UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
**Locations**

**La Jolla**

**La Jolla Emergency**  
Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92037

**La Jolla Urgent Care**  
8910 Villa La Jolla Drive  
La Jolla, CA 92037

**Orthopedics Urgent Care**  
Sports Medicine  
4520 Executive Drive, Suite Plaza 1  
San Diego, CA 92121

4510 and 4520 Executive Drive  
San Diego, CA 92121

8910 Villa La Jolla Drive  
La Jolla, CA 92037

8899 and 8929 University Center Lane  
San Diego, CA 92122

8939 Villa La Jolla Drive  
La Jolla, CA 92037

9333 Genesee Avenue  
San Diego, CA 92121

8950 Villa La Jolla Drive  
La Jolla, CA 92037

9350 Campus Point Drive  
La Jolla, CA 92037

Shiley Eye Institute  
9415 Campus Point Drive  
La Jolla, CA 92093

Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92093

Moores Cancer Center  
3855 Health Sciences Drive  
La Jolla, CA 92093

Jacobs Medical Center  
9300 Campus Point Drive  
La Jolla, CA 92037

Koman Family Outpatient Pavilion  
9400 Campus Point Drive  
La Jolla, CA 92037

Perlman Medical Offices  
9350 Campus Point Drive  
La Jolla, CA 92037

**Hillcrest**

**Hillcrest Emergency**  
UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

4th and Lewis Medical Offices  
330 Lewis Street  
San Diego, CA 92103

Medical Offices North  
200 West Arbor Drive  
San Diego, CA 92103

Medical Offices South  
4168 Front Street  
San Diego, CA 92103

UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

**Rancho Bernardo**

Includes **Rancho Bernardo Urgent Care**  
16950 Via Tazon  
San Diego, CA 92127

**Encinitas**

Includes **Encinitas Express Care**  
(Suite 110)  
1200 Garden View Road  
Encinitas, CA 92024

477 North El Camino Real  
Encinitas, CA 92024

**College Area**

6719 Alvarado Road, Suite 302  
San Diego, CA 92120

**Downtown**

Downtown Express Care  
203 West F Street  
San Diego, CA 92101

**Vista**

910 Sycamore Avenue  
Vista, CA 92081

**Sorrento Valley**

4910 Directors Place  
San Diego, CA 92121

**Scripps Ranch**  
9909 Mira Mesa Blvd, Suite 200  
San Diego, CA 92131

**Kearny Mesa**

7910 Frost Street  
San Diego, CA 92123

**Chula Vista**

959 Lane Avenue  
Chula Vista, CA 91914

**Temecula**

31720 Temecula Parkway, Suite 100  
Temecula, CA 92592
# Table of Contents

**Pediatrics**
- General Pediatrics .............................................................................................................. 1.
- Index .................................................................................................................................... 6
**Tamantha (Tami) Arlata, MD**  
Pediatrician

**Specialties:**  
Pediatrics, Primary Care

**Subspeciality:**  
General Pediatrics

**Add'l Language:**  
Tagalog

**Rancho Bernardo - Via Tazon**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4453

**Bio:**  
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.

---

**Adam Braddock, MD**  
Pediatrician

**Specialties:**  
Pediatrics, Primary Care

**Subspecialties:**  
Developmental-Behavioral Pediatrics, General Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**  
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

---

**Robert Coles, MD**  
Pediatrician

**Specialties:**  
Pediatrics, Primary Care

**Subspeciality:**  
General Pediatrics

**Rancho Bernardo - Via Tazon**  
Encinitas - Encinitas Blvd

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Rancho Bernardo: (858) 605-4453  
Direct Clinic Line - Encinitas: (760) 452-7966

**Bio:**  
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

---

**Eyla Boies, MD**  
Pediatrician  
Professor of Pediatrics

**Specialties:**  
Pediatrics, Primary Care

**Subspeciality:**  
General Pediatrics

**Kearny Mesa - Frost Street**  
La Jolla - 8910 Villa La Jolla

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**  
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes providing lactation consultation, assisting mothers who are experiencing difficulties breastfeeding their newborns.
Janet Crow, MD, FAAP
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients and caring for them as they grow and change.

Nancy Graff, MD
Clinical Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Dr. Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. “Most of health happens outside of hospitals and doctor's offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods.”

Sabiha Hussain, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Add'l Language:
Urdu

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4453

Bio:
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.

Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Travel Medicine, General Pediatrics

Add'l Languages:
French, Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the Pediatric Travel Medicine program, which provides medical advice and vaccinations for children travelling internationally. She also works as a pediatrician for the UCSD Mother, Child and Adolescent HIV Program.
**Maya M. Kumar, MD**  
Adolescent Medicine/Pediatrics Physician

**Specialties:**  
Pediatrics, Primary Care

**Subspecialties:**  
Adolescent Medicine, General Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 496-4800

**Bio:**
Maya Kumar, MD, FAAP, FRCPC, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that allows patients transitioning through adolescence and young adulthood to see a physician who specializes in the unique physical, social and emotional conditions of this life stage.

**Breanna (Bree) Lustre, MD**  
Pediatrician

**Specialties:**  
Pediatrics, Primary Care

**Subspecialty:**  
General Pediatrics

**Downtown - West F Street**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Downtown: (619) 541-4787

**Bio:**
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.

**Lawrence Ma, MD**  
Primary Care Physician

**Specialties:**  
Primary Care, Internal Medicine, Pediatrics

**Subspeciality:**  
General Pediatrics

**Add'l Language:**  
Mandarin

**Hillcrest - 4th & Lewis Medical Offices**  
**Kearny Mesa - Frost Street**  
**La Jolla - 8910 Villa La Jolla**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962  
Direct Clinic Line - Hillcrest: (619) 471-9250

**Bio:**
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's [pediatrics program](https://health.ucsd.edu), which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma's areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.
Bret D. Pickering, MD  
Director, Pediatrics and Adolescent Medicine  
Professor of Pediatrics  

Specialties:  
Pediatrics, Primary Care  

Subspecialties:  
Complex Care Pediatrics, General Pediatrics  

Add'l Language:  
Spanish  

Kearny Mesa - Frost Street  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 496-4800  

Bio:  
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.

Benjamin Shleifer, MD  
Pediatrician  

Specialties:  
Pediatrics, Primary Care  

Subspecialty:  
General Pediatrics  

Rancho Bernardo - Via Tazon  
Encinitas - Encinitas Blvd  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Rancho Bernardo: (858) 605-4453  
Direct Clinic Line - Encinitas: (760) 452-7966  

Bio:  
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.

Vanessa P. Scott, MD  
Pediatrician  

Assistant Professor of Pediatrics  

Specialties:  
Pediatrics, Primary Care  

Subspecialty:  
General Pediatrics  

Kearny Mesa - Frost Street  

La Jolla - 8910 Villa La Jolla  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 203-4962  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  

Bio:  
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.

Helen C. Wang, MD  
Pediatrician  

Specialties:  
Pediatrics, Primary Care  

Subspecialty:  
General Pediatrics  

Add'l Language:  
Mandarin  

Kearny Mesa - Frost Street  

La Jolla - 8910 Villa La Jolla  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962  

Bio:  
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.
O. Douglas Wilson, MD
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
O. Douglas Wilson, MD, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. He has experience in child development, pediatric cardiology, and pediatric dermatology.
## Index

<table>
<thead>
<tr>
<th>A</th>
<th>Arlata, Tamantha (Tami) ........................................ 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>B</td>
<td>Boies, Eyla .......................................................... 1</td>
</tr>
<tr>
<td></td>
<td>Braddock, Adam ....................................................... 1</td>
</tr>
<tr>
<td>C</td>
<td>Coles, Robert .......................................................... 1</td>
</tr>
<tr>
<td></td>
<td>Crow, Janet ........................................................... 2</td>
</tr>
<tr>
<td>G</td>
<td>Graff, Nancy ........................................................... 2</td>
</tr>
<tr>
<td>H</td>
<td>Hussain, Sabiha ....................................................... 2</td>
</tr>
<tr>
<td>K</td>
<td>Kern, Leah D. ........................................................... 2</td>
</tr>
<tr>
<td></td>
<td>Kumar, Maya M. ......................................................... 3</td>
</tr>
<tr>
<td>L</td>
<td>Lustre, Breanna (Bree) .............................................. 3</td>
</tr>
<tr>
<td>M</td>
<td>Ma, Lawrence ............................................................ 3</td>
</tr>
<tr>
<td>P</td>
<td>Pickering, Bret D. .................................................... 4</td>
</tr>
<tr>
<td>S</td>
<td>Scott, Vanessa P. ...................................................... 4</td>
</tr>
<tr>
<td></td>
<td>Shleifer, Benjamin ................................................... 4</td>
</tr>
<tr>
<td>W</td>
<td>Wang, Helen C. .......................................................... 4</td>
</tr>
<tr>
<td></td>
<td>Wilson, O. Douglas .................................................... 5</td>
</tr>
</tbody>
</table>