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Pain Management

Pain management is the pharmacological, nonpharmacological and other treatment to prevent, reduce, or stop pain. Learn more about pain management at UC San Diego Health.

Farshad M. Ahadian, MD
Medical Director, Center For Pain Medicine
Professor of Anesthesiology

Specialties:
Anesthesiology, Pain Management

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273

Bio:
Farshad M. Ahadian, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and provides comprehensive, multidisciplinary care for a broad range of pain conditions. His areas of expertise and interest include minimally invasive treatments for neurogenic claudication from lumbar spinal stenosis and lumbar discogenic pain; neurostimulation (including spinal cord and peripheral nerve field stimulation); interventional therapies for the head and neck region; spinal diagnostics and therapeutics; diagnostic and therapeutic interventions for joint pain; integrative medicine and medical acupuncture.

Benjamin Beal, MD
Assistant Clinical Professor

Specialties:
Anesthesiology, Pain Management

Add'l Language:
Italian

Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Benjamin Beal is an Assistant Professor in the Department of Anesthesiology at UC San Diego. His training includes the treatment of acute and chronic pain via interventional and medication based therapies. His areas of specialty include fluoroscopic guided interventional spine injections, spinal cord stimulation, and ultrasound guided techniques.
Pain Management (cont.)

Lynette Cederquist, MD
Professor of Medicine
Pain Management Specialist

Specialties:
Internal Medicine, Pain Management

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lynette Cederquist, MD, is a hospice and and palliative medicine specialist who helps relieve suffering in people with life-limiting and advanced illnesses. As a provider of palliative care, she aims to optimize comfort and quality of life while addressing the psychological, social, and spiritual concerns of patients and their families. Dr. Cedequist currently only sees patients with chronic pain who have been referred to her by internists at UC San Diego Health.

Krishnan Chakravarthy, MD, PhD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

Add'l Language:
Tamil

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Krishnan Chakravarthy, MD, PhD, is an anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. Dr. Chakravarthy performs a variety of procedures to treat chronic pain, specializing in dorsal root stimulation therapy, a type of neurostimulation therapy designed to manage pain in areas of the lower body such as the foot, knee, hip or groin; dorsal column stimulation; and peripheral nerve stimulation.

Jeffrey Chen, MD, MHS
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Physical Medicine & Rehabilitation

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Jeffrey L. Chen, MD, MHS, MS, is a board-certified physical medicine and rehabilitation and pain management physician. As a pain management specialist, Dr. Chen evaluates, diagnoses and treats all forms of acute and chronic pain. His expertise includes conservative treatment of low back and neck pain, non-surgical orthopedic conditions and sports injuries. He is the director of Regenerative Pain Medicine and the associate program director for the Pain Medicine Fellowship at UC San Diego School of Medicine.
Pain Management (cont.)

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genessee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

Timothy Furnish, MD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Timothy Furnish, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain, including acute, chronic and cancer pain. He has extensive experience in ultrasound guidance for interventional pain procedures and interventional headache treatment, teaching and speaking nationally on these subjects.

Imanuel Lerman, MD
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Neurology
Subspecialty:
Headache

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion
Moores Cancer Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Imanuel Lerman, MD, is a board-certified neurologist who specializes in pain management. As a pain management specialist, Dr. Lerman evaluates, diagnoses and treats all forms of pain, including acute, chronic and cancer pain. He has extensive experience in ultrasound guidance for interventional pain procedures and interventional headache treatment, teaching and speaking nationally on these subjects.
Pain Management (cont.)

Albert Y. Leung, MD
Anesthesiologist and Pain Management Specialist
Professor of Anesthesiology

Specialties:
Anesthesiology, Pain Management
Add'l Languages:
Cantonese, Mandarin

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Albert Y. Leung, MD, is a board-certified anesthesiologist who specializes in pain medicine. As a pain management specialist, he evaluates and treats all forms of acute and chronic pain conditions. Dr. Leung has over 20 years’ experience caring for people with chronic pain, and offers a range of interventional and minimally invasive procedures, as well as medication management.

Nathaniel M. Schuster, MD
Pain Management Specialist and Headache Neurologist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Neurology
Subspecialty:
Headache

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Nathaniel M. Schuster, MD, is a board-certified neurologist and pain and headache specialist. He sees people with all types of chronic pain, with a special focus on spine pain and headache.

Gregory R. Polston, MD
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Gregory R. Polston, MD, is a board-certified anesthesiologist who specializes in pain medicine. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. His expertise includes chronic pain, postoperative pain, cancer pain and spine-related pain.

Mark Steven Wallace, MD
Pain Management Specialist
Chair, Division of Pain Medicine

Specialties:
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Mark Wallace, MD, is a board-certified anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain, though most of his patients are affected by chronic pain.
Pediatrics

Pediatrics is the branch of medicine concerned with children’s health and the prevention and treatment of illnesses in children. Learn more about [pediatrics](https://health.ucsd.edu) at UC San Diego Health.

**Shirin Alonzo, MD, MPH**
Pediatrician

**Specialties:**
Pediatrics, Primary Care  
**Add'l Language:**
Farsi

**Kearny Mesa - Frost Street**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 496-4800

**Bio:**
Shirin Alonzo, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their developmental stages. She has a special interest in caring for children who have medically fragile or special needs.

**Bruce A. Barshop, MD, PhD**  
Professor  
Professor of Clinical Pediatrics

**Specialty:**
Pediatrics

**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7200

**Bio:**

My clinical activities focus on inherited disorders of metabolism, and newborn screening. I direct a diagnostic Clinical Biochemical Genetics laboratory. My research activities include clinical trials, metabolomics and stable isotope kinetics.

**Nadine Benador, MD**  
Assistant Clinical Professor

**Specialty:**
Pediatrics

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**

**Daniel Edward Lee, MD, PhD**  
Anesthesiologist and Pediatric Intensivist  
Professor of Anesthesiology and Pediatrics

**Specialties:**
Anesthesiology, Pediatrics

**Subspecialty:**
Critical Care

**Add'l Language:**
Spanish

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**

Daniel E. Lee, MD, PhD, is a board-certified anesthesiologist and pediatrician who provides critical care services and anesthesia for children admitted to UC San Diego Health's [Regional Burn Center](https://health.ucsd.edu), the only burn center in San Diego and Imperial Counties. He also provides anesthesia for patients of all ages at UC San Diego Health hospitals in Hillcrest and La Jolla, and at Rady Children's Hospital.
Shannon Leung, MD, MPH  
Pediatrician  

Specialties:  
Pediatrics, Primary Care  

Kearny Mesa - Frost Street  
La Jolla - 8910 Villa La Jolla  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962  

Bio:  
Shannon Leung, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, adolescents, and young adults up to age 21.  

Julie Ryu, MD  
Pediatric Pulmonologist  
Assistant Adjunct Professor  

Specialty:  
Pediatrics  

Contact:  
New Patient Registration: (800) 926-8273  

Bio:  
Julie Ryu, MD, is a board-certified pediatric pulmonary specialist. She provides care for children with chronic lung disease and sleep disorders.  

Yvonne Vaucher, MD  

Bio:  
Yvonne Vaucher, MD, is a board-certified pediatrician who provides care for children and adolescents.  

Lori Wan, MD  
Primary Care Physician  
Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine, Pediatrics  

Hillcrest - 4th & Lewis Medical Offices  
Kearny Mesa - Frost Street  
La Jolla - 8910 Villa La Jolla  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 471-9250  
Direct Clinic Line: (858) 496-4800  

Bio:  
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Maya M. Kumar, MD  
Adolescent Medicine/Pediatrics Physician

Specialties:  
Pediatrics, Primary Care  
Subspecialties:  
Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 496-4800

Bio:  
Maya Kumar, MD, FAAP, FRCPC, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that allows patients transitioning through adolescence and young adulthood to see a physician who specializes in the unique physical, social and emotional conditions of this life stage.
Pediatrics - Complex Care Pediatrics

Bret D. Pickering, MD
Director, Pediatrics and Adolescent Medicine
Professor of Pediatrics

**Specialties:**
Pediatrics, Primary Care

**Subspecialties:**
Complex Care Pediatrics, General Pediatrics

**Add'l Language:**
Spanish

Kearny Mesa - Frost Street

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

**Bio:**
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.
Pediatrics - Developmental-Behavioral Pediatrics

Developmental-Behavioral Pediatrics is the evaluation and treatment of developmental, learning or behavioral problems in children and adolescents.

**Adam Braddock, MD**
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialties:**
Developmental-Behavioral Pediatrics, General Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 246-0053

**Bio:**
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

**Sheila Gahagan, MD, MPH**
Developmental-Behavioral Pediatrician
Professor of Pediatrics

**Specialty:**
Pediatrics

**Subspecialty:**
Developmental-Behavioral Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 246-0053

**Bio:**
Sheila Gahagan, MD, MPH, is a board-certified developmental-behavioral pediatrician. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, learning disorders, behavioral or mental health concerns. Dr. Gahagan has a special interest in the evaluation and care of infants and toddlers with developmental delay and behavioral concerns. She has particular expertise in infant and toddler regulation disorders (including sleep problems), difficulty feeding, excessive crying and tantrums, attachment disorders, complications of prematurity, and fetal alcohol syndrome. She also cares for many children with autism spectrum disorders and ADHD.
Lauren E. Gist, MD, MPH  
Pediatrician  

Specialty: Pediatrics  
Subspecialty: Developmental-Behavioral Pediatrics  
Add'l Language: Spanish  

Kearny Mesa - Frost Street  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 246-0053  

Bio:  
Lauren Gist, MD, MPH is a board-certified pediatrician who specializes in developmental-behavioral pediatrics. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning difficulties or mental health concerns. Dr. Gist has a special interest in the evaluation and care of young children with behavioral challenges, children with developmental and behavioral concerns associated with genetic conditions, autism, and fetal alcohol spectrum disorders.

Yi Hui Liu, MD, MPH  
Developmental-Behavioral Pediatrician  
Associate Professor of Pediatrics  

Specialty: Pediatrics  
Subspecialty: Developmental-Behavioral Pediatrics  

Kearny Mesa - Frost Street  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 246-0053  

Bio:  
Yi Hui Liu, MD, MPH is a board-certified developmental-behavioral pediatrician. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning disorders and/or mental health concerns. Dr. Liu has a special interest in the evaluation and care of children with attention deficit hyperactivity disorder (ADHD), autism spectrum disorders, anxiety, intellectual disability, and developmental delays. She has extensive experience collaborating with other developmental services, including psychology, speech and language therapy, occupational therapy, and physical therapy.
Pediatrics - General Pediatrics

Tamantha (Tami) Arlata, MD
Pediatrician

Specialties:
- Pediatrics, Primary Care

Subspecialty:
- General Pediatrics

Add'l Language:
- Tagalog

Rancho Bernardo - Via Tazon

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 605-4453

Bio:
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.

Adam Braddock, MD
Pediatrician

Specialties:
- Pediatrics, Primary Care

Subspecialties:
- Developmental-Behavioral Pediatrics, General Pediatrics

Kearny Mesa - Frost Street

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line - Kearny Mesa: (858) 496-4800
- Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

Eyla Boies, MD
Pediatrician
Professor of Pediatrics

Specialties:
- Pediatrics, Primary Care

Subspecialty:
- General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line - Kearny Mesa: (858) 496-4800
- Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes providing lactation consultation, assisting mothers who are experiencing difficulties breastfeeding their newborns.

Robert Coles, MD
Pediatrician

Specialties:
- Pediatrics, Primary Care

Subspecialty:
- General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line - Rancho Bernardo: (858) 605-4453
- Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.
Janet Crow, MD, FAAP  
Pediatrician  
Professor of Pediatrics  

Specialties:  
Pediatrics, Primary Care  
Subspeciality:  
General Pediatrics  
Add'l Language:  
Spanish  

Kearny Mesa - Frost Street  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 496-4800  

Bio:  
Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients and caring for them as they grow and change.

Sabiha Hussain, MD  
Pediatrician  

Specialties:  
Pediatrics, Primary Care  
Subspeciality:  
General Pediatrics  
Add'l Language:  
Urdu  

Rancho Bernardo - Via Tazon  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4453  

Bio:  
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.

Nancy Graff, MD  
Clinical Professor of Pediatrics  

Specialties:  
Pediatrics, Primary Care  
Subspeciality:  
General Pediatrics  

Kearny Mesa - Frost Street  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 496-4800  

Bio:  
Dr. Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. “Most of health happens outside of hospitals and doctor's offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods.”

Leah D. Kern, MD, MPH  
Pediatrician  
Assistant Professor of Pediatrics  

Specialties:  
Pediatrics, Primary Care  
Subspecialities:  
Travel Medicine, General Pediatrics  
Add'l Languages:  
French, Spanish  

Kearny Mesa - Frost Street  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 496-4800  

Bio:  
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the Pediatric Travel Medicine program, which provides medical advice and vaccinations for children travelling internationally. She also works as a pediatrician for the UCSD Mother, Child and Adolescent HIV Program.
Maya M. Kumar, MD  
Adolescent Medicine/Pediatrics Physician

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialties:**  
Adolescent Medicine, General Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 496-4800

**Bio:**  
Maya Kumar, MD, FAAP, FRCPC, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that allows patients transitioning through adolescence and young adulthood to see a physician who specializes in the unique physical, social and emotional conditions of this life stage.

Breanna (Bree) Lustre, MD  
Pediatrician

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialty:**  
General Pediatrics

**Downtown - West F Street**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Downtown: (619) 541-4787

**Bio:**  
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.

Lawrence Ma, MD  
Primary Care Physician

**Specialties:**  
Primary Care, Internal Medicine, Pediatrics  
**Subspecialty:**  
General Pediatrics  
**Add'l Language:**  
Mandarin

**Hillcrest - 4th & Lewis Medical Offices**  
**Kearny Mesa - Frost Street**  
**La Jolla - 8910 Villa La Jolla**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962  
Direct Clinic Line - Hillcrest: (619) 471-9250

**Bio:**  
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's pediatricians program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma's areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.
Bret D. Pickering, MD  
Director, Pediatrics and Adolescent Medicine  
Professor of Pediatrics

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialties:**  
Complex Care Pediatrics, General Pediatrics  
**Add'l Language:**  
Spanish  

**Kearny Mesa - Frost Street**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 496-4800

**Bio:**  
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.

Benjamin Shleifer, MD  
Pediatrician

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialty:**  
General Pediatrics  

**Rancho Bernardo - Via Tazon**  
**Encinitas - Encinitas Blvd**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Rancho Bernardo: (858) 605-4453  
Direct Clinic Line - Encinitas: (760) 452-7966

**Bio:**  
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.

Vanessa P. Scott, MD  
Pediatrician  
Assistant Professor of Pediatrics

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialty:**  
General Pediatrics  

**La Jolla - 8910 Villa La Jolla**  
**Kearny Mesa - Frost Street**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 203-4962  
Direct Clinic Line - Kearny Mesa: (858) 496-4800

**Bio:**  
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.

Helen C. Wang, MD  
Pediatrician

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialty:**  
General Pediatrics  
**Add'l Language:**  
Mandarin  

**Kearny Mesa - Frost Street**  
**La Jolla - 8910 Villa La Jolla**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**  
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.
O. Douglas Wilson, MD
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
O. Douglas Wilson, MD, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. He has experience in child development, pediatric cardiology, and pediatric dermatology.
Erika F. Fernandez, MD
Director, Neonatal Intensive Care Unit
Associate Professor of Pediatrics

Specialty:
Pediatrics
Subspecialty:
Neonatal-Perinatal Medicine

Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5800

Bio:
Erika F. Fernandez, MD, is a board-certified neonatologist. She directs UC San Diego Health’s nationally recognized Neonatal Intensive Care Unit (NICU), which provides specialized and emergency care for babies who are born premature, critically ill, or with complex health conditions.

Krishelle Leong Marc-Aurele, MD
Associate Professor of Pediatrics

Specialty:
Pediatrics
Subspecialty:
Neonatal-Perinatal Medicine

Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5800

Bio:
Krishelle Leong Marc-Aurele, MD, is a board-certified neonatologist who provides specialized and emergency care for babies who are born prematurely, critically ill or with complex health conditions. In addition to caring for babies in the Neonatal Intensive Care Unit (NICU) at Jacobs Medical Center, she also cares for seriously ill children of all ages in a palliative care clinic at Rady Children’s Hospital.

Lawrence (Lance) Prince, MD, PhD
Division Chief of Neonatology
Associate Professor of Pediatrics

Specialty:
Pediatrics
Subspecialty:
Neonatal-Perinatal Medicine

Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5800

Bio:
Lawrence (Lance) S. Prince, MD, PhD, is a board-certified pediatrician and neonatal-perinatal medicine specialist. Dr. Prince is the Division Chief of Neonatology at the University of California, San Diego and Rady Children’s Hospital, San Diego. He has a particular clinical interest in managing and treating neonatal lung diseases, especially bronchopulmonary dysplasia (BPD) in babies born extremely preterm.
Pediatrics - Newborn Hospital Care

Pediatric hospitalists care for newborns in the hospital setting only. They may provide care ranging from normal newborn care to emergent stabilization and resuscitation, if necessary. Pediatric Hospitalists also provide parents with advice and guidance about lactation and any other questions they may have regarding their newborn. Learn more about Newborn Care at UC San Diego Health.

Eustratia (Tia) Hubbard, MD, FAAP
Newborn Hospitalist
Associate Professor of Pediatrics

**Specialty:**
Pediatrics

**Subspecialty:**
Newborn Hospital Care

**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 203-4962

**Bio:**
Eustratia "Tia" Hubbard, MD, FAAP, is a board-certified pediatrician who specializes in the care of newborns. As a newborn hospitalist, Dr. Hubbard provides comprehensive infant care, incorporating current evidence and clinical guidelines. She especially enjoys assisting new parents with their transition to parenthood.

Kathryn Johnson, MD, FAAP
Pediatrician

**Specialty:**
Pediatrics

**Subspecialty:**
Newborn Hospital Care

**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 203-4962

**Bio:**
Kathryn Johnson, MD, is a board-certified pediatrician who specializes in the care of newborns. As a newborn hospitalist, Dr. Johnson provides care for newborns during their stay in the hospital.
**Pediatrics - Newborn Hospital Care (cont.)**

**Michelle L. Leff, MD**  
Newborn Hospitalist and Pediatrician  
Associate Professor of Pediatrics

- **Specialties:** Pediatrics, Primary Care  
- **Subspecialty:** Newborn Hospital Care  
- **Add'l Language:** Spanish

**Jacobs Medical Center**  
La Jolla - 8910 Villa La Jolla

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla Pediatrics: (858) 203-4962

**Bio:**  
Michelle L. Leff, MD, is a board-certified pediatrician who specializes in the care of newborns. She also provides primary care for infants, children, and adolescents through all of their life stages. As a newborn hospitalist, Dr. Leff meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and breastfeeding help, including frenotomies.

**Kirsten Limmer, MD, PhD**  
Newborn Hospitalist

- **Specialty:** Pediatrics  
- **Subspecialty:** Newborn Hospital Care

**Jacobs Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273

**Bio:**  
Kirsten Limmer, MD, PhD, is a board-certified pediatrician who specializes in the care of newborns. As a physician in the newborn nursery, Dr. Limmer meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and breastfeeding help.

**Christopher A. Longhurst, MD, FACMI**  
Newborn Hospitalist  
Chief Information Officer  
Associate Chief Medical Officer of Quality and Patient Safety

- **Specialty:** Pediatrics  
- **Subspecialty:** Newborn Hospital Care

**Jacobs Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 203-4962

**Bio:**  
Christopher Longhurst, MD, is a board-certified pediatrician who specializes in the care of newborns. As a newborn hospitalist, he meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and performing procedures like frenotomy.
Richard Silva, MD
Newborn Hospitalist

Specialty:
Pediatrics
Subspecialty:
Newborn Hospital Care
Add'l Language:
Spanish

Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5900

Bio:
Richard Silva, MD, is a board-certified pediatrician who specializes in the care of newborns. As a newborn hospitalist, Dr. Silva meets with parents and their babies during their postpartum stay, providing daily care to infants. This care includes newborn examinations, screening tests, and reviewing care with families including anticipatory guidance prior to their transition home.

Lisa M. Stellwagen, MD, FAAP
Pediatrician
Professor of Pediatrics

Specialty:
Pediatrics
Subspecialty:
Newborn Hospital Care
Add'l Language:
Spanish

Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 203-4962

Bio:
Lisa Stellwagen, MD, is a newborn specialist and board-certified pediatrician. She has been a pediatrician for 30 years, both in community and hospital settings, and is the medical director of the Newborn Service at UC San Diego Health. Her clinical expertise includes infant nutrition, breastmilk feeding, and medical care of newborns.
Pediatrics - Travel Medicine

Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Travel Medicine, General Pediatrics

Add'l Languages:
French, Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the Pediatric Travel Medicine program, which provides medical advice and vaccinations for children traveling internationally. She also works as a pediatrician for the UCSD Mother, Child and Adolescent HIV Program.
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