Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
**Table of Contents**

**ENT/Head and Neck (Otolaryngology)**
- Facial Nerve Disorders .......................................................... 1.
- Facial Plastic Surgery .............................................................. 2.
- General Otolaryngology (ENT) .................................................. 3.
- Head & Neck Surgery Oncology ............................................... 7.
- Laryngology ........................................................................ 12.
- Sinus & Rhinology ................................................................ 15.
- Thyroid & Parathyroid Surgery ................................................ 17.

**Psychiatry**
- Eating Disorders .................................................................. 28.
- Geriatric Psychiatry ............................................................... 29.
- Index .................................................................................. 31.
ENT/Head and Neck (Otolaryngology) - Facial Nerve Disorders

**Jeffrey P. Harris, MD, PhD**
Division Chief, Otolaryngology
Distinguished Professor

**Specialties:**
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders

**Add'l Language:**
French

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Dr. Harris is a neuro-otologic surgeon who deals with disorders of the ear, hearing and balance, and tumors that affect the skull base.

**Quyen Nguyen, MD, PhD**
Otolaryngologist
Professor of Surgery

**Specialties:**
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

**Add'l Languages:**
French, Vietnamese

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
ENT/Head and Neck (Otolaryngology) - Facial Plastic Surgery

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders, General Otolaryngology (ENT)

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

Bio:
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty, and has a special interest in pediatric otolaryngology.

David B. Hom, MD, FACS
Otolaryngologist/Head and Neck Surgeon
Co-Director of Facial Plastic and Reconstructive Surgery, Division of Otolaryngology Head and Neck Surgery
Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT), Sinus & Rhinology

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
David Hom, MD, is a board-certified head and neck surgeon who helps patients improve abnormalities and functional defects of the face caused by injuries and skin cancer. His expertise includes treating facial (skin and bone) deformities, as well as Mohs skin cancer reconstruction. He also specializes in improving nasal breathing problems, nasal fractures and nasal obstruction.

Deborah Watson, MD
Surgeon
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT)

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty (plastic surgery of the nose), nasal reconstruction, external ear reconstruction, and cosmetic facial plastic surgery.
ENT/Head and Neck (Otolaryngology) - General Otolaryngology (ENT)

Kevin Thomas Brumund, MD
Head and Neck Surgeon
Associate Professor of Surgery

**Specialties:**
ENT/Head and Neck (Otolaryngology), Surgery, Cancer

**Subspecialties:**
Head & Neck Surgery Oncology, Head & Neck Cancers, General Otolaryngology (ENT), Thyroid & Parathyroid Surgery, Melanoma / Skin Cancers

**Moores Cancer Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6100

**Bio:**
Kevin Brumund, MD, is a board-certified head and neck surgeon whose practice is dedicated solely to the treatment of head and neck tumors. Dr. Brumund has extensive training and experience in cancer surgery and specializes in treating both benign and malignant tumors of the head and neck. This includes tumors of the entire upper aerodigestive tract (mouth, throat, nose, sinuses, and voice box), salivary glands (parotid and submandibular glands), neck, facial skin, thyroid and parathyroid glands.

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders, General Otolaryngology (ENT)

**Hillcrest - UC San Diego Medical Center**

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

**Bio:**
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty, and has a special interest in pediatric otolaryngology.
David B. Hom, MD, FACS
Otolaryngologist/Head and Neck Surgeon
Co-Director of Facial Plastic and Reconstructive Surgery,
Division of Otolaryngology Head and Neck Surgery
Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
Facial Plastic Surgery, General Otolaryngology (ENT), Sinus & Rhinology

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
David Hom, MD, is a board-certified head and neck surgeon who helps patients improve abnormalities and functional defects of the face caused by injuries and skin cancer. His expertise includes treating facial (skin and bone) deformities, as well as Mohs skin cancer reconstruction. He also specializes in improving nasal breathing problems, nasal fractures and nasal obstruction.

Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**
Portuguese, Spanish

**La Jolla - Perlman Medical Offices**
**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.
ENT/Head and Neck (Otolaryngology) - General Otolaryngology (ENT) (cont.)

**Paul Schalch Lepe, MD, FACS**
Head and Neck Surgeon

**Specialties:**
ENT/Head and Neck (Otolaryngology), Sleep Medicine

**Subspecialties:**
General Otolaryngology (ENT), Sinus & Rhinology

**Add'l Languages:**
German, Spanish

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.

**Andrew Vahabzadeh-Hagh, MD**
Otolaryngologist
Assistant Professor of Surgery

**Specialties:**
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**
General Otolaryngology (ENT), Laryngology

**Add'l Language:**
Spanish

**La Jolla - 8899 University Center Lane**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Andrew Vahabzadeh-Hagh, MD, is a board-certified otolaryngologist/head and neck surgeon who treats disorders of the ear, nose and throat. As a fellowship-trained laryngologist, Dr. Vahabzadeh-Hagh specializes in treating diseases of the larynx in both the clinic and in surgery, including complex airway, voice and swallowing disorders. This includes vocal fold paralysis or paresis, dysphonia secondary to benign or malignant laryngeal lesions, neurolaryngologic disorders such as spasmodic dysphonia, laryngeal tremor, vocal cord dysfunction, paradoxical vocal fold motion, professional voice, voice masculinization and feminization, and chronic cough.
Deborah Watson, MD
Surgeon
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT)

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty
(plastic surgery of the nose), nasal reconstruction, external ear
reconstruction, and cosmetic facial plastic surgery.
ENT/Head and Neck (Otolaryngology) - Head & Neck Surgery Oncology

Kevin Thomas Brumund, MD
Head and Neck Surgeon
Associate Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery, Cancer

Subspecialties:
Head & Neck Surgery Oncology, Head & Neck Cancers, General Otolaryngology (ENT), Thyroid & Parathyroid Surgery, Melanoma / Skin Cancers

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6100

Bio:
Kevin Brumund, MD, is a board-certified head and neck surgeon whose practice is dedicated solely to the treatment of head and neck tumors. Dr. Brumund has extensive training and experience in cancer surgery and specializes in treating both benign and malignant tumors of the head and neck. This includes tumors of the entire upper aerodigestive tract (mouth, throat, nose, sinuses, and voice box), salivary glands (parotid and submandibular glands), neck, facial skin, thyroid and parathyroid glands.

Joseph A. Califano, III, MD
Head and Neck Surgeon
Physician in Chief, Moores Cancer Center
Director, Head and Neck Cancer Center

Specialties:
ENT/Head and Neck (Otolaryngology), Cancer, Surgery

Subspecialties:
Head & Neck Cancers, Head & Neck Surgery Oncology, Minimally Invasive Surgery, Thyroid & Parathyroid Surgery

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

Bio:
Joseph A. Califano, III, MD, is a board-certified otolaryngologist who specializes in head and neck surgical oncology, and the integration of basic, molecular biologic research in that practice. His expertise includes minimally invasive treatment of tumors of the oral cavity, larynx, pharynx, thyroid, and neck to minimize cosmetic impact and maximize function, with an interest in tumors of the skull base, mouth, salivary glands, and premalignant conditions of the upper aerodigestive tract.
ENT/Head and Neck (Otolaryngology) - Head & Neck Surgery Oncology (cont.)

Charles Coffey, MD
Head and Neck Surgeon
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery, Cancer
Subspecialties:
Head & Neck Cancers, Head & Neck Surgery Oncology, Thyroid & Parathyroid Surgery

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

Bio:
Charles Coffey, MD is a board-certified otolaryngologist and fellowship-trained head and neck cancer surgeon who specializes in diagnosing and treating patients with a broad range of benign and malignant tumors of the head and neck.

Ryan K. Orosco, MD
Head and Neck Surgeon
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Cancer, Surgery
Subspecialties:
Head & Neck Cancers, Head & Neck Surgery Oncology, Minimally Invasive Surgery

Moores Cancer Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (866) 773-2703

Bio:
Ryan Orosco, MD, is a board-certified head and neck surgeon who specializes in the surgical treatment of benign and malignant tumors and complex reconstruction of the head and neck. He cares for patients with head and neck tumors, thyroid and parathyroid disorders, and cancer of the face, scalp, nose, mouth, tongue, and throat. Dr. Orosco is skilled in advanced reconstruction techniques, including microvascular free flaps, the transplant of tissue to restore function and appearance. He employs minimally invasive techniques, such as transoral robotic surgery and transoral laser microsurgery, when appropriate.
ENT/Head and Neck (Otolaryngology) - Hearing & Balance Disorders

Rick A. Friedman, MD, PhD
Neurotologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders

La Jolla - Perlman Medical Offices
Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 657-8590
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

Bio:
Rick Friedman, MD, PhD, is a board-certified neurotologist, a specialist who treats neurological disorders of the ear. He is a world-renowned expert in the treatment of acoustic neuroma, a benign tumor that develops on the main nerve connecting the ear to the brain. In addition to leading the acoustic neuroma program at UC San Diego Health, he also treats meningioma, neurofibromatosis type 2 (NF2), glomus tumors, hearing impairment, otosclerosis, Meniere’s disease, cholesteatoma, superior canal dehiscence and chronic ear infections.

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders, General Otolaryngology (ENT)

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

Bio:
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty, and has a special interest in pediatric otolaryngology.
Jeffrey P. Harris, MD, PhD
Division Chief, Otolaryngology
Distinguished Professor

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders

Add'l Language:
French

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Dr. Harris is a neuro-otologic surgeon who deals with disorders of the ear, hearing and balance, and tumors that affect the skull base.

Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

Add'l Languages:
Portuguese, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (typanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.
Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders,
Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
ENT/Head and Neck (Otolaryngology) - Laryngology

Andrew Vahabzadeh-Hagh, MD
Otolaryngologist
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
General Otolaryngology (ENT), Laryngology

Add'l Language:
Spanish

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Andrew Vahabzadeh-Hagh, MD, is a board-certified otolaryngologist/head and neck surgeon who treats disorders of the ear, nose and throat. As a fellowship-trained laryngologist, Dr. Vahabzadeh-Hagh specializes in treating diseases of the larynx in both the clinic and in surgery, including complex airway, voice and swallowing disorders. This includes vocal fold paralysis or paresis, dysphonia secondary to benign or malignant laryngeal lesions, neurolaryngologic disorders such as spasmodic dysphonia, laryngeal tremor, vocal cord dysfunction, paradoxical vocal fold motion, professional voice, voice masculinization and feminization, and chronic cough.

Philip Weissbrod, MD
Director, Center for Voice and Swallowing
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialty:
Laryngology

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Philip Weissbrod, MD, is a board-certified otolaryngologist who has expertise in utilizing surgical and behavioral therapies to treat voice and swallowing conditions, including chronic cough, laryngeal tumors and dysplasia, neurological voice abnormalities, swallowing inability (due to head and neck cancer or neurologic disorder), and narrowing or scarring of the pharynx, larynx, subglottis or trachea.
Rick A. Friedman, MD, PhD
Neurotologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders

La Jolla - Perlman Medical Offices
Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 657-8590
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

Bio:
Rick Friedman, MD, PhD, is a board-certified neurotologist, a specialist who treats neurological disorders of the ear. He is a world-renowned expert in the treatment of acoustic neuroma, a benign tumor that develops on the main nerve connecting the ear to the brain. In addition to leading the acoustic neuroma program at UC San Diego Health, he also treats meningioma, neurofibromatosis type 2 (NF2), glomus tumors, hearing impairment, otosclerosis, Meniere’s disease, cholesteatoma, superior canal dehiscence and chronic ear infections.

Jeffrey P. Harris, MD, PhD
Division Chief, Otolaryngology
Distinguished Professor

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders

Add'l Language:
French

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Dr. Harris is a neuro-otologic surgeon who deals with disorders of the ear, hearing and balance, and tumors that affect the skull base.
Elina Kari, MD  
Neurotologist  
Assistant Professor of Surgery

Specialty:  
ENT/Head and Neck (Otolaryngology)

Subspecialties:  
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

Add'l Languages:  
Portuguese, Spanish

La Jolla - Perlman Medical Offices  
Hillcrest - UC San Diego Medical Center

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

Bio:  
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums ( tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.

Quyen Nguyen, MD, PhD  
Otolaryngologist  
Professor of Surgery

Specialties:  
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:  
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

Add'l Languages:  
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

Bio:  
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
**Adam DeConde, MD**  
Head and Neck Surgeon  
Assistant Clinical Professor of Surgery

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Surgery  
**Subspecialty:**  
Sinus & Rhinology

**Hillcrest - UC San Diego Medical Center**  
**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

**Bio:**  
Adam DeConde, MD, is a board certified head and neck surgeon with subspecialty training in endoscopic sinus surgery and skull base tumors.

---

**Sapideh Gilani, MD, FACS**  
Head and Neck Surgeon  
Associate Professor of Surgery

**Specialty:**  
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**  
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders, General Otolaryngology (ENT)

**Hillcrest - UC San Diego Medical Center**  
**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6631

**Bio:**  
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty, and has a special interest in pediatric otolaryngology.

---

**David B. Hom, MD, FACS**  
Otolaryngologist/Head and Neck Surgeon  
Co-Director of Facial Plastic and Reconstructive Surgery, Division of Otolaryngology Head and Neck Surgery  
Professor of Surgery

**Specialty:**  
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**  
Facial Plastic Surgery, General Otolaryngology (ENT), Sinus & Rhinology

**Hillcrest - UC San Diego Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

**Bio:**  
David Hom, MD, is a board-certified head and neck surgeon who helps patients improve abnormalities and functional defects of the face caused by injuries and skin cancer. His expertise includes treating facial (skin and bone) deformities, as well as Mohs skin cancer reconstruction. He also specializes in improving nasal breathing problems, nasal fractures and nasal obstruction.
Paul Schalch Lepe, MD, FACS
Head and Neck Surgeon

Specialties:
ENT/Head and Neck (Otolaryngology), Sleep Medicine

Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology

Additional Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.
**ENT/Head and Neck (Otolaryngology) - Thyroid & Parathyroid Surgery**

**Kevin Thomas Brumund, MD**  
Head and Neck Surgeon  
Associate Professor of Surgery

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Surgery, Cancer  

**Subspecialties:**  
Head & Neck Surgery Oncology, Head & Neck Cancers, General Otolaryngology (ENT), Thyroid & Parathyroid Surgery, Melanoma / Skin Cancers

**Moores Cancer Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 822-6100

**Bio:**  
Kevin Brumund, MD, is a board-certified head and neck surgeon whose practice is dedicated solely to the treatment of head and neck tumors. Dr. Brumund has extensive training and experience in cancer surgery and specializes in treating both benign and malignant tumors of the head and neck. This includes tumors of the entire upper aerodigestive tract (mouth, throat, nose, sinuses, and voice box), salivary glands (parotid and submandibular glands), neck, facial skin, thyroid and parathyroid glands.

---

**Joseph A. Califano, III, MD**  
Head and Neck Surgeon  
Physician in Chief, Moores Cancer Center  
Director, Head and Neck Cancer Center

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Cancer, Surgery  

**Subspecialties:**  
Head & Neck Cancers, Head & Neck Surgery Oncology, Minimally Invasive Surgery, Thyroid & Parathyroid Surgery

**Moores Cancer Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

**Bio:**  
Joseph A. Califano, III, MD, is a board-certified otolaryngologist who specializes in head and neck surgical oncology, and the integration of basic, molecular biologic research in that practice. His expertise includes minimally invasive treatment of tumors of the oral cavity, larynx, pharynx, thyroid, and neck to minimize cosmetic impact and maximize function, with an interest in tumors of the skull base, mouth, salivary glands, and premalignant conditions of the upper aerodigestive tract.
Charles Coffey, MD
Head and Neck Surgeon
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery, Cancer

Subspecialties:
Head & Neck Cancers, Head & Neck Surgery Oncology, Thyroid & Parathyroid Surgery

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

Bio:
Charles Coffey, MD is a board-certified otolaryngologist and fellowship-trained head and neck cancer surgeon who specializes in diagnosing and treating patients with a broad range of benign and malignant tumors of the head and neck.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Charles D. Ashbrook, MD
Psychiatrist

Specialty:
Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Charles Ashbrook, MD, is a board-certified psychiatrist who specializes in outpatient care of young adults and adults with depression, anxiety, bipolar disorder, psychosis, schizophrenia, post-traumatic stress disorder (PTSD) and personality disorders. A guiding principal of his clinical practice is to review, simplify, and optimize his patients' medication regimens, using evidence-based approaches.

Nora Bammidi, MBBS, FAPA
Psychiatrist

Specialty:
Psychiatry
Add'l Language:
Telugu

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.

Anne Bird, MBChB
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Anne Bird, MBChB, is a board-certified adult, child and adolescent psychiatrist who specializes in treating children, teens and young adults with mood disorders, anxiety disorders or attention-deficit/hyperactivity disorder (ADHD). She uses both medications and talk therapy (psychotherapy) in her practice.

Kristin Cadenhead, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745
Direct Clinic Line: (619) 543-6445

Bio:
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health's early psychosis treatment program. This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.
Psychiatry (cont.)

Douglas D'Agati, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Douglas D'Agati, MD, is a board-certified psychiatrist who specializes in treating adults and young adults with mood disorders (such as depression and bipolar disorder), anxiety disorders, psychosis, and schizophrenia.

David Folsom, MD
Director, Division of Clinical Psychiatry
Vice Chair, Clinical Affairs, Department of Psychiatry

Specialty:
Psychiatry

Contact:
New Patient Registration: (800) 926-8273

Bio:
David Folsom, MD, is a board-certified psychiatrist and director of the Division of Clinical Psychiatry at UC San Diego Health. He has a special interest in providing care for people with schizophrenia and other serious mental illnesses, and those with both mental and physical health problems. He uses a comprehensive, whole-person approach to psychiatric care, addressing all areas that contribute to a person’s successful recovery as well as promoting life skills, providing education, and cultivating help-seeking behavior.

Nancy Downs, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nancy Downs, MD is a board-certified psychiatrist who specializes in the mental health needs of college students and transition age youth.

Karim Ghobrial-Sedky, MBChB
Psychiatrist

Specialty:
Psychiatry

Add'l Language:
Arabic

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Karim Ghobrial-Sedky, MBChB, is a board-certified psychiatrist whose practice includes treating depression, bipolar, anxiety and psychotic disorders in both adults and children. He also sees adults who have alcohol, drug or other substance-related addictions.
Psychiatry (cont.)

David J. Grelotti, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Haitian Creole

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
David Grelotti, MD is an adult and child psychiatrist and directs mental health services at UC San Diego Health’s Owen Clinic, one of nation’s premier multispecialty care clinics focused on the treatment and prevention of HIV and related illnesses. Dr. Grelotti provides care for mental health, substance use, and related disorders to children, adolescents, and adults with HIV and at risk for HIV.

Jeremy Hirst, MD
Psychiatrist
Associate Director, Patient and Family Support Services, Moores Cancer Center

Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.

Jonathon R. Howlett, MD
Psychiatrist

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jonathon Howlett, MD, is a board-certified psychiatrist who specializes in caring for individuals with treatment-resistant depression. His practice also includes treating more general mental health conditions such depressive disorders, anxiety disorders, bipolar disorder and schizophrenia.
Psychiatry (cont.)

**Alan J. Hsu, MD**  
Psychiatrist  
Assistant Professor of Psychiatry

**Specialties:**  
Psychiatry, Cancer  
**Subspecialty:**  
Psychosocial Oncology

**Moores Cancer Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 822-5381

**Bio:**  
Alan John Hsu, MD, is a board-certified psychiatrist who specializes in treating cancer patients struggling with mood and anxiety issues brought on by cancer. He also sees individuals with cancer who have pre-existing mental health challenges.

**Vanessa L. Lauzon, MD**  
Psychiatrist  
Assistant Professor of Psychiatry

**Specialty:**  
Psychiatry

**Add'l Language:**  
Spanish

**Hillcrest - UC San Diego Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6350

**Bio:**  
Vanessa L. Lauzon, MD, is a board-certified psychiatrist and board-certified family medicine physician who specializes in caring for hospitalized adults with mental health conditions. In the inpatient setting, she treats depression, anxiety disorders, PTSD, bipolar disorder, schizophrenia and schizoaffective disorder, substance use disorders, neurocognitive disorders, co-morbid medical and psychiatric issues, and issues related to grief and coping in patients with serious medical issues.

**Ildiko Kovacs, MD**  
Psychiatrist  
Assistant Professor of Psychiatry

**Specialty:**  
Psychiatry

**Add'l Language:**  
Hungarian

**Hillcrest - Medical Offices South**  
La Jolla - 8950 Villa La Jolla Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.
Psychiatry (cont.)

Julie L. Le, DO
Psychiatrist
Assistant Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive
Sorrento Valley - Directors Place
Scripps Ranch - Mira Mesa Blvd
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Family Medicine: (858) 657-8600
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-8000
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).

Carla Marienfeld, MD
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-1680

Bio:
Carla Marienfeld, MD, is a board-certified addiction psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.

Aaron Meyer, MD
Psychiatrist

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Aaron Meyer, MD, is a psychiatrist who specializes in caring for people with severe or acute mental illness and behavioral health conditions. This includes caring for individuals who experience significant and distressing symptoms of a mental illness that require immediate treatment.
Psychiatry (cont.)

Lama Muhammad, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Arabic

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Lama Muhammad, MD, is a psychiatrist whose practices focuses on the mind-body connection and its relationship to mental health disorders. She also has expertise in mental illnesses related to autoimmune disorders, and in understanding the cultural dimensions of mental health.

Hoang Nguyen, MD
Assistant Clinical Professor

Specialty:
Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3742

Bio:
UC San Diego Health Links

Alison Reminick, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Alison Reminick, MD, is a board-certified psychiatrist who specializes in the mental health care needs for women with premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), pregnancy and postpartum mood disorders, and emotional disturbances during menopause. She directs the Women's Reproductive Mental Health Program at UC San Diego Health, which helps women manage and recover from anxiety, depression, or other emotional concerns during infertility, pregnancy, or the postpartum period.

Isabel Ribeiro Caldas Domingues, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Languages:
Portuguese, Spanish

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the “prodromal” (early) phase.
Psychiatry (cont.)

Jennifer Roby, DO  
Psychiatrist  
Assistant Professor Psychiatry

**Specialty:** Psychiatry  
**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Jennifer Roby, DO, is a psychiatrist who provides general mental health care services for adults. She provides care to undergraduate, graduate, and medical students through UC San Diego Health’s [College Mental Health Program](https://health.ucsd.edu). She also helps women with postpartum depression, postpartum anxiety and other reproductive-related mental health concerns that affect women and their families.

Sanjaya Saxena, MD  
Director, Obsessive-Compulsive Disorders Clinic  
Professor of Psychiatry

**Specialty:** Psychiatry  
**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Sanjaya Saxena, MD, is a board-certified psychiatrist focusing on the treatment of people with obsessive-compulsive disorders (OCD) and related conditions such as compulsive hoarding and body dysmorphic disorder.

Terry A. Schwartz, MD  
Clinical Director, Eating Disorders Treatment and Research Program  
Associate Professor of Psychiatry

**Specialty:** Psychiatry  
**La Jolla - 4510 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-8019

**Bio:**  
Terry A. Schwartz, MD, is a board-certified psychiatrist who specializes in caring for individuals with eating disorders, mood disorders and anxiety disorders. She has more than 20 years' experience and has particular expertise in treating individuals who have an eating disorder co-occurring with mood, anxiety or substance abuse disorders.

Louisa Steiger, MD

**Specialty:** Psychiatry  
**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Psychiatry (cont.)

Murray B. Stein, MD, MPH
Psychiatrist
Distinguished Professor of Psychiatry and Family Medicine and Public Health

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Murray B. Stein, MD, MPH, is a board-certified psychiatrist who treats individuals with anxiety, and trauma and stressor-related disorders, including panic disorder, agoraphobia, social anxiety disorder (social phobia), generalized anxiety disorder, and post-traumatic stress disorder (PTSD) with or without depression.

Hannah C. Sweet, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Hannah Sweet, MD, is a board-certified psychiatrist who specializes in treating children and adolescents with all types of mental illness and psychiatric conditions. Her practice is part of UC San Diego Health’s comprehensive and compassionate mental health services for teens.

Jessica L. Thackaberry, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty: Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.

Maria Tiamson-Kassab, MD
Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology
Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center’s Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.
Psychiatry (cont.)

Sidney Zisook, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273

Bio:
Sidney Zisook, MD, is a board-certified psychiatrist who specializes in treating adults who are experiencing grief, anxiety, or the effects of a mood disorder. His experience is in caring for people with complicated bereavement, as well as those with chronic mental health conditions or illnesses that do not respond well to treatment. Dr. Zisook also uses integrative therapy to treat each person as a whole, including their mental, physical and emotional needs.
Psychiatry - Eating Disorders

Danielle Haber, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Subspecialty:
Eating Disorders

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

Bio:
UC San Diego Health Links

Mary Ellen Trunko, MD
Medical Director UCSD Eating Disorder Adult Programs

Specialty:
Psychiatry
Subspecialty:
Eating Disorders

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019
Fax: (858) 534-6727

Bio:
More information on eating disorders can be found at
http://eatingdisorders.ucsd.edu

Walter H. Kaye, MD
Director, Eating Disorders Treatment and Research Program
Professor of Psychiatry

Specialty:
Psychiatry
Subspecialty:
Eating Disorders

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

Bio:
Walter Kaye, MD, is a board-certified psychiatrist who specializes in treating individuals with anorexia nervosa and other eating disorders. As director of the Eating Disorders Treatment and Research Program at UC San Diego Health, Dr. Kaye and his team use an intensive and innovative approach that addresses each person’s medical, psychological and psycho-educational health. The evidence-based program also offers family counseling to help patients and their families with improved understanding, communication, and capacity for growth.
Psychiatry - Geriatric Psychiatry

Steven F. Huege, MD
Psychiatrist

Specialty: Psychiatry
Subspecialty: Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Steven Huege, MD, is a board-certified geriatric psychiatrist who specializes in treating mental health and neurodegenerative disorders in older adults, including both chronic and new-onset mental illness. His areas of clinical expertise include Alzheimer’s disease, Lewy body dementia, frontotemporal dementia, and mood and psychotic disorders in older adults.

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

Specialty: Psychiatry
Subspecialty: Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer’s disease.

Daniel D Sewell, MD
Director, Senior Behavioral Health
Professor of Psychiatry

Specialty: Psychiatry
Subspecialty: Geriatric Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Daniel D. Sewell, MD, is a board-certified psychiatrist focusing on the treatment of older adults with behavioral health issues.
Psychiatry - Geriatric Psychiatry (cont.)

Raisa Yagudayeva, DO
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry
Add'l Language:
Russian

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Raisa Yagudayeva, DO, is a board-certified geriatric psychiatrist who specializes in treating mental health problems in older adults, including major neurocognitive disorder, major depressive disorder, generalized anxiety disorder, schizophrenia, psychosis and obsessive compulsive disorder. She is interested in electroconvulsive therapy (ECT), which is used to relieve symptoms of several mental health conditions.
## Index

<table>
<thead>
<tr>
<th>A</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ashbrook, Charles D.</td>
<td>19</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>B</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bannidi, Nora</td>
<td>19</td>
</tr>
<tr>
<td>Bird, Anne</td>
<td>19</td>
</tr>
<tr>
<td>Brumund, Kevin Thomas</td>
<td>3, 7, 17</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>C</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cadenhead, Kristin</td>
<td>19</td>
</tr>
<tr>
<td>Califano, Ill, Joseph A.</td>
<td>7, 17</td>
</tr>
<tr>
<td>Coffey, Charles</td>
<td>8, 18</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>D</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>D'Agati, Douglas</td>
<td>20</td>
</tr>
<tr>
<td>DeConde, Adam</td>
<td>15</td>
</tr>
<tr>
<td>Downs, Nancy</td>
<td>20</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>F</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Folsom, David</td>
<td>20</td>
</tr>
<tr>
<td>Friedman, Rick A.</td>
<td>9, 13</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>G</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ghobrial-Sedky, Karim</td>
<td>20</td>
</tr>
<tr>
<td>Gilani, Sapideh</td>
<td>2, 3, 9, 15</td>
</tr>
<tr>
<td>Grelotti, David J.</td>
<td>21</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>H</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Haber, Danielle</td>
<td>28</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Harris, Jeffrey P.</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hirst, Jeremy</td>
<td>1, 10, 13</td>
</tr>
<tr>
<td>Hom, David B.</td>
<td>2, 4, 15</td>
</tr>
<tr>
<td>Howlett, Jonathon R.</td>
<td>21</td>
</tr>
<tr>
<td>Huege, Steven F.</td>
<td>22</td>
</tr>
<tr>
<td>Kari, Elina</td>
<td>4, 10, 14</td>
</tr>
<tr>
<td>Kaye, Walter H.</td>
<td>28</td>
</tr>
<tr>
<td>Kovacs, Ildiko</td>
<td>22</td>
</tr>
<tr>
<td>Lauzon, Vanessa L.</td>
<td>22</td>
</tr>
<tr>
<td>Le, Julie L.</td>
<td>23</td>
</tr>
<tr>
<td>Marienfeld, Carla</td>
<td>23</td>
</tr>
<tr>
<td>Meyer, Aaron</td>
<td>23</td>
</tr>
<tr>
<td>Muhammad, Lana</td>
<td>24</td>
</tr>
<tr>
<td>Nguyen, Hoang</td>
<td>24</td>
</tr>
<tr>
<td>Nguyen, Quyen</td>
<td>1, 11, 14</td>
</tr>
<tr>
<td>Orosco, Ryan K.</td>
<td>8</td>
</tr>
<tr>
<td>Reminick, Alison</td>
<td>24</td>
</tr>
<tr>
<td>Ribeiro Caldas Domingues, Isabel</td>
<td>24</td>
</tr>
<tr>
<td>Roby, Jennifer</td>
<td>25</td>
</tr>
<tr>
<td>Saxena, Sanjaya</td>
<td>25</td>
</tr>
<tr>
<td>Schalch Lepe, Paul</td>
<td>5, 16</td>
</tr>
<tr>
<td>Schwartz, Terry A.</td>
<td>25</td>
</tr>
<tr>
<td>Sewell, Daniel D.</td>
<td>29</td>
</tr>
<tr>
<td>Steiger, Louisa</td>
<td>25</td>
</tr>
<tr>
<td>Stein, Murray B.</td>
<td>26</td>
</tr>
<tr>
<td>Sweet, Hannah C.</td>
<td>26</td>
</tr>
<tr>
<td>Thackaberry, Jessica L.</td>
<td>26</td>
</tr>
<tr>
<td>Tiamson-Kassab, Maria</td>
<td>26</td>
</tr>
<tr>
<td>Trunko, Mary Ellen</td>
<td>28</td>
</tr>
<tr>
<td>Vahabzadeh-Hagh, Andrew</td>
<td>5, 12</td>
</tr>
<tr>
<td>Vardi, Kalya</td>
<td>29</td>
</tr>
<tr>
<td>Watson, Deborah</td>
<td>2, 6</td>
</tr>
<tr>
<td>Weissbrod, Philip</td>
<td>12</td>
</tr>
<tr>
<td>Yagudayeva, Raisa</td>
<td>30</td>
</tr>
<tr>
<td>Zisook, Sidney</td>
<td>27</td>
</tr>
</tbody>
</table>

https://health.ucsd.edu Tuesday, March 12, 2019