UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest

Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo

Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592

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Pediatrics - General Pediatrics

**Tamantha (Tami) Arlata, MD**  
Pediatrician

**Specialties:**  
Pediatrics, Primary Care  

**Subspecialty:**  
General Pediatrics  

**Additional Language:**  
Tagalog

**Rancho Bernardo - Via Tazon**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4453

**Bio:**  
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.

**Adam Braddock, MD**  
Pediatrician

**Specialties:**  
Pediatrics, Primary Care  

**Subspecialties:**  
Developmental-Behavioral Pediatrics, General Pediatrics  

**Kearny Mesa - Frost Street**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 246-0053

**Bio:**  
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

**Robert Coles, MD**  
Pediatrician

**Specialties:**  
Pediatrics, Primary Care  

**Subspecialty:**  
General Pediatrics  

**Kearny Mesa - Frost Street**  
**La Jolla - 8910 Villa La Jolla**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**  
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.
Janet Crow, MD, FAAP
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients, and caring for them as they grow and change.

Sabiha Hussain, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Add'l Language:
Urdu

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4453

Bio:
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.

Nancy Graff, MD
Clinical Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Dr. Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. "Most of health happens outside of hospitals and doctor's offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods."

Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Travel Medicine, General Pediatrics

Add'l Languages:
French, Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the pediatric travel medicine program, which provides medical advice and vaccinations for children traveling internationally.
Pediatrics - General Pediatrics (cont.)

Maya M. Kumar, MD
Pediatrician/Adolescent Medicine Physician

Specialties:
Pediatrics, Primary Care
Subspecialties:
Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Maya Kumar, MD, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that gives teens and their families the option of continuing with their pediatrician or transferring to a doctor that specializes in teenagers' unique physical, social and emotional conditions.

Bret D. Pickering, MD
Director, Pediatrics and Adolescent Medicine
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialties:
Complex Care Pediatrics, General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.

Breanna (Bree) Lustre, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (619) 541-4787

Bio:
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.

Vanessa P. Scott, MD
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

La Jolla - 8910 Villa La Jolla
Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Kearny Mesa: (858) 496-4800

Bio:
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.
Benjamin Shleifer, MD
Pediatrician

**Specialties:**
- Pediatrics, Primary Care

**Subspecialty:**
- General Pediatrics

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line - Rancho Bernardo: (858) 605-4453
- Direct Clinic Line - Encinitas: (760) 452-7966

**Bio:**
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.

Helen C. Wang, MD
Pediatrician

**Specialties:**
- Pediatrics, Primary Care

**Subspecialty:**
- General Pediatrics

**Add'l Language:**
- Mandarin

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line - Kearny Mesa: (858) 496-4800
- Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.

O. Douglas Wilson, MD
Pediatrician
Professor of Pediatrics

**Specialties:**
- Pediatrics, Primary Care

**Subspecialty:**
- General Pediatrics

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line - Kearny Mesa: (858) 496-4800
- Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**
O. Douglas Wilson, MD, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. He has experience in child development, pediatric cardiology, and pediatric dermatology.
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