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Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
Locations
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Ophthalmology - Cornea

Natalie A. Afshari, MD, FACS
Professor of Ophthalmology
Chief, Division of Cornea and Refractive Surgery

Specialty:
Ophthalmology
Subspecialty:
Cornea

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Natalie Afshari, MD is accomplished as a clinician, surgeon, and a research scientist. Dr. Afshari’s achievement in cornea and refractive surgery and overall patient care has been recognized by her peers in several of the “best doctors” lists, including “The Best Doctors in America” in each listing for the past decade. Furthermore, Dr. Afshari was awarded the academic Achievement Award and the Secretariat Award by the American Academy of Ophthalmology. The U.S. Food and Drug Administration (FDA) has consulted Dr. Afshari’s expertise for matters of safety and efficacy of various ophthalmologic treatments. The National Institutes of Health (NIH) has honored Dr. Afshari by awarding her and her collaborators extensive grant support to study Fuchs endothelial corneal dystrophy, a genetic disorder leading to corneal transplantation.

Stuart Brown, MD
Professor of Ophthalmology

Specialty:
Ophthalmology
Subspecialty:
Cornea

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Dr. Brown is world renown for his contributions to basic and clinical research of the cornea, and has many “firsts.” He was the first to initiate studies into the surface characteristics of the component of the pre-corneal tear film, was the first to implicate that collagenase was responsible for corneal ulcers after alkali burn, and was the first to develop a collagen research laboratory for the eye and to initiate biochemical and cell biological studies on the structural macromolecules of the cornea. Dr. Brown was also the first to show that severely alkali-burned cornea can be successfully transplanted, resulting in many patients across the world to see whereas this was once considered a hopeless condition. Over thirty years ago, he developed corneal transplantation in babies born blind from corneal opacities. Since few surgeons in the world feel comfortable with this complicated procedure, infants and children from all over the world come to Shiley Eye Institute for their care.
Ophthalmology - Cornea (cont.)

Weldon Haw, MD
Cataract, Cornea and External Diseases, & Refractive Surgery
Clinical Professor of Ophthalmology
Chief of Ophthalmology - San Diego VAHS

Specialty:
Ophthalmology
Subspecialty:
Cornea

Shiley Eye Institute
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 552-8585

Bio:
Dr. Haw is a Clinical Professor of Ophthalmology at UC San Diego School of Medicine & Shiley Eye Institute and Chief of Ophthalmology at the San Diego VAHS. He specializes in advanced cataract surgery techniques, cornea transplantation, and laser/refractive surgery.

Chris W Heichel, MD
Associate Clinical Professor

Specialty:
Ophthalmology
Subspecialty:
Cornea
Add'l Language:
Spanish

Jacobs Medical Center
Shiley Eye Institute
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Chris W. Heichel, MD serves as Associate Clinical Professor of Cornea, Cataract and Refractive Surgery in the Department of Ophthalmology at UC San Diego, Shiley Eye Institute. He is considered a skilled surgeon, astute clinician and a dedicated educator. Dr. Heichel graduated UC San Diego undergraduate with Honors including the Howard Hughes Research Fellowship Award. He completed medical school in Chicago with Honors as a member of the Alpha Omega Alpha Honors Society. He returned to the University of California, San Diego to complete his residency, where he served as Chief Resident, as well as a Fellowship in Cornea, External Diseases and Refractive Surgery. He joined the faculty at UC San Diego in 2004 where he is currently a board certified ophthalmologist specializing in Cornea, Cataract and Refractive Surgery.
Thao Nguyen, MD
Assistant Clinical Professor

Specialty:
Ophthalmology

Subspecialty:
Cornea

Add'l Language:
Vietnamese

Shiley Eye Institute
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Dr. Nguyen shares that, though a number of years into her practice, she still finds surgery on the eye interesting as it requires her full attention to detail and precision. "On a weekly basis I witness how eye surgeries provide dramatic results, and, in a relatively short time, make vast differences in my patients' quality of life."
Ophthalmology - Cosmetic Eyelid & Reconstructive Surgery

Don Kikkawa, MD
Chief, Division of Oculofacial Plastic and Reconstructive Surgery
Professor of Clinical Ophthalmology
Vice-Chairman, Department of Ophthalmology

Specialty:
Ophthalmology

Subspecialty:
Cosmetic Eyelid & Reconstructive Surgery

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Dr. Kikkawa serves as division chief of ophthalmic plastic and reconstructive surgery. This specialty combines traditional studies and patient care as an ophthalmologist with a fellowship in reconstruction and plastic surgery around the eyes. The extensive training uniquely qualifies these specialists to perform delicate surgery on the eyelids, around the eyes, the drainage system, and on the bones around the eye. Dr. Kikkawa finds the field very gratifying; reversing the effects of aging, restoring a normal appearance to disfigured trauma or diseased patients, and eliminating vision-threatening tumors.

Bobby S. Korn, MD, PhD, FACS
Ophthalmologist
Professor of Ophthalmology

Specialty:
Ophthalmology

Subspecialty:
Cosmetic Eyelid & Reconstructive Surgery

Add'l Languages:
Spanish, Thai

Shiley Eye Institute
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7402

Bio:
Bobby S. Korn, MD, PhD, is a board-certified ophthalmologist. His clinical expertise and interests include oculoplastic surgery, including cosmetic and reconstructive surgery of the eyelid and face; management of thyroid eye disease; eyelid and orbital tumors and cancers; disorders of the lacrimal outflow system; congenital birth defects, endoscopic forehead lifting; bulging or proptosis of eyes; reconstruction of eyelids post cancer removal and after trauma or injury, and skin rejuvenation.
Ophthalmology - General Ophthalmology

Jeffrey Ewing Lee, MD
Ophthalmologist
Associate Professor of Ophthalmology

Specialty:
Ophthalmology
Subspeciality:
General Ophthalmology
Add'l Language:
Cantonese

Hillcrest - UC San Diego Medical Center
Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Ophthalmology - Glaucoma

Andrew S. Camp, MD
Ophthalmologist
Assistant Professor of Ophthalmology

Specialty:
Ophthalmology
Subspeciality:
Glaucoma

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Andrew S. Camp, MD, is an ophthalmologist who specializes in the medical and surgical management of all types of glaucoma in adults and children. His patients typically have cataracts, open angle glaucoma, closed angle glaucoma, secondary glaucoma, or pediatric/childhood glaucoma.

Rigby Slight, MD
Associate Clinical Professor

Specialty:
Ophthalmology
Subspeciality:
Glaucoma

Contact:
New Patient Registration: (800) 926-8273

Bio:
Rigby Slight, M.D., is a Board Certified Ophthalmologist and acts as Associate Clinical Professor specializing in Glaucoma. Dr. Slight’s clinical interests include clinical research in glaucoma and work at the UC San Diego Optic Disc Reading Center.
Ophthalmology - Glaucoma (cont.)

Robert N. Weinreb, MD
Ophthalmologist
Director, Shiley Eye Institute
Chair, Department of Ophthalmology

Specialty:
Ophthalmology
Subspecialty:
Glaucoma
Add'l Language:
Spanish

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Robert N. Weinreb is a board-certified ophthalmologist and world renowned expert on glaucoma. Dr. Weinreb’s expertise includes glaucoma surgery, cataract surgery, and glaucoma management.

Derek S. Welsbie, MD, PhD
Ophthalmologist
Assistant Professor of Ophthalmology

Specialty:
Ophthalmology
Subspecialty:
Glaucoma

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Derek S. Welsbie, MD, PhD is a board-certified ophthalmologist who specializes in treating adolescents and adults with all stages of glaucoma. His clinical focus ranges from monitoring patients suspected of having glaucoma to operating on patients with advanced disease.

Ophthalmology - Neuro-Ophthalmology

Peter Savino, MD
Clinical Professor of Ophthalmology & Neurosciences

Specialty:
Ophthalmology
Subspecialty:
Neuro-Ophthalmology

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Peter J. Savino, MD is available for consultation on all potential Neuro-Ophthalmic disorders.
Ophthalmology - Pediatric Ophthalmology & Eye Muscle Disorders

David Bruce Granet, MD, FACS, FAAP, FAAO
Ophthalmologist
Professor of Ophthalmology and Pediatrics

Specialty:
Ophthalmology

Subspecialty:
Pediatric Ophthalmology & Eye Muscle Disorders

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-2020

Bio:
David Granet, MD, is a board-certified ophthalmologist who specializes in pediatric ophthalmology and adult re-alignment (strabismus). He is the adult ocular motility specialist for Shiley Eye Institute, and his clinical interests include state-of-the-art adjustable suture strabismus surgery, childhood eye misalignments and disorders, nystagmus, and the role of vision in learning disorders.

Shira Robbins, MD, FAAO, FAAP
Ophthalmologist
Professor of Ophthalmology

Specialty:
Ophthalmology

Subspecialty:
Pediatric Ophthalmology & Eye Muscle Disorders

Shiley Eye Institute

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-2020

Bio:
Shira Robbins, MD, is a board-certified ophthalmologist who specializes in the care of children’s eyes and treating adult strabismus.
Ophthalmology - Retina

Daniel L. Chao, MD, PhD
Ophthalmologist
Assistant Professor of Ophthalmology

Specialty: Ophthalmology
Subspecialty: Retina

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Daniel Chao, MD, PhD, is a board-certified ophthalmologist and a vitreoretinal surgeon. He specializes in the medical and surgical treatment of retinal diseases, including diabetic retinopathy, macular degeneration, retinal detachment, epiretinal membrane, macular hole, and retinal vein occlusion.

Henry A. Ferreyra, MD
Ophthalmologist
Associate Professor of Ophthalmology

Specialty: Ophthalmology
Subspecialty: Retina
Add'l Language: Spanish

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Henry Ferreyra, MD, is a board-certified ophthalmologist whose expertise is in treating all types of diseases and conditions of the retina, including retinal dystrophies, paraneoplastic / autoimmune retinopathy, age-related macular degeneration, diabetic retinopathy, and retinopathy of prematurity (ROP), a potentially blinding disease that primarily affects premature infants. He also uses ocular electrophysiology to obtain information about eye health that goes beyond standard eye testing.

William R Freeman, MD
Vice-Chairman, Department of Ophthalmology
Distinguished Professor of Ophthalmology
Director, Jacobs Retina Center

Specialty: Ophthalmology
Subspecialty: Retina
Add'l Language: Spanish

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Dr. Freeman is an internationally acclaimed scientific researcher and Director of the Jacobs Retina Research Center, adjoining the UC San Diego Shiley Eye Institute. His work as director of the UC San Diego Jacobs clinical research center enables patients to benefit from the latest advances in diagnostic equipment and therapies. Researchers working in the Center’s laboratories will focus on advancing promising therapies for macular degeneration, tumors, inherited retinal disease, retinal detachment, macular holes, and other important retinal diseases.
Michael Goldbaum, MD
Professor in Residence Co-Director, Retina Division
Professor at UCSD School of Medicine

**Specialty:**
Ophthalmology

**Subspecialty:**
Retina

**Add'l Language:**
Italian

**Shiley Eye Institute**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

**Bio:**
In 1996, Dr. Goldbaum published a report on the first known case of a newborn with E-Coli Endophthalmitis, resulting in inflammation of the internal structures of the tissues in the eyeball. Dr. Goldbaum's breakthrough in treatment for macular hole was featured in 1998 issues of Ocular Surgery News and the journal, Ophthalmology. The technique using silicone oil has the potential of greatly altering the treatment of macular holes worldwide.

Eric D. Nudleman, MD, PhD
Ophthalmologist
Assistant Professor of Ophthalmology

**Specialty:**
Ophthalmology

**Subspecialty:**
Retina

**Shiley Eye Institute**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

**Bio:**
Eric D. Nudleman, MD, is a board-certified ophthalmologist who specializes in adult and pediatric vitreoretinal diseases. As a retinal specialist, Dr. Nudleman's expertise includes surgical treatment for diseases affecting the vitreous and retina. These diseases include macular degeneration, diabetic eye disease, retinal vein occlusion, retinal detachment, proliferative vitreoretinopathy, macular holes and epiretinal membrane. Dr. Nudleman also has a special interest in pediatric vitreoretinopathies, including advanced retinopathy of prematurity, familial exudative vitreoretinopathy, Coats' disease, persistent fetal vascular syndrome and intraocular trauma.
Kang Zhang, MD, PhD
Ophthalmologist
Professor of Ophthalmology
Chief, Ophthalmic Genetics

Specialty:
Ophthalmology
Subspecialty:
Retina
Add'l Language:
Chinese

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Kang Zhang, MD, PhD, is a board-certified ophthalmologist whose expertise is in treating age-related macular degeneration, diabetic retinopathy (i.e. a diabetes complication that affects the eyes) and inherited retinal degeneration. Dr. Zhang is chief of Ophthalmic Genetics at UC San Diego Health's Shiley Eye Institute, a program dedicated to the assessment and treatment of genetic eye diseases.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Charles D. Ashbrook, MD
Psychiatrist

Specialty:
Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Charles Ashbrook, MD, is a board-certified psychiatrist who specializes in outpatient care of young adults and adults with depression, anxiety, bipolar disorder, psychosis, schizophrenia, post-traumatic stress disorder (PTSD) and personality disorders. A guiding principal of his clinical practice is to review, simplify, and optimize his patients' medication regimens, using evidence-based approaches.

Nora Bammidi, MBBS, FAPA
Psychiatrist

Specialty:
Psychiatry

Add'l Language:
Telugu

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who specializes in treating children, teens and young adults with mood disorders, anxiety disorders or attention-deficit/hyperactivity disorder (ADHD). She provides medication management and talk therapy (psychotherapy) in her practice.

Anne Bird, MBChB
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Anne Bird, MBChB, is a board-certified adult, child and adolescent psychiatrist who specializes in treating children, teens and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.

Kristin Cadenhead, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745
Direct Clinic Line: (619) 543-6445

Bio:
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health's early psychosis treatment program. This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.
Psychiatry (cont.)

Douglas D'Agati, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Douglas D'Agati, MD, is a board-certified psychiatrist who specializes in treating adults and young adults with mood disorders (such as depression and bipolar disorder), anxiety disorders, psychosis, and schizophrenia.

Nancy Downs, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nancy Downs, MD is a board-certified psychiatrist who specializes in the mental health needs of college students and transition age youth.

David Folsom, MD
Director, Division of Clinical Psychiatry
Vice Chair, Clinical Affairs, Department of Psychiatry

Specialty:
Psychiatry

Contact:
New Patient Registration: (800) 926-8273

Bio:
David Folsom, MD, is a board-certified psychiatrist and director of the Division of Clinical Psychiatry at UC San Diego Health. He has a special interest in providing care for people with schizophrenia and other serious mental illnesses, and those with both mental and physical health problems. He uses a comprehensive, whole-person approach to psychiatric care, addressing all areas that contribute to a person’s successful recovery as well as promoting life skills, providing education, and cultivating help-seeking behavior.

Karim Ghobrial-Sedky, MBChB
Psychiatrist

Specialty:
Psychiatry

Additional Language:
Arabic

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Karim Ghobrial-Sedky, MBChB, is a board-certified psychiatrist whose practice includes treating depression, bipolar, anxiety and psychotic disorders in both adults and children. He also sees adults who have alcohol, drug or other substance-related addictions.
Psychiatry (cont.)

David J. Grelotti, MD  
Psychiatrist  
Assistant Professor of Psychiatry

**Specialty:** Psychiatry  
**Add'l Language:** Haitian Creole

**Hillcrest - Medical Offices South**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-3995

**Bio:**  
David Grelotti, MD is an adult and child psychiatrist and directs mental health services at UC San Diego Health’s Owen Clinic, one of nation’s premier multispecialty care clinics focused on the treatment and prevention of HIV and related illnesses. Dr. Grelotti provides care for mental health, substance use, and related disorders to children, adolescents, and adults with HIV and at risk for HIV.

Jeremy Hirst, MD  
Psychiatrist  
Associate Director, Patient and Family Support Services, Moores Cancer Center

**Specialties:** Psychiatry, Palliative Care, Cancer  
**Subspecialty:** Psychosocial Oncology

**Moores Cancer Center**  
Jacobs Medical Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-9061

**Bio:**  
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.

Jonathon R. Howlett, MD  
Psychiatrist

**Specialty:** Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Jonathon Howlett, MD, is a board-certified psychiatrist who specializes in caring for individuals with treatment-resistant depression. His practice also includes treating more general mental health conditions such depressive disorders, anxiety disorders, bipolar disorder and schizophrenia.
Psychiatry (cont.)

Alan J. Hsu, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialties:
Psychiatry, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Alan John Hsu, MD, is a board-certified psychiatrist who specializes in treating cancer patients struggling with mood and anxiety issues brought on by cancer. He also sees individuals with cancer who have pre-existing mental health challenges.

Ildiko Kovacs, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Hungarian

Hillcrest - Medical Offices South
La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.

Vanessa L. Lauzon, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Vanessa L. Lauzon, MD, is a board-certified psychiatrist and board-certified family medicine physician who specializes in caring for hospitalized adults with mental health conditions. In the inpatient setting, she treats depression, anxiety disorders, PTSD, bipolar disorder, schizophrenia and schizoaffective disorder, substance use disorders, neurocognitive disorders, co-morbid medical and psychiatric issues, and issues related to grief and coping in patients with serious medical issues.
Julie L. Le, DO
Psychiatrist
Assistant Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Family Medicine: (858) 657-8600
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-8000
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).

Carla Marienfeld, MD
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-1680

Bio:
Carla Marienfeld, MD, is a board-certified addiction psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.

Aaron Meyer, MD
Psychiatrist

Specialty:
Psychiatry

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Aaron Meyer, MD, is a psychiatrist who specializes in caring for people with severe or acute mental illness and behavioral health conditions. This includes caring for individuals who experience significant and distressing symptoms of a mental illness that require immediate treatment.
Psychiatry (cont.)

**Lama Muhammad, MD**
Psychiatrist  
Assistant Professor of Psychiatry

**Specialty:**  
Psychiatry  
**Add'l Language:**  
Arabic

**Hillcrest - 140 Arbor Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Lama Muhammad, MD, is a psychiatrist whose practices focuses on the mind-body connection and its relationship to mental health disorders. She also has expertise in mental illnesses related to autoimmune disorders, and in understanding the cultural dimensions of mental health.

**Hoang Nguyen, MD**
Assistant Clinical Professor

**Specialty:**  
Psychiatry

**Hillcrest - UC San Diego Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-3742

**Bio:**  
UC San Diego Health Links

**Alison Reminick, MD**
Psychiatrist  
Assistant Professor of Psychiatry

**Specialty:**  
Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Alison Reminick, MD, is a board-certified psychiatrist who specializes in the mental health care needs for women with premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), pregnancy and postpartum mood disorders, and emotional disturbances during menopause. She directs the [Women's Reproductive Mental Health Program](https://health.ucsd.edu) at UC San Diego Health, which helps women manage and recover from anxiety, depression, or other emotional concerns during infertility, pregnancy, or the postpartum period.

**Isabel Ribeiro Caldas Domingues, MD**
Psychiatrist  
Assistant Professor of Psychiatry

**Specialty:**  
Psychiatry  
**Add'l Languages:**  
Portuguese, Spanish

**Hillcrest - 140 Arbor Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-7745

**Bio:**  
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the “prodromal” (early) phase.
Psychiatry (cont.)

Jennifer Roby, DO
Psychiatrist
Assistant Professor Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jennifer Roby, DO, is a psychiatrist who provides general mental health care services for adults. She provides care to undergraduate, graduate, and medical students through UC San Diego Health's College Mental Health Program. She also helps women with postpartum depression, postpartum anxiety and other reproductive-related mental health concerns that affect women and their families.

Sanjaya Saxena, MD
Director, Obsessive-Compulsive Disorders Clinic
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Sanjaya Saxena, MD, is a board-certified psychiatrist focusing on the treatment of people with obsessive-compulsive disorders (OCD) and related conditions such as compulsive hoarding and body dysmorphic disorder.

Terry A. Schwartz, MD
Clinical Director, Eating Disorders Treatment and Research Program
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

Bio:
Terry A. Schwartz, MD, is a board-certified psychiatrist who specializes in caring for individuals with eating disorders, mood disorders and anxiety disorders. She has more than 20 years' experience and has particular expertise in treating individuals who have an eating disorder co-occurring with mood, anxiety or substance abuse disorders.

Louisa Steiger, MD

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273

Bio:
Louisa Steiger, MD, is a board-certified psychiatrist who provides care for adults, children, and adolescents. She specializes in the treatment of mood and anxiety disorders, and she has a particular interest in the treatment of depression.
Psychiatry (cont.)

Murray B. Stein, MD, MPH
Psychiatrist
Distinguished Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Murray B. Stein, MD, MPH, is a board-certified psychiatrist who treats individuals with anxiety, and trauma and stressor-related disorders, including panic disorder, agoraphobia, social anxiety disorder (social phobia), generalized anxiety disorder, and post-traumatic stress disorder (PTSD) with or without depression.

Jessica L. Thackaberry, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.

Hannah C. Sweet, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Hannah Sweet, MD, is a board-certified psychiatrist who specializes in treating children and adolescents with all types of mental illness and psychiatric conditions. Her practice is part of UC San Diego Health’s comprehensive and compassionate mental health services for teens.

Maria Tiamson-Kassab, MD
Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology
Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center’s Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.
Psychiatry (cont.)

Sidney Zisook, MD
Psychiatrist
Professor of Psychiatry

**Specialty:**
Psychiatry

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
Sidney Zisook, MD, is a board-certified psychiatrist who specializes in treating adults who are experiencing grief, anxiety, or the effects of a mood disorder. His experience is in caring for people with complicated bereavement, as well as those with chronic mental health conditions or illnesses that do not respond well to treatment. Dr. Zisook also uses integrative therapy to treat each person as a whole, including their mental, physical and emotional needs.
Psychiatry - Eating Disorders

**Danielle Haber, MD**
Psychiatrist
Assistant Professor of Psychiatry

**Specialty:** Psychiatry
**Subspecialty:** Eating Disorders

La Jolla - 4510 Executive Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

**Bio:**
UC San Diego Health Links

**Walter H. Kaye, MD**
Director, Eating Disorders Treatment and Research Program
Professor of Psychiatry

**Specialty:** Psychiatry
**Subspecialty:** Eating Disorders

La Jolla - 4510 Executive Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

**Bio:**
Walter Kaye, MD, is a board-certified psychiatrist who specializes in treating individuals with anorexia nervosa and other eating disorders. As director of the Eating Disorders Treatment and Research Program at UC San Diego Health, Dr. Kaye and his team use an intensive and innovative approach that addresses each person's medical, psychological and psycho-educational health. The evidence-based program also offers family counseling to help patients and their families with improved understanding, communication, and capacity for growth.

**Mary Ellen Trunko, MD**
Medical Director UCSD Eating Disorder Adult Programs

**Specialty:** Psychiatry
**Subspecialty:** Eating Disorders

La Jolla - 4510 Executive Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019
Fax: (858) 534-6727

**Bio:**
More information on eating disorders can be found at http://eatingdisorders.ucsd.edu
Psychiatry - Geriatric Psychiatry

Steven F. Huege, MD
Psychiatrist
Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry
La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Steven Huege, MD, is a board-certified geriatric psychiatrist who specializes in treating mental health and neurodegenerative disorders in older adults, including both chronic and new-onset mental illness. His areas of clinical expertise include Alzheimer’s disease, Lewy body dementia, frontotemporal dementia, and mood and psychotic disorders in older adults.

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program
Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 419 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer’s disease.

Daniel D Sewell, MD
Director, Senior Behavioral Health
Professor of Psychiatry
Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Daniel D. Sewell, MD, is a board-certified psychiatrist focusing on the treatment of older adults with behavioral health issues.
Psychiatry - Geriatric Psychiatry (cont.)

Raisa Yagudayeva, DO
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry
Add'l Language:
Russian

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Raisa Yagudayeva, DO, is a board-certified geriatric psychiatrist who specializes in treating mental health problems in older adults, including major neurocognitive disorder, major depressive disorder, generalized anxiety disorder, schizophrenia, psychosis and obsessive compulsive disorder. She is interested in electroconvulsive therapy (ECT), which is used to relieve symptoms of several mental health conditions.
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