UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

→ **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

→ **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

→ **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
Locations

La Jolla
4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Hillcrest
4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Encinitas
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

Vista
910 Sycamore Avenue
Vista, CA 92081

Scripps Ranch
9909 Mira Mesa Blvd.
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Rady Children’s Hospital-San Diego
3020 Children’s Way
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway
Temecula, CA 92952

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

health.ucsd.edu | Patient Access 800-926-8273 | Physician Access 855-543-0555
# Table of Contents

Pediatrics
  General Pediatrics ........................................................................................................... 1.
  Index .................................................................................................................................. 5
Pediatrics - General Pediatrics

**Tamantha (Tami) Arlata, MD**  
Pediatrician  
**Specialties:** Pediatrics, Primary Care  
**Subspecialty:** General Pediatrics  
**Add'l Language:** Tagalog  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (800) 926-8273

**Bio:**  
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.

**Adam Braddock, MD**  
Pediatrician  
**Specialties:** Pediatrics, Primary Care  
**Subspecialties:** Developmental-Behavioral Pediatrics, General Pediatrics  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (800) 246-0053

**Bio:**  
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

**Eyla Boies, MD**  
Pediatrician  
**Professor of Pediatrics**  
**Specialties:** Pediatrics, Primary Care  
**Subspecialty:** General Pediatrics  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**  
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes assisting mothers who are experiencing difficulties breastfeeding their newborns.

**Robert Coles, MD**  
Pediatrician  
**Specialties:** Pediatrics, Primary Care  
**Subspecialty:** General Pediatrics  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (800) 926-8273

**Bio:**  
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.
Janet Crow, MD, FAAP
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients, and caring for them as they grow and change.

Sabiha Hussain, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Urdu

Rancho Bernardo - Via Tazon

Bio:
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.

Nancy Graff, MD
Clinical Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Dr. Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. "Most of health happens outside of hospitals and doctor's offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods."

Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialties:
Travel Medicine, General Pediatrics
Add'l Languages:
French, Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the pediatric travel medicine program, which provides medical advice and vaccinations for children traveling internationally.
Pediatrics - General Pediatrics (cont.)

Maya M. Kumar, MD
Pediatrician/Adolescent Medicine Physician

Specialties:
Pediatrics, Primary Care
Subspecialties:
Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Maya Kumar, MD, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that gives teens and their families the option of continuing with their pediatrician or transferring to a doctor that specializes in teenagers' unique physical, social and emotional conditions.

Breanna (Bree) Lustre, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (800) 926-8273

Bio:
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.

Karen Loper, MD
Pediatrician/Adolescent Medicine Physician

Specialties:
Pediatrics, Primary Care
Subspecialties:
Adolescent Medicine, General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Karen Loper, MD, is a board-certified pediatrician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that gives teens and their families the option of continuing with their pediatrician or transferring to a doctor that specializes in teenagers' unique physical and mental conditions.

Bret D. Pickering, MD
Director, Pediatrics and Adolescent Medicine
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialties:
Complex Care Pediatrics, General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.
Benjamin Shleifer, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (800) 926-8273

Bio:
Benjamin Shleifer, MD, is a pediatrician who provides compassionate, evidence-based primary care to newborns and children up to age 18. He provides care for well-check and sick visits, injuries; manages chronic pediatric conditions such as asthma, eczema (atopic dermatitis); and certain behavioral health conditions, such as attention-deficit/hyperactivity disorder (ADHD).

Helen C. Wang, MD
Pediatrician

Specialty:
Pediatrics
Subspecialty:
General Pediatrics
Add'l Language:
Mandarin

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.

Lindia J Willies-Jacobo, MD, FAAP
Clinical Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Dr. Willies-Jacobo is currently only accepting UC San Diego Health newborns and siblings of established patients.

O. Douglas Wilson, MD
Pediatrician
Professor of Pediatrics

Specialty:
Pediatrics
Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
O. Douglas Wilson, MD, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. He has experience in child development, pediatric cardiology, and pediatric dermatology.
# Index

<table>
<thead>
<tr>
<th>Page</th>
<th>Name</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Arlata, Tamantha (Tami)</td>
<td>1</td>
</tr>
<tr>
<td>1</td>
<td>Boies, Eyla</td>
<td>1</td>
</tr>
<tr>
<td>1</td>
<td>Braddock, Adam</td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>Coles, Robert</td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>Crow, Janet</td>
<td>2</td>
</tr>
<tr>
<td>2</td>
<td>Graff, Nancy</td>
<td>2</td>
</tr>
<tr>
<td>2</td>
<td>Hussain, Sabiha</td>
<td>2</td>
</tr>
<tr>
<td>2</td>
<td>Kern, Leah D</td>
<td>2</td>
</tr>
<tr>
<td>2</td>
<td>Kumar, Maya M</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>Loper, Karen</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>Lustre, Breanna (Bree)</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>Pickering, Bret D.</td>
<td>3</td>
</tr>
<tr>
<td>4</td>
<td>Shleifer, Benjamin</td>
<td>4</td>
</tr>
<tr>
<td>4</td>
<td>Wang, Helen C</td>
<td>4</td>
</tr>
<tr>
<td>4</td>
<td>Willies-Jacobo, Lindia J</td>
<td>4</td>
</tr>
<tr>
<td>4</td>
<td>Wilson, O. Douglas</td>
<td>4</td>
</tr>
</tbody>
</table>