UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla

La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest

Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo

Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas

Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area

6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown

Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista

910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley

4910 Directors Place
San Diego, CA 92121

Scripps Ranch

9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa

7910 Frost Street
San Diego, CA 92123

Chula Vista

959 Lane Avenue
Chula Vista, CA 91914

Temecula

31720 Temecula Parkway, Suite 100
Temecula, CA 92592
# Table of Contents

Pain Management .......................................................................................................................... 1
Plastic Surgery
  Cosmetic Surgery ....................................................................................................................... 6,
  Reconstructive Surgery .............................................................................................................. 8,
Index ........................................................................................................................................... 10
Pain Management

Pain management is the pharmacological, nonpharmacological and other treatment to prevent, reduce, or stop pain. Learn more about [pain management](https://health.ucsd.edu) at UC San Diego Health System.

Farshad M. Ahadian, MD
Medical Director, Center For Pain Medicine
Professor of Anesthesiology

**Specialties:**
Anesthesiology, Pain Management

**Jacobs Medical Center**
La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

**Bio:**
Farshad M. Ahadian, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and provides comprehensive, multidisciplinary care for a broad range of pain conditions. His areas of expertise and interest include minimally invasive treatments for neurogenic claudication from lumbar spinal stenosis and lumbar discogenic pain; neurostimulation (including spinal cord and peripheral nerve field stimulation); interventional therapies for the head and neck region; spinal diagnostics and therapeutics; diagnostic and therapeutic interventions for joint pain; integrative medicine and medical acupuncture.

Benjamin Beal, MD
Assistant Clinical Professor

**Specialties:**
Anesthesiology, Pain Management

**Add'l Language:**
Italian

**Hillcrest - Medical Offices North**

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
Dr. Benjamin Beal is an Assistant Professor in the Department of Anesthesiology at UC San Diego. His training includes the treatment of acute and chronic pain via interventional and medication based therapies. His areas of specialty include fluoroscopic guided interventional spine injections, spinal cord stimulation, and ultrasound guided techniques.
Pain Management (cont.)

Lynette Cederquist, MD
Professor of Medicine
Pain Management Specialist

Specialties:
Internal Medicine, Pain Management

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lynette Cederquist, MD, is a hospice and palliative medicine specialist who helps relieve suffering in people with life-limiting and advanced illnesses. As a provider of palliative care, she aims to optimize comfort and quality of life while addressing the psychological, social, and spiritual concerns of patients and their families. Dr. Cedequist currently only sees patients with chronic pain who have been referred to her by internists at UC San Diego Health.

Krishnan Chakravarthy, MD, PhD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

Add'l Language:
Tamil

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Krishnan Chakravarthy, MD, PhD, is an anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. Dr. Chakravarthy performs a variety of procedures to treat chronic pain, specializing in dorsal root stimulation therapy, a type of neurostimulation therapy designed to manage pain in areas of the lower body such as the foot, knee, hip or groin; dorsal column stimulation; and peripheral nerve stimulation.

Jeffrey Chen, MD, MHS
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Physical Medicine & Rehabilitation

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Jeffrey L. Chen, MD, MHS, MS, is a board-certified physical medicine and rehabilitation and pain management physician. As a pain management specialist, Dr. Chen evaluates, diagnoses and treats all forms of acute and chronic pain. His expertise includes conservative treatment of low back and neck pain, non-surgical orthopedic conditions and sports injuries. He is the director of Regenerative Pain Medicine and the associate program director for the Pain Medicine Fellowship at UC San Diego School of Medicine.
Pain Management (cont.)

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

Timothy Furnish, MD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Timothy Furnish, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain, including acute, chronic and cancer pain. He has extensive experience in ultrasound guidance for interventional pain procedures and interventional headache treatment, teaching and speaking nationally on these subjects.

Imanuel Lerman, MD
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Neurology
Subspecialty:
Headache

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion
Moores Cancer Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Imanuel Lerman, MD, is a board-certified neurologist who specializes in pain management. As a pain management specialist, Dr. Lerman evaluates, diagnoses and treats all forms of pain, including acute, chronic and cancer pain. He has extensive experience in ultrasound guidance for interventional pain procedures and interventional headache treatment, teaching and speaking nationally on these subjects.

https://health.ucsd.edu 3 Tuesday, July 30, 2019
Albert Y. Leung, MD
Anesthesiologist and Pain Management Specialist
Professor of Anesthesiology

Specialties:
Anesthesiology, Pain Management

Add'l Languages:
Cantonese, Mandarin

 Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035

Bio:
Albert Y. Leung, MD, is a board-certified anesthesiologist who specializes in pain medicine. As a pain management specialist, he evaluates and treats all forms of acute and chronic pain conditions. Dr. Leung has over 20 years’ experience caring for people with chronic pain, and offers a range of interventional and minimally invasive procedures, as well as medication management.

Gregory R. Polston, MD
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Gregory R. Polston, MD, is a board-certified anesthesiologist who specializes in pain medicine. As a pain management specialist, he evaluates and treats all forms of acute and chronic pain conditions. His expertise includes chronic pain, postoperative pain, cancer pain and spine-related pain.

Nathaniel M. Schuster, MD
Pain Management Specialist and Headache Neurologist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Neurology

Subspecialty:
Headache

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Nathaniel M. Schuster, MD, is a board-certified neurologist and pain and headache specialist. He sees people with all types of chronic pain, with a special focus on spine pain and headache.

Mark Steven Wallace, MD
Pain Management Specialist
Chair, Division of Pain Medicine

Specialties:
Pain Management, Anesthesiology

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Mark Wallace, MD, is a board-certified anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain, though most of his patients are affected by chronic pain.
Plastic Surgery

Plastic surgery is the branch of surgery which repairs external damaged tissue, remedies physical impairments or aesthetically enhances. Learn more about plastic surgery at UC San Diego Health System.

Mayer Tenenhaus, MD
Assistant Clinical Professor

Specialties:
Plastic Surgery, Surgery, Burn

La Jolla - Perlman Medical Offices
La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
UC San Diego Health Links
Plastic Surgery - Cosmetic Surgery

Marek Dobke, MD
Plastic Surgeon
Professor of Surgery

Specialties: Plastic Surgery, Surgery
Subspecialty: Cosmetic Surgery
Add'l Language: Polish

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Marek Dobke, MD, is a board-certified plastic surgeon with expertise in aesthetic and reconstructive surgery of the breast and in facial rejuvenation, as well as in the application of new technologies in cosmetic surgery.

Amanda A. Gosman, MD
Chief, Division of Plastic Surgery
Director of Craniofacial and Pediatric Plastic Surgery
Professor of Surgery

Specialties: Plastic Surgery, Surgery
Subspecialties: Cosmetic Surgery, Reconstructive Surgery
Add'l Language: Spanish

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Amanda A. Gosman, MD, is a board-certified plastic surgeon who specializes in cleft lip and palate surgery, pediatric and adult craniofacial surgery, microsurgical facial reanimation, breast reconstruction and cosmetic surgery.
Plastic Surgery - Cosmetic Surgery (cont.)

Samuel H. Lance, MD
Plastic Surgeon
Assistant Professor of Surgery

Specialties:
Plastic Surgery, Surgery, Burn
Subspecialties:
Cosmetic Surgery, Reconstructive Surgery
Add'l Language:
Spanish

La Jolla - 4510 Executive Drive
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (619) 294-3746

Bio:
Samuel Lance, MD, is a plastic surgeon who specializes in both cosmetic and reconstructive plastic surgery, with expertise in adult and pediatric craniofacial surgery. He is the director of adult craniomaxillofacial surgery (i.e. surgery related to the mouth, jaws, face, skull and associated structures).

Mark Rechnic, MD
Associate Professor of Surgery

Specialties:
Surgery, Plastic Surgery
Subspecialties:
Cosmetic Surgery, Reconstructive Surgery

Contact:
New Patient Registration: (800) 926-8273

Ahmed S. Suliman, MD
Plastic Surgeon
Associate Professor of Surgery

Specialties:
Plastic Surgery, Surgery
Subspecialties:
Cosmetic Surgery, Reconstructive Surgery
Add'l Language:
Arabic

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Ahmed Suliman, MD, is a board-certified plastic surgeon who performs a broad spectrum of aesthetic (cosmetic) and reconstructive procedures to address the effects of a medical condition or injury, or to enhance one's appearance.
Plastic Surgery - Reconstructive Surgery

Amanda A. Gosman, MD
Chief, Division of Plastic Surgery
Director of Craniofacial and Pediatric Plastic Surgery
Professor of Surgery

Specialties:
Plastic Surgery, Surgery
Subspecialties:
Cosmetic Surgery, Reconstructive Surgery
Add'l Language:
Spanish

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Amanda A. Gosman, MD, is a board-certified plastic surgeon who specializes in cleft lip and palate surgery, pediatric and adult craniofacial surgery, microsurgical facial reanimation, breast reconstruction and cosmetic surgery.

Samuel H. Lance, MD
Plastic Surgeon
Assistant Professor of Surgery

Specialties:
Plastic Surgery, Surgery, Burn
Subspecialties:
Cosmetic Surgery, Reconstructive Surgery
Add'l Language:
Spanish

La Jolla - 4510 Executive Drive
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (619) 294-3746

Bio:
Samuel Lance, MD, is a plastic surgeon who specializes in both cosmetic and reconstructive plastic surgery, with expertise in adult and pediatric craniofacial surgery. He is the director of adult craniomaxillofacial surgery (i.e. surgery related to the mouth, jaws, face, skull and associated structures).

Mark Rechnic, MD
Associate Professor of Surgery

Specialties:
Surgery, Plastic Surgery
Subspecialties:
Cosmetic Surgery, Reconstructive Surgery

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Plastic Surgery - Reconstructive Surgery (cont.)

Ahmed S. Suliman, MD
Plastic Surgeon
Associate Professor of Surgery

Specialties:
Plastic Surgery, Surgery

Subspecialties:
Cosmetic Surgery, Reconstructive Surgery

Additional Language:
Arabic

Hillcrest - UC San Diego Medical Center
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Ahmed Suliman, MD, is a board-certified plastic surgeon who performs a broad spectrum of aesthetic (cosmetic) and reconstructive procedures to address the effects of a medical condition or injury, or to enhance one's appearance.
Index

A
Ahadian, Farshad M. ................................................. 1

B
Beal, Benjamin ......................................................... 1

C
Cederquist, Lynette .................................................. 2
Chakravarthy, Krishnan ............................................. 2
Chen, Jeffrey ............................................................... 2

D
Dobke, Marek ............................................................. 6

E
Eastman, Amelia .................................................... 3

F
Furnish, Timothy ..................................................... 3

G
Gosman, Amanda A. ............................................... 6, 8

L
Lance, Samuel H. ................................................... 7, 8
Lerman, Imanuel ..................................................... 3
Leung, Albert Y. ..................................................... 4

P
Polston, Gregory R. .................................................. 4

R
Rechnic, Mark ......................................................... 7, 8

S
Schuster, Nathaniel M. ............................................. 4
Suliman, Ahmed S. ................................................... 7, 9

T
Tenenhaus, Mayer ................................................... 5

W
Wallace, Mark Steven .............................................. 4