UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

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For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92037

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92039

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care
(Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592

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Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health System.

**William J. Ackerman, MD**
Primary Care Physician for Concierge Medicine Patients
Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine, Concierge Medicine

**La Jolla - 8899 University Center Lane**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

**Bio:**
William Ackerman, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care, diagnosis, and treatment of acute and chronic diseases.

**Clark Bach, MD**
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine

**Add'l Language:**
Vietnamese

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

**Bio:**
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

**Unna Albers (Formerly McPherson), MD**
Primary Care Physician
Clinical Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**Add'l Language:**
Korean

**La Jolla - 8939 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

**Bio:**
Unna McPherson Albers, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. In 2009, 2011-2014, Dr. Albers was named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

**Sonia Bajwa-Dulai, MD**
Primary Care Physician
Assistant Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**Add'l Languages:**
Hindi, Punjabi

**Sorrento Valley - Directors Place**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

**Bio:**
Sonia Bajwa-Dulai, MD, is a primary care physician, board-certified in internal medicine. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases, as well as basic well-woman care.
Internal Medicine (cont.)

**Arthi Balu, MD**  
Primary Care Physician  
Specialties: Primary Care, Internal Medicine  
La Jolla - 8939 Villa La Jolla Drive  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  
Bio:  
Arthi Balu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Balu treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women's health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

**Edward David Brown, MD**  
Primary Care Physician for Concierge Medicine Patients  
Medical Director, Concierge Medicine  
Clinical Professor of Medicine  
Specialties: Primary Care, Internal Medicine, Concierge Medicine  
La Jolla - 8899 University Center Lane  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-5000  
Bio:  
Edward David Brown, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

**Sam Baroudi, MD**  
Primary Care Physician  
Affiliated Provider  
Specialties: Primary Care, Internal Medicine  
Add'l Languages: Arabic, French  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  
Bio:  
Sam Baroudi, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

**Lori A. Brown, MD**  
Primary Care Physician  
Professor of Medicine  
Specialties: Primary Care, Internal Medicine  
La Jolla - 8939 Villa La Jolla Drive  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  
Bio:  
Lori A. Brown, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Her clinical expertise includes diabetes, gastrointestinal and cardiac disease, medical education, musculoskeletal disease, wellness and disease prevention and women's health.
Internal Medicine (cont.)

Leah M. Bruno, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Leah Bruno, MD, is an internist who provides primary care to adults, including preventive care, and diagnosis and treatment of acute and chronic diseases. Her practice includes the care of children and she has a special interest in adolescent medicine, providing care for teens and older young adults who may consider transitioning to an adult primary care doctor.

Karen Cadman, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Karen Cadman, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Lynnette Cederquist, MD
Professor of Medicine
Pain Management Specialist

Specialties:
Internal Medicine, Pain Management

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lynette Cederquist, MD, is a hospice and palliative medicine specialist who helps relieve suffering in people with life-limiting and advanced illnesses. As a provider of palliative care, she aims to optimize comfort and quality of life while addressing the psychological, social, and spiritual concerns of patients and their families. Dr. Cedequist currently only sees patients with chronic pain who have been referred to her by internists at UC San Diego Health.

Jessica J. Chen, MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Chinese, Taiwanese

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Jessica Chen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Maribeth Chong, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Add'l Language:
Tagalog
Contact:
Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.

Nicholas Daniels, MD, MPH
Primary Care Physician
Professor of Medicine
Specialties:
Primary Care, Internal Medicine
La Jolla - 8939 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Bio:
Nicholas Daniels, MD, MPH, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Yoo Jin Chong, MD
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Add'l Language:
Korean
Contact:
Bio:
Yoo Jin Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. He is a member of the UC San Diego Health Physician Network.

Jennifer DeConde, MD
Primary Care Physician
Assistant Professor of Medicine
Specialties:
Primary Care, Internal Medicine
Sorrento Valley - Directors Place
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400
Bio:
Jennifer DeConde, MD, is a board-certified internal medicine physician. She provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Dalia Elias, MBBS
Primary Care Physician

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Malayalam

Contact:
Rancho Bernardo - Via Tazon
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

Neil J Farber, MD
Primary Care Physician
Clinical Medical Director
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Neil Farber, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Rodrigo J. Fernandez, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Spanish

Contact:

Bio:
Rodrigo Fernandez, MD, is a board-certified physician providing primary care in Chula Vista. He is a member of UC San Diego Health Physician Network.

Courtney C. Hanson, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Courtney C. Hanson, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

**Alma Harb, MD**  
Primary Care Physician for Concierge Medicine Patients  

*Specialties:*  
Primary Care, Internal Medicine, Concierge Medicine  

*Add'l Languages:*  
Arabic, French, Spanish  

La Jolla - 8899 University Center Lane  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-5000  

Bio:  
Alma Harb, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

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**Deanna Hill, MD**  
Primary Care Physician  
Associate Professor of Medicine  

*Specialties:*  
Primary Care, Internal Medicine  

*Add'l Language:*  
Spanish  

Hillcrest - 4th & Lewis Medical Offices  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 471-9250  

Bio:  
Deanna Hill, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

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**Charles Hergesheimer, MD**  
Primary Care Physician  
Assistant Clinical Professor of Medicine  

*Specialties:*  
Primary Care, Internal Medicine  

Vista - Sycamore Avenue  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 598-1776  

Bio:  
Charles Hergesheimer, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic illnesses.

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**Heather L. Hofflich, DO**  
Endocrinologist  
Professor of Medicine  

*Specialties:*  
Endocrinology, Internal Medicine, Primary Care  

La Jolla - 8939 Villa La Jolla Drive  
La Jolla - Perlman Medical Offices  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  
Direct Clinic Line: (858) 657-1636  

Bio:  
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a "Top Doc" in *San Diego Magazine*’s "Physicians of Exceptional Excellence" annual survey performed in collaboration with the San Diego County Medical Society.
Internal Medicine (cont.)

Marika Holte, MD  
Primary Care Physician  
Specialties:  
Primary Care, Internal Medicine  
La Jolla - 8939 Villa La Jolla Drive  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  
Bio:  
Marika Holte, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Amy Huang, MD, MPH  
Primary Care Physician  
Assistant Clinical Professor of Medicine  
Specialties:  
Primary Care, Internal Medicine  
Add'l Languages:  
Mandarin, Taiwanese  
Hillcrest - 4th & Lewis Medical Offices  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 471-9250  
Bio:  
Amy Huang, MD, is board-certified in internal medicine and pediatrics. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in preventive medicine and is passionate about global health and medical education.

Mary Jaramillo, MD  
Primary Care Physician  
Specialties:  
Primary Care, Internal Medicine  
Vista - Sycamore Avenue  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 598-1776  
Bio:  
Mary Jaramillo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Simerjot K Jassal, MD  
Primary Care Physician  
Professor of Medicine  
Specialties:  
Primary Care, Internal Medicine  
Add'l Languages:  
Punjabi, Spanish  
Hillcrest - UC San Diego Medical Center  
Contact:  
New Patient Registration: (800) 926-8273  
Bio:  
Simerjot K. Jassal, MD, is a primary care physician who provides services for a wide range of health issues including hypertension, diabetes, infection, liver and lung disease, and cancer. She personally cares for continuity patients and oversees medical residents who deliver services to women veterans at VA San Diego Healthcare System, and serves as an inpatient ward attending at both VA San Diego and UC San Diego Medical Center. At this time, patients cannot schedule an appointment with Dr. Jassal as she is a hospital medicine attending physician only.
Internal Medicine (cont.)

Jeffrey D. Jenks, MD, MPH
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Infectious Diseases

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Jeffrey Jenks, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Jenks also has advanced training in infectious diseases and a special interest in treating tuberculosis.

Christina Le, MD
Primary Care Physician
Associate Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Christina Le, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Le has special training in infectious diseases and provides comprehensive travel medicine services for adults. These include pre-travel medical evaluations, vaccinations, medications and preventive measures for travel-related illnesses and post-travel medical care.

Neil Levine, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Neil Levine, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including nutrition, preventive care and diagnosis and treatment of acute and chronic diseases.

Steven Li, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Steven Li, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He has a special interest in medical informatics and enjoys finding ways to leverage technology to achieve goals for optimal health care.
Internal Medicine (cont.)

Tony Lopez, MD  
Primary Care Physician  
Professor of Medicine

Specialties:  
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

Bio:  
Tony Lopez, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ottar Viker Lunde, MD  
Primary Care Physician  
Associate Professor of Medicine

Specialties:  
Primary Care, Internal Medicine

Add'l Languages:  
Norwegian, Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962  
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:  
Ottar V. Lunde, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and the diagnosis and treatment of acute and chronic diseases. Dr. Lunde has a special interest in heart failure, sleep medicine and weight loss counseling. He is certified by the American Board of Obesity Medicine.

Lawrence Ma, MD  
Primary Care Physician

Specialties:  
Primary Care, Internal Medicine, Pediatrics

Add'l Language:  
Mandarin

Hillcrest - 4th & Lewis Medical Offices  
Kearny Mesa - Frost Street  
La Jolla - 8910 Villa La Jolla

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962  
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:  
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.
Internal Medicine (cont.)

Nicole Mandich, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Nicole Mandich, MD, is an internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in mental health, weight management and preventative medicine.

Ramona Master, MD
Primary Care Physician for Concierge Medicine Patients

Specialties:
Concierge Medicine, Internal Medicine, Primary Care

Add'l Language:
Gujarati

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Ramona Master, MD, is a board-certified internal medicine doctor. Dr. Master treats adults through the concierge medicine program at UC San Diego Health, where she specializes in preventive medicine and chronic disease management. Concierge Medicine is a primary care option that requires an annual fee and offers enhanced services, extended amenities and 24/7 access.

Christyanne Maxson, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Contact:

Bio:
Christyanne Maxson, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Marlene Millen, MD
Primary Care Physician
Chief Medical Information Officer, Ambulatory Care
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Marlene Millen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Lucy D. Moore, MD
Primary Care Physician
Clinical Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**La Jolla - 8939 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

**Bio:**
Lucy D. Moore, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Christine Nguyen, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

**Bio:**
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ryan J. Moran, MD, MPH
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine

**La Jolla - 8939 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

**Bio:**
Ryan Moran, MD, MPH, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive and geriatric care. He also diagnoses and treats acute and chronic diseases such as diabetes and heart disease.

Bernice Ruo, MD, FACP
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine

**La Jolla - 8939 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

**Bio:**
Bernice Ruo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has expertise in caring for individuals with chronic conditions such as hypertension, diabetes and heart disease.
Internal Medicine (cont.)

Elizabeth Salada, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Contact:

Bio:
Elizabeth Salada, MD, MPH, is a board-certified physician providing primary care through her private practice in Poway. She is a member of the UC San Diego Health Physician Network.

Armelia Sani, MD, FACP
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Indonesian

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Armelia Sani, MD, is a board-certified internal medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Julie R. Sierra, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Julie Sierra, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Sierra treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women's health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Amy Sitapati, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Amy M. Sitapati, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Sitapati believes that the best health is achieved through life balance, patient empowerment, a good physician relationship, and integrated care.
Internal Medicine (cont.)

Michael A. Smith, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Michelle Uttaburanont, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Bio:
Michelle Uttaburanont, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Ryan W. Stewart, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Ryan Stewart, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Lisa Wastila, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
German

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lisa Wastila, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Pearl Yu, MD, Pharm D
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Cantonese, Mandarin

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Pearl Yu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Melissa A. Wong, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directo's Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Melissa Wong, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in women's health and preventative medicine.
Obesity Medicine

Joslin Cheverie, MD
Surgeon
Assistant Professor of Surgery

Specialties:
Surgery, Weight-Loss Surgery (Bariatric), Obesity Medicine
Subspecialty:
Minimally Invasive Surgery

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8860

Bio:
Joslin Cheverie, MD, is a board-certified surgeon who specializes in minimally invasive surgeries including bariatric procedures performed on the stomach or intestines to contribute to weight loss.

Santiago Horgan, MD
Surgeon
Professor of Surgery
Director, Center for the Future of Surgery

Specialties:
Weight-Loss Surgery (Bariatric), Surgery, Cancer, Obesity Medicine
Subspecialties:
General and Gastrointestinal Surgery, Minimally Invasive Surgery, Gastrointestinal Cancers
Add'l Language:
Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8860

Bio:
Santiago Horgan, MD, is an internationally recognized expert in esophageal disease, weight-loss surgery, minimally invasive surgery and new technologies and approaches for surgery. He performs a variety of weight-loss procedures including gastric sleeve, gastric plication, gastric bypass, and revisional weight-loss surgeries.

Eduardo Grunvald, MD
Obesity Medicine Physician
Medical Director, Weight Management Program
Professor of Medicine

Specialties:
Obesity Medicine, Weight-Loss Surgery (Bariatric)
Add'l Language:
Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8860

Bio:
Eduardo Grunvald, MD, is a board-certified obesity medicine physician. As part of UC San Diego Health's bariatric surgery team, Dr. Grunvald evaluates and manages patients before and after surgery, and helps people long-term with their health and weight loss journey. He also directs the weight management program, which includes nutrition, behavior, and lifestyle support.
Obesity Medicine (cont.)

Garth Ross Jacobsen, MD  
Director, Hernia Surgery  
Professor of Surgery

Specialties:
Surgery, Weight-Loss Surgery (Bariatric), Obesity Medicine  
Subspecialties:
General and Gastrointestinal Surgery, Minimally Invasive Surgery  
La Jolla - 4520 Executive Drive  
Contact: 
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8860

Bio:  
Garth Jacobsen, MD, is a board-certified surgeon who specializes in hernia surgery and repairing abdominal wall defects. He has expertise in both traditional and minimally invasive surgical techniques. Dr. Jacobsen's approach considers each patient as an individual. He works with each person to develop the best repair or surgical plan available.

Bryan J. Sandler, MD, FACS  
Surgeon  
Associate Professor of Surgery

Specialties:
Surgery, Weight-Loss Surgery (Bariatric), Obesity Medicine  
Subspecialties:
Minimally Invasive Surgery, General and Gastrointestinal Surgery  
Add'l Language:
Spanish  
La Jolla - 4520 Executive Drive  
Contact: 
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8859

Bio:  
Bryan Sandler, MD, is a board-certified surgeon who specializes in treating patients with disorders of the foregut, esophagus, gastric or biliary system and small intestine. In addition to performing hindgut surgery for colon and rectal disorders, Dr. Sandler has specialized training in advanced hernia operations, abdominal wall reconstruction and weight loss surgery. His areas of expertise also include minimally invasive and robotic surgery, and natural orifice surgery.

Daphne (Yvette) LaCoursiere, MD  
Obstetrician/Gynecologist  
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Obesity Medicine  
Subspecialty:
General Gynecology  
La Jolla - 8910 Villa La Jolla  
Jacobs Medical Center  
Contact: 
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8745

Bio:  
Yvette LaCoursiere, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.
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