UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

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Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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Athletic Training

Brian Livingstone, ATC
Athletic Trainer

Specialties:
Athletic Training, Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Brian Livingstone, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation and performance enhancement. He has additional certifications as a corrective exercise specialist (CES) and a performance enhancement specialist (PES).

Adrienne Wilson, MS, ATC
Athletic Trainer

Specialties:
Athletic Training, Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Adrienne Wilson, MS, is a certified athletic trainer (ATC) who specializes in injury prevention and individualized exercise programs for people of all ages. She also has expertise in acute injury management, the Graston Technique and other soft-tissue work, and concussion management. Her philosophy of patient care emphasizes educating active people about their bodies and giving them the tools they need to stay healthy and active.

Kevin Messey, MS, ATC
Athletic Trainer

Specialties:
Athletic Training, Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kevin Messey, MS, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation, and rehabilitation. He has additional certifications as a corrective exercise specialist (CES) and a certified strength and conditioning specialist (CSCS).
Plastic Surgery

Plastic surgery is the branch of surgery which repairs external damaged tissue, remedies physical impairments or aesthetically enhances. Learn more about plastic surgery at UC San Diego Health.

Mayer Tenenhaus, MD
Assistant Clinical Professor

Specialties:
Plastic Surgery, Surgery, Burn

La Jolla - Perlman Medical Offices
La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
UC San Diego Health Links
Plastic Surgery - Cosmetic Surgery

Marek Dobke, MD
Plastic Surgeon
Professor of Surgery

Specialties:
Plastic Surgery, Surgery
Subspecialty:
Cosmetic Surgery
Add'l Language:
Polish

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Marek Dobke, MD, is a board-certified plastic surgeon with expertise in aesthetic and reconstructive surgery of the breast and in facial rejuvenation, as well as in the application of new technologies in cosmetic surgery.

Amanda A. Gosman, MD
Chief, Division of Plastic Surgery
Director of Craniofacial and Pediatric Plastic Surgery
Professor of Surgery

Specialties:
Plastic Surgery, Surgery
Subspecialties:
Cosmetic Surgery, Reconstructive Surgery
Add'l Language:
Spanish

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Amanda A. Gosman, MD, is a board-certified plastic surgeon who specializes in cleft lip and palate surgery, pediatric and adult craniofacial surgery, microsurgical facial reanimation, breast reconstruction and cosmetic surgery.
Plastic Surgery - Cosmetic Surgery (cont.)

Samuel H. Lance, MD
Plastic Surgeon
Assistant Professor of Surgery

Specialties:
Plastic Surgery, Surgery, Burn
Subspecialties:
Cosmetic Surgery, Reconstructive Surgery
Add'l Language:
Spanish

La Jolla - 4510 Executive Drive
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (619) 294-3746

Bio:
Samuel Lance, MD, is a plastic surgeon who specializes in both cosmetic and reconstructive plastic surgery, with expertise in adult and pediatric craniofacial surgery. He is the director of adult craniomaxillofacial surgery (i.e. surgery related to the mouth, jaws, face, skull and associated structures).

Christopher Reid, MD
Plastic Surgeon
Assistant Professor of Surgery

Specialty:
Plastic Surgery
Subspecialties:
Cosmetic Surgery, Reconstructive Surgery

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (619) 294-3746
Direct Clinic Line - Hillcrest: (619) 294-3746
Direct Clinic Line - Encinitas: (858) 657-7000

Bio:
Christopher Reid, MD, is a plastic surgeon with expertise in microsurgery, breast reconstruction, complex reconstruction, and aesthetic surgery of the breast and body. He performs breast reconstruction with a variety of flap surgery methods, including DIEP flap, TRAM flap, SGAP flap and PAP flap.

Mark Rechnic, MD
Associate Professor of Surgery

Specialties:
Surgery, Plastic Surgery
Subspecialties:
Cosmetic Surgery, Reconstructive Surgery

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Ahmed S. Suliman, MD
Plastic Surgeon
Associate Professor of Surgery

Specialties:
Plastic Surgery, Surgery

Subspecialties:
Cosmetic Surgery, Reconstructive Surgery

Add'l Language:
Arabic

Hillcrest - UC San Diego Medical Center
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Ahmed Suliman, MD, is a board-certified plastic surgeon who performs a broad spectrum of aesthetic (cosmetic) and reconstructive procedures to address the effects of a medical condition or injury, or to enhance one's appearance.
Plastic Surgery - Reconstructive Surgery

Amanda A. Gosman, MD
Chief, Division of Plastic Surgery
Director of Craniofacial and Pediatric Plastic Surgery
Professor of Surgery

Specialties:
Plastic Surgery, Surgery

Subspecialties:
Cosmetic Surgery, Reconstructive Surgery

Additional Language:
Spanish

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Amanda A. Gosman, MD, is a board-certified plastic surgeon who specializes in cleft lip and palate surgery, pediatric and adult craniofacial surgery, microsurgical facial reanimation, breast reconstruction and cosmetic surgery.

Frederic J. Kolb, MD
Plastic Surgeon
Professor of Surgery

Specialties:
Plastic Surgery, Surgery, Cancer

Subspecialty:
Reconstructive Surgery

Additional Language:
French

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (619) 294-3746
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

Bio:
Frederic Kolb, MD, MS, MRes, is an internationally recognized board-certified plastic surgeon who specializes in oncologic reconstruction, correcting defects following breast, head and neck, skin, and soft tissue and sarcoma resections. He performs breast oncologic surgery and reconstruction with autologous perforator flaps, in addition to head and reconstruction with all variety of chimeric flaps.
Plastic Surgery - Reconstructive Surgery (cont.)

Samuel H. Lance, MD
Plastic Surgeon
Assistant Professor of Surgery

**Specialties:**
Plastic Surgery, Surgery, Burn

**Subspecialties:**
Cosmetic Surgery, Reconstructive Surgery

**Add'l Language:**
Spanish

La Jolla - 4510 Executive Drive
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (619) 294-3746

**Bio:**
Samuel Lance, MD, is a plastic surgeon who specializes in both cosmetic and reconstructive plastic surgery, with expertise in adult and pediatric craniofacial surgery. He is the director of adult craniomaxillofacial surgery (i.e. surgery related to the mouth, jaws, face, skull and associated structures).

Christopher Reid, MD
Plastic Surgeon
Assistant Professor of Surgery

**Specialty:**
Plastic Surgery

**Subspecialties:**
Cosmetic Surgery, Reconstructive Surgery

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North
Encinitas - Garden View Road

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (619) 294-3746
Direct Clinic Line - Hillcrest: (619) 294-3746
Direct Clinic Line - Encinitas: (858) 657-7000

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Mark Rechnic, MD
Associate Professor of Surgery

**Specialties:**
Surgery, Plastic Surgery

**Subspecialties:**
Cosmetic Surgery, Reconstructive Surgery

Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Ahmed S. Suliman, MD
Plastic Surgeon
Associate Professor of Surgery

**Specialties:**
Plastic Surgery, Surgery

**Subspecialties:**
Cosmetic Surgery, Reconstructive Surgery

**Add'l Language:**
Arabic

**Hillcrest - UC San Diego Medical Center**
**La Jolla - 4510 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

**Bio:**
Ahmed Suliman, MD, is a board-certified plastic surgeon who performs a broad spectrum of aesthetic (cosmetic) and reconstructive procedures to address the effects of a medical condition or injury, or to enhance one's appearance.
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