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The surgical specialty of the head and neck – or ear, nose and throat (ENT). Learn more about [ENT/head and neck](https://health.ucsd.edu) at UC San Diego Health.

**Sharon Mick, MSN, FNP-C**

*Family Nurse Practitioner*

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Sharon Mick, MSN, is a certified family nurse practitioner (FNP-C) with Head and Neck Surgery at UC San Diego Health. She specializes in treating ear infections and providing professional ear cleanings or earwax removal using special miniature instruments. Ms. Mick sees a variety of conditions that may lead to earwax buildup, including narrow ear canals, Swimmer’s ear, dry ear wax, or an overproduction of earwax. She frequently performs ear cleanings for individuals with hearing aids.
ENT/Head and Neck (Otolaryngology) - Facial Nerve Disorders

Jacqueline Greene, MD
Otolaryngologist-Head and Neck Surgeon
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Facial Nerve Disorders, Facial Plastic Surgery, General Otolaryngology (ENT)

Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Jacqueline Greene, MD, is a board-certified otolaryngologist with expertise in facial nerve disorders, facial paralysis, and complex facial and nasal reconstruction. She performs facial reanimation surgery (e.g. gracilis free muscle transfer for smile reanimation, facial nerve repair and nerve transfers); facial plastic and reconstructive surgery; and medical and surgical care for ear, nose and throat conditions.

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.

Jeffrey P. Harris, MD, PhD
Division Chief, Otolaryngology
Distinguished Professor

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders

Add'l Language:
French

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Dr. Harris is a neuro-otologic surgeon who deals with disorders of the ear, hearing and balance, and tumors that affect the skull base.
ENT/Head and Neck (Otolaryngology) - Facial Plastic Surgery

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
Facial Plastic Surgery, General Otolaryngology (ENT)

**Hillcrest - UC San Diego Medical Center**
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

**Bio:**
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty.

Jacqueline Greene, MD
Otolaryngologist-Head and Neck Surgeon
Assistant Professor of Surgery

**Specialties:**
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**
Facial Nerve Disorders, Facial Plastic Surgery, General Otolaryngology (ENT)

**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Jacqueline Greene, MD, is a board-certified otolaryngologist with expertise in facial nerve disorders, facial paralysis, and complex facial and nasal reconstruction. She performs facial reanimation surgery (e.g. gracilis free muscle transfer for smile reanimation, facial nerve repair and nerve transfers); facial plastic and reconstructive surgery; and medical and surgical care for ear, nose and throat conditions.
David B. Hom, MD, FACS
Otolaryngologist-Head and Neck Surgeon
Co-Director of Facial Plastic and Reconstructive Surgery,
Division of Otolaryngology-Head and Neck Surgery
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery
Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT), Sinus & Rhinology

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
David Hom, MD, is a board-certified head and neck surgeon who helps improve abnormalities and functional defects of the face caused by injuries and skin cancer. His expertise includes treating facial (skin and bone) deformities, as well as Mohs skin cancer reconstruction. He also specializes in improving nasal breathing problems, nasal fractures and nasal obstruction.

Deborah Watson, MD
Surgeon
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery
Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT)

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty (plastic surgery of the nose), nasal reconstruction, external ear reconstruction, and cosmetic facial plastic surgery.
ENT/Head and Neck (Otolaryngology) - General Otolaryngology (ENT)

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
Facial Plastic Surgery, General Otolaryngology (ENT)

**Hillcrest - UC San Diego Medical Center**
**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

**Bio:**
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty.

Leslie (Kon) Gomez, MSN, FNP-C
Nurse Practitioner

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Sinus & Rhinology

**Add'l Language:**
Spanish

**La Jolla - Perlman Medical Offices**
**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Leslie Gomez, MSN, is a board-certified nurse family nurse practitioner (FNP-C) who treats adults with acute or recurring inflamed sinuses (sinusitis), inflammation of the sinuses and nasal cavity (rhinosinusitis), and sinus infections. She also provides care for recurring nosebleeds, general ear, nose and throat conditions, earwax buildup and hearing loss.
Jacqueline Greene, MD  
Otolaryngologist-Head and Neck Surgeon  
Assistant Professor of Surgery  

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Surgery  

**Subspecialties:**  
Facial Nerve Disorders, Facial Plastic Surgery, General Otolaryngology (ENT)  

**Jacobs Medical Center**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590  

**Bio:**  
Jacqueline Greene, MD, is a board-certified otolaryngologist with expertise in facial nerve disorders, facial paralysis, and complex facial and nasal reconstruction. She performs facial reanimation surgery (e.g. gracilis free muscle transfer for smile reanimation, facial nerve repair and nerve transfers); facial plastic and reconstructive surgery; and medical and surgical care for ear, nose and throat conditions.

David B. Hom, MD, FACS  
Otolaryngologist-Head and Neck Surgeon  
Co-Director of Facial Plastic and Reconstructive Surgery, Division of Otolaryngology-Head and Neck Surgery  
Professor of Surgery  

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Surgery  

**Subspecialties:**  
Facial Plastic Surgery, General Otolaryngology (ENT), Sinus & Rhinology  

**Hillcrest - UC San Diego Medical Center**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590  

**Bio:**  
David Hom, MD, is a board-certified head and neck surgeon who helps improve abnormalities and functional defects of the face caused by injuries and skin cancer. His expertise includes treating facial (skin and bone) deformities, as well as Mohs skin cancer reconstruction. He also specializes in improving nasal breathing problems, nasal fractures and nasal obstruction.
Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

Additional Languages:
Portuguese, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.

Paul Schalch Lepe, MD, FACS
Head and Neck Surgeon

Specialties:
ENT/Head and Neck (Otolaryngology), Sleep Medicine

Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology

Additional Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.
Andrew Vahabzadeh-Hagh, MD
Otolaryngologist
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
General Otolaryngology (ENT), Laryngology

Add'l Language:
Spanish

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Andrew Vahabzadeh-Hagh, MD, is a board-certified otolaryngologist/head and neck surgeon who treats disorders of the ear, nose and throat. As a fellowship-trained laryngologist, Dr. Vahabzadeh-Hagh specializes in treating diseases of the larynx in both the clinic and in surgery, including complex airway, voice and swallowing disorders. This includes vocal fold paralysis or paresis, dysphonia secondary to benign or malignant laryngeal lesions, neurolaryngologic disorders such as spasmodic dysphonia, laryngeal tremor, vocal cord dysfunction, paradoxical vocal fold motion, professional voice, voice masculinization and feminization, and chronic cough.

Deborah Watson, MD
Surgeon
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT)

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty (plastic surgery of the nose), nasal reconstruction, external ear reconstruction, and cosmetic facial plastic surgery.
Carol H. Yan, MD
Otolaryngologist-Head and Neck Surgeon
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Sinus & Rhinology, General Otolaryngology (ENT)

Add'l Language:
Shanghainese

La Jolla - Perlman Medical Offices
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Carol Yan, MD, is a board-certified head and neck surgeon who specializes in treating sinonasal disease and skull base tumors. She treats a wide range of conditions, including sinus infections (sinusitis), nasal polyps, nasal obstruction, deviated septum, enlarged turbinates, rhinitis, smell loss, and cerebrospinal fluid leak. She also treats patients with tumors and cancers of the nose and sinuses, as well as skull base tumors. Dr. Yan performs primary and revision endoscopic sinus and nasal surgery, as well as endoscopic skull base surgery in collaboration with the neurosurgical team at UC San Diego Health.
ENT/Head and Neck (Otolaryngology) - Head & Neck Surgery Oncology

Kevin Thomas Brumund, MD
Head and Neck Surgeon
Associate Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery, Cancer

Subspecialties:
Head & Neck Surgery Oncology, Head & Neck Cancers, Thyroid & Parathyroid Surgery, Melanoma / Skin Cancers

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6100

Bio:
Kevin Brumund, MD, is a board-certified head and neck surgeon whose practice is dedicated solely to the treatment of head and neck tumors. Dr. Brumund has extensive training and experience in cancer surgery and specializes in treating both benign and malignant tumors of the head and neck. This includes tumors of the entire upper aerodigestive tract (mouth, throat, nose, sinuses, and voice box), salivary glands (parotid and submandibular glands), neck, facial skin, thyroid and parathyroid glands.

Joseph A. Califano, III, MD
Head and Neck Surgeon
Physician in Chief, Moores Cancer Center
Director, Head and Neck Cancer Center

Specialties:
ENT/Head and Neck (Otolaryngology), Cancer, Surgery

Subspecialties:
Head & Neck Cancers, Head & Neck Surgery Oncology, Minimally Invasive Surgery, Thyroid & Parathyroid Surgery

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

Bio:
Joseph A. Califano, III, MD, is a board-certified otolaryngologist who specializes in head and neck surgical oncology, and the integration of basic, molecular biologic research in that practice. His expertise includes minimally invasive treatment of tumors of the oral cavity, larynx, pharynx, thyroid, and neck to minimize cosmetic impact and maximize function, with an interest in tumors of the skull base, mouth, salivary glands, and premalignant conditions of the upper aerodigestive tract.
Charles Coffey, MD  
Head and Neck Surgeon  
Assistant Professor of Surgery  

Specialties:  
ENT/Head and Neck (Otolaryngology), Surgery, Cancer  

Subspecialties:  
Head & Neck Cancers, Head & Neck Surgery Oncology, Thyroid & Parathyroid Surgery  

Moores Cancer Center  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6631  

Bio:  
Charles Coffey, MD is a board-certified otolaryngologist and fellowship-trained head and neck cancer surgeon who specializes in diagnosing and treating patients with a broad range of benign and malignant tumors of the head and neck.

Ryan K. Orosco, MD  
Head and Neck Surgeon  
Assistant Professor of Surgery  

Specialties:  
ENT/Head and Neck (Otolaryngology), Cancer, Surgery  

Subspecialties:  
Head & Neck Cancers, Head & Neck Surgery Oncology, Minimally Invasive Surgery  

Moores Cancer Center  
Hillcrest - UC San Diego Medical Center  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (866) 773-2703  

Bio:  
Ryan Orosco, MD, is a board-certified head and neck surgeon who specializes in the surgical treatment of benign and malignant tumors and complex reconstruction of the head and neck. He cares for patients with head and neck tumors, thyroid and parathyroid disorders, and cancer of the face, scalp, nose, mouth, tongue, and throat. Dr. Orosco is skilled in advanced reconstruction techniques, including microvascular free flaps, the transplant of tissue to restore function and appearance. He employs minimally invasive techniques, such as transoral robotic surgery and transoral laser microsurgery, when appropriate.
ENT/Head and Neck (Otolaryngology) - Hearing & Balance Disorders

Rick A. Friedman, MD, PhD
Neurotologist
Professor of Surgery

**Specialties:**
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders

**La Jolla - Perlman Medical Offices**
Moores Cancer Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 657-8590
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

**Bio:**
Rick Friedman, MD, PhD, is a board-certified neurotologist, a specialist who treats neurological disorders of the ear. He is a world-renowned expert in the treatment of acoustic neuroma, a benign tumor that develops on the main nerve connecting the ear to the brain. In addition to leading the acoustic neuroma program at UC San Diego Health, he also treats meningioma, neurofibromatosis type 2 (NF2), glomus tumors, hearing impairment, otosclerosis, Meniere’s disease, cholesteatoma, superior canal dehiscence and chronic ear infections.

Jeffrey P. Harris, MD, PhD
Division Chief, Otolaryngology
Distinguished Professor

**Specialties:**
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders

**Add'l Language:**
French

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Dr. Harris is a neuro-otologic surgeon who deals with disorders of the ear, hearing and balance, and tumors that affect the skull base.
ENT/Head and Neck (Otolaryngology) - Hearing & Balance Disorders (cont.)

Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**
Portuguese, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (typanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

**Specialties:**
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

**Add'l Languages:**
French, Vietnamese

La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
**ENT/Head and Neck (Otolaryngology) - Laryngology**

**Andrew Vahabzadeh-Hagh, MD**
Otolaryngologist  
Assistant Professor of Surgery

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**  
General Otolaryngology (ENT), Laryngology

**Add'l Language:**  
Spanish

**La Jolla - 8899 University Center Lane**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

**Bio:**  
Andrew Vahabzadeh-Hagh, MD, is a board-certified otolaryngologist/head and neck surgeon who treats disorders of the ear, nose and throat. As a fellowship-trained laryngologist, Dr. Vahabzadeh-Hagh specializes in treating diseases of the larynx in both the clinic and in surgery, including complex airway, voice and swallowing disorders. This includes vocal fold paralysis or paresis, dysphonia secondary to benign or malignant laryngeal lesions, neurolaryngologic disorders such as spasmodic dysphonia, laryngeal tremor, vocal cord dysfunction, paradoxical vocal fold motion, professional voice, voice masculinization and feminization, and chronic cough.

**Philip Weissbrod, MD**
Director, Center for Voice and Swallowing  
Associate Professor of Surgery

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialty:**  
Laryngology

**La Jolla - 8899 University Center Lane**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

**Bio:**  
Philip Weissbrod, MD, is a board-certified otolaryngologist who has expertise in utilizing surgical and behavioral therapies to treat voice and swallowing conditions, including chronic cough, laryngeal tumors and dysplasia, neurological voice abnormalities, swallowing inability (due to head and neck cancer or neurologic disorder), and narrowing or scarring of the pharynx, larynx, subglottis or trachea.
ENT/Head and Neck (Otolaryngology) - Otology & Neurotology / Skull-Base Surgery

Rick A. Friedman, MD, PhD
Neurotologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders

La Jolla - Perlman Medical Offices
Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 657-8590
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

Bio:
Rick Friedman, MD, PhD, is a board-certified neurotologist, a specialist who treats neurological disorders of the ear. He is a world-renowned expert in the treatment of acoustic neuroma, a benign tumor that develops on the main nerve connecting the ear to the brain. In addition to leading the acoustic neuroma program at UC San Diego Health, he also treats meningioma, neurofibromatosis type 2 (NF2), glomus tumors, hearing impairment, otosclerosis, Meniere’s disease, cholesteatoma, superior canal dehiscence and chronic ear infections.

Jeffrey P. Harris, MD, PhD
Division Chief, Otolaryngology
Distinguished Professor

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders

Add'l Language:
French

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Dr. Harris is a neuro-otologic surgeon who deals with disorders of the ear, hearing and balance, and tumors that affect the skull base.
Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

Add'l Languages:
Portuguese, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
ENT/Head and Neck (Otolaryngology) - Sinus & Rhinology

**Adam DeConde, MD**
Head and Neck Surgeon  
Assistant Professor of Surgery

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Surgery  
**Subspecialty:**  
Sinus & Rhinology  

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590  

**Bio:**  
Adam DeConde, MD, is a board-certified head and neck surgeon who specializes in treating endoscopic sinus surgery and skull base tumors.

**Leslie (Kon) Gomez, MSN, FNP-C**
Nurse Practitioner

**Specialty:**  
ENT/Head and Neck (Otolaryngology)  
**Subspecialties:**  
General Otolaryngology (ENT), Sinus & Rhinology  
**Add'l Language:**  
Spanish  

**La Jolla - Perlman Medical Offices**  
**Rancho Bernardo - Via Tazon**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590  

**Bio:**  
Leslie Gomez, MSN, is a board-certified nurse family nurse practitioner (FNP-C) who treats adults with acute or recurring inflamed sinuses (sinusitis), inflammation of the sinuses and nasal cavity (rhinosinusitis), and sinus infections. She also provides care for recurring nosebleeds, general ear, nose and throat conditions, earwax buildup and hearing loss.

**David B. Hom, MD, FACS**
Otolaryngologist-Head and Neck Surgeon  
Co-Director of Facial Plastic and Reconstructive Surgery, Division of Otolaryngology-Head and Neck Surgery  
Professor of Surgery

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Surgery  
**Subspecialties:**  
Facial Plastic Surgery, General Otolaryngology (ENT), Sinus & Rhinology  

**Hillcrest - UC San Diego Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590  

**Bio:**  
David Hom, MD, is a board-certified head and neck surgeon who helps improve abnormalities and functional defects of the face caused by injuries and skin cancer. His expertise includes treating facial (skin and bone) deformities, as well as Mohs skin cancer reconstruction. He also specializes in improving nasal breathing problems, nasal fractures and nasal obstruction.
Paul Schalch Lepe, MD, FACS  
Head and Neck Surgeon  

Specialties:  
ENT/Head and Neck (Otolaryngology), Sleep Medicine  

Subspecialties:  
General Otolaryngology (ENT), Sinus & Rhinology  

Add'l Languages:  
German, Spanish  

La Jolla - Perlman Medical Offices  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590  

Bio:  
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.

Carol H. Yan, MD  
Otolaryngologist-Head and Neck Surgeon  
Assistant Professor of Surgery  

Specialties:  
ENT/Head and Neck (Otolaryngology), Surgery  

Subspecialties:  
Sinus & Rhinology, General Otolaryngology (ENT)  

Add'l Language:  
Shanghainese  

La Jolla - Perlman Medical Offices  
Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590  

Bio:  
Carol Yan, MD, is a board-certified head and neck surgeon who specializes in treating sinonasal disease and skull base tumors. She treats a wide range of conditions, including sinus infections (sinusitis), nasal polyps, nasal obstruction, deviated septum, enlarged turbinates, rhinitis, smell loss, and cerebrospinal fluid leak. She also treats patients with tumors and cancers of the nose and sinuses, as well as skull base tumors. Dr. Yan performs primary and revision endoscopic sinus and nasal surgery, as well as endoscopic skull base surgery in collaboration with the neurosurgical team at UC San Diego Health.
ENT/Head and Neck (Otolaryngology) - Thyroid & Parathyroid Surgery

**Kevin Thomas Brumund, MD**  
Head and Neck Surgeon  
Associate Professor of Surgery

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Surgery, Cancer  
**Subspecialties:**  
Head & Neck Surgery Oncology, Head & Neck Cancers, Thyroid & Parathyroid Surgery, Melanoma / Skin Cancers

**Moores Cancer Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 822-6100

**Bio:**  
Kevin Brumund, MD, is a board-certified head and neck surgeon whose practice is dedicated solely to the treatment of head and neck tumors. Dr. Brumund has extensive training and experience in cancer surgery and specializes in treating both benign and malignant tumors of the head and neck. This includes tumors of the entire upper aerodigestive tract (mouth, throat, nose, sinuses, and voice box), salivary glands (parotid and submandibular glands), neck, facial skin, thyroid and parathyroid glands.

**Joseph A. Califano, III, MD**  
Head and Neck Surgeon  
Physician in Chief, Moores Cancer Center  
Director, Head and Neck Cancer Center

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Cancer, Surgery  
**Subspecialties:**  
Head & Neck Cancers, Head & Neck Surgery Oncology, Minimally Invasive Surgery, Thyroid & Parathyroid Surgery

**Moores Cancer Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

**Bio:**  
Joseph A. Califano, III, MD, is a board-certified otolaryngologist who specializes in head and neck surgical oncology, and the integration of basic, molecular biologic research in that practice. His expertise includes minimally invasive treatment of tumors of the oral cavity, larynx, pharynx, thyroid, and neck to minimize cosmetic impact and maximize function, with an interest in tumors of the skull base, mouth, salivary glands, and premalignant conditions of the upper aerodigestive tract.
Charles Coffey, MD
Head and Neck Surgeon
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery, Cancer

Subspecialties:
Head & Neck Cancers, Head & Neck Surgery Oncology, Thyroid & Parathyroid Surgery

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

Bio:
Charles Coffey, MD is a board-certified otolaryngologist and fellowship-trained head and neck cancer surgeon who specializes in diagnosing and treating patients with a broad range of benign and malignant tumors of the head and neck.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health.

Charles D. Ashbrook, MD
Psychiatrist

**Specialty:** Psychiatry

**Hillcrest - UC San Diego Medical Center**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (619) 543-6350

**Bio:**
Charles Ashbrook, MD, is a board-certified psychiatrist who specializes in outpatient care of young adults and adults with depression, anxiety, bipolar disorder, psychosis, schizophrenia, post-traumatic stress disorder (PTSD) and personality disorders. A guiding principal of his clinical practice is to review, simplify, and optimize his patients’ medication regimens, using evidence-based approaches.

Nora Bammidi, MBBS, FAPA
Psychiatrist

**Specialty:** Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 534-7792

**Bio:**
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.

Anne Bird, MBChB
Psychiatrist

**Specialty:** Psychiatry

**Associate Professor of Psychiatry**

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 534-7792

**Bio:**
Anne Bird, MBChB, is a board-certified adult, child and adolescent psychiatrist who specializes in treating children, teens and young adults with mood disorders, anxiety disorders or attention-deficit/hyperactivity disorder (ADHD). She uses both medications and talk therapy (psychotherapy) in her practice.

Kristin Cadenhead, MD
Psychiatrist

**Specialty:** Psychiatry

**Professor of Psychiatry**

**Hillcrest - 140 Arbor Drive**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (619) 543-7745
- Direct Clinic Line: (619) 543-6445

**Bio:**
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health's early psychosis treatment program. This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.
Psychiatry (cont.)

Ashley L. Clark, MD
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ashley Clark, MD, is board-certified psychiatrist whose practice focuses on women’s reproductive mental health issues, such as premenstrual dysphoric disorder (PMDD), and mood and anxiety disorders during pregnancy and the postpartum period. She is part of the Women's Reproductive Mental Health Program at UC San Diego Health.

Nancy Downs, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nancy Downs, MD is a board-certified psychiatrist who specializes in the mental health needs of college students and transition age youth.

Douglas D’Agati, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Douglas D’Agati, MD, is a board-certified psychiatrist who specializes in treating adults and young adults with mood disorders (such as depression and bipolar disorder), anxiety disorders, psychosis, and schizophrenia.

David Folsom, MD
Director, Division of Clinical Psychiatry
Vice Chair, Clinical Affairs, Department of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
David Folsom, MD, is a board-certified psychiatrist and director of the Division of Clinical Psychiatry at UC San Diego Health. He has a special interest in providing care for people with schizophrenia and other serious mental illnesses, and those with both mental and physical health problems. He uses a comprehensive, whole-person approach to psychiatric care, addressing all areas that contribute to a person’s successful recovery as well as promoting life skills, providing education, and cultivating help-seeking behavior.
Psychiatry (cont.)

David J. Grelotti, MD
Psychiatrist
Assistant Professor of Psychiatry

**Specialty:** Psychiatry
**Add'l Language:** Haitian Creole

Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

**Bio:**
David Grelotti, MD is an adult and child psychiatrist and directs mental health services at UC San Diego Health’s Owen Clinic, one of nation’s premier multispecialty care clinics focused on the treatment and prevention of HIV and related illnesses. Dr. Grelotti provides care for mental health, substance use, and related disorders to children, adolescents, and adults with HIV and at risk for HIV.

Jeremy Hirst, MD
Psychiatrist
Associate Director, Patient and Family Support Services, Moores Cancer Center

**Specialties:** Psychiatry, Palliative Care, Cancer
**Subspecialty:** Psychosocial Oncology

Moores Cancer Center
Jacobs Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

**Bio:**
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.

Jonathon R. Howlett, MD
Psychiatrist

**Specialty:** Psychiatry

La Jolla - 8950 Villa La Jolla Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Jonathon Howlett, MD, is a board-certified psychiatrist who specializes in caring for individuals with treatment-resistant depression. His practice also includes treating more general mental health conditions such depressive disorders, anxiety disorders, bipolar disorder and schizophrenia.
Psychiatry (cont.)

Alan J. Hsu, MD
Psychiatrist
Associate Professor of Psychiatry

Specialties:
- Psychiatry
- Cancer

Subspecialty:
Psychosocial Oncology

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Alan John Hsu, MD, is a board-certified psychiatrist who specializes in treating cancer patients struggling with mood and anxiety issues brought on by cancer. He also sees individuals with cancer who have pre-existing mental health challenges.

Ildiko Kovacs, MD
Psychiatrist
Assistant Professor of Psychiatry

Add'l Language:
- Hungarian

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.

Walter H. Kaye, MD
Director, Eating Disorders Treatment and Research Program
Professor of Psychiatry

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

Bio:
Walter Kaye, MD, is a board-certified psychiatrist who specializes in treating individuals with anorexia nervosa and other eating disorders. As director of the Eating Disorders Treatment and Research Program at UC San Diego Health, Dr. Kaye and his team use an intensive and innovative approach that addresses each person’s medical, psychological and psycho-educational health. The evidence-based program also offers family counseling to help patients and their families with improved understanding, communication, and capacity for growth.

Vanessa L. Lauzon, MD
Psychiatrist
Assistant Professor of Psychiatry

Add'l Language:
- Spanish

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Vanessa L. Lauzon, MD, is a board-certified psychiatrist and board-certified family medicine physician who specializes in caring for hospitalized adults with mental health conditions. In the inpatient setting, she treats depression, anxiety disorders, PTSD, bipolar disorder, schizophrenia and schizoaffective disorder, substance use disorders, neurocognitive disorders, co-morbid medical and psychiatric issues, and issues related to grief and coping in patients with serious medical issues.
Psychiatry (cont.)

Julie L. Le, DO
Psychiatrist
Assistant Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive
Sorrento Valley - Directors Place
Scripps Ranch - 9909 Mira Mesa Blvd
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Family Medicine: (858) 657-6600
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-9000
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).

Carla Marienfeld, MD
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-1680

Bio:
Carla Marienfeld, MD, is a board-certified addiction psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.

Alejandro Meruelo, MD, PhD
Psychiatrist

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Alejandro Meruelo, MD, PhD, is a psychiatrist who delivers compassionate, expert care to people with bipolar disorder, depression, schizophrenia and anxiety disorders. He also cares for individuals with treatment-resistant depression using transcranial magnetic stimulation.
Psychiatry (cont.)

Aaron Meyer, MD
Psychiatrist

**Specialty:** Psychiatry

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

**Bio:**
Aaron Meyer, MD, is a psychiatrist who specializes in caring for people with severe or acute mental illness and behavioral health conditions. This includes caring for individuals who experience significant and distressing symptoms of a mental illness that require immediate treatment.

Lama Muhammad, MD
Psychiatrist

**Specialty:** Psychiatry

**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Lama Muhammad, MD, is a psychiatrist whose practices focuses on the mind-body connection and its relationship to mental health disorders. She also has expertise in mental illnesses related to autoimmune disorders, and in understanding the cultural dimensions of mental health.

Sarah Pai, MSN, PMHNP-BC
Psychiatric Mental Health Nurse Practitioner

**Specialty:** Psychiatry

**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Sarah Pai, MSN, is a board certified family psychiatric mental health nurse practitioner (PMHNP-BC) who has broad experience working with teens and adults. She has a special interest in treating bipolar, schizophrenia and substance use disorders (addiction). Ms. Pai’s experience includes caring for individuals in both inpatient and outpatient settings, as well as community psychiatry.
Alison Reminick, MD  
Psychiatrist  
Assistant Professor of Psychiatry  

**Specialty:**  
Psychiatry  

**La Jolla - 8950 Villa La Jolla Drive**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  

**Bio:**  
Alison Reminick, MD, is a board-certified psychiatrist who specializes in the mental health care needs for women with premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), pregnancy and postpartum mood disorders, and emotional disturbances during menopause. She directs the Women's Reproductive Mental Health Program at UC San Diego Health, which helps women manage and recover from anxiety, depression, or other emotional concerns during infertility, pregnancy, or the postpartum period.

Isabel Ribeiro Caldas Domingues, MD  
Psychiatrist  
Assistant Professor of Psychiatry  

**Specialty:**  
Psychiatry  

**Add'l Languages:**  
Portuguese, Spanish  

**Hillcrest - 140 Arbor Drive**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-7745  

**Bio:**  
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in identifying young adults at high-risk of developing a psychotic disorder or in the “prodromal” (early) phase.

Neil M. Richtand, MD, PhD  
Psychiatrist  

**Specialty:**  
Psychiatry  

**La Jolla - 8950 Villa La Jolla Drive**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  

**Bio:**  
Neil M. Richtand, MD, PhD, is a board-certified psychiatrist who provides expert, compassionate mental health care services to UC San Diego undergraduate and graduate students.

Jennifer Roby, DO  
Psychiatrist  
Assistant Professor Psychiatry  

**Specialty:**  
Psychiatry  

**La Jolla - 8950 Villa La Jolla Drive**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  

**Bio:**  
Jennifer Roby, DO, is a psychiatrist who provides general mental health care services for adults. She provides care to undergraduate, graduate, and medical students through UC San Diego Health's College Mental Health Program. She also helps women with postpartum depression, postpartum anxiety and other reproductive-related mental health concerns that affect women and their families.
Psychiatry (cont.)

Sanjaya Saxena, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Sanjaya Saxena, MD, is a board-certified psychiatrist focusing on the treatment of people with obsessive-compulsive disorders (OCD) and related conditions such as compulsive hoarding and body dysmorphic disorder.

Alexandra Sietsma, MSN, PMHNP-BC
Psychiatric Mental Health Nurse Practitioner

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Alexandra Sietsma, MSN, is an advanced practice registered nurse (APRN) and board-certified psychiatric-mental health nurse practitioner (PMHNP-BC) who assesses and treats adults and young adults with depression, anxiety disorders, mood disorders, psychotic disorders, post-traumatic stress disorder (PTSD) and personality disorders. She has experience in both inpatient and outpatient care.

Terry A. Schwartz, MD
Clinical Director, Eating Disorders Treatment and Research Program
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

Bio:
Terry A. Schwartz, MD, is a board-certified psychiatrist who specializes in caring for individuals with eating disorders, mood disorders and anxiety disorders. She has more than 20 years’ experience and has particular expertise in treating individuals who have an eating disorder co-occurring with mood, anxiety or substance abuse disorders.

Louisa Steiger, MD

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Psychiatry (cont.)

Murray B. Stein, MD, MPH
Psychiatrist
Distinguished Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Murray B. Stein, MD, MPH, is a board-certified psychiatrist who treats individuals with anxiety, and trauma and stressor-related disorders, including panic disorder, agoraphobia, social anxiety disorder (social phobia), generalized anxiety disorder, and post-traumatic stress disorder (PTSD) with or without depression.

Hannah C. Sweet, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Hannah C. Sweet, MD, is a board-certified psychiatrist who specializes in treating children and adolescents with all types of mental illness and psychiatric conditions. Her practice is part of UC San Diego Health's comprehensive and compassionate mental health services for teens.

Jon (David) Stiffler, MD
Psychiatrist

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jon (David) Stiffler, MD, is a board-certified psychiatrist who treats people with substance use disorders, trauma and post-traumatic stress disorder (PTSD), mood disorders, anxiety and attention deficit hyperactivity disorder (ADHD).

Jessica L. Thackaberry, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.
Psychiatry (cont.)

Maria Tiamson-Kassab, MD

**Specialties:** Psychiatry, Palliative Care, Cancer  
**Subspecialty:** Psychosocial Oncology  
**Add'l Language:** Tagalog

Moores Cancer Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-9061

**Bio:** Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center’s Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.

Sidney Zisook, MD

**Psychiatrist**  
**Professor of Psychiatry**

**Specialty:** Psychiatry  
**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:** Sidney Zisook, MD, is a board-certified psychiatrist who specializes in treating adults who are experiencing grief, anxiety, or the effects of a mood disorder. His experience is in caring for people with complicated bereavement, as well as those with chronic mental health conditions or illnesses that do not respond well to treatment. Dr. Zisook also uses integrative therapy to treat each person as a whole, including their mental, physical and emotional needs.

Psychiatry - Geriatric Psychiatry

Steven F. Huege, MD

**Psychiatrist**

**Specialty:** Psychiatry  
**Subspecialty:** Geriatric Psychiatry  
**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:** Steven Huege, MD, is a board-certified geriatric psychiatrist who specializes in treating mental health and neurodegenerative disorders in older adults, including both chronic and new-onset mental illness. His areas of clinical expertise include Alzheimer’s disease, Lewy body dementia, frontotemporal dementia, and mood and psychotic disorders in older adults.

Daniel D Sewell, MD

**Director, Senior Behavioral Health**  
**Professor of Psychiatry**

**Specialty:** Psychiatry  
**Subspecialty:** Geriatric Psychiatry  
**Hillcrest - UC San Diego Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-3772

**Bio:** Daniel D. Sewell, MD, is a board-certified psychiatrist focusing on the treatment of older adults with behavioral health issues.
Psychiatry - Geriatric Psychiatry (cont.)

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer’s disease.

Raisa Yagudayeva, DO
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry
Add'l Language:
Russian

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Raisa Yagudayeva, DO, is a board-certified geriatric psychiatrist who specializes in treating mental health problems in older adults, including major neurocognitive disorder, major depressive disorder, generalized anxiety disorder, schizophrenia, psychosis and obsessive compulsive disorder. She is interested in electroconvulsive therapy (ECT), which is used to relieve symptoms of several mental health conditions.
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