Physician Directory

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UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
**Locations**

**La Jolla**

**La Jolla Emergency**  
Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92037

**La Jolla Urgent Care**  
8910 Villa La Jolla Drive  
La Jolla, CA 92037

**Orthopedics Urgent Care**  
Sports Medicine  
4520 Executive Drive, Suite Plaza 1  
San Diego, CA 92121

4510 and 4520 Executive Drive  
San Diego, CA 92121

8910 Villa La Jolla Drive  
La Jolla, CA 92037

8899 and 8929 University Center Lane  
San Diego, CA 92122

8939 Villa La Jolla Drive  
La Jolla, CA 92037

9333 Genesee Avenue  
San Diego, CA 92121

8950 Villa La Jolla Drive  
La Jolla, CA 92037

9350 Campus Point Drive  
La Jolla, CA 92037

Shiley Eye Institute  
9415 Campus Point Drive  
La Jolla, CA 92093

Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92093

**Moores Cancer Center**  
3855 Health Sciences Drive  
La Jolla, CA 92093

**Jacobs Medical Center**  
9300 Campus Point Drive  
La Jolla, CA 92037

**Koman Family Outpatient Pavilion**  
9400 Campus Point Drive  
La Jolla, CA 92037

**Perlman Medical Offices**  
9350 Campus Point Drive  
La Jolla, CA 92037

**Hillcrest**

**Hillcrest Emergency**  
UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

**4th and Lewis Medical Offices**  
330 Lewis Street  
San Diego, CA 92103

**Medical Offices North**  
200 West Arbor Drive  
San Diego, CA 92103

**Medical Offices South**  
4168 Front Street  
San Diego, CA 92103

**UC San Diego Medical Center**  
200 West Arbor Drive  
San Diego, CA 92103

**Rancho Bernardo**

**Includes Rancho Bernardo Urgent Care**  
16950 Via Tazon  
San Diego, CA 92127

**Encinitas**

Includes **Encinitas Express Care (Suite 110)**  
1200 Garden View Road  
Encinitas, CA 92024

477 North El Camino Real  
Encinitas, CA 92024

**College Area**

6719 Alvarado Road, Suite 302  
San Diego, CA 92120

**Downtown**

Downtown Express Care  
203 West F Street  
San Diego, CA 92101

**Vista**

910 Sycamore Avenue  
Vista, CA 92081

**Sorrento Valley**

4910 Directors Place  
San Diego, CA 92121

**Scripps Ranch**

9909 Mira Mesa Blvd, Suite 200  
San Diego, CA 92131

**Kearny Mesa**

7910 Frost Street  
San Diego, CA 92123

**Chula Vista**

959 Lane Avenue  
Chula Vista, CA 91914

**Temecula**

31720 Temecula Parkway, Suite 100  
Temecula, CA 92592
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Sleep Medicine

Sleep medicine is the subspecialty of internal medicine that studies and manages poor sleep hygiene. Learn more about sleep medicine at UC San Diego Health System.

**Jose S. Loredo, MD, MPH**
Sleep Medicine Specialist  
Professor of Medicine

- **Specialties:** Sleep Medicine, Pulmonology (Lung)
- **Add'l Language:** Spanish
- **Address:** Hillcrest - Medical Offices South  
  La Jolla - 4520 Executive Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (844) 757-5337

**Bio:**  
Jose Loredo, MD, MPH, is a sleep medicine doctor who evaluates and treats individuals with sleep related disorders such as narcolepsy, insomnia, and sleep apnea. He cares for patients at UC San Diego Health's Sleep Medicine Center, where he provides a full spectrum of therapeutic and diagnostic services.

**Atul Malhotra, MD**
Sleep Medicine Specialist  
Professor of Medicine

- **Specialties:** Sleep Medicine, Pulmonology (Lung)  
  Critical Care
- **Address:** La Jolla - 4520 Executive Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (844) 757-5337

**Bio:**  
Atul Malhotra, MD, is a board-certified pulmonologist, intensivist and chief of Pulmonary, Critical Care and Sleep Medicine. He is active clinically in pulmonary, critical care and sleep medicine. In the sleep clinic, he provides a full spectrum of diagnostic and therapeutic services to patients with sleep-related disorders, including sleep apnea, insomnia, restless leg syndrome, narcolepsy and sleep disorders associated with medical or psychiatric conditions. He has a special interest in the treatment of sleep apnea.

**Talha Memon, MD**
Primary Care Physician  
Affiliated Provider

- **Specialties:** Family Medicine, Primary Care, Sleep Medicine  
  Add'l Languages: Hindi, Urdu

**Contact:**

**Bio:**  
Talha Memon, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Sleep Medicine (cont.)

Robert Owens, MD  
Sleep Medicine Specialist  
Associate Professor of Medicine  

Specialties:  
Sleep Medicine, Pulmonology (Lung)  
Subspecialty:  
Critical Care  

La Jolla - 4520 Executive Drive  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (844) 757-5337  

Bio:  
Robert Owens, MD, is a board-certified sleep medicine and critical care doctor. He is clinically active in critical care, pulmonary and sleep medicine, caring for patients with acute respiratory conditions and sleep disorders. In the Sleep Medicine Center, he provides a full spectrum of therapeutic and diagnostic services for people who have sleep related disorders such as narcolepsy, insomnia, sleep apnea and rapid eye movement (REM) behavior disorder.

Lisa Shives, MD  
Sleep Medicine Specialist  
Assistant Professor of Medicine  

Specialty:  
Sleep Medicine  
Add'l Languages:  
French, German  

La Jolla - 4520 Executive Drive  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (844) 757-5337  

Bio:  
Lisa Shives, MD, is a board-certified sleep medicine doctor. She has extensive experience in the treatment of all sleep related disorders including sleep apnea, insomnia, narcolepsy, restless legs syndrome and circadian rhythm disorders.

Paul Schalch Lepe, MD, FACS  
Head and Neck Surgeon  

Specialties:  
ENT/Head and Neck (Otolaryngology), Sleep Medicine  
Subspecialties:  
General Otolaryngology (ENT), Sinus & Rhinology  
Add'l Languages:  
German, Spanish  

La Jolla - Perlman Medical Offices  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590  

Bio:  
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.

Bernie Y. Sunwoo, MBBS  
Medical Director, Pulmonary and Sleep Medicine  
Associate Professor of Medicine  

Specialties:  
Sleep Medicine, Pulmonology (Lung)  

La Jolla - 4520 Executive Drive  
Jacobs Medical Center  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (844) 757-5337  

Bio:  
Bernie Sunwoo, MBBS, is a board-certified pulmonologist and sleep medicine specialist who treats people with general lung conditions as well as rare lung diseases, sleep-related breathing disorders and hypoventilation syndromes.
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