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Rheumatology

Rheumatology is a medical specialization concerned with the study and treatment of rheumatic disease; diseases which are usually caused by inflammation, swelling and pain in the joints and muscles. Learn more about [rheumatology](https://health.ucsd.edu) at UC San Diego Health.

**Harry Bluestein, MD**
Rheumatologist

**Specialty:**
Rheumatology

**La Jolla - Perlman Medical Offices**
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

**Bio:**
Dr. Bluestein's research interests included the identification and characterization of cell membrane molecules that serve as targets of SLE antibodies and on the role of those antibodies in the pathogenesis of SLE, particularly the neuropsychiatric manifestations. He is now retired as a researcher.

**Arnold Ceponis, MD, PhD**
Rheumatologist
Associate Professor of Medicine

**Specialty:**
Rheumatology

**La Jolla - Perlman Medical Offices**
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

**Bio:**
Arnold Ceponis, MD, is a board-certified rheumatologist with clinical and research interest in musculoskeletal ultrasound. In addition to long-established methods of diagnosis and treatment of rheumatic and systemic diseases, Dr. Ceponis uses in-office ultrasonography for diagnosis and ultrasound-guided injections of joints and other musculoskeletal structures.

**Nunzio Bottini, MD, PhD**
Rheumatologist
Professor of Medicine

**Specialty:**
Rheumatology

**Add'l Language:**
Italian

**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

**Bio:**
Nunzio Bottini, MD, PhD, is a rheumatologist who treats a variety of musculoskeletal diseases and autoimmune conditions, including rheumatoid arthritis and scleroderma.

**Soo-In Choi, MD**
Rheumatologist
Associate Professor of Medicine

**Specialty:**
Rheumatology

**Add'l Language:**
Korean

**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

**Bio:**
Soo Choi, MD, is a board-certified rheumatologist who diagnoses and treats autoimmune conditions and musculoskeletal diseases that affect the joints, muscles, connective tissue and bones. This may include conditions such as back pain and muscle strains, and diseases such as osteoarthritis, rheumatoid arthritis, gout and lupus.
Rheumatology (cont.)

Gary S. Firestein, MD
Rheumatologist
Dean and Associate Vice Chancellor for Clinical and Translational Research

Specialty:
Rheumatology

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Gary Firestein, MD, is a board-certified rheumatologist who diagnoses and treats patients with autoimmune conditions as well as diseases of the joints, muscles and bones. These conditions may include rheumatoid arthritis, osteoarthritis, gout, chronic back pain, tendinitis, and lupus.

Monica Guma, MD, PhD
Rheumatologist

Specialty:
Rheumatology
Add'l Language:
Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Monica Guma, MD, PhD, is a rheumatologist who treats a variety of musculoskeletal diseases and autoimmune conditions, including rheumatoid arthritis and spondyloarthritis.

Mark Ginsberg, MD
Rheumatologist
Professor of Medicine

Specialty:
Rheumatology

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Mark Ginsberg, MD is a rheumatologist with who diagnoses and treats chronic musculoskeletal and systemic autoimmune conditions. He offers nonsurgical treatment for diseases such as osteoarthritis, gout and rheumatoid arthritis.

Bonnie Hepburn, MD

Specialty:
Rheumatology

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Dr. Hepburn received her MD from the University of Pennsylvania School of Medicine and completed her residency training at the Mayo Graduate School of Medicine.
Rheumatology (cont.)

Kenneth Kalunian, MD
Professor of Clinical Medicine

Specialty:
Rheumatology

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
Dr. Kenneth Kalunian is the Associate Director of the Center for Innovative Therapy and also a Professor in the Division of Rheumatology, Allergy and Immunology in the School of Medicine at UC San Diego.

Susan J Lee, MD
Associate Professor of Medicine

Specialty:
Rheumatology

Add'l Language:
Korean

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
In addition to clinical practice, Dr. Lee is actively involved in numerous clinical research as well as outcomes research.

Arthur Kavanaugh, MD
Professor of Medicine

Specialty:
Rheumatology

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
Rheumatologist, Clinical Immunologist

Gregory D. Middleton, MD
Rheumatologist
Professor of Medicine and Orthopaedic Surgery

Specialties:
Rheumatology, Orthopedics

Subspecialty:
Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Road
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Gregory D. Middleton, MD, is a board-certified rheumatologist who specializes in the nonsurgical care of patients with joint and muscle pain, particularly those with rheumatic disorders such as osteoarthritis. He takes a comprehensive approach to treating arthritis, pain and autoimmune diseases, and strives to help patients maintain a satisfying and active lifestyle.
Rheumatology (cont.)

Katherine Nguyen, MD
Rheumatologist
Associate Professor of Medicine

Specialty:
Rheumatology

Add'l Language:
Vietnamese

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line - La Jolla: (858) 657-6110

Bio:
Katherine Nguyen, MD, is a board-certified rheumatologist who treats general rheumatology conditions, with a special focus on treating the autoimmune diseases Sjögren's syndrome and rheumatoid arthritis (RA).

Abha G. Singh, MD
Rheumatologist
Assistant Professor of Medicine

Specialty:
Rheumatology

Add'l Languages:
Hindi, Punjabi

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
Abha Singh, MD, is a board-certified rheumatologist. She diagnoses and treats autoimmune conditions as well as diseases of the joints, muscles and bones, including rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis, reactive arthritis, myositis, scleroderma, systemic lupus erythematosus (SLE or lupus), vasculitis, gout, polymyalgia rheumatica, and osteoarthritis.

Brian A. Pedersen, MBBS
Rheumatologist
Assistant Professor of Medicine

Specialty:
Rheumatology

Add'l Language:
Spanish

Hillcrest - Medical Offices South
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line - Encinitas: (760) 536-7300

Bio:
Brian A. Pedersen, MBBS, is a board-certified rheumatologist. He diagnoses and treats autoimmune conditions and musculoskeletal diseases that affect the joints, muscles, connective tissue and bones. This may include conditions such as back pain and muscle strains, and diseases such as osteoarthritis, rheumatoid arthritis, gout, and lupus.

Chelsey Forbess Smith, MD
Rheumatologist
Assistant Professor of Medicine

Specialty:
Rheumatology

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-6110

Bio:
Chelsey Smith, MD, is a board-certified rheumatologist who treats patients with rheumatic diseases, including rheumatoid arthritis, systemic lupus erythematosus, and other conditions.
Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about [sports medicine](https://health.ucsd.edu) at UC San Diego Health.

Reid Allen Abrams, MD
Orthopedic Surgeon
Chief of Hand and Microvascular Surgery
Chair of Orthopaedic Surgery

**Specialties:**
Orthopedics, Sports Medicine

**Subspecialties:**
Hand & Upper Extremity, Sports Medicine

**Hillcrest - UC San Diego Medical Center**
**La Jolla - 4520 Executive Drive**
**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Reid Abrams, MD, is a board-certified orthopedic and hand surgeon. He is chief of Hand and Microvascular Surgery and chairman of the Department of Orthopaedic Surgery. Dr. Abrams' expertise includes treating severe upper limb trauma; nerve injuries; tendon injuries; arthritis of the elbow wrist and hand; carpal tunnel syndrome; Dupuytren's contracture; as well as fractures and sports injuries of the elbow, forearm, wrist and hand.

Suraj A. Achar, MD, FAAFP
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine, Sports Medicine

**Add'l Languages:**
French, Spanish

**La Jolla - 9333 Genesee Avenue**
**La Jolla - 4520 Executive Drive**

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600
Direct Clinic Line - Executive Dr.: (844) 377-7678

**Bio:**
Suraj A. Achar, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing injuries associated with athletics. He is highly experienced in ultrasound-guided diagnostics and procedures. Dr. Achar also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Sports Medicine (cont.)

David E.J. Bazzo, MD
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine
Add'l Languages:
Italian, Spanish

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
David E.J. Bazzo, MD, is a board-certified family medicine doctor who specializes in sports medicine. Dr. Bazzo’s expertise includes diagnosing, treating and preventing injuries associated with athletics. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. Currently, he sees patients for sports injuries through referral.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine
Subspecialties:
Spine, Sports Medicine
Add'l Language:
German

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.

Dana Curtis Covey, MD
Orthopedic Surgeon and Sports Medicine Physician
Clinical Professor of Orthopedic Surgery

Specialties:
Sports Medicine, Orthopedics, Surgery

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Dana Covey, MD, is a board-certified orthopedic surgeon. He specializes in sports medicine with an emphasis on knee and shoulder injuries. Dr. Covey sees patients with knee ligament tears and shoulder dislocation.
Sports Medicine (cont.)

**David J. Dalstrom, MD**
Orthopedic Surgeon

**Specialties:**
Orthopedics, Sports Medicine

**Subspecialties:**
Foot & Ankle, Orthopedic Trauma

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
David Dalstrom, MD, is a board-certified orthopedic surgeon who specializes in treating traumatic injuries, degenerative conditions and sports injuries of the foot and ankle.

**Amelia Eastman, DO**
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

**Specialties:**
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (858) 747-0474

**Bio:**
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body’s natural tendency for good health.

**Samuel Galloway, MD**
Primary Care Physician and Sports Medicine Specialist

**Specialties:**
Primary Care, Family Medicine, Sports Medicine

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Sam Galloway, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating and preventing injuries associated with athletics. He is skilled in performing joint injections and other ultrasound-guided procedures for musculoskeletal conditions.

**Eric Hentzen, MD, PhD**
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

**Specialties:**
Orthopedics, Sports Medicine

**Subspecialties:**
Hand & Upper Extremity, Sports Medicine

**Add'l Languages:**
German, Spanish

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Eric Hentzen, MD, PhD, is a board-certified orthopedic surgeon who specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.
Sports Medicine (cont.)

William T. Kent, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialty:
Orthopedic Trauma

Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 4520 Executive Drive
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
William Kent, MD, is an orthopedic surgeon who specializes in treating fractures related to trauma, sports injuries and fractures around total joint replacements. His clinical practice includes treating fractures of the acetabulum, hip, pelvis, clavicle, humerus, elbow, forearm, femur, tibia, ankle and foot.

Bryan T. Leek, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Sports Medicine, Orthopedics

Subspecialty:
Hand & Upper Extremity

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Bryan Leek, MD, is a board-certified orthopedic surgeon who specializes in treating sports and upper extremity injuries, including arthroscopy and reconstruction of the knee, shoulder, elbow, wrist, and hand. He has a particular interest in treating shoulder injuries, performing arthroscopic and open techniques in repair and reconstruction. He performs both anatomic and reverse shoulder arthroplasty. He treats traumatic, overuse, and degenerative injuries, including arthritis of both the upper and lower extremity. Dr. Leek is trained in microscopic and minimally invasive surgical techniques involving the hand and upper extremity.
Sports Medicine (cont.)

Amy Leu, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

Add'l Language:
Spanish

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Amy Leu, DO, is a board-certified family medicine doctor who specializes in sports medicine. Her expertise includes diagnosing, treating and preventing injuries associated with athletics, including acute and stress fractures, sprains and overuse injuries. She also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Sarah Merrill, MD
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Language:
Spanish

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive

Hillcrest - 4th & Lewis Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-7750
Direct Clinic Line: (858) 657-8200

Bio:
Sarah Merrill, MD, is a board-certified family medicine doctor who specializes in sports medicine. In addition to diagnosing and treating injuries associated with athletics, Dr. Merrill provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. She also has a special interest in rehabilitating individuals with yoga injuries, as well as performing ultrasound guided diagnostics and procedures.

Brian Livingstone, ATC
Athletic Trainer

Specialties:
Athletic Training, Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Brian Livingstone, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation and performance enhancement. He has additional certifications as a corrective exercise specialist (CES) and a performance enhancement specialist (PES).

Kevin Messey, MS, ATC
Athletic Trainer

Specialties:
Athletic Training, Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kevin Messey, MS, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation, and rehabilitation. He has additional certifications as a corrective exercise specialist (CES) and a certified strength and conditioning specialist (CSCS).
Sports Medicine (cont.)

Matthew Meunier, MD  
Orthopedic Surgeon  
Professor of Orthopaedic Surgery

Specialties:  
Orthopedics, Sports Medicine  
Subspecialties:  
Sports Medicine, Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center  
La Jolla - 4520 Executive Drive  
La Jolla - Koman Family Outpatient Pavilion

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

Bio:  
Matthew Meunier, MD, is a board-certified orthopedic surgeon who specializes in hand, upper extremity and microvascular surgery to treat a variety of conditions, including fractures and dislocations, shoulder injuries, chronic wrist pain, and congenital hand disorders. He is one of the region’s top hand injury experts and an associate team physician for the San Diego Padres. He was a consultant physician for the San Diego Chargers.

Catherine M. Robertson, MD  
Chief of Sports Medicine  
Orthopedic Surgeon  
Associate Professor of Orthopaedic Surgery

Specialties:  
Orthopedics, Sports Medicine  
Subspecialties:  
Hand & Upper Extremity, Joint, Sports Medicine  
Add'l Language:  
Spanish

La Jolla - 4520 Executive Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (844) 377-7678

Bio:  
Catherine M. Robertson, MD, is a board-certified orthopedic surgeon who specializes in treating injuries of the shoulder, knee and hip. She uses minimally invasive techniques for restoring joint function and to treat complex ligament, tendon, cartilage and meniscus injuries. Dr. Robertson is one of the few physicians in Southern California with specialized training in hip arthroscopy (minimally invasive hip surgery) and uses this advanced technique to treat femoroacetabular impingement (FAI) and labral tears of the hip.

Richard Parker, DO  
Primary Care Physician and Sports Medicine Specialist  
Affiliated Provider

Specialties:  
Primary Care, Sports Medicine

College Area - 6699 Alvarado Rd

Contact:  

Bio:  
Richard Parker, DO, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. He is a member of UC San Diego Health Physician Network.
Sports Medicine (cont.)

Alan Shahtaji, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

La Jolla - 9333 Genesee Avenue
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 4520 Executive Drive
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health's Sports Concussion Clinic, which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.

Kenneth S. Taylor, MD
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine
Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Kenneth S. Taylor, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing athletic injuries. Dr. Taylor has a particular interest in using musculoskeletal ultrasound to perform diagnostic and therapeutic treatments. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Sports Medicine (cont.)

Jacqueline (Jackie) Upton, MS, ATC, PA-C
Physician Assistant

Specialties:
Orthopedics, Sports Medicine
Subspecialty:
Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Jacqueline Upton, MS, is a certified physician assistant (PA-C) and certified athletic trainer (ATC) who cares for patients with orthopedic sports injuries. She is part of the multidisciplinary team that provides state-of-the-art care to athletes of all ages. Her areas of expertise include evaluating and treating acute and chronic sports injuries, as well as orchestrating pre and postoperative patient care. She also provides support to the Sports Medicine Program at UC San Diego Health, where she assists in the care of high school and collegiate athletes.

Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine
Subspecialty:
Sports Medicine
Add'l Language:
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale’s expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.

Natalie Voskanian, MD
Sports Medicine Physician
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine
Add'l Languages:
Armenian, Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

Bio:
Natalie Voskanian, MD, is a board-certified sports medicine physician with expertise in the nonsurgical treatment of sports-related injuries and musculoskeletal conditions, including sprains, ligament injuries, tendonitis and overuse injuries such as runner’s knee.
Sports Medicine (cont.)

Adrienne Wilson, MS, ATC
Athletic Trainer

Specialties:
Athletic Training, Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Adrienne Wilson, MS, is a certified athletic trainer (ATC) who specializes in injury prevention and individualized exercise programs for people of all ages. She also has expertise in acute injury management, the Graston Technique and other soft-tissue work, and concussion management. Her philosophy of patient care emphasizes educating active people about their bodies and giving them the tools they need to stay healthy and active.
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