UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

Physician Access Services

**Refer a Patient or Request Consultation**
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

8450 and 8452 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center
Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92037

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care
(Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
# Table of Contents

Nephrology (Kidney)

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Nephrology (Kidney) - Dialysis

Tomasz Beben, MD  
Nephrologist  
Assistant Professor of Medicine

Specialties:  
Nephrology (Kidney), Transplantation  
Subspecialties:  
Chronic Kidney Disease, Kidney Transplantation, Dialysis, Transplant Nephrology  
Add'l Language:  
Polish

Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
La Jolla - 4510 Executive Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Executive Dr.: (858) 657-7729

Bio:  
Thomaz Beben, MD, is a board-certified nephrologist who specializes in chronic kidney disease. He sees patients on dialysis with end-stage renal disease, as well as pre- and post-kidney transplant patients. Dr. Beben also has expertise treating people with hypertensive nephrosclerosis and various electrolyte abnormalities.

Alexander Bullen, MD  
Nephrologist  
Assistant Professor of Medicine

Specialty:  
Nephrology (Kidney)  
Subspecialties:  
Chronic Kidney Disease, Dialysis, Critical Care Nephrology  
Add'l Language:  
Spanish

Hillcrest - UC San Diego Medical Center  
Jacobs Medical Center

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6248

Bio:  
Alexander Bullen, MD, is a board-certified nephrologist who treats people with acute kidney injury, chronic kidney disease and end-stage kidney disease.

Charles Ginsberg, MD  
Nephrologist  
Assistant Professor of Medicine

Specialty:  
Nephrology (Kidney)  
Subspecialties:  
Chronic Kidney Disease, Dialysis  
La Jolla - Perlman Medical Offices  
Hillcrest - Medical Offices South

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6248

Bio:  
Charles Ginsberg, MD, is a board-certified nephrologist who specializes in the management of hypertension, chronic kidney disease, acute kidney injury and electrolyte disturbances.
Nephrology (Kidney) - Dialysis (cont.)

**Joachim H. Ix, MD**
Chief, Division of Nephrology-Hypertension  
Professor of Medicine

**Specialty:**  
Nephrology (Kidney)

**Subspecialties:**  
Chronic Kidney Disease, Dialysis, Apheresis

**Add'l Language:**  
German

**Jacobs Medical Center**  
Hillcrest - UC San Diego Medical Center  
Hillcrest - Medical Offices South

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6397

**Bio:**  
Joachim Ix, MD, is a board-certified nephrologist who cares for patients with kidney disease, including end-stage renal disease and acute renal failure as a result of underlying conditions such as diabetes, hypertension, lupus, sepsis and glomerulonephritis. He is chief of the Division of Nephrology-Hypertension.

**Etienne Macedo, MD, PhD, FASN**
Nephrologist  
Assistant Professor of Medicine

**Specialty:**  
Nephrology (Kidney)

**Subspecialty:**  
Dialysis

**Add'l Language:**  
Brazilian Portuguese

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6248

**Bio:**  
Etienne Macedo, MD, PhD, is a nephrologist who diagnoses and treats patients with kidney disease, including renal failure, kidney stones and high blood pressure.

**Cynthia Miracle, MD**
Nephrologist  
Assistant Professor of Medicine

**Specialty:**  
Nephrology (Kidney)

**Subspecialties:**  
Chronic Kidney Disease, Dialysis

**Jacobs Medical Center**  
Hillcrest - UC San Diego Medical Center  
Hillcrest - Medical Offices South

**Contact:**  
New Patient Registration: (800) 926-8273

**Bio:**  
Cynthia M. Miracle, MD, is a board-certified nephrologist who cares for chronic hemodialysis and renal transplant patients. She also provides nephrology consultation for patients who are hospitalized.
Scott Mullaney, MD
Nephrologist
Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis, Apheresis

**Jacobs Medical Center**
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

**Bio:**
Scott Mullaney, MD, is a board-certified nephrologist who cares for patients with acute kidney injury, chronic kidney disease and end-stage renal disease with a particular interest in peritoneal dialysis. He is the clinical service chief for the Nephrology Division at UC San Diego Health.

Robert Parmer, MD
Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialty:**
Dialysis

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

**Bio:**
Dr. Parmer is Professor of Medicine in the Division of Nephrology/Hypertension at the University of California, San Diego, and VA San Diego Healthcare System. Dr. Parmer’s nephrology practice includes: diagnosis and management of essential and secondary forms of hypertension, acute and chronic kidney disease, diabetic nephropathy, hemodialysis, general and ICU nephrology.

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

**Specialties:**
Nephrology (Kidney), Palliative Care

**Subspecialties:**
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

**Jacobs Medical Center**
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

**Bio:**
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Amber Paratore Sanchez, MD
Nephrologist
Associate Professor of Medicine
Specialty:
Nephrology (Kidney)
Subspecialties:
Apheresis, Chronic Kidney Disease, Dialysis
La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397
Direct Clinic Line - Koman Family Outpatient Pavilion: (858) 249-3030
Bio:
Amber Sanchez, MD, is a board-certified nephrologist and medical director of the therapeutic apheresis program at UC San Diego Health.

Mita M. Shah, MD
Nephrologist
Associate Professor of Medicine
Specialties:
Nephrology (Kidney), Transplantation
Subspecialties:
Pancreas Transplantation, Dialysis, Apheresis, Kidney Transplantation
La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices South
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-7729
Direct Clinic Line - Hillcrest: (619) 543-6248
Bio:
Mita Shah, MD, is a board-certified nephrologist who specializes in the care and management of kidney transplant patients with a special interest in the management of immunosuppression to improve long-term graft survival.

Danuta Trzebinska, MD
Nephrologist
Associate Professor of Medicine
Specialty:
Nephrology (Kidney)
Subspecialties:
Chronic Kidney Disease, Dialysis, Apheresis
Add'l Language:
Polish
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397
Bio:
Danuta Trzebinska, MD, is a board-certified nephrologist with a special interest in chronic kidney disease. She is medical director of the Chronic Kidney Disease Program at UC San Diego Health.
Nephrology (Kidney) - Dialysis (cont.)

Tyler Woodell, MD
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

**Bio:**
Tyler Woodell, MD, is a board-certified nephrologist who treats people with kidney disease, ranging from acute kidney injury to chronic kidney disease and end-stage kidney disease. He has a special interest in treating patients with glomerular disease, which includes conditions such as lupus nephritis, IgA nephropathy and various causes of nephrotic syndrome. He also treats patients with hypertension, electrolyte and acid-base disorders.
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