Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by U.S. News & World Report.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

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providers.ucsd.edu

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92037

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care
(Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
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Senior Medicine

Senior medicine, also known as geriatric medicine, is a medical specialization focusing on the health care of older adults. Learn more about senior medicine at UC San Diego Health System.

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**Veronica V. Gonzalez, MD**
Primary Care Physician

**Specialties:**
Primary Care, Senior Medicine

**Add'l Language:**
Spanish

La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

**Bio:**
Veronica Gonzalez, MD, is a board-certified family medicine physician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Gonzalez aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

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**Roopali Gupta, MD**
Primary Care Physician
Assistant Professor of Medicine

**Specialties:**
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

**Bio:**
Roopali Gupta, MD, is a board-certified geriatric medicine doctor. She provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

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**Deborah Kado, MD**
Bone Health Specialist
Professor of Family Medicine and Public Health

**Specialties:**
Endocrinology, Senior Medicine

**Add'l Language:**
Spanish

La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for the elderly. Specifically, Dr. Kado's expertise is in evaluating and treating osteoporosis. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.
Senior Medicine (cont.)

Alison Moore, MD, MPH, FACP
Primary Care Physician
Chief, Division of Geriatrics, Department of Medicine

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Alison Moore, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic diseases and preservation of function. As a geriatrician, Dr. Moore aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

Khai H. Nguyen, MD, MHS
Primary Care Physician
Clinical Services Chief, Senior Medicine

Specialties:
Primary Care, Senior Medicine
Add'l Language:
Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Khai Nguyen, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Nguyen aims to keep seniors healthy and high functioning as they transition through the stages of aging. His expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. He also has expertise in end of life care and advance care planning.

Ian C. Neel, MD
Medical Director, Geriatric Medicine Consult Service at Senior Behavioral Health
Assistant Professor of Medicine

Speciality:
Senior Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 249-2500

Bio:
Ian Neel, MD, is a board-certified internal medicine doctor who specializes in caring for older adults. He serves as medical director of the Geriatric Medicine Consult Service at Senior Behavioral Health at UC San Diego Health.
Senior Medicine (cont.)

Jairo Alberto Romero, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Jairo Alberto Romero, MD, is a board-certified geriatric medicine doctor. He provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

Lindsey Yourman, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Lindsey Yourman, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides person-centered primary care focused on maintaining independence and quality of life.

James R. Templeman, MD, MPH
Geriatrician

Specialty:
Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
James Templeman, MD, MPH, is a board-certified geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on healthy aging, disease prevention, treatment of acute and chronic illnesses, and preservation of function.
Vascular Surgery

Vascular surgery is a specialty of medical surgery in which diseases of the vascular system, or arteries and veins, are managed by medical therapy, minimally-invasive catheter procedures, and surgical reconstruction. Learn more about vascular surgery at UC San Diego Health System.

Dennis Bandyk, MD
Vascular Surgeon
Professor of Surgery

**Specialties:**
Vascular Surgery, Surgery

**Subspecialty:**
Minimally Invasive Surgery

**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

**Bio:**
Dennis Bandyk, MD, is a board-certified vascular surgeon who diagnoses and treats people with disorders affecting the arteries, veins and lymphatic systems. He provides comprehensive medical treatment and reconstructive vascular surgical and endovascular (less invasive) techniques for individuals with all types of vascular conditions.

Andrew Barleben, MD
Vascular Surgeon
Assistant Clinical Professor of Surgery

**Specialties:**
Vascular Surgery, Surgery

**Hillcrest - UC San Diego Medical Center**
**Sulpizio Cardiovascular Center**

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
Andrew Barleben, MD, is a board-certified vascular surgeon, specializing in the treatment of a variety of conditions and diseases, including thoracic and abdominal aortic disease, carotid artery disease, cerebrovascular disease, peripheral artery disease, renal artery disease, mesenteric artery disease, peripheral vascular disease, varicose veins, venous ulceration and deep vein thrombosis.

John Lane, MD
Interim Chief, Vascular Surgery

**Specialties:**
Vascular Surgery, Surgery

**Hillcrest - UC San Diego Medical Center**
**Sulpizio Cardiovascular Center**

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
UC San Diego Health Links
Vascular Surgery - Endovascular Surgery

Omar Al-Nouri, DO
Vascular Surgeon
Assistant Professor of Surgery

Specialties:
Vascular Surgery, Surgery

Subspecialties:
Endovascular Surgery, Minimally Invasive Surgery

Add'l Language:
Arabic

Jacobs Medical Center
Sulpizio Cardiovascular Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Omar Al-Nouri, DO, MS, RPVI, is a board-certified vascular surgeon who specializes in a wide spectrum of vascular diseases, including complex treatment of thoracic and abdominal aortic aneurysms, peripheral arterial disease, carotid disease, thoracic outlet syndrome, venous disease and hemodialysis access. He uses both open and endovascular (less invasive) techniques to provide patients with the best possible approach.

Mahmoud B. Malas, MD, MHS, FACS
Vascular Surgeon
Chief, Vascular and Endovascular Surgery

Specialties:
Vascular Surgery, Surgery

Subspecialties:
Endovascular Surgery, Minimally Invasive Surgery

Add'l Languages:
Arabic, French

Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Mahmoud Malas, MD, is a vascular and endovascular surgeon who treats patients with conditions related to blood vessels, including thoracic and abdominal aortic aneurysms, carotid artery disease, peripheral arterial disease, venous disease, thoracic outlet syndrome, spine exposure and hemodialysis access. He specializes in both traditional open surgery and minimally invasive endovascular approaches that require no incision.
Erik L Owens, MD
Vascular Surgeon
Professor of Surgery

**Specialties:**
Vascular Surgery, Surgery

**Subspecialty:**
Endovascular Surgery

**Add'l Language:**
Norwegian

**Jacobs Medical Center**
**Sulpizio Cardiovascular Center**
**Hillcrest - UC San Diego Medical Center**
**Hillcrest - Medical Offices North**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

**Bio:**
Erik Owens, MD, is a board-certified vascular surgeon. He is engaged in several clinical studies with interests in aortic aneurysms, treatment of venous stasis ulcers and minimally invasive bypass procedures. He serves as co-director for the Endovascular Training Center at the San Diego VA Medical Center.
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