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# Table of Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hospital Medicine</td>
<td>1</td>
</tr>
<tr>
<td>Sports Medicine</td>
<td>8</td>
</tr>
<tr>
<td>Index</td>
<td>17</td>
</tr>
</tbody>
</table>
Hospital Medicine

Hospital medicine is concerned with the medical care of acutely ill inpatients.

Ali Amirrezvani, MD
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine
Add'l Languages:
Persian, Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Ali Amirrezvani, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Amirrezvani is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's hospital discharge, Dr. Amirrezvani communicates with their regular physician to ensure quality care.

Deepak Asudani, MBBS
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine
Add'l Language:
Hindi

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Deepak Asudani, MBBS, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Asudani is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's hospital discharge, Dr. Asudani communicates with their regular physician to ensure quality care. He serves as vice chief of Clinical Operations within the Division of Hospital Medicine. He also is a medical director for International Patients Program for inpatients.
Hospital Medicine (cont.)

Jaswinder P. Bajwa, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Jaswinder Bajwa, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Bajwa is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s hospital discharge, Dr. Bajwa communicates with their regular physician to ensure quality care.

John Frederick Bell, MD, MPH
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
John Bell, MD, MPH, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Bell is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s hospital discharge, Dr. Bell communicates with their regular physician to ensure quality care.

Jessica G. Bazick, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Jessica Bazick, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Bazick is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s hospital discharge, Dr. Bazick communicates with their regular physician to ensure quality care.

Daniel Bouland, MD, FACP
Hospitalist
Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Daniel Bouland, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Bouland is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Bouland communicates with their regular physician to ensure quality care.
Hospital Medicine (cont.)

Brian Clay, MD
Hospitalist
Professor of Medicine

Specialty:
Hospital Medicine
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Brian Clay, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Clay is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's discharge, Dr. Clay communicates with their regular physician to ensure quality care.

Michele DeKorte, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Michele DeKorte, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. DeKorte is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient's discharge, Dr. DeKorte communicates with their regular physician to ensure quality care.

Robert El-Kareh, MD, MPH
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Robert El-Kareh, MD, MPH, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. El-Kareh is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's discharge, Dr. El-Kareh communicates with their regular physician to ensure quality care.

Nikhil R. Gandhi, MD, FACP
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Nikhil Gandhi, MD, FACP, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Gandhi is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's discharge, Dr. Gandhi communicates with their regular physician to ensure quality care.
Hospital Medicine (cont.)

Sarah Horman, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Sarah Horman, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Horman is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Horman communicates with their regular physician to ensure quality care.

Bryan Huang, MD
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Bryan Huang, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Huang is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Huang communicates with their regular physician to ensure quality care.

Ian Jenkins, MD
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Ian Jenkins, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Jenkins is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Jenkins communicates with their regular physician to ensure quality care.

Bethany E. Karl, DO
Nephrologist
Assistant Professor of Medicine

Specialties:
Hospital Medicine, Nephrology (Kidney)

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Bethany E. Karl, DO, is board-certified nephrologist. She is an assistant professor in Department of Medicine and works in the Divisions of Nephrology as well as Hospital Medicine at UC San Diego School of Medicine.
Hospital Medicine (cont.)

Michael Montazeri, MD
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Michael Montazeri, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Montazeri is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's discharge, Dr. Montazeri communicates with their regular physician to ensure quality care.

Pedro Ramos, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Pedro Ramos, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Ramos is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's discharge, Dr. Ramos communicates with their regular physician to ensure quality care.

Jennifer Quartarolo, MD
Hospitalist
Associate Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Jennifer Quartarolo, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Quartarolo is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient's discharge, Dr. Quartarolo communicates with their regular physician to ensure quality care.

Reid Sasaki, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Reid Sasaki, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Sasaki is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's discharge, Dr. Sasaki communicates with their regular physician to ensure quality care.
Hospital Medicine (cont.)

Meghan Sebasky, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Meghan Sebasky, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Sebasky is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Sebasky communicates with their regular physician to ensure quality care.

Gregory B. Seymann, MD
Hospitalist
Professor of Medicine

Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Gregory Seymann, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Seymann is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's discharge, Dr. Seymann communicates with their regular physician to ensure quality care.

Kenton O. Smitherman, MD
Hospitalist
Professor of Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Kenton Smitherman, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Smitherman is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's discharge, Dr. Smitherman communicates with their regular physician to ensure quality care.

Natasha Surette, MD
Hospitalist
Assistant Professor of Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Natasha Surette, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Surette is assigned to patients at the time of admission and provides care only during their hospital stay. She does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Surette communicates with their regular physician to ensure quality care.
Hospital Medicine (cont.)

Vaishal Tolia, MD, MPH, FACEP
Medical Director, Emergency Department
Associate Professor of Emergency Medicine

Specialties:
Emergency Medicine, Hospital Medicine
Add'l Language:
Gujarati

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Emergency Department - Hillcrest: (619) 543-6400

Bio:
Vaishal Tolia, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people in the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization and referring patients to appropriate specialty departments.

Jay Varughese, MD
Hospitalist
Assistant Professor of Medicine

Specialty:
Hospital Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Jay Varughese, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Varughese is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient's discharge, Dr. Varughese communicates with their regular physician to ensure quality care.
Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about sports medicine at UC San Diego Health.

Reid Allen Abrams, MD
Orthopedic Surgeon
Chief of Hand and Microvascular Surgery
Chair of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine
Subspecialties:
Hand & Upper Extremity, Sports Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Reid Abrams, MD, is a board-certified orthopedic and hand surgeon. He is chief of Hand and Microvascular Surgery and chairman of the Department of Orthopaedic Surgery. Dr. Abrams' expertise includes treating severe upper limb trauma; nerve injuries; tendon injuries; arthritis of the elbow wrist and hand; carpal tunnel syndrome; Dupuytren's contracture; as well as fractures and sports injuries of the elbow, forearm, wrist and hand.

Suraj A. Achar, MD, FAAFP
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine
Add'l Languages:
French, Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Suraj A. Achar, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing injuries associated with athletics. He is highly experienced in ultrasound-guided diagnostics and procedures. Dr. Achar also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Sports Medicine (cont.)

David E.J. Bazzo, MD
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine
Add'l Languages:
Italian, Spanish

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
David E.J. Bazzo, MD, is a board-certified family medicine doctor who specializes in sports medicine. Dr. Bazzo’s expertise includes diagnosing, treating and preventing injuries associated with athletics. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. Currently, he sees patients for sports injuries through referral.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine
Subspecialties:
Spine, Sports Medicine
Add'l Language:
German

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.

Dana Curtis Covey, MD
Orthopedic Surgeon and Sports Medicine Physician
Clinical Professor of Orthopedic Surgery

Specialties:
Sports Medicine, Orthopedics, Surgery

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Dana Covey, MD, is a board-certified orthopedic surgeon. He specializes in sports medicine with an emphasis on knee and shoulder injuries. Dr. Covey sees patients with knee ligament tears and shoulder dislocation.
Sports Medicine (cont.)

David J. Dalstrom, MD
Orthopedic Surgeon

Specialties:
- Orthopedics, Sports Medicine

Subspecialties:
- Foot & Ankle, Orthopedic Trauma

La Jolla - Koman Family Outpatient Pavilion

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 657-8200

Bio:
- David Dalstrom, MD, is a board-certified orthopedic surgeon who specializes in treating traumatic injuries, degenerative conditions and sports injuries of the foot and ankle.

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
- Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 657-6035
- Direct Clinic Line: (844) 747-0474

Bio:
- Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body’s natural tendency for good health.

Samuel Galloway, MD
Primary Care Physician and Sports Medicine Specialist

Specialties:
- Primary Care, Family Medicine, Sports Medicine

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive
Hillcrest - 4th & Lewis Medical Offices

Contact:
- Registration and Scheduling: (800) 926-8273
- Direct Clinic Line: (858) 657-8600

Bio:
- Sam Galloway, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating and preventing injuries associated with athletics. He is skilled in performing joint injections and other ultrasound-guided procedures for musculoskeletal conditions.

Eric Hentzen, MD, PhD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
- Orthopedics, Sports Medicine

Subspecialties:
- Hand & Upper Extremity, Sports Medicine

Add'l Languages:
- German, Spanish

Encinitas - Garden View Road
Hillcrest - Medical Offices North

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 657-8200

Bio:
- Eric Hentzen, MD, PhD, is a board-certified orthopedic surgeon who specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.
Sports Medicine (cont.)

**William T. Kent, MD**  
Orthopedic Surgeon  
Assistant Professor of Orthopaedic Surgery

**Specialties:**  
Orthopedics, Sports Medicine

**Subspecialty:**  
Orthopedic Trauma

**Add'l Language:**  
Spanish

**Jacobs Medical Center**  
**La Jolla - 4520 Executive Drive**  
**Hillcrest - UC San Diego Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

**Bio:**  
William Kent, MD, is an orthopedic surgeon who specializes in treating fractures related to trauma, sports injuries and fractures around total joint replacements. His clinical practice includes treating fractures of the acetabulum, hip, pelvis, clavicle, humerus, elbow, forearm, femur, tibia, ankle and foot.

**Bryan T. Leek, MD**  
Orthopedic Surgeon  
Associate Professor of Orthopaedic Surgery

**Specialties:**  
Sports Medicine, Orthopedics

**Subspecialty:**  
Hand & Upper Extremity

**La Jolla - 4520 Executive Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

**Bio:**  
Bryan Leek, MD, is a board-certified orthopedic surgeon who specializes in treating sports and upper extremity injuries, including arthroscopy and reconstruction of the knee, shoulder, elbow, wrist, and hand. He has a particular interest in treating shoulder injuries, performing arthroscopic and open techniques in repair and reconstruction. He performs both anatomic and reverse shoulder arthroplasty. He treats traumatic, overuse, and degenerative injuries, including arthritis of both the upper and lower extremity. Dr. Leek is trained in microscopic and minimally invasive surgical techniques involving the hand and upper extremity.
Sports Medicine (cont.)

Amy Leu, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

Add'l Language:
Spanish

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Amy Leu, DO, is a board-certified family medicine doctor who specializes in sports medicine. Her expertise includes diagnosing, treating and preventing injuries associated with athletics, including acute and stress fractures, sprains and overuse injuries. She also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Sarah Merrill, MD
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Language:
Spanish

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive
Hillcrest - 4th & Lewis Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-7750
Direct Clinic Line: (858) 657-8200

Bio:
Sarah Merrill, MD, is a board-certified family medicine doctor who specializes in sports medicine. In addition to diagnosing and treating injuries associated with athletics, Dr. Merrill provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. She also has a special interest in rehabilitating individuals with yoga injuries, as well as performing ultrasound guided diagnostics and procedures.

Brian Livingstone, ATC
Athletic Trainer

Specialties:
Athletic Training, Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Brian Livingstone, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation and performance enhancement. He has additional certifications as a corrective exercise specialist (CES) and a performance enhancement specialist (PES).

Kevin Messey, MS, ATC
Athletic Trainer

Specialties:
Athletic Training, Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kevin Messey, MS, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation, and rehabilitation. He has additional certifications as a corrective exercise specialist (CES) and a certified strength and conditioning specialist (CSCS).
Matthew Meunier, MD
Orthopedic Surgeon
Professor of Orthopaedic Surgery

Specialties: Orthopedics, Sports Medicine
Subspecialties: Sports Medicine, Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Matthew Meunier, MD, is a board-certified orthopedic surgeon who specializes in hand, upper extremity and microvascular surgery to treat a variety of conditions, including fractures and dislocations, shoulder injuries, chronic wrist pain, and congenital hand disorders. He is one of the region’s top hand injury experts and an associate team physician for the San Diego Padres. He was a consultant physician for the San Diego Chargers.

Catherine M. Robertson, MD
Chief of Sports Medicine
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties: Orthopedics, Sports Medicine
Subspecialties: Hand & Upper Extremity, Joint, Sports Medicine
Add'l Language: Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

Bio:
Catherine M. Robertson, MD, is a board-certified orthopedic surgeon who specializes in treating injuries of the shoulder, knee and hip. She uses minimally invasive techniques for restoring joint function and to treat complex ligament, tendon, cartilage and meniscus injuries. Dr. Robertson is one of the few physicians in Southern California with specialized training in hip arthroscopy (minimally invasive hip surgery) and uses this advanced technique to treat femoroacetabular impingement (FAI) and labral tears of the hip.

Richard Parker, DO
Primary Care Physician and Sports Medicine Specialist

Affiliated Provider

Specialties: Primary Care, Sports Medicine

College Area - 6699 Alvarado Rd

Contact:

Bio:
Richard Parker, DO, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. He is a member of UC San Diego Health Physician Network.
Sports Medicine (cont.)

Alan Shahtaji, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

La Jolla - 9333 Genesee Avenue
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 4520 Executive Drive
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health's [Sports Concussion Clinic](https://health.ucsd.edu), which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.

Kenneth S. Taylor, MD
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Kenneth S. Taylor, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing athletic injuries. Dr. Taylor has a particular interest in using musculoskeletal ultrasound to perform diagnostic and therapeutic treatments. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Sports Medicine (cont.)

Jacqueline (Jackie) Upton, MS, ATC, PA-C
Physician Assistant

Specialties:  
Orthopedics, Sports Medicine
Subspecialty:  
Sports Medicine

La Jolla - 4520 Executive Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

Bio:  
Jackie Upton, MS, is a certified physician assistant (PA-C) and certified athletic trainer (ATC) who cares for patients with orthopedic sports injuries. She is part of the multidisciplinary team that provides state-of-the-art care to athletes of all ages. Her areas of expertise include evaluating and treating acute and chronic sports injuries, as well as orchestrating pre and postoperative patient care. She also provides support to the Sports Medicine Program at UC San Diego Health, where she assists in the care of high school and collegiate athletes.

Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist  
Associate Professor of Orthopaedic Surgery

Specialties:  
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine
Subspecialty:  
Sports Medicine
Add'l Language:  
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

Bio:  
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale’s expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.

Natalie Voskanian, MD
Sports Medicine Physician  
Associate Professor of Orthopaedic Surgery

Specialties:  
Orthopedics, Sports Medicine
Add'l Languages:  
Armenian, Spanish

La Jolla - 4520 Executive Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (844) 377-7678

Bio:  
Natalie Voskanian, MD, is a board-certified sports medicine physician with expertise in the nonsurgical treatment of sports-related injuries and musculoskeletal conditions, including sprains, ligament injuries, tendonitis and overuse injuries such as a runner’s knee.
Sports Medicine (cont.)

Adrienne Wilson, MS, ATC
Athletic Trainer

Specialties:
Athletic Training, Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Adrienne Wilson, MS, is a certified athletic trainer (ATC) who specializes in injury prevention and individualized exercise programs for people of all ages. She also has expertise in acute injury management, the Graston Technique and other soft-tissue work, and concussion management. Her philosophy of patient care emphasizes educating active people about their bodies and giving them the tools they need to stay healthy and active.
# Index

<table>
<thead>
<tr>
<th>Page</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Asudani, Deepak</td>
</tr>
<tr>
<td>2</td>
<td>Bajwa, Jaswinder P.</td>
</tr>
<tr>
<td>2</td>
<td>Bazick, Jessica G.</td>
</tr>
<tr>
<td>2</td>
<td>Bazzo, David E.J.</td>
</tr>
<tr>
<td>2</td>
<td>Bell, John Frederick</td>
</tr>
<tr>
<td>2</td>
<td>Boulard, Daniel</td>
</tr>
<tr>
<td>3</td>
<td>Covey, Dana Curtis</td>
</tr>
<tr>
<td>3</td>
<td>DeKorte, Michele</td>
</tr>
<tr>
<td>3</td>
<td>El-Kareh, Robert</td>
</tr>
<tr>
<td>3</td>
<td>Eastman, Amelia</td>
</tr>
<tr>
<td>10</td>
<td>Galloway, Samuel</td>
</tr>
<tr>
<td>10</td>
<td>Gandhi, Nikhil R.</td>
</tr>
<tr>
<td>4</td>
<td>Huang, Bryan</td>
</tr>
<tr>
<td>4</td>
<td>Hentzen, Eric</td>
</tr>
<tr>
<td>4</td>
<td>Hornman, Sarah</td>
</tr>
<tr>
<td>4</td>
<td>Huang, Bryan</td>
</tr>
<tr>
<td>4</td>
<td>Jenkins, Ian</td>
</tr>
<tr>
<td>4</td>
<td>Karl, Bethany E.</td>
</tr>
<tr>
<td>4</td>
<td>Kent, William T.</td>
</tr>
<tr>
<td>5</td>
<td>Kent, William T.</td>
</tr>
<tr>
<td>5</td>
<td>Leek, Bryan T.</td>
</tr>
<tr>
<td>5</td>
<td>Leu, Amy</td>
</tr>
<tr>
<td>5</td>
<td>Livingstone, Brian</td>
</tr>
<tr>
<td>6</td>
<td>Merrill, Sarah</td>
</tr>
<tr>
<td>6</td>
<td>Messey, Kevin</td>
</tr>
<tr>
<td>6</td>
<td>Mesnier, Matthew</td>
</tr>
<tr>
<td>6</td>
<td>Montazeri, Michael</td>
</tr>
<tr>
<td>6</td>
<td>Parker, Richard</td>
</tr>
<tr>
<td>6</td>
<td>Quartarolo, Jennifer</td>
</tr>
<tr>
<td>6</td>
<td>Ramos, Pedro</td>
</tr>
<tr>
<td>6</td>
<td>Robertson, Catherine M.</td>
</tr>
<tr>
<td>7</td>
<td>Shahtaji, Alan</td>
</tr>
<tr>
<td>7</td>
<td>Smitherman, Kenton O.</td>
</tr>
<tr>
<td>7</td>
<td>Surette, Natasha</td>
</tr>
<tr>
<td>7</td>
<td>Taylor, Kenneth S.</td>
</tr>
<tr>
<td>7</td>
<td>Tolia, Vaishal</td>
</tr>
<tr>
<td>10</td>
<td>Upton, Jacqueline (Jackie)</td>
</tr>
<tr>
<td>14</td>
<td>Varughese, Jay</td>
</tr>
<tr>
<td>15</td>
<td>Vitale, Kenneth</td>
</tr>
<tr>
<td>15</td>
<td>Voskanian, Natalie</td>
</tr>
<tr>
<td>16</td>
<td>Wilson, Adrienne</td>
</tr>
</tbody>
</table>