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Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

William J. Ackerman, MD
Primary Care Physician for Concierge Medicine Patients
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Concierge Medicine

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
William Ackerman, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care, diagnosis, and treatment of acute and chronic diseases.

Unna Albers (Formerly McPherson), MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Korean

La Jolla - 8939 Villa La Jolla Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Unna McPherson Albers, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. In 2009, 2011-2014, Dr. Albers was named a "Top Doc" in San Diego Magazine's "Physicians of Exceptional Excellence" annual survey performed in collaboration with the San Diego County Medical Society.

Jody L. Adams-Renteria, MS, FNP-C
Family Nurse Practitioner

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Spanish

La Jolla - 8939 Villa La Jolla Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Jody Adams-Renteria, MS, RN, is a certified family nurse practitioner (FNP-C) who helps provide comprehensive care for adults. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness.

Clark Bach, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Sonia Bajwa-Dulai, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Hindi, Punjabi

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Sonia Bajwa-Dulai, MD, is a primary care physician, board-certified in internal medicine. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases, as well as basic well-woman care.

Sam Baroudi, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Arabic, French

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Sam Baroudi, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Arthi Balu, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Arthi Balu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Balu treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women's health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Edward David Brown, MD
Primary Care Physician for Concierge Medicine Patients
Medical Director, Concierge Medicine
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Concierge Medicine

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Edward David Brown, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Lori A. Brown, MD  
Primary Care Physician  
Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine  

La Jolla - 8939 Villa La Jolla Drive  

Contact:  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  

Bio:  
Lori A. Brown, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Her clinical expertise includes diabetes, gastrointestinal and cardiac disease, medical education, musculoskeletal disease, wellness and disease prevention and women’s health.

Karen Cadman, MD  
Primary Care Physician  
Assistant Clinical Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine  

Vista - Sycamore Avenue  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 598-1776  

Bio:  
Karen Cadman, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Lynette Cederquist, MD  
Professor of Medicine  
Pain Management Specialist  

Specialties:  
Internal Medicine, Pain Management  
Add'l Language:  
Spanish  

Hillcrest - 4th & Lewis Medical Offices  
La Jolla - 8939 Villa La Jolla Drive  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  

Bio:  
Lynette Cederquist, MD, is a hospice and and palliative medicine specialist who helps relieve suffering in people with life-limiting and advanced illnesses. As a provider of palliative care, she aims to optimize comfort and quality of life while addressing the psychological, social, and spiritual concerns of patients and their families. Dr. Cedequist currently only sees patients with chronic pain who have been referred to her by internists at UC San Diego Health.

Jessica J. Chen, MD  
Primary Care Physician  
Clinical Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine  
Add'l Languages:  
Chinese, Taiwanese  

La Jolla - 8939 Villa La Jolla Drive  

Contact:  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  

Bio:  
Jessica Chen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Maribeth Chong, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Tagalog

Carlsbad - 6260 El Camino Real
Contact:
Direct Clinic Line: (760) 434-6060

Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.

Jennifer DeConde, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place
Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Jennifer DeConde, MD, is a board-certified internal medicine physician. She provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Nicholas Daniels, MD, MPH
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive
Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Nicholas Daniels, MD, MPH, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Joseph Diaz, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive
Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Joseph Diaz, MD, is an internal medicine physician who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He is dedicated to developing long-term relationships and getting to know his patients.
Internal Medicine (cont.)

Dalia Elias, MBBS
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine

**Add'l Language:**
Malayalam

**Rancho Bernardo - Via Tazon**

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 605-4452

**Bio:**
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

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Alma Harb, MD
Primary Care Physician for Concierge Medicine Patients

**Specialties:**
Primary Care, Internal Medicine, Concierge Medicine

**Add'l Languages:**
Arabic, French, Spanish

**La Jolla - 8899 University Center Lane**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

**Bio:**
Alma Harb, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

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Rodrigo J. Fernandez, MD
Primary Care Physician

Affiliated Provider

**Specialties:**
Primary Care, Internal Medicine

**Add'l Language:**
Spanish

**Chula Vista - 4th Avenue**

**Contact:**
Direct Clinic Line: (619) 476-9054

**Bio:**
Rodrigo Fernandez, MD, is a board-certified physician providing primary care in Chula Vista. He is a member of UC San Diego Health Physician Network.

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Charles Hergesheimer, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

**Bio:**
Charles Hergesheimer, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic illnesses.
Internal Medicine (cont.)

Deanna Hill, MD
Primary Care Physician
Associate Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Deanna Hill, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Amy Huang, MD, MPH
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Languages:
Mandarin, Taiwanese

Hillcrest - 4th & Lewis Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Amy Huang, MD, is board-certified in internal medicine and pediatrics. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in preventive medicine and is passionate about global health and medical education.

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a "Top Doc" in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Mary Jaramillo, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Mary Jaramillo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Simerjot K Jassal, MD  
Primary Care Physician  
Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine  

Add'l Languages:  
Punjabi, Spanish  

Hillcrest - UC San Diego Medical Center  

Contact:  
Registration and Scheduling: (800) 926-8273  

Bio:  
Simerjot K. Jassal, MD, is a primary care physician who provides services for a wide range of health issues including hypertension, diabetes, infection, liver and lung disease, and cancer. She personally cares for continuity patients and oversees medical residents who deliver services to women veterans at VA San Diego Healthcare System, and serves as an inpatient ward attending at both VA San Diego and UC San Diego Medical Center. At this time, patients cannot schedule an appointment with Dr. Jassal as she is a hospital medicine attending physician only.

Christina Le, MD  
Primary Care Physician  
Associate Clinical Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine  

La Jolla - 8939 Villa La Jolla Drive  

Contact:  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  

Bio:  
Christina Le, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Le has special training in infectious diseases and provides comprehensive travel medicine services for adults. These include pre-travel medical evaluations, vaccinations, medications and preventive measures for travel-related illnesses and post-travel medical care.

Jeffrey D. Jenks, MD, MPH  
Primary Care Physician  
Assistant Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine, Infectious Diseases  

Hillcrest - 4th & Lewis Medical Offices  

Contact:  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (619) 471-9250  

Bio:  
Jeffrey Jenks, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including nutrition, preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Jenks also has advanced training in infectious diseases and a special interest in treating tuberculosis.

Neil Levine, MD  
Primary Care Physician  
Assistant Clinical Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine  

Vista - Sycamore Avenue  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 598-1776  

Bio:  
Neil Levine, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including nutrition, preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Steven Li, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Steven Li, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He has a special interest in medical informatics and enjoys finding ways to leverage technology to achieve goals for optimal health care.

Tony Lopez, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Tony Lopez, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care as well as the diagnosis and treatment of acute and chronic diseases. He is certified by the American Board of Obesity Medicine.

Ottar Viker Lunde, MD
Primary Care Physician
Associate Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Norwegian, Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Ottar V. Lunde, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care as well as the diagnosis and treatment of acute and chronic diseases. Dr. Lunde has a special interest in heart failure, sleep medicine and weight loss counseling.

He is certified by the American Board of Obesity Medicine.
Internal Medicine (cont.)

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Subspecialty:
General Pediatrics

Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health’s pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.

Nicole Mandich, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Nicole Mandich, MD, is an internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in mental health, weight management and preventative medicine.

Leslie Martin, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Cantonese

La Jolla - 8939 Villa La Jolla Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Leslie Martin, MD, is a board-certified internal medicine physician who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Ramona Master, MD
Primary Care Physician for Concierge Medicine Patients

Specialties:
Concierge Medicine, Internal Medicine, Primary Care
Add'l Language:
Gujarati

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Ramona Master, MD, is a board-certified internal medicine doctor. Dr. Master treats adults through the concierge medicine program at UC San Diego Health, where she specializes in preventive medicine and chronic disease management. Concierge Medicine is a primary care option that requires an annual fee and offers enhanced services, extended amenities and 24/7 access.

Donna Mayeda, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Christyanne Maxson, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

La Jolla - 9850 Genesee Avenue

Contact:

Bio:
Christian Maxson, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Marlene Millen, MD
Primary Care Physician
Chief Medical Information Officer, Ambulatory Care
Professor of Medicine

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Marlene Millen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Lucy D. Moore, MD  
Primary Care Physician  
Clinical Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine  

La Jolla - 8939 Villa La Jolla Drive  

Contact:  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  

Bio:  
Lucy D. Moore, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Christine Nguyen, MD  
Primary Care Physician  
Assistant Clinical Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine  

Add'l Language:  
Vietnamese  

Vista - Sycamore Avenue  

Contact:  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (760) 598-1776  

Bio:  
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ryan J. Moran, MD, MPH  
Primary Care Physician  

Specialties:  
Primary Care, Internal Medicine  

La Jolla - 8939 Villa La Jolla Drive  

Contact:  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  

Bio:  
Ryan Moran, MD, MPH, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive and geriatric care. He also diagnoses and treats acute and chronic diseases such as diabetes and heart disease.

Bernice Ruo, MD, FACP  
Primary Care Physician  

Specialties:  
Primary Care, Internal Medicine  

La Jolla - 8939 Villa La Jolla Drive  

Contact:  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  

Bio:  
Bernice Ruo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has expertise in caring for individuals with chronic conditions such as hypertension, diabetes and heart disease.
Internal Medicine (cont.)

Elizabeth Salada, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Internal Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line: (858) 312-5492
Bio:
Elizabeth Salada, MD, MPH, is a board-certified physician providing primary care through her private practice in Poway. She is a member of the UC San Diego Health Physician Network.

Armelia Sani, MD, FACP
Primary Care Physician
Professor of Medicine
Specialties: Primary Care, Internal Medicine
Add'l Language: Indonesian
Hillcrest - 4th & Lewis Medical Offices
Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Bio:
Armelia Sani, MD, is a board-certified internal medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. Dr. Sani treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women's health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Julie R. Sierra, MD
Primary Care Physician
Specialties: Primary Care, Internal Medicine
Add'l Language: Spanish
Hillcrest - 4th & Lewis Medical Offices
Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Bio:
Julie Sierra, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Sierra treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women's health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Amy Sitapati, MD
Primary Care Physician
Professor of Medicine
Specialties: Primary Care, Internal Medicine
La Jolla - 8939 Villa La Jolla Drive
Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Bio:
Amy M. Sitapati, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Sitapati believes that the best health is achieved through life balance, patient empowerment, a good physician relationship, and integrated care.
Internal Medicine (cont.)

Michael A. Smith, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Rancho Bernardo - Via Tazon

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Ryan W. Stewart, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Ryan Stewart, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Cindy H. Tsai, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Michelle Uttaburanont, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Temecula - 31150 Temecula Parkway

Contact:
Direct Clinic Line: (951) 225-6827

Bio:
Michelle Uttaburanont, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Internal Medicine (cont.)

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Lisa Wastila, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
German

La Jolla - 8939 Villa La Jolla Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lisa Wastila, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Melissa A. Wong, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Melissa Wong, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in women's health and preventative medicine.

Pearl Yu, MD, Pharm D
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Cantonese, Mandarin

La Jolla - 8939 Villa La Jolla Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Pearl Yu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
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