UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: **doctors.ucsd.edu**.

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
<table>
<thead>
<tr>
<th>Locations</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>La Jolla</strong></td>
<td><strong>Hillcrest</strong></td>
<td><strong>Kearny Mesa</strong></td>
<td><strong>Encinitas</strong></td>
</tr>
<tr>
<td>4510 and 4520 Executive Drive</td>
<td>4th and Lewis Medical Offices</td>
<td>7910 Frost Street</td>
<td>1200 Garden View Road</td>
</tr>
<tr>
<td>San Diego, CA 92121</td>
<td>330 Lewis Street</td>
<td>San Diego, CA 92123</td>
<td>Encinitas, CA 92024</td>
</tr>
<tr>
<td>8910 Villa La Jolla Drive</td>
<td>Medical Offices North</td>
<td><strong>Rady Children’s Hospital-San Diego</strong></td>
<td>477 North El Camino Real</td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
<td>200 West Arbor Drive</td>
<td>3020 Children’s Way</td>
<td>Encinitas, CA 92024</td>
</tr>
<tr>
<td>8899 and 8929 University Center Lane</td>
<td>Medical Offices South</td>
<td><strong>Chula Vista</strong></td>
<td></td>
</tr>
<tr>
<td>San Diego, CA 92122</td>
<td>4168 Front Street</td>
<td>959 Lane Avenue</td>
<td></td>
</tr>
<tr>
<td>8939 Villa La Jolla Drive</td>
<td>UC San Diego Medical Center</td>
<td><strong>Temecula</strong></td>
<td></td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
<td>200 West Arbor Drive</td>
<td>31720 Temecula Parkway</td>
<td></td>
</tr>
<tr>
<td>9333 Genesee Avenue</td>
<td>San Diego, CA 92103</td>
<td><strong>Sorrento Valley</strong></td>
<td></td>
</tr>
<tr>
<td>San Diego, CA 92121</td>
<td><strong>Vista</strong></td>
<td>4910 Directors Place</td>
<td>910 Sycamore Avenue</td>
</tr>
<tr>
<td>8950 Villa La Jolla Drive</td>
<td>910 Sycamore Avenue</td>
<td>San Diego, CA 92121</td>
<td>Vista, CA 92081</td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
<td><strong>Scripps Ranch</strong></td>
<td></td>
<td>9909 Mira Mesa Blvd.</td>
</tr>
<tr>
<td>9350 Campus Point Drive</td>
<td>9909 Mira Mesa Blvd.</td>
<td>San Diego, CA 92131</td>
<td>San Diego, CA 92131</td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Shiley Eye Institute</strong></td>
<td><strong>Jacobs Medical Center</strong></td>
<td><strong>Sulpizio Cardiovascular Center</strong></td>
<td><strong>Moores Cancer Center</strong></td>
</tr>
<tr>
<td>9415 Campus Point Drive</td>
<td>9300 Campus Point Drive</td>
<td>9434 Medical Center Drive</td>
<td>3855 Health Sciences Drive</td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
<td>La Jolla, CA 92037</td>
<td>La Jolla, CA 92093</td>
<td>La Jolla, CA 92093</td>
</tr>
<tr>
<td><strong>Sulpizio Cardiovascular Center</strong></td>
<td><strong>Moores Cancer Center</strong></td>
<td><strong>Scripps Ranch</strong></td>
<td><strong>Jacobs Medical Center</strong></td>
</tr>
<tr>
<td>9434 Medical Center Drive</td>
<td>3855 Health Sciences Drive</td>
<td>9909 Mira Mesa Blvd.</td>
<td>9300 Campus Point Drive</td>
</tr>
<tr>
<td>La Jolla, CA 92093</td>
<td>La Jolla, CA 92093</td>
<td>San Diego, CA 92131</td>
<td>La Jolla, CA 92037</td>
</tr>
<tr>
<td><strong>Moores Cancer Center</strong></td>
<td><strong>Scripps Ranch</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3855 Health Sciences Drive</td>
<td>9909 Mira Mesa Blvd.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>La Jolla, CA 92093</td>
<td>San Diego, CA 92131</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Table of Contents

ENT/Head and Neck (Otolaryngology)
  Hearing & Balance Disorders ........................................................................................................... 1
  Index ................................................................................................................................................. 4
ENT/Head and Neck (Otolaryngology) - Hearing & Balance Disorders

**Rick A. Friedman, MD, PhD**  
Neurotologist  
Professor of Surgery

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Surgery  

**Subspecialties:**  
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders

**La Jolla - Perlman Medical Offices**  
**Moores Cancer Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Perlman Medical Offices: (858) 657-8590  
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

**Bio:**  
Rick Friedman, MD, PhD, is a board-certified neurotologist, a specialist who treats neurological disorders of the ear. He is a world-renowned expert in the treatment of acoustic neuroma, a benign tumor that develops on the main nerve connecting the ear to the brain. In addition to leading the acoustic neuroma program at UC San Diego Health, he also treats meningioma, neurofibromatosis type 2 (NF2), glomus tumors, hearing impairment, otosclerosis, Meniere’s disease, cholesteatoma, and chronic ear infections.

**Sapideh Gilani, MD, FACS**  
Head and Neck Surgeon  
Associate Professor of Surgery

**Specialty:**  
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**  
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders, General Otolaryngology (ENT)

**Hillcrest - UC San Diego Medical Center**  
**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6631

**Bio:**  
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty, and has a special interest in pediatric otolaryngology.
Jeffrey P. Harris, MD, PhD
Division Chief, Otolaryngology
Distinguished Professor

**Specialties:**
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders

**Additional Language:**
French

La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Dr. Harris is a neuro-otologic surgeon who deals with disorders of the ear, hearing and balance, and tumors that affect the skull base.

Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Additional Languages:**
Portuguese, Spanish

La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.
Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders,
Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
Index

F
Friedman, Rick A. ............................................. 1

G
Gilani, Sapideh .................................................. 1

H
Harris, Jeffrey P. ................................................ 2

K
Kari, Elina ........................................................... 2

N
Nguyen, Quyen ................................................... 3