UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](health.ucsd.edu/request_appt)

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](providers.ucsd.edu)

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
# Table of Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hematology/Blood Diseases</td>
<td>1</td>
</tr>
<tr>
<td>Sports Medicine</td>
<td>11</td>
</tr>
<tr>
<td>Index</td>
<td>19</td>
</tr>
</tbody>
</table>
Hematology/Blood Diseases

Hematology (the study of “blood diseases”) is the branch of internal medicine that is concerned with the study of blood, blood-forming organs, and blood diseases. Learn more about hematology/blood diseases at UC San Diego Health.

John W Adamson, MD
Clinical Professor of Medicine

Specialties:
Hematology/Blood Diseases, Cancer
Subspecialty:
Leukemia & Lymphoma

La Jolla - 8929 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6100

Bio:
John Adamson, MD is a board-certified hematologist with a special focus in red blood cell, iron metabolism and platelet disorders. A core member of the team at UC San Diego Health’s Hemophilia Treatment Center, he helps provide specialized care for people with bleeding and clotting disorders.

Edward (Ted) Ball, MD
Director, Blood and Marrow Transplant Program
Professor of Medicine

Specialties:
Blood & Marrow Transplant - BMT, Hematology/Blood Diseases, Cancer
Subspecialty:
Leukemia & Lymphoma

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

Bio:
Edward Ball, MD, is a board-certified hematologist and medical oncologist who treats individuals with blood-related cancers such as leukemia and lymphoma. In his role as director and chief of the Blood and Marrow Transplant Program, he leads an interdisciplinary team of physicians, advanced practitioners, nurses, social workers and support staff. Dr. Ball offers chimeric antigen receptor (CAR) T-cell therapy to adults with relapsed or refractory B-cell lymphoma, a type of non-Hodgkin lymphoma. CAR T-cell therapy harnesses the patient’s own immune cells to recognize and kill cancer cells. It is just one of many types of personalized cancer therapies offered at UC San Diego Health.

Elizabeth S. Allen, MD
Pathologist
Assistant Professor of Pathology

Specialties:
Pathology, Hematology/Blood Diseases

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Elizabeth Allen, MD, is a board-certified pathologist who specializes in transfusion medicine, a subspecialty of pathology, encompassing blood donation, transfusion practices, stem cell collections and cellular therapy.
Hematology/Blood Diseases (cont.)

**Rafael Bejar, MD, PhD**  
Assistant Professor of Medicine

**Specialties:**  
Hematology/Blood Diseases, Cancer

**Subspecialty:**  
Leukemia & Lymphoma

**Add'l Language:**  
Spanish

**Moores Cancer Center**

**Contact:**  
New Patient Registration: (800) 926-8273

**Bio:**  
Dr. Rafael Bejar, MD, PhD, is board-certified in internal medicine, oncology, and hematology, with a special interest in hematologic malignancies (blood cancers). He specializes in the care of patients with myelodysplastic syndromes (MDS) and related blood disorders.

**Anjali Bharne, MD**  
Hematologist/Medical Oncologist

**Specialties:**  
Hematology/Blood Diseases, Cancer

**Subspecialties:**  
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

**Add'l Language:**  
Spanish

**Encinitas - Garden View Road**  
**Vista - Sycamore Avenue**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 536-7700

**Bio:**  
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

**Lynn S. Bemiller, MD**  
Hematologist/Medical Oncologist

**Specialty:**  
Hematology/Blood Diseases

**Moores Cancer Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 822-6100

**Bio:**  
Lynn S. Bemiller, MD, is a board-certified hematologist and medical oncologist who specializes in treating people with nonmalignant disorders of the blood, including anemia, bleeding or clotting problems, and white blood cell problems. She also has a special interest in transfusion medicine and global health.

**Michael Choi, MD**  
Medical Staff Physician  
Clinical Instructor

**Specialties:**  
Hematology/Blood Diseases, Cancer

**Moores Cancer Center**  
**Jacobs Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273

**Bio:**  
Dr. Choi is a hematologist and medical oncologist specializing in the treatment of patients with blood cancers and other blood disorders, with an emphasis on chronic lymphocytic leukemia (CLL). He is a part of UC San Diego's CLL research team, collaborating with the laboratories of Drs. Thomas Kipps, JanUARIO CASTRO, and Dennis Carson to help develop new therapies for patients with blood cancers. His clinical research interests include highly targeted novel therapies that can be used to treat blood cancers in a personalized and molecularly-driven manner.
Hematology/Blood Diseases (cont.)

Caitlin Costello, MD
Hematologist/Medical Oncologist
Assistant Professor of Medicine

Specialties: Blood & Marrow Transplant - BMT, Hematology/Blood Diseases, Cancer
Subspecialty: Leukemia & Lymphoma
Add'l Language: Spanish

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (866) 773-2703

Bio:
Caitlin Costello, MD, is a board-certified hematologist and medical oncologist who specializes in treating a variety of blood cancers, including multiple myeloma, lymphoma, and leukemia. She is part of the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides patients with the unique opportunity to receive care from the same physician throughout all phases of blood cancer treatment. This includes initial consultation and diagnosis, treatment to help achieve remission, care throughout stem cell transplants, and follow-up survivorship care.

Peter T. Curtin, MD
Clinical Director, Blood and Marrow Transplantation
Professor of Medicine

Specialties: Blood & Marrow Transplant - BMT, Cancer, Hematology/Blood Diseases
Subspecialty: Leukemia & Lymphoma

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

Bio:
Peter Curtin, MD, is a board-certified hematologist and oncologist who treats patients with blood-related cancers such as leukemia, lymphoma, myelodysplastic syndrome and myeloma. In his role as clinical director of Blood and Marrow Transplantation at UC San Diego Health, he leads an interdisciplinary team of physicians, advanced practitioners, nurses, social workers and support staff. Dr. Curtin offers chimeric antigen receptor (CAR) T-cell therapy to adults with relapsed or refractory B-cell lymphoma, a type of non-Hodgkin lymphoma. CAR T-cell therapy harnesses the patient’s own immune cells to recognize and kill cancer cells. It is just one of many types of personalized cancer therapies offered at UC San Diego Health.
Hematology/Blood Diseases (cont.)

Natalie Galanina, MD
Hematologist/Medical Oncologist
Assistant Professor of Medicine

- **Specialties:**
  - Hematology/Blood Diseases, Cancer

- **Subspecialties:**
  - Leukemia & Lymphoma, Precision Medicine, Immunotherapy

Moores Cancer Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6100

**Bio:**
Natalie Galanina, MD, is a hematologist who specializes in treating patients with lymphoid malignancies, including lymphoma and leukemia, as well as rare hematologic tumors.

---

Srila Gopal, MBBS
Hematologist

- **Specialty:**
  - Hematology/Blood Diseases

- **Add'l Languages:**
  - Hindi, Tamil

Moores Cancer Center
Hillcrest - Medical Offices North

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 355-5864
Direct Clinic Line: (858) 822-6100

**Bio:**
Srila Gopal, MBBS, is a board-certified hematologist who specializes in treating patients with blood disorders. She has a particular focus on hemoglobinopathies, including sickle cell disease, thalassemia, other anemias, and bleeding, clotting and white blood cell disorders. Dr. Gopal leads UC San Diego Health's adult sickle cell disease program.

---

Aaron Goodman, MD
Hematologist/Medical Oncologist
Assistant Professor of Medicine

- **Specialties:**
  - Cancer, Blood & Marrow Transplant - BMT, Hematology/Blood Diseases

- **Subspecialties:**
  - Leukemia & Lymphoma, Precision Medicine

Moores Cancer Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6100

**Bio:**
Aaron Goodman, MD, is a hematologist and medical oncologist who specializes in treating a variety of blood cancers, including acute myeloid leukemia (AML), acute lymphocytic leukemia (ALL) and multiple myeloma. He also helps people with inherited or benign blood disorders. Dr. Goodman performs stem cell transplants for cancer treatment, included autologous (stem cells come from the individual receiving the transplant) and allogeneic (the stem cells come from a matched donor) transplants.

---

Teresa Helsten, MD
Medical Oncologist
Associate Professor of Medicine

- **Specialties:**
  - Hematology/Blood Diseases, Cancer

- **Subspecialty:**
  - Breast Cancer

La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6100

**Bio:**
Teresa Helsten, MD, is a board-certified oncologist who specializes in the diagnosis and treatment of breast cancer. Dr. Helsten provides comprehensive care for women with breast cancer and offers patients the opportunity to enroll in cooperative group trials as well as industry-sponsored and investigator-initiated clinical trials.
Hematology/Blood Diseases (cont.)

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
- Cancer, Hematology/Blood Diseases

Subspecialties:
- Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.

Benjamin Heyman, MD
Hematologist

Specialties:
- Hematology/Blood Diseases, Cancer

Subspecialty:
- Leukemia & Lymphoma

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion
Moores Cancer Center

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 822-6600
- Direct Clinic Line - Moores Cancer Center: (858) 822-6100

Bio:
Benjamin Heyman, MD, is a board-certified hematologist who treats patients with blood cancers such as lymphoma, leukemia and myeloma.

Catriona Jamieson, MD, PhD
Professor of Medicine

Specialties:
- Hematology/Blood Diseases, Cancer

Subspecialty:
- Leukemia & Lymphoma

Add'l Languages:
- French, Spanish

Moores Cancer Center

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (866) 773-2703

Bio:
Catriona Jamieson, MD, PhD, is a board-certified hematologist with broad clinical expertise in caring for patients with hematologic malignancies. As hematology team leader for the Division of Hematology/Oncology at UC San Diego Health Moores Cancer Center, Dr. Jamieson’s clinical interests include the treatment of myeloproliferative neoplasms including chronic myeloid leukemia (CML), polycythemia vera (PV), myelofibrosis and essential thrombocythemia. She is also the principal investigator on several clinical trials for the treatment of these and related bone marrow disorders.
Hematology/Blood Diseases (cont.)

Dan S. Kaufman, MD, PhD  
Hematologist  
Professor of Medicine  

**Specialties:**  
Blood & Marrow Transplant - BMT, Cancer, Hematology/Blood Diseases  

**Subspecialty:**  
Leukemia & Lymphoma  

**Moores Cancer Center**  
Jacobs Medical Center  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 822-6600  

**Bio:**  
Dan Kaufman, MD, PhD, is a board-certified hematologist who specializes in caring for patients with blood cancers such as leukemia, lymphoma and myeloma. He is one of the physicians with the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides patients with the unique opportunity to receive care from the same physician throughout all phases of blood cancer treatment. This includes initial consultation and diagnosis, treatment to help achieve remission, care during stem cell transplant procedures, and follow-up survivorship care. Dr. Kaufman’s expertise and areas of interest include cell-based immunotherapies, stem cells, regenerative medicine and natural killer (NK) cell-mediated therapy. He offers chimeric antigen receptor (CAR) T-cell therapy to adults with relapsed or refractory B-cell lymphoma, a type of non-Hodgkin lymphoma. CAR T-cell therapy harnesses the patient’s own immune cells to recognize and kill cancer cells. It is just one of many types of personalized cancer therapies offered at UC San Diego Health.

Thomas James Kipps, MD, PhD  
Hematologist  
Professor of Medicine  

**Specialties:**  
Cancer, Hematology/Blood Diseases  

**Subspecialty:**  
Leukemia & Lymphoma  

**Add'l Language:**  
German  

**Moores Cancer Center**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 822-6100  

**Bio:**  
Thomas J. Kipps, MD, PhD, is a board-certified hematologist with a distinguished career in cancer research. He currently serves as the Deputy Director of Research Operations for UC San Diego Moores Cancer Center. He is the author of more than 200 publications and is the principal investigator on several peer-reviewed grants, including the NCI award for the Chronic Lymphocytic Leukemia Consortium involving collaboration with eight other cancer centers.
Hematology/Blood Diseases (cont.)

Divya T. Koura, MD
Hematologist/Medical Oncologist
Assistant Professor of Medicine

**Specialties:**
Blood & Marrow Transplant - BMT, Hematology/Blood Diseases, Cancer

**Subspecialty:**
Leukemia & Lymphoma

**Add'l Language:**
Hindi

**Moores Cancer Center**
**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

**Bio:**
Divya T. Koura, MD is a board-certified hematologist and medical oncologist who specializes in treating people with cancers of the blood and lymph system, including leukemia, lymphoma and multiple myeloma. She is part of the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides patients with the unique opportunity to receive care from the same physician throughout all phases of blood cancer treatment. This includes initial diagnosis, treatment to help achieve remission, care during stem cell transplant procedures, and follow-up survivorship care.

Carolyn Mulroney, MD
Hematologist/Medical Oncologist
Associate Professor of Medicine

**Specialties:**
Blood & Marrow Transplant - BMT, Cancer, Hematology/Blood Diseases

**Subspecialty:**
Leukemia & Lymphoma

**Moores Cancer Center**
**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

**Bio:**
Carolyn M. Mulroney, MD, is a hematologist and medical oncologist who provides autologous and allogeneic transplants to adults with a wide range of blood cancers and blood disorders, including lymphoma, leukemia, anemia, Langerhans cell histiocytosis (LCH), myelodysplasia, multiple myeloma, light-chain (AL) amyloidosis and graft versus host disease (GVHD). Dr. Mulroney offers chimeric antigen receptor (CAR) T-cell therapy to adults with relapsed or refractory B-cell lymphoma, a type of non-Hodgkin lymphoma. CAR T-cell therapy harnesses the patient's own immune cells to recognize and kill cancer cells. It is just one of many types of personalized cancer therapies offered at UC San Diego Health.
Erin Reid, MD
Hematologist
Professor of Medicine

**Specialties:**
Hematology/Blood Diseases, Cancer, HIV/AIDS

**Subspecialty:**
Leukemia & Lymphoma

**Moores Cancer Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6100

**Bio:**
Erin Reid, MD, is a board-certified hematologist who specializes in treating patients with a wide range of hematologic and HIV-related malignancies, including lymphoma and Kaposi sarcoma. She sees patients at both Moores Cancer Center and the Owen Clinic, a comprehensive HIV care center.

Sanford J Shattil, MD
Professor of Medicine

**Specialties:**
Cancer, Hematology/Blood Diseases

**Moores Cancer Center**

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
Dr. Shattil's clinical interests are in general hematology, with a particular focus on disorders of blood platelets, bleeding disorders and the diagnosis and treatment of arterial and venous thrombosis. His basic research interests are in the areas of cell adhesion and cell signaling in normal and abnormal blood and vascular cells.

Tony Reid, MD, PhD
Professor of Medicine

**Specialties:**
Cancer, Hematology/Blood Diseases

**Subspecialties:**
Gastrointestinal Cancers, Pancreatic Cancer

**Moores Cancer Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6100

**Bio:**
As a physician, I strongly believe that we need better and more advanced therapies to treat cancer, but I also feel it is very important to carefully tailor the treatment to the individual patient. There is an increasing array of options for treatment for cancer including chemotherapy, targeted therapies, surgery and radiation and many patients need a combined and coordinated strategy that may include several of these options to achieve the optimal results. We have excellent surgeons and radiation therapists at UC San Diego Healthcare and we work closely as a team to provide the best possible care for our patients.

Fareeha Siddiqui, MD
Medical Oncologist/Hematologist

**Specialties:**
Hematology/Blood Diseases, Cancer

**Subspecialties:**
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer

**Add'l Languages:**
French, Urdu

**Encinitas - Garden View Road**
**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 536-7700
Direct Clinic Line - Vista: (760) 536-7737

**Bio:**
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.
Hematology/Blood Diseases (cont.)

Tiffany N. Tanaka, MD
Hematologist

Specialties:
Hematology/Blood Diseases, Cancer
Subspecialty:
Leukemia & Lymphoma

Jacobs Medical Center
Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 355-5864
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

Bio:
Tiffany N. Tanaka, MD, is a board-certified hematologist specializing in the diagnosis and treatment of blood cancers and blood disorders, with an emphasis on myeloid malignancies.

Dimitrios Tzachanis, MD, PhD
Hematologist/Medical Oncologist
Assistant Professor of Medicine

Specialties:
Cancer, Blood & Marrow Transplant - BMT, Hematology/Blood Diseases
Subspecialty:
Leukemia & Lymphoma
Add'l Languages:
German, Greek

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

Bio:
Dimitrios Tzachanis, MD, PhD, is a board-certified hematologist and medical oncologist who specializes in treating people with cancers of the blood and lymph system, including lymphoma, myeloma, leukemia, myelodysplastic syndromes (MDS) and myeloproliferative neoplasms (MPN). He is a transplant physician for the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides comprehensive blood and marrow transplant services, including autologous and allogeneic stem cell transplantation.
Hematology/Blood Diseases (cont.)

Annette Von Drygalski, MD, PharmD
Director, Hemophilia and Thrombosis Treatment Center
Associate Professor of Medicine

Specialty: Hematology/Blood Diseases
Add'l Languages: French, German

La Jolla - 8929 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5947

Bio:
Annette von Drygalski, MD, PharmD, is a board-certified hematologist who cares for people with diseases of the blood, spleen and lymph. She directs the Hemophilia and Thrombosis Treatment Center at UC San Diego Health. In this role, Dr. von Drygalski developed translational and clinical research interests addressing the evolving needs of aging patients with hemophilia, such as cardiovascular and joint disease.

Matthew Wieduwilt, MD, PhD
Hematologist/Medical Oncologist
Associate Professor of Medicine

Specialties: Blood & Marrow Transplant - BMT, Cancer, Hematology/Blood Diseases
Subspecialty: Leukemia & Lymphoma

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

Bio:
Matthew Wieduwilt, MD, PhD, is a board-certified hematologist and medical oncologist who cares for people with blood cancers, with a special focus in acute leukemia and bone marrow transplantation. He is a part of the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides patients with the unique opportunity to receive care from the same physician throughout all phases of blood cancer treatment.
Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about sports medicine at UC San Diego Health System.

Reid Allen Abrams, MD
Orthopedic Surgeon
Chief of Hand and Microvascular Surgery
Chair of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Reid Abrams, MD, is a board-certified orthopedic and hand surgeon. He is chief of Hand and Microvascular Surgery and chairman of the Department of Orthopaedic Surgery. Dr. Abrams' expertise includes treating severe upper limb trauma; nerve injuries; tendon injuries; arthritis of the elbow wrist and hand; carpal tunnel syndrome; Dupuytren's contracture; as well as fractures and sports injuries of the elbow, forearm, wrist and hand.

Suraj A. Achar, MD, FAAFP
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Languages:
French, Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Suraj A. Achar, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating and preventing injuries associated with athletics. He is highly experienced in ultrasound guided diagnostics and procedures. Dr. Achar also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Sports Medicine (cont.)

David E.J. Bazzo, MD
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine
Add'l Languages:
Italian, Spanish

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
David E.J. Bazzo, MD, is a board-certified family medicine doctor who specializes in sports medicine. Dr. Bazzo’s expertise includes diagnosing, treating and preventing injuries associated with athletics. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. Currently, he sees patients for sports injuries through referral.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine
Subspecialties:
Spine, Sports Medicine
Add'l Language:
German

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.

Dana Curtis Covey, MD
Orthopedic Surgeon and Sports Medicine Physician
Clinical Professor of Orthopedic Surgery

Specialties:
Sports Medicine, Orthopedics, Surgery

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dana Covey, MD, is a board-certified orthopedic surgeon. He specializes in sports medicine with an emphasis on knee and shoulder injuries. Dr. Covey sees patients with knee ligament tears and shoulder dislocation.
Sports Medicine \(\textit{cont.}\)

\[\text{David J. Dalstrom, MD}\]
Orthopedic Surgeon

\textbf{Specialties:} Orthopedics, Sports Medicine

\textbf{Subspecialties:} Foot & Ankle, Orthopedic Trauma

La Jolla - Koman Family Outpatient Pavilion

\textbf{Contact:}
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

\textbf{Bio:}
David Dalstrom, MD, is a board-certified orthopedic surgeon who specializes in treating traumatic injuries, degenerative conditions and sports injuries of the foot and ankle.

\[\text{Eric Hentzen, MD, PhD}\]
Orthopedic Surgeon
Assistant Professor of Orthopedic Surgery

\textbf{Specialties:} Orthopedics, Sports Medicine

\textbf{Subspecialties:} Hand & Upper Extremity, Sports Medicine

\textbf{Add'l Languages:} German, Spanish

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

\textbf{Contact:}
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line: (844) 747-0474

\textbf{Bio:}
Dr. Hentzen, assistant professor of orthopedic surgery, specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.

\[\text{Amelia Eastman, DO}\]
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

\textbf{Specialties:} Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

\textbf{Contact:}
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

\textbf{Bio:}
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body’s natural tendency for good health.
Sports Medicine (cont.)

William T. Kent, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialty:
Orthopedic Trauma

Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 4520 Executive Drive
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
William Kent, MD, is an orthopedic surgeon who specializes in treating fractures related to trauma, sports injuries and fractures around total joint replacements. His clinical practice includes treating fractures of the acetabulum, hip, pelvis, clavicle, humerus, elbow, forearm, femur, tibia, ankle and foot.

Bryan T. Leek, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Sports Medicine, Orthopedics

Subspecialty:
Hand & Upper Extremity

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Bryan Leek, MD, is a board-certified orthopedic surgeon who specializes in caring for sports and upper extremity injuries, including arthroscopy and reconstruction of the knee, shoulder, elbow, wrist, and hand. He has a particular interest in treating shoulder injuries, performing arthroscopic and open techniques in repair and reconstruction. He performs both anatomic and reverse shoulder arthroplasty. He treats traumatic, overuse, and degenerative injuries, including arthritis of both the upper and lower extremity. Dr. Leek is also trained in microscopic and minimally invasive surgical techniques involving the hand and upper extremity.
Sports Medicine (cont.)

Amy Leu, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

Additional Language:
Spanish

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Amy Leu, DO, is a board-certified family medicine doctor who specializes in sports medicine. Her expertise includes diagnosing, treating and preventing injuries associated with athletics, including acute and stress fractures, sprains and overuse injuries. She also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Sarah Merrill, MD
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Additional Language:
Spanish

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750
Direct Clinic Line: (858) 657-8200

Bio:
Sarah Merrill, MD, is a board-certified family medicine doctor who specializes in sports medicine. In addition to diagnosing and treating injuries associated with athletics, Dr. Merrill provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. She also has a special interest in rehabilitating individuals with yoga injuries, as well as performing ultrasound guided diagnostics and procedures.
Sports Medicine (cont.)

Matthew Meunier, MD
Orthopedic Surgeon
Professor of Orthopaedic Surgery

Specialties:
- Orthopedics, Sports Medicine
Subspecialties:
- Sports Medicine, Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Matthew Meunier, MD, is a board-certified orthopedic surgeon who specializes in hand, upper extremity and microvascular surgery to treat a variety of conditions, including fractures and dislocations, shoulder injuries, chronic wrist pain, and congenital hand disorders. He is one of the region’s top hand injury experts and serves as associate team physician for the San Diego Padres.

Catherine M. Robertson, MD
Chief of Sports Medicine
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
- Orthopedics, Sports Medicine
Subspecialties:
- Hand & Upper Extremity, Joint, Sports Medicine
Add'l Language:
- Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

Bio:
Catherine M. Robertson, MD, is a board-certified orthopedic surgeon who specializes in treating injuries of the shoulder, knee and hip. She uses minimally invasive techniques for restoring joint function and to treat complex ligament, tendon, cartilage and meniscus injuries. Dr. Robertson is one of the few physicians in Southern California with specialized training in hip arthroscopy (minimally invasive hip surgery) and uses this advanced technique to treat femoroacetabular impingement (FAI) and labral tears of the hip.

Richard Parker, DO
Primary Care Physician and Sports Medicine Specialist

Affiliated Provider

Specialties:
- Primary Care, Sports Medicine

Contact:

Bio:
Richard Parker, DO, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. He is a member of UC San Diego Health Physician Network.
Sports Medicine (cont.)

Alan Shahtaji, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

La Jolla - 9333 Genesee Avenue
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health’s Sports Concussion Clinic, which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.

Kenneth S. Taylor, MD
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Add'l Language:
Spanish

Specialties:
Primary Care, Family Medicine, Sports Medicine

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Kenneth S. Taylor, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing athletic injuries. Dr. Taylor has a special interest in using musculoskeletal ultrasound to perform diagnostic and therapeutic treatments. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Sports Medicine (cont.)

Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine
Subspecialty:
Sports Medicine
Add'l Language:
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale's expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.

Natalie Voskanian, MD
Sports Medicine Physician
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine
Add'l Languages:
Armenian, Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

Bio:
Natalie Voskanian, MD, is a board-certified sports medicine physician with expertise in the nonsurgical treatment of sports-related injuries and musculoskeletal conditions, including sprains, ligament injuries, tendonitis and overuse injuries such runner's knee.
Index

A
Abrams, Reid Allen ........................................ 11
Achar, Suraj A. .................................................. 11
Adamson, John W ............................................. 1
Allen, Elizabeth S ............................................. 1

B
Ball, Edward (Ted) ........................................... 1
Basso, David E.J .................................................... 12
Bejar, Rafael ...................................................... 2
Bemiller, Lynn S .................................................. 2
Bharne, Anjali .................................................... 2

C
Chang, Douglas ............................................... 12
Choi, Michael ................................................... 2
Costello, Caitlin .................................................. 3
Covey, Dana Curtis ............................................ 12
Curtin, Peter T ................................................... 3

D
Dalstrom, David J ............................................... 13

E
Eastman, Amelia ................................................ 13

G
Galanina, Natalie ............................................. 4
Goodman, Aaron ............................................. 4
Gopal, Srilata ................................................... 4

H
Helsten, Teresa .................................................. 4
Helton, Derek .................................................... 5
Hentzen, Eric .................................................... 13
Heyman, Benjamin .......................................... 5

J
Jamieson, Catriona ........................................... 5

K
Kaufman, Dan S .............................................. 6
Kent, William T ................................................ 14
Kipps, Thomas James .................................... 6
Koura, Divya T .................................................. 7

L
Leek, Bryan T .................................................. 14
Leu, Amy ....................................................... 15

M
Merrill, Sarah ................................................... 15
Meunier, Matthew .......................................... 16

P
Parker, Richard ............................................... 16

R
Reid, Erin ....................................................... 8
Reid, Tony ....................................................... 8
Robertson, Catherine M ................................. 16

S
Shahtaji, Alan .................................................. 17
Shattil, Sanford J ............................................ 8
Siddiqui, Fareeha ............................................. 8

T
Tanaka, Tiffany N ............................................. 9
Taylor, Kenneth S ........................................... 17
Tzachanis, Dimitrios ...................................... 9

V
Vitale, Kenneth ............................................... 18
Von Drygalski, Annette .................................. 10
Voskanian, Natalie ......................................... 18

W
Wieduwilt, Matthew ...................................... 10