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Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

9350 Villa La Jolla Drive
La Jolla, CA 92037

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest

Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo

Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care
(Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
# Table of Contents

Pain Management ........................................................................................................................................... 1  
Senior Medicine ............................................................................................................................................... 5  
Index ........................................................................................................................................................... 8
Pain Management

Pain management is the pharmacological, nonpharmacological and other treatment to prevent, reduce, or stop pain. Learn more about pain management at UC San Diego Health System.

Farshad M. Ahadian, MD
Medical Director, Center For Pain Medicine
Professor of Anesthesiology

Specialties:
Anesthesiology, Pain Management

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Farshad M. Ahadian, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and provides comprehensive, multidisciplinary care for a broad range of pain conditions. His areas of expertise and interest include minimally invasive treatments for neurogenic claudication from lumbar spinal stenosis and lumbar discogenic pain; neurostimulation (including spinal cord and peripheral nerve field stimulation); interventional therapies for the head and neck region; spinal diagnostics and therapeutics; diagnostic and therapeutic interventions for joint pain; integrative medicine and medical acupuncture.

Benjamin Beal, MD
Assistant Clinical Professor

Specialties:
Anesthesiology, Pain Management
Add'l Language:
Italian

Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Benjamin Beal is an Assistant Professor in the Department of Anesthesiology at UC San Diego. His training includes the treatment of acute and chronic pain via interventional and medication based therapies. His areas of specialty include fluoroscopic guided interventional spine injections, spinal cord stimulation, and ultrasound guided techniques.
Pain Management (cont.)

Lynette Cederquist, MD
Professor of Medicine
Pain Management Specialist

Specialties:
Internal Medicine, Pain Management

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lynette Cederquist, MD, is a hospice and and palliative medicine specialist who helps relieve suffering in people with life-limiting and advanced illnesses. As a provider of palliative care, she aims to optimize comfort and quality of life while addressing the psychological, social, and spiritual concerns of patients and their families. Dr. Cedequist currently only sees patients with chronic pain who have been referred to her by internists at UC San Diego Health.

Krishnan Chakravarthy, MD, PhD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

Add'l Language:
Tamil

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Krishnan Chakravarthy, MD, PhD, is an anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. Dr. Chakravarthy performs a variety of procedures to treat chronic pain, specializing in dorsal root stimulation therapy, a type of neurostimulation therapy designed to manage pain in areas of the lower body such as the foot, knee, hip or groin; dorsal column stimulation; and peripheral nerve stimulation.

Jeffrey Chen, MD, MHS
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Physical Medicine & Rehabilitation

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Jeffrey L. Chen, MD, MHS, is a board-certified physical medicine and rehabilitation and pain management physician. As a pain management specialist, Dr. Chen evaluates, diagnoses and treats all forms of acute and chronic pain. His expertise includes conservative treatment of low back and neck pain, non-surgical orthopedic conditions and sports injuries. He is the director of Regenerative Pain Medicine and the associate program director for the Pain Medicine Fellowship at UC San Diego School of Medicine.
Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

Timothy Furnish, MD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Timothy Furnish, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain, including acute, chronic and cancer pain. He has extensive experience in ultrasound guidance for interventional pain procedures and interventional headache treatment, teaching and speaking nationally on these subjects.

Imanuel Lerman, MD
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Neurology
Subspecialty:
Headache

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion
Moores Cancer Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Imanuel Lerman, MD, is a board-certified neurologist who specializes in pain management. As a pain management specialist, Dr. Lerman evaluates, diagnoses and treats all forms of pain, including acute, chronic and cancer pain. He has extensive experience in ultrasound guidance for interventional pain procedures and interventional headache treatment, teaching and speaking nationally on these subjects.
Pain Management (cont.)

Albert Y. Leung, MD
Anesthesiologist and Pain Management Specialist
Professor of Anesthesiology

Specialties:
Anesthesiology, Pain Management

Add'l Languages:
Cantonese, Mandarin

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035

Bio:
Albert Y. Leung, MD, is a board-certified anesthesiologist who specializes in pain medicine. As a pain management specialist, he evaluates and treats all forms of acute and chronic pain conditions. Dr. Leung has over 20 years' experience caring for people with chronic pain, and offers a range of interventional and minimally invasive procedures, as well as medication management.

Nathaniel M. Schuster, MD
Pain Management Specialist and Headache Neurologist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Neurology

Subspecialty:
Headache

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Nathaniel M. Schuster, MD, is a board-certified neurologist and pain and headache specialist. He sees people with all types of chronic pain, with a special focus on spine pain and headache.

Gregory R. Polston, MD
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Gregory R. Polston, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. His expertise includes chronic pain, postoperative pain, cancer pain and spine-related pain.

Mark Steven Wallace, MD
Pain Management Specialist
Chair, Division of Pain Medicine

Specialties:
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Mark Wallace, MD, is a board-certified anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain, though most of his patients are affected by chronic pain.
Senior Medicine

Senior medicine, also known as geriatric medicine, is a medical specialization focusing on the health care of older adults. Learn more about senior medicine at UC San Diego Health System.

Veronica V. Gonzalez, MD
Primary Care Physician

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Veronica Gonzalez, MD, is a board-certified family medicine physician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Gonzalez aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

Roopali Gupta, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Roopali Gupta, MD, is a board-certified geriatric medicine doctor. She provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

Deborah Kado, MD
Bone Health Specialist
Professor of Family Medicine and Public Health

Specialties:
Endocrinology, Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for the elderly. Specifically, Dr. Kado's expertise is in evaluating and treating osteoporosis. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.
Senior Medicine (cont.)

Alison Moore, MD, MPH, FACP
Primary Care Physician
Chief, Division of Geriatrics, Department of Medicine

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Alison Moore, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic diseases and preservation of function. As a geriatrician, Dr. Moore aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

Khai H. Nguyen, MD, MHS
Primary Care Physician
Clinical Services Chief, Senior Medicine

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Khai Nguyen, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Nguyen aims to keep seniors healthy and high functioning as they transition through the stages of aging. His expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. He also has expertise in end of life care and advance care planning.

Ian C. Neel, MD
Geriatrician

Specialty:
Senior Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 249-2500

Bio:
Ian Neel, MD, is a board-certified internal medicine doctor who specializes in caring for older adults. He serves as the primary geriatric medicine consultant for Senior Behavioral Health at UC San Diego Health.
Senior Medicine (cont.)

Jairo Alberto Romero, MD  
Primary Care Physician  
Professor of Medicine

Specialties:  
Primary Care, Senior Medicine

Add'l Language:  
Spanish

La Jolla - Perlman Medical Offices

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-2500

Bio:  
Jairo Alberto Romero, MD, is a board-certified geriatric medicine doctor. He provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

Lindsey Yourman, MD  
Primary Care Physician  
Assistant Professor of Medicine

Specialties:  
Primary Care, Senior Medicine

Add'l Language:  
Spanish

La Jolla - Perlman Medical Offices

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-2500

Bio:  
Lindsey Yourman, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides person-centered primary care focused on maintaining independence and quality of life.

James R. Templeman, MD, MPH  
Geriatrician

Specialty:  
Senior Medicine

Add'l Language:  
Spanish

La Jolla - Perlman Medical Offices

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-2500

Bio:  
James Templeman, MD, MPH, is a board-certified geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on healthy aging, disease prevention, treatment of acute and chronic illnesses, and preservation of function.
# Index

<table>
<thead>
<tr>
<th>Name</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ahadian, Farshad M.</td>
<td>1</td>
</tr>
<tr>
<td>Beal, Benjamin</td>
<td>1</td>
</tr>
<tr>
<td>Cederquist, Lynette</td>
<td>2</td>
</tr>
<tr>
<td>Chakravarthy, Krishnan</td>
<td>2</td>
</tr>
<tr>
<td>Chen, Jeffrey</td>
<td>2</td>
</tr>
<tr>
<td>Eastman, Amelia</td>
<td>3</td>
</tr>
<tr>
<td>Furnish, Timothy</td>
<td>3</td>
</tr>
<tr>
<td>Gonzalez, Veronica V.</td>
<td>5</td>
</tr>
<tr>
<td>Gupta, Roopali</td>
<td>5</td>
</tr>
<tr>
<td>Kado, Deborah</td>
<td>5</td>
</tr>
<tr>
<td>Lerman, Imanuel</td>
<td>3</td>
</tr>
<tr>
<td>Leung, Albert Y.</td>
<td>4</td>
</tr>
<tr>
<td>Moore, Alison</td>
<td>6</td>
</tr>
<tr>
<td>Neel, Ian C.</td>
<td>6</td>
</tr>
<tr>
<td>Nguyen, Khai H.</td>
<td>6</td>
</tr>
<tr>
<td>Polston, Gregory R.</td>
<td>4</td>
</tr>
<tr>
<td>Romero, Jairo Alberto</td>
<td>7</td>
</tr>
<tr>
<td>Schuster, Nathaniel M.</td>
<td>4</td>
</tr>
<tr>
<td>Templeman, James R.</td>
<td>7</td>
</tr>
<tr>
<td>Wallace, Mark Steven</td>
<td>4</td>
</tr>
<tr>
<td>Yourman, Lindsey</td>
<td>7</td>
</tr>
</tbody>
</table>