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Infertility

Infertility is a problem of the reproductive system that affects the body's ability to conceive a child. Learn more about [infertility in women](#), [male infertility](#) (andrology), and the range of treatments available at UC San Diego Health.

Sanjay Agarwal, MD, FACOG
Director of Fertility Services
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialties:**
Obstetrics & Gynecology, Infertility

**Subspecialty:**
Reproductive Endocrinology and Infertility

**Add'l Language:**
Hindi

*La Jolla - 9333 Genesee Avenue*

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

**Bio:**
Dr. Agarwal is Clinical Professor and Director of Fertility Services in the UC San Diego Department of Reproductive Medicine. He is also Director of the innovative UC San Diego Center for Endometriosis Research and Treatment (CERT, www.cert.ucsd.edu).

R. Jeffrey Chang, MD
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialties:**
Obstetrics & Gynecology, Infertility

**Subspecialty:**
Reproductive Endocrinology and Infertility

*La Jolla - 9333 Genesee Avenue*

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

**Bio:**
Dr. Chang has had a long-standing clinical and research interest in Polycystic Ovary Syndrome. He is widely published, and has achieved significant recognition for his research accomplishments. He is a reviewer for many medical journals and has written several books. His past involvement with the National Institutes Of Health (NIH) included serving on the Reproductive Biology Study Section and two years as the Administrative Chair for NIH Physiological Sciences Review Section.
Infertility (cont.)

Antoni Duleba, MD
Chief, Division of Reproductive Endocrinology and Infertility
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Infertility
Subspecialty:
Reproductive Endocrinology and Infertility

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Antoni Duleba, MD, is a board-certified reproductive endocrinologist who specializes in diagnosing and treating infertility and regulating ovarian function. His primary research focuses on polycystic ovary syndrome (PCOS) and endometriosis.

T. Mike Hsieh, MD
Urologist
Director, Men's Health Center
Associate Professor of Urology

Specialties:
Urology, Infertility, Surgery
Subspecialty:
Male Infertility
Add'l Languages:
Mandarin, Taiwanese

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
T. Mike Hsieh, MD, is a board-certified urologist specializing in male fertility and men's health. He treats men with sexual dysfunction including low testosterone, erectile dysfunction, and Peyronie's disease. He also treats male infertility including men with ejaculatory disorder, hormone imbalance, sperm production impairment, cancer, and genetic causes of infertility.
Infertility (cont.)

H. Irene Su, MD
Reproductive Endocrinologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Infertility

Subspecialty:
Reproductive Endocrinology and Infertility

Add'l Language:
Chinese

La Jolla - 9333 Genesee Avenue
Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
H. Irene Su, MD, MSCE, is a board-certified reproductive endocrinologist. She has a special interest in treating infertility, reproductive aging and fertility preservation. Dr. Su directs the fertility and reproductive health in cancer survivors program at UC San Diego Health, which offers reproductive health services and counseling for young female survivors. She also provides fertility preservation, IVF and a range of infertility treatment options at Reproductive Partners Fertility Center—San Diego.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health.

Charles D. Ashbrook, MD
Psychiatrist

Specialty:
Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Charles Ashbrook, MD, is a board-certified psychiatrist who specializes in outpatient care of young adults and adults with depression, anxiety, bipolar disorder, psychosis, schizophrenia, post-traumatic stress disorder (PTSD) and personality disorders. A guiding principal of his clinical practice is to review, simplify, and optimize his patients’ medication regimens, using evidence-based approaches.

Nora Bammidi, MBBS, FAPA
Psychiatrist

Specialty:
Psychiatry

Add'l Language:
Telugu

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.

Anne Bird, MBChB
Psychiatrist

Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Anne Bird, MBChB, is a board-certified adult, child and adolescent psychiatrist who specializes in treating children, teens and young adults with mood disorders, anxiety disorders or attention-deficit/hyperactivity disorder (ADHD). She uses both medications and talk therapy (psychotherapy) in her practice.

Kristin Cadenhead, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745
Direct Clinic Line: (619) 543-6445

Bio:
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health's early psychosis treatment program. This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.
Psychiatry (cont.)

Ashley L. Clark, MD
Psychiatrist
Associate Professor of Psychiatry

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ashley Clark, MD, is a board-certified psychiatrist whose practice focuses on women’s reproductive mental health issues, such as premenstrual dysphoric disorder (PMDD), and mood and anxiety disorders during pregnancy and the postpartum period. She is part of the Women’s Reproductive Mental Health Program at UC San Diego Health.

Douglas D’Agati, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Douglas D’Agati, MD, is a board-certified psychiatrist who specializes in treating adults and young adults with mood disorders (such as depression and bipolar disorder), anxiety disorders, psychosis, and schizophrenia.

Nancy Downs, MD
Psychiatrist
Professor of Psychiatry

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nancy Downs, MD is a board-certified psychiatrist who specializes in the mental health needs of college students and transition age youth.

David Folsom, MD
Director, Division of Clinical Psychiatry
Vice Chair, Clinical Affairs, Department of Psychiatry

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
David Folsom, MD, is a board-certified psychiatrist and director of the Division of Clinical Psychiatry at UC San Diego Health. He has a special interest in providing care for people with schizophrenia and other serious mental illnesses, and those with both mental and physical health problems. He uses a comprehensive, whole-person approach to psychiatric care, addressing all areas that contribute to a person’s successful recovery as well as promoting life skills, providing education, and cultivating help-seeking behavior.
**Psychiatry (cont.)**

**David J. Grelotti, MD**
Psychiatrist  
Assistant Professor of Psychiatry  

Specialty:  Psychiatry  
Add'l Language: Haitian Creole  

Hillcrest - Medical Offices South  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-3995  

Bio:  
David Grelotti, MD is an adult and child psychiatrist and directs mental health services at UC San Diego Health’s Owen Clinic, one of nation’s premier multispecialty care clinics focused on the treatment and prevention of HIV and related illnesses. Dr. Grelotti provides care for mental health, substance use, and related disorders to children, adolescents, and adults with HIV and at risk for HIV.

**Jeremy Hirst, MD**
Psychiatrist  
Associate Director, Patient and Family Support Services, Moores Cancer Center  

Specialties:  Psychiatry, Palliative Care, Cancer  
Subspecialty: Psychosocial Oncology  

Moores Cancer Center  
Jacobs Medical Center  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-9061  

Bio:  
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.

**Jonathon R. Howlett, MD**
Psychiatrist  

Specialty:  Psychiatry  

La Jolla - 8950 Villa La Jolla Drive  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  

Bio:  
Jonathon Howlett, MD, is a board-certified psychiatrist who specializes in caring for individuals with treatment-resistant depression. His practice also includes treating more general mental health conditions such depressive disorders, anxiety disorders, bipolar disorder and schizophrenia.
Psychiatry (cont.)

Alan J. Hsu, MD
Psychiatrist
Associate Professor of Psychiatry

Specialties:
Psychiatry, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Alan John Hsu, MD, is a board-certified psychiatrist who specializes in treating cancer patients struggling with mood and anxiety issues brought on by cancer. He also sees individuals with cancer who have pre-existing mental health challenges.

Ildiko Kovacs, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Hungarian

Hillcrest - Medical Offices South
La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.

Walter H. Kaye, MD
Director, Eating Disorders Treatment and Research Program
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

Bio:
Walter Kaye, MD, is a board-certified psychiatrist who specializes in treating individuals with anorexia nervosa and other eating disorders. As director of the Eating Disorders Treatment and Research Program at UC San Diego Health, Dr. Kaye and his team use an intensive and innovative approach that addresses each person’s medical, psychological and psycho-educational health. The evidence-based program also offers family counseling to help patients and their families with improved understanding, communication, and capacity for growth.

Vanessa L. Lauzon, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Vanessa L. Lauzon, MD, is a board-certified psychiatrist and board-certified family medicine physician who specializes in caring for hospitalized adults with mental health conditions. In the inpatient setting, she treats depression, anxiety disorders, PTSD, bipolar disorder, schizophrenia and schizoaffective disorder, substance use disorders, neurocognitive disorders, co-morbid medical and psychiatric issues, and issues related to grief and coping in patients with serious medical issues.
Psychiatry (cont.)

Julie L. Le, DO
Psychiatrist
Assistant Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive
Sorrento Valley - Directors Place
Scripps Ranch - 9909 Mira Mesa Blvd
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Family Medicine: (858) 657-8600
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-8000
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).

Carla Marienfeld, MD
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-1680

Bio:
Carla Marienfeld, MD, is a board-certified addiction psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.

Alejandro Meruelo, MD, PhD
Psychiatrist

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Alejandro Meruelo, MD, PhD, is a psychiatrist who delivers compassionate, expert care to people with bipolar disorder, depression, schizophrenia and anxiety disorders. He also cares for individuals with treatment-resistant depression using transcranial magnetic stimulation.
Psychiatry (cont.)

Aaron Meyer, MD
Psychiatrist
Specialty: Psychiatry
Hillcrest - UC San Diego Medical Center
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350
Bio:
Aaron Meyer, MD, is a psychiatrist who specializes in caring for people with severe or acute mental illness and behavioral health conditions. This includes caring for individuals who experience significant and distressing symptoms of a mental illness that require immediate treatment.

Lama Muhammad, MD
Psychiatrist
Assistant Professor of Psychiatry
Specialty: Psychiatry
Additional Language: Arabic
Hillcrest - 140 Arbor Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio:
Lama Muhammad, MD, is a psychiatrist whose practices focuses on the mind-body connection and its relationship to mental health disorders. She also has expertise in mental illnesses related to autoimmune disorders, and in understanding the cultural dimensions of mental health.

Hoang Nguyen, MD
Assistant Clinical Professor
Specialty: Psychiatry
Hillcrest - UC San Diego Medical Center
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio:
UC San Diego Health Links

Alison Reminick, MD
Psychiatrist
Assistant Professor of Psychiatry
Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio:
Alison Reminick, MD, is a board-certified psychiatrist who specializes in the mental health care needs for women with premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), pregnancy and postpartum mood disorders, and emotional disturbances during menopause. She directs the Women's Reproductive Mental Health Program at UC San Diego Health, which helps women manage and recover from anxiety, depression, or other emotional concerns during infertility, pregnancy, or the postpartum period.
**Psychiatry (cont.)**

**Isabel Ribeiro Caldas Domingues, MD**  
Psychiatrist  
Assistant Professor of Psychiatry  

**Specialty:**  
Psychiatry  

**Add'l Languages:**  
Portuguese, Spanish  

**Hillcrest - 140 Arbor Drive**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-7745  

**Bio:**  
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the “prodromal” (early) phase.

**Jennifer Roby, DO**  
Psychiatrist  
Assistant Professor Psychiatry  

**Specialty:**  
Psychiatry  

**La Jolla - 8950 Villa La Jolla Drive**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  

**Bio:**  
Jennifer Roby, DO, is a psychiatrist who provides general mental health care services for adults. She provides care to undergraduate, graduate, and medical students through UC San Diego Health’s College Mental Health Program. She also helps women with postpartum depression, postpartum anxiety and other reproductive-related mental health concerns that affect women and their families.

**Neil M. Richtand, MD, PhD**  
Psychiatrist  

**Specialty:**  
Psychiatry  

**La Jolla - 8950 Villa La Jolla Drive**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  

**Bio:**  
Neil M. Richtand, MD, PhD, is a board-certified psychiatrist who provides expert, compassionate mental health care services to UC San Diego undergraduate and graduate students.

**Sanjaya Saxena, MD**  
Psychiatrist  
Professor of Psychiatry  

**Specialty:**  
Psychiatry  

**La Jolla - 8950 Villa La Jolla Drive**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  

**Bio:**  
Sanjaya Saxena, MD, is a board-certified psychiatrist focusing on the treatment of people with obsessive-compulsive disorders (OCD) and related conditions such as compulsive hoarding and body dysmorphic disorder.
Psychiatry (cont.)

Terry A. Schwartz, MD
Clinical Director, Eating Disorders Treatment and Research Program
Associate Professor of Psychiatry

**Specialty:**
Psychiatry

**La Jolla - 4510 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

**Bio:**
Terry A. Schwartz, MD, is a board-certified psychiatrist who specializes in caring for individuals with eating disorders, mood disorders and anxiety disorders. She has more than 20 years’ experience and has particular expertise in treating individuals who have an eating disorder co-occurring with mood, anxiety or substance abuse disorders.

Murray B. Stein, MD, MPH
Psychiatrist
Distinguished Professor of Psychiatry and Family Medicine and Public Health

**Specialty:**
Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Murray B. Stein, MD, MPH, is a board-certified psychiatrist who treats individuals with anxiety, and trauma and stressor-related disorders, including panic disorder, agoraphobia, social anxiety disorder (social phobia), generalized anxiety disorder, and post-traumatic stress disorder (PTSD) with or without depression.

Louisa Steiger, MD

**Specialty:**
Psychiatry

**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

David Stiffler, MD, is a board-certified psychiatrist who treats people with substance use disorders, trauma and post-traumatic stress disorder (PTSD), mood disorders, anxiety and attention deficit hyperactivity disorder (ADHD).

Jon (David) Stiffler, MD
Psychiatrist

**Specialty:**
Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
David Stiffler, MD, is a board-certified psychiatrist who treats people with substance use disorders, trauma and post-traumatic stress disorder (PTSD), mood disorders, anxiety and attention deficit hyperactivity disorder (ADHD).
Psychiatry (cont.)

**Hannah C. Sweet, MD**  
Psychiatrist  
Assistant Professor of Psychiatry

**Specialty:**  
Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Hannah Sweet, MD, is a board-certified psychiatrist who specializes in treating children and adolescents with all types of mental illness and psychiatric conditions. Her practice is part of UC San Diego Health’s comprehensive and compassionate mental health services for teens.

**Jessica L. Thackaberry, MD**  
Psychiatrist  
Assistant Professor of Psychiatry

**Specialty:**  
Psychiatry

**Hillcrest - 140 Arbor Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.

**Maria Tiamson-Kassab, MD**

**Specialties:**  
Psychiatry, Palliative Care, Cancer

**Subspecialty:**  
Psychosocial Oncology

**Add'l Language:**  
Tagalog

**Moores Cancer Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-9061

**Bio:**  
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center’s Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.

**Sidney Zisook, MD**  
Psychiatrist  
Professor of Psychiatry

**Specialty:**  
Psychiatry

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Sidney Zisook, MD, is a board-certified psychiatrist who specializes in treating adults who are experiencing grief, anxiety, or the effects of a mood disorder. His experience is in caring for people with complicated bereavement, as well as those with chronic mental health conditions or illnesses that do not respond well to treatment. Dr. Zisook also uses integrative therapy to treat each person as a whole, including their mental, physical and emotional needs.
Psychiatry - Geriatric Psychiatry

Steven F. Huege, MD
Psychiatrist

Specialty:
Psychiatry

Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Steven Huege, MD, is a board-certified geriatric psychiatrist who specializes in treating mental health and neurodegenerative disorders in older adults, including both chronic and new-onset mental illness. His areas of clinical expertise include Alzheimer’s disease, Lewy body dementia, frontotemporal dementia, and mood and psychotic disorders in older adults.

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

Specialty:
Psychiatry

Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 419 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer’s disease.

Daniel D. Sewell, MD
Director, Senior Behavioral Health
Professor of Psychiatry

Specialty:
Psychiatry

Subspecialty:
Geriatric Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Daniel D. Sewell, MD, is a board-certified psychiatrist focusing on the treatment of older adults with behavioral health issues.
Psychiatry - Geriatric Psychiatry (cont.)

Raisa Yagudayeva, DO  
Psychiatrist  
Assistant Professor of Psychiatry

**Specialty:**  
Psychiatry

**Subspecialty:**  
Geriatric Psychiatry

**Add'l Language:**  
Russian

**Hillcrest - UC San Diego Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-3772

**Bio:**  
Raisa Yagudayeva, DO, is a board-certified geriatric psychiatrist who specializes in treating mental health problems in older adults, including major neurocognitive disorder, major depressive disorder, generalized anxiety disorder, schizophrenia, psychosis and obsessive compulsive disorder. She is interested in electroconvulsive therapy (ECT), which is used to relieve symptoms of several mental health conditions.
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