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Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

La Jolla - 4373 La Jolla Village Drive

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

William J. Ackerman, MD
Primary Care Physician for Concierge Medicine Patients
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Concierge Medicine

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
William Ackerman, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care, diagnosis, and treatment of acute and chronic diseases.

Suraj A. Achar, MD, FAAFP
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine
Add'l Languages:
French, Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6800
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Suraj A. Achar, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing injuries associated with athletics. He is highly experienced in ultrasound-guided diagnostics and procedures. Dr. Achar also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Jody L. Adams-Renteria, MS, FNP-C
Family Nurse Practitioner

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Spanish

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Jody Adams-Renteria, MS, RN, is a certified family nurse practitioner (FNP-C) who helps provide comprehensive care for adults. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness.
Primary Care (cont.)

Unna Albers (Formerly McPherson), MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Korean

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Unna McPherson Albers, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. In 2009, 2011-2014, Dr. Albers was named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Shirin Alonzo, MD, MPH
Pediatrician

Specialties:
Pediatrics, Primary Care

Add'l Language:
Farsi

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Shirin Alonzo, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their developmental stages. She has a special interest in caring for children who have medically fragile or special needs.

Mark Amis, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Temecula - Single Oak Drive

Contact:
Direct Clinic Line - Temecula: (951) 252-8650

Bio:
Mark Amis, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.

Tamantha (Tami) Arlata, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Add'l Language:
Tagalog

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4453

Bio:
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also experienced in both the acute and preventive management of asthma.
Primary Care (cont.)

Hadia Ashraf, MD  
Primary Care Physician  
Affiliated Provider  
Specialties:
Primary Care, Family Medicine  
Add'l Language:  
Farsi  
Hemet - W. Stetson Avenue  
Contact:  
Direct Clinic Line:: (951) 225-6802  
Bio:  
Hadia Ashraf, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

John D. Awad, MD  
Primary Care Physician  
Affiliated Provider  
Specialty:  
Primary Care  
Carlsbad - 7740 El Camino Real  
Contact:  
Direct Clinic Line:: (619) 232-3500  
Bio:  
John Awad, MD, provides primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.

Carly Babis, PA  
Physician Assistant  
Affiliated Provider  
Specialty:  
Primary Care  
Hillcrest - 3900 Fifth Avenue  
Contact:  
Direct Clinic Line:: (858) 554-1212  
Bio:  
Carly Babis, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Clark Bach, MD  
Primary Care Physician  
Specialties:  
Primary Care, Internal Medicine  
Add'l Language:  
Vietnamese  
Rancho Bernardo - Via Tazon  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line:: (858) 605-4452  
Bio:  
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Cristina Bailey, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish

Temecula - Single Oak Drive
Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Cristina Bailey, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Arthi Balu, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Arthi Balu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Balu treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women's health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Sonia Bajwa-Dulai, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Languages:
Hindi, Punjabi

Sorrento Valley - Directors Place
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Sonia Bajwa-Dulai, MD, is a primary care physician, board-certified in internal medicine. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases, as well as basic well-woman care.

Sam Baroudi, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine
Add'l Languages:
Arabic, French

Vista - 1926 Via Centre
Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Sam Baroudi, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Victoria Bayliss, MPH, PA-C
Physician Assistant
Affiliated Provider

**Specialty:**
Primary Care

**Downtown - Columbia St**

**Contact:**
Direct Clinic Line: (619) 232-3500

**Bio:**
Victoria Bayliss, MPH, is a certified physician assistant (PA-C) providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

David E.J. Bazzo, MD
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine, Sports Medicine

**Add'l Languages:**
Italian, Spanish

**Scripps Ranch - 9909 Mira Mesa Blvd**
**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

**Bio:**
David E.J. Bazzo, MD, is a board-certified family medicine doctor who specializes in sports medicine. Dr. Bazzo’s expertise includes diagnosing, treating and preventing injuries associated with athletics. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. Currently, he sees patients for sports injuries through referral.

Susan Behnawa, MD
Primary Care Physician
Affiliated Provider

**Specialties:**
Primary Care, Family Medicine

**Menifee - Haun Road**

**Contact:**
Direct Clinic Line: (951) 723-3800

**Bio:**
Susan Behnawa, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Akeela Benson, MSN, FNP-C
Family Nurse Practitioner

**Specialty:**
Primary Care

**Downtown - West F Street**
**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777
Direct Clinic Line - Owen Clinic: (619) 543-3995

**Bio:**
Akeela Benson, MSN, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages.
Primary Care (cont.)

Puneet Bhalrhu, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Downtown - West C Street
Hillcrest - 3900 Fifth Avenue
Contact:
Direct Clinic Line: (858) 333-4977
Bio:
Puneet Bhalrhu, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Jill S. Blumenthal, MD
Infectious Disease Specialist
Assistant Professor of Medicine
Specialties:
Infectious Diseases, HIV/AIDS, Primary Care
Hillcrest - Medical Offices South
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995
Bio:
Jill Blumenthal, MD, is a board-certified infectious disease physician who provides primary care services and specializes in caring for children, teens, and adults with HIV and AIDS. She has expertise in caring for transgender and gender non-conforming individuals seeking hormone replacement therapy and other supportive care. She also has extensive experience in HIV prevention using pre-exposure prophylaxis (PrEP) for HIV-uninfected individuals. Dr. Blumenthal cares for people at the UC San Diego Mother, Child and Adolescent HIV Program and UC San Diego Health's Owen Clinic, one of America's top HIV care programs.

Eyla Boies, MD
Pediatrician
Professor of Pediatrics
Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla
Contact:
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Bio:
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes providing lactation consultation, assisting mothers who are experiencing difficulties breastfeeding their newborns.

Amruti Borad, DO
Primary Care Physician
Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish
Rancho Bernardo - Via Tazon
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452
Bio:
Amruti Borad, DO, is a board-certified family medicine doctor. She provides primary care for patients of all ages, with a special interest in the management of chronic diseases, such as diabetes, high blood pressure, high cholesterol, kidney disease and liver disease. She also focuses on women's health, including contraception and menopause; all aspects of pediatrics and adolescent health; and the treatment of chronic pain with osteopathic manipulative therapy.
Primary Care (cont.)

Adam Braddock, MD
Pediatrician

Specialties:
- Pediatrics, Primary Care

Subspecialties:
- Developmental-Behavioral Pediatrics, General Pediatrics

Kearny Mesa - Frost Street

Contact:
- Direct Clinic Line: (858) 246-0053

Bio:
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

Kelsey Brangoccio, PA
Physician Assistant

Specialty:
- Primary Care

La Jolla - 9333 Genesee Avenue

Contact:
- Direct Clinic Line: (858) 799-0855

Bio:
Kelsey Brangoccio, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Patricia Brady, MD
Primary Care Physician

Specialties:
- Primary Care, Family Medicine

Add'l Languages:
- Portuguese, Spanish

La Jolla - 9333 Genesee Avenue

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 657-8600

Bio:
Patricia Brady, MD, is a family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Anthony Bustamante, MD
Primary Care Physician

Specialties:
- Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 605-4452

Bio:
Anthony Bustamante, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. He provides preventative care, as well as the diagnosis of acute and chronic diseases, including diabetes, chronic heart disease, chronic kidney disease, asthma, depression and anxiety and many dermatologic conditions.
Primary Care (cont.)

Karen Cadman, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Karen Cadman, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Nicholas Canelo, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

La Jolla - Ivanhoe Avenue

Contact:
Direct Clinic Line: (858) 869-0188

Bio:
Nicholas Canelo, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

Daniel Camarillo, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Daniel Camarillo, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Julie Çelebi, MD
Primary Care Physician
Associate Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Subspecialty:
Integrative & Holistic Medicine

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Julie Çelebi, MD, is a board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children and adults. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health.
Primary Care (cont.)

Alonso Chan, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care
Add'l Language:
Spanish

Chula Vista - J Street

Contact:
Direct Clinic Line: (858) 779-2366

Bio:
Alonso Chan, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

Alexandra Chatfield, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Normal Heights - Adams Ave

Contact:
Direct Clinic Line: (858) 617-0717

Bio:
Alexandra Chatfield, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Jessica J. Chen, MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Languages:
Chinese, Taiwanese

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Jessica Chen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Terri L Cheng, MD
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Terri Cheng, MD, is a board-certified family medicine physician dedicated to practicing the full spectrum of primary care and caring for patients of all ages, including children and adults. She has a special interest in women’s health care, including well-women care, contraception and family planning, and outpatient gynecological procedures such as endometrial biopsies and colposcopy. She believes in treating the person as a whole and the importance of good patient-provider communication.
Primary Care (cont.)

Maribeth Chong, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Tagalog

Carlsbad - 6260 El Camino Real
Contact:
Direct Clinic Line: (760) 434-6060

Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.

Lisa M. Coles, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Lisa Coles, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic disease and also provides in-office based procedures such as skin biopsies, joint injections, and contraception.

Belen S. Clark, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog

Vista - 1954 Via Centre

Contact:
Direct Clinic Line: (760) 529-9700

Bio:
Belen S. Clark, MD, is a board-certified physician providing primary care at Optimas Family Medicine, an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Lisa M. Coles, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Lisa Coles, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic disease and also provides in-office based procedures such as skin biopsies, joint injections, and contraception.

Robert Coles, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.
Matthew Combs, MD  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Family Medicine  
Temecula - Single Oak Drive  
Hemet - W. Stetson Avenue  
Contact:  
Direct Clinic Line: (951) 252-8650  
Bio:  
Matthew Combs, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Walter F. Combs, MD  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Family Medicine  
Contact:  
Direct Clinic Line: (951) 252-8650  
Bio:  
Walter Combs, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Timothy J. Corbin, MD, FACP  
Primary Care Physician for Concierge Medicine Patients  
Specialties:  
Primary Care, Concierge Medicine  
La Jolla - 8899 University Center Lane  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-5000  
Bio:  
Timothy Corbin, MD, is a board-certified internal medicine physician who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He treats adults through the concierge medicine program at UC San Diego Health. Concierge medicine is a primary care option that requires an annual fee and offers enhanced services, extended amenities and 24/7 access.

Vanessa Cordova, MSN, APRN, FNP  
Family Nurse Practitioner  
Affiliated Provider  
Specialties:  
Primary Care, Family Medicine  
Vista - 1926 Via Centre  
Contact:  
Direct Clinic Line: (760) 940-7000  
Bio:  
Vanessa Cordova, MSN, APRN, FNP, is a certified family nurse practitioner providing primary care through Tri-City Primary Care. She is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Connie Cordrey, PA
Physician Assistant
Affiliated Provider

**Specialty:**
Primary Care
**Add'l Language:**
Mandarin

**Menifee - Haun Road**

**Contact:**
Direct Clinic Line: (951) 723-3800

**Bio:**
Connie Cordrey, PA, is a certified physician assistant providing primary care through the Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Michelle Ettesami Cross, FNP
Family Nurse Practitioner
Affiliated Provider

**Specialty:**
Primary Care

**Menifee - Haun Road**

**Contact:**
Direct Clinic Line: (951) 723-3800

**Bio:**
Michelle Cross, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Shane Cordrey, PA
Physician Assistant
Affiliated Provider

**Specialty:**
Primary Care

**Hemet - W. Stetson Avenue**

**Contact:**
Direct Clinic Line: (951) 723-3800

**Bio:**
Shane Cordrey, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.

Janet Crow, MD, FAAP
Pediatrician
Professor of Pediatrics

**Specialties:**
Pediatrics, Primary Care
**Subspecialty:**
General Pediatrics
**Add'l Language:**
Spanish

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients and caring for them as they grow and change.
Primary Care (cont.)

Jennifer DeConde, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Jennifer DeConde, MD, is a board-certified internal medicine physician. She provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Ian Diaz, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language: Spanish

Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 452-7965

Bio:
Ian Diaz, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. His practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. He has a particular interest in continuity care and urgent care services.

Anarella Diaz, NP
Nurse Practitioner

Affiliated Provider

Specialty:
Primary Care

Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Ana Diaz, NP, is a certified nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Joseph Diaz, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Joseph Diaz, MD, is an internal medicine physician who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He is dedicated to developing long-term relationships and getting to know his patients.
Primary Care (cont.)

Belinda Drake, FNP
Family Nurse Practitioner

Affiliated Provider

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Belinda (Lyn) Drake, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Rina S. Edi, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Rina Edi, MD, is board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including infants, children, adults and seniors. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health. Dr. Edi’s expertise is in providing well women care such as contraception, including intrauterine devices (IUDs) and birth control implants, as well as performing endometrial biopsies and colposcopy for abnormal Pap test results.

Dalia Elias, MBBS
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Malayalam

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

Dudley (Doug) Elmore, MSN, FNP-BC
Family Nurse Practitioner

Specialty:
Primary Care

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care: (760) 452-7967
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

Bio:
Doug Elmore, MSN, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people of all ages. He offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care.
Mohammed K. Elsayed, MD  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Family Medicine  
Chula Vista - Oxford St  
Contact:  
Direct Clinic Line: (619) 409-1802  
Bio:  
Mohammed Elsayed, MD, is a board-certified physician providing primary care through his practice in Chula Vista. He is a member of the UC San Diego Health Physician Network.

Jeffrey Ferber, MD  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Family Medicine  
Vista - 1926 Via Centre  
Contact:  
Direct Clinic Line: (760) 940-7000  
Bio:  
Jeffrey Ferber, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Linda S. Falconio, MD  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Family Medicine  
Vista - W. Vista Way  
Contact:  
Direct Clinic Line: (760) 631-4000  
Bio:  
Linda Falconio, MD, is a board-certified physician providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Rodrigo J. Fernandez, MD  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Internal Medicine  
Add'l Language:  
Spanish  
Chula Vista - 4th Avenue  
Contact:  
Direct Clinic Line: (619) 476-9054  
Bio:  
Rodrigo Fernandez, MD, is a board-certified physician providing primary care in Chula Vista. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Melanie R. Fiorella, MD
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine
Subspecialty:
Integrative & Holistic Medicine
Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Melanie Fiorella, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. She has a special interest in women’s health, mood disorders, back pain, gastrointestinal disorders and sleep problems.

Lawrence Friedman, MD
Primary Care Physician
Associate Dean, Clinical Affairs
Professor of Clinical Medicine and Pediatrics

Specialty:
Primary Care

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Lawrence Friedman, MD, is a board-certified internal medicine doctor. He provides primary care for young adults with HIV.

Charles Frederick Fraley, III, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Murrieta - Jackson Avenue

Contact:
Direct Clinic Line: (951) 225-6287

Bio:
Charles Fraley, III, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Julie Gabbard, FNP
Family Nurse Practitioner

Specialties:
Primary Care

Hillcrest - 3636 Fifth Avenue

Contact:
Direct Clinic Line: (619) 814-5500

Bio:
Julie Gabbard, FNP, is a certified family nurse practitioner providing primary care through The Center for Health & Wellbeing. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Samuel Galloway, MD
Primary Care Physician and Sports Medicine Specialist

Specialties:
Primary Care, Family Medicine, Sports Medicine

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Scripps Ranch:: (858) 657-7750
Direct Clinic Line - Hillcrest:: (619) 471-9260
Direct Clinic Line - La Jolla:: (858) 657-8600

Bio:
Sam Galloway, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating and preventing injuries associated with athletics. He is skilled in performing joint injections and other ultrasound-guided procedures for musculoskeletal conditions.

Geneen T. Gin, DO
Primary Care Physician
Associate Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 657-7750

Bio:
Geneen T. Gin, DO, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including prenatal care, newborn care and acute hospital care.

Danielle Godino, NP
Nurse Practitioner

Specialties:
Primary Care, Family Medicine

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 9333 Genesee Avenue
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Hillcrest:: (619) 471-9260
Direct Clinic Line - La Jolla:: (800) 926-8273
Direct Clinic Line - Scripps Ranch:: (858) 657-7750

Bio:
Danielle Godino is a board-certified family nurse practitioner. She treats patients across their lifespan and provides both preventive care and management of acute and chronic diseases. Danielle is also skilled in procedures such as suturing, incision and drainage, cryotherapy, and skin biopsies.
Primary Care (cont.)

Veronica V. Gonzalez, MD
Primary Care Physician

Specialties:
Primary Care, Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Veronica Gonzalez, MD, is a board-certified family medicine physician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Gonzalez aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

Nancy Graff, MD
Clinical Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Dr. Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. “Most of health happens outside of hospitals and doctor’s offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods.”

Janette Gray, MD
Primary Care Physician

Affiliated Provider

Specialty:
Primary Care

Hillcrest - 3636 Fifth Avenue

Contact:
Direct Clinic Line: (619) 814-5500

Bio:
Janette Gray, MD, is a board-certified physician providing primary care through The Center for Health & Wellbeing. She is a member of the UC San Diego Health Physician Network.
Roopali Gupta, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Roopali Gupta, MD, is a board-certified geriatric medicine doctor. She provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

Rolando Gutierrez, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Rolando Gutierrez, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Cecilia Gutierrez, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Cecilia Gutierrez, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Catherine Hanson, FNP
Family Nurse Practitioner
Affiliated Provider

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Catherine Hanson, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Alma Harb, MD
Primary Care Physician for Concierge Medicine Patients

Specialties:
Primary Care, Internal Medicine, Concierge Medicine

Add'l Languages:
Arabic, French, Spanish

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Alma Harb, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Esmatullah (Esmat) Hatamy, MD
Primary Care Physician
Associate Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
Arabic, Farsi, Pashto, Urdu

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Esmatullah Hatamy, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Meredith Hartle, DO
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Meredith Hartle, DO, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Ryan Heitman, PA
Physician Assistant

Affiliated Provider

Specialty:
Primary Care

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Ryan Heitman, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Charles Hergesheimer, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Charles Hergesheimer, MD, is a board-certified internal medicine physician.
He provides primary care for adults, including preventive care and
diagnosis and treatment of acute and chronic illnesses.

Deanna Hill, MD
Primary Care Physician
Associate Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Deanna Hill, MD, is a board-certified internal medicine doctor. She provides
primary care for adults, including preventive care and diagnosis and
treatment of acute and chronic diseases.

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line - Perlman Medical Offices: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist.
She provides endocrinology and primary care for adults, including
preventive care and diagnosis and treatment of acute and chronic
diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego
Magazine’s “Physicians of Exceptional Excellence” annual survey
performed in collaboration with the San Diego County Medical Society.

Julie Hoffman, PA
Physician Assistant

Affiliated Provider

Specialty:
Primary Care

Hillcrest - 3900 Fifth Avenue

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Julie Hoffman, PA, is a certified physician assistant providing primary care
through Perlman Clinic, an independent practice with clinic offices
throughout San Diego. She is a member of the UC San Diego Health
Physician Network.
Primary Care (cont.)

Amber Holden, PA
Physician Assistant
Affiliated Provider

**Specialty:**
Primary Care

**Temecula - Single Oak Drive**

**Contact:**
Direct Clinic Line: (951) 252-8650

**Bio:**
Amber Holden, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

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Amy Huang, MD, MPH
Primary Care Physician
Assistant Clinical Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**Add'l Languages:**
Mandarin, Taiwanese

**Hillcrest - 4th & Lewis Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

**Bio:**
Amy Huang, MD, is board-certified in internal medicine and pediatrics. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in preventive medicine and is passionate about global health and medical education.

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Sabiha Hussain, MD
Pediatrician

**Specialties:**
Pediatrics, Primary Care
**Subspecialty:**
General Pediatrics

**Add'l Language:**
Urdu

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4453

**Bio:**
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.
Primary Care (cont.)

Tyson Ikeda, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Tyson Ikeda, MD, is a board-certified family medicine doctor and clinical service chief of Family Medicine at UC San Diego Health. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Mary Jaramillo, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Mary Jaramillo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Tae-Woong Im, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Add'l Language:
Korean

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Tae-Woong Im, MD, is a board-certified family medicine doctor and clinical service chief of Family Medicine at UC San Diego Health. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Simerjot K Jassal, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Punjabi, Spanish

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Simerjot K. Jassal, MD, is a primary care physician who provides services for a wide range of health issues including hypertension, diabetes, infection, liver and lung disease, and cancer. She personally cares for continuity patients and oversees medical residents who deliver services to women veterans at VA San Diego Healthcare System, and serves as an inpatient ward attending at both VA San Diego and UC San Diego Medical Center. At this time, patients cannot schedule an appointment with Dr. Jassal as she is a hospital medicine attending physician only.
Primary Care (cont.)

Jeffrey D. Jenks, MD, MPH
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Infectious Diseases

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Jeffrey Jenks, MD, is a board-certified internal medicine doctor with advanced training in infectious diseases such as COVID-19 and tuberculosis.

Yewah Jung, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Eastlake Chula Vista - Otay Lakes Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 502-7855

Bio:
Yewah Jung, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children. Her practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. She has a particular interest in dermatological and family planning procedures. As an osteopath, she believes in the mission to care for the whole person and finds great happiness to be part of her patients’ lives.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Gene A. Kallenberg, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine
Subspecialty:
Integrative & Holistic Medicine

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Gene Kallenberg, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. With integrative medicine, Dr. Kallenberg brings complementary approaches to his patient’s overall care plan including mindfulness-based stress reduction, whole food/plant based nutrition approaches and body work approaches like yoga, massage, acupuncture and Tai-Chi.
Primary Care (cont.)

Leslie Karr, FNP
Family Nurse Practitioner
Affiliated Provider

**Specialty:**
Primary Care

**Hillcrest - 3636 Fifth Avenue**

**Contact:**
Direct Clinic Line: (619) 814-5500

**Bio:**
Leslie Karr, FNP, is a certified family nurse practitioner providing primary care through The Center for Health & Wellbeing. She is a member of the UC San Diego Health Physician Network.

Stephanie Kleiner, MSN, FNP-BC
Family Nurse Practitioner

**Specialty:**
Primary Care

**Eastlake Chula Vista - Otay Lakes Rd**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care: (619) 502-7854

**Bio:**
Stephanie Kleiner, MSN, is a certified family nurse practitioner (FNP-BC) who provides comprehensive care for people of all ages. She develops patient focused plans of care including interpreting diagnostics, pharmacologic and non-pharmacologic therapies, health maintenance screening and patient education.

Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

**Specialties:**
Pediatrics, Primary Care

**Subspecialties:**
Travel Medicine, General Pediatrics

**Add'l Languages:**
French, Spanish

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the Pediatric Travel Medicine program, which provides medical advice and vaccinations for children traveling internationally. She also works as a pediatrician for the UCSD Mother, Child and Adolescent HIV Program.

Natalia Kovaleski, PA
Physician Assistant

**Specialty:**
Primary Care

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 558-0399

**Bio:**
Natalia Kovaleski, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Jane Kroese, FNP
Family Nurse Practitioner

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Jane Kroese, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Maya M. Kumar, MD
Adolescent Medicine/Pediatrics Physician

Specialties:
Pediatrics, Primary Care

Subspecialties:
Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Maya Kumar, MD, FAAP, FRCPC, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that allows patients transitioning through adolescence and young adulthood to see a physician who specializes in the unique physical, social and emotional conditions of this life stage.

Christina Le, MD
Primary Care Physician
Associate Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Christina Le, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Le has special training in infectious diseases and provides comprehensive travel medicine services for adults. These include pre-travel medical evaluations, vaccinations, medications and preventive measures for travel-related illnesses and post-travel medical care.
Robert Y. Lee, MD
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Language:
Korean

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Robert Y. Lee, MD, is a board-certified family medicine doctor. He provides primary care for children and adults, including preventive care and treatment of acute and chronic diseases.

Michelle L. Leff, MD
Newborn Hospitalist and Pediatrician
Associate Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
Newborn Hospital Care

Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - La Jolla Pediatrics: (858) 203-4962

Bio:
Michelle L. Leff, MD, is a board-certified pediatrician who specializes in the care of newborns. She also provides primary care for infants, children, and adolescents through all of their life stages. As a newborn hospitalist, Dr. Leff meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and breastfeeding help, including frenotomies.

Desiree Leithem, MS, CNS, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Encinitas - Encinitas Blvd
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Downtown - West F Street
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care: (833) 823-9777
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Direct Clinic Line - Encinitas: (760) 452-7987

Bio:
Desiree Leithem, MS, is a clinical nurse specialist (CNS) and certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. Her focus is preventive care for individuals in health and wellness. She has over two decades of experience in emergency medicine and serves as the nurse practitioner manager for the Emergency Departments at UC San Diego Health.
Amy Leu, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

Add'l Language:
Spanish

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Amy Leu, DO, is a board-certified family medicine doctor who specializes in sports medicine. Her expertise includes diagnosing, treating and preventing injuries associated with athletics, including acute and stress fractures, sprains and overuse injuries. She also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Shannon Leung, MD, MPH
Pediatrician

Specialties:
Pediatrics, Primary Care

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Shannon Leung, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, adolescents, and young adults up to age 21.

Neil Levine, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Neil Levine, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including nutrition, preventive care and diagnosis and treatment of acute and chronic diseases.

Steven Li, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Steven Li, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He has a special interest in medical informatics and enjoys finding ways to leverage technology to achieve goals for optimal health care.
Primary Care (cont.)

Dustin Lillie, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Dustin Lillie, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Kurtis Lindeman, MD
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260
Fax: (619) 471-9300

Bio:
Kurtis Lindeman, MD, is a board-certified family medicine doctor and psychiatrist. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Tony Lopez, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Tony Lopez, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ottar Viker Lunde, MD
Chief, General Internal Medicine Clinical Service
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Languages:
Norwegian, Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Ottar V. Lunde, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care as well as the diagnosis and treatment of acute and chronic diseases. Dr. Lunde has a special interest in heart failure, sleep medicine and weight loss counseling. He serves as chief of the general internal medicine clinical service for UC San Diego Health.
**Primary Care (cont.)**

**Breanna (Bree) Lustre, MD**  
Pediatrician

**Specialties:**  
Pediatrics, Primary Care

**Subspecialty:**  
General Pediatrics

**Downtown - West F Street**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Downtown: (619) 541-4787

**Bio:**  
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.

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**Lawrence Ma, MD**  
Primary Care Physician

**Specialties:**  
Primary Care, Internal Medicine, Pediatrics

**Subspecialty:**  
General Pediatrics

**Add'l Language:**  
Mandarin

**Hillcrest - 4th & Lewis Medical Offices**  
Kearny Mesa - Frost Street  
La Jolla - 8910 Villa La Jolla

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962  
Direct Clinic Line - Hillcrest: (619) 471-9250

**Bio:**  
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.

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**Allison M. Lynch, MD**  
Primary Care Physician

**Specialties:**  
Primary Care, Family Medicine

**Add'l Language:**  
Spanish

**La Jolla - 9333 Genesee Avenue**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

**Bio:**  
Allison Lynch, MD, is a board-certified family physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health.
Primary Care (cont.)

Caitlin MacMillen, DO
 Primary Care Physician

**Specialties:**
Primary Care, Family Medicine, Osteopathic Medicine

**La Jolla - 9333 Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Caitlin MacMillen, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children, with a special interest in women’s health and integrative medicine. As an osteopath, she has a whole-body approach to medicine and is experienced in osteopathic manipulative treatment, a type of hands-on care that diagnoses and treats illness and injury by moving a person’s muscles and joints to ease pain and increase mobility.

Richard Eric James Madrid, MD
 Primary Care Physician

Affiliated Provider

**Specialties:**
Primary Care, Family Medicine

**Menifee - Haun Road**

**Contact:**
Direct Clinic Line: (951) 723-3800

**Bio:**
Richard Eric James Madrid, MD, is a board-certified family medicine physician providing primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Nicole Mandich, MD
 Primary Care Physician

**Sorrento Valley - Directors Place**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

**Bio:**
Nicole Mandich, MD, is an internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in mental health, weight management and preventative medicine.

Leslie Martin, MD
 Primary Care Physician

Professor of Medicine

**Add'l Language:**
Cantonese

**La Jolla - 8939 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

**Bio:**
Leslie Martin, MD, is a board-certified internal medicine physician who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Ramona Master, MD
Primary Care Physician for Concierge Medicine Patients

Specialties:
Concierge Medicine, Internal Medicine, Primary Care
Add'l Language:
Gujarati

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Ramona Master, MD, is a board-certified internal medicine doctor. Dr. Master treats adults through the concierge medicine program at UC San Diego Health, where she specializes in preventive medicine and chronic disease management. Concierge Medicine is a primary care option that requires an annual fee and offers enhanced services, extended amenities and 24/7 access.

Janette E. Matthes, MS, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Encinitas - Encinitas Blvd
Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777
Direct Clinic Line - Express Care: (760) 452-7967

Bio:
Janette Matthes, MS, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.

Christyanne Maxson, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

La Jolla - 9850 Genesee Avenue

Contact:

Bio:
Christian Maxson, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Donna Mayeda, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Robert McDaniel, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Temecula - Single Oak Drive

Contact:
Direct Clinic Line:: (951) 252-8650

Bio:
Robert McDaniel, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.

Johanna McEwen-Morofski, PA
Physician Assistant
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - W. Vista Way

Contact:
Direct Clinic Line:: (760) 631-4000

Bio:
Johanna McEwen-Morofski, PA, is a certified physician assistant providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Elizabeth McQuinn, MSN, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

La Jolla - 8910 Villa La Jolla
Encinitas - Encinitas Blvd
Downtown - West F Street
Eastlake Chula Vista - Otay Lakes Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla:: (858) 249-6800
Direct Clinic Line - Downtown:: (833) 823-9777
Direct Clinic Line - Encinitas:: (760) 452-7987
Direct Clinic Line - Eastlake Chula Vista:: (619) 502-7854

Bio:
Elizabeth McQuinn, MSN, is a certified family nurse practitioner (FNP-C) who helps provide comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care. She has expertise in emergency medicine.

Brenna Memole, AGNP
Adult-Gerontology Nurse Practitioner
Affiliated Provider

Specialty:
Primary Care
Add'l Language:
Spanish

Vista - W. Vista Way

Contact:
Direct Clinic Line:: (760) 631-4000

Bio:
Brenna Memole, AGNP, is a certified adult-gerontology nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Talha Memon, MD
Primary Care Physician
Affiliated Provider

Specialties:
Family Medicine, Primary Care
Add'l Languages:
Hindi, Urdu

Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Talha Memon, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Sarah Merrill, MD
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine
Add'l Language:
Spanish

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750
Direct Clinic Line: (858) 657-8200

Bio:
Sarah Merrill, MD, is a board-certified family medicine doctor who specializes in sports medicine. In addition to diagnosing and treating injuries associated with athletics, Dr. Merrill provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. She also has a special interest in rehabilitating individuals with yoga injuries, as well as performing ultrasound guided diagnostics and procedures.

Marlene Millen, MD
Primary Care Physician
Chief Medical Information Officer, Ambulatory Care Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Marlene Millen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Brandon Miller, DO
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Fallbrook - E. Elder

Contact:
Direct Clinic Line: (760) 728-8344

Bio:
Brandon Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Georgiana Miller, DO
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog
Hemet - W. Stetson Avenue
Contact:
Direct Clinic Line: (951) 225-6802
Bio:
Georgiana Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Lucy D. Moore, MD
Primary Care Physician
Clinical Professor of Medicine
Specialties:
Primary Care, Internal Medicine
La Jolla - 8939 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Bio:
Lucy D. Moore, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Alison Moore, MD, MPH, FACP
Primary Care Physician
Chief, Division of Geriatrics, Department of Medicine
Specialties:
Primary Care, Senior Medicine
La Jolla - Perlman Medical Offices
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500
Bio:
Alison Moore, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic diseases and preservation of function. As a geriatrician, Dr. Moore aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

Raechel Mora, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Hemet - W. Stetson Avenue
Contact:
Direct Clinic Line: (951) 225-6802
Bio:
Raechel Mora, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Ryan J. Moran, MD, MPH  
Primary Care Physician  
Specialties:  
Primary Care, Internal Medicine  
La Jolla - 8939 Villa La Jolla Drive  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  
Bio:  
Ryan Moran, MD, MPH, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive and geriatric care. He also diagnoses and treats acute and chronic diseases such as diabetes and heart disease.

Sheldon Morris, MD, MPH  
Primary Care Physician  
Associate Professor of Family Medicine and Public Health  
Specialties:  
Primary Care, Family Medicine  
La Jolla - 9333 Genesee Avenue  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600  
Bio:  
Sheldon Morris, MD, MPH, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. He has special training in preventive medicine.

Cassandra Morn, MD  
Primary Care Physician  
Associate Professor of Family Medicine and Public Health  
Specialties:  
Primary Care, Family Medicine  
Scripps Ranch - 9909 Mira Mesa Blvd  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7750  
Bio:  
Cassandra Morn, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Brooke Myrberg, PA  
Physician Assistant  
Affiliated Provider  
Specialty:  
Primary Care  
Hillcrest - 3900 Fifth Avenue  
Normal Heights - Adams Ave  
Contact:  
Direct Clinic Line: (858) 554-1212  
Bio:  
Brooke Myrberg, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Kevin Nelson, MS, PA-C
Primary Care Provider for Concierge Medicine Patients

Specialties:
Primary Care, Concierge Medicine

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Kevin Nelson, MS, is a certified physician assistant (PA-C) who treats adults through the concierge medicine program at UC San Diego Health. Concierge medicine is a primary care option that requires an annual fee and offers enhanced services, extended amenities and 24/7 access.

Christine Nguyen, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Vietnamese

Vista - Sycamore Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.

Khai H. Nguyen, MD, MHS
Primary Care Physician
Clinical Services Chief, Senior Medicine

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Khai Nguyen, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Nguyen aims to keep seniors healthy and high functioning as they transition through the stages of aging. His expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. He also has expertise in end of life care and advance care planning.

Loren S. Novak, DO
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Loren Novak, DO, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Richard (Willie) Novotny, MD  
Primary Care Physician  
Specialties:  
Primary Care, Family Medicine  
Add'l Language:  
Spanish  
Hillcrest - 4th & Lewis Medical Offices  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 471-9260  
Bio:  
Richard Novotny, MD, is a board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children and adults. He is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health.

Daniel Christopher Nuñez, PA  
Physician Assistant  
Affiliated Provider  
Specialty:  
Primary Care  
Add'l Language:  
Spanish  
Temecula - 31720 Temecula Parkway  
Contact:  
Direct Clinic Line: (951) 225-6838  
Bio:  
Daniel Nuñez, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.

Bruce Olmscheid, MD  
Affiliated Provider  
Specialty:  
Primary Care  
Downtown - Columbia St  
Contact:  
Direct Clinic Line: (619) 232-3500  
Bio:  
Bruce Olmscheid, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.

Kenneth Ortiz, MD  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Family Medicine  
Downtown - West C Street  
Hillcrest - 3900 Fifth Avenue  
Contact:  
Direct Clinic Line: (858) 554-1212  
Bio:  
Kenneth Ortiz, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Chad Osborne, MD
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine

**La Jolla - 9333 Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Chad Osborne, MD, is a board-certified family medicine doctor at La Jolla Family and Sports Medicine. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Andrea Dangerfield Osorio, MS, FNP-BC
Family Nurse Practitioner

**Specialty:**
Primary Care

**La Jolla - 8910 Villa La Jolla**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

**Bio:**
Andrea Dangerfield Osorio, MS, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people across all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.

Richard Parker, DO
Primary Care Physician and Sports Medicine Specialist
Affiliated Provider

**Specialties:**
Primary Care, Family Medicine, Sports Medicine

**College Area - 6699 Alvarado Rd**

**Contact:**

**Bio:**
Richard Parker, DO, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. He is a member of UC San Diego Health Physician Network.

Bret D. Pickering, MD
Director, Pediatrics and Adolescent Medicine
Professor of Pediatrics

**Specialties:**
Pediatrics, Primary Care

**Subspecialties:**
Complex Care Pediatrics, General Pediatrics

**Add'l Language:**
Spanish

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.
Primary Care (cont.)

Sarah Pierce, MSN, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

La Jolla - Ivanhoe Avenue

Contact:
Direct Clinic Line: (858) 869-0188

Bio:
Sarah Pierce, MSN, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Katherine Promer, MD
Infectious Disease Specialist

Specialties:
Infectious Diseases, HIV/AIDS, Primary Care

Add'l Language:
Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Katherine Promer, MD, is a board-certified infectious disease physician who provides primary care services, specializing in caring for individuals with HIV. She is a part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive individuals.

Michael Pietila, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Michael Pietila, MD, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Anjoulie Pujji, DO
Primary Care Physician

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 249-2500

Bio:
Anjoulie Pujji DO, is a geriatric medicine doctor. She provides comprehensive and compassionate primary care to older adults with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.
Primary Care (cont.)

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Spanish, Swahili

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.

Maisara Rahman, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Temecula - 31150 Temecula Parkway

Contact:
Direct Clinic Line: (951) 225-6827

Bio:
Maisara Rahman, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Philippa Rai, PA
Physician Assistant

Affiliated Provider

Specialty:
Primary Care

La Jolla - 9850 Genesee Avenue
Chula Vista - J Street

Contact:
Direct Clinic Line: (858) 864-9800

Bio:
Philippa Rai, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Divya K. Reddy, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Divya K. Reddy, MD, is a board-certified family medicine doctor who cares for patients of all ages. She provides primary care to infants and children and adults and seniors, including preventive care and treatment of acute and chronic diseases. As a family physician with advanced training in obstetrics care, Dr. Reddy can provide prenatal care and deliver babies. She also provides well woman care, including health care maintenance and contraception.
Primary Care (cont.)

Jairo Alberto Romero, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Jairo Alberto Romero, MD, is a board-certified geriatric medicine doctor. He provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

Elizabeth Rosenblum, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Elizabeth Rosenblum, MD, is a board-certified family medicine doctor. She is committed to providing compassionate and comprehensive care to individuals and families. Due to her extensive background in maternal-child health, Dr. Rosenblum focuses primarily on the care of pregnant women and of newborns, children and adolescents. She is also a member of a multidisciplinary team that cares for pregnant women in the Diabetes and Pregnancy Program.

Rebecca L Rosen, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Italian, Spanish

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Rebecca L. Rosen, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Bernice Ruo, MD, FACP
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Bernice Ruo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has expertise in caring for individuals with chronic conditions such as hypertension, diabetes and heart disease.
Primary Care (cont.)

Elizabeth Salada, MD
Primary Care Physician
Affiliated Provider

Specialties: Primary Care, Internal Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Elizabeth Salada, MD, MPH, is a board-certified physician providing primary care through her private practice in Poway. She is a member of the UC San Diego Health Physician Network.

Holly Salzman, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties: Primary Care, Family Medicine

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Holly Salzman, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Arthur P. Sanchez, MSN, NP-C
Family Nurse Practitioner

Specialty: Primary Care
Add'l Language: Spanish

La Jolla - 8910 Villa La Jolla
Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777

Bio:
Arthur Sanchez, MSN, is a certified nurse practitioner (NP-C) who cares provides comprehensive care for people of all ages.

Armelia Sani, MD, FACP
Primary Care Physician
Professor of Medicine

Specialties: Primary Care, Internal Medicine
Add'l Language: Indonesian

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Armelia Sani, MD, is a board-certified internal medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care (cont.)

Deepa Sannidhi, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Subspecialty:
Integrative & Holistic Medicine

Add'l Language:
Telugu

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Deepa Sannidhi, MD, is a board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. Trained in preventive medicine, Dr. Sannidhi provides chronic disease management and also helps people prevent and treat disease through lifestyle and integrative medicine. Her expertise includes women's health, integrative medicine, and lifestyle medicine, which uses evidence-based therapeutic approaches such as nutrition, exercise, stress management, sleep and other non-drug modalities, to decrease disease risk and illness.

Jessica A. Sarder, PA
Physician Assistant

Affiliated Provider

Specialty:
Primary Care

Add'l Language:
Spanish

Hillcrest - 3900 Fifth Avenue

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Jessica Sarder, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Samantha Schouweiler, PA
Physician Assistant

Affiliated Provider

Specialty:
Primary Care

Normal Heights - Adams Ave

Contact:
Direct Clinic Line: (858) 617-0717

Bio:
Samantha Schouweiler, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Vanessa P. Scott, MD
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

La Jolla - 8910 Villa La Jolla
Kearny Mesa - Frost Street

Contact:
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Kearny Mesa: (858) 496-4800

Bio:
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.

Alan Shahtaji, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

La Jolla - 9333 Genesee Avenue
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 4520 Executive Drive
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health's Sports Concussion Clinic, which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.
Primary Care (cont.)

Benjamin Shleifer, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.

Julie R. Sierra, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Spanish

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Julie Sierra, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Sierra treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women's health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Daphna Shlomo, MPH, MMS, PA-C
Physician Assistant

Affiliated Provider

Specialty:
Primary Care
Add'l Language:
Hebrew

Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Daphna Shlomo, MPH, MMS, is a certified physician assistant (PA-C) providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Pamela A. Wong Simmons, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Pamela Wong Simmons, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Amy Sitapati, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Amy M. Sitapati, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Sitapati believes that the best health is achieved through life balance, patient empowerment, a good physician relationship, and integrated care.

Daniel Slater, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Subspecialty:
Integrative & Holistic Medicine

Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Daniel Slater, MD, is a board-certified family medicine physician. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. He also offers consultations in integrative medicine through UC San Diego’s Center for Integrative Medicine, which focuses on whole-person wellness by addressing physical, lifestyle, psychological, and spiritual needs. Integrative therapies recommended often include, but are not limited to, complementary modalities such as acupuncture, osteopathic manipulation, mindfulness, acupressure, specific movement therapies, and natural supplements.

Kelli Alicia Smith, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Kelli Smith, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Michael A. Smith, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (888) 605-4452

Bio:
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.
Kelly Snowden, PA  
Physician Assistant  
Affiliated Provider  

**Specialty:**  
Primary Care  

**La Jolla - Ivanhoe Avenue**  

**Contact:**  
Direct Clinic Line: (858) 869-0188  

**Bio:**  
Kelly Snowden, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Youstina Soliman, MD  
Primary Care Physician  
Affiliated Provider  

**Specialties:**  
Family Medicine, Primary Care  

**La Jolla - 9333 Genesee Avenue**  

**Contact:**  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 657-8600  

**Bio:**  
Youstina Soliman, MD, is a board-certified physician providing primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Jesse Sozanski, MD  
Primary Care Physician  
Specialties:  
Family Medicine, Primary Care  

**Subspecialty:**  
Integrative & Holistic Medicine  

**La Jolla - 9333 Genesee Avenue**  

**Contact:**  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 657-8600  

**Bio:**  
Jesse Sozanski, MD, is a board-certified family medicine physician who has expertise in medical acupuncture and mind-body medicine. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Mary Steinhoff, NP  
Nurse Practitioner  
Affiliated Provider  

**Contact:**  
Direct Clinic Line: (760) 728-8344  

**Bio:**  
Mary Steinhoff Holt, NP, is a certified nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

**Ryan W. Stewart, MD**  
Primary Care Physician  
Specialties: Primary Care, Internal Medicine  
**Vista - Sycamore Avenue**  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 697-3000  
**Bio:**  
Ryan Stewart, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

**Christine A. Sullivan, FNP**  
Family Nurse Practitioner  
Affiliated Provider  
Specialties: Primary Care, Family Medicine  
**Poway - 15611 Pomerado Rd**  
Contact:  
Direct Clinic Line: (858) 312-5492  
**Bio:**  
Christine Sullivan, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

**Joseph Tannous, MD**  
Primary Care Physician for Concierge Medicine Patients  
Specialties: Primary Care, Concierge Medicine  
**Vista - Sycamore Avenue**  
**Add'l Languages:** Arabic, Spanish  
**La Jolla - 8899 University Center Lane**  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-5000  
**Bio:**  
Joseph Tannous, MD, is a board-certified internal medicine physician who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He treats adults through the concierge medicine program at UC San Diego Health. Concierge medicine is a primary care option that requires an annual fee and offers enhanced services, extended amenities and 24/7 access.

**Kenneth S. Taylor, MD**  
Primary Care Physician and Sports Medicine Specialist  
Professor of Family Medicine and Public Health  
Specialties: Primary Care, Family Medicine, Sports Medicine  
**Add'l Language:** Spanish  
**La Jolla - 9333 Genesee Avenue**  
**La Jolla - 4520 Executive Drive**  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600  
**Bio:**  
Kenneth S. Taylor, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing athletic injuries. Dr. Taylor has a particular interest in using musculoskeletal ultrasound to perform diagnostic and therapeutic treatments. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care (cont.)

Christine Thorne, MD, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Christine Thorne, MD, provides primary care for adults and families, including preventive care and diagnosis and treatment of acute and chronic diseases.

Janine Thorson, MSN, FNP-C
Family Nurse Practitioner

Affiliated Provider

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Janine Thorson, MSN, is a certified family nurse practitioner (FNP-C) providing primary care at Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Kanani E. Titchen, MD, FAAP
Adolescent Medicine Physician/Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
Adolescent Medicine

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Kanani Titchen, MD, is an adolescent medicine physician and board-certified pediatrician who provides primary care for young people ages 10 to 26, while specializing in the unique physical, social and emotional conditions of their life stages. Dr. Titchen has expertise in trauma-sensitive adolescent reproductive and sexual health (including long-acting reversible contraception, problems with menstruation, and sexual assault/abuse and sex trafficking); health care for lesbian, gay, bisexual and transgender youth; and the use of pre-exposure prophylaxis (PrEP) medication in preventing HIV infection.

Rebekah Tolopilo, PA
Physician Assistant

Affiliated Provider

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Rebekah Tolopilo, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Rhodaline Tootell, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Family Medicine
La Jolla - 9850 Genesee Avenue
Contact: Direct Clinic Line: (858) 864-9800
Bio: Rhodaline Tootell, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Amy Trewella, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Family Medicine
Poway - 15611 Pomerado Rd
Contact: Direct Clinic Line: (858) 312-5492
Bio: Amy Trewella, MD, is a board-certified physician providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Internal Medicine
La Jolla - 4373 La Jolla Village Drive
Contact: Direct Clinic Line: (619) 232-3500
Bio: Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Michelle Uttaburanont, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Internal Medicine
Temecula - 31150 Temecula Parkway
Contact: Direct Clinic Line: (951) 225-6827
Bio: Michelle Uttaburanont, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Katherine Uvelli, MD  
Primary Care Physician  
Specialties:  
Primary Care, Family Medicine  
Encinitas - Encinitas Blvd  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 452-7965  
Bio:  
Katherine Uvelli, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic diseases.

Anna Van Niekerk, DO  
Primary Care Physician  
Specialties:  
Primary Care, Family Medicine  
Add'l Languages:  
Afrikaans, Spanish  
Rancho Bernardo - Via Tazon  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452  
Bio:  
Anna Van Niekerk, DO, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic conditions. Dr. Van Niekerk also sees patients for dermatological concerns and women’s health.

Jeanine Wagner, MSN, NP-C  
Nurse Practitioner  
Affiliated Provider  
Contact:  
Direct Clinic Line: (951) 225-6802  
Bio:  
Jeanine Wagner, MSN, is a certified nurse practitioner (NP-C) providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Rome Charles Walter, DO  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Family Medicine  
Temecula - Single Oak Drive  
Contact:  
Direct Clinic Line: (951) 225-6802  
Bio:  
Rome Walter, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Mary Wang, MD
Primary Care Physician
Associate Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
Korean, Mandarin

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Mary Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.

Helen C. Wang, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Add'l Language:
Mandarin

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.

Regina M. Wang, MD
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
American Sign Language (ASL), Mandarin, Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Regina M. Wang, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care (cont.)

Lisa Wastila, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
German

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lisa Wastila, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Lesley D. Wilkinson, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Lesley D. Wilkinson, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Cortney Wilcox, FNP
Family Nurse Practitioner

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Hillcrest - 3900 Fifth Avenue

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Courtney Wilcox, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Melissa A. Wong, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Melissa Wong, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in women’s health and preventative medicine.
Primary Care (cont.)

Jennifer J. Wu, MD,  
Primary Care Physician  
Professor of Family Medicine and Public Health

**Specialties:**  
Primary Care, Family Medicine  

**Hillcrest - 4th & Lewis Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 471-9260

**Bio:**
Jennifer J. Wu, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages and in all stages of their life, including preventive care, women’s healthcare, pediatric care, and treatment of acute and chronic diseases. She treats the whole family and develops long-term relationships with her patients. She also provides prenatal care for women, delivers babies, and cares for new families postpartum.

Yulia Yartseva, MSN, APRN, FNP  
Family Nurse Practitioner

**Affiliated Provider**

**Specialties:**  
Primary Care, Family Medicine  

**Add'l Language:**  
Russian

**Clairemont - Moraga Avenue**

**Contact:**
Direct Clinic Line: (858) 799-0855

**Bio:**
Yulia Yartseva, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Lindsey Yourman, MD  
Primary Care Physician  
Assistant Professor of Medicine

**Specialties:**  
Primary Care, Senior Medicine  

**Add'l Language:**  
Spanish

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-2500

**Bio:**
Lindsey Yourman, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides person-centered primary care focused on maintaining independence and quality of life.

Pearl Yu, MD, Pharm D  
Primary Care Physician  
Professor of Medicine

**Specialties:**  
Primary Care, Internal Medicine  

**Add'l Languages:**  
Cantonese, Mandarin

**La Jolla - 8939 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

**Bio:**
Pearl Yu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
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