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UC San Diego Health Physician Directory

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Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92037

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
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Gastroenterology

Gastroenterology is the branch of medicine concerned with the structure, functions, diseases and pathology of the stomach and the intestines — including digestive diseases. Learn more about gastroenterology at UC San Diego Health System.

Veeral Ajmera, MD
Hepatologist
Medical Director, Liver Transplantation
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Gastroenterology, Transplantation
Subspecialty:
Liver Transplantation

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Liver Center: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Veeral Ajmera, MD, is a board-certified gastroenterologist who treats patients with chronic liver disease, including those with cirrhosis. He also has expertise with fatty liver disease and liver transplantation.

Saumya Jayakumar, MD, FRCPC
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Gastroenterology, Transplantation
Subspecialty:
Liver Transplantation
Add'l Language:
Tamil

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Liver Center: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Saumya Jayakumar, MD, is a hepatologist who treats patients with liver disease. Her clinical and research interests include end-stage liver disease, liver transplant and non-alcoholic fatty liver disease.
Gastroenterology (cont.)

Yuko Kono, MD, PhD
Gastroenterologist and Hepatologist
Professor of Medicine and Radiology

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Additional Language:
Japanese

Hillcrest - Medical Offices South
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415

Bio:
Yuko Kono, MD, PhD is a hepatologist with a special interest in hepatocellular carcinoma (HCC) surveillance, diagnosis, management, general hepatology and liver transplantation. She is an expert in contrast enhanced ultrasound imaging.

Rohit Loomba, MD
Gastroenterologist and Hepatologist
Vice Chief, Gastroenterology
Director, Hepatology
Professor of Medicine

Specialties:
Gastroenterology, Hepatology (Liver), Transplantation

Subspecialty:
Liver Transplantation

Additional Language:
Hindi

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415

Bio:
Rohit Loomba, MD, is a board-certified gastroenterologist. His expertise includes treating and managing many types of chronic liver disease, such as nonalcoholic fatty liver disease (NAFLD), nonalcoholic steatohepatitis, chronic hepatitis, cirrhosis, and hemochromatosis. As a transplant hepatologist, Dr. Loomba works with transplant surgeons in the pre and postoperative care of liver transplant patients. He also directs the NAFLD Research Center at UC San Diego, and leads a multidisciplinary group of investigators to study NAFLD.
Gastroenterology (cont.)

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Temecula - 31720 Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.

Irine E. Vodkin, MD
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Transplantation, Gastroenterology

Subspecialty:
Liver Transplantation

Add'l Languages:
Russian, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415

Bio:
Irine Vodkin, MD is a board-certified gastroenterologist with a focus on end-stage liver disease and transplantation.
Gastroenterology - General Gastroenterology

Brigid S. Boland, MD
Gastroenterologist
Assistant Professor of Medicine

Specialty:
Gastroenterology

Subspecialties:
Inflammatory Bowel Diseases, General Gastroenterology

La Jolla - Perlman Medical Offices
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (619) 543-2347
Direct Clinic Line: (858) 657-7423

Bio:
Brigid Boland, MD, is a board-certified gastroenterologist who treats people with inflammatory bowel disease, including Crohn's disease, ulcerative colitis, indeterminate colitis and microscopic colitis, as well as other conditions.

Michael A. Chang, MD
Gastroenterologist
Assistant Professor of Medicine

Specialty:
Gastroenterology

Subspecialties:
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts, GI Cancer

La Jolla - Perlman Medical Offices
Jacobs Medical Center
Hillcrest - Medical Offices North
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Michael A. Chang, MD, is a board-certified gastroenterologist specializing in hepatobiliary (liver, gallbladder and bile ducts) disorders and pancreatic diseases. He has expertise in advanced endoscopic procedures, including endoscopic ultrasound, polypectomy, endoscopic mucosal resection of polyps/lesions, and endoscopic management of gastrointestinal malignancies, including luminal and biliary stenting.
Gastroenterology - General Gastroenterology (cont.)

Nedret Copur-Dahi, MD
Associate Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology

Subspecialty:
General Gastroenterology

Add'l Language:
Turkish

La Jolla - Perlman Medical Offices
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
UC San Diego Health Links

Syed M Abbas Fehmi, MD
Gastroenterologist
Associate Professor of Medicine

Specialty:
Gastroenterology

Subspecialties:
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts, GI Cancer

Add'l Languages:
Hindi, Punjabi, Urdu

La Jolla - Perlman Medical Offices
Jacobs Medical Center
Moores Cancer Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Syed Fehmi, MD, is a board-certified gastroenterologist who specializes in all aspects of endoscopy. He also has expertise in complex procedures such as endoscopic retrograde cholangio-pancreatography (ERCP) and endoscopic ultrasound (EUS)-guided needle biopsy. He works closely with community physicians and cancer physicians at UC San Diego Health for early and advanced cancer diagnosis, staging and management/treatment with endoscopic ultrasound, needle biopsy and injections, placement of chemotherapeutic agents into cancer, placement of markers for radiation, early cancer endoscopic resection to prevent surgery, and stent placements to relieve blockages.

Michael Docherty, MD
Associate Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology

Subspecialty:
General Gastroenterology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Dr. Docherty specializes in the management of patients with Crohn’s disease and ulcerative colitis. He trained in inflammatory bowel disease (IBD) at Mount Sinai Medical Center in New York.
Samir Gupta, MD
Gastroenterologist
Associate Professor of Medicine

Specialty:
Gastroenterology

Subspecialties:
GI Cancer, General Gastroenterology

Add'l Language:
Hindi

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Samir Gupta, MD, is a board-certified gastroenterologist with expertise in general gastroenterology and in particular, colorectal cancer screening and prevention. He has specific expertise in the evaluation and management of individuals with a family history of colorectal cancer, including individuals with family cancer syndromes such as Lynch syndrome and familial adenomatous polyposis.

Denise Kalmaz, MD
Gastroenterologist
Director of Small Bowel Endoscopy
Professor of Medicine

Specialty:
Gastroenterology

Subspecialties:
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts

La Jolla - Perlman Medical Offices
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Denise Kalmaz, MD, is a board-certified gastroenterologist with expertise in general gastroenterology, along with a special interest in the evaluation of the small intestine. She directs UC San Diego Health's small bowel endoscopy program, performing capsule endoscopy, single balloon enteroscopy, and double balloon enteroscopy. These procedures aid in the diagnosis and treatment of gastrointestinal bleeding, small bowel tumors, and inflammatory bowel disease. As one of the few local gastroenterologists who performs balloon enteroscopy, Dr. Kalmaz sees referral patients from all over southern California.
Gastroenterology - General Gastroenterology (cont.)

Mary Lee Krinsky, DO
Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology
Subspecialties:
General Gastroenterology, GI Cancer, Interventional Endoscopy / Pancreas & Bile Ducts

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Dr. Krinsky is a renowned expert in therapeutic endoscopy with a primary clinical interest in gastrointestinal cancer staging and pancreatic and biliary disease. Dr. Krinsky joined UCSD in 1999 after spending 2 years as a Clinical Instructor at Harvard Medical School, clinical gastroenterologist at the Brigham and Women's Hospital and Director of Endoscopy at the West Roxbury VA Medical Center.

Ravinder K. Mittal, MD
Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology
Subspecialties:
General Gastroenterology, GI Motility
Add'l Language:
Hindi

La Jolla - Perlman Medical Offices
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Ravinder Mittal, MD, is a board certified gastroenterologist with specialized training in gastrointestinal motility. Dr. Mittal leads UC San Diego's GI motility and physiology program. He focuses his practice on the accurate diagnosis and treatment of achalasia, Barrett's esophagus, esophageal diverticula, gastroesophageal reflux disease (GERD), hiatal hernia, nutcracker esophagus, diffuse esophageal spasm, gastroparesis, idiopathic vomiting, rapid gastric emptying, ulcerative colitis, Crohn's disease, and fecal incontinence.
Gastroenterology - General Gastroenterology (cont.)

Derek Raman Patel, MD
Associate Clinical Professor
Associate Clinical Services Chief, Hillcrest

**Specialty:**
Gastroenterology

**Subspecialties:**
Inflammatory Bowel Diseases, General Gastroenterology

**Add'l Language:**
Spanish

**Hillcrest - UC San Diego Medical Center**
Moores Cancer Center
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

**Bio:**
"I strive to deliver care in a manner that is state-of-the-art and evidence-based yet personalized and compassionate."

William Jeffery Sandborn, MD
Director, Inflammatory Bowel Disease Center
Chief, Division of Gastroenterology
Professor of Medicine

**Specialty:**
Gastroenterology

**Subspecialties:**
General Gastroenterology, Inflammatory Bowel Diseases

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

**Bio:**
William Sandborn, MD, is a board-certified gastroenterologist who is one of the world's top experts in the management of ulcerative colitis and Crohn's disease. He directs the [Inflammatory Bowel Disease (IBD) Center](https://health.ucsd.edu) at UC San Diego Health.

Jesus Rivera-Nieves, MD

**Specialty:**
Gastroenterology

**Subspecialty:**
General Gastroenterology

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

**Bio:**
UC San Diego Health Links

Amir Zarrinpar, MD, PhD
Gastroenterologist
Assistant Professor of Medicine

**Specialty:**
Gastroenterology

**Subspecialty:**
General Gastroenterology

**Add'l Language:**
Persian

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347
Fax: (858) 657-6881

**Bio:**
Amir Zarrinpar, MD, PhD, is a board-certified general gastroenterologist with a particular interest in obesity and metabolism.
Gastroenterology - GI Cancer

Gobind S. Anand, MD  
Gastroenterologist

**Specialty:**  
Gastroenterology

**Subspecialties:**  
Interventional Endoscopy / Pancreas & Bile Ducts, GI Cancer

**La Jolla - Perlman Medical Offices**  
**Hillcrest - UC San Diego Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347

**Bio:**  
Gobind Anand, MD, is a board-certified gastroenterologist with expertise in complex endoscopic procedures for disorders of the digestive tract. These include esophagogastroduodenoscopy (EGD), colonoscopy, endoscopic ultrasound (EUS), endoscopic retrograde cholangiopancreatography (ERCP), radiofrequency ablation (RFA) for Barrett's esophagus, and endoscopic mucosal resection (EMR).

Michael A. Chang, MD  
Gastroenterologist  
Assistant Professor of Medicine

**Specialty:**  
Gastroenterology

**Subspecialties:**  
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts, GI Cancer

**La Jolla - Perlman Medical Offices**  
**Jacobs Medical Center**  
**Hillcrest - Medical Offices North**  
**Hillcrest - UC San Diego Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347

**Bio:**  
Michael A. Chang, MD, is a board-certified gastroenterologist specializing in hepatobiliary (liver, gallbladder and bile ducts) disorders and pancreatic diseases. He has expertise in advanced endoscopic procedures, including endoscopic ultrasound, polypectomy, endoscopic mucosal resection of polyps/lesions, and endoscopic management of gastrointestinal malignancies, including luminal and biliary stenting.
Syed M Abbas Fehmi, MD  
Gastroenterologist  
Associate Professor of Medicine

**Specialty:**  
Gastroenterology

**Subspecialties:**  
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts, GI Cancer

**Add'l Languages:**  
Hindi, Punjabi, Urdu

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347

**Bio:**  
Syed Fehmi, MD, is a board-certified gastroenterologist who specializes in all aspects of endoscopy. He also has expertise in complex procedures such as endoscopic retrograde cholangio-pancreatography (ERCP) and endoscopic ultrasound (EUS)-guided needle biopsy. He works closely with community physicians and cancer physicians at UC San Diego Health for early and advanced cancer diagnosis, staging and management/treatment with endoscopic ultrasound, needle biopsy and injections, placement of chemotherapeutic agents into cancer, placement of markers for radiation, early cancer endoscopic resection to prevent surgery, and stent placements to relieve blockages.

Samir Gupta, MD  
Gastroenterologist  
Associate Professor of Medicine

**Specialty:**  
Gastroenterology

**Subspecialties:**  
GI Cancer, General Gastroenterology

**Add'l Language:**  
Hindi

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347

**Bio:**  
Samir Gupta, MD, is a board-certified gastroenterologist with expertise in general gastroenterology and in particular, colorectal cancer screening and prevention. He has specific expertise in the evaluation and management of individuals with a family history of colorectal cancer, including individuals with family cancer syndromes such as Lynch syndrome and familial adenomatous polyposis.
Gastroenterology - GI Cancer (cont.)

Mary Lee Krinsky, DO
Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology
Subspecialties:
General Gastroenterology, GI Cancer, Interventional Endoscopy / Pancreas & Bile Ducts

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Dr. Krinsky is a renowned expert in therapeutic endoscopy with a primary clinical interest in gastrointestinal cancer staging and pancreatic and biliary disease. Dr. Krinsky joined UCSD in 1999 after spending 2 years as a Clinical Instructor at Harvard Medical School, clinical gastroenterologist at the Brigham and Women's Hospital and Director of Endoscopy at the West Roxbury VA Medical Center.

Wilson Kwong, MD
Gastroenterologist

Specialty:
Gastroenterology
Subspecialties:
GI Cancer, Interventional Endoscopy / Pancreas & Bile Ducts

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (619) 543-2347
Direct Clinic Line: (858) 822-6100

Bio:
Wilson Kwong, MD, is a board-certified gastroenterologist who specializes in treating pancreatic disorders, biliary disorders and gastrointestinal cancers. Dr. Kwong’s expertise also includes performing complex endoscopic procedures.

Thomas John Savides, MD
Gastroenterologist
Chief Experience Officer
Professor of Medicine

Specialty:
Gastroenterology
Subspecialties:
Interventional Endoscopy / Pancreas & Bile Ducts, GI Cancer
Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6882

Bio:
Thomas J. Savides, MD, is a board-certified gastroenterologist. He is a nationally recognized expert in endoscopic ultrasound (EUS) and therapeutic endoscopy (ERCP, double balloon enteroscopy). He founded and is the director of UC San Diego Health’s EUS program, which is now one of the premier programs in the U.S. for diagnosis and staging of GI, pancreatic, and lung cancer. He is a community referral specialist for advanced pancreatobiliary endoscopic procedures (ERCP), GI oncology, Barrett’s esophagus, GI bleeding, and difficult polyp removal.
Gastroenterology - GI Motility

David C. Kunkel, MD
Gastroenterologist
Assistant Professor of Medicine

Specialty:
Gastroenterology
Subspecialty:
GI Motility
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
David C. Kunkel, MD, is a board-certified gastroenterologist specializing in the diagnosis and treatment of gastrointestinal motility disorders, such as gastroesophageal reflux disease (GERD), swallowing disorders, gastroparesis, bloating and overgrowth syndromes, diarrhea, fecal incontinence and constipation.

Ravinder K. Mittal, MD
Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology
Subspecialties:
General Gastroenterology, GI Motility
Add'l Language:
Hindi

La Jolla - Perlman Medical Offices
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Ravinder Mittal, MD, is a board certified gastroenterologist with specialized training in gastrointestinal motility. Dr. Mittal leads UC San Diego's GI motility and physiology program. He focuses his practice on the accurate diagnosis and treatment of achalasia, Barrett's esophagus, esophageal diverticula, gastroesophageal reflux disease (GERD), hiatal hernia, nutcracker esophagus, diffuse esophageal spasm, gastroparesis, idiopathic vomiting, rapid gastric emptying, ulcerative colitis, Crohn's disease, and fecal incontinence.
Gastroenterology - Inflammatory Bowel Diseases

**Brigid S. Boland, MD**  
Gastroenterologist  
Assistant Professor of Medicine

**Specialty:**  
Gastroenterology

**Subspecialties:**  
Inflammatory Bowel Diseases, General Gastroenterology

**La Jolla - Perlman Medical Offices**  
Jacobs Medical Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Perlman Medical Offices: (619) 543-2347  
Direct Clinic Line: (858) 657-7423

**Bio:**  
Brigid Boland, MD, is a board-certified gastroenterologist who treats people with inflammatory bowel disease, including Crohn's disease, ulcerative colitis, indeterminate colitis and microscopic colitis, as well as other conditions.

**Derek Raman Patel, MD**  
Associate Clinical Professor  
Associate Clinical Services Chief, Hillcrest

**Specialty:**  
Gastroenterology

**Subspecialties:**  
Inflammatory Bowel Diseases, General Gastroenterology

**Add'l Language:**  
Spanish

**Hillcrest - UC San Diego Medical Center**  
Moore's Cancer Center  
La Jolla - Perlman Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347

**Bio:**  
"I strive to deliver care in a manner that is state-of-the-art and evidence-based yet personalized and compassionate."

**William Jeffery Sandborn, MD**  
Director, Inflammatory Bowel Disease Center  
Chief, Division of Gastroenterology  
Professor of Medicine

**Specialty:**  
Gastroenterology

**Subspecialties:**  
General Gastroenterology, Inflammatory Bowel Diseases

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347

**Bio:**  
William Sandborn, MD, is a board-certified gastroenterologist who is one of the world's top experts in the management of ulcerative colitis and Crohn's disease. He directs the [Inflammatory Bowel Disease (IBD) Center](https://health.ucsd.edu) at UC San Diego Health.

**Siddharth Singh, MD**  
Gastroenterologist  
Assistant Professor of Medicine

**Specialty:**  
Gastroenterology

**Subspecialty:**  
Inflammatory Bowel Diseases

**Add'l Language:**  
Hindi

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7423

**Bio:**  
Siddharth Singh, MD, is a board-certified gastroenterologist who diagnoses and treats diseases of the digestive system. This includes conditions or symptoms that affect the esophagus, stomach, bowels, liver and gallbladder. Dr. Singh's expertise is in caring for patients with inflammatory bowel diseases, including Crohn's disease, ulcerative colitis and microscopic colitis.
Gastroenterology - Interventional Endoscopy / Pancreas & Bile Ducts

**Gobind S. Anand, MD**  
Gastroenterologist  

**Specialty:**  
Gastroenterology  

**Subspecialties:**  
Interventional Endoscopy / Pancreas & Bile Ducts, GI Cancer  

**La Jolla - Perlman Medical Offices**  
**Hillcrest - UC San Diego Medical Center**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347  

**Bio:**  
Gobind Anand, MD, is a board-certified gastroenterologist with expertise in complex endoscopic procedures for disorders of the digestive tract. These include esophagogastroduodenoscopy (EGD), colonoscopy, endoscopic ultrasound (EUS), endoscopic retrograde cholangiopancreatography (ERCP), radiofrequency ablation (RFA) for Barrett's eosphagus, and endoscopic mucosal resection (EMR).

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**Michael A. Chang, MD**  
Gastroenterologist  
Assistant Professor of Medicine  

**Specialty:**  
Gastroenterology  

**Subspecialties:**  
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts, GI Cancer  

**La Jolla - Perlman Medical Offices**  
**Jacobs Medical Center**  
**Hillcrest - Medical Offices North**  
**Hillcrest - UC San Diego Medical Center**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347  

**Bio:**  
Michael A. Chang, MD, is a board-certified gastroenterologist specializing in hepatobiliary (liver, gallbladder and bile ducts) disorders and pancreatic diseases. He has expertise in advanced endoscopic procedures, including endoscopic ultrasound, polypectomy, endoscopic mucosal resection of polyps/lesions, and endoscopic management of gastrointestinal malignancies, including luminal and biliary stenting.
Gastroenterology - Interventional Endoscopy / Pancreas & Bile Ducts (cont.)

Syed M Abbas Fehmi, MD
Gastroenterologist
Associate Professor of Medicine

Specialty:
Gastroenterology

Subspecialties:
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts, GI Cancer

Add'l Languages:
Hindi, Punjabi, Urdu

La Jolla - Perlman Medical Offices
Jacobs Medical Center
Moores Cancer Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Syed Fehmi, MD, is a board-certified gastroenterologist who specializes in all aspects of endoscopy. He also has expertise in complex procedures such as endoscopic retrograde cholangio-pancreaticography (ERCP) and endoscopic ultrasonography (EUS)-guided needle biopsy. He works closely with community physicians and cancer physicians at UC San Diego Health for early and advanced cancer diagnosis, staging, and management/treatment with endoscopic ultrasound, needle biopsy, and injections, placement of chemotherapeutic agents into cancer, placement of markers for radiation, early cancer endoscopic resection to prevent surgery, and stent placements to relieve blockages.

Denise Kalmaz, MD
Gastroenterologist
Director of Small Bowel Endoscopy
Professor of Medicine

Specialty:
Gastroenterology

Subspecialties:
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts

La Jolla - Perlman Medical Offices
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Denise Kalmaz, MD, is a board-certified gastroenterologist with expertise in general gastroenterology, along with a special interest in the evaluation of the small intestine. She directs UC San Diego Health's small bowel endoscopy program, performing capsule endoscopy, single balloon enteroscopy, and double balloon enteroscopy. These procedures aid in the diagnosis and treatment of gastrointestinal bleeding, small bowel tumors, and inflammatory bowel disease. As one of the few local gastroenterologists who performs balloon enteroscopy, Dr. Kalmaz sees referral patients from all over southern California.
Mary Lee Krinsky, DO
Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology
Subspecialties:
General Gastroenterology, GI Cancer, Interventional Endoscopy / Pancreas & Bile Ducts

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Dr. Krinsky is a renowned expert in therapeutic endoscopy with a primary clinical interest in gastrointestinal cancer staging and pancreatic and biliary disease. Dr. Krinsky joined UCSD in 1999 after spending 2 years as a Clinical Instructor at Harvard Medical School, clinical gastroenterologist at the Brigham and Women's Hospital and Director of Endoscopy at the West Roxbury VA Medical Center.

Wilson Kwong, MD
Gastroenterologist

Specialty:
Gastroenterology
Subspecialties:
GI Cancer, Interventional Endoscopy / Pancreas & Bile Ducts

La Jolla - Perlman Medical Offices

Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (619) 543-2347
Direct Clinic Line: (858) 822-6100

Bio:
Wilson Kwong, MD, is a board-certified gastroenterologist who specializes in treating pancreatic disorders, biliary disorders and gastrointestinal cancers. Dr. Kwong's expertise also includes performing complex endoscopic procedures.

Thomas John Savides, MD
Gastroenterologist
Chief Experience Officer
Professor of Medicine

Specialty:
Gastroenterology
Subspecialties:
Interventional Endoscopy / Pancreas & Bile Ducts, GI Cancer
Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6882

Bio:
Thomas J. Savides, MD, is a board-certified gastroenterologist. He is a nationally recognized expert in endoscopic ultrasound (EUS) and therapeutic endoscopy (ERCP, double balloon enteroscopy). He founded and is the director of UC San Diego Health's EUS program, which is now one of the premier programs in the U.S. for diagnosis and staging of GI, pancreatic, and lung cancer. He is a community referral specialist for advanced pancreatico-biliary endoscopic procedures (ERCP), GI oncology, Barrett's esophagus, GI bleeding, and difficult polyp removal.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Charles D. Ashbrook, MD
Psychiatrist

**Specialty:**
Psychiatry

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

**Bio:**
Charles D. Ashbrook, MD, is a board-certified psychiatrist who specializes in outpatient care of young adults and adults with depression, anxiety, bipolar disorder, psychosis, schizophrenia, post-traumatic stress disorder (PTSD) and personality disorders. A guiding principal of his clinical practice is to review, simplify, and optimize his patients' medication regimens, using evidence-based approaches.

Nora Bammidi, MBBS, FAPA
Psychiatrist

**Specialty:**
Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.

Anne Bird, MBChB
Psychiatrist
Associate Professor of Psychiatry

**Specialty:**
Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Anne Bird, MBChB, is a board-certified adult, child and adolescent psychiatrist who specializes in treating children, teens and young adults with mood disorders, anxiety disorders or attention-deficit/hyperactivity disorder (ADHD). She uses both medications and talk therapy (psychotherapy) in her practice.

Kristin Cadenhead, MD
Psychiatrist
Professor of Psychiatry

**Specialty:**
Psychiatry

**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745
Direct Clinic Line: (619) 543-6445

**Bio:**
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health's [early psychosis treatment program](https://health.ucsd.edu). This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.
Psychiatry (cont.)

Ashley L. Clark, MD
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ashley Clark, MD, is board-certified psychiatrist whose practice focuses on women's reproductive mental health issues, such as premenstrual dysphoric disorder (PMDD), and mood and anxiety disorders during pregnancy and the postpartum period. She is part of the Women's Reproductive Mental Health Program at UC San Diego Health.

Nancy Downs, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nancy Downs, MD is a board-certified psychiatrist who specializes in the mental health needs of college students and transition age youth.

Douglas D'Agati, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Douglas D'Agati, MD, is a board-certified psychiatrist who specializes in treating adults and young adults with mood disorders (such as depression and bipolar disorder), anxiety disorders, psychosis, and schizophrenia.

David Folsom, MD
Director, Division of Clinical Psychiatry
Vice Chair, Clinical Affairs, Department of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
David Folsom, MD, is a board-certified psychiatrist and director of the Division of Clinical Psychiatry at UC San Diego Health. He has a special interest in providing care for people with schizophrenia and other serious mental illnesses, and those with both mental and physical health problems. He uses a comprehensive, whole-person approach to psychiatric care, addressing all areas that contribute to a person’s successful recovery as well as promoting life skills, providing education, and cultivating help-seeking behavior.
Psychiatry (cont.)

Karim Ghobrial-Sedky, MBChB
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Arabic
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Karim Ghobrial-Sedky, MBChB, is a board-certified psychiatrist whose practice includes treating depression, bipolar, anxiety and psychotic disorders in both adults and children. He also sees adults who have alcohol, drug or other substance-related addictions.

David J. Grelotti, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Haitian Creole
Hillcrest - Medical Offices South
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
David Grelotti, MD is an adult and child psychiatrist and directs mental health services at UC San Diego Health’s Owen Clinic, one of nation’s premier multispecialty care clinics focused on the treatment and prevention of HIV and related illnesses. Dr. Grelotti provides care for mental health, substance use, and related disorders to children, adolescents, and adults with HIV and at risk for HIV.

Jeremy Hirst, MD
Psychiatrist
Associate Director, Patient and Family Support Services, Moores Cancer Center

Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology
Moores Cancer Center
Jacobs Medical Center
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.

Jonathon R. Howlett, MD
Psychiatrist

Specialty:
Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jonathon Howlett, MD, is a board-certified psychiatrist who specializes in caring for individuals with treatment-resistant depression. His practice also includes treating more general mental health conditions such depressive disorders, anxiety disorders, bipolar disorder and schizophrenia.
Psychiatry (cont.)

Alan J. Hsu, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialties:
Psychiatry, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Alan John Hsu, MD, is a board-certified psychiatrist who specializes in treating cancer patients struggling with mood and anxiety issues brought on by cancer. He also sees individuals with cancer who have pre-existing mental health challenges.

Vanessa L. Lauzon, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Spanish

Hillcrest - Medical Offices South
La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Vanessa L. Lauzon, MD, is a board-certified psychiatrist and board-certified family medicine physician who specializes in caring for hospitalized adults with mental health conditions. In the inpatient setting, she treats depression, anxiety disorders, PTSD, bipolar disorder, schizophrenia and schizoaffective disorder, substance use disorders, neurocognitive disorders, co-morbid medical and psychiatric issues, and issues related to grief and coping in patients with serious medical issues.

Ildiko Kovacs, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Spanish

Hillcrest - Medical Offices South
La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.
Psychiatry (cont.)

Julie L. Le, DO
Psychiatrist
Assistant Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive
Sorrento Valley - Directors Place
Scripps Ranch - 9909 Mira Mesa Blvd
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Family Medicine: (858) 657-8600
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-9000
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).

Carla Marienfeld, MD
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-1680

Bio:
Carla Marienfeld, MD, is a board-certified addiction psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.

Aaron Meyer, MD
Psychiatrist

Specialty:
Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Aaron Meyer, MD, is a psychiatrist who specializes in caring for people with severe or acute mental illness and behavioral health conditions. This includes caring for individuals who experience significant and distressing symptoms of a mental illness that require immediate treatment.
Psychiatry (cont.)

**Lama Muhammad, MD**  
Psychiatrist  
Assistant Professor of Psychiatry

**Specialty:** Psychiatry  
**Add'l Language:** Arabic

**Hillcrest - 140 Arbor Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Lama Muhammad, MD, is a psychiatrist whose practices focuses on the mind-body connection and its relationship to mental health disorders. She also has expertise in mental illnesses related to autoimmune disorders, and in understanding the cultural dimensions of mental health.

**Alison Reminick, MD**  
Psychiatrist  
Assistant Professor of Psychiatry

**Specialty:** Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Alison Reminick, MD, is a board-certified psychiatrist who specializes in the mental health care needs for women with premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), pregnancy and postpartum mood disorders, and emotional disturbances during menopause. She directs the Women's Reproductive Mental Health Program at UC San Diego Health, which helps women manage and recover from anxiety, depression, or other emotional concerns during infertility, pregnancy, or the postpartum period.

**Hoang Nguyen, MD**  
Assistant Clinical Professor

**Specialty:** Psychiatry

**Hillcrest - UC San Diego Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-3742

**Bio:**  
UC San Diego Health Links

**Isabel Ribeiro Caldas Domingues, MD**  
Psychiatrist  
Assistant Professor of Psychiatry

**Specialty:** Psychiatry  
**Add'l Languages:** Portuguese, Spanish

**Hillcrest - 140 Arbor Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-7745

**Bio:**  
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the “prodromal” (early) phase.
Psychiatry (cont.)

Neil M. Richtand, MD, PhD
Psychiatrist

Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio: Neil M. Richtand, MD, PhD, is a board-certified psychiatrist who provides expert, compassionate mental health care services to UC San Diego undergraduate and graduate students.

Jennifer Roby, DO
Psychiatrist
Assistant Professor Psychiatry

Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio: Jennifer Roby, DO, is a psychiatrist who provides general mental health care services for adults. She provides care to undergraduate, graduate, and medical students through UC San Diego Health’s College Mental Health Program. She also helps women with postpartum depression, postpartum anxiety and other reproductive-related mental health concerns that affect women and their families.

Sanjaya Saxena, MD
Psychiatrist
Professor of Psychiatry

Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio: Sanjaya Saxena, MD, is a board-certified psychiatrist focusing on the treatment of people with obsessive-compulsive disorders (OCD) and related conditions such as compulsive hoarding and body dysmorphic disorder.

Terry A. Schwartz, MD
Clinical Director, Eating Disorders Treatment and Research Program
Associate Professor of Psychiatry

Specialty: Psychiatry
La Jolla - 4510 Executive Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019
Bio: Terry A. Schwartz, MD, is a board-certified psychiatrist who specializes in caring for individuals with eating disorders, mood disorders and anxiety disorders. She has more than 20 years’ experience and has particular expertise in treating individuals who have an eating disorder co-occurring with mood, anxiety or substance abuse disorders.
Psychiatry (cont.)

Louisa Steiger, MD
Specialty: Psychiatry
Hillcrest - 140 Arbor Drive
Contact: New Patient Registration: (800) 926-8273

Hannah C. Sweet, MD
Psychiatrist
Assistant Professor of Psychiatry
Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio: Hannah Sweet, MD, is a board-certified psychiatrist who specializes in treating children and adolescents with all types of mental illness and psychiatric conditions. Her practice is part of UC San Diego Health's comprehensive and compassionate mental health services for teens.

Murray B. Stein, MD, MPH
Psychiatrist
Distinguished Professor of Psychiatry and Family Medicine and Public Health
Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio: Murray B. Stein, MD, MPH, is a board-certified psychiatrist who treats individuals with anxiety, and trauma and stressor-related disorders, including panic disorder, agoraphobia, social anxiety disorder (social phobia), generalized anxiety disorder, and post-traumatic stress disorder (PTSD) with or without depression.

Jessica L. Thackaberry, MD
Psychiatrist
Assistant Professor of Psychiatry
Specialty: Psychiatry
Hillcrest - 140 Arbor Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio: Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.
Psychiatry (cont.)

Maria Tiamson-Kassab, MD
Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology
Add'l Language:
Tagalog
Moores Cancer Center
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061
Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center’s Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.

Sidney Zisook, MD
Psychiatrist
Professor of Psychiatry
Specialty:
Psychiatry
La Jolla - Perlman Medical Offices
Contact:
New Patient Registration: (800) 926-8273
Bio:
Sidney Zisook, MD, is a board-certified psychiatrist who specializes in treating adults who are experiencing grief, anxiety, or the effects of a mood disorder. His experience is in caring for people with complicated bereavement, as well as those with chronic mental health conditions or illnesses that do not respond well to treatment. Dr. Zisook also uses integrative therapy to treat each person as a whole, including their mental, physical and emotional needs.
Psychiatry - Eating Disorders

Walter H. Kaye, MD
Director, Eating Disorders Treatment and Research Program
Professor of Psychiatry

Specialty:
Psychiatry
Subspecialty:
Eating Disorders

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

Bio:
Walter Kaye, MD, is a board-certified psychiatrist who specializes in treating individuals with anorexia nervosa and other eating disorders. As director of the Eating Disorders Treatment and Research Program at UC San Diego Health, Dr. Kaye and his team use an intensive and innovative approach that addresses each person's medical, psychological and psycho-educational health. The evidence-based program also offers family counseling to help patients and their families with improved understanding, communication, and capacity for growth.

Mary Ellen Trunko, MD
Medical Director UCSD Eating Disorder Adult Programs

Specialty:
Psychiatry
Subspecialty:
Eating Disorders

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019
Fax: (858) 534-6727

Bio:
More information on eating disorders can be found at http://eatingdisorders.ucsd.edu
Psychiatry - Geriatric Psychiatry

Steven F. Huege, MD
Psychiatrist

**Specialty:** Psychiatry
**Subspecialty:** Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Steven Huege, MD, is a board-certified geriatric psychiatrist who specializes in treating mental health and neurodegenerative disorders in older adults, including both chronic and new-onset mental illness. His areas of clinical expertise include Alzheimer’s disease, Lewy body dementia, frontotemporal dementia, and mood and psychotic disorders in older adults.

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

**Specialty:** Psychiatry
**Subspecialty:** Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer's disease.

Daniel D. Sewell, MD
Director, Senior Behavioral Health
Professor of Psychiatry

**Specialty:** Psychiatry
**Subspecialty:** Geriatric Psychiatry

Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

**Bio:**
Daniel D. Sewell, MD, is a board-certified psychiatrist focusing on the treatment of older adults with behavioral health issues.
Psychiatry - Geriatric Psychiatry (cont.)

Raisa Yagudayeva, DO
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry
Add'l Language:
Russian

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Raisa Yagudayeva, DO, is a board-certified geriatric psychiatrist who specializes in treating mental health problems in older adults, including major neurocognitive disorder, major depressive disorder, generalized anxiety disorder, schizophrenia, psychosis and obsessive compulsive disorder. She is interested in electroconvulsive therapy (ECT), which is used to relieve symptoms of several mental health conditions.
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