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Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
Locations

- Rancho Bernardo
- La Jolla
- Scripps Ranch
- Sorrento Valley
- Encinitas
- Vista
- Kearny Mesa
- Hillcrest
- Downtown
- College Area
- Chula Vista
- Temecula
- Chula Vista
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Orthopedics

Orthopedics is the branch of medicine specializing in the treatment of injuries or disorders of the skeletal system including bones, muscles, joints and ligaments. Learn more about [orthopedics](https://health.ucsd.edu) at UC San Diego Health System.

Dana Curtis Covey, MD
Orthopedic Surgeon and Sports Medicine Physician
Clinical Professor of Orthopedic Surgery

**Specialties:**
Sports Medicine, Orthopedics, Surgery

**Encinitas - Garden View Road**

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
Dana Covey, MD, is a board-certified orthopedic surgeon. He specializes in sports medicine with an emphasis on knee and shoulder injuries. Dr. Covey sees patients with knee ligament tears and shoulder dislocation.

James H. Flint, MD
Orthopedic Surgeon

**Specialties:**
Orthopedics, Cancer

**Subspecialty:**
Sarcoma (Bone and Soft Tissue)

**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
James H. Flint, MD, is a board-certified orthopedic surgeon who specializes in treating benign and malignant soft-tissue and bone tumors, including sarcoma. He treats adults and young adults over the age of 15.

Paymaneh (Pam) Sabet, DPM
Podiatrist and Wound Care Specialist

**Specialties:**
Podiatry, Orthopedics

**Hillcrest - Medical Offices North**
La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5969

**Bio:**
Paymaneh Sabet, DPM, is a podiatrist who specializes in foot and ankle surgery and wound care. Podiatrists, also referred to as foot doctors or podiatric physicians, are specialists who diagnose and treat all conditions of the feet, ankles and legs. Their care also focuses on how the health of these structures impact the rest of the body. Dr. Sabet’s expertise includes treating foot and ankle diseases and their causes, reconstructive foot and ankle surgery, and wound care for diabetic foot ulcers.

Natalie Voskanian, MD
Sports Medicine Physician
Associate Professor of Orthopaedic Surgery

**Specialties:**
Orthopedics, Sports Medicine

**Add'l Languages:**
Armenian, Spanish

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

**Bio:**
Natalie Voskanian, MD, is a board-certified sports medicine physician with expertise in the nonsurgical treatment of sports-related injuries and musculoskeletal conditions, including sprains, ligament injuries, tendonitis and overuse injuries such runner’s knee.
Orthopedics - Foot & Ankle

David J. Dalstrom, MD
Orthopedic Surgeon

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Foot & Ankle, Orthopedic Trauma

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
David Dalstrom, MD, is a board-certified orthopedic surgeon who specializes in treating traumatic injuries, degenerative conditions and sports injuries of the foot and ankle.
Orthopedics - Hand & Upper Extremity

Reid Allen Abrams, MD  
Orthopedic Surgeon  
Chief of Hand and Microvascular Surgery  
Chair of Orthopaedic Surgery

**Specialties:**  
Orthopedics, Sports Medicine  
**Subspecialties:**  
Hand & Upper Extremity, Sports Medicine

**Hillcrest - UC San Diego Medical Center**  
**La Jolla - 4520 Executive Drive**  
**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

**Bio:**  
Reid Abrams, MD, is a board-certified orthopedic and hand surgeon. He is chief of Hand and Microvascular Surgery and chairman of the Department of Orthopaedic Surgery. Dr. Abrams' expertise includes treating severe upper limb trauma; nerve injuries; tendon injuries; arthritis of the elbow, wrist and hand; carpal tunnel syndrome; Dupuytren's contracture; as well as fractures and sports injuries of the elbow, forearm, wrist and hand.

Eric Hentzen, MD, PhD  
Orthopedic Surgeon  
Assistant Professor of Orthopedic Surgery

**Specialties:**  
Orthopedics, Sports Medicine  
**Subspecialties:**  
Hand & Upper Extremity, Sports Medicine  
**Add'l Languages:**  
German, Spanish

**Encinitas - Garden View Road**  
**Hillcrest - Medical Offices North**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

**Bio:**  
Dr. Hentzen, assistant professor of orthopedic surgery, specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.
Orthopedics - Hand & Upper Extremity (cont.)

Bryan T. Leek, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialty:
Hand & Upper Extremity

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Bryan Leek, MD, is a board-certified orthopedic surgeon who specializes in caring for sports and upper extremity injuries, including arthroscopy and reconstruction of the knee, shoulder, elbow, wrist, and hand. He has a particular interest in treating shoulder injuries, performing arthroscopic and open techniques in repair and reconstruction. He performs both anatomic and reverse shoulder arthroplasty. He treats traumatic, overuse, and degenerative injuries, including arthritis of both the upper and lower extremity. Dr. Leek is also trained in trained in microscopic and minimally invasive surgical techniques involving the hand and upper extremity.

Matthew Meunier, MD
Orthopedic Surgeon
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Sports Medicine, Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Matthew Meunier, MD, is a board-certified orthopedic surgeon who specializes in hand, upper extremity and microvascular surgery to treat a variety of conditions, including fractures and dislocations, shoulder injuries, chronic wrist pain, and congenital hand disorders. He is one of the region’s top hand injury experts and serves as associate team physician for the San Diego Padres.
Gregory D. Middleton, MD  
Rheumatologist  
Professor of Medicine and Orthopaedic Surgery

Specialties:
Rheumatology, Orthopedics

Subspecialty:
Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center  
Encinitas - Garden View Road  
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

Bio:
Gregory D. Middleton, MD, is a board-certified rheumatologist who specializes in the nonsurgical care of patients with joint and muscle pain, particularly those with rheumatic disorders such as osteoarthritis. He takes a comprehensive approach to treating arthritis, pain and autoimmune diseases, and strives to help patients maintain a satisfying and active lifestyle.

Catherine M. Robertson, MD  
Chief of Sports Medicine  
Orthopedic Surgeon  
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Joint, Sports Medicine

Add'l Language:
Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (844) 377-7678

Bio:
Catherine M. Robertson, MD, is a board-certified orthopedic surgeon who specializes in treating injuries of the shoulder, knee and hip. She uses minimally invasive techniques for restoring joint function and to treat complex ligament, tendon, cartilage and meniscus injuries. Dr. Robertson is one of the few physicians in Southern California with specialized training in hip arthroscopy (minimally invasive hip surgery) and uses this advanced technique to treat femoroacetabular impingement (FAI) and labral tears of the hip.
Orthopedics - Joint

Scott Taber Ball, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialty:
Orthopedics

Subspecialty:
Joint

Add'l Language:
Spanish

Encinitas - Garden View Road
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Scott Ball, MD, is a board-certified orthopedic surgeon who specializes in joint replacement surgery for both the hip and knee, and salvage reconstruction for failed joint replacements. Using minimally invasive approaches, he helps facilitate reduced complication rates and faster recovery. Dr. Ball has expertise in hip resurfacing surgery, a technique that is used to preserve the hip bone, allowing younger patients with good bone quality to resume high levels of activity in sports such as surfing, skiing, basketball, and running.

Krishna R. Cidambi, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialty:
Orthopedics

Subspecialty:
Joint

Add'l Languages:
Spanish, Tamil

Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Road
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Krishna R. Cidambi, MD, is an orthopedic surgeon who specializes in hip and knee replacements. His areas of expertise include anterior total hip replacement (minimally invasive hip replacement), posterior total hip replacement, total knee replacement and partial knee replacement.
Francis B Gonzales, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

**Specialty:**
Orthopedics

**Subspecialty:**
Joint

**Add'l Language:**
Spanish

**Encinitas - Garden View Road**
**Hillcrest - Medical Offices North**
**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Francis Gonzales, MD, is a board-certified orthopedic surgeon who specializes in adult hip and knee joint replacement surgery.

Catherine M. Robertson, MD
Chief of Sports Medicine
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

**Specialties:**
Orthopedics, Sports Medicine

**Subspecialties:**
Hand & Upper Extremity, Joint, Sports Medicine

**Add'l Language:**
Spanish

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

**Bio:**
Catherine M. Robertson, MD, is a board-certified orthopedic surgeon who specializes in treating injuries of the shoulder, knee and hip. She uses minimally invasive techniques for restoring joint function and to treat complex ligament, tendon, cartilage and meniscus injuries. Dr. Robertson is one of the few physicians in Southern California with specialized training in hip arthroscopy (minimally invasive hip surgery) and uses this advanced technique to treat femoroacetabular impingement (FAI) and labral tears of the hip.
Orthopedics - Orthopedic Trauma

David J. Dalstrom, MD
Orthopedic Surgeon
Bio:
David Dalstrom, MD, is a board-certified orthopedic surgeon who specializes in treating traumatic injuries, degenerative conditions and sports injuries of the foot and ankle.

William T. Kent, MD
Orthopedic Surgeon
Bio:
William Kent, MD, is an orthopedic surgeon who specializes in treating fractures related to trauma, sports injuries and fractures around total joint replacements. His clinical practice includes treating fractures of the acetabulum, hip, pelvis, clavicle, humerus, elbow, forearm, femur, tibia, ankle and foot.

Paul Joseph Girard, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery
Bio:
Paul Girard, MD, is a board-certified orthopedic surgeon who specializes in orthopedic trauma and surgery to treat fractured or broken bones. He also cares for patients with complications arising from traumatic orthopedic injuries and has extensive experience in delivering care in emergency settings. Dr Girard has particular interest and expertise in complex lower extremity reconstruction, post-traumatic deformity correction, and treatment of post-traumatic osteomyelitis.
Orthopedics - Orthopedic Trauma (cont.)

Alexandra K. Schwartz, MD
Chief, Orthopedic Trauma
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Surgery

Subspecialty:
Orthopedic Trauma

Add'l Languages:
German, Spanish

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center
Hillcrest - Medical Offices North
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6312
Direct Clinic Line: (858) 657-8200

Bio:
Alexandra Schwartz, MD, is a board-certified orthopedic surgeon. She specializes in orthopedic trauma and surgery to treat fractured or broken bones, including clavicle, pelvic, foot, ankle, arm, elbow, knee, and shoulder injuries. Dr. Schwartz also cares for patients with complications from these injuries, such as infections and poor-healing or non-healing bones. As an orthopedic traumatologist, she has expertise working in emergency settings and with people whose injuries were caused by accidents or violence.
Orthopedics - Spine

Richard (Todd) Allen, MD, PhD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialty:
Orthopedics

Subspecialty:
Spine

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Richard (Todd) Allen, MD, is board-certified orthopedic surgeon with expertise in complex adult reconstruction procedures for deformity/scoliosis and tumors. He specializes in complex disorders of the upper cervical spine, including tumors and degenerative or post-traumatic conditions.

Steven Robert Garfin, MD
Orthopedic Surgeon
Interim Dean, UC San Diego School of Medicine

Specialties:
Surgery, Orthopedics

Subspecialty:
Spine

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Steven Garfin, MD, is a board-certified and world-renowned orthopedic surgeon specializing in the adult spine. He is consistently elected as a top doctor in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.
Orthopedics - Spine (cont.)

Vinko Zlomislic, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Surgery

Subspecialty:
Spine

Encinitas - Garden View Road
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Vinko Zlomislic, MD, is a board-certified orthopedic surgeon who specializes in the surgical and nonsurgical management of cervical, thoracic, and lumbar spine disorders. His expertise includes treating degenerative conditions of the cervical and lumbar spine, spinal trauma and infections, and spinal reconstruction for complex spinal deformity and tumors. Dr. Zlomislic emphasizes nonoperative management, recommending surgery only when conservative measures have failed. If surgical treatment is necessary, he uses minimally invasive methods whenever possible.
Orthopedics - Sports Medicine

Reid Allen Abrams, MD
Orthopedic Surgeon
Chief of Hand and Microvascular Surgery
Chair of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Reid Abrams, MD, is a board-certified orthopedic and hand surgeon. He is chief of Hand and Microvascular Surgery and chairman of the Department of Orthopaedic Surgery. Dr. Abrams' expertise includes treating severe upper limb trauma; nerve injuries; tendon injuries; arthritis of the elbow wrist and hand; carpal tunnel syndrome; Dupuytren's contracture; as well as fractures and sports injuries of the elbow, forearm, wrist and hand.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.
Orthopedics - Sports Medicine (cont.)

Eric Hentzen, MD, PhD
Orthopedic Surgeon
Assistant Professor of Orthopedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Add'l Languages:
German, Spanish

Encinitas - Garden View Road
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Dr. Hentzen, assistant professor of orthopedic surgery, specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.

Matthew Meunier, MD
Orthopedic Surgeon
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Sports Medicine, Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Matthew Meunier, MD, is a board-certified orthopedic surgeon who specializes in hand, upper extremity and microvascular surgery to treat a variety of conditions, including fractures and dislocations, shoulder injuries, chronic wrist pain, and congenital hand disorders. He is one of the region’s top hand injury experts and serves as associate team physician for the San Diego Padres.
Orthopedics - Sports Medicine (cont.)

Catherine M. Robertson, MD
Chief of Sports Medicine
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Joint, Sports Medicine

Add'l Language:
Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

Bio:
Catherine M. Robertson, MD, is a board-certified orthopedic surgeon who specializes in treating injuries of the shoulder, knee and hip. She uses minimally invasive techniques for restoring joint function and to treat complex ligament, tendon, cartilage and meniscus injuries. Dr. Robertson is one of the few physicians in Southern California with specialized training in hip arthroscopy (minimally invasive hip surgery) and uses this advanced technique to treat femoroacetabular impingement (FAI) and labral tears of the hip.

Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialty:
Sports Medicine

Add'l Language:
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale’s expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.
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