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Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health.

Charles D. Ashbrook, MD
Psychiatrist

Specialty: Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Charles Ashbrook, MD, is a board-certified psychiatrist who specializes in outpatient care of young adults and adults with depression, anxiety, bipolar disorder, psychosis, schizophrenia, post-traumatic stress disorder (PTSD) and personality disorders. A guiding principal of his clinical practice is to review, simplify, and optimize his patients’ medication regimens, using evidence-based approaches.

Nora Bammidi, MBBS, FAPA
Psychiatrist

Specialty: Psychiatry

Add'l Language: Telugu

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.

Anne Bird, MBChB
Psychiatrist
Associate Professor of Psychiatry

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Anne Bird, MBChB, is a board-certified adult, child and adolescent psychiatrist who specializes in treating children, teens and young adults with mood disorders, anxiety disorders or attention-deficit/hyperactivity disorder (ADHD). She uses both medications and talk therapy (psychotherapy) in her practice.

Kristin Cadenhead, MD
Psychiatrist
Professor of Psychiatry

Specialty: Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745
Direct Clinic Line: (619) 543-6445

Bio:
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health's early psychosis treatment program. This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.
Psychiatry (cont.)

Ashley L. Clark, MD
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ashley Clark, MD, is board-certified psychiatrist whose practice focuses on women’s reproductive mental health issues, such as premenstrual dysphoric disorder (PMDD), and mood and anxiety disorders during pregnancy and the postpartum period. She is part of the Women's Reproductive Mental Health Program at UC San Diego Health.

Nancy Downs, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nancy Downs, MD is a board-certified psychiatrist who specializes in the mental health needs of college students and transition age youth.

Douglas D'Agati, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Douglas D'Agati, MD, is a board-certified psychiatrist who specializes in treating adults and young adults with mood disorders (such as depression and bipolar disorder), anxiety disorders, psychosis, and schizophrenia.

David Folsom, MD
Director, Division of Clinical Psychiatry
Vice Chair, Clinical Affairs, Department of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
David Folsom, MD, is a board-certified psychiatrist and director of the Division of Clinical Psychiatry at UC San Diego Health. He has a special interest in providing care for people with schizophrenia and other serious mental illnesses, and those with both mental and physical health problems. He uses a comprehensive, whole-person approach to psychiatric care, addressing all areas that contribute to a person’s successful recovery as well as promoting life skills, providing education, and cultivating help-seeking behavior.
Psychiatry (cont.)

David J. Grelotti, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add'l Language:
Haitian Creole

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
David Grelotti, MD is an adult and child psychiatrist and directs mental health services at UC San Diego Health’s Owen Clinic, one of nation’s premier multispecialty care clinics focused on the treatment and prevention of HIV and related illnesses. Dr. Grelotti provides care for mental health, substance use, and related disorders to children, adolescents, and adults with HIV and at risk for HIV.

Jeremy Hirst, MD
Psychiatrist
Associate Director, Patient and Family Support Services, Moores Cancer Center

Specialties:
Psychiatry, Palliative Care, Cancer

Subspecialty:
Psychosocial Oncology

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.

Jonathon R. Howlett, MD
Psychiatrist

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jonathon Howlett, MD, is a board-certified psychiatrist who specializes in caring for individuals with treatment-resistant depression. His practice also includes treating more general mental health conditions such depressive disorders, anxiety disorders, bipolar disorder and schizophrenia.
Psychiatry (cont.)

Alan J. Hsu, MD
Psychiatrist
Associate Professor of Psychiatry

Specialties:
Psychiatry, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Alan John Hsu, MD, is a board-certified psychiatrist who specializes in treating cancer patients struggling with mood and anxiety issues brought on by cancer. He also sees individuals with cancer who have pre-existing mental health challenges.

Ildiko Kovacs, MD
Psychiatrist
Assistant Professor of Psychiatry

Add'l Language:
Hungarian

Hillcrest - Medical Offices South
La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.

Walter H. Kaye, MD
Director, Eating Disorders Treatment and Research Program
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

Bio:
Walter Kaye, MD, is a board-certified psychiatrist who specializes in treating individuals with anorexia nervosa and other eating disorders. As director of the Eating Disorders Treatment and Research Program at UC San Diego Health, Dr. Kaye and his team use an intensive and innovative approach that addresses each person’s medical, psychological and psycho-educational health. The evidence-based program also offers family counseling to help patients and their families with improved understanding, communication, and capacity for growth.

Vanessa L. Lauzon, MD
Psychiatrist
Assistant Professor of Psychiatry

Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

Bio:
Vanessa L. Lauzon, MD, is a board-certified psychiatrist and board-certified family medicine physician who specializes in caring for hospitalized adults with mental health conditions. In the inpatient setting, she treats depression, anxiety disorders, PTSD, bipolar disorder, schizophrenia and schizoaffective disorder, substance use disorders, neurocognitive disorders, co-morbid medical and psychiatric issues, and issues related to grief and coping in patients with serious medical issues.
Psychiatry (cont.)

Julie L. Le, DO  
Psychiatrist  
Assistant Professor of Psychiatry and Family Medicine and Public Health  

**Specialty:**  
Psychiatry  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla Family Medicine: (858) 657-8600  
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-9000  
Direct Clinic Line - Sorrento Valley: (858) 249-5400  
Direct Clinic Line - Scripps Ranch: (858) 657-7750  
Direct Clinic Line - Hillcrest: (619) 471-9250  

**Bio:**  
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).

Carla Marienfeld, MD  
Psychiatrist  
Associate Professor of Psychiatry  

**Specialty:**  
Psychiatry  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-1680  

**Bio:**  
Carla Marienfeld, MD, is a board-certified addiction psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.

Alejandro Meruelo, MD, PhD  
Psychiatrist  

**Specialty:**  
Psychiatry  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  

**Bio:**  
Alejandro Meruelo, MD, PhD, is a psychiatrist who delivers compassionate, expert care to people with bipolar disorder, depression, schizophrenia and anxiety disorders. He also cares for individuals with treatment-resistant depression using transcranial magnetic stimulation.
Psychiatry (cont.)

Aaron Meyer, MD
Psychiatrist
Specialty: Psychiatry
Hillcrest - UC San Diego Medical Center
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350
Bio: Aaron Meyer, MD, is a psychiatrist who specializes in caring for people with severe or acute mental illness and behavioral health conditions. This includes caring for individuals who experience significant and distressing symptoms of a mental illness that require immediate treatment.

Lama Muhammad, MD
Psychiatrist
Assistant Professor of Psychiatry
Specialty: Psychiatry
Add’l Language: Arabic
Hillcrest - 140 Arbor Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio: Lama Muhammad, MD, is a psychiatrist whose practices focuses on the mind-body connection and its relationship to mental health disorders. She also has expertise in mental illnesses related to autoimmune disorders, and in understanding the cultural dimensions of mental health.

Hoang Nguyen, MD
Assistant Clinical Professor
Specialty: Psychiatry
Hillcrest - UC San Diego Medical Center
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio: UC San Diego Health Links

Sarah Pai, MSN, PMHNP-BC
Psychiatric Mental Health Nurse Practitioner
Specialty: Psychiatry
Hillcrest - 140 Arbor Drive
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Bio: Sarah Pai, MSN, is a board certified family psychiatric mental health nurse practitioner (PMHNP-BC) who has broad experience working with teens and adults. She has a special interest in treating bipolar, schizophrenia and substance use disorders (addiction). Ms. Pai’s experience includes caring for individuals in both inpatient and outpatient settings, as well as community psychiatry.
Psychiatry (cont.)

Alison Reminick, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Alison Reminick, MD, is a board-certified psychiatrist who specializes in the mental health care needs for women with premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), pregnancy and postpartum mood disorders, and emotional disturbances during menopause. She directs the Women's Reproductive Mental Health Program at UC San Diego Health, which helps women manage and recover from anxiety, depression, or other emotional concerns during infertility, pregnancy, or the postpartum period.

Isabel Ribeiro Caldas Domingues, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Languages:
Portuguese, Spanish

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the “prodromal” (early) phase.

Neil M. Richtand, MD, PhD
Psychiatrist

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Neil M. Richtand, MD, PhD, is a board-certified psychiatrist who provides expert, compassionate mental health care services to UC San Diego undergraduate and graduate students.

Jennifer Roby, DO
Psychiatrist
Assistant Professor Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jennifer Roby, DO, is a psychiatrist who provides general mental health care services for adults. She provides care to undergraduate, graduate, and medical students through UC San Diego Health’s College Mental Health Program. She also helps women with postpartum depression, postpartum anxiety and other reproductive-related mental health concerns that affect women and their families.
Psychiatry (cont.)

Sanjaya Saxena, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Sanjaya Saxena, MD, is a board-certified psychiatrist focusing on the treatment of people with obsessive-compulsive disorders (OCD) and related conditions such as compulsive hoarding and body dysmorphic disorder.

Alexandra Sietsma, MSN, PMHNP-BC
Psychiatric Mental Health Nurse Practitioner

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Alexandra Sietsma, MSN, is an advanced practice registered nurse (APRN) and board-certified psychiatric-mental health nurse practitioner (PMHNP-BC) who assesses and treats adults and young adults with depression, anxiety disorders, mood disorders, psychotic disorders, post-traumatic stress disorder (PTSD) and personality disorders. She has experience in both inpatient and outpatient care.

Terry A. Schwartz, MD
Clinical Director, Eating Disorders Treatment and Research Program
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

Bio:
Terry A. Schwartz, MD, is a board-certified psychiatrist who specializes in caring for individuals with eating disorders, mood disorders and anxiety disorders. She has more than 20 years’ experience and has particular expertise in treating individuals who have an eating disorder co-occurring with mood, anxiety or substance abuse disorders.

Louisa Steiger, MD

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792
Psychiatry (cont.)

Murray B. Stein, MD, MPH
Psychiatrist
Distinguished Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Murray B. Stein, MD, MPH, is a board-certified psychiatrist who treats individuals with anxiety, and trauma and stressor-related disorders, including panic disorder, agoraphobia, social anxiety disorder (social phobia), generalized anxiety disorder, and post-traumatic stress disorder (PTSD) with or without depression.

Hannah C. Sweet, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Hannah Sweet, MD, is a board-certified psychiatrist who specializes in treating children and adolescents with all types of mental illness and psychiatric conditions. Her practice is part of UC San Diego Health's comprehensive and compassionate mental health services for teens.

Jon (David) Stiffler, MD
Psychiatrist

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
David Stiffler, MD, is a board-certified psychiatrist who treats people with substance use disorders, trauma and post-traumatic stress disorder (PTSD), mood disorders, anxiety and attention deficit hyperactivity disorder (ADHD).

Jessica L. Thackaberry, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.
Psychiatry (cont.)

Maria Tiamson-Kassab, MD

Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology
Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center’s Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.

Sidney Zisook, MD

Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Sidney Zisook, MD, is a board-certified psychiatrist who specializes in treating adults who are experiencing grief, anxiety, or the effects of a mood disorder. His experience is in caring for people with complicated bereavement, as well as those with chronic mental health conditions or illnesses that do not respond well to treatment. Dr. Zisook also uses integrative therapy to treat each person as a whole, including their mental, physical and emotional needs.

Psychiatry - Geriatric Psychiatry

Steven F. Huege, MD
Psychiatrist

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry
La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Steven Huege, MD, is a board-certified geriatric psychiatrist who specializes in treating mental health and neurodegenerative disorders in older adults, including both chronic and new-onset mental illness. His areas of clinical expertise include Alzheimer’s disease, Lewy body dementia, frontotemporal dementia, and mood and psychotic disorders in older adults.

Daniel D Sewell, MD

Director, Senior Behavioral Health
Professor of Psychiatry

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Daniel D. Sewell, MD, is a board-certified psychiatrist focusing on the treatment of older adults with behavioral health issues.
Psychiatry - Geriatric Psychiatry (cont.)

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer’s disease.

Raisa Yagudayeva, DO
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry
Add'l Language:
Russian

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Raisa Yagudayeva, DO, is a board-certified geriatric psychiatrist who specializes in treating mental health problems in older adults, including major neurocognitive disorder, major depressive disorder, generalized anxiety disorder, schizophrenia, psychosis, and obsessive compulsive disorder. She is interested in electroconvulsive therapy (ECT), which is used to relieve symptoms of several mental health conditions.
Urology

Urology is the branch of medicine and physiology concerned with the function and disorders of the urinary system — specifically the urinary tract in women and the urogenital system in men. Learn more about urology at UC San Diego Health.

Philip C. Bosch, MD
Urologist
Assistant Professor of Urology

**Specialty:**
Urology

**Hillcrest - Medical Offices North**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3572

**Bio:**
Philip C. Bosch, MD, is a board-certified urologist who specializes in diagnosing and treating interstitial cystitis/bladder pain syndrome (IC/BPS). IC/BPS is a chronic urinary bladder disease characterized by increased urinary frequency, urgency, and/or pelvic pain.

Jill Buckley, MD
Urologist
Associate Professor of Urology

**Specialties:**
Urology, Surgery

**Jacobs Medical Center**
La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

**Bio:**
Jill Buckley, MD, is a board-certified urologist who specializes in urologic reconstructive surgery and robotic surgery. She has a special interest in caring for people with complex urinary conditions such as urethral stricture/obstruction, hypospadias, urinary tract fistulas (rectourethral and vesicovaginal), post prostatectomy male incontinence, ureteral injury/obstruction as well as those who have complications in the genitourinary area as a result of trauma. Her practice includes treating patients with complications of cancer therapy (prostate, colorectal and gynecologic) causing urinary obstruction, male incontinence following prostate surgery, urologic trauma injuries, urethral stricture disease and ureteral reconstruction.
Urology (cont.)

C. Lowell Parsons, MD
Urologist
Professor of Urology

Specialties:
Urology, Surgery

Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3572

Bio:
C. Lowell Parsons, MD, is a board-certified urologist who diagnoses and treats all urologic disorders, and specializes in caring for patients who have interstitial cystitis (IC). Internationally recognized as a leading physician and researcher in IC, he has developed major new diagnostic tools and treatments for the disease and has published over 225 medical journal articles and textbook chapters. Health care professionals from around the world have visited his clinic and attended his lectures to learn the latest techniques for detecting and treating IC.
Urology - Incontinence

Michael E. Albo, MD
Co-Director, Women's Pelvic Medicine Center
Vice Chair, Department of Urology
Professor of Urology

Specialties:
Urology, Surgery

Subspecialties:
Incontinence, Urogynecology

Add'l Language:
Spanish

La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-8737
Direct Clinic Line - Urology: (858) 657-7876

Bio:
Michael E. Albo, MD, is a board-certified urologist who specializes in voiding dysfunction, urinary incontinence, urodynamics, female urology, pelvic floor reconstruction, and urogenital conditions caused by neurologic disorders. Dr. Albo’s expertise includes performing pelvic floor reconstruction surgeries in both women and men; surgery for urinary incontinence; neuromodulation; and botulinum toxin (Botox) injections. He is also trained in a wide variety of medical and surgical techniques to manage voiding disorders and prostate disorders in men.

Yahir A. Santiago-Lastra, MD
Urologist/Urogynecologist
Assistant Professor of Urology

Specialties:
Urology, Surgery

Subspecialties:
Incontinence, Urogynecology

Add'l Languages:
French, Spanish

La Jolla - 4520 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urology: (858) 657-7876
Direct Clinic Line - Executive Dr.: (858) 657-8737

Bio:
Yahir Santiago-Lastra, MD, is a urologist who specializes in diagnosing and treating a wide range of urogenital conditions in both men and women, including those caused by neurologic disorders. These include pelvic organ prolapse, urinary incontinence, voiding dysfunction, overactive bladder, neurogenic bladder, ureteral stricture, and post-prostatectomy incontinence, among other pelvic floor disorders. Her other areas of expertise include procedures such as neuromodulation for overactive bladder, bladder augmentation and urinary diversion. She also works with patients with congenital urologic malformations who are transitioning from pediatric to adult care.
Urology - Incontinence (cont.)

Rachel M. Shapiro, MS, PA-C
Physician Assistant

Specialty:
Urology

Subspecialties:
Incontinence, Kidney Stones

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Rachel Shapiro, MS, is a certified physician assistant (PA-C) who specializes in caring for urology patients. She helps treat a wide range of urological conditions, including benign prostate enlargement, lower urinary tract symptoms, kidney stones, benign scrotal conditions, urinary tract infections, erectile dysfunction, hypogonadism, and incontinence. Shapiro also works with patients with congenital urologic malformations who are transitioning from pediatric to adult care.
Urology - Kidney Stones

Seth K. Bechis, MD
Urologist
Assistant Professor of Urology

- **Specialties:** Urology, Surgery
- **Subspecialties:** Kidney Stones, Minimally Invasive Surgery

**Encinitas - Garden View Road**
**Hillcrest - Medical Offices North**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

**Bio:**
Seth Bechis, MD, is a board-certified urologist who cares for patients with diseases of the urinary tract, including kidney stones, benign prostatic hyperplasia (BPH) or enlarged prostate, and men's health issues. As member of the comprehensive Kidney Stone Center at UC San Diego Health, he has a special interest in advanced surgical treatment, medical prevention and research on kidney stone disease. He also performs advanced procedures for BPH as well as robotic surgery.

Rachel M. Shapiro, MS, PA-C
Physician Assistant

- **Specialty:** Urology
- **Subspecialties:** Incontinence, Kidney Stones

**Hillcrest - Medical Offices North**
**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

**Bio:**
Rachel Shapiro, MS, is a certified physician assistant (PA-C) who specializes in caring for urology patients. She helps treat a wide range of urological conditions, including benign prostate enlargement, lower urinary tract symptoms, kidney stones, benign scrotal conditions, urinary tract infections, erectile dysfunction, hypogonadism, and incontinence. Shapiro also works with patients with congenital urologic malformations who are transitioning from pediatric to adult care.
Urology - Kidney Stones (cont.)

Roger Sur, MD
Urologist
Director, Comprehensive Kidney Stone Center
Professor of Urology

Specialties:
Urology, Surgery
Subspecialty:
Kidney Stones

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Roger Sur, MD, is a board-certified urologist and founder/director of the Comprehensive Kidney Stone Center at UC San Diego Health that focuses on surgical treatment, medical prevention and research into causes of kidney stones. He specializes in percutaneous nephrolithotomy using the latest, minimally invasive techniques.

Jason Woo, MD
Urologist
Assistant Professor of Urology

Specialties:
Urology, Surgery
Subspecialties:
Kidney Stones, Urologic Cancer

Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Jason Woo, MD, is a board-certified urologist who provides medical and surgical treatment for a wide range of urologic problems in men and women. His clinical interests include general urology, prostate disease, urologic cancers and stones in the urinary tract.
Urology - Male Infertility

T. Mike Hsieh, MD
Urologist
Director, Men's Health Center
Associate Professor of Urology

Specialties:
Urology, Infertility, Surgery

Subspecialty:
Male Infertility

Add'l Languages:
Mandarin, Taiwanese

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
T. Mike Hsieh, MD, is a board-certified urologist specializing in male fertility and men's health. He treats men with sexual dysfunction including low testosterone, erectile dysfunction, and Peyronie's disease. He also treats male infertility including men with ejaculatory disorder, hormone imbalance, sperm production impairment, cancer, and genetic causes of infertility.

Jose-Luis Ruiz, PA-C
Physician Assistant

Specialty:
Urology

Subspecialty:
Male Infertility

Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Jose-Luis Ruiz, MS, is a certified physician assistant (PA-C) who specializes in caring for urology patients in our Men's Health Center. His expertise is in treating male sexual health conditions, including erectile dysfunction, hypogonadism and Peyronie's disease.
Urology - Urogynecology

Michael E. Albo, MD
Co-Director, Women's Pelvic Medicine Center
Vice Chair, Department of Urology
Professor of Urology

Specialties:
Urology, Surgery

Subspecialties:
Incontinence, Urogynecology

Additional Languages:
Spanish

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-8737
Direct Clinic Line - Urology: (858) 657-7876

Bio:
Michael E. Albo, MD, is a board-certified urologist who specializes in voiding dysfunction, urinary incontinence, urodynamics, female urology, pelvic floor reconstruction, and urogenital conditions caused by neurologic disorders. Dr. Albo's expertise includes performing pelvic floor reconstruction surgeries in both women and men; surgery for urinary incontinence; neuromodulation; and botulinum toxin (Botox) injections. He is also trained in a wide variety of medical and surgical techniques to manage voiding disorders and prostate disorders in men.

Yahir A. Santiago-Lastra, MD
Urologist/Urogynecologist
Assistant Professor of Urology

Specialties:
Urology, Surgery

Subspecialties:
Incontinence, Urogynecology

Additional Languages:
French, Spanish

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urology: (858) 657-7876
Direct Clinic Line - Executive Dr.: (858) 657-8737

Bio:
Yahir Santiago-Lastra, MD, is a urologist who specializes in diagnosing and treating a wide range of urogenital conditions in both men and women, including those caused by neurologic disorders. These include pelvic organ prolapse, urinary incontinence, voiding dysfunction, overactive bladder, neurogenic bladder, ureteral stricture, and post-prostatectomy incontinence, among other pelvic floor disorders. Her other areas of expertise include procedures such as neuromodulation for overactive bladder, bladder augmentation and urinary diversion. She also works with patients with congenital urologic malformations who are transitioning from pediatric to adult care.
Urology - Urologic Cancer

Neremiah Joakim S. Castaño, MS, APRN, ANP-C
Adult Nurse Practitioner

Specialties:
Urology, Cancer
Subspecialties:
Urologic Cancer, Urologic Cancer

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Neremiah Castaño, MS, APRN, is a clinical nurse specialist and certified adult nurse practitioner (ANP-C) who specializes in treating prostate cancer as well as a wide range of urologic conditions, including bladder cancer, kidney cancer, benign prostatic hyperplasia (BPH), erectile dysfunction, lower urinary tract symptoms, and urinary tract infections. In treating urologic cancers, his approach emphasizes long-term survivorship care, wellness and education.

Ithaar H. Derweesh, MD
Urologic Oncologist
Professor of Urology and Radiology

Specialties:
Urology, Cancer, Surgery
Subspecialties:
Sarcoma (Bone and Soft Tissue), Urologic Cancer, Urologic Cancer
Add'l Language:
French

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Ithaar Derweesh, MD, is a board-certified urologist who subspecializes in urologic tumors and malignancies. He leads the surgical arm of UC San Diego Health’s multidisciplinary program for management of kidney cancer.

Karim Kader, MD, PhD
Urologist
Professor of Urology

Specialties:
Urology, Cancer, Surgery
Subspecialties:
Urologic Cancer, Minimally Invasive Surgery, Urologic Cancer
Add'l Languages:
French, Greek

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Karim Kader, MD, PhD, is a board-certified urologist who specializes in detecting, treating and preventing prostate cancer.
Urology - Urologic Cancer (cont.)

Christopher J. Kane, MD
Urologist
Dean of Clinical Affairs, UC San Diego School of Medicine
CEO, UC San Diego Health Physician Group

Specialties:
Urology, Surgery, Cancer
Subspecialties:
Urologic Cancer, Minimally Invasive Surgery, Urologic Cancer

La Jolla - Koman Family Outpatient Pavilion
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Christopher J. Kane, MD, is a board-certified urologist who specializes in diagnosing and treating patients with prostate, kidney, bladder and testicular cancer. He has extensive expertise in robotic prostatectomy, open and laparoscopic kidney cancer surgery, and bladder and testes cancer surgery. He also provides care for conditions including benign prostatic hyperplasia (BPH) or enlarged prostate; elevated prostate-specific antigen (PSA) levels; and the presence of blood in urine (hematuria).

Kerry L. Paulson, DNP, ANP-C, WHNP-BC
Adult Nurse Practitioner

Specialties:
Cancer, Urology
Subspecialties:
Urologic Cancer, Urologic Cancer

La Jolla - Koman Family Outpatient Pavilion
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Kerry Paulson, DNP, is a certified adult nurse practitioner (ANP-C) and women’s health nurse practitioner (WHNP-BC) who cares for people with urologic cancers, with an emphasis on long-term cancer survivorship care, wellness, and patient education. Her scope of care includes physical evaluations, diagnosis, treatment, symptom management, and supportive care.

J. Kellogg Parsons, MD
Urologist
Professor of Urology

Specialties:
Urology, Cancer, Surgery
Subspecialties:
Urologic Cancer, Urologic Cancer

La Jolla - Koman Family Outpatient Pavilion
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
J. Kellogg Parsons, MD, is a board-certified urologist who specializes in diagnosing and treating prostate cancer. He directs clinical trials for the Department of Urology at UC San Diego Health's Moores Cancer Center.

Kyoko Sakamoto, MD
Urologist
Professor of Urology

Specialties:
Urology, Cancer, Surgery
Subspecialties:
Minimally Invasive Surgery, Urologic Cancer, Urologic Cancer
Additional Language:
Japanese

Moores Cancer Center
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (866) 773-2703

Bio:
Kyoko Sakamoto, MD, is a board-certified urologist who specializes in laparoscopy and endourology. Her additional interests are neurourology and general urology.
Amirali (Amir) Salmasi, MD
Urologist
Assistant Professor of Urology

Specialties:
Urology, Surgery, Cancer

Subspecialties:
Minimally Invasive Surgery, Urologic Cancer, Urologic Cancer

Add'l Language:
Farsi

Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urology: (619) 543-3572
Direct Clinic Line: (858) 822-6100

Bio:
Amirali Salmasi, MD, is a urologist with expertise in the management of genitourinary cancers in men and women, including bladder, prostate, kidney, ureteral, testicular, adrenal, and penile cancers. He provides a personalized, multidisciplinary approach to deliver the best possible treatment options (active surveillance, focal therapy, surgery, radiation, systemic treatments, or clinical trials) for his patients.

Jason Woo, MD
Urologist
Assistant Professor of Urology

Specialties:
Urology, Surgery

Subspecialties:
Kidney Stones, Urologic Cancer

Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Jason Woo, MD, is a board-certified urologist who provides medical and surgical treatment for a wide range of urologic problems in men and women. His clinical interests include general urology, prostate disease, urologic cancers and stones in the urinary tract.