UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
## Locations

### La Jolla
- **La Jolla Emergency**
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

- **La Jolla Urgent Care**
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

- **Orthopedics Urgent Care Sports Medicine**
  - 4520 Executive Drive, Suite Plaza 1
  - San Diego, CA 92121

  - 4510 and 4520 Executive Drive
  - San Diego, CA 92121

  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

  - 8899 and 8929 University Center Lane
  - San Diego, CA 92122

  - 8939 Villa La Jolla Drive
  - La Jolla, CA 92037

  - 9333 Genesee Avenue
  - San Diego, CA 92121

  - 8950 Villa La Jolla Drive
  - La Jolla, CA 92037

  - 9350 Campus Point Drive
  - La Jolla, CA 92037

  - Shiley Eye Institute
  - 9415 Campus Point Drive
  - La Jolla, CA 92093

  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92093

- **Moores Cancer Center**
  - 3855 Health Sciences Drive
  - La Jolla, CA 92037

- **Jacobs Medical Center**
  - 9300 Campus Point Drive
  - La Jolla, CA 92037

- **Koman Family Outpatient Pavilion**
  - 9400 Campus Point Drive
  - La Jolla, CA 92037

- **Perlman Medical Offices**
  - 9350 Campus Point Drive
  - La Jolla, CA 92037

### Hillcrest
- **Hillcrest Emergency**
  - UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103

  - 4th and Lewis Medical Offices
  - 330 Lewis Street
  - San Diego, CA 92103

  - Medical Offices North
  - 200 West Arbor Drive
  - San Diego, CA 92103

  - Medical Offices South
  - 4168 Front Street
  - San Diego, CA 92103

  - UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103

### Rancho Bernardo
- **Rancho Bernardo Urgent Care**
  - 16950 Via Tazon
  - San Diego, CA 92127

### Encinitas
- **Encinitas Express Care (Suite 110)**
  - 1200 Garden View Road
  - Encinitas, CA 92024

- **477 North El Camino Real**
  - Encinitas, CA 92024

### College Area
- **6719 Alvarado Road, Suite 302**
  - San Diego, CA 92120

### Downtown
- **Downtown Express Care**
  - 203 West F Street
  - San Diego, CA 92101

### Vista
- **910 Sycamore Avenue**
  - Vista, CA 92081

### Sorrento Valley
- **4910 Directors Place**
  - San Diego, CA 92121

### Scripps Ranch
- **9909 Mira Mesa Blvd, Suite 200**
  - San Diego, CA 92131

### Kearny Mesa
- **7910 Frost Street**
  - San Diego, CA 92123

### Chula Vista
- **959 Lane Avenue**
  - Chula Vista, CA 91914

### Temecula
- **31720 Temecula Parkway, Suite 100**
  - Temecula, CA 92592
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Anesthesiology

Anesthesiology is the medical specialty that involves the preoperative, intraoperative, and postoperative care for patients in the administration of medications to control pain and support life functions during surgery. Learn more about anesthesiology services at UC San Diego Health System.

Farshad M. Ahadian, MD
Medical Director, Center For Pain Medicine
Professor of Anesthesiology

Specialties:
Anesthesiology, Pain Management

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Farshad M. Ahadian, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and provides comprehensive, multidisciplinary care for a broad range of pain conditions. His areas of expertise and interest include minimally invasive treatments for neurogenic claudication from lumbar spinal stenosis and lumbar discogenic pain; neurostimulation (including spinal cord and peripheral nerve field stimulation); interventional therapies for the head and neck region; spinal diagnostics and therapeutics; diagnostic and therapeutic interventions for joint pain; integrative medicine and medical acupuncture.

Dalia A. Banks, MD, FASE
Division Chief, Cardiothoracic Anesthesiology
Professor of Anesthesiology

Specialty:
Anesthesiology

Jacobs Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dalia A. Banks, MD, is a board-certified anesthesiologist who specializes in cardiothoracic anesthesia. Cardiothoracic anesthesiologists provide anesthesia for people undergoing surgical procedures which may involve the heart, lungs, esophagus, and other organs in the chest.

Benjamin Beal, MD
Assistant Clinical Professor

Specialties:
Anesthesiology, Pain Management

Add'l Language:
Italian

Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Benjamin Beal is an Assistant Professor in the Department of Anesthesiology at UC San Diego. His training includes the treatment of acute and chronic pain via interventional and medication based therapies. His areas of specialty include fluoroscopic guided interventional spine injections, spinal cord stimulation, and ultrasound guided techniques.
Anesthesiology (cont.)

Richard Bellars, MD

**Specialty:**
Anesthesiology

**Hillcrest - Medical Offices North**

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
UC San Diego Health Links

Michael L. Bishop, MD

**Clinical Professor**

**Specialty:**
Anesthesiology

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
"My goal is to ensure that each patient receives the highest quality anesthesia care. This includes attention to the patient's psychological needs, whether it be informational or emotional support."

Jonathan Benumof, MD

**Professor**

**Specialty:**
Anesthesiology

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5560

**Bio:**
Dr. Benumof is a Professor of Anesthesia in the School of Medicine at University of California, San Diego.

Alyssa Brittany Brzenski, MD

**Assistant Professor of Anesthesiology**

**Specialty:**
Anesthesiology

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
UC San Diego Health Links
Anesthesiology (cont.)

Wendy Campana, MD
Specialty: Anesthesiology
Contact: New Patient Registration: (800) 926-8273

Krishnan Chakravarthy, MD, PhD
Pain Management Specialist
Assistant Professor of Anesthesiology
Specialties: Pain Management, Anesthesiology
Add'l Language: Tamil
La Jolla - Koman Family Outpatient Pavilion
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800
Bio: Krishnan Chakravarthy, MD, PhD, is an anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. Dr. Chakravarthy performs a variety of procedures to treat chronic pain, specializing in dorsal root stimulation therapy, a type of neurostimulation therapy designed to manage pain in areas of the lower body such as the foot, knee, hip or groin; dorsal column stimulation; and peripheral nerve stimulation.

Leon Chang, MD
Associate Clinical Director
Assistant Clinical Professor
Specialty: Anesthesiology
Add'l Language: Mandarin
Contact: New Patient Registration: (800) 926-8273
Bio: 2007 to present- Staff Anesthesiologist at University of California, San Diego.

Ching-Rong Cheng, MD
Specialty: Anesthesiology
Add'l Language: Chinese
Contact: New Patient Registration: (800) 926-8273
Anesthesiology (cont.)

John Cornell Drummond, MD
Professor of Anesthesiology
Professor

Specialty:
Anesthesiology

Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Drummond has extensive experience in the field of anesthesia for neurosurgery.

Byron Douglas Fergerson, MD

Specialty:
Anesthesiology

Contact:
New Patient Registration: (800) 926-8273

Kristin Eck Fairbanks, MD, PhD
Assistant Clinical Professor

Specialty:
Anesthesiology

Contact:
New Patient Registration: (800) 926-8273

Bio:
I believe in treating each patient with patience and kindness, as if they were my own family member.

Timothy Furnish, MD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Timothy Furnish, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain, particularly chronic pain and acute, post-surgical pain.
Anesthesiology (cont.)

Mark Greenberg, MD
Assistant Clinical Professor

Specialty:
Anesthesiology

Contact:
New Patient Registration: (800) 926-8273

Bio:
Clinical management of pediatric patients in the OR and Intensive Care Unit.

Randolph Hastings, MD, PhD
Professor

Specialty:
Anesthesiology

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Ilfeld completed medical school at the University of California at San Francisco, internship in OB/GYN at the University of California at Los Angeles, residency in Anesthesiology at the University of California at San Francisco, and a fellowship in regional anesthesia at the University of Florida.

Brian M. Ilfeld, MD, MS -Clinical Investigation
Professor
Professor, In Residence

Specialty:
Anesthesiology

Contact:
New Patient Registration: (800) 926-8273

Bio:

Joel Kaplan, MD

Specialty:
Anesthesiology

Contact:
New Patient Registration: (800) 926-8273
Anesthesiology (cont.)

Brian P. Lemkuil, MD
Neuroanesthetist
Assistant Professor

Specialty: Anesthesiology
Contact: New Patient Registration: (800) 926-8273

Albert Y. Leung, MD
Anesthesiologist and Pain Management Specialist
Professor of Anesthesiology

Specialties: Anesthesiology, Pain Management
Add'l Languages: Cantonese, Mandarin

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035

Bio:
Albert Y. Leung, MD, is a board-certified anesthesiologist who specializes in pain medicine. As a pain management specialist, he evaluates and treats all forms of acute and chronic pain conditions. Dr. Leung has over 20 years' experience caring for people with chronic pain, and offers a range of interventional and minimally invasive procedures, as well as medication management.

Gerard Manecke, MD
Clinical Professor

Specialty: Anesthesiology
Contact: New Patient Registration: (800) 926-8273

Timothy M. Maus, MD
Associate Clinical Professor

Specialty: Anesthesiology

Jacobs Medical Center

Contact: New Patient Registration: (800) 926-8273
Anesthesiology (cont.)

William J. Mazzei, MD
Medical Director, Peri-Operative Services
Clinical Professor
Vice Chairman, Technology Development

Specialty:
Anesthesiology

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Mazzei may be contacted at (619)543-5754

Sidney K. Merritt, MD
Associate Clinical Professor of Anesthesiology

Specialty:
Anesthesiology
Add'l Language:
French

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Associate Clinical Professor of Anesthesiology at the University of California San Diego (2001 - present)

Mark Mitchell, MD
Clinical Professor

Specialty:
Anesthesiology

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Commitment to excellence in teaching, UC San Diego Anesthesiology Residency.

Liem Nguyen, MD
Staff Anesthesiologist
Assistant Professor

Specialty:
Anesthesiology

Contact:
New Patient Registration: (800) 926-8273
Anesthesiology (cont.)

Hemal Patel, MD
Specialty: Anesthesiology
Contact: New Patient Registration: (800) 926-8273

Pariza Rahman, MD
Specialty: Anesthesiology
Contact: New Patient Registration: (800) 926-8273

Gregory R. Polston, MD
Pain Management Specialist
Associate Professor of Anesthesiology
Specialties: Pain Management, Anesthesiology
La Jolla - Koman Family Outpatient Pavilion
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800
Bio: Gregory R. Polston, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. His expertise includes chronic pain, postoperative pain, cancer pain and spine-related pain.

Luis M. Rivera, MD, MSEE
Clinical Instructor
Faculty Physician
Specialty: Anesthesiology
Add'l Language: Spanish
Hillcrest - UC San Diego Medical Center
Contact: New Patient Registration: (800) 926-8273
Bio: Dr. Rivera's goal is to make the anesthesia process a safe and pleasant one by combining techniques and tailoring the anesthetic to each individual patient.
Anesthesiology (cont.)

Steve Rossi, MD
Specialty: Anesthesiology
Contact: New Patient Registration: (800) 926-8273

Navparkash S. Sandhu, MD
Clinical Professor of Anesthesiology
Specialty: Anesthesiology
Add'l Languages: Hindi, Punjabi, Urdu
Hillcrest - UC San Diego Medical Center
Contact: New Patient Registration: (800) 926-8273

David M Roth, MD, PhD
Associate Professor
Specialty: Anesthesiology
Hillcrest - UC San Diego Medical Center
Contact: New Patient Registration: (800) 926-8273

Gerhard Schulteis, MD
Specialty: Anesthesiology
Contact: New Patient Registration: (800) 926-8273

Ramon Sanchez, MD
Assistant Clinical Professor
Specialty: Anesthesiology
Hillcrest - UC San Diego Medical Center
Contact: New Patient Registration: (800) 926-8273
Bio: UC San Diego Health Links
Anesthesiology (cont.)

Robin Seaberg, MD
Attending Anesthesiologist
Associate Clinical Professor

Specialty:
Anesthesiology

Jacobs Medical Center
Shiley Eye Institute
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Linda Sorkin, MD

Specialty:
Anesthesiology

Contact:
New Patient Registration: (800) 926-8273

Jaspreet Somal, MBBS, FRCA
Anesthesiologist
Assistant Professor of Anesthesiology

Specialty:
Anesthesiology

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273

Bio:
Jaspreet Somal, MBBS, FRCA, is a board-certified anesthesiologist with subspecialty training in critical care and neurosurgical anesthesia. He oversees anesthesia care for UC San Diego Health's acoustic neuroma program.

Preetham J. Suresh, MD
Associate Clinical Professor
Associate Education Director

Specialty:
Anesthesiology

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Sulpizio Cardiovascular Center
Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Suresh completed his residency training at the University of California, San Francisco. He then worked as a private practice anesthesiologist at Alta Bates Summit Hospital where he was a partner in the East Bay Anesthesia Medical Group. While there, he specialized in acute pain management, regional anesthesia for orthopedic surgery and high risk obstetric anesthesia.
Anesthesiology (cont.)

Mark Steven Wallace, MD
Pain Management Specialist
Chair, Division of Pain Medicine

Specialties:
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Mark Wallace, MD, is a board-certified anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain, though most of his patients are affected by chronic pain.

Ruth S. Waterman, MD
Anesthesiologist
Interim Chair of Anesthesiology

Specialty:
Anesthesiology

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Ruth Waterman, MD, is a board-certified anesthesiologist. She provides anesthesia for patients undergoing surgical or therapeutic procedures while monitoring the patient’s condition and supporting vital organ functions. As an anesthesiologist, she also diagnoses and treats both acute and chronic pain, as well as provides medical management for patients with critical illnesses and severe injuries.

Lawrence Weinstein, MD

Specialty:
Anesthesiology

Contact:
New Patient Registration: (800) 926-8273
Anesthesiology - Critical Care

Erik Kistler, MD
Specialty: Anesthesiology
Subspecialty: Critical Care
Contact:
New Patient Registration: (800) 926-8273

Daniel Edward Lee, MD, PhD
Anesthesiologist and Pediatric Intensivist
Professor of Anesthesiology and Pediatrics
Specialties: Anesthesiology, Pediatrics
Subspecialty: Critical Care
Add'l Language: Spanish
Hillcrest - UC San Diego Medical Center
Contact:
New Patient Registration: (800) 926-8273

Bio:
Daniel E. Lee, MD, PhD, is a board-certified anesthesiologist and pediatrician who provides critical care services and anesthesia for children admitted to UC San Diego Health's Regional Burn Center, the only burn center in San Diego and Imperial Counties. He also provides anesthesia for patients of all ages at UC San Diego Health hospitals in Hillcrest and La Jolla, and at Rady Children's Hospital.

Angela Meier, MD, PhD
Anesthesiologist
Specialty: Anesthesiology
Subspecialty: Critical Care
Add'l Language: German
Contact:
New Patient Registration: (800) 926-8273

Anushirvan Minokadeh, MD
Anesthesiologist
Associate Clinical Professor
Specialty: Anesthesiology
Subspecialty: Critical Care
Add'l Language: Farsi
Hillcrest - UC San Diego Medical Center
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6240

Bio:
Chief, Anesthesiology Critical Care Medicine
Anesthesiology - Critical Care (cont.)

**Beverly J. Newhouse, MD**
Anesthesiologist
Associate Professor of Anesthesiology

**Specialty:**
Anesthesiology

**Subspecialty:**
Critical Care

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
UC San Diego Health Links

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**Albert Nguyen, MD**
Assistant Clinical Professor

**Specialty:**
Anesthesiology

**Subspecialty:**
Critical Care

**Add'l Language:**
Vietnamese

Jacobs Medical Center
Sulpizio Cardiovascular Center
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273

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**Kimberly S Robbins, MD**
Assistant Professor of Anesthesiology

**Specialty:**
Anesthesiology

**Subspecialty:**
Critical Care

**Contact:**
New Patient Registration: (800) 926-8273
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Charles D. Ashbrook, MD
Psychiatrist

Specialty: Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Charles Ashbrook, MD, is a board-certified psychiatrist who specializes in outpatient care of young adults and adults with depression, anxiety, bipolar disorder, psychosis, schizophrenia, post-traumatic stress disorder (PTSD) and personality disorders. A guiding principal of his clinical practice is to review, simplify, and optimize his patients’ medication regimens, using evidence-based approaches.

Nora Bammidi, MBBS, FAPA
Psychiatrist

Specialty: Psychiatry

Add'l Language: Telugu

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.

Anne Bird, MBChB
Psychiatrist
Associate Professor of Psychiatry

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Anne Bird, MBChB, is a board-certified adult, child and adolescent psychiatrist who specializes in treating children, teens and young adults with mood disorders, anxiety disorders or attention-deficit/hyperactivity disorder (ADHD). She uses both medications and talk therapy (psychotherapy) in her practice.

Kristin Cadenhead, MD
Psychiatrist
Professor of Psychiatry

Specialty: Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745
Direct Clinic Line: (619) 543-6445

Bio:
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health's early psychosis treatment program. This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.
Psychiatry (cont.)

Douglas D’Agati, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Douglas D’Agati, MD, is a board-certified psychiatrist who specializes in treating adults and young adults with mood disorders (such as depression and bipolar disorder), anxiety disorders, psychosis, and schizophrenia.

Nancy Downs, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nancy Downs, MD is a board-certified psychiatrist who specializes in the mental health needs of college students and transition age youth.

David Folsom, MD
Director, Division of Clinical Psychiatry
Vice Chair, Clinical Affairs, Department of Psychiatry

Specialty:
Psychiatry

Contact:
New Patient Registration: (800) 926-8273

Bio:
David Folsom, MD, is a board-certified psychiatrist and director of the Division of Clinical Psychiatry at UC San Diego Health. He has a special interest in providing care for people with schizophrenia and other serious mental illnesses, and those with both mental and physical health problems. He uses a comprehensive, whole-person approach to psychiatric care, addressing all areas that contribute to a person’s successful recovery as well as promoting life skills, providing education, and cultivating help-seeking behavior.

Karim Ghobrial-Sedky, MBChB
Psychiatrist

Specialty:
Psychiatry

Add'l Language:
Arabic

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Karim Ghobrial-Sedky, MBChB, is a board-certified psychiatrist whose practice includes treating depression, bipolar, anxiety and psychotic disorders in both adults and children. He also sees adults who have alcohol, drug or other substance-related addictions.
Psychiatry (cont.)

David J. Grelotti, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty: Psychiatry
Add'l Language: Haitian Creole

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
David Grelotti, MD is an adult and child psychiatrist and directs mental health services at UC San Diego Health's Owen Clinic, one of nation's premier multispecialty care clinics focused on the treatment and prevention of HIV and related illnesses. Dr. Grelotti provides care for mental health, substance use, and related disorders to children, adolescents, and adults with HIV and at risk for HIV.

Jeremy Hirst, MD
Psychiatrist
Associate Director, Patient and Family Support Services, Moores Cancer Center

Specialties: Psychiatry, Palliative Care, Cancer
Subspecialty: Psychosocial Oncology

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.

Jonathon R. Howlett, MD
Psychiatrist

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jonathon Howlett, MD, is a board-certified psychiatrist who specializes in caring for individuals with treatment-resistant depression. His practice also includes treating more general mental health conditions such depression disorders, anxiety disorders, bipolar disorder and schizophrenia.
Psychiatry (cont.)

Alan J. Hsu, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialties:
Psychiatry, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Alan John Hsu, MD, is a board-certified psychiatrist who specializes in treating cancer patients struggling with mood and anxiety issues brought on by cancer. He also sees individuals with cancer who have pre-existing mental health challenges.

Vanessa L. Lauzon, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Vanessa L. Lauzon, MD, is a board-certified psychiatrist and board-certified family medicine physician who specializes in caring for hospitalized adults with mental health conditions. In the inpatient setting, she treats depression, anxiety disorders, PTSD, bipolar disorder, schizophrenia and schizoaffective disorder, substance use disorders, neurocognitive disorders, co-morbid medical and psychiatric issues, and issues related to grief and coping in patients with serious medical issues.

Ildiko Kovacs, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Hungarian

Hillcrest - Medical Offices South
La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.
Psychiatry (cont.)

Julie L. Le, DO
Psychiatrist
Assistant Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive
Sorrento Valley - Directors Place
Scripps Ranch - Mira Mesa Blvd
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Family Medicine: (858) 657-6000
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-8000
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).

Carla Marienfeld, MD
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-1680

Bio:
Carla Marienfeld, MD, is a board-certified addiction psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.

Aaron Meyer, MD
Psychiatrist

Specialty:
Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Aaron Meyer, MD, is a psychiatrist who specializes in caring for people with severe or acute mental illness and behavioral health conditions. This includes caring for individuals who experience significant and distressing symptoms of a mental illness that require immediate treatment.
Psychiatry (cont.)

Lama Muhammad, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add'l Language:
Arabic

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Lama Muhammad, MD, is a psychiatrist whose practices focuses on the mind-body connection and its relationship to mental health disorders. She also has expertise in mental illnesses related to autoimmune disorders, and in understanding the cultural dimensions of mental health.

Hoang Nguyen, MD
Assistant Clinical Professor

Specialty:
Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3742

Bio:
Hoang Nguyen, MD, is a psychiatrist whose practices focuses on the mind-body connection and its relationship to mental health disorders. She also has expertise in mental illnesses related to autoimmune disorders, and in understanding the cultural dimensions of mental health.

Alison Reminick, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Alison Reminick, MD, is a board-certified psychiatrist who specializes in the mental health care needs for women with premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), pregnancy and postpartum mood disorders, and emotional disturbances during menopause. She directs the Women's Reproductive Mental Health Program at UC San Diego Health, which helps women manage and recover from anxiety, depression, or other emotional concerns during infertility, pregnancy, or the postpartum period.

Isabel Ribeiro Caldas Domingues, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add'l Languages:
Portuguese, Spanish

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the "prodromal" (early) phase.
Jennifer Roby, DO
Psychiatrist
Assistant Professor Psychiatry

**Specialty:**
Psychiatry

**Location:**
La Jolla - 8950 Villa La Jolla Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Jennifer Roby, DO, is a psychiatrist who provides general mental health care services for adults. She provides care to undergraduate, graduate, and medical students through UC San Diego Health's College Mental Health Program. She also helps women with postpartum depression, postpartum anxiety and other reproductive-related mental health concerns that affect women and their families.

Sanjaya Saxena, MD
Psychiatrist
Professor of Psychiatry

**Specialty:**
Psychiatry

**Location:**
La Jolla - 8950 Villa La Jolla Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Sanjaya Saxena, MD, is a board-certified psychiatrist focusing on the treatment of people with obsessive-compulsive disorders (OCD) and related conditions such as compulsive hoarding and body dysmorphic disorder.

Terry A. Schwartz, MD
Clinical Director, Eating Disorders Treatment and Research Program
Associate Professor of Psychiatry

**Specialty:**
Psychiatry

**Location:**
La Jolla - 4510 Executive Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

**Bio:**
Terry A. Schwartz, MD, is a board-certified psychiatrist who specializes in caring for individuals with eating disorders, mood disorders and anxiety disorders. She has more than 20 years' experience and has particular expertise in treating individuals who have an eating disorder co-occurring with mood, anxiety or substance abuse disorders.

Louisa Steiger, MD

**Specialty:**
Psychiatry

**Location:**
Hillcrest - 140 Arbor Drive

**Contact:**
New Patient Registration: (800) 926-8273
Psychiatry (cont.)

Murray B. Stein, MD, MPH
Psychiatrist
Distinguished Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Murray B. Stein, MD, MPH, is a board-certified psychiatrist who treats individuals with anxiety, and trauma and stressor-related disorders, including panic disorder, agoraphobia, social anxiety disorder (social phobia), generalized anxiety disorder, and post-traumatic stress disorder (PTSD) with or without depression.

Hannah C. Sweet, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Hannah C. Sweet, MD, is a board-certified psychiatrist who specializes in treating children and adolescents with all types of mental illness and psychiatric conditions. Her practice is part of UC San Diego Health’s comprehensive and compassionate mental health services for teens.

Jessica L. Thackaberry, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.

Maria Tiamson-Kassab, MD
Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology
Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center’s Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.
Sidney Zisook, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273

Bio:
Sidney Zisook, MD, is a board-certified psychiatrist who specializes in treating adults who are experiencing grief, anxiety, or the effects of a mood disorder. His experience is in caring for people with complicated bereavement, as well as those with chronic mental health conditions or illnesses that do not respond well to treatment. Dr. Zisook also uses integrative therapy to treat each person as a whole, including their mental, physical and emotional needs.
Psychiatry - Eating Disorders

Danielle Haber, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Subspecialty:
Eating Disorders

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

Bio:
UC San Diego Health Links

Walter H. Kaye, MD
Director, Eating Disorders Treatment and Research Program
Professor of Psychiatry

Specialty:
Psychiatry
Subspecialty:
Eating Disorders

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019
Fax: (858) 534-6727

Bio:
Walter Kaye, MD, is a board-certified psychiatrist who specializes in treating individuals with anorexia nervosa and other eating disorders. As director of the Eating Disorders Treatment and Research Program at UC San Diego Health, Dr. Kaye and his team use an intensive and innovative approach that addresses each person's medical, psychological and psycho-educational health. The evidence-based program also offers family counseling to help patients and their families with improved understanding, communication, and capacity for growth.

Mary Ellen Trunko, MD
Medical Director UCSD Eating Disorder Adult Programs

Specialty:
Psychiatry
Subspecialty:
Eating Disorders

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019
Fax: (858) 534-6727

Bio:
More information on eating disorders can be found at http://eatingdisorders.ucsd.edu

Bio:
More information on eating disorders can be found at http://eatingdisorders.ucsd.edu
Psychiatry - Geriatric Psychiatry

Steven F. Huege, MD
Psychiatrist

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Steven Huege, MD, is a board-certified geriatric psychiatrist who specializes in treating mental health and neurodegenerative disorders in older adults, including both chronic and new-onset mental illness. His areas of clinical expertise include Alzheimer’s disease, Lewy body dementia, frontotemporal dementia, and mood and psychotic disorders in older adults.

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer’s disease.

Daniel D Sewell, MD
Director, Senior Behavioral Health
Professor of Psychiatry

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Daniel D. Sewell, MD, is a board-certified psychiatrist focusing on the treatment of older adults with behavioral health issues.
Psychiatry - Geriatric Psychiatry (cont.)

Raisa Yagudayeva, DO
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Subspecialty:
Geriatric Psychiatry

Add'l Language:
Russian

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Raisa Yagudayeva, DO, is a board-certified geriatric psychiatrist who specializes in treating mental health problems in older adults, including major neurocognitive disorder, major depressive disorder, generalized anxiety disorder, schizophrenia, psychosis and obsessive compulsive disorder. She is interested in electroconvulsive therapy (ECT), which is used to relieve symptoms of several mental health conditions.
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