UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*. 

**For Patients**

**Make an Appointment**  
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.  

[health.ucsd.edu/](http://health.ucsd.edu/)

**Find a Provider**  
Search by name, specialty, location or keyword to find the right provider for you.  

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**  
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**  
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla

La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genessee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest

Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo

Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas

Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area

6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown

Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista

910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley

4910 Directors Place
San Diego, CA 92121

Scripps Ranch

9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa

7910 Frost Street
San Diego, CA 92123

Chula Vista

959 Lane Avenue
Chula Vista, CA 91914

Temecula

31720 Temecula Parkway, Suite 100
Temecula, CA 92592

health.ucsd.edu | Patient Access 800-926-8273 | Physician Access 855-543-0555
# Table of Contents

- Colon and Rectal Surgery ................................................................. 1  
- Stroke Care ............................................................................. 3  
- Index ...................................................................................... 6
Colon and Rectal Surgery

Colon and rectal surgery is the medical specialty dealing with surgeries for disorders of the rectum, anus, and colon. Learn more about colon and rectal surgery at UC San Diego Health.

Benjamin Abbadessa, MD, FACS
Colorectal Surgeon
Assistant Professor of Surgery

**Specialties:**
Colon and Rectal Surgery, Surgery, Cancer

**Subspecialties:**
Gastrointestinal Cancers, General and Gastrointestinal Surgery, Minimally Invasive Surgery

**Hillcrest - UC San Diego Medical Center**
**Hillcrest - Medical Offices North**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6277

**Bio:**
Benjamin Abbadessa, MD, is a board-certified colorectal surgeon who treats colon cancer, anal cancer, colon polyps, diverticulitis, Crohn's disease, ulcerative colitis, anal fistula, anal fissure, hemorrhoids, anal abscess, fecal incontinence, rectal prolapse, anal dysplasia and anal skin tags.

Bard Cosman, MD, FACS, FASCRS
Surgeon
Professor of Surgery

**Specialties:**
Colon and Rectal Surgery, Surgery, Cancer, HIV/AIDS

**Subspecialty:**
General and Gastrointestinal Surgery

**Add'l Language:**
French

**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

**Bio:**
Bard Cosman, MD, FACS, FASCRS, is a board-certified colon and rectal surgeon who specializes in anorectal surgery. He is an expert in treating chronic inflammatory lesions such as anal fistula, pilonidal sinus, and hidradenitis suppurativa. He also has a special interest in anal dysplasia and cancer, including HIV-related cases.
Colon and Rectal Surgery (cont.)

Samuel Eisenstein, MD
Surgeon
Assistant Professor of Surgery

Specialties:
Colon and Rectal Surgery, Surgery, Cancer
Subspecialty:
Gastrointestinal Cancers

La Jolla - Perlman Medical Offices
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277
Direct Clinic Line - Encinitas: (760) 536-7300

Bio:
Samuel Eisenstein, MD, is a colon and rectal surgeon, specializing in the treatment of colon cancer and other intestinal disorders, including Crohn's disease and ulcerative colitis. He is an expert in the surgical treatment of anorectal disorders such as hemorrhoids, fistulas and fissures.

Nicole Lopez, MD
Surgeon

Specialties:
Colon and Rectal Surgery, Cancer, Surgery
Subspecialties:
Gastrointestinal Cancers, General and Gastrointestinal Surgery, Minimally Invasive Surgery, Surgical Oncology

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277

Bio:
Nicole Lopez, MD, is a board-certified surgeon. She specializes in surgical oncology and colorectal surgery, and has a particular interest in caring for patients with advanced, recurrent, and metastatic colorectal cancers. She has expertise in treating hereditary syndromes, diverticulitis, pelvic floor diseases, inflammatory bowel disease, and anorectal diseases. She is skilled in laparoscopy and robotic surgery.

Lisa A. Parry, MD
Surgeon
Assistant Professor of Surgery

Specialties:
Colon and Rectal Surgery, Cancer, Surgery
Subspecialties:
Gastrointestinal Cancers, Minimally Invasive Surgery, General and Gastrointestinal Surgery, Gastrointestinal Cancers

La Jolla - Perlman Medical Offices
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277
Direct Clinic Line - Encinitas: (760) 536-7300

Bio:
Lisa Parry, MD, is a board-certified colon and rectal surgeon, specializing in the treatment of colorectal and other intestinal disorders, including Crohn's disease, ulcerative colitis and diverticulitis.

Sonia Ramamoorthy, MD
Chief, Division of Colon and Rectal Surgery
Professor of Surgery

Specialties:
Colon and Rectal Surgery, Cancer, Surgery
Subspecialties:
Gastrointestinal Cancers, Minimally Invasive Surgery, General and Gastrointestinal Surgery

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 822-6277

Bio:
Sonia Ramamoorthy, MD, is a board-certified colon and rectal surgeon. She specializes in treating colorectal and anal cancer, inflammatory bowel disease (IBD) and diverticulitis. She also leads the colorectal cancer team at Moores Cancer Center at UC San Diego Health.
Stroke Care

Stroke care is the medical treatment for a stroke — when the blood supply to part of your brain is interrupted or severely reduced, resulting in the sudden death of brain cells. Learn more about stroke care at UC San Diego Health.

Thomas Hemmen, MD, PhD
Vascular Neurologist
Director, Stroke Center
Professor of Neurosciences

Specialties:
Neurology, Stroke Care
Subspecialty:
Stroke
Add'l Language:
German

Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Thomas Hemmen, MD, PhD, is a board-certified vascular neurologist. His expertise includes caring for patients with stroke, cerebrovascular diseases, and those who require neurological critical care. Dr. Hemmen directs the stroke center at UC San Diego Health and was instrumental in establishing the center as the first certified Stroke Center of Excellence in San Diego County.

Navaz Karanjia, MD
Medical Director, Neurointensive Care Unit
Associate Professor of Neurosciences and Anesthesiology

Specialties:
Neurology, Stroke Care
Subspecialty:
Neurocritical Care

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6291

Bio:
Navaz Karanjia, MD, is a board-certified neurologist who specializes in caring for people with life-threatening diseases of brain, spinal cord and nerves. She is medical director of UC San Diego Health’s Neurocritical Care Program and Neuro-Intensive Care Unit (ICU), which she also founded. The Neuro-ICU team provides around-the-clock expert care, seven days a week, to critically ill patients who may have severe brain injury, stroke or brain tumors, or may be recovering from a neurosurgical procedure.
Stroke Care (cont.)

Alexander A. Khalessi, MD, FAANS
Chair, Neurological Surgery
Professor of Surgery, Radiology and Neurosciences

Specialties:
Neurosurgery, Surgery, Stroke Care, Cancer
Subspecialties:
Neurological Oncology, Endovascular Neurosurgery, Complex Cranial Surgery, Neurological Oncology
Add'l Languages:
Farsi, Spanish

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5540

Bio:
Alexander A. Khalessi, MD, MBA, is a board-certified neurosurgeon who specializes in cranial and endovascular surgery. He is chair of the Department of Neurosurgery and professor of Surgery, Radiology and Neurosciences. He provides both open surgical and catheter-based approaches to complex neurosurgical problems, including brain tumors, aneurysms, arteriovenous malformations (AVM) and carotid disease. His vascular training informs his surgical approach to complex tumors in the brain. He is a fellow of the American Association of Neurological Surgeons (FAANS), American Heart Association Stroke Council (FAHA), and senior member of the Society of Neurointerventional Surgery (SNIS).

Brett C Meyer, MD
Co-Director, UCSD Stroke Center
Professor of Clinical Neurosciences
Medical Director, UCSD Enterprise Telemedicine

Specialties:
Neurology, Stroke Care
Subspecialty:
Stroke

Hillcrest - Medical Offices North
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Brett C. Meyer, MD, is a neurologist at UC San Diego Medical Center, Co-Director of the UC San Diego Stroke Center, and Medical Director for UC San Diego Enterprise Telemedicine. He specializes in acute cerebrovascular disease therapies and technological evaluation and treatment techniques.

Royya Modir, MD
Neurologist
Associate Professor of Neurosciences

Specialties:
Neurology, Stroke Care
Subspecialty:
Stroke
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Royya Modir, MD, is a board-certified neurologist specializing in vascular neurology and the treatment of stroke. Her focus is on treatment strategies for stroke prevention and using thrombolytics for the treatment of acute stroke.
Stroke Care (cont.)

Scott E. Olson, MD
Vascular Neurologist and Endovascular Neurosurgeon
Associate Professor of Surgery

Specialties:
Neurosurgery, Neurology, Stroke Care
Subspecialties:
Endovascular Neurosurgery, Stroke

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5540

Bio:
Scott E. Olson, MD, is a board-certified vascular neurologist with additional fellowship training in interventional neuroradiology/endovascular neurosurgery. He specializes in evaluating and treating disorders of the blood vessels of the brain and spinal cord, which can lead to ischemic or hemorrhagic stroke. His expertise includes both medical and endovascular care for individuals with extra and intracranial stenoses, brain aneurysms and vascular malformations, whether congenital or acquired.

J. Scott Pannell, MD
Neurointerventional Radiologist

Specialties:
Neurosurgery, Radiology, Stroke Care

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5540

Bio:
J. Scott Pannell, MD, is a neurointerventional radiologist who specializes in endovascular neurosurgery and neuroradiology. Dr. Pannell focuses on the catheter-based treatment of ischemic stroke, cerebral aneurysms, arteriovenous malformations, carotid stenosis, vascular tumors, and interventional management of pain associated with disorders of the spine (such as spine blocks).
## Index

| A                | Abbadessa, Benjamin ................................ 1 |
| C                | Cosman, Bard ........................................... 1 |
| E                | Eisenstein, Samuel .................................... 2 |
| H                | Hemmen, Thomas ......................................... 3 |
| K                | Karanjia, Navaz ......................................... 3 |
| L                | Lopez, Nicole .......................................... 2 |
| M                | Meyer, Brett C .......................................... 4 |
| O                | Olson, Scott E. .......................................... 5 |
| P                | Pannell, J. Scott ...................................... 5 |
| R                | Ramamoorthy, Sonia .................................... 2 |
|                 | Khalessi, Alexander A. ................................ 4 |
|                 | Parry, Lisa A. ........................................... 2 |
|                 | Modir, Royya ............................................ 4 |