UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

**Physician Access Services**

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8999 and 8929 University Center
Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
Locations
# Table of Contents

**Nephrology (Kidney)**
- Apheresis .................................................................................................................. 2
- Chronic Kidney Disease ............................................................................................. 6
- Critical Care Nephrology .......................................................................................... 12
- Dialysis ...................................................................................................................... 14
- Transplant Nephrology ............................................................................................. 19

**Psychiatry**
- Geriatric Psychiatry .................................................................................................. 29

**Index** ......................................................................................................................... 31
Nephrology (Kidney)

Nephrology is the specialty of medicine and pediatrics focusing on the study of kidney function, and the treatment of kidney problems. Learn more about nephrology (kidney) at UC San Diego Health.

Bethany E. Karl, DO
Nephrologist
Assistant Professor of Medicine

Specialties:
Hospital Medicine, Nephrology (Kidney)

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Bethany E. Karl, DO, is board-certified nephrologist. She is an assistant professor in Department of Medicine and works in the Divisions of Nephrology as well as Hospital Medicine at UC San Diego School of Medicine.

Noureddin Nourbakhsh, DO
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Add'l Language:
Spanish

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Noureddin Nourbakhsh, DO, is a board-certified nephrologist with a special interest in caring for pediatric patients with a range of kidney conditions, including chronic kidney disease, hypertension, renal transplant, genetic renal disorders, glomerulonephritis, and renal cystic disease. He helps lead a clinic twice a month that coordinates the transition of pediatric patients to adult nephrology care as they come of age.

Michael G. Ziegler, MD
Director, Hypertension Clinic; Program Director, UCSD General Clinical Research Center
Professor

Specialty:
Nephrology (Kidney)

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6303

Bio:
"I carry out research on disorders of blood pressure control. My current studies include studies on the causes of hypertension including genetics, sleep apnea and stress. I also study the causes of postural hypotension including space flight, bed rest and autonomic insufficiency."
Nephrology (Kidney) - Apheresis

Robyn Cunard, MD
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Apheresis, Chronic Kidney Disease

Hillcrest - Medical Offices South
Jacobs Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Robyn Cunard, MD is a board-certified nephrologist, with a special interest in glomerular diseases. She specializes in general nephrology and hypertension care, hemodialysis and apheresis.

Joachim H. Ix, MD
Chief, Division of Nephrology-Hypertension
Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis, Apheresis

Add'l Language:
German

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Joachim Ix, MD, is a board-certified nephrologist who cares for patients with kidney disease, including end-stage renal disease and acute renal failure as a result of underlying conditions such as diabetes, hypertension, lupus, sepsis and glomerulonephritis. He is chief of the Division of Nephrology-Hypertension.
Nephrology (Kidney) - Apheresis (cont.)

Scott Mullaney, MD  
Nephrologist  
Professor of Medicine

Specialty:  
Nephrology (Kidney)  
Subspecialties:  
Chronic Kidney Disease, Dialysis, Apheresis

Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
Hillcrest - Medical Offices South

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6248  
Direct Clinic Line: (619) 543-6397

Bio:  
Scott Mullaney, MD, is a board-certified nephrologist who cares for patients with acute kidney injury, chronic kidney disease and end-stage renal disease with a particular interest in peritoneal dialysis. He is the clinical service chief for the Nephrology Division at UC San Diego Health.

Amber Paratore Sanchez, MD  
Nephrologist  
Associate Professor of Medicine

Specialty:  
Nephrology (Kidney)  
Subspecialties:  
Apheresis, Chronic Kidney Disease, Dialysis

La Jolla - Koman Family Outpatient Pavilion  
Jacobs Medical Center  
La Jolla - Perlman Medical Offices  
Hillcrest - Medical Offices South

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6397  
Direct Clinic Line - Koman Family Outpatient Pavilion: (858) 249-3030

Bio:  
Amber Sanchez, MD, is a board-certified nephrologist and medical director of the therapeutic apheresis program at UC San Diego Health.

Mita M. Shah, MD  
Nephrologist  
Associate Professor of Medicine

Specialties:  
Nephrology (Kidney), Transplantation  
Subspecialties:  
Pancreas Transplantation, Dialysis, Apheresis, Kidney Transplantation

La Jolla - 4510 Executive Drive  
Hillcrest - Medical Offices South

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Executive Dr.: (858) 657-7729  
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:  
Mita Shah, MD, is a board-certified nephrologist who specializes in the care and management of kidney transplant patients with a special interest in the management of immunosuppression to improve long-term graft survival.
Robert W. Steiner, MD  
Co-Director of Transplant Nephrology  
Medical Director, Kidney & Pancreas Transplantation  
Professor of Medicine  

**Specialties:**  
Nephrology (Kidney), Transplantation  

**Subspecialties:**  
Apheresis, Kidney Transplantation  

**La Jolla - 4510 Executive Drive**  
**Hillcrest - Medical Offices South**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Executive Dr.: (858) 657-7729  
Direct Clinic Line - Hillcrest: (619) 543-6248  

**Bio:**  
In the years I have taught and practiced at UC San Diego (and for a time in the community), I have seen countless improvements in the care of kidney patients. Our understanding of kidney diseases and dialysis management has never been better. At the same time, our ability to prevent kidney transplant failure has markedly improved. We now better understand the risks of living kidney donation. Working with the transplant team at UCSD, and with others across the country, has helped us to successfully address these issues.

Natalie Sweiss, MD, FASN  
Nephrologist  
Assistant Professor of Medicine  

**Specialty:**  
Nephrology (Kidney)  

**Subspecialties:**  
Chronic Kidney Disease, Critical Care Nephrology, Apheresis  

**Hillcrest - UC San Diego Medical Center**  
**Jacobs Medical Center**  
**Sulpizio Cardiovascular Center**  
**Hillcrest - Medical Offices South**  
**La Jolla - Perlman Medical Offices**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6397  

**Bio:**  
Natalie Sweiss, MD, is a board-certified nephrologist who cares for patients with kidney disease including chronic kidney disease, end-stage kidney disease and acute kidney injury. She provides apheresis and hemodialysis treatments to chronic and acute patients.

Scott Culver Thomson, MD  
Staff Physician  
Professor of Medicine  

**Specialty:**  
Nephrology (Kidney)  

**Subspecialty:**  
Apheresis  

**Jacobs Medical Center**  
**Hillcrest - UC San Diego Medical Center**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6397  

**Bio:**  
Dr. Thomson is the Chief of Nephrology at VASDHS and is responsible for the nephrology service at UC San Diego Thornton Pavilion for 5 to 6 months out of the year.
Nephrology (Kidney) - Apheresis (cont.)

Danuta Trzebinska, MD
Nephrologist
Associate Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis, Apheresis

Add'l Language:
Polish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

Bio:
Danuta Trzebinska, MD, is a board-certified nephrologist with a special interest in chronic kidney disease. She is medical director of the Chronic Kidney Disease Program at UC San Diego Health.

David Malcom Ward, MD, FRCP
Nephrologist
Professor of Clinical Medicine, Emeritus

Specialties:
Nephrology (Kidney), Transplantation

Subspecialties:
Kidney Transplantation, Apheresis

La Jolla - 4510 Executive Drive
La Jolla - Koman Family Outpatient Pavilion
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397
Direct Clinic Line - Executive Dr.: (858) 657-7729
Direct Clinic Line - Koman Family Outpatient Pavilion: (858) 249-3030

Bio:
David Malcom Ward, MD, is a nephrologist who specializes in apheresis, a medical procedure that involves passing a person's blood through a device that separates out a component of the blood from its other parts and returns the remainder of the blood into circulation.
Nephrology (Kidney) - Chronic Kidney Disease

**Joseph A. Abdelmalek, MD**
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Critical Care Nephrology

**Hillcrest - UC San Diego Medical Center**

**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

**Bio:**
Joseph Abdelmalek, MD, is a board-certified nephrologist who cares for patients with acute kidney injury, chronic kidney disease and end-stage renal disease. He also has expertise in treating electrolyte disorders.

**Tomasz Beben, MD**
Nephrologist
Assistant Professor of Medicine

**Specialties:**
Nephrology (Kidney), Transplantation

**Subspecialties:**
Chronic Kidney Disease, Kidney Transplantation, Dialysis, Transplant Nephrology

**Add'l Language:**
Polish

**Jacobs Medical Center**

**Hillcrest - UC San Diego Medical Center**

**La Jolla - 4510 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-7729

**Bio:**
Thomasz Beben, MD, is a board-certified nephrologist who specializes in chronic kidney disease. He sees patients on dialysis with end-stage renal disease, as well as pre- and post-kidney transplant patients. Dr. Beben also has expertise treating people with hypertensive nephrosclerosis and various electrolyte abnormalities.
Nephrology (Kidney) - Chronic Kidney Disease (cont.)

**Alexander Bullen, MD**  
Nephrologist  
Assistant Professor of Medicine  

**Specialty:**  
Nephrology (Kidney)  

**Subspecialties:**  
Chronic Kidney Disease, Dialysis, Critical Care Nephrology  

**Add'l Language:**  
Spanish  

**Hillcrest - UC San Diego Medical Center**  
**Jacobs Medical Center**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6248  

**Bio:**  
Alexander Bullen, MD, is a board-certified nephrologist who treats people with acute kidney injury, chronic kidney disease and end-stage kidney disease.

---

**Dinna N. Cruz, MD, MPH**  
Nephrologist  
Professor of Medicine  

**Specialty:**  
Nephrology (Kidney)  

**Subspecialties:**  
Critical Care Nephrology, Chronic Kidney Disease  

**Add'l Languages:**  
Italian, Tagalog  

**La Jolla - Perlman Medical Offices**  
**Hillcrest - UC San Diego Medical Center**  
**Jacobs Medical Center**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6397  

**Bio:**  
Dinna Cruz, MD, MPH, is a board-certified nephrologist. Her expertise is treating patients with both acute and chronic kidney diseases caused by all types of underlying conditions, including hypertension, diabetes, polycystic kidney disease, glomerulonephritis, lupus, and sepsis. She specializes in treating people with acute kidney injury (also known as "kidney attack") and cardiorenal syndrome (individuals affected by both heart and kidney disease).
Nephrology (Kidney) - Chronic Kidney Disease (cont.)

Robyn Cunard, MD
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)
Subspecialties:
Apheresis, Chronic Kidney Disease

Hillcrest - Medical Offices South
Jacobs Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Robyn Cunard, MD is a board-certified nephrologist, with a special interest in glomerular diseases. She specializes in general nephrology and hypertension care, hemodialysis and apheresis.

Charles Ginsberg, MD
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)
Subspecialties:
Chronic Kidney Disease, Dialysis

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Charles Ginsberg, MD, is a board-certified nephrologist who specializes in the management of hypertension, chronic kidney disease, acute kidney injury and electrolyte disturbances.

Pranav Garimella, MBBS, MPH, FASN
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)
Subspecialty:
Chronic Kidney Disease
Add'l Languages:
Hindi, Tamil, Telugu, Urdu

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Pranav Garimella, MBBS, MPH, is a board-certified nephrologist who provides care for a wide range of kidney diseases, including chronic kidney disease, glomerulonephritis, hypertension, and acute kidney injury. He has a special interest in polycystic kidney disease, kidney stones, and metabolic bone disease.

Joachim H. Ix, MD
Chief, Division of Nephrology-Hypertension
Professor of Medicine

Specialty:
Nephrology (Kidney)
Subspecialties:
Chronic Kidney Disease, Dialysis, Apheresis
Add'l Language:
German

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Joachim Ix, MD, is a board-certified nephrologist who cares for patients with kidney disease, including end-stage renal disease and acute renal failure as a result of underlying conditions such as diabetes, hypertension, lupus, sepsis and glomerulonephritis. He is chief of the Division of Nephrology-Hypertension.
Nephrology (Kidney) - Chronic Kidney Disease (cont.)

Cynthia Miracle, MD
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Cynthia M. Miracle, MD, is a board-certified nephrologist who cares for chronic hemodialysis and renal transplant patients. She also provides nephrology consultation for patients who are hospitalized.

Scott Mullaney, MD
Nephrologist
Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis, Apheresis

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

Bio:
Scott Mullaney, MD, is a board-certified nephrologist who cares for patients with acute kidney injury, chronic kidney disease and end-stage renal disease with a particular interest in peritoneal dialysis. He is the clinical service chief for the Nephrology Division at UC San Diego Health.

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Nephrology (Kidney) - Chronic Kidney Disease (cont.)

Amber Paratore Sanchez, MD
Nephrologist
Associate Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Apheresis, Chronic Kidney Disease, Dialysis

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397
Direct Clinic Line - Koman Family Outpatient Pavilion: (858) 249-3030

Bio:
Amber Sanchez, MD, is a board-certified nephrologist and medical director of the therapeutic apheresis program at UC San Diego Health.

Natalie Sweiss, MD, FASN
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Critical Care Nephrology, Apheresis

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Natalie Sweiss, MD, is a board-certified nephrologist who cares for patients with kidney disease including chronic kidney disease, end-stage kidney disease and acute kidney injury. She provides apheresis and hemodialysis treatments to chronic and acute patients.
Nephrology (Kidney) - Chronic Kidney Disease (cont.)

Danuta Trzebinska, MD
Nephrologist
Associate Professor of Medicine

Specialty:
Nephrology (Kidney)
Subspecialties:
Chronic Kidney Disease, Dialysis, Apheresis
Add'l Language:
Polish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

Bio:
Danuta Trzebinska, MD, is a board-certified nephrologist with a special interest in chronic kidney disease. She is medical director of the Chronic Kidney Disease Program at UC San Diego Health.

Tyler Woodell, MD
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)
Subspecialties:
Chronic Kidney Disease, Dialysis

Hillcrest - Medical Offices South
Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Tyler Woodell, MD, is a board-certified nephrologist who treats people with kidney disease, ranging from acute kidney injury to chronic kidney disease and end-stage kidney disease. He has a special interest in treating patients with glomerular disease, which includes conditions such as lupus nephritis, IgA nephropathy and various causes of nephrotic syndrome. He also treats patients with hypertension, electrolyte and acid-base disorders.
Nephrology (Kidney) - Critical Care Nephrology

Joseph A. Abdelmalek, MD
Nephrologist
Assistant Professor of Medicine

Specialty: Nephrology (Kidney)
Subspecialties: Chronic Kidney Disease, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Joseph Abdelmalek, MD, is a board-certified nephrologist who cares for patients with acute kidney injury, chronic kidney disease and end-stage renal disease. He also has expertise in treating electrolyte disorders.

Dinna N. Cruz, MD, MPH
Nephrologist
Professor of Medicine

Specialty: Nephrology (Kidney)
Subspecialties: Critical Care Nephrology, Chronic Kidney Disease
Add'l Languages: Italian, Tagalog

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Dinna Cruz, MD, MPH, is a board-certified nephrologist. Her expertise is treating patients with both acute and chronic kidney diseases caused by all types of underlying conditions, including hypertension, diabetes, polycystic kidney disease, glomerulonephritis, lupus, and sepsis. She specializes in treating people with acute kidney injury (also known as “kidney attack”) and cardiorenal syndrome (individuals affected by both heart and kidney disease).

Alexander Bullen, MD
Nephrologist
Assistant Professor of Medicine

Specialty: Nephrology (Kidney)
Subspecialties: Chronic Kidney Disease, Dialysis, Critical Care Nephrology
Add'l Language: Spanish

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Alexander Bullen, MD, is a board-certified nephrologist who treats people with acute kidney injury, chronic kidney disease and end-stage kidney disease.
Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care
Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.

Natalie Sweiss, MD, FASN
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)
Subspecialties:
Chronic Kidney Disease, Critical Care Nephrology, Apheresis

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center
Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Natalie Sweiss, MD, is a board-certified nephrologist who cares for patients with kidney disease including chronic kidney disease, end-stage kidney disease and acute kidney injury. She provides apheresis and hemodialysis treatments to chronic and acute patients.
**Nephrology (Kidney) - Dialysis**

**Tomasz Beben, MD**  
Nephrologist  
Assistant Professor of Medicine

**Specialties:**  
Nephrology (Kidney), Transplantation

**Subspecialties:**  
Chronic Kidney Disease, Kidney Transplantation, Dialysis, Transplant Nephrology

**Add'l Language:**  
Polish

**Jacobs Medical Center**  
**Hillcrest - UC San Diego Medical Center**  
**La Jolla - 4510 Executive Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Executive Dr.: (858) 657-7729

**Bio:**  
Thomasz Beben, MD, is a board-certified nephrologist who specializes in chronic kidney disease. He sees patients on dialysis with end-stage renal disease, as well as pre- and post-kidney transplant patients. Dr. Beben also has expertise treating people with hypertensive nephrosclerosis and various electrolyte abnormalities.

**Alexander Bullen, MD**  
Nephrologist  
Assistant Professor of Medicine

**Specialty:**  
Nephrology (Kidney)

**Subspecialties:**  
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

**Add'l Language:**  
Spanish

**Hillcrest - UC San Diego Medical Center**  
**Jacobs Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6248

**Bio:**  
Alexander Bullen, MD, is a board-certified nephrologist who treats people with acute kidney injury, chronic kidney disease and end-stage kidney disease.

**Charles Ginsberg, MD**  
Nephrologist  
Assistant Professor of Medicine

**Specialty:**  
Nephrology (Kidney)

**Subspecialties:**  
Chronic Kidney Disease, Dialysis

**La Jolla - Perlman Medical Offices**  
**Hillcrest - Medical Offices South**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6248

**Bio:**  
Charles Ginsberg, MD, is a board-certified nephrologist who specializes in the management of hypertension, chronic kidney disease, acute kidney injury and electrolyte disturbances.
Nephrology (Kidney) - Dialysis (cont.)

Joachim H. Ix, MD
Chief, Division of Nephrology-Hypertension
Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis, Apheresis

**Add'l Language:**
German

**Jacobs Medical Center**
**Hillcrest - UC San Diego Medical Center**
**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

**Bio:**
Joachim Ix, MD, is a board-certified nephrologist who cares for patients with kidney disease, including end-stage renal disease and acute renal failure as a result of underlying conditions such as diabetes, hypertension, lupus, sepsis and glomerulonephritis. He is chief of the Division of Nephrology-Hypertension.

---

Etienne Macedo, MD, PhD, FASN
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialty:**
Dialysis

**Add'l Language:**
Brazilian Portuguese

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

**Bio:**
Etienne Macedo, MD, PhD, is a nephrologist who diagnoses and treats patients with kidney disease, including renal failure, kidney stones and high blood pressure.

---

Cynthia Miracle, MD
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis

**Jacobs Medical Center**
**Hillcrest - UC San Diego Medical Center**
**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

**Bio:**
Cynthia M. Miracle, MD, is a board-certified nephrologist who cares for chronic hemodialysis and renal transplant patients. She also provides nephrology consultation for patients who are hospitalized.
Nephrology (Kidney) - Dialysis (cont.)

Scott Mullaney, MD
Nephrologist
Professor of Medicine

**Specialty:** Nephrology (Kidney)
**Subspecialties:** Chronic Kidney Disease, Dialysis, Apheresis

**Jacobs Medical Center**
**Hillcrest - UC San Diego Medical Center**
**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

**Bio:**
Scott Mullaney, MD, is a board-certified nephrologist who cares for patients with acute kidney injury, chronic kidney disease and end-stage renal disease with a particular interest in peritoneal dialysis. He is the clinical service chief for the Nephrology Division at UC San Diego Health.

---

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

**Specialties:** Nephrology (Kidney), Palliative Care
**Subspecialties:** Chronic Kidney Disease, Dialysis, Critical Care Nephrology

**Hillcrest - UC San Diego Medical Center**
**Hillcrest - Medical Offices North**
**Hillcrest - Medical Offices South**
**Moores Cancer Center**
**Jacobs Medical Center**
**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

**Bio:**
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.

---

Robert Parmer, MD
Professor of Medicine

**Specialty:** Nephrology (Kidney)
**Subspecialty:** Dialysis

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
Dr. Parmer is Professor of Medicine in the Division of Nephrology/Hypertension at the University of California, San Diego, and VA San Diego Healthcare System. Dr. Parmer’s nephrology practice includes: diagnosis and management of essential and secondary forms of hypertension, acute and chronic kidney disease, diabetic nephropathy, hemodialysis, general and ICU nephrology.
Nephrology (Kidney) - Dialysis (cont.)

Amber Paratore Sanchez, MD
Nephrologist
Associate Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Apheresis, Chronic Kidney Disease, Dialysis

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397
Direct Clinic Line - Koman Family Outpatient Pavilion: (858) 249-3030

Bio:
Amber Sanchez, MD, is a board-certified nephrologist and medical director of the therapeutic apheresis program at UC San Diego Health.

Mita M. Shah, MD
Nephrologist
Associate Professor of Medicine

Specialties:
Nephrology (Kidney), Transplantation

Subspecialties:
Pancreas Transplantation, Dialysis, Apheresis, Kidney Transplantation

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-7729
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Mita Shah, MD, is a board-certified nephrologist who specializes in the care and management of kidney transplant patients with a special interest in the management of immunosuppression to improve long-term graft survival.

Danuta Trzebinska, MD
Nephrologist
Associate Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis, Apheresis

Add'l Language:
Polish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

Bio:
Danuta Trzebinska, MD, is a board-certified nephrologist with a special interest in chronic kidney disease. She is medical director of the Chronic Kidney Disease Program at UC San Diego Health.
Tyler Woodell, MD
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis

Hillcrest - Medical Offices South
Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Tyler Woodell, MD, is a board-certified nephrologist who treats people with kidney disease, ranging from acute kidney injury to chronic kidney disease and end-stage kidney disease. He has a special interest in treating patients with glomerular disease, which includes conditions such as lupus nephritis, IgA nephropathy and various causes of nephrotic syndrome. He also treats patients with hypertension, electrolyte and acid-base disorders.
Nephrology (Kidney) - Transplant Nephrology

**Tomasz Beben, MD**  
Nephrologist  
Assistant Professor of Medicine

**Specialties:**  
Nephrology (Kidney), Transplantation

**Subspecialties:**  
Chronic Kidney Disease, Kidney Transplantation, Dialysis, Transplant Nephrology

**Add'l Language:**  
Polish

Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
La Jolla - 4510 Executive Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Executive Dr.: (858) 657-7729

**Bio:**  
Thomasz Beben, MD, is a board-certified nephrologist who specializes in chronic kidney disease. He sees patients on dialysis with end-stage renal disease, as well as pre- and post-kidney transplant patients. Dr. Beben also has expertise treating people with hypertensive nephrosclerosis and various electrolyte abnormalities.

**Adnan Khan, MBBS, FASN, FNKF**  
Nephrologist

**Specialties:**  
Nephrology (Kidney), Transplantation

**Subspecialties:**  
Kidney Transplantation, Transplant Nephrology, Pancreas Transplantation

**Add'l Languages:**  
Hindi, Urdu

La Jolla - 4510 Executive Drive  
Hillcrest - Medical Offices South

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 657-7729  
Direct Clinic Line - Hillcrest: (619) 543-6248

**Bio:**  
Adnan Khan, MBBS, is a board-certified nephrologist who specializes in all aspects of kidney and pancreas transplantation. He also has expertise in treating patients with complex cases of hypertension.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health.

Charles D. Ashbrook, MD
Psychiatrist

Specialty:
Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Charles Ashbrook, MD, is a board-certified psychiatrist who specializes in outpatient care of young adults and adults with depression, anxiety, bipolar disorder, psychosis, schizophrenia, post-traumatic stress disorder (PTSD) and personality disorders. A guiding principal of his clinical practice is to review, simplify, and optimize his patients' medication regimens, using evidence-based approaches.

Nora Bammidi, MBBS, FAPA
Psychiatrist

Specialty:
Psychiatry
Add'l Language:
Telugu

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.

Anne Bird, MBChB
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Anne Bird, MBChB, is a board-certified adult, child and adolescent psychiatrist who specializes in treating children, teens and young adults with mood disorders, anxiety disorders or attention-deficit/hyperactivity disorder (ADHD). She uses both medications and talk therapy (psychotherapy) in her practice.

Kristin Cadenhead, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745
Direct Clinic Line: (619) 543-6445

Bio:
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health's early psychosis treatment program. This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.
Psychiatry (cont.)

Ashley L. Clark, MD
Psychiatrist
Associate Professor of Psychiatry

**Specialty:** Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**
**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Ashley Clark, MD, is board-certified psychiatrist whose practice focuses on women’s reproductive mental health issues, such as premenstrual dysphoric disorder (PMDD), and mood and anxiety disorders during pregnancy and the postpartum period. She is part of the Women's Reproductive Mental Health Program at UC San Diego Health.

---

Nancy Downs, MD
Psychiatrist
Professor of Psychiatry

**Specialty:** Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Nancy Downs, MD is a board-certified psychiatrist who specializes in the mental health needs of college students and transition age youth.

---

Douglas D'Agati, MD
Psychiatrist
Assistant Professor of Psychiatry

**Specialty:** Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Douglas D'Agati, MD, is a board-certified psychiatrist who specializes in treating adults and young adults with mood disorders (such as depression and bipolar disorder), anxiety disorders, psychosis, and schizophrenia.

---

David Folsom, MD
Director, Division of Clinical Psychiatry
Vice Chair, Clinical Affairs, Department of Psychiatry

**Specialty:** Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
David Folsom, MD, is a board-certified psychiatrist and director of the Division of Clinical Psychiatry at UC San Diego Health. He has a special interest in providing care for people with schizophrenia and other serious mental illnesses, and those with both mental and physical health problems. He uses a comprehensive, whole-person approach to psychiatric care, addressing all areas that contribute to a person’s successful recovery as well as promoting life skills, providing education, and cultivating help-seeking behavior.
Psychiatry (cont.)

David J. Grelotti, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add'l Language:
Haitian Creole

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
David Grelotti, MD is an adult and child psychiatrist and directs mental health services at UC San Diego Health’s Owen Clinic, one of nation’s premier multispecialty care clinics focused on the treatment and prevention of HIV and related illnesses. Dr. Grelotti provides care for mental health, substance use, and related disorders to children, adolescents, and adults with HIV and at risk for HIV.

Jeremy Hirst, MD
Psychiatrist
Associate Director, Patient and Family Support Services, Moores Cancer Center

Specialties:
Psychiatry, Palliative Care, Cancer

Subspecialty:
Psychosocial Oncology

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.

Jonathon R. Howlett, MD
Psychiatrist

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jonathon Howlett, MD, is a board-certified psychiatrist who specializes in caring for individuals with treatment-resistant depression. His practice also includes treating more general mental health conditions such depressive disorders, anxiety disorders, bipolar disorder and schizophrenia.
Psychiatry (cont.)

Alan J. Hsu, MD
Psychiatrist
Associate Professor of Psychiatry

Specialties:
Psychiatry, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Alan John Hsu, MD, is a board-certified psychiatrist who specializes in treating cancer patients struggling with mood and anxiety issues brought on by cancer. He also sees individuals with cancer who have pre-existing mental health challenges.

Walter H. Kaye, MD
Director, Eating Disorders Treatment and Research Program
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 4510 Executive Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

Bio:
Walter Kaye, MD, is a board-certified psychiatrist who specializes in treating individuals with anorexia nervosa and other eating disorders. As director of the Eating Disorders Treatment and Research Program at UC San Diego Health, Dr. Kaye and his team use an intensive and innovative approach that addresses each person’s medical, psychological and psycho-educational health. The evidence-based program also offers family counseling to help patients and their families with improved understanding, communication, and capacity for growth.

Ildiko Kovacs, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Hungarian

Hillcrest - Medical Offices South
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.

Vanessa L. Lauzon, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Vanessa L. Lauzon, MD, is a board-certified psychiatrist and board-certified family medicine physician who specializes in caring for hospitalized adults with mental health conditions. In the inpatient setting, she treats depression, anxiety disorders, PTSD, bipolar disorder, schizophrenia and schizoaffective disorder, substance use disorders, neurocognitive disorders, co-morbid medical and psychiatric issues, and issues related to grief and coping in patients with serious medical issues.
Psychiatry (cont.)

Julie L. Le, DO
Psychiatrist
Assistant Professor of Psychiatry and Family Medicine and Public Health

**Specialty:** Psychiatry

La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive
Sorrento Valley - Directors Place
Scripps Ranch - 9909 Mira Mesa Blvd
Hillcrest - 4th & Lewis Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Family Medicine: (858) 657-8600
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-8000
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9250

**Bio:**
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).

Carla Marienfeld, MD
Psychiatrist
Associate Professor of Psychiatry

**Specialty:** Psychiatry

La Jolla - 8950 Villa La Jolla Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-1680

**Bio:**
Carla Marienfeld, MD, is a board-certified addiction psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.

Alejandro Meruelo, MD, PhD
Psychiatrist

**Specialty:** Psychiatry

La Jolla - 8950 Villa La Jolla Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Alejandro Meruelo, MD, PhD, is a psychiatrist who delivers compassionate, expert care to people with bipolar disorder, depression, schizophrenia and anxiety disorders. He also cares for individuals with treatment-resistant depression using transcranial magnetic stimulation.
Psychiatry (cont.)

Aaron Meyer, MD
Psychiatrist

Specialty:
Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Aaron Meyer, MD, is a psychiatrist who specializes in caring for people with severe or acute mental illness and behavioral health conditions. This includes caring for individuals who experience significant and distressing symptoms of a mental illness that require immediate treatment.

Lama Muhammad, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Arabic

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Lama Muhammad, MD, is a psychiatrist whose practices focuses on the mind-body connection and its relationship to mental health disorders. She also has expertise in mental illnesses related to autoimmune disorders, and in understanding the cultural dimensions of mental health.

Hoang Nguyen, MD
Assistant Clinical Professor

Specialty:
Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:

Alison Reminick, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Alison Reminick, MD, is a board-certified psychiatrist who specializes in the mental health care needs for women with premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), pregnancy and postpartum mood disorders, and emotional disturbances during menopause. She directs the Women's Reproductive Mental Health Program at UC San Diego Health, which helps women manage and recover from anxiety, depression, or other emotional concerns during infertility, pregnancy, or the postpartum period.
Psychiatry (cont.)

Isabel Ribeiro Caldas Domingues, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add'l Languages:
Portuguese, Spanish

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the “prodromal” (early) phase.

Jennifer Roby, DO
Psychiatrist
Assistant Professor Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jennifer Roby, DO, is a psychiatrist who provides general mental health care services for adults. She provides care to undergraduate, graduate, and medical students through UC San Diego Health’s College Mental Health Program. She also helps women with postpartum depression, postpartum anxiety and other reproductive-related mental health concerns that affect women and their families.

Neil M. Richtand, MD, PhD
Psychiatrist

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Neil M. Richtand, MD, PhD, is a board-certified psychiatrist who provides expert, compassionate mental health care services to UC San Diego undergraduate and graduate students.

Sanjaya Saxena, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Sanjaya Saxena, MD, is a board-certified psychiatrist focusing on the treatment of people with obsessive-compulsive disorders (OCD) and related conditions such as compulsive hoarding and body dysmorphic disorder.
Psychiatry (cont.)

**Terry A. Schwartz, MD**
Clinical Director, Eating Disorders Treatment and Research Program
Associate Professor of Psychiatry

**Specialty:** Psychiatry

**La Jolla - 4510 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

**Bio:**
Terry A. Schwartz, MD, is a board-certified psychiatrist who specializes in caring for individuals with eating disorders, mood disorders and anxiety disorders. She has more than 20 years' experience and has particular expertise in treating individuals who have an eating disorder co-occurring with mood, anxiety or substance abuse disorders.

---

**Murray B. Stein, MD, MPH**
Psychiatrist
Distinguished Professor of Psychiatry and Family Medicine and Public Health

**Specialty:** Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Murray B. Stein, MD, MPH, is a board-certified psychiatrist who treats individuals with anxiety, and trauma and stressor-related disorders, including panic disorder, agoraphobia, social anxiety disorder (social phobia), generalized anxiety disorder, and post-traumatic stress disorder (PTSD) with or without depression.

---

**Louisa Steiger, MD**

**Specialty:** Psychiatry

**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

---

**Hannah C. Sweet, MD**
Psychiatrist
Assistant Professor of Psychiatry

**Specialty:** Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Hannah Sweet, MD, is a board-certified psychiatrist who specializes in treating children and adolescents with all types of mental illness and psychiatric conditions. Her practice is part of UC San Diego Health's comprehensive and compassionate mental health services for teens.
Psychiatry (cont.)

Jessica L. Thackaberry, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.

Maria Tiamson-Kassab, MD

Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology
Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center's Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.

Sidney Zisook, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Sidney Zisook, MD, is a board-certified psychiatrist who specializes in treating adults who are experiencing grief, anxiety, or the effects of a mood disorder. His experience is in caring for people with complicated bereavement, as well as those with chronic mental health conditions or illnesses that do not respond well to treatment. Dr. Zisook also uses integrative therapy to treat each person as a whole, including their mental, physical and emotional needs.
Psychiatry - Geriatric Psychiatry

Steven F. Huege, MD
Psychiatrist

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Steven Huege, MD, is a board-certified geriatric psychiatrist who specializes in treating mental health and neurodegenerative disorders in older adults, including both chronic and new-onset mental illness. His areas of clinical expertise include Alzheimer's disease, Lewy body dementia, frontotemporal dementia, and mood and psychotic disorders in older adults.

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer's disease.

Daniel D Sewell, MD
Director, Senior Behavioral Health
Professor of Psychiatry

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Daniel D. Sewell, MD, is a board-certified psychiatrist focusing on the treatment of older adults with behavioral health issues.
Psychiatry - Geriatric Psychiatry (cont.)

Raisa Yagudayeva, DO
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Subspecialty:
Geriatric Psychiatry

Add't Language:
Russian

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Raisa Yagudayeva, DO, is a board-certified geriatric psychiatrist who specializes in treating mental health problems in older adults, including major neurocognitive disorder, major depressive disorder, generalized anxiety disorder, schizophrenia, psychosis and obsessive compulsive disorder. She is interested in electroconvulsive therapy (ECT), which is used to relieve symptoms of several mental health conditions.
Index

A
Abdelmalek, Joseph A. .............................................. 6, 12
Ashbrook, Charles D. ............................................. 20

B
Bannidi, Nora .......................................................... 20
Beben, Tomasz ...................................................... 6, 14, 19
Bird, Anne ............................................................... 20
Bullen, Alexander .................................................. 7, 12, 14

C
Cadenhead, Kristin .................................................. 20
Clark, Ashley L. ...................................................... 21
Cruz, Dinna N. .......................................................... 7, 12
Cunard, Robyn ........................................................ 2, 8

D
D’Agati, Douglas ..................................................... 21
Downs, Nancy .......................................................... 21

F
Folsom, David ......................................................... 21

G
Garimella, Pranav .................................................. 8
Ginsberg, Charles ................................................... 8, 14
Grelotti, David J. .................................................... 22

H
Hirst, Jeremy ........................................................... 22
Howlett, Jonathon R. .............................................. 22
Hsu, Alan J. .............................................................. 23
Huege, Steven F. .................................................... 29

I
Ix, Joachim H. ........................................................ 2, 8, 15

K
Karl, Bethany E. ........................................................ 1
Kaye, Walter H. ...................................................... 23
Khan, Adnan .......................................................... 19
Kovacs, Ildiko ......................................................... 23

L
Lauzon, Vanessa L. .................................................. 23
Le, Julie L. ............................................................... 24

M
Macedo, Etienne ................................................... 15
Marienfeld, Carla ................................................... 24
Meruelo, Alejandro ............................................... 24
Meyer, Aaron ........................................................ 25
Miracle, Cynthia ................................................... 9, 15
Muhammad, Lama ................................................ 25
Mulaney, Scott ...................................................... 3, 9, 16

N
Nguyen, Hoang ..................................................... 25
Nourbakhsh, Noureddin ....................................... 1

P
Parmer, Robert ........................................................ 16

R
Reminick, Alison ................................................... 25
Ribeiro Caldas Domingues, Isabel ....................... 26
Richtand, Neil M. ................................................... 26

S
Sanchez, Amber Paratore ..................................... 3, 10, 17
Saxena, Sanjaya ..................................................... 26
Schwartz, Terry A. ............................................... 27
Sewell, Daniel D .................................................... 29
Shah, Mita M. ....................................................... 3, 17
Steiger, Louisa ..................................................... 27
Stein, Murray B. .................................................... 27
Steiner, Robert W. ............................................... 4
Sweet, Hannah C. .................................................. 27
Sweiss, Natalie ................................................... 4, 10, 13

T
Thackaberry, Jessica L. ....................................... 28
Thomson, Scott Culver ......................................... 4
Tiamson-Kassab, Maria ........................................... 28
Trzebinska, Danuta ............................................... 5, 11, 17

V
Vardi, Kalya .......................................................... 29

W
Ward, David Malcom ........................................... 5
Woodell, Tyler ...................................................... 11, 18

Y
Yagudayeva, Raisa ................................................ 30

Z
Ziegler, Michael G. .............................................. 1
Zisook, Sidney ..................................................... 28