UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
Locations

La Jolla
4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Hillcrest
4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Encinitas
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

Vista
910 Sycamore Avenue
Vista, CA 92081

Scripps Ranch
9909 Mira Mesa Blvd.
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Rady Children’s Hospital-San Diego
3020 Children’s Way
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway
Temecula, CA 92952

Sorrento Valley
4910 Directors Place
San Diego, CA 92121
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Hospital Medicine

Hospital medicine is concerned with the medical care of acutely ill inpatients. Learn more about hospital medicine at UC San Diego Health System.

Ali Amirrezvani, MD
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine
Add'l Languages:
Persian, Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Ali Amirrezvani, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Amirrezvani is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's hospital discharge, Dr. Amirrezvani communicates with their regular physician to ensure quality care.

Deepak Asudani, MBBS
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine
Add'l Language:
Hindi

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Deepak Asudani, MBBS, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Asudani is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's hospital discharge, Dr. Asudani communicates with their regular physician to ensure quality care.
Hospital Medicine (cont.)

Jaswinder P. Bajwa, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Jaswinder Bajwa, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Bajwa is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's hospital discharge, Dr. Bajwa communicates with their regular physician to ensure quality care.

John Frederick Bell, MD, MPH
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
John Bell, MD, MPH, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Bell is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's hospital discharge, Dr. Bell communicates with their regular physician to ensure quality care.

Jessica G. Bazick, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Jessica Bazick, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Bazick is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient's hospital discharge, Dr. Bazick communicates with their regular physician to ensure quality care.

Daniel Bouland, MD, FACP
Hospitalist
Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Daniel Bouland, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Bouland is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's discharge, Dr. Bouland communicates with their regular physician to ensure quality care.
Hospital Medicine (cont.)

Brian Clay, MD
Hospitalist
Professor of Medicine

Specialty:
Hospital Medicine
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Brian Clay, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Clay is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Clay communicates with their regular physician to ensure quality care.

Michele DeKorte, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Michele DeKorte, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. DeKorte is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. DeKorte communicates with their regular physician to ensure quality care.

Robert El-Kareh, MD, MPH
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Robert El-Kareh, MD, MPH, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. El-Kareh is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. El-Kareh communicates with their regular physician to ensure quality care.

Nikhil R. Gandhi, MD, FACP
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Nikhil Gandhi, MD, FACP, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Gandhi is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Gandhi communicates with their regular physician to ensure quality care.
Hospital Medicine (cont.)

Sarah Horman, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Sarah Horman, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Horman is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Horman communicates with their regular physician to ensure quality care.

Bryan Huang, MD
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Bryan Huang, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Huang is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Huang communicates with their regular physician to ensure quality care.

Ian Jenkins, MD
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Ian Jenkins, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Jenkins is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Jenkins communicates with their regular physician to ensure quality care.

Bethany E. Karl, DO
Nephrologist
Assistant Professor of Medicine

Specialties:
Hospital Medicine, Nephrology (Kidney)

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Bethany E. Karl, DO, is board-certified nephrologist. She is an assistant professor in Department of Medicine and works in the Divisions of Nephrology as well as Hospital Medicine at UC San Diego School of Medicine.
Leslie Martin, MD
Hospitalist
Professor of Medicine

Specialty:
Hospital Medicine
Add'l Language:
Cantonese

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Leslie Martin, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Martin is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Martin communicates with their regular physician to ensure quality care.

Jennifer Quartarolo, MD
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Jennifer Quartarolo, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Quartarolo is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Quartarolo communicates with their regular physician to ensure quality care.

Michael Montazeri, MD
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Michael Montazeri, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Montazeri is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Montazeri communicates with their regular physician to ensure quality care.

Pedro Ramos, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Pedro Ramos, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Ramos is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Ramos communicates with their regular physician to ensure quality care.
Hospital Medicine (cont.)

Reid Sasaki, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Reid Sasaki, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Sasaki is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Sasaki communicates with their regular physician to ensure quality care.

Meghan Sebasky, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Meghan Sebasky, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Sebasky is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Sebasky communicates with their regular physician to ensure quality care.

Gregory B. Seymann, MD
Hospitalist
Professor of Medicine

Specialty:
Hospital Medicine

Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Gregory Seymann, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Seymann is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Seymann communicates with their regular physician to ensure quality care.

Kenton O. Smitherman, MD
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Kenton Smitherman, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Smitherman is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Smitherman communicates with their regular physician to ensure quality care.
Hospital Medicine (cont.)

Natasha Surette, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Natasha Surette, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Surette is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Surette communicates with their regular physician to ensure quality care.

Vaishal Tolia, MD, MPH, FACEP
Medical Director, Emergency Department
Associate Professor of Emergency Medicine

Specialties:
Emergency Medicine, Hospital Medicine

Add'l Language:
Gujarati

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Emergency Department - Hillcrest: (619) 543-6400

Bio:
Vaishal Tolia, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people in the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization and referring patients to appropriate specialty departments.
Hospital Medicine (cont.)

Jay Varughese, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Jay Varughese, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Varughese is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's discharge, Dr. Varughese communicates with their regular physician to ensure quality care.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about [psychiatry](https://health.ucsd.edu) at UC San Diego Health System.

Charles D. Ashbrook, MD
Psychiatrist

**Specialty:** Psychiatry

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

**Bio:**
Charles Ashbrook, MD, is a board-certified psychiatrist who specializes in outpatient care of young adults and adults with depression, anxiety, bipolar disorder, psychosis, schizophrenia, post-traumatic stress disorder (PTSD) and personality disorders. A guiding principal of his clinical practice is to review, simplify, and optimize his patients' medication regimens, using evidence-based approaches.

Nora Bammidi, MBBS, FAPA
Psychiatrist

**Specialty:** Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.

Joseph H. Atkinson, MD
Psychiatrist
Professor Emeritus of Psychiatry

**Specialty:** Psychiatry

**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

**Bio:**
Joseph H. Atkinson, MD, is a board-certified psychiatrist whose expertise is in treating mental health issues of individuals with HIV. Dr. Atkinson is part of UC San Diego Health's Owen Clinic, one of the nation's outstanding HIV primary care clinics, where he provides psychiatric consultations to adults receiving care.

Anne Bird, MBChB
Psychiatrist
Associate Professor of Psychiatry

**Specialty:** Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Anne Bird, MBChB, is a board-certified adult, child and adolescent psychiatrist who specializes in treating children, teens and young adults with mood disorders, anxiety disorders or attention-deficit/hyperactivity disorder (ADHD). She uses both medications and talk therapy (psychotherapy) in her practice.
Psychiatry (cont.)

Kristin Cadenhead, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745
Direct Clinic Line: (619) 543-6445

Bio:
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health's early psychosis treatment program. This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.

Nancy Downs, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nancy Downs, MD is a board-certified psychiatrist who specializes in the mental health needs of college students and transition age youth.

Douglas D'Agati, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Douglas D'Agati, MD, is a board-certified psychiatrist who specializes in treating adults and young adults with mood disorders (such as depression and bipolar disorder), anxiety disorders, psychosis, and schizophrenia.

David Folsom, MD
Director, Division of Clinical Psychiatry
Vice Chair, Clinical Affairs, Department of Psychiatry

Specialty:
Psychiatry

Contact:
New Patient Registration: (800) 926-8273

Bio:
David Folsom, MD, is a board-certified psychiatrist and director of the Division of Clinical Psychiatry at UC San Diego Health. He has a special interest in providing care for people with schizophrenia and other serious mental illnesses, and those with both mental and physical health problems. He uses a comprehensive, whole-person approach to psychiatric care, addressing all areas that contribute to a person’s successful recovery as well as promoting life skills, providing education, and cultivating help-seeking behavior.
Psychiatry (cont.)

Karim Ghobrial-Sedky, MBChB
Psychiatrist

Specialty:
Psychiatry
Add'l Language:
Arabic

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Karim Ghobrial-Sedky, MBChB, is a board-certified psychiatrist whose practice includes treating depression, bipolar, anxiety and psychotic disorders in both adults and children. He also sees adults who have alcohol, drug or other substance-related addictions.

David J. Grelotti, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Haitian Creole

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
David Grelotti, MD is an adult and child psychiatrist and directs mental health services at UC San Diego Health’s Owen Clinic, one of nation’s premier multispecialty care clinics focused on the treatment and prevention of HIV and related illnesses. Dr. Grelotti provides care for mental health, substance use, and related disorders to children, adolescents, and adults with HIV and at risk for HIV.

Jeremy Hirst, MD
Psychiatrist
Associate Director, Patient and Family Support Services, Moores Cancer Center

Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.

Jonathon R. Howlett, MD
Psychiatrist

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jonathon Howlett, MD, is a board-certified psychiatrist who specializes in caring for individuals with treatment-resistant depression. His practice also includes treating more general mental health conditions such depressive disorders, anxiety disorders, bipolar disorder and schizophrenia.
Psychiatry (cont.)

Alan J. Hsu, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialties:
Psychiatry, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Alan John Hsu, MD, is a board-certified psychiatrist who specializes in treating cancer patients struggling with mood and anxiety issues brought on by cancer. He also sees individuals with cancer who have pre-existing mental health challenges.

Vanessa L. Lauzon, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Vanessa L. Lauzon, MD, is a board-certified psychiatrist and board-certified family medicine physician who specializes in caring for hospitalized adults with mental health conditions. In the inpatient setting, she treats depression, anxiety disorders, PTSD, bipolar disorder, schizophrenia and schizoaffective disorder, substance use disorders, neurocognitive disorders, co-morbid medical and psychiatric issues, and issues related to grief and coping in patients with serious medical issues.

Ildiko Kovacs, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Hungarian

Hillcrest - Medical Offices South
La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.
Psychiatry (cont.)

Julie L. Le, DO
Psychiatrist
Assistant Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive
Sorrento Valley - Directors Place
Scripps Ranch - Mira Mesa Blvd
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Family Medicine: (858) 657-8600
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-8000
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).

Carla Marienfeld, MD
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-1680

Bio:
Carla Marienfeld, MD, is a board-certified addiction psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.

Aaron Meyer, MD
Psychiatrist

Specialty:
Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Aaron Meyer, MD, is a psychiatrist who specializes in caring for people with severe or acute mental illness and behavioral health conditions. This includes caring for individuals who experience significant and distressing symptoms of a mental illness that require immediate treatment.
Psychiatry (cont.)

Lama Muhammad, MD  
Psychiatrist  
Assistant Professor of Psychiatry  

Specialty: Psychiatry  
Add'l Language: Arabic  

Hillcrest - 140 Arbor Drive  

Bio: Lama Muhammad, MD, is a psychiatrist whose practices focuses on the mind-body connection and its relationship to mental health disorders. She also has expertise in mental illnesses related to autoimmune disorders, and in understanding the cultural dimensions of mental health.

Hoang Nguyen, MD  
Assistant Clinical Professor  

Hillcrest - UC San Diego Medical Center  

Bio: UC San Diego Health Links

Alison Reminick, MD  
Psychiatrist  
Assistant Professor of Psychiatry  

Specialty: Psychiatry  
La Jolla - 8950 Villa La Jolla Drive  

Bio: Alison Reminick, MD, is a board-certified psychiatrist who specializes in the mental health care needs for women with premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), pregnancy and postpartum mood disorders, and emotional disturbances during menopause. She directs the Women's Reproductive Mental Health Program at UC San Diego Health, which helps women manage and recover from anxiety, depression, or other emotional concerns during infertility, pregnancy, or the postpartum period.

Isabel Ribeiro Caldas Domingues, MD  
Psychiatrist  
Assistant Professor of Psychiatry  

Specialty: Psychiatry  
Add'l Languages: Portuguese, Spanish  
Hillcrest - 140 Arbor Drive  

Bio: Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the “prodromal” (early) phase.
Psychiatry (cont.)

Jennifer Roby, DO
Psychiatrist
Assistant Professor Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jennifer Roby, DO, is a psychiatrist who provides general mental health care services for adults. She provides care to undergraduate, graduate, and medical students through UC San Diego Health’s College Mental Health Program. She also helps women with postpartum depression, postpartum anxiety and other reproductive-related mental health concerns that affect women and their families.

Sanjaya Saxena, MD
Director, Obsessive-Compulsive Disorders Clinic
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Sanjaya Saxena, MD, is a board-certified psychiatrist focusing on the treatment of people with obsessive-compulsive disorders (OCD) and related conditions such as compulsive hoarding and body dysmorphic disorder.

Terry A. Schwartz, MD
Clinical Director, Eating Disorders Treatment and Research Program
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

Bio:
Terry A. Schwartz, MD, is a board-certified psychiatrist who specializes in caring for individuals with eating disorders, mood disorders and anxiety disorders. She has more than 20 years' experience and has particular expertise in treating individuals who have an eating disorder co-occurring with mood, anxiety or substance abuse disorders.

Mounir A. Soliman, MD
Psychiatrist
Assistant Vice Chancellor and Executive Director, UC San Diego Health Sciences International
Professor of Psychiatry

Specialty:
Psychiatry

Add'l Language:
Arabic

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Fax: (858) 534-6205
Direct Clinic Line: (858) 534-6200

Bio:
Mounir A. Soliman, MD, is a board-certified psychiatrist and neurologist who is an expert in developing wellness programs tailored to executives.
Psychiatry (cont.)

Louisa Steiger, MD

**Specialty:** Psychiatry

**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273

Murray B. Stein, MD, MPH

**Psychiatrist**

**Distinguished Professor of Psychiatry and Family Medicine and Public Health**

**Specialty:** Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Murray B. Stein, MD, MPH, is a board-certified psychiatrist who treats individuals with anxiety, and trauma and stressor-related disorders, including panic disorder, agoraphobia, social anxiety disorder (social phobia), generalized anxiety disorder, and post-traumatic stress disorder (PTSD) with or without depression.

Hannah C. Sweet, MD

**Psychiatrist**

**Assistant Professor of Psychiatry**

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Hannah Sweet, MD, is a board-certified psychiatrist who specializes in treating children and adolescents with all types of mental illness and psychiatric conditions. Her practice is part of UC San Diego Health's comprehensive and compassionate mental health services for teens.

Jessica L. Thackaberry, MD

**Psychiatrist**

**Assistant Professor of Psychiatry**

**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.
Psychiatry (cont.)

Maria Tiamson-Kassab, MD

Specialties:
Psychiatry, Palliative Care, Cancer

Subspecialty:
Psychosocial Oncology

Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center's Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.

Sidney Zisook, MD

Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273

Bio:
Sidney Zisook, MD, is a board-certified psychiatrist who specializes in treating adults who are experiencing grief, anxiety, or the effects of a mood disorder. His experience is in caring for people with complicated bereavement, as well as those with chronic mental health conditions or illnesses that do not respond well to treatment. Dr. Zisook also uses integrative therapy to treat each person as a whole, including their mental, physical and emotional needs.
Psychiatry - Eating Disorders

Danielle Haber, MD
Psychiatrist
Assistant Professor of Psychiatry

- **Specialty:** Psychiatry
- **Subspecialty:** Eating Disorders

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

Bio:
UC San Diego Health Links

Mary Ellen Trunko, MD
Medical Director UCSD Eating Disorder Adult Programs

- **Specialty:** Psychiatry
- **Subspecialty:** Eating Disorders

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019
Fax: (858) 534-6727

Bio:
More information on eating disorders can be found at http://eatingdisorders.ucsd.edu

Walter H. Kaye, MD
Director, Eating Disorders Treatment and Research Program
Professor of Psychiatry

- **Specialty:** Psychiatry
- **Subspecialty:** Eating Disorders

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

Bio:
Walter Kaye, MD, is a board-certified psychiatrist who specializes in treating individuals with anorexia nervosa and other eating disorders. As director of the Eating Disorders Treatment and Research Program at UC San Diego Health, Dr. Kaye and his team use an intensive and innovative approach that addresses each person's medical, psychological and psycho-educational health. The evidence-based program also offers family counseling to help patients and their families with improved understanding, communication, and capacity for growth.

More information on eating disorders can be found at http://eatingdisorders.ucsd.edu
Psychiatry - Geriatric Psychiatry

Steven F. Huege, MD
Psychiatrist

Specialty:
Psychiatry

Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Steven Huege, MD, is a board-certified geriatric psychiatrist who specializes in treating mental health and neurodegenerative disorders in older adults, including both chronic and new-onset mental illness. His areas of clinical expertise include Alzheimer’s disease, Lewy body dementia, frontotemporal dementia, and mood and psychotic disorders in older adults.

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

Specialty:
Psychiatry

Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 419 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer’s disease.

Daniel D Sewell, MD
Director, Senior Behavioral Health
Professor of Psychiatry

Specialty:
Psychiatry

Subspecialty:
Geriatric Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Daniel D. Sewell, MD, is a board-certified psychiatrist focusing on the treatment of older adults with behavioral health issues.
Psychiatry - Geriatric Psychiatry (cont.)

Raisa Yagudayeva, DO
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry
Add'l Language:
Russian

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Raisa Yagudeyeva, DO, is a board-certified geriatric psychiatrist who specializes in treating mental health problems in older adults, including major neurocognitive disorder, major depressive disorder, generalized anxiety disorder, schizophrenia, psychosis and obsessive compulsive disorder. She is interested in electroconvulsive therapy (ECT), which is used to relieve symptoms of several mental health conditions.
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