UC San Diego Health Physician Directory

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Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

La Jolla - 4373 La Jolla Village Drive

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Suraj A. Achar, MD, FAAFP
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Languages:
French, Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Suraj A. Achar, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing injuries associated with athletics. He is highly experienced in ultrasound-guided diagnostics and procedures. Dr. Achar also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Ruth Abeles, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Mandarin

La Jolla - 8939 Villa La Jolla Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Ruth Abeles, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Abeles has special interests in women’s health, obesity medicine and geriatric care. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

William J. Ackerman, MD
Primary Care Physician for Concierge Medicine Patients
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Concierge Medicine

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
William Ackerman, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care, diagnosis, and treatment of acute and chronic diseases.
Primary Care (cont.)

Jody L. Adams-Renteria, MS, FNP-C
Family Nurse Practitioner

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Spanish

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Jody Adams-Renteria, MS, RN, is a certified family nurse practitioner (FNP-C) who helps provide comprehensive care for adults. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness.

Tennille Allen, NP
Nurse Practitioner

Specialty:
Primary Care

Contact:
New Patient Registration: (800) 926-8273

Bio:
Tennille Allen, MSN, is a nurse practitioner who provides comprehensive care for people of all ages. As part of Express Care at UC San Diego Health, Ms. Allen provides care for conditions that include minor illnesses and injuries, respiratory illnesses, colds and flu, fever, headache and pain. She cares for people who have allergies, asthma, ear infections, sore throat/strep throat, sinus infections and nausea. She currently sees patients exclusively through Express Care Video Visits.

Unna Albers (Formerly McPherson), MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Korean

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Unna McPherson Albers, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. In 2009, 2011-2014, Dr. Albers was named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Shirin Alonzo, MD, MPH
Pediatrician

Specialties:
Pediatrics, Primary Care
Add'l Language:
Farsi

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Shirin Alonzo, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their developmental stages. She has a special interest in caring for children who have medically fragile or special needs.
Primary Care (cont.)

Mark Amis, PA
Physician Assistant

Affiliated Provider

**Specialty:**
Primary Care

**Temecula - Single Oak Drive**

**Contact:**
Direct Clinic Line - Temecula: (951) 252-8650

**Bio:**
Mark Amis, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.

Tamantha (Tami) Arlata, MD, FAAP
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Add'l Language:**
Tagalog

**Downtown - West F Street**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 541-4787

**Bio:**
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists to aid those with special needs/developmental delays and chronic illnesses. She has a large interest in newborn medicine and enjoys being able to guide parents in this transition. She believes that preventative care is paramount to setting children up for a healthy life and establishing good lifelong habits.

Hadia Ashraf, MD
Primary Care Physician

Affiliated Provider

**Specialties:**
Primary Care, Family Medicine

**Add'l Language:**
Farsi

**Hemet - W. Stetson Avenue**

**Contact:**
Direct Clinic Line: (951) 225-6802

**Bio:**
Hadia Ashraf, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

John D. Awad, MD
Primary Care Physician

Affiliated Provider

**Specialty:**
Primary Care

**Carlsbad - 7740 El Camino Real**

**Contact:**
Direct Clinic Line: (619) 232-3500

**Bio:**
John Awad, MD, provides primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Carly Babis, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Hillcrest - 3900 Fifth Avenue
Contact:
Direct Clinic Line: (858) 554-1212
Bio:
Carly Babis, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Cristina Bailey, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish
Temecula - Single Oak Drive
Contact:
Direct Clinic Line: (951) 252-8650
Bio:
Cristina Bailey, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Clark Bach, MD
Primary Care Physician
Specialties:
Primary Care, Internal Medicine
Add'l Language:
Vietnamese
Rancho Bernardo - Via Tazon
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452
Bio:
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Sonia Bajwa-Dulai, MD
Primary Care Physician
Assistant Professor of Medicine
Specialties:
Primary Care, Internal Medicine
Add'l Languages:
Hindi, Punjabi
Sorrento Valley - Directors Place
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400
Bio:
Sonia Bajwa-Dulai, MD, is a primary care physician, board-certified in internal medicine. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases, as well as basic well-woman care.
Primary Care (cont.)

Arthi Balu, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Arthi Balu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Balu treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women's health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension to thyroid disease, heart conditions, and many others.

Sam Baroudi, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Arabic, French

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Sam Baroudi, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Victoria Bayliss, MPH, PA-C
Physician Assistant

Affiliated Provider

Specialty:
Primary Care

Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Victoria Bayliss, MPH, is a certified physician assistant (PA-C) providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

David E.J. Bazzo, MD
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Languages:
Italian, Spanish

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
David E.J. Bazzo, MD, is a board-certified family medicine doctor who specializes in sports medicine. Dr. Bazzo's expertise includes diagnosing, treating and preventing injuries associated with athletics. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. Currently, he sees patients for sports injuries through referral.
Primary Care (cont.)

Susan Behnawa, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Susan Behnawa, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Puneet Bhalrhu, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Downtown - West C Street
Hillcrest - 3900 Fifth Avenue

Contact:
Direct Clinic Line: (858) 333-4977

Bio:
Puneet Bhalrhu, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Akeela Benson, MSN, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Downtown - West F Street
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777
Direct Clinic Line - Owen Clinic: (619) 543-3995

Bio:
Akeela Benson, MSN, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages.

Jill S. Blumenthal, MD
Infectious Disease Specialist
Assistant Professor of Medicine

Specialties:
Infectious Diseases, HIV/AIDS, Primary Care

Hillcrest - Medical Offices South
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Jill Blumenthal, MD, is a board-certified infectious disease physician who provides primary care services and specializes in caring for children, teens, and adults with HIV and AIDS. She has expertise in caring for transgender and gender non-conforming individuals seeking hormone replacement therapy and other supportive care. She also has extensive experience in HIV prevention using pre-exposure prophylaxis (PrEP) for HIV-uninfected individuals. Dr. Blumenthal cares for people at the UC San Diego Mother, Child and Adolescent HIV Program and UC San Diego Health's Owen Clinic, one of America's top HIV care programs.
Primary Care (cont.)

Eyla Boies, MD
Pediatrician
Professor of Pediatrics

- **Specialties:** Pediatrics, Primary Care
- **Subspecialty:** General Pediatrics

**Location:**
- **Kearny Mesa - Frost Street**
- **La Jolla - 8910 Villa La Jolla**

**Contact:**
- Direct Clinic Line - Kearny Mesa: (858) 496-4800
- Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes providing lactation consultation, assisting mothers who are experiencing difficulties breastfeeding their newborns.

Amruti Borad, DO
Primary Care Physician

- **Specialties:** Primary Care, Family Medicine
- **Add'l Language:** Spanish

**Location:**
- **Rancho Bernardo - Via Tazon**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 605-4452

**Bio:**
Amruti Borad, DO, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Adam Braddock, MD
Pediatrician

- **Specialties:** Pediatrics, Primary Care
- **Subspecialties:** Developmental-Behavioral Pediatrics, General Pediatrics

**Location:**
- **Kearny Mesa - Frost Street**

**Contact:**
- Direct Clinic Line: (858) 246-0053

**Bio:**
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

Patricia Brady, MD
Primary Care Physician
Professor of Family Medicine and Public Health

- **Specialties:** Primary Care, Family Medicine
- **Add'l Languages:** Portuguese, Spanish

**Location:**
- **La Jolla - 9333 Genesee Avenue**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 657-8600

**Bio:**
Patricia Brady, MD, is a family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care (cont.)

Kelsey Brangoccio, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Clairemont - Moraga Avenue
Normal Heights - Adams Ave
Chula Vista - J Street

Contact:
Direct Clinic Line: (858) 799-0855

Bio:
Kelsey Brangoccio, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Karen Cadman, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Karen Cadman, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Anthony Bustamante, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anthony Bustamante, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. He provides preventative care, as well as the diagnosis of acute and chronic diseases, including diabetes, chronic heart disease, chronic kidney disease, asthma, depression and anxiety and many dermatologic conditions.

Daniel Camarillo, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Daniel Camarillo, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Nicholas Canelo, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

La Jolla - Ivanhoe Avenue

Contact:
Direct Clinic Line: (858) 869-0188

Bio:
Nicholas Canelo, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

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Alonso Chan, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Add'l Language:
Spanish

Chula Vista - J Street

Contact:
Direct Clinic Line: (858) 779-2366

Bio:
Alonso Chan, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

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Julie Çelebi, MD
Primary Care Physician
Associate Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Subspecialty:
Integrative & Holistic Medicine

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Julie Çelebi, MD, is a board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children and adults. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health.

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Alexandra Chatfield, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Normal Heights - Adams Ave
Hillcrest - 3900 Fifth Avenue
Del Mar - El Camino Real

Contact:
Direct Clinic Line: (858) 617-0717

Bio:
Alexandra Chatfield, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Jessica J. Chen, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Chinese, Taiwanese

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Jessica Chen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Maribeth Chong, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Tagalog

Carlsbad - 6260 El Camino Real

Contact:
Direct Clinic Line: (760) 434-6060

Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.

Terri L Cheng, MD
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Terri Cheng, MD, is a board-certified family medicine physician dedicated to practicing the full spectrum of primary care and caring for patients of all ages, including children and adults. She has a special interest in women's health care, including well-women care, contraception and family planning, and outpatient gynecological procedures such as endometrial biopsies and colposcopy. She believes in treating the person as a whole and the importance of good patient-provider communication.

Belen S. Clark, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Add'l Language:
Tagalog

Vista - 1954 Via Centre

Contact:
Direct Clinic Line: (760) 529-9700

Bio:
Belen S. Clark, MD, is a board-certified physician providing primary care at Optimas Family Medicine, an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Lisa M. Coles, MD  
Primary Care Physician

**Specialties:**  
Primary Care, Family Medicine

**Rancho Bernardo - Via Tazon**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

**Bio:**  
Lisa Coles, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic disease and also provides in-office based procedures such as skin biopsies, joint injections, and contraception.

Matthew Combs, MD  
Primary Care Physician

**Specialties:**  
Primary Care, Family Medicine

**Temecula - Single Oak Drive**  
**Hemet - W. Stetson Avenue**

**Contact:**  
Direct Clinic Line - Rancho Bernardo: (951) 252-8650  
Direct Clinic Line - Encinitas: (760) 452-7966

**Bio:**  
Matthew Combs, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Robert Coles, MD  
Pediatrician

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialty:**  
General Pediatrics

**Rancho Bernardo - Via Tazon**  
**Encinitas - Encinitas Blvd**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Rancho Bernardo: (858) 605-4453  
Direct Clinic Line - Encinitas: (760) 452-7966

**Bio:**  
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

Walter F. Combs, MD  
Primary Care Physician

**Specialties:**  
Primary Care, Family Medicine

**Temecula - Single Oak Drive**

**Contact:**  
Direct Clinic Line: (951) 252-8650

**Bio:**  
Walter Combs, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Timothy J. Corbin, MD, FACP
Primary Care Physician for Concierge Medicine Patients

Specialties:
Primary Care, Concierge Medicine, Internal Medicine

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 657-5000

Bio:
Timothy Corbin, MD, is a board-certified internal medicine physician who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He treats adults through the concierge medicine program at UC San Diego Health. Concierge medicine is a primary care option that requires an annual fee and offers enhanced services, extended amenities and 24/7 access.

Vanessa Cordova, MSN, APRN, FNP
Family Nurse Practitioner

Bio:
Vanessa Cordova, MSN, APRN, FNP, is a certified family nurse practitioner providing primary care through Tri-City Primary Care. She is a member of UC San Diego Health Physician Network.

Connie Cordrey, PA
Physician Assistant

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact:
Direct Clinic Line:: (760) 940-7000

Bio:
Connie Cordrey, PA, is a certified physician assistant providing primary care through the Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Shane Cordrey, PA
Physician Assistant

Specialties:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line:: (951) 723-3800

Bio:
Shane Cordrey, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Michelle Etesami Cross, FNP
Family Nurse Practitioner
Affiliated Provider

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Michelle Cross, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Janet Crow, MD, FAAP
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients and caring for them as they grow and change.

Jennifer DeConde, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Jennifer DeConde, MD, is a board-certified internal medicine physician. She provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Anarella Diaz, NP
Nurse Practitioner
Affiliated Provider

Specialty:
Primary Care

Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Ana Diaz, NP, is a certified nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Ian Diaz, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish

Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 452-7965

Bio:
Ian Diaz, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. His practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. He has a particular interest in continuity care and urgent care services.

Belinda Drake, FNP
Family Nurse Practitioner

Affiliated Provider

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Belinda (Lyn) Drake, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Joseph Diaz, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Joseph Diaz, MD, is an internal medicine physician who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He is dedicated to developing long-term relationships and getting to know his patients.

Rina S. Edi, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Rina Edi, MD, is board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including infants, children, adults and seniors. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health. Dr. Edi’s expertise is in providing well women care such as contraception, including intrauterine devices (IUDs) and birth control implants, as well as performing endometrial biopsies and colposcopy for abnormal Pap test results.
Primary Care (cont.)

Dalia Elias, MBBS
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Malayalam

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 605-4452

Bio:
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

Mohammed K. Elsayed, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Chula Vista - Oxford St

Contact:
Direct Clinic Line:: (619) 409-1802

Bio:
Mohammed Elsayed, MD, is a board-certified physician providing primary care through his practice in Chula Vista. He is a member of the UC San Diego Health Physician Network.

Dudley (Doug) Elmore, MSN, FNP-BC
Family Nurse Practitioner

Specialty:
Primary Care

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care:: (760) 452-7967
Direct Clinic Line - Urgent Care, La Jolla:: (858) 249-6800

Bio:
Doug Elmore, MSN, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people of all ages. He offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care.

Linda S. Falconio, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - W. Vista Way

Contact:
Direct Clinic Line:: (760) 631-4000

Bio:
Linda Falconio, MD, is a board-certified physician providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Jeffrey Ferber, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Vista - 1926 Via Centre
Contact:
Direct Clinic Line: (760) 940-7000
Bio:
Jeffrey Ferber, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Rodrigo J. Fernandez, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Add'l Language:
Spanish
Chula Vista - 4th Avenue
Contact:
Direct Clinic Line: (619) 476-9054
Bio:
Rodrigo Fernandez, MD, is a board-certified physician providing primary care in Chula Vista. He is a member of UC San Diego Health Physician Network.

Melanie R. Fiorella, MD
Primary Care Physician
Assistant Professor of Family Medicine and Public Health
Specialties:
Primary Care, Family Medicine
Subspecialty:
Integrative & Holistic Medicine
Add'l Language:
Spanish
Hillcrest - 4th & Lewis Medical Offices
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260
Bio:
Melanie Fiorella, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. She has a special interest in women’s health, mood disorders, back pain, gastrointestinal disorders and sleep problems.

Charles Frederick Fraley, III, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Murrieta - Jackson Avenue
Contact:
Direct Clinic Line: (951) 225-6287
Bio:
Charles Fraley, III, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Lawrence Friedman, MD
Primary Care Physician
Associate Dean, Clinical Affairs
Professor of Clinical Medicine and Pediatrics

Specialty:
Primary Care

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Lawrence Friedman, MD, is a board-certified internal medicine doctor. He provides primary care for young adults with HIV.

Julie Gabbard, FNP
Family Nurse Practitioner

Affiliated Provider

Specialty:
Primary Care

Hillcrest - 3636 Fifth Avenue

Contact:
Direct Clinic Line: (619) 814-5500

Bio:
Julie Gabbard, FNP, is a certified family nurse practitioner providing primary care through The Center for Health & Wellbeing. She is a member of the UC San Diego Health Physician Network.

Samuel Galloway, MD
Primary Care Physician and Sports Medicine Specialist

Specialties:
Primary Care, Family Medicine, Sports Medicine

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9260
Direct Clinic Line - La Jolla: (858) 657-8600

Bio:
Sam Galloway, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating and preventing injuries associated with athletics. He is skilled in performing joint injections and other ultrasound-guided procedures for musculoskeletal conditions.

Geneen T. Gin, DO
Primary Care Physician
Associate Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Geneen T. Gin, DO, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including prenatal care, newborn care and acute hospital care.
Primary Care (cont.)

Danielle Godino, NP
Nurse Practitioner

Specialties:
Primary Care, Family Medicine

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 9333 Genesee Avenue
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 471-9260
Direct Clinic Line - La Jolla: (800) 926-8273
Direct Clinic Line - Scripps Ranch: (858) 657-7750

Bio:
Danielle Godino is a board-certified family nurse practitioner. She treats patients across their lifespan and provides both preventive care and management of acute and chronic diseases. Danielle is also skilled in procedures such as suturing, incision and drainage, cryotherapy, and skin biopsies.

Veronica V. Gonzalez, MD
Primary Care Physician

Specialties:
Primary Care, Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Veronica Gonzalez, MD, is a board-certified family medicine physician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Gonzalez aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.
Primary Care (cont.)

**Nancy Graff, MD**
Clinical Professor of Pediatrics

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Dr. Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. "Most of health happens outside of hospitals and doctor's offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods."

**Roopali Gupta, MD**
Primary Care Physician
Assistant Professor of Medicine

**Specialties:**
Primary Care, Senior Medicine

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

**Bio:**
Roopali Gupta, MD, is a board-certified geriatric medicine doctor. She provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

**Janette Gray, MD**
Primary Care Physician

**Affiliated Provider**

**Specialty:**
Primary Care

**Hillcrest - 3636 Fifth Avenue**

**Contact:**
Direct Clinic Line: (619) 814-5500

**Bio:**
Janette Gray, MD, is a board-certified physician providing primary care through The Center for Health & Wellbeing. She is a member of the UC San Diego Health Physician Network.

**Cecilia Gutierrez, MD**
Primary Care Physician
Professor of Family Medicine and Public Health

**Add'l Language:**
Spanish

**Scripps Ranch - 9909 Mira Mesa Blvd**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

**Bio:**
Cecilia Gutierrez, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care (cont.)

Rolando Gutierrez, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Rolando Gutierrez, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Alma Harb, MD
Primary Care Physician for Concierge Medicine Patients

Specialties:
Primary Care, Internal Medicine, Concierge Medicine
Add'l Languages:
Arabic, French, Spanish

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Alma Harb, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Catherine Hanson, FNP
Family Nurse Practitioner

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Catherine Hanson, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Meredith Hartle, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Meredith Hartle, DO, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

**Esmatullah (Esmat) Hatamy, MD**

Primary Care Physician  
Associate Professor of Family Medicine and Public Health

**Specialties:**  
Primary Care, Family Medicine

**Add'l Languages:**  
Arabic, Farsi, Pashto, Urdu

**Scripps Ranch - 9909 Mira Mesa Blvd**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7750

**Bio:**  
Esmatullah Hatamy, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.


**Charles Hergesheimer, MD**

Primary Care Physician  
Assistant Clinical Professor of Medicine

**Specialties:**  
Primary Care, Internal Medicine

**Vista - Sycamore Avenue**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 697-3000

**Bio:**  
Charles Hergesheimer, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic illnesses.


**Ryan Heitman, PA**

Physician Assistant

**Temecula - Single Oak Drive**

**Contact:**  
Direct Clinic Line: (951) 252-8650

**Bio:**  
Ryan Heitman, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.


**Deanna Hill, MD**

Primary Care Physician  
Associate Professor of Medicine

**Specialties:**  
Primary Care, Internal Medicine

**Add'l Language:**  
Spanish

**Hillcrest - 4th & Lewis Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 471-9250

**Bio:**  
Deanna Hill, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line:: (858) 657-8000
Direct Clinic Line - Perlman Medical Offices:: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Julie Hoffman, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Hillcrest - 3900 Fifth Avenue

Contact:
Direct Clinic Line:: (858) 554-1212

Bio:
Julie Hoffman, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Amber Holden, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Temecula - Single Oak Drive

Contact:
Direct Clinic Line:: (951) 252-8650

Bio:
Amber Holden, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Amy Huang, MD, MPH
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Languages:
Mandarin, Taiwanese

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (619) 471-9250

Bio:
Amy Huang, MD, is board-certified in internal medicine and pediatrics. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in preventive medicine and is passionate about global health and medical education.
Primary Care (cont.)

Melissa Hurd, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - Thunder Dr

Contact:
Direct Clinic Line: (760) 758-1988

Bio:
Melissa Hurd, MD, is a board-certified physician providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Tyson Ikeda, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Tyson Ikeda, MD, is a board-certified family medicine doctor and clinical service chief of Family Medicine at UC San Diego Health. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Sabiha Hussain, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Add'l Language:
Urdu

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.

Tae-Woong Im, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine
Subspecialty:
Add'l Language:
Korean

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Tae-Woong Im, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Mary Jaramillo, MD
Primary Care Physician
Specialties:
Primary Care, Internal Medicine
Vista - Sycamore Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000
Bio:
Mary Jaramillo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Simerjot K Jassal, MD
Primary Care Physician
Professor of Medicine
Specialties:
Primary Care, Internal Medicine
Add'l Languages:
Punjabi, Spanish
Hillcrest - UC San Diego Medical Center
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Bio:
Simerjot K. Jassal, MD, is a primary care physician who provides services for a wide range of health issues including hypertension, diabetes, infection, liver and lung disease, and cancer. She personally cares for continuity patients and oversees medical residents who deliver services to women veterans at VA San Diego Healthcare System, and serves as an inpatient ward attending at both VA San Diego and UC San Diego Medical Center. At this time, patients cannot schedule an appointment with Dr. Jassal as she is a hospital medicine attending physician only.

Jeffrey D. Jenks, MD, MPH
Primary Care Physician
Assistant Professor of Medicine
Specialties:
Primary Care, Internal Medicine, Infectious Diseases
Hillcrest - 4th & Lewis Medical Offices
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Bio:
Jeffrey Jenks, MD, is a board-certified internal medicine doctor with advanced training in infectious diseases such as COVID-19 and tuberculosis.

Yewah Jung, DO, MPH
Primary Care Physician
Specialties:
Primary Care, Family Medicine
Eastlake Chula Vista - Otay Lakes Rd
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 502-7855
Bio:
Yewah Jung, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children. Her practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. She has a particular interest in dermatological and family planning procedures. As an osteopath, she believes in the mission to care for the whole person and finds great happiness to be part of her patients’ lives.
Primary Care (cont.)

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Gene A. Kallenberg, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Subspecialty:
Integrative & Holistic Medicine

Hillcrest - 3636 Fifth Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Gene A. Kallenberg, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. With integrative medicine, Dr. Kallenberg brings complementary approaches to his patient's overall care plan including mindfulness-based stress reduction, whole food/plant based nutrition approaches and body work approaches like yoga, massage, acupuncture and Tai-Chi.

Leslie Karr, FNP
Family Nurse Practitioner

Affiliated Provider

Specialty:
Primary Care

Hillcrest - 3636 Fifth Avenue

Contact:
Direct Clinic Line: (619) 814-5500

Bio:
Leslie Karr, FNP, is a certified family nurse practitioner providing primary care through The Center for Health & Wellbeing. She is a member of the UC San Diego Health Physician Network.

Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Travel Medicine, General Pediatrics

Add'l Languages:
French, Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the Pediatric Travel Medicine program, which provides medical advice and vaccinations for children traveling internationally. She also works as a pediatrician for the UCSD Mother, Child and Adolescent HIV Program.
Primary Care (cont.)

Stephanie Kleiner, MSN, FNP-BC
Family Nurse Practitioner

**Specialty:**
Primary Care

**Eastlake Chula Vista - Otay Lakes Rd**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care: (619) 502-7854

**Bio:**
Stephanie Kleiner, MSN, is a certified family nurse practitioner (FNP-BC) who provides comprehensive care for people of all ages. She develops patient-focused plans of care including interpreting diagnostics, pharmacologic and non-pharmacologic therapies, health maintenance screening and patient education.

Jane Kroese, FNP
Family Nurse Practitioner

**Affiliated Provider**

**Specialties:**
Primary Care, Family Medicine

**Poway - 15611 Pomerado Rd**

**Contact:**
Direct Clinic Line: (858) 312-5492

**Bio:**
Jane Kroese, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Natalia Kovaleski, PA
Physician Assistant

**Affiliated Provider**

**Specialty:**
Primary Care

**Add'l Language:**
Spanish

**Contact:**
Direct Clinic Line: (858) 558-0399

**Bio:**
Natalia Kovaleski, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Maya M. Kumar, MD
Adolescent Medicine/Pediatrics Physician

**Specialties:**
Pediatrics, Primary Care

**Subspecialties:**
Adolescent Medicine, General Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Maya Kumar, MD, FAAP, FRCPC, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that allows patients transitioning through adolescence and young adulthood to see a physician who specializes in the unique physical, social and emotional conditions of this life stage.
Primary Care (cont.)

Deborah C. Layton, FNP
Family Nurse Practitioner
Affiliated Provider

Specialty:
Primary Care

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Deborah Layton, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Robert Y. Lee, MD
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine
Add'l Language:
Korean

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Robert Y. Lee, MD, is a board-certified family medicine doctor. He provides primary care for children and adults, including preventive care and treatment of acute and chronic diseases.

Christina Le, MD
Primary Care Physician
Associate Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Christina Le, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Le has special training in infectious diseases and provides comprehensive travel medicine services for adults. These include pre-travel medical evaluations, vaccinations, medications and preventive measures for travel-related illnesses and post-travel medical care.

Michelle L. Leff, MD
Newborn Hospitalist and Pediatrician
Associate Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
Newborn Hospital Care
Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - La Jolla Pediatrics: (858) 203-4962

Bio:
Michelle L. Leff, MD, is a board-certified pediatrician who specializes in the care of newborns. She also provides primary care for infants, children, and adolescents through all of their life stages. As a newborn hospitalist, Dr. Leff meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and breastfeeding help, including frenotomies.
Primary Care (cont.)

Desiree Leithem, MS, CNS, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Encinitas - Encinitas Blvd
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Downtown - West F Street
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care: (833) 823-9777
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Direct Clinic Line - Encinitas: (760) 452-7967

Bio:
Desiree Leithem, MS, is a clinical nurse specialist (CNS) and certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. Her focus is preventive care for individuals in health and wellness. She has over two decades of experience in emergency medicine and serves as the nurse practitioner manager for the Emergency Departments at UC San Diego Health.

Amy Leu, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

Add'l Language:
Spanish

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Amy Leu, DO, is a board-certified family medicine doctor who specializes in sports medicine. Her expertise includes diagnosing, treating and preventing injuries associated with athletics, including acute and stress fractures, sprains and overuse injuries. She also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Shannon Leung, MD, MPH
Pediatrician

Specialties:
Pediatrics, Primary Care

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Shannon Leung, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, adolescents, and young adults up to age 21.
Neil Levine, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Neil Levine, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including nutrition, preventive care and diagnosis and treatment of acute and chronic diseases.

Dustin Lillie, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Dustin Lillie, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Steven Li, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Steven Li, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He has a special interest in medical informatics and enjoys finding ways to leverage technology to achieve goals for optimal health care.

Kurtis Lindeman, MD
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260
Fax: (619) 471-9300

Bio:
Kurtis Lindeman, MD, is a board-certified family medicine doctor and psychiatrist. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
**Primary Care (cont.)**

**Tony Lopez, MD**  
Primary Care Physician  
Professor of Medicine

**Specialties:**  
Primary Care, Internal Medicine

**La Jolla - 8939 Villa La Jolla Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

**Bio:**  
Tony Lopez, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

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**Allison M. Lynch, MD**  
Primary Care Physician

**Specialties:**  
Primary Care, Family Medicine

**Add'l Language:**  
Spanish

**La Jolla - 9333 Genesee Avenue**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

**Bio:**  
Allison Lynch, MD, is a board-certified family physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health.

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**Ottar Viker Lunde, MD**  
Chief, General Internal Medicine Clinical Service  
Primary Care Physician  
Professor of Medicine

**Specialties:**  
Primary Care, Internal Medicine

**Add'l Languages:**  
Norwegian, Spanish

**Hillcrest - 4th & Lewis Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 471-9250

**Bio:**  
Ottar V. Lunde, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Lunde has a special interest in heart failure, sleep medicine and weight loss counseling. He serves as chief of the general internal medicine clinical service for UC San Diego Health.
Primary Care (cont.)

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Subspecialty:
General Pediatrics

Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health’s pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.

Caitlin MacMillen, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine, Osteopathic Medicine

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Caitlin MacMillen, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children, with a special interest in women’s health and integrative medicine. As an osteopath, she has a whole-body approach to medicine and is experienced in osteopathic manipulative treatment, a type of hands-on care that diagnoses and treats illness and injury by moving a person’s muscles and joints to ease pain and increase mobility.

Richard Eric James Madrid, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Eric Madrid, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Nicole Mandich, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Nicole Mandich, MD, is an internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in mental health, weight management and preventative medicine.

Ramona Master, MD
Primary Care Physician for Concierge Medicine Patients

Specialties:
Concierge Medicine, Internal Medicine, Primary Care

Add'l Language: Gujarati

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Ramona Master, MD, is a board-certified internal medicine doctor. Dr. Master treats adults through the concierge medicine program at UC San Diego Health, where she specializes in preventive medicine and chronic disease management. Concierge Medicine is a primary care option that requires an annual fee and offers enhanced services, extended amenities and 24/7 access.

Leslie Martin, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language: Cantonese

La Jolla - 8939 Villa La Jolla Drive
La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Leslie Martin, MD, is a board-certified internal medicine physician who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Janette E. Matthess, MS, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Encinitas - Encinitas Blvd
Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777
Direct Clinic Line - Express Care: (760) 452-7967

Bio:
Janette Matthess, MS, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.
Primary Care (cont.)

Christyanne Maxson, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
La Jolla - 9850 Genesee Avenue
Contact:
Bio:
Christian Maxson, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Robert McDaniel, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Temecula - Single Oak Drive
Contact:
Direct Clinic Line: (951) 252-8650
Bio:
Robert McDaniel, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.

Donna Mayeda, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Carlsbad - 7740 El Camino Real
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Johanna McEwen-Morofski, PA
Physician Assistant
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Vista - W. Vista Way
Contact:
Direct Clinic Line: (760) 631-4000
Bio:
Johanna McEwen-Morofski, PA, is a certified physician assistant providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

**Elizabeth McQuinn, MSN, FNP-C**
Family Nurse Practitioner

**Specialty:**
Primary Care

**La Jolla - 8910 Villa La Jolla**
Encinitas - Encinitas Blvd
Downtown - West F Street
Eastlake Chula Vista - Otay Lakes Rd

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Direct Clinic Line - Downtown: (833) 823-9777
Direct Clinic Line - Encinitas: (760) 452-7987
Direct Clinic Line - Eastlake Chula Vista: (619) 502-7854

**Bio:**
Elizabeth McQuinn, MSN, is a certified family nurse practitioner (FNP-C) who helps provide comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care. She has expertise in emergency medicine.

**Talha Memon, MD**
Primary Care Physician

**Affiliated Provider**

**Specialties:**
Family Medicine, Primary Care

**Add’l Languages:**
Hindi, Urdu

**La Jolla - Ivanhoe Avenue**

**Contact:**
Direct Clinic Line: (951) 225-6802

**Bio:**
Talha Memon, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

**Brenna Memole, AGNP**
Adult-Gerontology Nurse Practitioner

**Affiliated Provider**

**Specialty:**
Primary Care

**Add’l Language:**
Spanish

**La Jolla - Ivanhoe Avenue**

**Contact:**
Direct Clinic Line: (858) 554-1212

**Bio:**
Brenna Memole, AGNP, is a certified adult-gerontology nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

**Sarah Merrill, MD**
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine, Sports Medicine

**Add’l Language:**
Spanish

**La Jolla - 4520 Executive Drive**
Hillcrest - 4th & Lewis Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750
Direct Clinic Line: (858) 657-8200

**Bio:**
Sarah Merrill, MD, is a board-certified family medicine doctor who specializes in sports medicine. In addition to diagnosing and treating injuries associated with athletics, Dr. Merrill provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. She also has a special interest in rehabilitating individuals with yoga injuries, as well as performing ultrasound guided diagnostics and procedures.
Primary Care (cont.)

Marlene Millen, MD
Primary Care Physician
Chief Medical Information Officer, Ambulatory Care
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Marlene Millen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Brandon Miller, DO
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Fallbrook - E. Elder

Contact:
Direct Clinic Line: (760) 728-8344

Bio:
Brandon Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Georgiana Miller, DO
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog

Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Georgiana Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Alison Moore, MD, MPH, FACP
Primary Care Physician
Chief, Division of Geriatrics, Department of Medicine

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Alison Moore, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic diseases and preservation of function. As a geriatrician, Dr. Moore aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.
Primary Care (cont.)

Lucy D. Moore, MD  
Primary Care Physician  
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

Bio:
Lucy D. Moore, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ryan J. Moran, MD, MPH  
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

Bio:
Ryan Moran, MD, MPH, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive and geriatric care. He also diagnoses and treats acute and chronic diseases such as diabetes and heart disease.

Raechel Mora, PA  
Physician Assistant

Affiliated Provider

Specialty:
Primary Care

Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Raechel Mora, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Cassandra Morn, MD  
Primary Care Physician  
Associate Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7750

Bio:
Cassandra Morn, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care (cont.)

Sheldon Morris, MD, MPH
Primary Care Physician
Associate Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Sheldon Morris, MD, MPH, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. He has special training in preventive medicine.

Kevin Nelson, MS, PA-C
Primary Care Provider for Concierge Medicine Patients

Specialties:
Primary Care, Concierge Medicine, Internal Medicine

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Kevin Nelson, MS, is a certified physician assistant (PA-C) who treats adults through the concierge medicine program at UC San Diego Health. Concierge medicine is a primary care option that requires an annual fee and offers enhanced services, extended amenities and 24/7 access.

Brooke Myrberg, PA
Physician Assistant

Affiliated Provider

Specialty:
Primary Care

Hillcrest - 3900 Fifth Avenue
Normal Heights - Adams Ave

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Brooke Myrberg, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Christine Nguyen, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add’l Language:
Vietnamese

Vista - Sycamore Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Khai H. Nguyen, MD, MHS
Primary Care Physician
Clinical Services Chief, Senior Medicine

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Khai Nguyen, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Nguyen aims to keep seniors healthy and high functioning as they transition through the stages of aging. His expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. He also has expertise in end of life care and advance care planning.

Richard (Willie) Novotny, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Richard Novotny, MD, is a board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children and adults. He is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health.

Loren S. Novak, DO
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Loren Novak, DO, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Daniel Christopher Nuñez, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Add'l Language:
Spanish

Temecula - 31720 Temecula Parkway

Contact:
Direct Clinic Line: (951) 225-6838

Bio:
Daniel Nuñez, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Bruce Olmscheid, MD
Affiliated Provider

Specialty:
Primary Care

Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Bruce Olmscheid, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.

Kenneth Ortiz, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Downtown - West C Street
Hillcrest - 3900 Fifth Avenue

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Kenneth Ortiz, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

Chad Osborne, MD
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Chad Osborne, MD, is a board-certified family medicine doctor at La Jolla Family and Sports Medicine. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Andrea Dangerfield Osorio, MS, FNP-BC
Family Nurse Practitioner

Specialty:
Primary Care

La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

Bio:
Andrea Dangerfield Osorio, MS, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people across all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.
Primary Care (cont.)

Richard Parker, DO
Primary Care Physician and Sports Medicine Specialist
Affiliated Provider

Specialties:
Primary Care, Family Medicine, Sports Medicine

College Area - 6699 Alvarado Rd

Contact:

Bio:
Richard Parker, DO, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. He is a member of UC San Diego Health Physician Network.

Sarah Pierce, MSN, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

La Jolla - Ivanhoe Avenue

Contact:

Bio:
Sarah Pierce, MSN, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Bret D. Pickering, MD
Director, Pediatrics and Adolescent Medicine
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialties:
Complex Care Pediatrics, General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.

Michael Pietila, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Michael Pietila, MD, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Katherine Promer, MD
Infectious Disease Specialist

Specialties:
Infectious Diseases, HIV/AIDS, Primary Care

Add'l Language:
Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Katherine Promer, MD, is a board-certified infectious disease physician who provides primary care services, specializing in caring for individuals with HIV. She is a part of UC San Diego Health’s Owen Clinic, one of the nation’s outstanding primary care centers for HIV positive individuals.

Anjoulie Pujji, DO
Primary Care Physician

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 249-2500

Bio:
Anjoulie Pujji DO, is a geriatric medicine doctor. She provides comprehensive and compassionate primary care to older adults with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Spanish, Swahili

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.

Maisara Rahman, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Temecula - 31150 Temecula Parkway

Contact:
Direct Clinic Line: (951) 225-6827

Bio:
Maisara Rahman, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

**Philippa Rai, PA**  
Physician Assistant

Affiliated Provider  

**Specialty:**  
Primary Care

**Location:**  
La Jolla - 9850 Genesee Avenue  
Chula Vista - J Street

**Contact:**  
Direct Clinic Line: (858) 864-9800

**Bio:**  
Philippa Rai, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

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**Jairo Alberto Romero, MD**  
Primary Care Physician  
Professor of Medicine

**Specialties:**  
Primary Care, Senior Medicine  
**Add'l Language:**  
Spanish

**Location:**  
La Jolla - Perlman Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-2500

**Bio:**  
Jairo Alberto Romero, MD, is a board-certified geriatric medicine doctor. He provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

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**Divya K. Reddy, MD**  
Primary Care Physician

**Specialties:**  
Primary Care, Family Medicine  
**Add'l Language:**  
Spanish

**Location:**  
La Jolla - 9333 Genesee Avenue

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

**Bio:**  
Divya K. Reddy, MD, is a board-certified family medicine doctor who cares for patients of all ages. She provides primary care to infants and children and adults and seniors, including preventive care and treatment of acute and chronic diseases. As a family physician with advanced training in obstetrics care, Dr. Reddy can provide prenatal care and deliver babies. She also provides well woman care, including health care maintenance and contraception.

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**Rebecca L Rosen, MD**  
Primary Care Physician

**Specialties:**  
Primary Care, Family Medicine  
**Add'l Languages:**  
French, Italian, Spanish

**Location:**  
La Jolla - 9333 Genesee Avenue

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

**Bio:**  
Rebecca L. Rosen, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care (cont.)

Elizabeth Rosenblum, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Elizabeth Rosenblum, MD, is a board-certified family medicine doctor. She is committed to providing compassionate and comprehensive care to individuals and families. Due to her extensive background in maternal-child health, Dr. Rosenblum focuses primarily on the care of pregnant women and of newborns, children and adolescents. She is also a member of a multidisciplinary team that cares for pregnant women in the Diabetes and Pregnancy Program.

Bernice Ruo, MD, FACP
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Bernice Ruo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has expertise in caring for individuals with chronic conditions such as hypertension, diabetes and heart disease.

Elizabeth Salada, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Elizabeth Salada, MD, MPH, is a board-certified physician providing primary care through her private practice in Poway. She is a member of the UC San Diego Health Physician Network.

Holly Salzman, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Holly Salzman, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care (cont.)

Arthur P. Sanchez, MSN, NP-C  
Family Nurse Practitioner

**Specialty:**  
Primary Care

**Add'l Language:**  
Spanish

La Jolla - 8910 Villa La Jolla  
Downtown - West F Street

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Downtown: (833) 823-9777

**Bio:**  
Arthur Sanchez, MSN, is a certified nurse practitioner (NP-C) who cares provides comprehensive care for people of all ages.

Deepa Sannidhi, MD  
Primary Care Physician

**Specialties:**  
Primary Care, Family Medicine

**Subspecialty:**  
Integrative & Holistic Medicine

**Add'l Language:**  
Telugu

Hillcrest - 4th & Lewis Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 471-9260

**Bio:**  
Deepa Sannidhi, MD, is a board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. Trained in preventive medicine, Dr. Sannidhi provides chronic disease management and also helps people prevent and treat disease through lifestyle and integrative medicine. Her expertise includes women’s health, integrative medicine, and lifestyle medicine, which uses evidence-based therapeutic approaches such as nutrition, exercise, stress management, sleep and other non-drug modalities, to decrease disease risk and illness.

Armelia Sani, MD, FACP  
Primary Care Physician  
Professor of Medicine

**Specialties:**  
Primary Care, Internal Medicine

**Add'l Language:**  
Indonesian

Hillcrest - 4th & Lewis Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 471-9250

**Bio:**  
Armelia Sani, MD, is a board-certified internal medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care (cont.)

Jessica A. Sarder, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care
Add'l Language:
Spanish

Hillcrest - 3900 Fifth Avenue

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Jessica Sarder, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Vanessa P. Scott, MD
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

La Jolla - 8910 Villa La Jolla
Kearny Mesa - Frost Street

Contact:
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Kearny Mesa: (858) 496-4800

Bio:
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.

Samantha Schouweiler, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Normal Heights - Adams Ave

Contact:
Direct Clinic Line: (858) 617-0717

Bio:
Samantha Schouweiler, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Alan Shahtaji, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties: Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

La Jolla - 9333 Genesee Avenue
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 4520 Executive Drive
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health’s Sports Concussion Clinic, which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.

Adam Shults, PA-C
Physician Assistant

Affiliated Provider

Specialty: Primary Care

Hillcrest - 3900 Fifth Avenue
Normal Heights - Adams Ave
Del Mar - El Camino Real

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Adam Shults, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

Daphna Shlomo, MPH, MMS, PA-C
Physician Assistant

Affiliated Provider

Specialty: Primary Care

Add'l Language: Hebrew

Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Daphna Shlomo, MPH, MMS, is a certified physician assistant (PA-C) providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Julie R. Sierra, MD
Primary Care Physician

Specialties: Primary Care, Internal Medicine

Add'l Language: Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Julie Sierra, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Sierra treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women's health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.
Primary Care (cont.)

Pamela A. Wong Simmons, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Pamela Wong Simmons, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Daniel Slater, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine
Subspecialty:
Integrative & Holistic Medicine
Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Daniel Slater, MD, is a board-certified family medicine physician. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. He also offers consultations in integrative medicine through UC San Diego's Center for Integrative Medicine, which focuses on whole-person wellness by addressing physical, lifestyle, psychological, and spiritual needs. Integrative therapies recommended often include, but are not limited to, complementary modalities such as acupuncture, osteopathic manipulation, mindfulness, acupressure, specific movement therapies, and natural supplements.

Amy Sitapati, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Amy M. Sitapati, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Sitapati believes that the best health is achieved through life balance, patient empowerment, a good physician relationship, and integrated care.

Kelli Alicia Smith, PA
Physician Assistant

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Kelli Smith, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Michael A. Smith, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Kelly Snowden, PA
Physician Assistant

Specialty:
Primary Care

La Jolla - Ivanhoe Avenue

Contact:
Direct Clinic Line: (858) 869-0188

Bio:
Kelly Snowden, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Youstina Soliman, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

La Jolla - 933 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Youstina Soliman, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Jesse Sozanski, MD
Primary Care Physician

Subspecialty:
Integrative & Holistic Medicine

La Jolla - 933 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Jesse Sozanski, MD, is a board-certified family medicine physician who has expertise in medical acupuncture and mind-body medicine. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Mary Steinhoff, NP  
Nurse Practitioner  
Affiliated Provider  
Specialty:  
Primary Care  
Fallbrook - E. Elder  
Contact:  
Direct Clinic Line: (760) 728-8344  
Bio:  
Mary Steinhoff Holt, NP, is a certified nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Christine A. Sullivan, FNP  
Family Nurse Practitioner  
Affiliated Provider  
Specialties:  
Primary Care, Family Medicine  
Poway - 15611 Pomerado Rd  
Contact:  
Direct Clinic Line: (858) 312-5492  
Bio:  
Christine Sullivan, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Ryan W. Stewart, MD  
Primary Care Physician  
Specialties:  
Primary Care, Internal Medicine  
Vista - Sycamore Avenue  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 697-3000  
Bio:  
Ryan Stewart, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Joseph Tannous, MD  
Primary Care Physician for Concierge Medicine Patients  
Specialties:  
Primary Care, Concierge Medicine, Internal Medicine  
Add'l Languages:  
Arabic, Spanish  
La Jolla - 8899 University Center Lane  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-5000  
Bio:  
Joseph Tannous, MD, is a board-certified internal medicine physician who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He treats adults through the concierge medicine program at UC San Diego Health. Concierge medicine is a primary care option that requires an annual fee and offers enhanced services, extended amenities and 24/7 access.
Primary Care (cont.)

Kenneth S. Taylor, MD
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine
Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Kenneth S. Taylor, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing athletic injuries. Dr. Taylor has a particular interest in using musculoskeletal ultrasound to perform diagnostic and therapeutic treatments. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Janine Thorson, MSN, FNP-C
Family Nurse Practitioner
Affiliated Provider

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Janine Thorson, MSN, is a certified family nurse practitioner (FNP-C) providing primary care at Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Christine Thorne, MD, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Christine Thorne, MD, provides primary care for adults and families, including preventive care and diagnosis and treatment of acute and chronic diseases.

Kanani E. Titchen, MD, FAAP
Adolescent Medicine Physician/Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
Adolescent Medicine

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Kanani Titchen, MD, is an adolescent medicine physician and board-certified pediatrician who provides primary care for young people ages 10 to 26, while specializing in the unique physical, social and emotional conditions of their life stages. Dr. Titchen has expertise in trauma-sensitive adolescent reproductive and sexual health (including long-acting reversible contraception, problems with menstruation, and sexual assault/abuse and sex trafficking); health care for lesbian, gay, bisexual and transgender youth; and the use of pre-exposure prophylaxis (PrEP) medication in preventing HIV infection.
Primary Care (cont.)

Rebekah Tolopilo, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Menifee - Haun Road
Contact:
Direct Clinic Line: (951) 723-3800
Bio:
Rebekah Tolopilo, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Amy Trewella, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line: (858) 312-5492
Bio:
Amy Trewella, MD, is a board-certified physician providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Rhodaline Tootell, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
La Jolla - 9850 Genesee Avenue
Contact:
Direct Clinic Line: (858) 864-9800
Bio:
Rhodaline Tootell, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
La Jolla - 4373 La Jolla Village Drive
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Michelle Uttaburanont, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Temecula - 31150 Temecula Parkway

Contact:
Direct Clinic Line: (951) 225-6827

Bio:
Michelle Uttaburanont, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Anna Van Niekerk, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Languages:
Afrikaans, Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anna Van Niekerk, DO, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adults, and seniors. She provides preventative care, as well as the diagnosis and treatment of acute and chronic conditions. Dr. Van Niekerk also sees patients for dermatological concerns and women's health.

Katherine Uvelli, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 452-7965

Bio:
Katherine Uvelli, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic diseases.

Jeanine Wagner, MSN, NP-C
Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Jeanine Wagner, MSN, is a certified nurse practitioner (NP-C) providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Rome Charles Walter, DO
Primary Care Physician
Affiliated Provider

Specialties:
- Primary Care, Family Medicine

Hemet - W. Stetson Avenue

Contact:
- Direct Clinic Line:: (951) 225-6802

Bio:
Rome Walter, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Helen C. Wang, MD
Pediatrician

Specialties:
- Pediatrics, Primary Care

Subspecialty:
- General Pediatrics

Add'l Language:
- Mandarin

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
- Direct Clinic Line - Kearny Mesa:: (858) 496-4800
- Direct Clinic Line - La Jolla:: (858) 203-4962

Bio:
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
- Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line:: (619) 471-9250
- Direct Clinic Line:: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Mary Wang, MD
Primary Care Physician
Associate Professor of Family Medicine and Public Health

Specialties:
- Primary Care, Family Medicine

Add'l Languages:
- Korean, Mandarin

La Jolla - 9333 Genesee Avenue

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line:: (858) 657-8600

Bio:
Mary Wang, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care (cont.)

Regina M. Wang, MD
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
American Sign Language (ASL), Mandarin, Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Regina M. Wang, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Lisa Wastila, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
German

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lisa Wastila, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Sainab Warsame, MSN, NP
Nurse Practitioner

Specialty:
Primary Care

Eastlake Chula Vista - Otay Lakes Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care: (619) 502-7854

Bio:
Sainab Warsame, MSN, is a nurse practitioner who helps provide comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care. She has expertise in emergency medicine.

Cortney Wilcox, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Hillcrest - 3900 Fifth Avenue

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Courtney Wilcox, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Lesley D. Wilkinson, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 657-8600

Bio:
Lesley D. Wilkinson, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Melissa A. Wong, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 249-5400

Bio:
Melissa Wong, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in women's health and preventative medicine.

Jennifer J. Wu, MD,
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (619) 471-9260

Bio:
Jennifer J. Wu, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages and in all stages of their life, including preventive care, women's healthcare, pediatric care, and treatment of acute and chronic diseases. She treats the whole family and develops long-term relationships with her patients. She also provides prenatal care for women, delivers babies, and cares for new families postpartum.

Yulia Yartseva, MSN, APRN, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Additional Language:
Russian

Clairemont - Moraga Avenue

Contact:
Direct Clinic Line:: (858) 799-0855

Bio:
Yuliya Yartseva, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Lindsey Yourman, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Lindsey Yourman, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides person-centered primary care focused on maintaining independence and quality of life.

Pearl Yu, MD, Pharm D
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Languages:
Cantonese, Mandarin

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Pearl Yu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
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