of the sinuses, heart, brain, lungs, gastrointestinal system, urinary tract, pelvic organs and bones.

Joseph Lonergan, MD
Primary Care Physician
Professor of Medicine

Specialty:
HIV/AIDS

Add'l Language:
Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Joseph Lonergan, MD, is a board-certified internal medicine doctor who provides primary care and specialized HIV care to people living with HIV/AIDS. He also sees patients at risk for HIV infection who are interested in pre-exposure prophylaxis (PrEP). Dr. Lonergan is part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women, and has been caring for patients at the Owen Clinic for more than 20 years.
HIV/AIDS (cont.)

William Christopher Mathews, MD
Director of Research Infrastructure, Owen Clinic
Professor of Clinical Medicine

Specialty:
HIV/AIDS

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Since the onset of the AIDS epidemic, Dr. Mathews has served on many local, state, and national committees which address legal, political, and medical issues in HIV infection. His appointments include founding president of the San Diego Association of Human Rights, the local organization of gay and lesbian physicians, as well as memberships on the San Diego Regional Task Force on AIDS, The Ryan White Act Planning Council, the San Diego County Medical Society AIDS committee, the State of California Attorney Genera's AIDS Fraud Task Force, the National Advisory Committee of the Robert Wood Johnson Foundation AIDS Health Services Program, and the American Association of Medical College's Committee on AIDS and the Academic Medical Center.

Francesca Torriani, MD
Medical Director, Infection Prevention and Clinical Epidemiology
Professor of Clinical Medicine

Specialties:
Infectious Diseases, HIV/AIDS

Add'l Languages:
French, German, Italian, Spanish

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Francesca J. Torriani, MD, is a Professor of Clinical Medicine in the Department of Medicine, Division of Infectious Diseases at the University of California, San Diego (UCSD). Dr. Torriani received her medical degree in 1985 from the University Medical School in Lausanne, Switzerland. In 1995, Dr. Torriani joined UC San Diego Health after completing a fellowship in infectious diseases.

Erin Reid, MD
Hematologist
Professor of Medicine

Specialties:
Hematology/Blood Diseases, Cancer, HIV/AIDS

Subspeciality:
Leukemia & Lymphoma

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6100

Bio:
Erin Reid, MD, is a board-certified hematologist who specializes in treating patients with a wide range of hematologic and HIV-related malignancies, including lymphoma and Kaposi sarcoma. She sees patients at both Moores Cancer Center and the Owen Clinic, a comprehensive HIV care center.

Gabriel A. Wagner, MD
AIDS/HIV Specialist
Assistant Professor of Medicine

Specialty:
HIV/AIDS

Add'l Language:
Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Gabriel Wagner, MD, is a board-certified infectious disease specialist who cares for adults with HIV and AIDS. He treats individuals at all stages of HIV disease and helps monitor and manage their health.
HIV/AIDS (cont.)

Darcy A. Wooten, MD
Assistant Professor of Medicine
Infectious Disease Specialist

Specialties:
Infectious Diseases, HIV/AIDS

Hillcrest - Medical Offices South
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6146

Bio:
Darcy A. Wooten, MD, is an infectious disease specialist who diagnoses and treats diseases caused by viruses, bacteria, fungi, and parasites. These include hepatitis viruses, tuberculosis, influenza, and HIV/AIDS, among others. Dr. Wooten provides primary care for adults with HIV and specialized care and treatment for patients with hepatitis C virus (HCV). She also has expertise in general infectious diseases, including infections of the sinuses, heart, brain, lungs, gastrointestinal system, urinary tract, pelvic organs, and bones.

David L. Wyles, MD
Infectious Disease Specialist
Associate Professor of Medicine

Specialties:
Infectious Diseases, HIV/AIDS

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6146

Bio:
David L. Wyles, MD, is an infectious disease specialist and hepatitis C (HCV) infection and treatment expert. Infectious disease specialists care for patients with infections or diseases caused by viruses, bacteria, fungi and parasites. These include hepatitis viruses, tuberculosis, influenza, and HIV/AIDS, in addition to other infections of the sinuses, heart, brain, lungs, gastrointestinal system, urinary tract, pelvic organs and bones.
# Index

## A
Abeles, Shira ................................................. 1

## B
Benson, Constance A ........................................ 1
Blanchard, Jennifer (Gigi) ................................. 1
Blumenthal, Jill S. ............................................. 2

## C
Cachay, Edward R. ........................................... 2
Cosman, Bard .................................................. 2

## E
Ellis, Ronald Joseph ........................................... 2

## K
Kadakia, Ankita .................................................. 3
Kamis, Maile Young ........................................... 3
Katsivas, Theodoros F. ........................................ 3

## L
Lee, Daniel ....................................................... 3
Letendre, Scott ................................................... 4
Logan, Cathy ..................................................... 4
Lonergan, Joseph ............................................... 4

## M
Mathews, William Christopher .......................... 5

## R
Reid, Erin ......................................................... 5

## T
Torriani, Francesca ............................................ 5

## W
Wagner, Gabriel A. ........................................... 5
Wooten, Darcy A. ............................................... 6
Wyles, David L. .................................................. 6