UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
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Orthopedics

Orthopedics is the branch of medicine specializing in the treatment of injuries or disorders of the skeletal system including bones, muscles, joints and ligaments. Learn more about orthopedics at UC San Diego Health System.

Dana Curtis Covey, MD
Orthopedic Surgeon and Sports Medicine Physician
Clinical Professor of Orthopedic Surgery

Specialties:
Sports Medicine, Orthopedics, Surgery

Encinitas - Garden View

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dana Covey, MD, is a board-certified orthopedic surgeon. He specializes in sports medicine with an emphasis on knee and shoulder injuries. Dr. Covey sees patients with knee ligament tears and shoulder dislocation.

Paymaneh (Pam) Sabet, DPM
Podiatrist and Wound Care Specialist

Specialties:
Podiatry, Orthopedics

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5969

Bio:
Pam Sabet, DPM, is a podiatrist who specializes in foot and ankle surgery and wound care. Podiatrists, also referred to as foot doctors or podiatric physicians, are specialists who diagnose and treat all conditions of the feet, ankles and legs. Their care also focuses on how the health of these structures impact the rest of the body. Dr. Sabet’s expertise includes treating foot and ankle diseases and their causes, reconstructive foot and ankle surgery, and wound care for diabetic foot ulcers.

Natalie Voskanian, MD
Sports Medicine Physician
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine
Add'l Languages:
Armenian, Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

Bio:
Natalie Voskanian, MD, is a board-certified sports medicine physician with expertise in the nonsurgical treatment of sports-related injuries and musculoskeletal conditions, including sprains, ligament injuries, tendonitis and overuse injuries such runner’s knee.
Orthopedics - Foot & Ankle

David J. Dalstrom, MD
Orthopedic Surgeon

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Foot & Ankle, Orthopedic Trauma

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
David Dalstrom, MD, is a board-certified orthopedic surgeon who specializes in treating traumatic injuries, degenerative conditions and sports injuries of the foot and ankle.
Orthopedics - Hand & Upper Extremity

**Reid Allen Abrams, MD**  
Orthopedic Surgeon  
Chief of Hand and Microvascular Surgery  
Chair of Orthopaedic Surgery

**Specialties:**  
Orthopedics, Sports Medicine  
**Subspecialties:**  
Hand & Upper Extremity, Sports Medicine

Hillcrest - UC San Diego Medical Center  
La Jolla - 4520 Executive Drive  
La Jolla - Koman Family Outpatient Pavilion

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

**Bio:**  
Reid Abrams, MD, is a board-certified orthopedic and hand surgeon. He is chief of Hand and Microvascular Surgery and chairman of the Department of Orthopaedic Surgery. Dr. Abrams' expertise includes treating severe upper limb trauma; nerve injuries; tendon injuries; arthritis of the elbow, wrist, and hand; carpal tunnel syndrome; Dupuytren's contracture; as well as fractures and sports injuries of the elbow, forearm, wrist, and hand.

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**Eric Hentzen, MD, PhD**  
Orthopedic Surgeon  
Assistant Professor of Orthopedic Surgery

**Specialties:**  
Orthopedics, Sports Medicine  
**Subspecialties:**  
Hand & Upper Extremity, Sports Medicine  
**Add'l Languages:**  
German, Spanish

Encinitas - Garden View  
Hillcrest - Medical Offices North

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

**Bio:**  
Dr. Hentzen, assistant professor of orthopedic surgery, specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.
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**Bryan T. Leek, MD**
Orthopedic Surgeon  
Associate Professor of Orthopaedic Surgery

**Specialties:**
Orthopedics, Sports Medicine  
**Subspecialty:**
Hand & Upper Extremity

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

**Bio:**
Bryan Leek, MD, is a board-certified orthopedic surgeon who specializes in caring for sports and upper extremity injuries, including arthroscopy and reconstruction of the knee, shoulder, elbow, wrist, and hand. He has a particular interest in treating shoulder injuries, performing arthroscopic and open techniques in repair and reconstruction. He performs both anatomic and reverse shoulder arthroplasty. He treats traumatic, overuse, and degenerative injuries, including arthritis of both the upper and lower extremity. Dr. Leek is also trained in trained in microscopic and minimally invasive surgical techniques involving the hand and upper extremity.

**Matthew Meunier, MD**
Orthopedic Surgeon  
Professor of Orthopaedic Surgery

**Specialties:**
Orthopedics, Sports Medicine  
**Subspecialties:**
Sports Medicine, Hand & Upper Extremity

**La Jolla - 4520 Executive Drive**  
**Hillcrest - UC San Diego Medical Center**  
**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

**Bio:**
Matthew Meunier, MD, is a board-certified orthopedic surgeon who specializes in hand, upper extremity and microvascular surgery to treat a variety of conditions, including fractures and dislocations, shoulder injuries, chronic wrist pain, and congenital hand disorders. He is one of the region’s top hand injury experts and serves as associate team physician for the San Diego Padres.
Orthopedics - Hand & Upper Extremity (cont.)

Gregory D. Middleton, MD
Rheumatologist
Professor of Medicine and Orthopaedic Surgery

Specialties:
Rheumatology, Orthopedics
Subspecialty:
Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center
Encinitas - Garden View
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Gregory D. Middleton, MD, is a board-certified rheumatologist who specializes in the nonsurgical care of patients with joint and muscle pain, particularly those with rheumatic disorders such as osteoarthritis. He takes a comprehensive approach to treating arthritis, pain and autoimmune diseases, and strives to help patients maintain a satisfying and active lifestyle.

Catherine M. Robertson, MD
Chief of Sports Medicine
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine
Subspecialties:
Hand & Upper Extremity, Joint, Sports Medicine
Add'l Language:
Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

Bio:
Catherine M. Robertson, MD, is a board-certified orthopedic surgeon who specializes in treating injuries of the shoulder, knee and hip. She uses minimally invasive techniques for restoring joint function and to treat complex ligament, tendon, cartilage and meniscus injuries. Dr. Robertson is one of the few physicians in Southern California with specialized training in hip arthroscopy (minimally invasive hip surgery) and uses this advanced technique to treat femoroacetabular impingement (FAI) and labral tears of the hip.
Orthopedics - Joint

Scott Taber Ball, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

**Specialty:**
Orthopedics

**Subspecialty:**
Joint

**Add'l Language:**
Spanish

**Encinitas - Garden View**
**Jacobs Medical Center**
**Hillcrest - UC San Diego Medical Center**
**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Scott Taber Ball, MD, is a board-certified orthopedic surgeon who specializes in joint replacement surgery for both the hip and knee, and salvage reconstruction for failed joint replacements. Using minimally invasive approaches, he helps facilitate reduced complication rates and faster recovery. Dr. Ball has expertise in hip resurfacing surgery, a technique that is used to preserve the hip bone, allowing younger patients with good bone quality to resume high levels of activity in sports such as surfing, skiing, basketball, and running.

Krishna R. Cidambi, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

**Specialty:**
Orthopedics

**Subspecialty:**
Joint

**Add'l Languages:**
Spanish, Tamil

**Hillcrest - UC San Diego Medical Center**
**Encinitas - Garden View**
**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Krishna R. Cidambi, MD, is an orthopedic surgeon who specializes in hip and knee replacements. His areas of expertise include anterior total hip replacement (minimally invasive hip replacement), posterior total hip replacement, total knee replacement and partial knee replacement.
Orthopedics - Joint (cont.)

Francis B Gonzales, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialty:
Orthopedics

Subspecialty:
Joint

Add'l Language:
Spanish

Encinitas - Garden View
Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Francis Gonzales, MD, is a board-certified orthopedic surgeon who specializes in adult hip and knee joint replacement surgery.

Anna A. Kulidjian, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Surgery, Cancer

Subspecialties:
Joint, Sarcoma (Bone and Soft Tissue)

Add'l Languages:
Armenian, Russian

Hillcrest - UC San Diego Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Anna A. Kulidjian, MD, is a board-certified orthopedic surgeon who specializes in adult joint reconstruction and musculoskeletal oncology. As a member of the orthopedic oncology team at Moores Cancer Center, she surgically removes bone tumors as well as tumors found in soft tissues including muscle, fascia, fat, and skin. She is skilled at restoring injured limbs through complex reconstructions and limb salvage techniques.
Orthopedics - Joint (cont.)

Catherine M. Robertson, MD
Chief of Sports Medicine
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Joint, Sports Medicine

Add'l Language:
Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

Bio:
Catherine M. Robertson, MD, is a board-certified orthopedic surgeon who specializes in treating injuries of the shoulder, knee and hip. She uses minimally invasive techniques for restoring joint function and to treat complex ligament, tendon, cartilage and meniscus injuries. Dr. Robertson is one of the few physicians in Southern California with specialized training in hip arthroscopy (minimally invasive hip surgery) and uses this advanced technique to treat femoroacetabular impingement (FAI) and labral tears of the hip.
Orthopedics - Orthopedic Trauma

David J. Dalstrom, MD
Orthopedic Surgeon

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Foot & Ankle, Orthopedic Trauma

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
David Dalstrom, MD, is a board-certified orthopedic surgeon who specializes in treating traumatic injuries, degenerative conditions and sports injuries of the foot and ankle.

Paul Joseph Girard, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Surgery, Orthopedics

Subspecialty:
Orthopedic Trauma

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Add'l Language:
Spanish

Bio:
Paul Girard, MD, is a board-certified orthopedic surgeon who specializes in orthopedic trauma and surgery to treat fractured or broken bones. He also cares for patients with complications arising from traumatic orthopedic injuries and has extensive experience in delivering care in emergency settings. Dr Girard has particular interest and expertise in complex lower extremity reconstruction, post-traumatic deformity correction, and treatment of post-traumatic osteomyelitis.

William T. Kent, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialty:
Orthopedic Trauma

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
William Kent, MD, is an orthopedic surgeon who specializes in treating fractures related to trauma, sports injuries and fractures around total joint replacements. His clinical practice includes treating fractures of the acetabulum, hip, pelvis, clavicle, humerus, elbow, forearm, femur, tibia, ankle and foot.
Orthopedics - Orthopedic Trauma (cont.)

Alexandra K. Schwartz, MD
Chief, Orthopedic Trauma
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Surgery
Subspecialty:
Orthopedic Trauma
Add'l Languages:
German, Spanish

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center
Hillcrest - Medical Offices North
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6312
Direct Clinic Line: (858) 657-8200

Bio:
Alexandra Schwartz, MD, is a board-certified orthopedic surgeon. She specializes in orthopedic trauma and surgery to treat fractured or broken bones, including clavicle, pelvic, foot, ankle, arm, elbow, knee, and shoulder injuries. Dr. Schwartz also cares for patients with complications from these injuries, such as infections and poor-healing or non-healing bones. As an orthopedic traumatologist, she has expertise working in emergency settings and with people whose injuries were caused by accidents or violence.
Orthopedics - Spine

Richard (Todd) Allen, MD, PhD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialty:
Orthopedics

Subspecialty:
Spine

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Richard (Todd) Allen, MD, is board-certified orthopedic surgeon with expertise in complex adult reconstruction procedures for deformity/scoliosis and tumors. He specializes in complex disorders of the upper cervical spine, including tumors and degenerative or post-traumatic conditions.

Steven Robert Garfin, MD
Orthopedic Surgeon
Interim Dean, UC San Diego School of Medicine

Specialties:
Surgery, Orthopedics

Subspecialty:
Spine

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Steven Garfin, MD, is a board-certified and world-renowned orthopedic surgeon specializing in the adult spine. He is consistently elected as a top doctor in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Encinitas - Garden View
Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.
Orthopedics - Spine (cont.)

Vinko Zlomislic, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Surgery
Subspecialty:
Spine

Encinitas - Garden View
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Vinko Zlomislic, MD, is a board-certified orthopedic surgeon who specializes in the surgical and nonsurgical management of cervical, thoracic, and lumbar spine disorders. His expertise includes treating degenerative conditions of the cervical and lumbar spine, spinal trauma and infections, and spinal reconstruction for complex spinal deformity and tumors. Dr. Zlomislic emphasizes nonoperative management, recommending surgery only when conservative measures have failed. If surgical treatment is necessary, he uses minimally invasive methods whenever possible.
Orthopedics - Sports Medicine

Reid Allen Abrams, MD
Orthopedic Surgeon
Chief of Hand and Microvascular Surgery
Chair of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Reid Abrams, MD, is a board-certified orthopedic and hand surgeon. He is chief of Hand and Microvascular Surgery and chairman of the Department of Orthopaedic Surgery. Dr. Abrams’ expertise includes treating severe upper limb trauma; nerve injuries; tendon injuries; arthritis of the elbow wrist and hand; carpal tunnel syndrome; Dupuytren’s contracture; as well as fractures and sports injuries of the elbow, forearm, wrist and hand.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Additional Language:
German

Encinitas - Garden View
Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.
Orthopedics - Sports Medicine (cont.)

Eric Hentzen, MD, PhD
Orthopedic Surgeon
Assistant Professor of Orthopedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Add'l Languages:
German, Spanish

Encinitas - Garden View
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Dr. Hentzen, assistant professor of orthopedic surgery, specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.

Matthew Meunier, MD
Orthopedic Surgeon
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Sports Medicine, Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Matthew Meunier, MD, is a board-certified orthopedic surgeon who specializes in hand, upper extremity and microvascular surgery to treat a variety of conditions, including fractures and dislocations, shoulder injuries, chronic wrist pain, and congenital hand disorders. He is one of the region’s top hand injury experts and serves as associate team physician for the San Diego Padres.
Orthopedics - Sports Medicine (cont.)

Catherine M. Robertson, MD
Chief of Sports Medicine
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Joint, Sports Medicine

Add'l Language:
Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

Bio:
Catherine M. Robertson, MD, is a board-certified orthopedic surgeon who specializes in treating injuries of the shoulder, knee and hip. She uses minimally invasive techniques for restoring joint function and to treat complex ligament, tendon, cartilage and meniscus injuries. Dr. Robertson is one of the few physicians in Southern California with specialized training in hip arthroscopy (minimally invasive hip surgery) and uses this advanced technique to treat femoroacetabular impingement (FAI) and labral tears of the hip.

Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialty:
Sports Medicine

Add'l Language:
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale’s expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.
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