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# Table of Contents

- Pain Management .......................................................................................................................... 1
- Weight-Loss Surgery (Bariatric) .................................................................................................. 5
- Index ........................................................................................................................................... 7
Pain Management

Pain management is the pharmacological, nonpharmacological and other treatment to prevent, reduce, or stop pain. Learn more about pain management at UC San Diego Health.

Farshad M. Ahadian, MD
Medical Director, Center For Pain Medicine
Professor of Anesthesiology

Specialties:
Anesthesiology, Pain Management

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273

Bio:
Farshad M. Ahadian, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and provides comprehensive, multidisciplinary care for a broad range of pain conditions. His areas of expertise and interest include minimally invasive treatments for neurogenic claudication from lumbar spinal stenosis and lumbar discogenic pain; neurostimulation (including spinal cord and peripheral nerve field stimulation); interventional therapies for the head and neck region; spinal diagnostics and therapeutics; diagnostic and therapeutic interventions for joint pain; integrative medicine and medical acupuncture.

Benjamin Beal, MD
Assistant Clinical Professor

Specialties:
Anesthesiology, Pain Management

Add'l Language:
Italian

Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Benjamin Beal is an Assistant Professor in the Department of Anesthesiology at UC San Diego. His training includes the treatment of acute and chronic pain via interventional and medication based therapies. His areas of specialty include fluoroscopic guided interventional spine injections, spinal cord stimulation, and ultrasound guided techniques.
Pain Management (cont.)

Lynette Cederquist, MD
Professor of Medicine
Pain Management Specialist

Specialties:
Internal Medicine, Pain Management

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lynette Cederquist, MD, is a hospice and palliative medicine specialist who helps relieve suffering in people with life-limiting and advanced illnesses. As a provider of palliative care, she aims to optimize comfort and quality of life while addressing the psychological, social, and spiritual concerns of patients and their families. Dr. Cederquist currently only sees patients with chronic pain who have been referred to her by internists at UC San Diego Health.

Krishnan Chakravarthy, MD, PhD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

Add'l Language:
Tamil

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Krishnan Chakravarthy, MD, PhD, is an anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. Dr. Chakravarthy performs a variety of procedures to treat chronic pain, specializing in dorsal root stimulation therapy, a type of neurostimulation therapy designed to manage pain in areas of the lower body such as the foot, knee, hip or groin; dorsal column stimulation; and peripheral nerve stimulation.

Jeffrey Chen, MD, MHS
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Physical Medicine & Rehabilitation

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Jeffrey L. Chen, MD, MHS, MS, is a board-certified physical medicine and rehabilitation and pain management physician. As a pain management specialist, Dr. Chen evaluates, diagnoses and treats all forms of acute and chronic pain. His expertise includes conservative treatment of low back and neck pain, non-surgical orthopedic conditions and sports injuries. He is the director of Regenerative Pain Medicine and the associate program director for the Pain Medicine Fellowship at UC San Diego School of Medicine.
Pain Management (cont.)

Amelia Eastman, DO  
Physical Medicine and Rehabilitation Specialist  
Associate Professor of Family Medicine and Public Health

Specialties:  
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices  
La Jolla - 9333 Genesee Avenue  
La Jolla - 8939 Villa La Jolla Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6035  
Direct Clinic Line: (844) 747-0474

Bio:  
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

Timothy Furnish, MD  
Pain Management Specialist  
Assistant Professor of Anesthesiology

Specialties:  
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion  
Moores Cancer Center  
Hillcrest - UC San Diego Medical Center

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-3800

Bio:  
Timothy Furnish, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, Dr. Furnish evaluates, diagnoses and treats all forms of pain, including acute, chronic and cancer pain. He has extensive experience in ultrasound guidance for interventional pain procedures and interventional headache treatment, teaching and speaking nationally on these subjects.

Imanuel Lerman, MD  
Pain Management Specialist  
Associate Professor of Anesthesiology

Specialties:  
Pain Management, Neurology

Subspecialty:  
Headache

Jacobs Medical Center  
La Jolla - Koman Family Outpatient Pavilion  
Moores Cancer Center  
Hillcrest - UC San Diego Medical Center

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-3800

Bio:  
Imanuel Lerman, MD, is a board-certified neurologist who specializes in pain management. As a pain management specialist, Dr. Lerman evaluates, diagnoses and treats all forms of pain, including acute, chronic and cancer pain. He has extensive experience in ultrasound guidance for interventional pain procedures and interventional headache treatment, teaching and speaking nationally on these subjects.
Pain Management (cont.)

Albert Y. Leung, MD
Anesthesiologist and Pain Management Specialist
Professor of Anesthesiology

Specialties:
Anesthesiology, Pain Management

Add'l Languages:
Cantonese, Mandarin

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Albert Y. Leung, MD, is a board-certified anesthesiologist who specializes in pain medicine. As a pain management specialist, he evaluates and treats all forms of acute and chronic pain conditions. Dr. Leung has over 20 years’ experience caring for people with chronic pain, and offers a range of interventional and minimally invasive procedures, as well as medication management.

Nathaniel M. Schuster, MD
Pain Management Specialist and Headache Neurologist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Neurology

Subspecialty:
Headache

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Nathaniel M. Schuster, MD, is a board-certified neurologist and pain and headache specialist. He sees people with all types of chronic pain, with a special focus on spine pain and headache.

Gregory R. Polston, MD
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Gregory R. Polston, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. His expertise includes chronic pain, postoperative pain, cancer pain and spine-related pain.

Mark Steven Wallace, MD
Pain Management Specialist
Chair, Division of Pain Medicine

Specialties:
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Mark Wallace, MD, is a board-certified anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain, though most of his patients are affected by chronic pain.
Weight-Loss Surgery (Bariatric)

Weight-Loss Surgery (Bariatric) makes changes to your digestive system to help you lose weight by limiting how much you can eat or reducing the absorption of nutrients, or both. Learn more about weight-loss surgery (bariatric) at UC San Diego Health.

Joslin Cheverie, MD
Surgeon
Assistant Professor of Surgery

Specialties:
Surgey, Weight-Loss Surgery (Bariatric), Obesity Medicine
Subspecialty:
Minimally Invasive Surgery

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8860

Bio:
Joslin Cheverie, MD, is a board-certified surgeon who specializes in minimally invasive surgeries including bariatric procedures performed on the stomach or intestines to contribute to weight loss.

Santiago Horgan, MD
Surgeon
Professor of Surgery
Director, Center for the Future of Surgery
Director, Center for Fluorescence-Guided Surgery

Specialties:
Weight-Loss Surgery (Bariatric), Surgery, Cancer, Obesity Medicine
Subspecialties:
General and Gastrointestinal Surgery, Minimally Invasive Surgery, Gastrointestinal Cancers

Add'l Language:
Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8860

Bio:
Santiago Horgan, MD, is an internationally recognized expert in esophageal disease, weight-loss surgery, minimally invasive surgery and new technologies and approaches for surgery. He performs a variety of weight-loss procedures including gastric sleeve, gastric plication, gastric bypass, and revisional weight-loss surgeries.

Eduardo Grunvald, MD
Obesity Medicine Physician
Medical Director, Weight Management Program
Professor of Medicine

Specialties:
Obesity Medicine, Weight-Loss Surgery (Bariatric)
Add'l Language:
Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8860

Bio:
Eduardo Grunvald, MD, is a board-certified obesity medicine physician. As part of UC San Diego Health’s bariatric surgery team, Dr. Grunvald evaluates and manages patients before and after surgery, and helps people long-term with their health and weight loss journey. He also directs the weight management program, which includes nutrition, behavior, and lifestyle support.
Garth Ross Jacobsen, MD
Director, Hernia Surgery
Professor of Surgery

Specialties:
Surgery, Weight-Loss Surgery (Bariatric), Obesity Medicine

Subspecialties:
General and Gastrointestinal Surgery, Minimally Invasive Surgery

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8860

Bio:
Garth Jacobsen, MD, is a board-certified surgeon who specializes in hernia surgery and repairing abdominal wall defects. He has expertise in both traditional and minimally invasive surgical techniques. Dr. Jacobsen's approach considers each patient as an individual. He works with each person to develop the best repair or surgical plan available.
# Index

<table>
<thead>
<tr>
<th>A</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Ahadian, Farshad M.</td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>B</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beal, Benjamin</td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>C</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cederquist, Lynette</td>
<td></td>
<td>2</td>
</tr>
<tr>
<td>Chakravarthy, Krishnan</td>
<td></td>
<td>2</td>
</tr>
<tr>
<td>Chen, Jeffrey</td>
<td></td>
<td>2</td>
</tr>
<tr>
<td>Cheverie, Joslin</td>
<td></td>
<td>5</td>
</tr>
<tr>
<td>E</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Eastman, Amelia</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>F</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Furnish, Timothy</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>G</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grunvald, Eduardo</td>
<td></td>
<td>5</td>
</tr>
<tr>
<td>H</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Horgan, Santiago</td>
<td></td>
<td>5</td>
</tr>
<tr>
<td>J</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jacobsen, Garth Ross</td>
<td></td>
<td>6</td>
</tr>
<tr>
<td>L</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lerman, Imanuel</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>Leung, Albert Y.</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>P</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Polston, Gregory R.</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>S</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Schuster, Nathaniel M.</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>W</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wallace, Mark Steven</td>
<td></td>
<td>4</td>
</tr>
</tbody>
</table>