Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

→ New Patients (who have never seen a UC San Diego Health provider)
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

→ Current Patients
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

→ Find a Doctor
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
Locations

La Jolla
4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Hillcrest
4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Encinitas
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

Vista
910 Sycamore Avenue
Vista, CA 92081

Scripps Ranch
9909 Mira Mesa Blvd.
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Rady Children’s Hospital-San Diego
3020 Children’s Way
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway
Temecula, CA 92952

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

health.ucsd.edu | Patient Access 800-926-8273 | Physician Access 855-543-0555
# Table of Contents

**Pain Management** .......................................................................................................................... 1

**Index** ............................................................................................................................................... 5
Pain Management

Pain management is the pharmacological, nonpharmacological and other treatment to prevent, reduce, or stop pain. Learn more about pain management at UC San Diego Health System.

Farshad M. Ahadian, MD
Medical Director, Center For Pain Medicine
Professor of Anesthesiology

Specialties:
Anesthesiology, Pain Management

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Farshad M. Ahadian, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and provides comprehensive, multidisciplinary care for a broad range of pain conditions. His areas of expertise and interest include minimally invasive treatments for neurogenic claudication from lumbar spinal stenosis and lumbar discogenic pain; neurostimulation (including spinal cord and peripheral nerve field stimulation); interventional therapies for the head and neck region; spinal diagnostics and therapeutics; diagnostic and therapeutic interventions for joint pain; integrative medicine and medical acupuncture.

Benjamin Beal, MD
Assistant Clinical Professor

Specialties:
Anesthesiology, Pain Management

Add'l Language:
Italian

Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Benjamin Beal is an Assistant Professor in the Department of Anesthesiology at UC San Diego. His training includes the treatment of acute and chronic pain via interventional and medication based therapies. His areas of specialty include fluoroscopic guided interventional spine injections, spinal cord stimulation, and ultrasound guided techniques.
Pain Management (cont.)

**Lynette Cederquist, MD**  
Professor of Medicine  
Pain Management Specialist

**Specialties:**  
Internal Medicine, Pain Management

**Add'l Language:**  
Spanish

**Hillcrest - 4th & Lewis Medical Offices**  
La Jolla - 8939 Villa La Jolla Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

**Bio:**  
Lynette Cederquist, MD, is a hospice and palliative medicine specialist who helps relieve suffering in people with life-limiting and advanced illnesses. As a provider of palliative care, she aims to optimize comfort and quality of life while addressing the psychological, social, and spiritual concerns of patients and their families. Dr. Cederquist currently only sees patients with chronic pain who have been referred to her by internists at UC San Diego Health.

**Krishnan Chakravarthy, MD, PhD**  
Pain Management Specialist  
Assistant Professor of Anesthesiology

**Specialties:**  
Pain Management, Anesthesiology

**Add'l Language:**  
Tamil

**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-3800

**Bio:**  
Krishnan Chakravarthy, MD, PhD, is an anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. Dr. Chakravarthy performs a variety of procedures to treat chronic pain, specializing in dorsal root stimulation therapy, a type of neurostimulation therapy designed to manage pain in areas of the lower body such as the foot, knee, hip or groin; dorsal column stimulation; and peripheral nerve stimulation.

**Jeffrey Chen, MD**  
Pain Management Specialist  
Assistant Professor of Anesthesiology

**Specialties:**  
Pain Management, Physical Medicine & Rehabilitation, Sports Medicine

**Moores Cancer Center**  
La Jolla - Koman Family Outpatient Pavilion

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-3800

**Bio:**  
Jeffrey L. Chen, MD, is a board-certified physical medicine and rehabilitation physician who subspecializes in pain management. As a pain management specialist, Dr. Chen evaluates, diagnoses and treats all forms of acute and chronic pain. His expertise includes conservative treatment of low back and neck pain, non-surgical orthopedic conditions and sports injuries.
Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

Imanuel Lerman, MD
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Neurology
Subspecialty:
Headache

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion
Moores Cancer Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Imanuel Lerman, MD, is a board-certified neurologist who specializes in pain management. As a pain management specialist, Dr. Lerman evaluates, diagnoses and treats all forms of pain, including acute, chronic and cancer pain. He has extensive experience in ultrasound guidance for interventional pain procedures and interventional headache treatment, teaching and speaking nationally on these subjects.

Timothy Furnish, MD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Timothy Furnish, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain, particularly chronic pain and acute, post-surgical pain.
Pain Management (cont.)

**Albert Y. Leung, MD**  
Anesthesiologist and Pain Management Specialist  
Professor of Anesthesiology  

**Specialties:**  
Anesthesiology, Pain Management  

**Add'l Languages:**  
Cantonese, Mandarin  

**Jacobs Medical Center**  
Hillcrest - UC San Diego Medical Center  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6035  

**Bio:**  
Albert Y. Leung, MD, is a board-certified anesthesiologist who specializes in pain medicine. As a pain management specialist, he evaluates and treats all forms of acute and chronic pain conditions. Dr. Leung has over 20 years’ experience caring for people with chronic pain, and offers a range of interventional and minimally invasive procedures, as well as medication management.

**Gregory R. Polston, MD**  
Pain Management Specialist  
Associate Professor of Anesthesiology  

**Specialties:**  
Pain Management, Anesthesiology  

**La Jolla - Koman Family Outpatient Pavilion**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-3800  

**Bio:**  
Gregory R. Polston, MD, is a board-certified anesthesiologist who specializes in pain medicine. As a pain management specialist, he evaluates and treats all forms of pain. His expertise includes chronic pain, postoperative pain, cancer pain and spine-related pain.

**Nathaniel M. Schuster, MD**  
Pain Management Specialist and Headache Neurologist  
Assistant Professor of Anesthesiology  

**Specialties:**  
Pain Management, Neurology  

**Subspecialty:**  
Headache  

**La Jolla - Koman Family Outpatient Pavilion**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-3800  

**Bio:**  
Nathaniel M. Schuster, MD, is a board-certified neurologist and pain and headache specialist. He sees people with all types of chronic pain, with a special focus on spine pain and headache.

**Mark Steven Wallace, MD**  
Pain Management Specialist  
Chair, Division of Pain Medicine  

**Specialties:**  
Pain Management, Anesthesiology  

**La Jolla - Koman Family Outpatient Pavilion**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-3800  

**Bio:**  
Mark Wallace, MD, is a board-certified anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain, though most of his patients are affected by chronic pain.
# Index

**A**  
Ahadian, Farshad M. ............................................. 1

**B**  
Beal, Benjamin ...................................................... 1

**C**  
Cederquist, Lynette ................................................ 2  
Chakravarthy, Krishnan ......................................... 2

**E**  
Eastman, Amelia ................................................... 3

**F**  
Furnish, Timothy ..................................................... 3

**L**  
Lerman, Imanuel ...................................................... 3

**P**  
Polston, Gregory R. .................................................. 4

**S**  
Schuster, Nathaniel M. ............................................. 4

**W**  
Wallace, Mark Steven .............................................. 4