UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

**Patient Access**

**Request an Appointment**
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

**Referring Physician Access**

**Transfer a Patient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

**Consultations**
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

**Refer Your Patient**
Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
Locations

La Jolla
4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Hillcrest
4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Encinitas
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

Vista
910 Sycamore Avenue
Vista, CA 92081

Scripps Ranch
9909 Mira Mesa Blvd.
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Rady Children’s Hospital-San Diego
3020 Children’s Way
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway
Temecula, CA 92592

Sorrento Valley
4910 Directors Place
San Diego, CA 92121
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Nephrology (Kidney)

Nephrology is the specialty of medicine and pediatrics focusing on the study of kidney function, and the treatment of kidney problems. Learn more about nephrology (kidney) at UC San Diego Health System.

Joachim H. Ix, MD
Chief, Division of Nephrology-Hypertension
Professor of Medicine

Specialty:
Nephrology (Kidney)
Add'l Language:
German

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Joachim Ix, MD, is a board-certified nephrologist who cares for patients with kidney disease, including end-stage renal disease and acute renal failure as a result of underlying conditions such as diabetes, hypertension, lupus, sepsis and glomerulonephritis. He is chief of the Division of Nephrology-Hypertension.

Bethany E. Karl, DO
Nephrologist
Assistant Professor of Medicine

Specialties:
Hospital Medicine, Nephrology (Kidney)

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Bethany E. Karl, DO, is board-certified nephrologist. She is an assistant professor in Department of Medicine and works in the Divisions of Nephrology as well as Hospital Medicine at UC San Diego School of Medicine.

Noureddin Nourbakhsh, DO
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)
Add'l Language:
Spanish

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Noureddin Nourbakhsh, DO, is a board-certified nephrologist with a special interest in caring for pediatric patients with a range of kidney conditions, including chronic kidney disease, hypertension, renal transplant, genetic renal disorders, glomerulonephritis, and renal cystic disease. He helps lead a clinic twice a month that coordinates the transition of pediatric patients to adult nephrology care as they come of age.
Robert W. Steiner, MD
Co-Director of Transplant Nephrology
Medical Director, Kidney & Pancreas Transplantation
Professor of Medicine

Specialties:
Nephrology (Kidney), Transplantation
Subspecialty:
Kidney Transplantation

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-7729
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
In the years I have taught and practiced at UC San Diego (and for a time in the community), I have seen countless improvements in the care of kidney patients. Our understanding of kidney diseases and dialysis management has never been better. At the same time, our ability to prevent kidney transplant failure has markedly improved. We now better understand the risks of living kidney donation. Working with the transplant team at UCSD, and with others across the country, has helped us to successfully address these issues.

Michael G. Ziegler, MD
Director, Hypertension Clinic; Program Director, UCSD General Clinical Research Center
Professor

Specialty:
Nephrology (Kidney)

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6303

Bio:
"I carry out research on disorders of blood pressure control. My current studies include studies on the causes of hypertension including genetics, sleep apnea and stress. I also study the causes of postural hypotension including space flight, bed rest and autonomic insufficiency."
Nephrology (Kidney) - Apheresis

**Robyn Cunard, MD**
Nephrologist  
Assistant Professor of Medicine

**Specialty:**  
Nephrology (Kidney)

**Subspecialties:**  
Apheresis, Chronic Kidney Disease

**Hillcrest - Medical Offices South**  
Jacobs Medical Center  
La Jolla - Perlman Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273

**Bio:**  
Robyn Cunard, MD is a board-certified nephrologist, with a special interest in glomerular diseases. She specializes in general nephrology and hypertension care, hemodialysis and apheresis.

**Amber Paratore Sanchez, MD**
Nephrologist  
Associate Professor of Medicine

**Specialty:**  
Nephrology (Kidney)

**Subspecialties:**  
Apheresis, Chronic Kidney Disease, Dialysis

**La Jolla - Koman Family Outpatient Pavilion**  
Jacobs Medical Center  
La Jolla - Perlman Medical Offices  
Hillcrest - Medical Offices South

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6397  
Direct Clinic Line - Koman Family Outpatient Pavilion: (858) 249-3030

**Bio:**  
Amber Sanchez, MD, is a board-certified nephrologist and medical director of the therapeutic apheresis program at UC San Diego Health.

**Scott Mullaney, MD**
Nephrologist  
Professor of Medicine

**Specialty:**  
Nephrology (Kidney)

**Subspecialties:**  
Chronic Kidney Disease, Dialysis, Apheresis

**Jacobs Medical Center**  
Hillcrest - UC San Diego Medical Center  
Hillcrest - Medical Offices South

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6248  
Direct Clinic Line: (619) 543-6397

**Bio:**  
Scott Mullaney, MD, is a board-certified nephrologist who cares for patients with acute kidney injury, chronic kidney disease and end-stage renal disease with a particular interest in peritoneal dialysis. He is the clinical service chief for the Nephrology Division at UC San Diego Health.
Nephrology (Kidney) - Apheresis (cont.)

Natalie Sweiss, MD, FASN
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Critical Care Nephrology, Apheresis

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center
Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Natalie Sweiss, MD, is a board-certified nephrologist who cares for patients with kidney disease including chronic kidney disease, end-stage kidney disease and acute kidney injury. She provides apheresis and hemodialysis treatments to chronic and acute patients.

Danuta Trzebinska, MD
Nephrologist
Associate Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis, Apheresis

Add'l Language:
Polish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

Bio:
Danuta Trzebinska, MD, is a board-certified nephrologist with a special interest in chronic kidney disease. She is medical director of the Chronic Kidney Disease Program at UC San Diego Health.

Scott Culver Thomson, MD
Staff Physician
Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialty:
Apheresis

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Thomson is the Chief of Nephrology at VASDHS and is responsible for the nephrology service at UC San Diego Thornton Pavilion for 5 to 6 months out of the year.
Nephrology (Kidney) - Apheresis (cont.)

David Malcom Ward, MD, FRCP
Nephrologist
Professor of Clinical Medicine, Emeritus

Specialties:
Nephrology (Kidney), Transplantation

Subspecialties:
Kidney Transplantation, Apheresis

La Jolla - 4510 Executive Drive
La Jolla - Koman Family Outpatient Pavilion
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397
Direct Clinic Line - Executive Dr.: (858) 657-7729
Direct Clinic Line - Koman Family Outpatient Pavilion: (858) 249-3030

Bio:
David Malcom Ward, MD, is a nephrologist who specializes in apheresis, a medical procedure that involves passing a person's blood through a device that separates out a component of the blood from its other parts and returns the remainder of the blood into circulation.
Nephrology (Kidney) - Chronic Kidney Disease

Joseph A. Abdelmalek, MD
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

**Bio:**
Joseph Abdelmalek, MD, is a board-certified nephrologist who cares for patients with acute kidney injury, chronic kidney disease and end-stage renal disease. He also has expertise in treating electrolyte disorders.

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Dinna N. Cruz, MD, MPH
Nephrologist
Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Critical Care Nephrology, Chronic Kidney Disease

**Add'l Languages:**
Italian, Tagalog

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

**Bio:**
Dinna Cruz, MD, MPH, is a board-certified nephrologist. Her expertise is treating patients with both acute and chronic kidney diseases caused by all types of underlying conditions, including hypertension, diabetes, polycystic kidney disease, glomerulonephritis, lupus, and sepsis. She specializes in treating people with acute kidney injury (also known as "kidney attack") and cardiorenal syndrome (individuals affected by both heart and kidney disease).
Nephrology (Kidney) - Chronic Kidney Disease (cont.)

Robyn Cunard, MD
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Apheresis, Chronic Kidney Disease

**Hillcrest - Medical Offices South**
Jacobs Medical Center
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
Robyn Cunard, MD is a board-certified nephrologist, with a special interest in glomerular diseases. She specializes in general nephrology and hypertension care, hemodialysis and apheresis.

Pranav Garimella, MBBS, MPH, FASN
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialty:**
Chronic Kidney Disease

**Add'l Languages:**
Hindi, Tamil, Telugu, Urdu

**La Jolla - Perlman Medical Offices**
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

**Bio:**
Pranav Garimella, MBBS, MPH, is a board-certified nephrologist who provides care for a wide range of kidney diseases, including chronic kidney disease, glomerulonephritis, hypertension, and acute kidney injury. He has a special interest in polycystic kidney disease, kidney stones, and metabolic bone disease.

Cynthia Miracle, MD
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis

**Jacobs Medical Center**
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
Cynthia M. Miracle, MD, is a board-certified nephrologist who cares for chronic hemodialysis and renal transplant patients. She also provides nephrology consultation for patients who are hospitalized.

Scott Mullaney, MD
Nephrologist
Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis, Apheresis

**Jacobs Medical Center**
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

**Bio:**
Scott Mullaney, MD, is a board-certified nephrologist who cares for patients with acute kidney injury, chronic kidney disease and end-stage renal disease with a particular interest in peritoneal dialysis. He is the clinical service chief for the Nephrology Division at UC San Diego Health.
Amber Paratore Sanchez, MD
Nephrologist
Associate Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Apheresis, Chronic Kidney Disease, Dialysis

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397
Direct Clinic Line - Koman Family Outpatient Pavilion: (858) 249-3030

Bio:
Amber Sanchez, MD, is a board-certified nephrologist and medical director of the therapeutic apheresis program at UC San Diego Health.

Natalie Sweiss, MD, FASN
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Critical Care Nephrology, Apheresis

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center
Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Natalie Sweiss, MD, is a board-certified nephrologist who cares for patients with kidney disease including chronic kidney disease, end-stage kidney disease and acute kidney injury. She provides apheresis and hemodialysis treatments to chronic and acute patients.
Nephrology (Kidney) - Chronic Kidney Disease (cont.)

Danuta Trzebinska, MD
Nephrologist
Associate Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis, Apheresis

**Add'l Language:**
Polish

**Jacobs Medical Center**
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

**Bio:**
Danuta Trzebinska, MD, is a board-certified nephrologist with a special interest in chronic kidney disease. She is medical director of the Chronic Kidney Disease Program at UC San Diego Health.
Nephrology (Kidney) - Critical Care Nephrology

Joseph A. Abdelmalek, MD
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Joseph Abdelmalek, MD, is a board-certified nephrologist who cares for patients with acute kidney injury, chronic kidney disease and end-stage renal disease. He also has expertise in treating electrolyte disorders.

Dinna N. Cruz, MD, MPH
Nephrologist
Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Critical Care Nephrology, Chronic Kidney Disease

Addl Languages:
Italian, Tagalog

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Dinna Cruz, MD, MPH, is a board-certified nephrologist. Her expertise is treating patients with both acute and chronic kidney diseases caused by all types of underlying conditions, including hypertension, diabetes, polycystic kidney disease, glomerulonephritis, lupus, and sepsis. She specializes in treating people with acute kidney injury (also known as "kidney attack") and cardiorenal syndrome (individuals affected by both heart and kidney disease).
Nephrology (Kidney) - Critical Care Nephrology (cont.)

Natalie Sweiss, MD, FASN
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Critical Care Nephrology, Apheresis

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center
Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Natalie Sweiss, MD, is a board-certified nephrologist who cares for patients with kidney disease including chronic kidney disease, end-stage kidney disease and acute kidney injury. She provides apheresis and hemodialysis treatments to chronic and acute patients.
Nephrology (Kidney) - Dialysis

Cynthia Miracle, MD
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis

**Jacobs Medical Center**
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
Cynthia M. Miracle, MD, is a board-certified nephrologist who cares for chronic hemodialysis and renal transplant patients. She also provides nephrology consultation for patients who are hospitalized.

Scott Mullaney, MD
Nephrologist
Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis, Apheresis

**Jacobs Medical Center**
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

**Bio:**
Scott Mullaney, MD, is a board-certified nephrologist who cares for patients with acute kidney injury, chronic kidney disease and end-stage renal disease with a particular interest in peritoneal dialysis. He is the clinical service chief for the Nephrology Division at UC San Diego Health.

Robert Parmer, MD
Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialty:**
Dialysis

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
Dr. Parmer is Professor of Medicine in the Division of Nephrology/Hypertension at the University of California, San Diego, and VA San Diego Healthcare System. Dr. Parmer’s nephrology practice includes: diagnosis and management of essential and secondary forms of hypertension, acute and chronic kidney disease, diabetic nephropathy, hemodialysis, general and ICU nephrology.

Amber Paratore Sanchez, MD
Nephrologist
Associate Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Apheresis, Chronic Kidney Disease, Dialysis

**La Jolla - Koman Family Outpatient Pavilion**
Jacobs Medical Center
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397
Direct Clinic Line - Koman Family Outpatient Pavilion: (858) 249-3030

**Bio:**
Amber Sanchez, MD, is a board-certified nephrologist and medical director of the therapeutic apheresis program at UC San Diego Health.
Nephrology (Kidney) - Dialysis (cont.)

Mita M. Shah, MD  
Nephrologist  
Associate Professor of Medicine

Specialties:  
Nephrology (Kidney), Transplantation  
Subspecialties:  
Pancreas Transplantation, Dialysis, Kidney Transplantation

La Jolla - 4510 Executive Drive  
Hillcrest - Medical Offices South

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Executive Dr.: (858) 657-7729  
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:  
Mita Shah, MD, is a board-certified nephrologist who specializes in the care and management of kidney transplant patients with a special interest in the management of immunosuppression to improve long-term graft survival.

Danuta Trzebinska, MD  
Nephrologist  
Associate Professor of Medicine

Specialty:  
Nephrology (Kidney)  
Subspecialties:  
Chronic Kidney Disease, Dialysis, Apheresis  
Add'l Language:  
Polish

Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
Hillcrest - Medical Offices South

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6248  
Direct Clinic Line: (619) 543-6397

Bio:  
Danuta Trzebinska, MD, is a board-certified nephrologist with a special interest in chronic kidney disease. She is medical director of the Chronic Kidney Disease Program at UC San Diego Health.
Adnan Khan, MBBS, FASN, FNKF
Nephrologist

**Specialties:**
Nephrology (Kidney), Transplantation

**Subspecialties:**
Kidney Transplantation, Transplant Nephrology, Pancreas Transplantation

**Add'l Languages:**
Hindi, Urdu

**La Jolla - 4510 Executive Drive**
**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-7729
Direct Clinic Line - Hillcrest: (619) 543-6248

**Bio:**
Adnan Khan, MBBS, is a board-certified nephrologist who specializes in all aspects of kidney and pancreas transplantation. He also has expertise in treating patients with complex cases of hypertension.
Palliative Care

Gary Buckholz, MD, FAAHPM
Associate Clinical Professor

Specialty:
Palliative Care

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7079

Bio:
Dr. Buckholz specializes in palliative care, which uses a team approach. The goal of palliative care is to prevent and relieve suffering and to support the best possible quality of life for patients and their families, regardless of the stage of disease or the need for other therapies. As such, it can be delivered concurrently with life-prolonging care or as the main focus of care.

Kyle P. Edmonds, MD, FAAHPM
Palliative Medicine Physician
Assistant Professor of Medicine

Specialty:
Palliative Care

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7079

Bio:
Kyle P. Edmonds, MD, is a board-certified palliative care specialist. Palliative medicine focuses on improving the quality of life for people with serious illness and their families. It can help provide relief from symptoms, pain, and emotional stress. As part of the Doris A. Howell Palliative Care service, Dr. Edmonds consults with patients who have been admitted to UC San Diego Health's hospitals in La Jolla and Hillcrest.

Jeremy Hirst, MD
Psychiatrist
Associate Director, Patient and Family Support Services,
Moores Cancer Center

Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.

William Mitchell, MD
Medical Oncologist
Assistant Professor of Medicine

Specialties:
Cancer, Palliative Care
Subspecialty:
Lung Cancer

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

Bio:
William Mitchell, MD, is a board-certified medical oncologist. He cares for patients with all kinds of thoracic cancer, including lung cancer, mesothelioma and thymomas.
Palliative Care (cont.)

Kira A Skavinski, DO
Palliative Care Specialist
Assistant Professor of Medicine

**Specialty:**
Palliative Care

**Moores Cancer Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7079

**Bio:**
Kira Skavinski, DO, is a board-certified palliative care physician who helps relieve suffering in people with life-limiting and chronic illnesses. She provides pain and symptom management, and aims to optimize quality of life for her patients and their families while addressing their medical, psychological, social, and spiritual needs. Dr. Skavinski also assists patients and their families with discussions regarding advance care planning and goals.

Maria Tiamson-Kassab, MD

**Specialties:**
Psychiatry, Palliative Care, Cancer

**Subspeciality:**
Psychosocial Oncology

**Add'l Language:**
Tagalog

**Moores Cancer Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

**Bio:**
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center’s Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.

Kathryn (Kadee) Winters, MD
Palliative Care Specialist
Assistant Professor of Medicine

**Specialty:**
Palliative Care

**Jacobs Medical Center**

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7079

**Bio:**
Kathryn (Kadee) Winters, MD, is a palliative care physician who provides supportive care for people with cancer or other life-threatening diseases. Palliative medicine focuses on improving the quality of life for people with serious illness and their families. It can help provide relief from symptoms, pain and emotional stress.

Heidi Yeung, MD
Palliative Care Specialist
Associate Professor of Medicine

**Specialty:**
Palliative Care

**Add'l Languages:**
French, Mandarin

**Jacobs Medical Center**

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7079

**Bio:**
Heidi Yeung, MD, is a board-certified hospice and palliative care specialist who manages pain and other symptoms related to disease or its treatment. She works with a multidisciplinary team to help individualize care for patients and their families.
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