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Sleep Medicine

Sleep medicine is the subspecialty of internal medicine that studies and manages poor sleep hygiene. Learn more about sleep medicine at UC San Diego Health.

Lawrence E. Kline, DO, FACP, FCCP, FAASM
Pulmonologist and Sleep Medicine Specialist
Associate Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Lawrence Kline, DO, is a board-certified pulmonologist who specializes in treating breathing and sleep disorders such as sleep apnea.

Jose S. Loredo, MD, MPH
Sleep Medicine Specialist
Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)

Add'l Language:
Spanish

Hillcrest - Medical Offices South
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Jose Loredo, MD, MPH, is a sleep medicine doctor who evaluates and treats individuals with sleep related disorders such as narcolepsy, insomnia, and sleep apnea. He cares for patients at UC San Diego Health's Sleep Medicine Center, where he provides a full spectrum of therapeutic and diagnostic services.

Atul Malhotra, MD
Sleep Medicine Specialist
Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)

Subspecialty:
Critical Care

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Atul Malhotra, MD, is a board-certified pulmonologist, intensivist and research chief of Pulmonary, Critical Care and Sleep Medicine. He is active clinically in pulmonary, critical care and sleep medicine. In the sleep clinic, Dr. Malhotra provides a full spectrum of diagnostic and therapeutic services to patients with sleep-related disorders, including sleep apnea, insomnia, restless leg syndrome, narcolepsy and sleep disorders associated with medical or psychiatric conditions. He has a special interest in the treatment of sleep apnea.

Henry J. Orff, PhD
Psychologist

Specialties:
Psychology, Sleep Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Henry J. Orff, PhD, is a licensed clinical psychologist whose expertise is in behavioral sleep medicine. As part of UC San Diego Health's Sleep Medicine Center, he evaluates and treats sleep disorders by addressing problematic behavioral, psychological, and/or physiological factors that interfere with sleep.
Sleep Medicine (cont.)

Robert Owens, MD
Sleep Medicine Specialist
Associate Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)
Subspecialty:
Critical Care

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Robert Owens, MD, is a board-certified sleep medicine and critical care doctor. He is clinically active in critical care, pulmonary and sleep medicine, caring for patients with acute respiratory conditions and sleep disorders. In the Sleep Medicine Center, he provides a full spectrum of therapeutic and diagnostic services for people who have sleep related disorders such as narcolepsy, insomnia, sleep apnea and rapid eye movement (REM) behavior disorder.

Lisa Shives, MD
Sleep Medicine Specialist
Assistant Professor of Medicine

Specialty:
Sleep Medicine
Add'l Languages:
French, German

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Lisa Shives, MD, is a board-certified sleep medicine doctor. She has extensive experience in the treatment of all sleep related disorders including sleep apnea, insomnia, narcolepsy, restless legs syndrome and circadian rhythm disorders.

Paul Schalch Lepe, MD, FACS
Head and Neck Surgeon

Specialties:
ENT/Head and Neck (Otolaryngology), Sleep Medicine
Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology
Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.

Bernie Y. Sunwoo, MBBS
Medical Director, Pulmonary and Sleep Medicine
Associate Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)

La Jolla - 4520 Executive Drive
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Bernie Sunwoo, MBBS, is a board-certified pulmonologist and sleep medicine specialist who treats people with general lung conditions as well as rare lung diseases, sleep-related breathing disorders and hypoventilation syndromes.
Weight-Loss Surgery (Bariatric)

Weight-Loss Surgery (Bariatric) makes changes to your digestive system to help you lose weight by limiting how much you can eat or reducing the absorption of nutrients, or both. Learn more about weight-loss surgery (bariatric) at UC San Diego Health.

Joslin Cheverie, MD
Surgeon
Assistant Professor of Surgery

Specialties:
Surgery, Weight-Loss Surgery (Bariatric), Obesity Medicine

Subspecialty:
Minimally Invasive Surgery

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8860

Bio:
Joslin Cheverie, MD, is a board-certified surgeon who specializes in minimally invasive surgeries including bariatric procedures performed on the stomach or intestines to contribute to weight loss.

Santiago Horgan, MD
Surgeon
Professor of Surgery
Director, Center for the Future of Surgery
Director, Center for Fluorescence-Guided Surgery

Specialties:
Weight-Loss Surgery (Bariatric), Surgery, Cancer, Obesity Medicine

Subspecialties:
General and Gastrointestinal Surgery, Minimally Invasive Surgery, Gastrointestinal Cancers

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8860

Bio:
Santiago Horgan, MD, is an internationally recognized expert in esophageal disease, weight-loss surgery, minimally invasive surgery and new technologies and approaches for surgery. He performs a variety of weight-loss procedures including gastric sleeve, gastric plication, gastric bypass, and revisional weight-loss surgeries.

Eduardo Grunvald, MD
Obesity Medicine Physician
Medical Director, Weight Management Program
Professor of Medicine

Specialties:
Obesity Medicine, Weight-Loss Surgery (Bariatric)

Add'l Language:
Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8860

Bio:
Eduardo Grunvald, MD, is a board-certified obesity medicine physician. As part of UC San Diego Health's bariatric surgery team, Dr. Grunvald evaluates and manages patients before and after surgery, and helps people long-term with their health and weight loss journey. He also directs the weight management program, which includes nutrition, behavior, and lifestyle support.
Weight-Loss Surgery (Bariatric) (cont.)

Garth Ross Jacobsen, MD
Director, Hernia Surgery
Professor of Surgery

**Specialties:**
Surgery, Weight-Loss Surgery (Bariatric), Obesity Medicine

**Subspecialties:**
General and Gastrointestinal Surgery, Minimally Invasive Surgery

La Jolla - 4520 Executive Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8860

**Bio:**
Garth Jacobsen, MD, is a board-certified surgeon who specializes in hernia surgery and repairing abdominal wall defects. He has expertise in both traditional and minimally invasive surgical techniques. Dr. Jacobsen's approach considers each patient as an individual. He works with each person to develop the best repair or surgical plan available.
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