Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

**Patient Access**

**Request an Appointment**

Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  
  To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  
  To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

**Referring Physician Access**

**Transfer a Patient**

For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

**Consultations**

If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

**Refer Your Patient**

Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>La Jolla</strong></td>
<td>4510 and 4520 Executive Drive, San Diego, CA 92121</td>
</tr>
<tr>
<td></td>
<td>8910 Villa La Jolla Drive, La Jolla, CA 92037</td>
</tr>
<tr>
<td></td>
<td>8899 and 8929 University Center Lane, San Diego, CA 92122</td>
</tr>
<tr>
<td></td>
<td>8939 Villa La Jolla Drive, La Jolla, CA 92037</td>
</tr>
<tr>
<td></td>
<td>9333 Genesee Avenue, San Diego, CA 92121</td>
</tr>
<tr>
<td></td>
<td>8950 Villa La Jolla Drive, La Jolla, CA 92037</td>
</tr>
<tr>
<td></td>
<td>9350 Campus Point Drive, La Jolla, CA 92037</td>
</tr>
<tr>
<td><strong>Shiley Eye Institute</strong></td>
<td>9415 Campus Point Drive, La Jolla, CA 92093</td>
</tr>
<tr>
<td><strong>Sulpizio Cardiovascular Center</strong></td>
<td>9434 Medical Center Drive, La Jolla, CA 92093</td>
</tr>
<tr>
<td><strong>Moores Cancer Center</strong></td>
<td>3855 Health Sciences Drive, La Jolla, CA 92093</td>
</tr>
<tr>
<td><strong>Jacobs Medical Center</strong></td>
<td>9300 Campus Point Drive, La Jolla, CA 92037</td>
</tr>
<tr>
<td><strong>Hillcrest</strong></td>
<td><strong>4th and Lewis Medical Offices</strong> 330 Lewis Street, San Diego, CA 92103</td>
</tr>
<tr>
<td></td>
<td><strong>Medical Offices North</strong> 200 West Arbor Drive, San Diego, CA 92103</td>
</tr>
<tr>
<td></td>
<td><strong>Medical Offices South</strong> 4168 Front Street, San Diego, CA 92103</td>
</tr>
<tr>
<td></td>
<td><strong>UC San Diego Medical Center</strong> 200 West Arbor Drive, San Diego, CA 92103</td>
</tr>
<tr>
<td><strong>Encinitas</strong></td>
<td>1200 Garden View Road, Encinitas, CA 92024</td>
</tr>
<tr>
<td></td>
<td>477 North El Camino Real, Encinitas, CA 92024</td>
</tr>
<tr>
<td><strong>Vista</strong></td>
<td>910 Sycamore Avenue, Vista, CA 92081</td>
</tr>
<tr>
<td><strong>Scripps Ranch</strong></td>
<td>9909 Mira Mesa Blvd., San Diego, CA 92131</td>
</tr>
<tr>
<td><strong>Kearny Mesa</strong></td>
<td>7910 Frost Street, San Diego, CA 92123</td>
</tr>
<tr>
<td></td>
<td><strong>Rady Children’s Hospital-San Diego</strong> 3020 Children's Way, San Diego, CA 92123</td>
</tr>
<tr>
<td><strong>Chula Vista</strong></td>
<td>959 Lane Avenue, Chula Vista, CA 91914</td>
</tr>
<tr>
<td><strong>Temecula</strong></td>
<td>31720 Temecula Parkway, Temecula, CA 92952</td>
</tr>
<tr>
<td><strong>Sorrento Valley</strong></td>
<td>4910 Directors Place, San Diego, CA 92121</td>
</tr>
</tbody>
</table>
## Table of Contents

**Pediatrics**
- General Pediatrics .................................................................................................................. 1.
- Index .................................................................................................................................... 5
Tamantha (Tami) Arlata, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Tagalog

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.

Eyla Boies, MD
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes assisting mothers who are experiencing difficulties breastfeeding their newborns.

Adam Braddock, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialties:
Developmental-Behavioral Pediatrics, General Pediatrics

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 246-0053

Bio:
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

Robert Coles, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.
Janet Crow, MD, FAAP
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients, and caring for them as they grow and change.

Sabiha Hussain, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Urdu

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.

Nancy Graff, MD
Clinical Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Dr. Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. "Most of health happens outside of hospitals and doctor's offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods."

Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialties:
Travel Medicine, General Pediatrics
Add'l Languages:
French, Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the pediatric travel medicine program, which provides medical advice and vaccinations for children traveling internationally.
Maya M. Kumar, MD  
Pediatrician/Adolescent Medicine Physician

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialties:**  
Adolescent Medicine, General Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 496-4800

**Bio:**  
Maya Kumar, MD, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that gives teens and their families the option of continuing with their pediatrician or transferring to a doctor that specializes in teenagers’ unique physical, social and emotional conditions.

Breanna (Bree) Lustre, MD  
Pediatrician

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialty:**  
General Pediatrics

**Rancho Bernardo - Via Tazon**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

**Bio:**  
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.

Karen Loper, MD  
Pediatrician/Adolescent Medicine Physician

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialties:**  
Adolescent Medicine, General Pediatrics

**Add'l Language:**  
Spanish

**Kearny Mesa - Frost Street**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 496-4800

**Bio:**  
Karen Loper, MD, is a board-certified pediatrician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that gives teens and their families the option of continuing with their pediatrician or transferring to a doctor that specializes in teenagers’ unique physical and mental conditions.

Bret D. Pickering, MD  
Director, Pediatrics and Adolescent Medicine  
Professor of Pediatrics

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialties:**  
Complex Care Pediatrics, General Pediatrics

**Add'l Language:**  
Spanish

**Kearny Mesa - Frost Street**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 496-4800

**Bio:**  
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.
Pediatrics - General Pediatrics (cont.)

Vanessa P. Scott, MD, FAAP
Pediatrician

Specialty: Pediatrics
Subspecialty: General Pediatrics

La Jolla - 8910 Villa La Jolla
Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Kearny Mesa: (858) 496-4800

Bio:
Vanessa Scott, MD, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.

Helen C. Wang, MD
Pediatrician

Specialty: Pediatrics
Subspecialty: General Pediatrics
Add'l Language: Mandarin

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.

Benjamin Shleifer, MD
Pediatrician

Specialties: Pediatrics, Primary Care
Subspecialty: General Pediatrics

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Benjamin Shleifer, MD, is a board-certified pediatrician who provides compassionate, evidence-based primary care to newborns and children up to age 18. He has a special interest in newborn care and helping parents with their infant care questions and concerns. Dr. Shleifer also provides well-check and sick visits, treats injuries; manages chronic pediatric conditions such as asthma, eczema (atopic dermatitis); and treats certain behavioral health conditions, such as attention-deficit/hyperactivity disorder (ADHD).

O. Douglas Wilson, MD
Pediatrician
Professor of Pediatrics

Specialty: Pediatrics
Subspecialty: General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
O. Douglas Wilson, MD, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. He has experience in child development, pediatric cardiology, and pediatric dermatology.
# Index

**A**

Arlata, Tamantha (Tami) ........................................ 1  

**B**

Boies, Eyla .............................................................. 1  
Braddock, Adam ...................................................... 1  

**C**

Coles, Robert ............................................................ 1  
Crow, Janet ................................................................. 2  

**G**

Graff, Nancy ............................................................. 2  

**H**

Hussain, Sabiha .......................................................... 2  

**K**

Kern, Leah D. ............................................................. 2  
Kumar, Maya M. ......................................................... 3  

**L**

Loper, Karen ............................................................... 3  

**P**

Pickering, Bret D. ...................................................... 3  

**S**

Scott, Vanessa P. ....................................................... 4  
Shleifer, Benjamin ..................................................... 4  

**W**

Wang, Helen C. ......................................................... 4  
Wilson, O. Douglas .................................................. 4  

Lustre, Breanna (Bree) ............................................. 3  