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# Table of Contents

Sleep Medicine ......................................................................................................................... 1
Index ........................................................................................................................................... 3
Sleep Medicine

Sleep medicine is the subspecialty of internal medicine that studies and manages poor sleep hygiene. Learn more about sleep medicine at UC San Diego Health.

Lawrence E. Kline, DO, FACP, FCCP, FAASM
Pulmonologist and Sleep Medicine Specialist
Associate Professor of Medicine

**Specialties:**
Sleep Medicine, Pulmonology (Lung)

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

**Bio:**
Lawrence Kline, DO, is a board-certified pulmonologist who specializes in treating breathing and sleep disorders such as sleep apnea.

Atul Malhotra, MD
Sleep Medicine Specialist
Professor of Medicine

**Specialties:**
Sleep Medicine, Pulmonology (Lung)

**Subspecialty:**
Critical Care

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

**Bio:**
Atul Malhotra, MD, is a board-certified pulmonologist, intensivist and research chief of Pulmonary, Critical Care and Sleep Medicine. He is active clinically in pulmonary, critical care and sleep medicine. In the sleep clinic, Dr. Malhotra provides a full spectrum of diagnostic and therapeutic services to patients with sleep-related disorders, including sleep apnea, insomnia, restless leg syndrome, narcolepsy and sleep disorders associated with medical or psychiatric conditions. He has a special interest in the treatment of sleep apnea.

Jose S. Loredo, MD, MPH
Sleep Medicine Specialist
Professor of Medicine

**Specialties:**
Sleep Medicine, Pulmonology (Lung)

**Add'l Language:**
Spanish

**Hillcrest - Medical Offices South**
**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

**Bio:**
Jose Loredo, MD, MPH, is a sleep medicine doctor who evaluates and treats individuals with sleep related disorders such as narcolepsy, insomnia, and sleep apnea. He cares for patients at UC San Diego Health’s Sleep Medicine Center, where he provides a full spectrum of therapeutic and diagnostic services.

Henry J. Orff, PhD
Psychologist

**Specialties:**
Psychology, Sleep Medicine

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

**Bio:**
Henry J. Orff, PhD, is a licensed clinical psychologist whose expertise is in behavioral sleep medicine. As part of UC San Diego Health’s Sleep Medicine Center, he evaluates and treats sleep disorders by addressing problematic behavioral, psychological, and/or physiological factors that interfere with sleep.
Sleep Medicine (cont.)

Robert Owens, MD
Sleep Medicine Specialist
Associate Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)
Subspecialty:
Critical Care

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Robert Owens, MD, is a board-certified sleep medicine and critical care
doctor. He is clinically active in critical care, pulmonary and sleep medicine,
caring for patients with acute respiratory conditions and sleep disorders. In
the Sleep Medicine Center, he provides a full spectrum of therapeutic and
diagnostic services for people who have sleep related disorders such as
narcolepsy, insomnia, sleep apnea and rapid eye movement (REM) behavior
disorder.

Lisa Shives, MD
Sleep Medicine Specialist
Assistant Professor of Medicine

Specialty:
Sleep Medicine
Add'l Languages:
French, German

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Lisa Shives, MD, is a board-certified sleep medicine doctor. She has
extensive experience in the treatment of all sleep related disorders including
sleep apnea, insomnia, narcolepsy, restless legs syndrome and circadian
rhythm disorders.

Paul Schalch Lepe, MD, FACS
Head and Neck Surgeon

Specialties:
ENT/Head and Neck (Otolaryngology), Sleep Medicine
Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology
Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and
sleep medicine specialist who specializes in disorders affecting the ears,
nose and throat. His expertise is in advanced procedures to diagnose and
treat airway obstruction and obstructive sleep apnea, using both surgical
and non-surgical approaches.

Bernie Y. Sunwoo, MBBS
Medical Director, Pulmonary and Sleep Medicine
Associate Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)

La Jolla - 4520 Executive Drive
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Bernie Sunwoo, MBBS, is a board-certified pulmonologist and sleep
medicine specialist who treats people with general lung conditions as well
as rare lung diseases, sleep-related breathing disorders and hypoventilation
syndromes.
# Index

**K**  
Kline, Lawrence E. .............................................. 1

**M**  
Malhotra, Atul ...................................................... 1

**L**  
Loredo, Jose S. ...................................................... 1

**O**  
Orff, Henry J. ...................................................... 1

**S**  
Schalch Lepe, Paul ............................................ 2  
Shives, Lisa ......................................................... 2  
Sunwoo, Bernie Y. ............................................ 2

Owens, Robert ................................................... 2