UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92037

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92039

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
# Table of Contents

**Nephrology (Kidney)**

- Apheresis .......................................................... 2.
- Chronic Kidney Disease ........................................ 6.
- Critical Care Nephrology ..................................... 12.
- Dialysis ............................................................. 14.
- Transplant Nephrology ....................................... 19.
- Index .................................................................. 20.
Nephrology (Kidney)

Nephrology is the specialty of medicine and pediatrics focusing on the study of kidney function, and the treatment of kidney problems. Learn more about nephrology (kidney) at UC San Diego Health System.

Bethany E. Karl, DO
Nephrologist
Assistant Professor of Medicine

Specialties:
Hospital Medicine, Nephrology (Kidney)

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Bethany E. Karl, DO, is board-certified nephrologist. She is an assistant professor in Department of Medicine and works in the Divisions of Nephrology as well as Hospital Medicine at UC San Diego School of Medicine.

Noureddin Nourbakhsh, DO
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Add'l Language:
Spanish

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Noureddin Nourbakhsh, DO, is a board-certified nephrologist with a special interest in caring for pediatric patients with a range of kidney conditions, including chronic kidney disease, hypertension, renal transplant, genetic renal disorders, glomerulonephritis, and renal cystic disease. He helps lead a clinic twice a month that coordinates the transition of pediatric patients to adult nephrology care as they come of age.

Michael G. Ziegler, MD
Director, Hypertension Clinic; Program Director, UCSD General Clinical Research Center
Professor

Specialty:
Nephrology (Kidney)

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6303

Bio:
"I carry out research on disorders of blood pressure control. My current studies include studies on the causes of hypertension including genetics, sleep apnea and stress. I also study the causes of postural hypotension including space flight, bed rest and autonomic insufficiency."

https://health.ucsd.edu
Nephrology (Kidney) - Apheresis

Robyn Cunard, MD
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Apheresis, Chronic Kidney Disease

Hillcrest - Medical Offices South
Jacobs Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Robyn Cunard, MD is a board-certified nephrologist, with a special interest in glomerular diseases. She specializes in general nephrology and hypertension care, hemodialysis and apheresis.

Joachim H. Ix, MD
Chief, Division of Nephrology-Hypertension
Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis, Apheresis

Add'l Language:
German

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Joachim Ix, MD, is a board-certified nephrologist who cares for patients with kidney disease, including end-stage renal disease and acute renal failure as a result of underlying conditions such as diabetes, hypertension, lupus, sepsis and glomerulonephritis. He is chief of the Division of Nephrology-Hypertension.
Nephrology (Kidney) - Apheresis (cont.)

Scott Mullaney, MD
Nephrologist
Professor of Medicine

Specialty: Nephrology (Kidney)
Subspecialties: Chronic Kidney Disease, Dialysis, Apheresis

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

Bio:
Scott Mullaney, MD, is a board-certified nephrologist who cares for patients with acute kidney injury, chronic kidney disease and end-stage renal disease with a particular interest in peritoneal dialysis. He is the clinical service chief for the Nephrology Division at UC San Diego Health.

Amber Paratore Sanchez, MD
Nephrologist
Associate Professor of Medicine

Specialty: Nephrology (Kidney)
Subspecialties: Apheresis, Chronic Kidney Disease, Dialysis

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397
Direct Clinic Line - Koman Family Outpatient Pavilion: (858) 249-3030

Bio:
Amber Sanchez, MD, is a board-certified nephrologist and medical director of the therapeutic apheresis program at UC San Diego Health.

Mita M. Shah, MD
Nephrologist
Associate Professor of Medicine

Specialties: Nephrology (Kidney), Transplantation
Subspecialties: Pancreas Transplantation, Dialysis, Apheresis, Kidney Transplantation

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-7729
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Mita Shah, MD, is a board-certified nephrologist who specializes in the care and management of kidney transplant patients with a special interest in the management of immunosuppression to improve long-term graft survival.
Nephrology (Kidney) - Apheresis (cont.)

Robert W. Steiner, MD
Co-Director of Transplant Nephrology
Medical Director, Kidney & Pancreas Transplantation
Professor of Medicine

Specialties:
Nephrology (Kidney), Transplantation
Subspecialties:
Apheresis, Kidney Transplantation

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-7729
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
In the years I have taught and practiced at UC San Diego (and for a time in the community), I have seen countless improvements in the care of kidney patients. Our understanding of kidney diseases and dialysis management has never been better. At the same time, our ability to prevent kidney transplant failure has markedly improved. We now better understand the risks of living kidney donation. Working with the transplant team at UCSD, and with others across the country, has helped us to successfully address these issues.

Natalie Sweiss, MD, FASN
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)
Subspecialties:
Chronic Kidney Disease, Critical Care Nephrology, Apheresis

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center
Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Natalie Sweiss, MD, is a board-certified nephrologist who cares for patients with kidney disease including chronic kidney disease, end-stage kidney disease and acute kidney injury. She provides apheresis and hemodialysis treatments to chronic and acute patients.

Scott Culver Thomson, MD
Staff Physician
Professor of Medicine

Specialty:
Nephrology (Kidney)
Subspecialty:
Apheresis

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Dr. Thomson is the Chief of Nephrology at VASDHS and is responsible for the nephrology service at UC San Diego Thornton Pavilion for 5 to 6 months out of the year.
Nephrology (Kidney) - Apheresis (cont.)

**Danuta Trzebinska, MD**
Nephrologist
Associate Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis, Apheresis

**Add'l Language:**
Polish

**Jacobs Medical Center**
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

**Bio:**
Danuta Trzebinska, MD, is a board-certified nephrologist with a special interest in chronic kidney disease. She is medical director of the Chronic Kidney Disease Program at UC San Diego Health.

**David Malcom Ward, MD, FRCP**
Nephrologist
Professor of Clinical Medicine, Emeritus

**Specialties:**
Nephrology (Kidney), Transplantation

**Subspecialties:**
Kidney Transplantation, Apheresis

**La Jolla - 4510 Executive Drive**
La Jolla - Koman Family Outpatient Pavilion
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397
Direct Clinic Line - Executive Dr.: (858) 657-7729
Direct Clinic Line - Koman Family Outpatient Pavilion: (858) 249-3030

**Bio:**
David Malcom Ward, MD, is a nephrologist who specializes in apheresis, a medical procedure that involves passing a person's blood through a device that separates out a component of the blood from its other parts and returns the remainder of the blood into circulation.
Nephrology (Kidney) - Chronic Kidney Disease

**Joseph A. Abdelmalek, MD**  
Nephrologist  
Assistant Professor of Medicine

**Specialty:**  
Nephrology (Kidney)

**Subspecialties:**  
Chronic Kidney Disease, Critical Care Nephrology

**Hillcrest - UC San Diego Medical Center**  
**Jacobs Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6397

**Bio:**  
Joseph Abdelmalek, MD, is a board-certified nephrologist who cares for patients with acute kidney injury, chronic kidney disease and end-stage renal disease. He also has expertise in treating electrolyte disorders.

**Tomasz Beben, MD**  
Nephrologist  
Assistant Professor of Medicine

**Specialties:**  
Nephrology (Kidney), Transplantation

**Subspecialties:**  
Chronic Kidney Disease, Kidney Transplantation, Dialysis, Transplant Nephrology

**Add'l Language:**  
Polish

**Jacobs Medical Center**  
**Hillcrest - UC San Diego Medical Center**  
**La Jolla - 4510 Executive Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Executive Dr.: (858) 657-7729

**Bio:**  
Thomasz Beben, MD, is a board-certified nephrologist who specializes in chronic kidney disease. He sees patients on dialysis with end-stage renal disease, as well as pre- and post-kidney transplant patients. Dr. Beben also has expertise treating people with hypertensive nephrosclerosis and various electrolyte abnormalities.
Nephrology (Kidney) - Chronic Kidney Disease (cont.)

Alexander Bullen, MD
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Alexander Bullen, MD, is a board-certified nephrologist who treats people with acute kidney injury, chronic kidney disease and end-stage kidney disease.

Dinna N. Cruz, MD, MPH
Nephrologist
Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Critical Care Nephrology, Chronic Kidney Disease

Add'l Languages:
Italian, Tagalog

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Dinna Cruz, MD, MPH, is a board-certified nephrologist. Her expertise is treating patients with both acute and chronic kidney diseases caused by all types of underlying conditions, including hypertension, diabetes, polycystic kidney disease, glomerulonephritis, lupus, and sepsis. She specializes in treating people with acute kidney injury (also known as “kidney attack”) and cardiorenal syndrome (individuals affected by both heart and kidney disease).
Nephrology (Kidney) - Chronic Kidney Disease (cont.)

Robyn Cunard, MD  
Nephrologist  
Assistant Professor of Medicine

**Specialty:**  
Nephrology (Kidney)  
**Subspecialties:**  
Apheresis, Chronic Kidney Disease

**Hillcrest - Medical Offices South**  
**Jacobs Medical Center**  
**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6397

**Bio:**  
Robyn Cunard, MD is a board-certified nephrologist, with a special interest in glomerular diseases. She specializes in general nephrology and hypertension care, hemodialysis and apheresis.

Charles Ginsberg, MD  
Nephrologist  
Assistant Professor of Medicine

**Specialty:**  
Nephrology (Kidney)  
**Subspecialties:**  
Chronic Kidney Disease, Dialysis

**La Jolla - Perlman Medical Offices**  
**Hillcrest - Medical Offices South**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6248

**Bio:**  
Charles Ginsberg, MD, is a board-certified nephrologist who specializes in the management of hypertension, chronic kidney disease, acute kidney injury and electrolyte disturbances.

Pranav Garimella, MBBS, MPH, FASN  
Nephrologist  
Assistant Professor of Medicine

**Specialty:**  
Nephrology (Kidney)  
**Subspecialty:**  
Chronic Kidney Disease

**Add'l Languages:**  
Hindi, Tamil, Telugu, Urdu

**La Jolla - Perlman Medical Offices**  
**Hillcrest - Medical Offices South**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6397

**Bio:**  
Pranav Garimella, MBBS, MPH, is a board-certified nephrologist who provides care for a wide range of kidney diseases, including chronic kidney disease, glomerulonephritis, hypertension, and acute kidney injury. He has a special interest in polycystic kidney disease, kidney stones, and metabolic bone disease.

Joachim H. Ix, MD  
Chief, Division of Nephrology-Hypertension  
Professor of Medicine

**Specialty:**  
Nephrology (Kidney)  
**Subspecialties:**  
Chronic Kidney Disease, Dialysis, Apheresis

**Add'l Language:**  
German

**Jacobs Medical Center**  
**Hillcrest - UC San Diego Medical Center**  
**Hillcrest - Medical Offices South**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6397

**Bio:**  
Joachim Ix, MD, is a board-certified nephrologist who cares for patients with kidney disease, including end-stage renal disease and acute renal failure as a result of underlying conditions such as diabetes, hypertension, lupus, sepsis and glomerulonephritis. He is chief of the Division of Nephrology-Hypertension.
Cynthia Miracle, MD
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis

**Jacobs Medical Center**
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

**Bio:**
Cynthia M. Miracle, MD, is a board-certified nephrologist who cares for chronic hemodialysis and renal transplant patients. She also provides nephrology consultation for patients who are hospitalized.

Scott Mullaney, MD
Nephrologist
Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis, Apheresis

**Jacobs Medical Center**
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

**Bio:**
Scott Mullaney, MD, is a board-certified nephrologist who cares for patients with acute kidney injury, chronic kidney disease and end-stage renal disease with a particular interest in peritoneal dialysis. He is the clinical service chief for the Nephrology Division at UC San Diego Health.

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

**Specialties:**
Nephrology (Kidney), Palliative Care

**Subspecialties:**
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

**Hillcrest - UC San Diego Medical Center**
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

**Bio:**
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Nephrology (Kidney) - Chronic Kidney Disease (cont.)

Amber Paratore Sanchez, MD
Nephrologist
Associate Professor of Medicine

Specialty:
Nephrology (Kidney)
Subspecialties:
Apheresis, Chronic Kidney Disease, Dialysis

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397
Direct Clinic Line - Koman Family Outpatient Pavilion: (858) 249-3030

Bio:
Amber Sanchez, MD, is a board-certified nephrologist and medical director of the therapeutic apheresis program at UC San Diego Health.

Natalie Sweiss, MD, FASN
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)
Subspecialties:
Chronic Kidney Disease, Critical Care Nephrology, Apheresis

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center
Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Natalie Sweiss, MD, is a board-certified nephrologist who cares for patients with kidney disease including chronic kidney disease, end-stage kidney disease and acute kidney injury. She provides apheresis and hemodialysis treatments to chronic and acute patients.
Nephrology (Kidney) - Chronic Kidney Disease (cont.)

Danuta Trzebinska, MD
Nephrologist
Associate Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis, Apheresis

Add'l Language:
Polish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

Bio:
Danuta Trzebinska, MD, is a board-certified nephrologist with a special interest in chronic kidney disease. She is medical director of the Chronic Kidney Disease Program at UC San Diego Health.

Tyler Woodell, MD
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis

Hillcrest - Medical Offices South
Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Tyler Woodell, MD, is a board-certified nephrologist who treats people with kidney disease, ranging from acute kidney injury to chronic kidney disease and end-stage kidney disease. He has a special interest in treating patients with glomerular disease, which includes conditions such as lupus nephritis, IgA nephropathy and various causes of nephrotic syndrome. He also treats patients with hypertension, electrolyte and acid-base disorders.
Nephrology (Kidney) - Critical Care Nephrology

Joseph A. Abdelmalek, MD
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Critical Care Nephrology

**Hillcrest - UC San Diego Medical Center**
**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

**Bio:**
Joseph Abdelmalek, MD, is a board-certified nephrologist who cares for patients with acute kidney injury, chronic kidney disease and end-stage renal disease. He also has expertise in treating electrolyte disorders.

Alexander Bullen, MD
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

**Add'l Language:**
Spanish

**Hillcrest - UC San Diego Medical Center**
**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

**Bio:**
Alexander Bullen, MD, is a board-certified nephrologist who treats people with acute kidney injury, chronic kidney disease and end-stage kidney disease.

Dinna N. Cruz, MD, MPH
Nephrologist
Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Critical Care Nephrology, Chronic Kidney Disease

**Add'l Languages:**
Italian, Tagalog

**La Jolla - Perlman Medical Offices**
**Hillcrest - UC San Diego Medical Center**
**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

**Bio:**
Dinna Cruz, MD, MPH, is a board-certified nephrologist. Her expertise is treating patients with both acute and chronic kidney diseases caused by all types of underlying conditions, including hypertension, diabetes, polycystic kidney disease, glomerulonephritis, lupus, and sepsis. She specializes in treating people with acute kidney injury (also known as “kidney attack”) and cardiorenal syndrome (individuals affected by both heart and kidney disease).
Nephrology (Kidney) - Critical Care Nephrology (cont.)

Tamara Rubenzik, MD  
Nephrologist and Palliative Care Specialist

**Specialties:**
Nephrology (Kidney), Palliative Care  
**Subspecialties:**
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

**Hillcrest - UC San Diego Medical Center**
**Hillcrest - Medical Offices North**
**Hillcrest - Medical Offices South**
**Moores Cancer Center**
**Jacobs Medical Center**
**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Palliative Care: (858) 534-9061  
Direct Clinic Line - Vista: (760) 598-1776  
Direct Clinic Line - Hillcrest: (619) 543-6248

**Bio:**
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.

Natalie Sweiss, MD, FASN  
Nephrologist  
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)  
**Subspecialties:**
Chronic Kidney Disease, Critical Care Nephrology, Apheresis

**Hillcrest - UC San Diego Medical Center**
**Jacobs Medical Center**
**Sulpizio Cardiovascular Center**
**Hillcrest - Medical Offices South**
**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6397

**Bio:**
Natalie Sweiss, MD, is a board-certified nephrologist who cares for patients with kidney disease including chronic kidney disease, end-stage kidney disease and acute kidney injury. She provides apheresis and hemodialysis treatments to chronic and acute patients.
Nephrology (Kidney) - Dialysis

Tomasz Beben, MD
Nephrologist
Assistant Professor of Medicine

Specialties:
Nephrology (Kidney), Transplantation

Subspecialties:
Chronic Kidney Disease, Kidney Transplantation, Dialysis, Transplant Nephrology

Add'l Language:
Polish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-7729

Bio:
Thomasz Beben, MD, is a board-certified nephrologist who specializes in chronic kidney disease. He sees patients on dialysis with end-stage renal disease, as well as pre- and post-kidney transplant patients. Dr. Beben also has expertise treating people with hypertensive nephrosclerosis and various electrolyte abnormalities.

Alexander Bullen, MD
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Alexander Bullen, MD, is a board-certified nephrologist who treats people with acute kidney injury, chronic kidney disease and end-stage kidney disease.

Charles Ginsberg, MD
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Charles Ginsberg, MD, is a board-certified nephrologist who specializes in the management of hypertension, chronic kidney disease, acute kidney injury and electrolyte disturbances.
Nephrology (Kidney) - Dialysis (cont.)

Joachim H. Ix, MD
Chief, Division of Nephrology-Hypertension
Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis, Apheresis

Add'l Language:
German

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Joachim Ix, MD, is a board-certified nephrologist who cares for patients with kidney disease, including end-stage renal disease and acute renal failure as a result of underlying conditions such as diabetes, hypertension, lupus, sepsis and glomerulonephritis. He is chief of the Division of Nephrology-Hypertension.

Etienne Macedo, MD, PhD, FASN
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialty:
Dialysis

Add'l Language:
Brazilian Portuguese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Etienne Macedo, MD, PhD, is a nephrologist who diagnoses and treats patients with kidney disease, including renal failure, kidney stones and high blood pressure.

Cynthia Miracle, MD
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Cynthia M. Miracle, MD, is a board-certified nephrologist who cares for chronic hemodialysis and renal transplant patients. She also provides nephrology consultation for patients who are hospitalized.
Nephrology (Kidney) - Dialysis (cont.)

Scott Mullaney, MD
Nephrologist
Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis, Apheresis

**Jacobs Medical Center**
**Hillcrest - UC San Diego Medical Center**
**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

**Bio:**
Scott Mullaney, MD, is a board-certified nephrologist who cares for patients with acute kidney injury, chronic kidney disease and end-stage renal disease with a particular interest in peritoneal dialysis. He is the clinical service chief for the Nephrology Division at UC San Diego Health.

Robert Parmer, MD
Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialty:**
Dialysis

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

**Bio:**
Dr. Parmer is Professor of Medicine in the Division of Nephrology/Hypertension at the University of California, San Diego, and VA San Diego Healthcare System. Dr. Parmer’s nephrology practice includes: diagnosis and management of essential and secondary forms of hypertension, acute and chronic kidney disease, diabetic nephropathy, hemodialysis, general and ICU nephrology.

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

**Specialties:**
Nephrology (Kidney), Palliative Care

**Subspecialties:**
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

**Hillcrest - UC San Diego Medical Center**
**Hillcrest - Medical Offices North**
**Hillcrest - Medical Offices South**
**Moores Cancer Center**
**Jacobs Medical Center**
**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

**Bio:**
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Nephrology (Kidney) - Dialysis (cont.)

Amber Paratore Sanchez, MD
Nephrologist
Associate Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Apheresis, Chronic Kidney Disease, Dialysis

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397
Direct Clinic Line - Koman Family Outpatient Pavilion: (858) 249-3030

**Bio:**
Amber Sanchez, MD, is a board-certified nephrologist and medical director of the [therapeutic apheresis program](https://health.ucsd.edu) at UC San Diego Health.

Danuta Trzebinska, MD
Nephrologist
Associate Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis, Apheresis

**Language:**
Polish

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

**Bio:**
Danuta Trzebinska, MD, is a board-certified nephrologist with a special interest in chronic kidney disease. She is medical director of the [Chronic Kidney Disease Program](https://health.ucsd.edu) at UC San Diego Health.

Mita M. Shah, MD
Nephrologist
Associate Professor of Medicine

**Specialties:**
Nephrology (Kidney), Transplantation

**Subspecialties:**
Pancreas Transplantation, Dialysis, Apheresis, Kidney Transplantation

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-7729
Direct Clinic Line - Hillcrest: (619) 543-6248

**Bio:**
Mita Shah, MD, is a board-certified nephrologist who specializes in the care and management of kidney transplant patients with a special interest in the management of immunosuppression to improve long-term graft survival.
Nephrology (Kidney) - Dialysis (cont.)

Tyler Woodell, MD
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis

[Hillcrest - Medical Offices South]
[Hillcrest - UC San Diego Medical Center]
[Jacobs Medical Center]

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

**Bio:**
Tyler Woodell, MD, is a board-certified nephrologist who treats people with kidney disease, ranging from acute kidney injury to chronic kidney disease and end-stage kidney disease. He has a special interest in treating patients with glomerular disease, which includes conditions such as lupus nephritis, IgA nephropathy and various causes of nephrotic syndrome. He also treats patients with hypertension, electrolyte and acid-base disorders.
Nephrology (Kidney) - Transplant Nephrology

**Tomasz Beben, MD**  
Nephrologist  
Assistant Professor of Medicine

- **Specialties:** Nephrology (Kidney), Transplantation  
- **Subspecialties:** Chronic Kidney Disease, Kidney Transplantation, Dialysis, Transplant Nephrology  
- **Add'l Language:** Polish

**Bio:**  
Thomasz Beben, MD, is a board-certified nephrologist who specializes in chronic kidney disease. He sees patients on dialysis with end-stage renal disease, as well as pre- and post-kidney transplant patients. Dr. Beben also has expertise treating people with hypertensive nephrosclerosis and various electrolyte abnormalities.

**Adnan Khan, MBBS, FASN, FNKF**  
Nephrologist

- **Specialties:** Nephrology (Kidney), Transplantation  
- **Subspecialties:** Kidney Transplantation, Transplant Nephrology, Pancreas Transplantation  
- **Add'l Languages:** Hindi, Urdu

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 657-7729  
Direct Clinic Line - Hillcrest: (619) 543-6248

**Bio:**  
Adnan Khan, MBBS, is a board-certified nephrologist who specializes in all aspects of kidney and pancreas transplantation. He also has expertise in treating patients with complex cases of hypertension.
Index

A
Abdelmalek, Joseph A. ........................................ 6, 12
B
Beben, Tomasz ........................................ 6, 14, 19
Bullen, Alexander ........................................ 7, 12, 14
C
Cruz, Dinna N. ........................................ 7, 12
Cunard, Robyn ........................................ 2, 8
G
Garimella, Pranav ................................. 8
Ginsberg, Charles ........................................ 8, 14
I
Ix, Joachim H. ........................................ 2, 8, 15
K
Karl, Bethany E. ........................................ 1
Khan, Adnan ........................................ 19
M
Macedo, Etienne ........................................ 15
Miracle, Cynthia ........................................ 9, 15
Mullaney, Scott ........................................ 3, 9, 16
N
Nourbakhsh, Noureddin ................................ 1
P
Parmer, Robert ........................................ 16
R
Rubenzik, Tamara ........................................ 9, 13, 16
S
Sanchez, Amber Paratore ...................... 3, 10, 17
Shah, Mita M. ........................................ 3, 17
Steiner, Robert W. ........................................ 4
Sweiss, Natalie ........................................ 4, 10, 13
T
Thomson, Scott Culver ............................ 4
Trzebinska, Danuta .................................... 5, 11, 17
W
Ward, David Malcom .............................. 5
Woodell, Tyler ........................................ 11, 18
Z
Ziegler, Michael G. ........................................ 1