UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
# Table of Contents

- Occupational/Environmental Medicine ................................................................. 1
- Osteopathic Medicine ............................................................................................. 2
- Index ......................................................................................................................... 5
Occupational/Environmental Medicine

UC San Diego Health’s Occupational and Environmental Medicine provides the San Diego area with a full range of services for prevention and compliance assistance; work injury treatment and management; blood borne pathogen exposure; vaccinations; and case coordination. Learn more about occupational and environmental medicine at UC San Diego Health.

Marcia Isakari, MD, MPH
Occupational Medicine Physician
Medical Director, Occupational and Environmental Medicine

Specialty:
Occupational/Environmental Medicine
Add'l Languages:
Japanese, Portuguese, Spanish

La Jolla - 8899 University Center Lane
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9210

Bio:
Marcia Isakari, MD, MPH, is a board-certified occupational medicine physician. She has extensive clinical and leadership experience directing occupational medicine clinics and delivering clinical services to employers in virtually all industrial sectors, including biotech/life sciences/technology, public entity, and manufacturing.

John C. Kim, MD
Physician, Occupational and Environmental Medicine

Specialty:
Occupational/Environmental Medicine

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9210

Bio:
John C. Kim, MD, is a board-certified occupational medicine physician who specializes in treating and managing work-related injuries, illnesses and diseases.

Michele Kowalski-McGraw, MD, MPH
Occupational Medicine Physician

Specialty:
Occupational/Environmental Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-4228

Bio:
Michele Kowalski-McGraw, MD, MPH, is a board-certified occupational medicine physician. Her expertise is in restoring and maintaining the health of diverse working populations, including those in healthcare, service, manufacturing, distribution and technology.
Osteopathic Medicine

Alice Chen, DO
Osteopathic Physician
Assistant Professor of Family Medicine and Public Health

Specialty:
Osteopathic Medicine

Add'l Language:
Mandarin

Jacobs Medical Center
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 471-9260

Bio:
Alice Chen, DO, is a board-certified osteopathic neuromusculoskeletal medicine specialist who provides an integrative approach towards treating disease and cultivating health. She provides osteopathic manipulative treatment: a type of hands-on care that treats illness and injury by feeling and gently moving a person’s tissues and joints, thereby easing pain and improving function. She considers the whole-person (mind-body-spirit) in the quest for optimal health and wellness.

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body’s natural tendency for good health.

Hollis H. King, DO, PhD
Osteopathic Physician
Professor of Family Medicine and Public Health

Specialties:
Osteopathic Medicine, Family Medicine

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Hollis H. King, DO, is a board-certified osteopathic physician. He has a whole-body approach to medicine and is highly experienced in osteopathic manipulative treatment, a type of hands-on care that diagnoses and treats illness and injury by moving a person’s muscles and joints to ease pain and increase mobility.
Michael Kurisu, DO
Osteopathic Physician

Specialties:
Osteopathic Medicine, Family Medicine

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - La Jolla: (858) 657-8600

Bio:
Michael Kurisu, DO, is a family medicine physician who provides comprehensive care for people of all ages, including children and adults. As a holistic medicine doctor, the cornerstone of his approach focuses on an internal capacity to heal. He considers the whole person — physical and emotional — in the quest for optimal health and wellness.

Caitlin MacMillen, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine, Osteopathic Medicine

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Caitlin MacMillen, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children, with a special interest in women’s health and integrative medicine. As an osteopath, she has a whole-body approach to medicine and is experienced in osteopathic manipulative treatment, a type of hands-on care that diagnoses and treats illness and injury by moving a person’s muscles and joints to ease pain and increase mobility.

Amy Leu, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

Add'l Language:
Spanish

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Amy Leu, DO, is a board-certified family medicine doctor who specializes in sports medicine. Her expertise includes diagnosing, treating and preventing injuries associated with athletics, including acute and stress fractures, sprains and overuse injuries. She also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Roger J. Mignosa, DO
Physical Medicine and Rehabilitation Specialist

Specialties:
Physical Medicine & Rehabilitation, Osteopathic Medicine, Family Medicine

La Jolla - 9333 Genesee Avenue
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8600
Direct Clinic Line - Scripps Ranch: (858) 657-7750

Bio:
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.
Osteopathic Medicine *(cont.)*

Alan Shahtaji, DO  
Primary Care Physician and Sports Medicine Specialist  
Assistant Professor of Family Medicine and Public Health

**Specialties:**  
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

**La Jolla - 9333 Genesee Avenue**  
**Hillcrest - 4th & Lewis Medical Offices**  
**La Jolla - 4520 Executive Drive**  
**Scripps Ranch - 9909 Mira Mesa Blvd**

**Contact:**  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

**Bio:**  
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health's [Sports Concussion Clinic](https://health.ucsd.edu), which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.
# Index

<table>
<thead>
<tr>
<th>C</th>
<th>K</th>
<th>M</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chen, Alice</td>
<td>Kim, John C.</td>
<td>MacMillen, Caitlin</td>
</tr>
<tr>
<td></td>
<td>King, Hollis H.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Kowalski-McGraw, Michele</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Kurisu, Michael</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>E</td>
<td>Leu, Amy</td>
<td>Shahtaji, Alan</td>
</tr>
<tr>
<td>Eastman, Amelia</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>I</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Isakari, Marcia</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>