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Anesthesiology

Anesthesiology is the medical specialty that involves the preoperative, intraoperative, and postoperative care for patients in the administration of medications to control pain and support life functions during surgery. Learn more about anesthesiology services at UC San Diego Health.

Farshad M. Ahadian, MD
Medical Director, Center For Pain Medicine
Professor of Anesthesiology

Specialties:
Anesthesiology, Pain Management

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273

Bio:
Farshad M. Ahadian, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and provides comprehensive, multidisciplinary care for a broad range of pain conditions. His areas of expertise and interest include minimally invasive treatments for neurogenic claudication from lumbar spinal stenosis and lumbar discogenic pain; neurostimulation (including spinal cord and peripheral nerve field stimulation); interventional therapies for the head and neck region; spinal diagnostics and therapeutics; diagnostic and therapeutic interventions for joint pain; integrative medicine and medical acupuncture.

Dalia A. Banks, MD, FASE
Division Chief, Cardiothoracic Anesthesiology
Professor of Anesthesiology

Specialty:
Anesthesiology

Jacobs Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dalia A. Banks, MD, is a board-certified anesthesiologist who specializes in cardiothoracic anesthesia. Cardiothoracic anesthesiologists provide anesthesia for people undergoing surgical procedures which may involve the heart, lungs, esophagus, and other organs in the chest.

Benjamin Beal, MD
Assistant Clinical Professor

Specialties:
Anesthesiology, Pain Management
Add'l Language:
Italian

Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Benjamin Beal is an Assistant Professor in the Department of Anesthesiology at UC San Diego. His training includes the treatment of acute and chronic pain via interventional and medication based therapies. His areas of specialty include fluoroscopic guided interventional spine injections, spinal cord stimulation, and ultrasound guided techniques.
Anesthesiology (cont.)

Jonathan Benumof, MD
Professor

Specialty:
Anesthesiology

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Benumof is a Professor of Anesthesia in the School of Medicine at University of California, San Diego.

Michael L. Bishop, MD
Clinical Professor

Specialty:
Anesthesiology

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
"My goal is to ensure that each patient receives the highest quality anesthesia care. This includes attention to the patient's psychological needs, whether it be informational or emotional support."

Alyssa Brittany Brzenski, MD
Associate Professor of Anesthesiology

Specialty:
Anesthesiology

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
UC San Diego Health Links

Krishnan Chakravarthy, MD, PhD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

Add'l Language:
Tamil

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Krishnan Chakravarthy, MD, PhD, is an anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. Dr. Chakravarthy performs a variety of procedures to treat chronic pain, specializing in dorsal root stimulation therapy, a type of neurostimulation therapy designed to manage pain in areas of the lower body such as the foot, knee, hip or groin; dorsal column stimulation; and peripheral nerve stimulation.
Anesthesiology (cont.)

Leon Chang, MD
Associate Clinical Director
Assistant Clinical Professor

Specialty: Anesthesiology
Add'l Language: Mandarin

Contact:
New Patient Registration: (800) 926-8273

Bio:
2007 to present- Staff Anesthesiologist at University of California, San Diego.

Ching-Rong Cheng, MD

Specialty: Anesthesiology
Add'l Language: Chinese

Contact:
New Patient Registration: (800) 926-8273

Bio:

John Cornell Drummond, MD
Professor of Anesthesiology
Professor

Specialty: Anesthesiology

Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Drummond has extensive experience in the field of anesthesia for neurosurgery.

Kristin Eck Fairbanks, MD, PhD
Assistant Clinical Professor

Specialty: Anesthesiology

Contact:
New Patient Registration: (800) 926-8273

Bio:
I believe in treating each patient with patience and kindness, as if they were my own family member.
Anesthesiology (cont.)

Byron Douglas Fergerson, MD
Specialty: Anesthesiology
Contact:
New Patient Registration: (800) 926-8273

Timothy Furnish, MD
Pain Management Specialist
Assistant Professor of Anesthesiology
Specialties: Pain Management, Anesthesiology
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800
Bio:
Timothy Furnish, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain, particularly chronic pain and acute, post-surgical pain.

Mark Greenberg, MD
Assistant Clinical Professor
Specialty: Anesthesiology
Contact:
New Patient Registration: (800) 926-8273
Bio:
Clinical management of pediatric patients in the OR and Intensive Care Unit.

Randolph Hastings, MD, PhD
Professor
Specialty: Anesthesiology
Contact:
New Patient Registration: (800) 926-8273

Anesthesiology (cont.)

Brian M. Ilfeld, MD, MS - Clinical Investigation
Professor
Professor, In Residence

Specialty:
Anesthesiology

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Ilfeld completed medical school at the University of California at San Francisco, internship in OB/GYN at the University of California at Los Angeles, residency in Anesthesiology at the University of California at San Francisco, and a fellowship in regional anesthesia at the University of Florida.

Brian P. Lemkuil, MD
Neuroanesthetist
Assistant Professor

Specialty:
Anesthesiology

Contact:
New Patient Registration: (800) 926-8273

Bio:

Albert Y. Leung, MD
Anesthesiologist and Pain Management Specialist
Professor of Anesthesiology

Specialties:
Anesthesiology, Pain Management

Add'l Languages:
Cantonese, Mandarin

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Albert Y. Leung, MD, is a board-certified anesthesiologist who specializes in pain medicine. As a pain management specialist, he evaluates and treats all forms of acute and chronic pain conditions. Dr. Leung has over 20 years’ experience caring for people with chronic pain, and offers a range of interventional and minimally invasive procedures, as well as medication management.

Joel Kaplan, MD

Specialty:
Anesthesiology

Contact:
New Patient Registration: (800) 926-8273
Anesthesiology (cont.)

Gerard Manecke, MD
Clinical Professor

**Specialty:** Anesthesiology

**Contact:**
New Patient Registration: (800) 926-8273

William J. Mazzei, MD
Medical Director, Peri-Operative Services
Clinical Professor
Vice Chairman, Technology Development

**Specialty:** Anesthesiology

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
Dr. Mazzei may be contacted at (619)543-5754

Timothy M Maus, MD
Associate Clinical Professor

**Specialty:** Anesthesiology

Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273

Sidney K. Merritt, MD
Associate Clinical Professor of Anesthesiology

**Specialty:** Anesthesiology

**Add'l Language:** French

**Bio:**
Associate Clinical Professor of Anesthesiology at the University of California San Diego (2001 - present)
Anesthesiology (cont.)

Mark Mitchell, MD  
Clinical Professor  

Specialty:  
Anesthesiology  

Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  

Contact:  
New Patient Registration: (800) 926-8273  

Bio:  
Commitment to excellence in teaching, UC San Diego Anesthesiology Residency.  

Hemal Patel, MD  

Specialty:  
Anesthesiology  

Contact:  
New Patient Registration: (800) 926-8273  


Liem Nguyen, MD  
Staff Anesthesiologist  
Assistant Professor  

Specialty:  
Anesthesiology  

Contact:  
New Patient Registration: (800) 926-8273  


Gregory R. Polston, MD  
Pain Management Specialist  
Associate Professor of Anesthesiology  

Specialties:  
Pain Management, Anesthesiology  

La Jolla - Koman Family Outpatient Pavilion  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-3800  

Bio:  
Gregory R. Polston, MD, is a board-certified anesthesiologist who specializes in pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. His expertise includes chronic pain, postoperative pain, cancer pain and spine-related pain.
Anesthesiology (cont.)

Pariza Rahman, MD

Specialty: Anesthesiology

Contact:
New Patient Registration: (800) 926-8273

Luis M. Rivera, MD, MSEE

Clinical Instructor
Faculty Physician

Specialty: Anesthesiology
Add'l Language: Spanish

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Rivera's goal is to make the anesthesia process a safe and pleasant one by combining techniques and tailoring the anesthetic to each individual patient.

Steve Rossi, MD

Specialty: Anesthesiology

Contact:
New Patient Registration: (800) 926-8273

David M Roth, MD, PhD

Associate Professor

Specialty: Anesthesiology

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Ramon Sanchez, MD

Assistant Clinical Professor

Specialty: Anesthesiology

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
UC San Diego Health Links
Anesthesiology (cont.)

Navparkash S. Sandhu, MD
Clinical Professor of Anesthesiology

Specialty:
Anesthesiology
Add'l Languages:
Hindi, Punjabi, Urdu

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Gerhard Schulteis, MD

Specialty:
Anesthesiology

Contact:
New Patient Registration: (800) 926-8273

Robin Seaberg, MD
Attending Anesthesiologist
Associate Clinical Professor

Specialty:
Anesthesiology

Jacobs Medical Center
Shiley Eye Institute
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Jaspreet Somal, MBBS, FRCA
Anesthesiologist
Assistant Professor of Anesthesiology

Specialty:
Anesthesiology

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273

Bio:
Jaspreet Somal, MBBS, FRCA, is a board-certified anesthesiologist with subspecialty training in critical care and neurosurgical anesthesia. He oversees anesthesia care for UC San Diego Health’s acoustic neuroma program.
Anesthesiology (cont.)

Linda Sorkin, MD
Specialty:
Anesthesiology
Contact:
New Patient Registration: (800) 926-8273

Preetham J. Suresh, MD
Associate Clinical Professor
Associate Education Director
Specialty:
Anesthesiology
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Sulpizio Cardiovascular Center
Shiley Eye Institute
Contact:
New Patient Registration: (800) 926-8273
Bio:
Dr. Suresh completed his residency training at the University of California, San Francisco. He then worked as a private practice anesthesiologist at Alta Bates Summit Hospital where he was a partner in the East Bay Anesthesia Medical Group. While there, he specialized in acute pain management, regional anesthesia for orthopedic surgery and high risk obstetric anesthesia.

Mark Steven Wallace, MD
Pain Management Specialist
Chair, Division of Pain Medicine
Specialties:
Pain Management, Anesthesiology
La Jolla - Koman Family Outpatient Pavilion
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800
Bio:
Mark Wallace, MD, is a board-certified anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain, though most of his patients are affected by chronic pain.

Ruth S. Waterman, MD
Anesthesiologist
Interim Chair of Anesthesiology
Specialty:
Anesthesiology
Hillcrest - UC San Diego Medical Center
Contact:
New Patient Registration: (800) 926-8273
Bio:
Ruth Waterman, MD, is a board-certified anesthesiologist. She provides anesthesia for patients undergoing surgical or therapeutic procedures while monitoring the patient’s condition and supporting vital organ functions. As an anesthesiologist, she also diagnoses and treats both acute and chronic pain, as well as provides medical management for patients with critical illnesses and severe injuries.
Anesthesiology (cont.)

Lawrence Weinstein, MD

Specialty:
Anesthesiology

Contact:
New Patient Registration: (800) 926-8273

Anesthesiology - Critical Care

Erik Kistler, MD

Specialty:
Anesthesiology

Subspecialty:
Critical Care

Contact:
New Patient Registration: (800) 926-8273

Daniel Edward Lee, MD, PhD
Anesthesiologist and Pediatric Intensivist
Professor of Anesthesiology and Pediatrics

Specialties:
Anesthesiology, Pediatrics

Subspecialty:
Critical Care

Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Daniel E. Lee, MD, PhD, is a board-certified anesthesiologist and pediatrician who provides critical care services and anesthesia for children admitted to UC San Diego Health's Regional Burn Center, the only burn center in San Diego and Imperial Counties. He also provides anesthesia for patients of all ages at UC San Diego Health hospitals in Hillcrest and La Jolla, and at Rady Children's Hospital.
Anesthesiology - Critical Care (cont.)

Angela Meier, MD, PhD
Anesthesiologist

Specialty:
Anesthesiology

Subspecialty:
Critical Care

Add'l Language:
German

Contact:
New Patient Registration: (800) 926-8273

Anushirvan Minokadeh, MD
Anesthesiologist
Associate Clinical Professor

Specialty:
Anesthesiology

Subspecialty:
Critical Care

Add'l Language:
Farsi

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
UC San Diego Health Links

Beverly J. Newhouse, MD
Anesthesiologist
Associate Professor of Anesthesiology

Specialty:
Anesthesiology

Subspecialty:
Critical Care

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
UC San Diego Health Links

Albert Nguyen, MD
Assistant Clinical Professor

Specialty:
Anesthesiology

Subspecialty:
Critical Care

Add'l Language:
Vietnamese

Jacobs Medical Center
Sulpizio Cardiovascular Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Chief, Anesthesiology Critical Care Medicine
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health.

Charles D. Ashbrook, MD
Psychiatrist

**Specialty:**
Psychiatry

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

**Bio:**
Charles Ashbrook, MD, is a board-certified psychiatrist who specializes in outpatient care of young adults and adults with depression, anxiety, bipolar disorder, psychosis, schizophrenia, post-traumatic stress disorder (PTSD) and personality disorders. A guiding principal of his clinical practice is to review, simplify, and optimize his patients’ medication regimens, using evidence-based approaches.

Nora Bammidi, MBBS, FAPA
Psychiatrist

**Specialty:**
Psychiatry

**Add'l Language:**
Telugu

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.
Psychiatry (cont.)

Anne Bird, MBChB
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Anne Bird, MBChB, is a board-certified adult, child and adolescent psychiatrist who specializes in treating children, teens and young adults with mood disorders, anxiety disorders or attention-deficit/hyperactivity disorder (ADHD). She uses both medications and talk therapy (psychotherapy) in her practice.

Kristin Cadenhead, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745
Direct Clinic Line: (619) 543-6445

Bio:
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health's early psychosis treatment program. This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.

Ashley L. Clark, MD
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ashley Clark, MD, is board-certified psychiatrist whose practice focuses on women’s reproductive mental health issues, such as premenstrual dysphoric disorder (PMDD), and mood and anxiety disorders during pregnancy and the postpartum period. She is part of the Women's Reproductive Mental Health Program at UC San Diego Health.

Douglas D'Agati, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Douglas D'Agati, MD, is a board-certified psychiatrist who specializes in treating adults and young adults with mood disorders (such as depression and bipolar disorder), anxiety disorders, psychosis, and schizophrenia.
Psychiatry (cont.)

Nancy Downs, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nancy Downs, MD is a board-certified psychiatrist who specializes in the mental health needs of college students and transition age youth.

David J. Grelotti, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add'l Language:
Haitian Creole

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
David Grelotti, MD is an adult and child psychiatrist and directs mental health services at UC San Diego Health’s Owen Clinic, one of nation’s premier multispecialty care clinics focused on the treatment and prevention of HIV and related illnesses. Dr. Grelotti provides care for mental health, substance use, and related disorders to children, adolescents, and adults with HIV and at risk for HIV.

David Folsom, MD
Director, Division of Clinical Psychiatry
Vice Chair, Clinical Affairs, Department of Psychiatry

Specialty:
Psychiatry

Add'l Language:
Haitian Creole

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
David Folsom, MD, is a board-certified psychiatrist and director of the Division of Clinical Psychiatry at UC San Diego Health. He has a special interest in providing care for people with schizophrenia and other serious mental illnesses, and those with both mental and physical health problems. He uses a comprehensive, whole-person approach to psychiatric care, addressing all areas that contribute to a person’s successful recovery as well as promoting life skills, providing education, and cultivating help-seeking behavior.
Psychiatry (cont.)

Jeremy Hirst, MD
Psychiatrist
Associate Director, Patient and Family Support Services,
Moores Cancer Center

Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.

Jonathon R. Howlett, MD
Psychiatrist

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jonathon Howlett, MD, is a board-certified psychiatrist who specializes in caring for individuals with treatment-resistant depression. His practice also includes treating more general mental health conditions such as depressive disorders, anxiety disorders, bipolar disorder and schizophrenia.

Alan J. Hsu, MD
Psychiatrist
Associate Professor of Psychiatry

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Alan John Hsu, MD, is a board-certified psychiatrist who specializes in treating cancer patients struggling with mood and anxiety issues brought on by cancer. He also sees individuals with cancer who have pre-existing mental health challenges.

Walter H. Kaye, MD
Director, Eating Disorders Treatment and Research Program
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

Bio:
Walter Kaye, MD, is a board-certified psychiatrist who specializes in treating individuals with anorexia nervosa and other eating disorders. As director of the Eating Disorders Treatment and Research Program at UC San Diego Health, Dr. Kaye and his team use an intensive and innovative approach that addresses each person’s medical, psychological and psycho-educational health. The evidence-based program also offers family counseling to help patients and their families with improved understanding, communication, and capacity for growth.
Psychiatry (cont.)

Ildiko Kovacs, MD
Psychiatrist
Assistant Professor of Psychiatry

**Specialty:** Psychiatry  
**Add'l Language:** Hungarian

Hillcrest - Medical Offices South  
La Jolla - 8950 Villa La Jolla Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.

Vanessa L. Lauzon, MD
Psychiatrist  
Assistant Professor of Psychiatry

**Specialty:** Psychiatry  
**Add'l Language:** Spanish

Hillcrest - UC San Diego Medical Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6350

**Bio:**  
Vanessa L. Lauzon, MD, is a board-certified psychiatrist and board-certified family medicine physician who specializes in caring for hospitalized adults with mental health conditions. In the inpatient setting, she treats depression, anxiety disorders, PTSD, bipolar disorder, schizophrenia and schizoaffective disorder, substance use disorders, neurocognitive disorders, co-morbid medical and psychiatric issues, and issues related to grief and coping in patients with serious medical issues.

Julie L. Le, DO
Psychiatrist  
Assistant Professor of Psychiatry and Family Medicine and Public Health

**Specialty:** Psychiatry

La Jolla - 9333 Genesee Avenue  
La Jolla - 8939 Villa La Jolla Drive  
Sorrento Valley - Directors Place  
Scripps Ranch - 9909 Mira Mesa Blvd  
Hillcrest - 4th & Lewis Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla Family Medicine: (858) 657-8600  
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-8000  
Direct Clinic Line - Sorrento Valley: (858) 249-5400  
Direct Clinic Line - Scripps Ranch: (858) 657-7750  
Direct Clinic Line - Hillcrest: (619) 471-9250

**Bio:**  
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).
Carla Marienfeld, MD  
Psychiatrist  
Associate Professor of Psychiatry  

**Specialty:**  
Psychiatry  

**La Jolla - 8950 Villa La Jolla Drive**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-1680  

**Bio:**  
Carla Marienfeld, MD, is a board-certified addiction psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.

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Aaron Meyer, MD  
Psychiatrist  

**Specialty:**  
Psychiatry  

**Hillcrest - UC San Diego Medical Center**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6350  

**Bio:**  
Aaron Meyer, MD, is a psychiatrist who specializes in caring for people with severe or acute mental illness and behavioral health conditions. This includes caring for individuals who experience significant and distressing symptoms of a mental illness that require immediate treatment.

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Alejandro Meruelo, MD, PhD  
Psychiatrist  

**Specialty:**  
Psychiatry  

**La Jolla - 8950 Villa La Jolla Drive**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  

**Bio:**  
Alejandro Meruelo, MD, PhD, is a psychiatrist who delivers compassionate, expert care to people with bipolar disorder, depression, schizophrenia and anxiety disorders. He also cares for individuals with treatment-resistant depression using transcranial magnetic stimulation.

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Lama Muhammad, MD  
Psychiatrist  
Assistant Professor of Psychiatry  

**Specialty:**  
Psychiatry  

**Add'l Language:**  
Arabic  

**Hillcrest - 140 Arbor Drive**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  

**Bio:**  
Lama Muhammad, MD, is a psychiatrist whose practices focuses on the mind-body connection and its relationship to mental health disorders. She also has expertise in mental illnesses related to autoimmune disorders, and in understanding the cultural dimensions of mental health.
Psychiatry (cont.)

Hoang Nguyen, MD
Assistant Clinical Professor

Specialty:
Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
UC San Diego Health Links

Isabel Ribeiro Caldas Domingues, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add'l Languages:
Portuguese, Spanish

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the “prodromal” (early) phase.

Alison Reminick, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Alison Reminick, MD, is a board-certified psychiatrist who specializes in the mental health care needs for women with premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), pregnancy and postpartum mood disorders, and emotional disturbances during menopause. She directs the Women's Reproductive Mental Health Program at UC San Diego Health, which helps women manage and recover from anxiety, depression, or other emotional concerns during infertility, pregnancy, or the postpartum period.

Neil M. Richtand, MD, PhD
Psychiatrist

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Neil M. Richtand, MD, PhD, is a board-certified psychiatrist who provides expert, compassionate mental health care services to UC San Diego undergraduate and graduate students.
Psychiatry (cont.)

Jennifer Roby, DO
Psychiatrist
Assistant Professor Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jennifer Roby, DO, is a psychiatrist who provides general mental health care services for adults. She provides care to undergraduate, graduate, and medical students through UC San Diego Health's College Mental Health Program. She also helps women with postpartum depression, postpartum anxiety and other reproductive-related mental health concerns that affect women and their families.

Sanjaya Saxena, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Sanjaya Saxena, MD, is a board-certified psychiatrist focusing on the treatment of people with obsessive-compulsive disorders (OCD) and related conditions such as compulsive hoarding and body dysmorphic disorder.

Terry A. Schwartz, MD
Clinical Director, Eating Disorders Treatment and Research Program
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

Bio:
Terry A. Schwartz, MD, is a board-certified psychiatrist who specializes in caring for individuals with eating disorders, mood disorders and anxiety disorders. She has more than 20 years’ experience and has particular expertise in treating individuals who have an eating disorder co-occurring with mood, anxiety or substance abuse disorders.

Louisa Steiger, MD

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Psychiatry (cont.)

Murray B. Stein, MD, MPH
Psychiatrist
Distinguished Professor of Psychiatry and Family Medicine and Public Health

Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio:
Murray B. Stein, MD, MPH, is a board-certified psychiatrist who treats individuals with anxiety, and trauma and stressor-related disorders, including panic disorder, agoraphobia, social anxiety disorder (social phobia), generalized anxiety disorder, and post-traumatic stress disorder (PTSD) with or without depression.

Hannah C. Sweet, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio:
Hannah Sweet, MD, is a board-certified psychiatrist who specializes in treating children and adolescents with all types of mental illness and psychiatric conditions. Her practice is part of UC San Diego Health's comprehensive and compassionate mental health services for teens.

Jon (David) Stiffler, MD
Psychiatrist

Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio:
David Stiffler, MD, is a board-certified psychiatrist who treats people with substance use disorders, trauma and post-traumatic stress disorder (PTSD), mood disorders, anxiety and attention deficit hyperactivity disorder (ADHD).

Jessica L. Thackaberry, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty: Psychiatry
Hillcrest - 140 Arbor Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio:
Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.
Psychiatry (cont.)

Maria Tiamson-Kassab, MD

**Specialties:**
Psychiatry, Palliative Care, Cancer

**Subspecialty:**
Psychosocial Oncology

**Add'l Language:**
Tagalog

**Moores Cancer Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

**Bio:**
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center’s Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.

Sidney Zisook, MD

**Psychiatrist**

**Professor of Psychiatry**

**Specialty:**
Psychiatry

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Sidney Zisook, MD, is a board-certified psychiatrist who specializes in treating adults who are experiencing grief, anxiety, or the effects of a mood disorder. His experience is in caring for people with complicated bereavement, as well as those with chronic mental health conditions or illnesses that do not respond well to treatment. Dr. Zisook also uses integrative therapy to treat each person as a whole, including their mental, physical and emotional needs.

Psychiatry - Geriatric Psychiatry

Steven F. Huege, MD

**Psychiatrist**

**Specialty:**
Psychiatry

**Subspecialty:**
Geriatric Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Steven Huege, MD, is a board-certified geriatric psychiatrist who specializes in treating mental health and neurodegenerative disorders in older adults, including both chronic and new-onset mental illness. His areas of clinical expertise include Alzheimer’s disease, Lewy body dementia, frontotemporal dementia, and mood and psychotic disorders in older adults.

Daniel D Sewell, MD

**Director, Senior Behavioral Health**

**Professor of Psychiatry**

**Specialty:**
Psychiatry

**Subspecialty:**
Geriatric Psychiatry

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

**Bio:**
Daniel D. Sewell, MD, is a board-certified psychiatrist focusing on the treatment of older adults with behavioral health issues.
Psychiatry - Geriatric Psychiatry (cont.)

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

Specialty: Psychiatry
Subspeciality: Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer’s disease.

Raisa Yagudayeva, DO
Psychiatrist
Assistant Professor of Psychiatry

Specialty: Psychiatry
Subspeciality: Geriatric Psychiatry
Add'l Language: Russian

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Raisa Yagudayeva, DO, is a board-certified geriatric psychiatrist who specializes in treating mental health problems in older adults, including major neurocognitive disorder, major depressive disorder, generalized anxiety disorder, schizophrenia, psychosis and obsessive compulsive disorder. She is interested in electroconvulsive therapy (ECT), which is used to relieve symptoms of several mental health conditions.
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