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UC San Diego Health Physician Directory

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Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
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**Burn**

Burn is damage to the skin or other body parts caused by heat, flame, contact with heated objects, or chemicals. Learn more about burn at UC San Diego Health.

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**Laura Godat, MD, FACS**  
**Surgeon**

**Specialties:**  
Surgery, Burn

**Subspecialties:**  
Trauma, Critical Care

**Hillcrest - UC San Diego Medical Center**  
**Hillcrest - Medical Offices North**  
**Jacobs Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Surgery: (619) 543-6886

**Bio:**  
Laura Godat, MD, is board-certified in general surgery and surgical critical care. She cares for patients who have experienced traumatic injuries, such as motor vehicle collisions or falls, or severe burn injuries. She also treats patients with acute surgical needs, such as the emergency removal of the appendix or gallbladder, or those coping with surgical complications.

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**Sara Higginson, MD**  
**Surgeon**  
**Assistant Professor of Surgery**

**Specialties:**  
Surgery, Burn

**Subspecialties:**  
Trauma, Critical Care

**Hillcrest - UC San Diego Medical Center**  
**Hillcrest - Medical Offices North**  
**Jacobs Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Surgery: (619) 543-6886

**Bio:**  
Sara Higginson, MD, is a board-certified surgeon who treats people with traumatic injuries caused by motor vehicle collisions or falls, and severe burn injuries.
Burn (cont.)

Samuel H. Lance, MD
Plastic Surgeon
Assistant Professor of Surgery

Specialties:
Plastic Surgery, Surgery, Burn
Subspecialties:
Cosmetic Surgery, Reconstructive Surgery
Add'l Language:
Spanish

La Jolla - 4510 Executive Drive
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (619) 294-3746

Bio:
Samuel Lance, MD, is a plastic surgeon who specializes in both cosmetic and reconstructive plastic surgery, with expertise in adult and pediatric craniofacial surgery. He is the director of adult craniomaxillofacial surgery (i.e. surgery related to the mouth, jaws, face, skull and associated structures).

Jeanne Lee, MD, FACS
Director, Burn Center
Professor of Surgery

Specialties:
Surgery, Burn
Subspecialties:
Trauma, Critical Care

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Surgery: (619) 543-6886

Bio:
Jeanne Lee, MD, is a board-certified surgeon who focuses her care on individuals who have experienced traumatic injury, such as a motor vehicle collision or severe burn injury. As director of the Burn Center at UC San Diego Health, Dr. Lee provides clinical and administrative leadership for the burn program, including education, research, quality improvement, community outreach, and policies and procedures specifying all aspects of care for burn patients.

Mayer Tenenhaus, MD
Assistant Clinical Professor

Specialties:
Plastic Surgery, Surgery, Burn

La Jolla - Perlman Medical Offices
La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
UC San Diego Health Links
Marriage and Family Therapy

Marriage and Family Therapy is a branch of psychotherapy that helps individuals, couples and families to nurture change and development. It provides diagnosis and treatment of mental and emotional disorders, with a holistic perspective to care.

**Janelle Farias, MA, LMFT**  
Marriage and Family Therapist

**Specialty:**  
Marriage and Family Therapy

**Additional Language:**  
Spanish

**Location:**  
Kearny Mesa - Frost Street

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 496-4800

**Bio:**  
Janelle Farias, MA, is a licensed marriage and family therapist (LMFT) who specializes in mental health services to children and adolescents. She has experience working with all types of mental health challenges, including anxiety, depression, attention-deficit/hyperactivity disorder (ADHD), oppositional defiant disorder (ODD), eating disorders, gender dysphoria, autism spectrum disorder, bipolar disorder, and intellectual disability.

**Kathleen Huff, MS, LMFT**  
Marriage and Family Therapist

**Specialty:**  
Marriage and Family Therapy

**Location:**  
La Jolla - 8950 Villa La Jolla Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Kathleen Huff, MS, is a licensed marriage and family therapist (LMFT) whose expertise is in treating children, adolescents and families dealing with a variety of mental health disorders, such as post-traumatic stress disorder (PTSD), anxiety, depression, attention deficit/ hyperactivity disorder (ADHD), intellectual disabilities, autism and bipolar disorder.

**Chelsea T. Haakmeester, MA, LMFT**  
Marriage and Family Therapist

**Specialty:**  
Marriage and Family Therapy

**Location:**  
La Jolla - 8910 Villa La Jolla

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Chelsea Haakmeester, MA, is a licensed marriage and family therapist (LMFT) who specializes in women’s health and reproductive mental health issues.

**Amber Rukaj, MA, LMFT**  
Marriage and Family Therapist

**Specialty:**  
Marriage and Family Therapy

**Location:**  
La Jolla - 8910 Villa La Jolla  
Hillcrest - Medical Offices South

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**  
Amber Rukaj, MA, is a licensed marriage and family therapist (LMFT) who provides therapy to women, infants, and their families during the prenatal and postpartum period. She specializes in treating perinatal mood disorders and working with individuals as they transition into parenthood. She also provides therapy for reproductive trauma, pregnancy loss and infertility.
Marriage and Family Therapy (cont.)

Laura E. Sudano, PhD, LMFT
Marriage and Family Therapist

Specialty:
Marriage and Family Therapy

La Jolla - 9333 Genesee Avenue
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8600
Direct Clinic Line - Scripps Ranch: (858) 657-7750

Bio:
Laura Sudano, PhD, is a licensed marriage and family therapist (LMFT) who provides therapy to address sport performance, other performance issues, anxiety and depression. She also offers family and couples therapy.
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