UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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Search by name, specialty, location or keyword to find the right provider for you.

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**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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https://health.ucsd.edu Tuesday, January 28, 2020
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Athletic Training

Brian Livingstone, ATC
Athletic Trainer

Specialties:
Athletic Training, Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Brian Livingstone is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation and performance enhancement. He has additional certifications as a corrective exercise specialist (CES) and a performance enhancement specialist (PES).

Kevin Messey, MS, ATC
Athletic Trainer

Specialties:
Athletic Training, Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kevin Messey, MS, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation, and rehabilitation. He has additional certifications as a corrective exercise specialist (CES) and a certified strength and conditioning specialist (CSCS).

Adrienne Wilson, MS, ATC
Athletic Trainer

Specialties:
Athletic Training, Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Adrienne Wilson, MS, is a certified athletic trainer (ATC) who specializes in injury prevention and individualized exercise programs for people of all ages. She also has expertise in acute injury management, the Graston Technique and other soft-tissue work, and concussion management. Her philosophy of patient care emphasizes educating active people about their bodies and giving them the tools they need to stay healthy and active.
Audiology

Audiology is concerned with hearing, balance and related disorders. Audiologists specialize in treating individuals with hearing loss and proactively preventing related damage. Learn more about audiology at UC San Diego Health.

Meghann Greear, AuD, CCC-A
Audiologist

Specialty:
Audiology

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8590
Direct Clinic Line - Hillcrest: (619) 543-5683

Bio:
Meghann (Kyle) Greear, AuD, is a certified audiologist who provides audiologic (hearing) testing and treatment to patients over the age of 5 and vestibular (balance) testing for adults. She has a special interest in cochlear implants, auditory brainstem implants, osseointegrated hearing implants, hearing aids and assistive listening devices. She treats and diagnoses hearing and balance disorders using advanced technologies.

Meghan K. Spriggs, AuD, CCC-A
Audiologist

Specialty:
Audiology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Meghan K. Spriggs, AuD, is a certified audiologist who cares for adults with hearing loss and ear disorders, including sensorineural, mixed and conductive hearing loss, tinnitus, hearing loss with age (presbycusis), otosclerosis, noise-induced hearing loss, and congenital and acquired hearing loss. Her primary area of interest and expertise is in implantable hearing technologies, including cochlear implantation and osseointegrated hearing implants. Additionally, she sees patients for audiometric evaluation, tympanometry, otoacoustic emissions, speech perception assessment, hearing aid evaluation and fitting, and aural rehabilitation and counseling regarding communication strategies and use of hearing assistive technology.
Audiology (cont.)

Joyce Tsang, AuD, CCC-A
Audiologist

**Specialty:**
Audiology

**Hillcrest - UC San Diego Medical Center**
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-5683
Direct Clinic Line - La Jolla: (858) 657-8590

**Bio:**
Joyce Tsang, AuD, is a certified audiologist who cares for adults with hearing loss and balance (vestibular) disorders. She evaluates and treats sensorineural hearing loss (hearing loss that results from damage to the inner ear or the pathways from the inner ear to the brain), conductive hearing loss (when sound cannot be conducted through the outer and middle ear), and mixed hearing loss, a combination of both types.

Deborah (Debbie) Wian, MA, CCC-A
Audiologist

**Specialty:**
Audiology

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Deborah Wian, MA, is a certified audiologist who treats a variety of hearing losses, mostly in the adult population. She provides behavioral diagnostics for hearing loss and has expertise in fitting assistive listening devices, including hearing aids, FM systems, and Bluetooth-enabled devices. Debbie also performs fittings and orientations of audiology implantable hearing devices such as the Baha and Ponto osseointegrated temporal bone implant systems.

Erika M. Zettner, PhD
Audiologist

**Specialty:**
Audiology

**Add'l Language:**
German

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Erika Zettner, PhD, is a certified audiologist (CCC-A) who specializes in hearing assessments, hearing aid fitting, evoked potential testing, and cochlear implant assessments, mapping and programming.
Cancer - Breast Cancer

Vincent T. Genna, RN, MSN, FNP-BC
Family Nurse Practitioner

Specialty:
Cancer
Subspecialty:
Breast Cancer

La Jolla - Koman Family Outpatient Pavilion
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Breast Health Center: (866) 773-2703
Direct Clinic Line: (858) 822-6100

Bio:
Vincent Genna, MSN, is a board-certified family nurse practitioner (FNP-BC) who specializes in providing care for comprehensive breast health, which includes surgical interventions for breast cancer, evaluation and planning for patients who are at high risk for malignancies, and diagnosis and management of benign breast disease. He performs diagnosis, surgical planning, long-term follow up visits, risk reduction for prevention, and postoperative evaluations.
Cancer - Gynecological Cancers

Michele Srilasak, RN, MSN, ANP-BC
Adult Nurse Practitioner

Specialty: Cancer
Subspecialty: Gynecological Cancers

Moores Cancer Center
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100
Direct Clinic Line - Encinitas: (760) 536-7700

Bio:
Michele Srilasak, MSN, is a board-certified adult nurse practitioner (ANP-BC) who cares for patients with gynecologic cancers, with an emphasis on long-term cancer survivorship care, wellness, and patient education. Her scope of care includes physical evaluations, diagnosis, treatment, symptom management, and supportive care. She also performs cervical, vaginal, vulvar and endometrial biopsies.
Cancer - Head & Neck Cancers

Sarah L. McGhee, MSN, ANP-BC, AOCNP
Adult Nurse Practitioner

Specialty:
Cancer
Subspecialty:
Head & Neck Cancers

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6100

Bio:
Sarah McGhee, MSN, is a board-certified adult nurse practitioner (ANP-BC) and an advanced oncology certified nurse practitioner (AOCNP) who assists in treating people with head and neck cancers. These include cancers of the thyroid, oropharynx, larynx, and salivary glands. She helps manage the care of patients who are undergoing cancer treatment, including chemotherapy, biological therapy, immunotherapy and targeted therapy. She also helps patients and families understand their diagnosis, disease course, and symptom management.

Carie Montesa, MSN, RN, AGACNP-BC
Nurse Practitioner

Specialty:
Cancer
Subspecialty:
Head & Neck Cancers

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6197

Bio:
Carie Montesa, MSN, a board-certified adult gerontology acute-care nurse practitioner (AGACNP-BC) who sees individuals with head and neck cancer. She delivers survivorship care for people at all stages of the cancer journey and helps monitor patients for signs of cancer recurrence. Ms. Montesa also helps patients manage the potential side-effects of cancer treatment and may provide screening recommendations for secondary cancers.
Cancer - Lung Cancer

Laura Toppen, DNP
Nurse Practitioner

Specialty:
Cancer

Subspecialty:
Lung Cancer

Moores Cancer Center
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (866) 773-2703

Bio:
Laura Toppen DNP, is a certified nurse practitioner who works in the lung cancer screening program. She has expertise and sub-specialty training in helping patients with cardiothoracic and vascular conditions.
Cancer - Psychosocial Oncology

Molly Berman, PsyD
Psychologist
Assistant Professor of Psychiatry

Specialties:
Psychology, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Patient & Family Support Services: (858) 822-5381
Direct Clinic Line: (858) 534-7792

Bio:
Molly Berman, PsyD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, she provides psychological assessment, diagnosis or ongoing therapy for patients and families who are experiencing issues that are either related to the cancer experience or interfering with cancer treatment. In addition, she also works with the cystic fibrosis team and provides evidence-based treatments (such as cognitive behavioral therapy or acceptance and commitment therapy) to cystic fibrosis patients.

Veronica Cardenas, PhD
Psychologist
Assistant Clinical Professor of Psychiatry

Specialties:
Psychology, Cancer
Subspecialty:
Psychosocial Oncology
Add'l Language:
Spanish

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Veronica Cardenas, PhD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, she provides psychological assessment, diagnosis or ongoing therapy for patients and families who are experiencing issues that are either related to the cancer experience or interfering with cancer treatment.

Brent T. Mausbach, PhD
Clinical Psychologist
Associate Professor

Specialties:
Psychology, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Brent T. Mausbach, PhD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, he provides psychological assessment, diagnosis or ongoing therapy for patient and families who are experiencing issues that are either related to the cancer experience or are interfering with cancer treatment.
Emily Meier, PhD
Psychologist
Assistant Professor Psychiatry

Specialties:
Psychology, Cancer

Subspecialty:
Psychosocial Oncology

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Emily Meier, PhD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, she provides psychological assessment, diagnosis or ongoing therapy for patients and families who are experiencing issues that are either related to the cancer experience or interfering with cancer treatment. In individual or group psychotherapy, she focuses on issues including depression, anxiety, communication, stress reduction, insomnia, grief or other psychological or emotional issues.
Cancer - Sarcoma (Bone and Soft Tissue)

Christina V. Harris, MPA, PA-C
Physician Assistant

Specialties:
Orthopedics, Cancer
Subspecialties:
Joint, Sarcoma (Bone and Soft Tissue)

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Christina V. Harris, MPA, is a certified physician assistant (PA-C) who works in orthopedic oncology (bone cancer) and joint reconstructions. In this capacity, she assists with preoperative and postoperative care of orthopedic patients in both inpatient and outpatient settings. She also educates patients on orthopedic oncology management as well as hip and knee reconstructions.
Cancer - Urologic Cancer

Archana Ajmera, MSN, ANP-BC, AOCNP
Adult Nurse Practitioner

Specialty:
Cancer

Subspecialty:
Urologic Cancer

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3840

Bio:
Archana Ajmera, MSN, is a board-certified adult nurse practitioner (ANP-BC) and an advanced oncology certified nurse practitioner (AOCNP). She helps treat people with prostate cancer, renal cell carcinoma, urothelial carcinoma, testicular germ cell tumors and penile carcinoma. Her scope of practice includes collaborating with her physician colleagues in physical evaluations, diagnosis, treatment, symptom management, supportive care, and end of life care.

Neremiah Joakim S. Castaño, MS, APRN, ANP-C
Adult Nurse Practitioner

Specialties:
Urology, Cancer

Subspecialties:
Urologic Cancer, Urologic Cancer

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Neremiah Castaño, MS, APRN, is a clinical nurse specialist and certified adult nurse practitioner (ANP-C) who specializes in treating prostate cancer as well as a wide range of urologic conditions, including bladder cancer, kidney cancer, benign prostatic hyperplasia (BPH), erectile dysfunction, lower urinary tract symptoms, and urinary tract infections. In treating urologic cancers, his approach emphasizes long-term survivorship care, wellness and education.

Kerry L. Paulson, DNP, ANP-C, WHNP-BC
Adult Nurse Practitioner

Specialties:
Cancer, Urology

Subspecialties:
Urologic Cancer, Urologic Cancer

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Kerry Paulson, DNP, is a certified adult nurse practitioner (ANP-C) and women’s health nurse practitioner (WHNP-BC) who cares for people with urologic cancers, with an emphasis on long-term cancer survivorship care, wellness, and patient education. Her scope of care includes physical evaluations, diagnosis, treatment, symptom management, and supportive care.
Cardiology - Electrophysiology

Stephanie Yoakum, MSN, ACNP-CS
Nurse Practitioner

**Specialty:**
Cardiology

**Subspecialty:**
Electrophysiology

**Sulpizio Cardiovascular Center**
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

**Bio:**
Stephanie Yoakum, MSN, is a certified acute care nurse practitioner (ACNP-CS) who manages patients with irregular heartbeat (cardiac arrhythmia) and cardiac devices in both the inpatient and outpatient settings. She evaluates patients following their procedure, including assessment of medications, symptoms and appropriate diagnostic tests.
Emergency Medicine

Emergency Medicine is the medical specialty dealing with the immediate treatment of patients whose condition is critical, requiring immediate action. Learn more about [emergency medicine](https://health.ucsd.edu) at UC San Diego Health.

**Ryan Hussman, MPA, PA-C**

**Specialty:**
Emergency Medicine

**La Jolla - 8910 Villa La Jolla**
Jacobs Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Emergency Department - La Jolla: (858) 657-7600
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

**Bio:**
Ryan Hussman, MPA, is a certified physician assistant (PA-C) who treats people of all ages in urgent care and emergency department settings. In this capacity, he provides patient-centered experiences to a wide-range of populations by evaluating patient needs, identifying diagnoses, formulating treatment plans, and using evidence-based medicine to provide the most optimal encounters. Ryan preforms various procedures including fracture reductions, anesthesia administration, interpretation of imaging and lab studies, joint injections and aspirations, and wound care management.

**Amanda Nasser, MS, FNP-BC**

**Family Nurse Practitioner**

**Specialty:**
Emergency Medicine

**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Emergency Department - La Jolla: (858) 657-7600

**Bio:**
Amanda Nasser, MS, is a board-certified family nurse practitioner (FNP-BC) who cares for people of all ages in the emergency department setting with complex conditions and minor procedures.

**Valerie L. Waters, MS, FNP-C**

**Family Nurse Practitioner**

**Specialty:**
Emergency Medicine

**Jacobs Medical Center**
La Jolla - 8910 Villa La Jolla

**Contact:**
New Patient Registration: (800) 926-8273
Emergency Department - La Jolla: (858) 657-7600
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

**Bio:**
Valerie Waters, MS, is a certified family nurse practitioner (FNP-C) who cares for people of all ages in urgent care with health issues including vomiting, dehydration, strains and sprains, fever and flu, infections and skin rashes, accidents and falls, cuts that require stitches, and minor trauma. She also treats patients in the emergency department including those with life-threatening or critical conditions.
ENT/Head and Neck (Otolaryngology)

The surgical specialty of the head and neck – or ear, nose and throat (ENT). Learn more about ENT/head and neck at UC San Diego Health.

Sharon Mick, MSN, FNP-C
Family Nurse Practitioner

Specialty:
ENT/Head and Neck (Otolaryngology)

La Jolla - Perlman Medical Offices
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 657-8590
Direct Clinic Line - Rancho Bernardo: (858) 605-4456

Bio:
Sharon Mick, MSN, is a certified family nurse practitioner (FNP-C) with Head and Neck Surgery at UC San Diego Health. She specializes in treating ear infections and providing professional ear cleanings or earwax removal using special miniature instruments. Ms. Mick sees a variety of conditions that may lead to earwax buildup, including narrow ear canals, Swimmer’s ear, dry ear wax, or an overproduction of earwax. She frequently performs ear cleanings for individuals with hearing aids.
Leslie (Kon) Gomez, MSN, FNP-C
Nurse Practitioner

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Sinus & Rhinology

**Add'l Language:**
Spanish

**La Jolla - Perlman Medical Offices**  
**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

**Bio:**
Leslie Gomez, MSN, is a board-certified nurse family nurse practitioner (FNP-C) who treats adults with acute or recurring inflamed sinuses (sinusitis), inflammation of the sinuses and nasal cavity (rhinosinusitis), and sinus infections. She also provides care for recurring nosebleeds, general ear, nose and throat conditions, earwax buildup and hearing loss.
Leslie (Kon) Gomez, MSN, FNP-C
Nurse Practitioner

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Sinus & Rhinology

**Add'l Language:**
Spanish

**La Jolla - Perlman Medical Offices**
**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Leslie Gomez, MSN, is a board-certified nurse family nurse practitioner (FNP-C) who treats adults with acute or recurring inflamed sinuses (sinusitis), inflammation of the sinuses and nasal cavity (rhinosinusitis), and sinus infections. She also provides care for recurring nosebleeds, general ear, nose and throat conditions, earwax buildup and hearing loss.
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Vanessa Cordova, MSN, APRN, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Vanessa Cordova, MSN, APRN, FNP, is a certified family nurse practitioner providing primary care through Tri-City Primary Care. She is a member of UC San Diego Health Physician Network.

Johanna McEwen-Morofski, PA
Physician Assistant
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Contact:
Direct Clinic Line: (760) 631-4000

Bio:
Johanna McEwen-Morofski, PA, is a certified physician assistant providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Jane Kroese, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Jane Kroese, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Sarah Pierce, MSN, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

La Jolla - Ivanhoe Avenue

Contact:
Direct Clinic Line: (858) 869-0188

Bio:
Sarah Pierce, MSN, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Family Medicine (cont.)

**Christine A. Sullivan, FNP**
Family Nurse Practitioner

Affiliated Provider

**Specialties:**
Primary Care, Family Medicine

**Poway - 15611 Pomerado Rd**

**Contact:**
Direct Clinic Line: (858) 312-5492

**Bio:**
Christine Sullivan, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

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**Yulia Yartseva, MSN, APRN, FNP**
Family Nurse Practitioner

Affiliated Provider

**Specialties:**
Primary Care, Family Medicine

**Add'l Language:**
Russian

**Clairemont - Moraga Avenue**

**Contact:**
Direct Clinic Line: (858) 799-0855

**Bio:**
Yuliya Yartseva, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

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**Cortney Wilcox, FNP**
Family Nurse Practitioner

Affiliated Provider

**Specialties:**
Primary Care, Family Medicine

**Hillcrest - 3900 Fifth Avenue**

**Contact:**
Direct Clinic Line: (858) 554-1212

**Bio:**
Courtney Wilcox, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Genetic Counseling

Taylor J. Berninger, MS, MA, MEd, CGC
Genetic Counselor

Specialty: Genetic Counseling

Sorrento Valley - Directors Place

Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 657-7200

Bio: Taylor Berninger, MS, MA, MEd, is a board-certified genetic counselor who provides assessment and counseling for individuals and their partners before and/or during pregnancy. She helps mothers understand how genes, family history, birth defects or other medical conditions can affect their or their baby’s health. She is part of the Maternal-Fetal Care and Genetics team, which offers ultrasound and prenatal diagnostic testing for both low-risk and high-risk pregnancies.

Diana De Rosa, MS, CGC
Genetic Counselor

Specialty: Genetic Counseling

Moores Cancer Center

Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 822-3240

Bio: Diana De Rosa, MS, is a board-certified genetic counselor who provides risk assessment and genetic counseling for patients and their families. She helps people investigate their family health history, navigate the genetic testing process, and understand and adapt to the medical or psychological implications of genetic diseases.

Christina Brock, MS, CGC
Genetic Counselor

Specialty: Genetic Counseling
Add'l Language: Spanish

Moores Cancer Center
Sorrento Valley - Directors Place

Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 822-3240

Bio: Christina Brock, MS, is a board-certified genetic counselor who provides risk assessment and genetic counseling for patients and their families. She helps people investigate their family health history, navigate the genetic testing process, and understand and adapt to the medical or psychological implications of genetic diseases.

Kimberly Forbes, MS, CGC
Genetic Counselor

Specialty: Genetic Counseling

Moores Cancer Center

Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 822-3240

Bio: Kimberly Forbes, MS, is a board-certified genetic counselor who provides risk assessment and genetic counseling for patients and their families. She helps people investigate their family health history, navigate the genetic testing process, and understand and adapt to the medical or psychological implications of genetic diseases. Ms. Forbes' expertise includes evaluating hereditary cancer syndromes.
Genetic Counseling (cont.)

Lauren Korty, MS, CGC
Genetic Counselor

Specialty:
Genetic Counseling

Moores Cancer Center
Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-3240
Direct Clinic Line: (858) 657-7200

Bio:
Lauren Korty, MS, is a board-certified genetic counselor who provides risk assessment and genetic counseling for patients and their families. She helps people investigate their family health history, navigate the genetic testing process, and understand and adapt to the medical or psychological implications of genetic diseases. Ms. Korty's expertise includes evaluating hereditary cancer syndromes, as well as prenatal genetic counseling.

Andrea Procko, MS, PhD, CGC
Genetic Counselor

Specialty:
Genetic Counseling

Sorrento Valley - Directors Place
Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200
Direct Clinic Line - Moores Cancer Center: (858) 822-3240

Bio:
Andrea Procko, MS, PhD, CGC, is a board-certified genetic counselor who provides risk assessment and genetic counseling for patients and their families. She helps people investigate their family health history, navigate the genetic testing process, and understand and adapt to the medical or psychological implications of genetic diseases. She primarily serves as a prenatal genetic counselor working with individuals and their partners before and/or during pregnancy. She helps parents understand how genes, family history, birth defects, or other medical conditions can affect their or their baby’s health.

Lisa Madlensky, PhD, CGC
Genetic Counselor
Professor of Medicine

Specialty:
Genetic Counseling

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-3240

Bio:
Lisa Madlensky, PhD, is a board-certified genetic counselor who provides cancer risk assessment and genetic counseling for patients and their families. She helps people investigate their family health history, navigate the genetic testing process, and understand and adapt to the medical or psychological implications of genetic diseases.
HIV/AIDS

AIDS (acquired immune deficiency syndrome) is caused by the human immunodeficiency virus (HIV), which kills or impairs cells of the immune system and progressively destroys the body's ability to fight infections and certain cancers. Learn more about HIV/AIDS care at UC San Diego Health.

Courtney Thompson, DNP, FNP-BC
Family Nurse Practitioner

**Specialty:**
HIV/AIDS

**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

**Bio:**
Courtney Thompson is a board-certified family nurse practitioner (FNP-BC) who cares for individuals with HIV/AIDS. She is part of the care team that helps people transition smoothly from the hospitalized setting to outpatient care when they have been cleared for discharge.

Aaron Willcott, MS, PA-C
Physician Assistant

**Specialty:**
HIV/AIDS

**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

**Bio:**
Aaron Willcott, MS, is a certified physician assistant (PA-C) who specializes in HIV medicine and sexual health. He is part of the team at UC San Diego Health's Owen Clinic, where he assists in providing primary care to adults over age 18. This includes preventative care such as cancer screenings and immunizations, and treatment of acute and chronic diseases such as hypertension, diabetes, high cholesterol and thyroid disease. Willcott also helps people with HIV manage their antiretroviral therapy.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health.

Jody L. Adams-Renteria, MS, FNP-C
Family Nurse Practitioner

**Specialties:**
Primary Care, Internal Medicine

**Add'l Language:**
Spanish

La Jolla - 8939 Villa La Jolla Drive

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

**Bio:**
Jody Adams-Renteria, MS, RN, is a certified family nurse practitioner (FNP-C) who helps provide comprehensive care for adults. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness.
Marriage and Family Therapy

Marriage and Family Therapy is a branch of psychotherapy that helps individuals, couples and families to nurture change and development. It provides diagnosis and treatment of mental and emotional disorders, with a holistic perspective to care.

Janelle Farias, MA, LMFT
Marriage and Family Therapist

Specialty:
Marriage and Family Therapy
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Janelle Farias, MA, is a licensed marriage and family therapist (LMFT) who specializes in mental health services to children and adolescents. She has experience working with all types of mental health challenges, including anxiety, depression, attention-deficit/hyperactivity disorder (ADHD), oppositional defiant disorder (ODD), eating disorders, gender dysphoria, autism spectrum disorder, bipolar disorder, and intellectual disability.

Kathleen Huff, MS, LMFT
Marriage and Family Therapist

Specialty:
Marriage and Family Therapy

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kathleen Huff, MS, is a licensed marriage and family therapist (LMFT) whose expertise is in treating children, adolescents and families dealing with a variety of mental health disorders, such as post-traumatic stress disorder (PTSD), anxiety, depression, attention deficit / hyperactivity disorder (ADHD), intellectual disabilities, autism and bipolar disorder.

Chelsea T. Haakmeester, MA, LMFT
Marriage and Family Therapist

Specialty:
Marriage and Family Therapy

La Jolla - 8910 Villa La Jolla
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Chelsea Haakmeester, MA, is a licensed marriage and family therapist (LMFT) who specializes in women’s health and reproductive mental health issues.

Amber Rukaj, MA, LMFT
Marriage and Family Therapist

Specialty:
Marriage and Family Therapy

La Jolla - 8910 Villa La Jolla
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Amber Rukaj, MA, is a licensed marriage and family therapist (LMFT) who provides therapy to women, infants, and their families during the prenatal and postpartum period. She specializes in treating perinatal mood disorders and working with individuals as they transition into parenthood. She also provides therapy for reproductive trauma, pregnancy loss and infertility.
Marriage and Family Therapy (cont.)

Laura E. Sudano, PhD, LMFT
Marriage and Family Therapist

**Specialty:**
Marriage and Family Therapy

**La Jolla - 9333 Genesee Avenue**
**Scripps Ranch - 9909 Mira Mesa Blvd**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8600
Direct Clinic Line - Scripps Ranch: (858) 657-7750

**Bio:**
Laura Sudano, PhD, is a licensed marriage and family therapist (LMFT) who provides therapy to address sport performance, other performance issues, anxiety and depression. She also offers family and couples therapy.

Nutrition Counseling

Nutrition Counseling is a process in which a registered dietician works with an individual to assess his or her dietary intake and identify areas where change is needed based upon medical and/or individual needs.

Heather Diamond, RD, CNSC
Registered Dietitian

**Specialty:**
Nutrition Counseling

**Moores Cancer Center**
**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100
Direct Clinic Line: (619) 471-0420

**Bio:**
Heather Diamond, CNSC, is a registered dietitian who provides individualized nutrition intervention and education for people with cancer. As part of the multidisciplinary team at UC San Diego Health’s Moores Cancer Center, she works closely with patients to implement strategies to manage their nutrition before, during and after treatment.

Kelli Gray-Meisner, RDN
Registered Dietitian Nutritionist

**Specialty:**
Nutrition Counseling

**La Jolla - 9333 Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-0420

**Bio:**
Kelli Gray-Meisner, RDN, is a registered dietitian nutritionist who specializes in helping individuals with gastrointestinal conditions, including irritable bowel syndrome (IBS), inflammatory bowel disease (IBD), ulcerative colitis, Crohn’s disease, celiac disease, and functional gut disorders. She has expertise in integrative and functional principles, with an emphasis on a whole foods based diet and biologically appropriate lifestyle.
Nutrition Counseling (cont.)

Elena Musser, MPH, RD, CNSC, CSRN
Registered Dietitian

**Specialty:**
Nutrition Counseling

**Hillcrest - Medical Offices North**
La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-7876
Direct Clinic Line - Hillcrest: (619) 543-3572

**Bio:**
Elena Musser, MPH, CNSC, CSRN, is a registered dietitian who provides medical nutrition therapy and counsels people with kidney, bariatric and diabetic issues on eating habits to improve health and treat diseases.

Carla Salcedo, BS, RD
Registered Dietitian

**Specialty:**
Nutrition Counseling

**Add'l Languages:**
French, Spanish

**Hillcrest - Medical Offices South**
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-0420

**Bio:**
Carla Salcedo, BS, CDE, is a registered dietitian who counsels people on their eating habits to improve health and help treat diseases. She provides nutrition education and medical nutrition therapy.

Gloria (Patricia) Rubio, MS, RD, CNSC
Registered Dietitian

**Specialty:**
Nutrition Counseling

**Moores Cancer Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100
Direct Clinic Line: (619) 471-0420

**Bio:**
Patiencia Rubio, MS, CNSC, is a registered dietitian who counsels people on their eating habits to improve health and help treat diseases. She provides nutrition education as well as medical nutrition therapy for individuals with chronic illnesses such as cancer. Ms. Rubio is part of the multidisciplinary head and neck cancer team at Moores Cancer Center at UC San Diego Health, where she works closely with patients to implement strategies to help manage their side effects during different stages of treatment.
Christina Buenrostro, MSN, FNP-BC
Nurse Practitioner

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
General Gynecology

**Add'l Language:**
Spanish

**Hillcrest - Medical Offices South**
**La Jolla - 8910 Villa La Jolla**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

**Bio:**
Christina Buenrostro, MSN, is a board-certified family nurse practitioner (FNP-BC) who specializes in obstetrics and gynecology. She provides routine prenatal care, comprehensive gynecological care and family planning services for women of all ages. Common conditions she treats include vaginitis, pelvic pain and abnormal uterine bleeding. Ms. Buenrostro also provides well woman exams and breast exams.

Caroline Connor, MSN, WHNP-BC
Women’s Health Nurse Practitioner

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
General Gynecology

**La Jolla - 8910 Villa La Jolla**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

**Bio:**
Caroline Connor, MSN, is a board-certified women’s health nurse practitioner (WHNP-BC). She provides routine prenatal care, comprehensive gynecological care and family planning services for women of all ages.

Eliana Deutsch, MSN, WHNP-BC, ANP-C
Women’s Health Nurse Practitioner

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
General Gynecology

**La Jolla - 8910 Villa La Jolla**
**Encinitas - Garden View Road**
**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

**Bio:**
Eliana Deutsch, MS, RN, is a board-certified women’s health nurse practitioner (WHNP-BC) and adult nurse practitioner (ANP-C). She provides routine prenatal care, comprehensive gynecological care and family planning services for women of all ages. She has a special interest in caring for teens and adolescents.
Kelly M. Phillips, MSN, WHNP-BC, IBCLC
Women’s Health Nurse Practitioner

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
General Gynecology

**La Jolla - 8910 Villa La Jolla**
**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Rancho Bernardo: (858) 605-4454

**Bio:**
Kelly Phillips, MSN, is a board-certified women’s health nurse practitioner (WHNP-BC) and lactation consultant. She provides routine prenatal and postnatal care, well woman exams, comprehensive gynecological care and family planning services. She often sees individuals with gynecologic conditions such as vaginitis, abnormal pap smears, pelvic pain, and pain during menstruation (dysmenorrhea).

Suzanne Riego, MSN, FNP-BC
Nurse Practitioner

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
General Gynecology

**Kearny Mesa - Convoy Street**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7400

**Bio:**
Suzanne Riego, MSN, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive gynecological care for women of all ages. She offers well-woman exams, birth control counseling and management, prenatal and postpartum care, menopause treatment, and treatment for gynecologic problems including infections.
Obstetrics & Gynecology - Midwifery

Amanda J Becerra, CNM, MSN
Certified Nurse-Midwife

Specialty: Obstetrics & Gynecology
Subspeciality: Midwifery

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Amanda Becerra, CNM, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Anne Cooper, CNM, MSN
Certified Nurse-Midwife

Specialty: Obstetrics & Gynecology
Subspeciality: Midwifery

Hillcrest - Medical Offices South
Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Anne Cooper, CNM, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Christine Cortes, CNM, MSN
Certified Nurse-Midwife

Specialty: Obstetrics & Gynecology
Subspeciality: Midwifery

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Christine Cortes, CNM, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.
Obstetrics & Gynecology - Midwifery (cont.)

Janna Ekholm, CNM, MSN
Certified Nurse-Midwife

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Midwifery  
**Add'l Language:** Spanish

**Hillcrest - Medical Offices South**  
Jacobs Medical Center  
La Jolla - 8910 Villa La Jolla

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-7878  
Direct Clinic Line - La Jolla: (858) 657-8745

**Bio:**  
Janna Ekholm, CNM, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Rebecca C. Garrett-Brown, CNM, MSN
Certified Nurse-Midwife

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Midwifery

**Jacobs Medical Center**  
La Jolla - 8910 Villa La Jolla

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 657-8745

**Bio:**  
Rebecca C. Garrett-Brown, CNM, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Rachel Goodwin, MSN, CNM
Certified Nurse-Midwife

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Midwifery  
**Add'l Language:** Spanish

**Encinitas - Garden View Road**  
Jacobs Medical Center  
La Jolla - 8910 Villa La Jolla

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8745

**Bio:**  
Rachel Goodwin, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in our traditional labor and delivery environment, depending on the desires and needs of her patients.
Melissa Grear Mann, CNM, MPH
Certified Nurse-Midwife

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
Midwifery

**Add'l Language:**
Spanish

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Hillcrest - Medical Offices South
Jacobs Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-6790
Direct Clinic Line - Encinitas: (858) 657-8745

**Bio:**
Melissa Mann, CNM, MPH, is a certified-nurse midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in a traditional labor and delivery environment, depending on the desires and needs of her patients.

Hope Gunther, CNM, MSN
Certified Nurse-Midwife

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
Midwifery

**Add'l Language:**
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

**Bio:**
Hope Gunther, CNM, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Jacqueline M. Henrich, CNM, MSN
Certified Nurse-Midwife

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
Midwifery

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

**Bio:**
Jacqueline Henrich, CNM, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. Her maternity patients can deliver in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on their desires and needs.
Jennifer Hirsch, CNM, MS
Certified Nurse-Midwife

**Specialty:** Obstetrics & Gynecology
**Subspecialty:** Midwifery
**Add'l Language:** Spanish

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

**Bio:**
Jennifer Hirsch, CNM, MS, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Karen Perdion, CNM, MSN
Director, Nurse Midwifery Service

**Specialty:** Obstetrics & Gynecology
**Subspecialty:** Midwifery
**Add'l Language:** Spanish

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

**Bio:**
Karen Perdion, CNM, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.
Obstetrics & Gynecology - Midwifery (cont.)

Beth Timpe, CNM, MS
Certified Nurse-Midwife

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Midwifery  
**Add'l Language:** Spanish

Hillcrest - Medical Offices South  
Jacobs Medical Center  
La Jolla - 8910 Villa La Jolla

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-7878  
Direct Clinic Line - La Jolla: (858) 657-8745

**Bio:**  
Beth Timpe, CNM, MS, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Erica Vu Hill, CNM
Certified Nurse-Midwife

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Midwifery  
**Add'l Language:** Spanish

La Jolla - 8910 Villa La Jolla  
Jacobs Medical Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 657-8745

**Bio:**  
Erica Vu Hill, CNM, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She can deliver babies in our holistic, in-hospital birth center or in a traditional labor and delivery environment, depending on the desires and needs of her patients.

Pamela Ward, CNM, MSN
Certified Nurse-Midwife

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Midwifery

Jacobs Medical Center  
La Jolla - 8910 Villa La Jolla

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 657-8745

**Bio:**  
Pamela Ward, CNM, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.
Vanessa Wright, CNM, WHNP-BC, MSN
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Rancho Bernardo - Via Tazon
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Rancho Bernardo: (858) 605-4454

Bio:
Vanessa Wright, CNM, WHNP-BC, MSN, is a certified-nurse midwife who provides family-centered maternity care, family planning and well-woman care. She can deliver babies in our holistic, in-hospital birth center or in a traditional labor and delivery environment, depending on the desires and needs of her patients.
Obstetrics & Gynecology - Urogynecology

Laura Aughinbaugh, DNP, WHNP, CNM
Nurse Practitioner

Specialty:
Obstetrics & Gynecology
Subspecialty:
Urogynecology

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8737

Bio:
Laura Aughinbaugh, DNP, is a certified midwife (CNM) and women's health nurse practitioner (WHNP) who cares for women with disorders associated with pelvic floor dysfunction, including nonsurgical treatments for pelvic organ prolapse, urinary incontinence, fecal incontinence and recurrent urinary tract infections.

Occupational/Environmental Medicine

UC San Diego Health’s Occupational and Environmental Medicine provides the San Diego area with a full range of services for prevention and compliance assistance; work injury treatment and management; blood borne pathogen exposure; vaccinations; and case coordination. Learn more about occupational and environmental medicine at UC San Diego Health.

Pamela Burdt, NP-C
Nurse Practitioner

Specialty:
Occupational/Environmental Medicine

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 471-9210
Direct Clinic Line - La Jolla: (858) 657-1600

Bio:
Pamela Burdt is a board-certified nurse practitioner (NP-C) who assists in treating and managing work-related injuries, illnesses and diseases.
Ophthalmology

Ophthalmology is the medical specialization concerned with the study, diagnosis and treatment of the eyes. Learn more about [ophthalmology](https://health.ucsd.edu) at UC San Diego Health.

![Paulyne Raymundo, MS, FNP-C](image)

**Paulyne Raymundo, MS, FNP-C**
Family Nurse Practitioner

**Specialty:**
Ophthalmology

**Add'l Language:**
Tagalog

**Shiley Eye Institute**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

**Bio:**
Paulyne Raymundo, MS, is a certified family nurse practitioner (FNP-C) who helps provide treatment to patients with eye conditions.
Orthopedics

Orthopedics is the branch of medicine specializing in the treatment of injuries or disorders of the skeletal system including bones, muscles, joints and ligaments. Learn more about orthopedics at UC San Diego Health.

James N. Hamilton, MS, PA-C
Physician Assistant

Specialty:
Orthopedics

Encinitas - Garden View Road
Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
James Hamilton, MS, is a certified physician assistant (PA-C) who cares for people with orthopedic injuries and conditions, including those with arthritis of the hip and knee and people with failed hip and knee and replacements. He assists in performing a variety of procedures, including hip replacement, hip resurfacing, total and partial knee replacement, and revision arthroplasty of the hip and knee. Mr. Hamilton also works with patients to develop personalized treatment plans that fulfill their physical activity and lifestyle goals.
Andrew Denevan, MS, PA-C
Physician Assistant

Specialty:
Orthopedics

Subspecialties:
Foot & Ankle, Sports Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Andrew Denevan, MS, is a certified physician assistant (PA-C) who works with the Foot and Ankle Division in the Department of Orthopedic Surgery. His areas of expertise include evaluating and treating acute and chronic sports injuries, as well as orchestrating pre and postoperative care. Mr. Denevan is experienced in recommending appropriate custom orthotics and braces, and providing footwear recommendations. He also provides support to the Sports Medicine Program at UC San Diego Health, where he assists in the care of student athletes.
Orthopedics - Joint

Christina V. Harris, MPA, PA-C
Physician Assistant

**Specialties:**
Orthopedics, Cancer

**Subspecialties:**
Joint, Sarcoma (Bone and Soft Tissue)

La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Christina V. Harris, MPA, is a certified physician assistant (PA-C) who works in orthopedic oncology (bone cancer) and joint reconstructions. In this capacity, she assists with preoperative and postoperative care of orthopedic patients in both inpatient and outpatient settings. She also educates patients on orthopedic oncology management as well as hip and knee reconstructions.
Orthopedics - Sports Medicine

Andrew Denevan, MS, PA-C
Physician Assistant

Specialty:
Orthopedics

Subspecialties:
Foot & Ankle, Sports Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Andrew Denevan, MS, is a certified physician assistant (PA-C) who works with the Foot and Ankle Division in the Department of Orthopedic Surgery. His areas of expertise include evaluating and treating acute and chronic sports injuries, as well as orchestrating pre and postoperative care. Mr. Denevan is experienced in recommending appropriate custom orthotics and braces, and providing footwear recommendations. He also provides support to the Sports Medicine Program at UC San Diego Health, where he assists in the care of student athletes.

Jacqueline (Jackie) Upton, MS, ATC, PA-C
Physician Assistant

Specialties:
Orthopedics, Sports Medicine

Subspecialty:
Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Jackie Upton, MS, is a certified physician assistant (PA-C) and certified athletic trainer (ATC) who cares for patients with orthopedic sports injuries. She is part of the multidisciplinary team that provides state-of-the-art care to athletes of all ages. Her areas of expertise include evaluating and treating acute and chronic sports injuries, as well as orchestrating pre and postoperative patient care. She also provides support to the Sports Medicine Program at UC San Diego Health, where she assists in the care of high school and collegiate athletes.
Palliative Care

Jaydee Geluz, MSN, FNP-C
Family Nurse Practitioner

Specialty:
Palliative Care

Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Jaydee Geluz, MSN, is a board-certified family nurse practitioner (FNP-C) who specializes in providing palliative care for people with cancer and other chronic diseases. Palliative medicine focuses on improving the quality of life for patients with serious illnesses and their families.

Jennifer S. Kim, MSN, ANP-BC, ACHPN
Adult Nurse Practitioner

Specialty:
Palliative Care

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Jennifer S. Kim, MSN, is a board-certified adult nurse practitioner (ANP-BC) who specializes in providing palliative care for people with heart failure and other chronic diseases. Palliative medicine focuses on improving the quality of life for patients with serious illnesses and their families.

Pediatrics

Pediatrics is the branch of medicine concerned with children’s health and the prevention and treatment of illnesses in children. Learn more about pediatrics at UC San Diego Health.

Rebecca Sox, MS, MPH, CPNP
Pediatric Nurse Practitioner

Specialty:
Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (619) 543-3771

Bio:
Rebecca Sox, MS, MPH, is a certified pediatric nurse practitioner (CPNP) with the High Risk Infant Follow-Up program at UC San Diego Health. She takes patient histories and performs physical, neurological, and development exams and assessments for high-risk children age five months to three years of age, following discharge from the neonatal intensive care unit. She also assists with early intervention referrals and collaborates with the program's social worker.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

**Jody L. Adams-Renteria, MS, FNP-C**
Family Nurse Practitioner

**Specialties:**
Primary Care, Internal Medicine

**Add'l Language:**
Spanish

**La Jolla - 8939 Villa La Jolla Drive**

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8000

**Bio:**
Jody Adams-Renteria, MS, RN, is a certified family nurse practitioner (FNP-C) who helps provide comprehensive care for adults. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness.

**Carly Babis, PA**
Physician Assistant

Affiliated Provider

**Specialty:**
Primary Care

**Hillcrest - 3900 Fifth Avenue**

**Contact:**
Direct Clinic Line: (858) 554-1212

**Bio:**
Carly Babia, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

**Mark Amis, PA**
Physician Assistant

Affiliated Provider

**Specialty:**
Primary Care

**Temecula - Single Oak Drive**

**Contact:**
Direct Clinic Line - Temecula: (951) 252-8650

**Bio:**
Mark Amis, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.

**Victoria Bayliss, PA**
Physician Assistant

Affiliated Provider

**Specialty:**
Primary Care

**Carlsbad - 7740 El Camino Real**

**Contact:**
Direct Clinic Line: (619) 232-3500

**Bio:**
Victoria Bayliss, PA, MPH, is a certified physician assistant providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Akeela Benson, MSN, FNP-C  
Family Nurse Practitioner  

**Specialty:**  
Primary Care  

**Downtown - West F Street**  
**Hillcrest - Medical Offices South**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Downtown: (833) 823-9777  
Direct Clinic Line - Owen Clinic: (619) 543-3995  

**Bio:**  
Akeela Benson, MSN, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages.

Alonso Chan, PA  
Physician Assistant  

**Specialty:**  
Primary Care  

**Add'l Language:**  
Spanish  

**Chula Vista - J Street**  

**Contact:**  
Direct Clinic Line: (858) 779-2366  

**Bio:**  
Alonso Chan, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

Kelsey Brangoccio, PA  
Physician Assistant  

**Affiliated Provider**  

**Specialty:**  
Primary Care  

**Clairemont - Moraga Avenue**  
**Normal Heights - Adams Ave**  
**Chula Vista - J Street**  

**Contact:**  
Direct Clinic Line: (858) 799-0855  

**Bio:**  
Kelsey Brangoccio, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Alexandra Chatfield, PA  
Physician Assistant  

**Affiliated Provider**  

**Specialty:**  
Primary Care  

**Normal Heights - Adams Ave**  

**Contact:**  
Direct Clinic Line: (858) 617-0717  

**Bio:**  
Alexandra Chatfield, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Vanessa Cordova, MSN, APRN, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Vanessa Cordova, MSN, APRN, FNP, is a certified family nurse practitioner providing primary care through Tri-City Primary Care. She is a member of UC San Diego Health Physician Network.

Connie Cordrey, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Add'l Language:
Mandarin

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Connie Cordrey, PA, is a certified physician assistant providing primary care through the Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Michelle Etesami Cross, FNP
Family Nurse Practitioner
Affiliated Provider

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Michelle Cross, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Anarella Diaz, NP
Nurse Practitioner
Affiliated Provider

**Specialty:**
Primary Care

**Hemet - W. Stetson Avenue**

**Contact:**
Direct Clinic Line: (951) 225-6802

**Bio:**
Ana Diaz, NP, is a certified nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Belinda Drake, FNP
Family Nurse Practitioner
Affiliated Provider

**Specialty:**
Primary Care

**Menifee - Haun Road**

**Contact:**
Direct Clinic Line: (951) 723-3800

**Bio:**
Belinda (Lyn) Drake, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Dudley (Doug) Elmore, MSN, FNP-BC
Family Nurse Practitioner

**Specialty:**
Primary Care

**La Jolla - 8910 Villa La Jolla**
Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Express Care: (760) 452-7967
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

**Bio:**
Doug Elmore, MSN, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people of all ages. He offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care.

Julie Gabbard, FNP
Family Nurse Practitioner
Affiliated Provider

**Specialty:**
Primary Care

**Hillcrest - 3636 Fifth Avenue**

**Contact:**
Direct Clinic Line: (619) 814-5500

**Bio:**
Julie Gabbard, FNP, is a certified family nurse practitioner providing primary care through The Center for Health & Wellbeing. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Catherine Hanson, FNP
Family Nurse Practitioner
Affiliated Provider

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Catherine Hanson, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Julie Hoffman, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Hillcrest - 3900 Fifth Avenue

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Julie Hoffman, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Ryan Heitman, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Ryan Heitman, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.

Amber Holden, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Amber Holden, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Leslie Karr, FNP
Family Nurse Practitioner
Affiliated Provider

Specialty:
Primary Care

Hillcrest - 3636 Fifth Avenue

Contact:
Direct Clinic Line: (619) 814-5500

Bio:
Leslie Karr, FNP, is a certified family nurse practitioner providing primary care through The Center for Health & Wellbeing. She is a member of the UC San Diego Health Physician Network.

Natalia Kovaleski, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Add'l Language:
Spanish

Hillcrest - 3636 Fifth Avenue

Contact:
Direct Clinic Line: (858) 558-0399

Bio:
Natalia Kovaleski, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Stephanie Kleiner, MSN, FNP-BC
Family Nurse Practitioner

Specialty:
Primary Care

Eastlake Chula Vista - Otay Lakes Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care: (619) 502-7854

Bio:
Stephanie Kleiner, MSN, is a certified family nurse practitioner (FNP-BC) who provides comprehensive care for people of all ages. She develops patient focused plans of care including interpreting diagnostics, pharmacologic and non-pharmacologic therapies, health maintenance screening and patient education.

Jane Kroese, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Jane Kroese, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Deborah C. Layton, FNP
Family Nurse Practitioner

Affiliated Provider

Specialty:
Primary Care

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Deborah Layton, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Desiree Leithem, MS, CNS, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Encinitas - Encinitas Blvd
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Downtown - West F Street
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care: (833) 823-9777
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Direct Clinic Line - Encinitas: (760) 452-7967

Bio:
Desiree Leithem, MS, is a clinical nurse specialist (CNS) and certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. Her focus is preventive care for individuals in health and wellness. She has over two decades of experience in emergency medicine and serves as the nurse practitioner manager for the Emergency Departments at UC San Diego Health.

Janette E. Matthess, MS, FNP-C
Family Nurse Practitioner

Affiliated Provider

Specialty:
Primary Care

Downtown - West F Street

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777
Direct Clinic Line - Express Care: (760) 452-7967

Bio:
Janette Matthess, MS, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.

Robert McDaniel, PA
Physician Assistant

Affiliated Provider

Specialty:
Primary Care

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Robert McDaniel, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Johanna McEwen-Morofski, PA
Physician Assistant
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - W. Vista Way

Contact:
Direct Clinic Line: (760) 631-4000

Bio:
Johanna McEwen-Morofski, PA, is a certified physician assistant providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Brenna Memole, AGNP
Adult-Gerontology Nurse Practitioner
Affiliated Provider

Specialty:
Primary Care

Add'l Language:
Spanish

La Jolla - Ivanhoe Avenue

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Brenna Memole, AGNP, is a certified adult-gerontology nurse practitioner providing primary care at an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Raechel Mora, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Raechel Mora, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Brooke Myrberg, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Hillcrest - 3900 Fifth Avenue
Normal Heights - Adams Ave

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Brooke Myrberg, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Daniel Christopher Nuñez, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care
Add'l Language:
Spanish

Temecula - 31720 Temecula Parkway

Contact:
Direct Clinic Line: (951) 225-6838

Bio:
Daniel Nuñez, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.

Andrea Dangerfield Osorio, MS, FNP-BC
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

La Jolla - Ivanhoe Avenue

Contact:
Direct Clinic Line: (858) 869-0188

Bio:
Andrea Dangerfield Osorio, MS, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people across all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.

Sarah Pierce, MSN, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

La Jolla - 8910 Villa La Jolla

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-6800

Bio:
Sarah Pierce, MSN, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Philippa Rai, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

La Jolla - 9850 Genesee Avenue
Chula Vista - J Street

Contact:
Direct Clinic Line: (858) 864-9800

Bio:
Philippa Rai, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Jessica A. Sarder, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Add'l Language:
Spanish

Hillcrest - 3900 Fifth Avenue
Contact:
Direct Clinic Line: (858) 554-1212
Bio:
Jessica Sarder, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Samantha Schouweiler, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care

Normal Heights - Adams Ave
Contact:
Direct Clinic Line: (858) 617-0717
Bio:
Samantha Schouweiler, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Kelli Alicia Smith, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Menifee - Haun Road
Contact:
Direct Clinic Line: (951) 723-3800
Bio:
Kelli Smith, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Kelly Snowden, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
La Jolla - Ivanhoe Avenue
Contact:
Direct Clinic Line: (858) 869-0188
Bio:
Kelly Snowden, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Mary Steinhoff, NP
Nurse Practitioner
Affiliated Provider
Specialty:
Primary Care
Fallbrook - E. Elder
Contact:
Direct Clinic Line:: (760) 728-8344
Bio:
Mary Steinhoff Holt, NP, is a certified nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Christine A. Sullivan, FNP
Family Nurse Practitioner
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line:: (858) 312-5492
Bio:
Christine Sullivan, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Janine Thorson, RN, MSN, FNP
Family Nurse Practitioner
Affiliated Provider
Specialty:
Primary Care
Menifee - Haun Road
Contact:
Direct Clinic Line:: (951) 723-3800
Bio:
Janine Thorson, RN, MSN, NP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Rebekah Tolopilo, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Menifee - Haun Road
Contact:
Direct Clinic Line:: (951) 723-3800
Bio:
Rebekah Tolopilo, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

**Cortney Wilcox, FNP**  
Family Nurse Practitioner  
Affiliated Provider  

**Specialties:**  
Primary Care, Family Medicine  

**Hillcrest - 3900 Fifth Avenue**  

**Contact:**  
Direct Clinic Line: (858) 554-1212  

**Bio:**  
Cortney Wilcox, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

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**Yulia Yartseva, MSN, APRN, FNP**  
Family Nurse Practitioner  
Affiliated Provider  

**Specialties:**  
Primary Care, Family Medicine  

**Additional Language:**  
Russian  

**Clairemont - Moraga Avenue**  

**Contact:**  
Direct Clinic Line: (858) 799-0855  

**Bio:**  
Yuliya Yartseva, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

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Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about [psychiatry](https://health.ucsd.edu) at UC San Diego Health.

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**Sarah Pai, MSN, PMHNP-BC**  
Psychiatric Mental Health Nurse Practitioner  

**Specialty:**  
Psychiatry  

**Hillcrest - 140 Arbor Drive**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  

**Bio:**  
Sarah Pai, MSN, is a board certified family psychiatric mental health nurse practitioner (PMHNP-BC) who has broad experience working with teens and adults. She has a special interest in treating bipolar, schizophrenia and substance use disorders (addiction). Ms. Pai’s experience includes caring for individuals in both inpatient and outpatient settings, as well as community psychiatry.

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**Alexandra Sietsma, MSN, PMHNP-BC**  
Psychiatric Mental Health Nurse Practitioner  

**Specialty:**  
Psychiatry  

**Hillcrest - 140 Arbor Drive**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  

**Bio:**  
Alexandra Sietsma, MSN, is an advanced practice registered nurse (APRN) and board-certified psychiatric-mental health nurse practitioner (PMHNP-BC) who assesses and treats adults and young adults with depression, anxiety disorders, mood disorders, psychotic disorders, post-traumatic stress disorder (PTSD) and personality disorders. She has experience in both inpatient and outpatient care.
Psychology

Natacha Akshoomoff, PhD
Neuropsychologist
Professor of Psychiatry

**Specialty:**
Psychology

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-1213

**Bio:**
Natacha Akshoomoff, PhD, is a licensed clinical psychologist who specializes in pediatric neuropsychology. She has extensive expertise and experience in the diagnosis and assessment of neurodevelopmental disorders, such as autism spectrum disorder, attention deficit hyperactivity disorder, and learning disorders (reading, math, writing). She conducts assessments with children, teens, and college students. She also works with children who are at risk of having learning and behavioral challenges, including children born preterm and children with medical and neurological conditions.

Carlos Alarid, PsyD
Psychologist

**Specialty:**
Psychology

**Add'l Language:**
Spanish

**La Jolla - 8950 Villa La Jolla Drive**

**Hillcrest - 4th & Lewis Medical Offices**

**Sorrento Valley - Directors Place**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 471-9250
Direct Clinic Line - Sorrento Valley: (858) 249-5400

**Bio:**
Carlos Alarid, PsyD, is a licensed clinical psychologist who treats people with trauma, depression, anxiety, substance abuse and chronic pain. In caring for his patients, Dr. Alarid collaboratively works alongside their primary care physician in the family medicine setting. He provides individual therapy using cognitive behavioral therapy and acceptance and commitment therapy.

Tracy Alderman, PhD
Psychologist

**Specialty:**
Psychology

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Tracy Alderman, PhD is a licensed clinical psychologist who treats people with trauma, depression, anxiety, substance abuse and chronic pain. In caring for his patients, Dr. Alarid collaboratively works alongside their primary care physician in the family medicine setting. He provides individual therapy using cognitive behavioral therapy and acceptance and commitment therapy.
Psychology (cont.)

Katherine J. Bangen, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty: Psychology
La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Katherine Bangen, PhD, is a licensed clinical psychologist who treats older adults with neurological and psychiatric disorders. Her expertise is in conducting clinical neuropsychological evaluations that can help identify root causes of neurological or cognitive problems. Dr. Bangen is part of the Memory, Aging and Resilience Clinic (MARC), a multi-disciplinary team providing comprehensive cognitive, emotional and physical health evaluations of older adults.

Sarah Banks, PhD
Neuropsychologist

Specialty: Psychology
La Jolla - East Campus Office Building (ECOB)

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Sarah Banks, PhD, is a board-certified neuropsychologist who treats patients with neurodegenerative conditions such as Alzheimer's disease, frontotemporal dementia, primary progressive aphasia and mild cognitive impairment. She also serves as director of neuropsychology at the multidisciplinary Memory Disorders Clinic.

Molly Berman, PsyD
Psychologist
Assistant Professor of Psychiatry

Specialties: Psychology, Cancer
Subspecialties: Psychosocial Oncology
Moores Cancer Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Patient & Family Support Services: (858) 822-5381
Direct Clinic Line: (858) 534-7792

Bio:
Molly Berman, PsyD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, she provides psychological assessment, diagnosis or ongoing therapy for patients and families who are experiencing issues that are either related to the cancer experience or interfering with cancer treatment. In addition, she also works with the cystic fibrosis team and provides evidence-based treatments (such as cognitive behavioral therapy or acceptance and commitment therapy) to cystic fibrosis patients.

Lisa J. Black, PsyD
Psychologist

Specialty: Psychology
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 471-9260

Bio:
Lisa Black, PsyD, is a licensed clinical psychologist. She sees patients in the primary care setting where she collaborates closely with medical teams to deliver integrative care that addresses each person's unique needs. This multidisciplinary approach to care helps her identify the most effective treatment options for mental health and neurological related challenges.
Psychology (cont.)

Christopher R. Booth, PsyD
Psychologist

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Christopher Booth, PsyD, is a licensed psychologist who sees people with obsessive compulsive disorders (OCD) and OCD-related disorders, including hoarding disorder, body dysmorphic disorder, hair pulling, skin picking and tic disorders. He is also part of UC San Diego Health’s comprehensive and compassionate mental health services for children and teenagers.

Donna Cook Corbett, PsyD
Psychologist

Specialty:
Psychology

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Donna C. Corbett, PsyD, is a licensed psychologist who helps people cope more effectively with life issues and mental health problems. Dr. Corbett is one of the psychologists with UC San Diego Health’s early psychosis program, which specializes in treating adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental health issues.

Veronica Cardenas, PhD
Psychologist
Assistant Clinical Professor of Psychiatry

Specialties:
Psychology, Cancer

Subspecialty:
Psychosocial Oncology

Add'l Language:
Spanish

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Veronica Cardenas, PhD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, she provides psychological assessment, diagnosis or ongoing therapy for patients and families who are experiencing issues that are either related to the cancer experience or are interfering with cancer treatment.

Lisa Delano-Wood, PhD
Psychologist
Associate Professor

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Lisa Delano-Wood, PhD, is a licensed clinical psychologist who directs UC San Diego Health’s Memory, Aging and Resilience Clinic (MARC). The clinic provides comprehensive cognitive, emotional and physical health evaluation of older adults. She conducts clinical neuropsychological evaluations of individuals with a wide range of neurological and psychiatric disorders.
Psychology (cont.)

Maya S. D’Eon, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Maya D’Eon, PhD, is a licensed clinical psychologist who helps individuals with mood disorders (such as depression and anxiety), chronic pain and chronic medical conditions that can impact mental health.

Emily C. Edmonds, PhD
Neuropsychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Emily C. Edmonds, PhD, is a licensed clinical neuropsychologist who specializes in assessing older adults with neurological and psychiatric disorders, particularly Alzheimer's disease and other forms of dementia.

Jamie M. Gannon, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jamie Gannon PhD, is a licensed clinical psychologist who treats college students and adults with a variety of mental health issues, such as depression, anxiety and substance use disorders (addiction).

Amanda L. Gooding, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Amanda Gooding, PhD, is a licensed clinical psychologist who specializes in neuropsychological assessments of individuals with neurological and psychiatric disorders.
Psychology (cont.)

Meghan Hammel, PhD
Psychologist

**Specialty:**
Psychology

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**
Meghan Hammel, PhD, is a licensed clinical psychologist who provides therapy to women struggling with perinatal depression and anxiety disorders before and after childbirth.

Katia M. Harlé, PhD
Psychologist  
Assistant Professor of Psychiatry

**Specialty:**
Psychology

**Add'l Language:**
French

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**
Katia Harlé, PhD, is a licensed clinical psychologist who treats adults with substance use disorders, depression and anxiety. She specializes in cognitive behavioral therapy and neuropsychological assessments to evaluate a broad range of cognitive and behavioral issues resulting from brain dysfunction.

Jessica A. Hughes, PhD
Psychologist  
Assistant Professor of Psychiatry

**Specialty:**
Psychology

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**
Jessica Hughes, PhD, is a licensed clinical psychologist who specializes in couples, individual and group therapy. Her practice emphasizes evidence-based treatments, including integrative behavioral couples therapy (IBCT) and emotion focused therapy (EFT). She also conducts psychological assessments.

Patricia A. Judd, PhD
Director, Addiction Treatment and Recovery  
Professor of Psychiatry

**Specialty:**
Psychology

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

**Bio:**
Patricia A. Judd, PhD, is a licensed clinical psychologist who specializes in evaluating and assessing mental health conditions. She focuses on individual and couples therapy for those struggling with substance use and other mental health disorders. She also works with individuals and couples with personality disorders.
Psychology (cont.)

Eve Lasswell, PsyD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 534-7792

Bio:
Eve Lasswell, PsyD, is a licensed clinical psychologist who treats adults with substance use and co-occurring disorders. Dr. Lasswell is part of UC San Diego Health's Addiction Recovery and Treatment Services, which uses a harm-reduction approach to provide care for all stages of recovery from substance use disorders. She treats patients with co-occurring mental health and substance abuse disorders in the Intensive Outpatient Program. Throughout the treatment process, she helps adults recover from addiction by encouraging behaviors that build wellness and emotional resilience.

Sarah E. Linke, PhD, MPH
Psychologist
Assistant Professor of Family Medicine and Public Health

Specialty:
Psychology

La Jolla - 8939 Villa La Jolla Drive
La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 534-7792

Bio:
Sarah E. Linke, PhD, is a licensed clinical psychologist who specializes in behavioral medicine, particularly the role of health behaviors in health problems.

Zephon Lister, PhD, LMFT
Assistant Clinical Professor
Director of Collaborative Care Program

Specialty:
Psychology

La Jolla - 9333 Genesee Avenue
Hillcrest - UC San Diego Medical Center
Hillcrest - 4th & Lewis Medical Offices
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273

Bio:
Zephon Lister, PhD, LMFT, is an assistant clinical professor and director of the Collaborative Care Program. He provides initial psychological assessment and therapy for individuals and couples that are facing an array of presenting issues. He works closely with multidisciplinary clinicians to provide a holistic approach to care.

Ian Lowe, PsyD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 534-7792

Bio:
Ian Lowe, PsyD, is a licensed clinical psychologist. He provides initial psychological assessment and therapy for individuals and couples that are facing an array of presenting issues. He works closely with multidisciplinary clinicians to provide a holistic approach to care.
Psychology (cont.)

Brent T. Mausbach, PhD
Clinical Psychologist
Associate Professor

Specialties:
Psychology, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Brent T. Mausbach, PhD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, he provides psychological assessment, diagnosis or ongoing therapy for patient and families who are experiencing issues that are either related to the cancer experience or are interfering with cancer treatment.

Emily Meier, PhD
Psychologist
Assistant Professor Psychiatry

Specialties:
Psychology, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Emily Meier, PhD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, she provides psychological assessment, diagnosis or ongoing therapy for patients and families who are experiencing issues that are either related to the cancer experience or interfering with cancer treatment. In individual or group psychotherapy, she focuses on issues including depression, anxiety, communication, stress reduction, insomnia, grief or other psychological or emotional issues.

Carrie R. McDonald, PhD
Neuropsychologist
Professor of Psychiatry and Adjunct Professor of Radiation Medicine and Applied Sciences

Specialty:
Psychology

La Jolla - PET/CT Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Carrie R. McDonald, PhD, is a neuropsychologist who conducts assessments in people who display behavioral or cognitive difficulties or changes that are significant enough to interfere with their daily living or development. These changes may be a result of injury, accident or disease.
Psychology (cont.)

Arpi Minassian, PhD
Psychologist
Clinical Professor of Psychiatry

Specialty:
Psychology

Add'l Languages:
Armenian, French

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Arpi Minassian, PhD, is a licensed psychologist who helps people who are experiencing difficulties with chronic medical conditions or with mental, emotional and behavioral disorders. She works with patients at UC San Diego Health’s Burn Center and Pulmonary Rehabilitation Program, as well as with people experiencing chronic pain and those awaiting organ transplantation. Dr. Minassian’s expertise includes psychological assessment and individual and group psychotherapy (also called talk therapy) for adults and children.

Heline Mirzakhanian, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Add'l Languages:
Armenian, Farsi, German

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Heline Mirzakhanian, PhD, is a licensed clinical psychologist who helps people cope more effectively with life issues and mental health problems. Dr. Mirzakhanian is the clinical director of UC San Diego Health’s early psychosis program, which specializes in treating adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental health issues. Dr. Mirzakhanian’s expertise is in treating individuals with early symptoms of psychosis; schizophrenia; and bipolar disorder with psychotic features.
Psychology (cont.)

Tanya T. Nguyen, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Hillcrest - UC San Diego Medical Center
Hillcrest - 410 Dickinson Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Senior Behavioral Health Intensive Outpatient Program: (619) 471-3877
Direct Clinic Line - Senior Behavioral Health (Inpatient): (619) 543-3772

Bio:
Tanya T. Nguyen, PhD, is a licensed clinical psychologist who treats older adults with neurological and psychiatric disorders. Her expertise is in conducting neuropsychological evaluations to help determine causes of neurological or cognitive problems, identify an individual’s cognitive strengths and weaknesses, and inform treatment decisions.

Marc A. Norman, PhD
Psychologist
Professor of Psychiatry

Specialty:
Psychology

Hillcrest - UC San Diego Medical Center
Sulpizio Cardiovascular Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Marc A. Norman, PhD, is a licensed psychologist and board-certified clinical neuropsychologist providing care for adults with neurological and psychiatric disorders. He is a part of the Neuropsychological Assessment program at UC San Diego Health, and conducts evaluations in people impacted by stroke, traumatic brain injury, brain tumors, neurodevelopmental injuries, concussions, dementia, memory disorders, and other cognitive issues.

Yuliana Noniyeva, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Add'l Languages:
Russian, Spanish

La Jolla - 8950 Villa La Jolla Drive
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Yuliana Noniyeva, PhD, is a licensed clinical psychologist who treats a range of mental health disorders, including anxiety, depression and attention-deficit/hyperactivity disorder (ADHD). She is part of the college mental health program, which addresses the unique mental health and psychiatric issues of college students in our San Diego community.

Henry J. Orff, PhD
Psychologist

Specialties:
Psychology, Sleep Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Henry J. Orff, PhD, is a licensed clinical psychologist whose expertise is in behavioral sleep medicine. As part of UC San Diego Health’s Sleep Medicine Center, he evaluates and treats sleep disorders by addressing problematic behavioral, psychological, and/or physiological factors that interfere with sleep.
Psychology (cont.)

Jessie S. Park, PsyD
Psychologist

Specialty:
Psychology
Add'l Language:
Korean

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 140 Arbor Drive
La Jolla - Perlman Medical Offices
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jessie Park, PsyD, is a licensed clinical psychologist who specializes in treating adults with co-occurring medical and psychiatric conditions, such as chronic pain and obesity. Dr. Park is the lead psychologist at UC San Diego Health's Center for Pain Medicine, its Bariatric and Metabolic Institute and its psychiatry intensive outpatient program for chronic pain. She also conducts psychoeducational evaluations for students and fitness for duty evaluations for physicians at UC San Diego, and has experience with cancer-related pain.

Veronica B. Perez, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Veronica B. Perez, PhD, is a licensed clinical psychologist who helps people cope more effectively with life issues and mental health problems. Dr. Perez is one of the psychologists with UC San Diego Health's early psychosis program, which specializes in treating adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental health issues.

William Perry, PhD
Psychologist
Vice Chair for Program Development and Operations for the Department of Psychiatry
Professor of Psychiatry

Specialty:
Psychology

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7992

Bio:
William Perry, PhD, is a licensed clinical psychologist and neuropsychologist. He is also a professor and vice chair for Program Development and Operations for the Department of Psychiatry and co-director of the Division of Clinical Psychiatry.
Psychology (cont.)

**Katrin Seifert, PsyD**
Psychologist  
Assistant Professor of Family Medicine and Public Health

**Specialty:**  
Psychology

**La Jolla - 8939 Villa La Jolla Drive**  
**Hillcrest - 4th & Lewis Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 657-8000  
Direct Clinic Line - Hillcrest: (619) 471-9250

**Bio:**  
Katrin Seifert, PsyD, is a board-certified clinical health psychologist who provides mental and behavioral health services in the primary care setting. She sees patients who have been referred to her by their UC San Diego Health primary care physician.

**William J Sieber, PhD**
Clinical Psychologist  
Associate Clinical Professor

**Specialty:**  
Psychology

**Hillcrest - 4th & Lewis Medical Offices**  
**Scripps Ranch - 9909 Mira Mesa Blvd**

**Contact:**  
New Patient Registration: (800) 926-8273

**Bio:**  
Dr. Sieber is on the faculty at the University of California, San Diego in the Department of Family & Preventive Medicine as well as Department of Psychiatry. Dr. Sieber serves as Research Director for the division of Family Medicine. He helps coordinate the Collaborative Care program, delivering clinical services and supervising that of others for the benefit of primary care patients often struggling with chronic illness. Dr. Sieber serves as a reviewer for nearly a dozen peer-reviewed medical journals, has been a consultant to the biotech and pharmaceutical industry, has presented to tens of thousands of health care providers on topics of stress, burnout, and health promotion, and as a licensed psychologist has provided and supervised the delivery of services for over 20 years in a variety of medical settings.
Psychology (cont.)

Wendy G. Tayer, PhD
Psychologist
Assistant Professor of Psychiatry

**Specialty:**
Psychology

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Wendy Tayer, PhD, is a licensed psychologist who helps people cope more effectively with mental health problems, including life stressors and adaptational challenges. As a trained health psychologist, Dr. Tayer’s expertise involves helping people make behavioral choices that promote better health and prevent illness. She specializes in treating chronic illness and pain, anxiety and depression.
Pulmonology (Lung) - Pulmonary Thromboendarterectomy (PTE)

Thao Drcar, MS, ANP-BC, CNS
Certified Adult Nurse Practitioner

Specialty:
Pulmonology (Lung)
Subspecialties:
Pulmonary Vascular Disease, Pulmonary Thromboendarterectomy (PTE)
Add'l Language:
Vietnamese

Sulpizio Cardiovascular Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

Bio:
Thao Drcar, MS, is a board-certified adult nurse practitioner (ANP-BC) and clinical nurse specialist (CNS) who treats patients with chronic thromboembolic pulmonary hypertension (CTEPH). She helps manage the complex care of patients who are undergoing pulmonary thromboendarterectomy (PTE) surgery and balloon pulmonary angioplasty (BPA).

Melissa D. Stinson, MS, ANP-BC, CCRN
Certified Adult Nurse Practitioner

Specialty:
Pulmonology (Lung)
Subspecialties:
Pulmonary Vascular Disease, Pulmonary Thromboendarterectomy (PTE)

Sulpizio Cardiovascular Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

Bio:
Melissa Stinson, MS, is a board-certified adult nurse practitioner (ANP-BC), clinical nurse specialist (CNS) and critical care registered nurse (CCRN) who treats people with chronic thromboembolic pulmonary hypertension (CTEPH). She manages the complex care of patients who are undergoing pulmonary thromboendarterectomy (PTE) surgery and balloon pulmonary angioplasty (BPA).
Pulmonology (Lung) - Pulmonary Vascular Disease

Angela Bautista, MS, PA-C

Specialty:
Pulmonology (Lung)

Subspecialty:
Pulmonary Vascular Disease

Sulpizio Cardiovascular Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

Bio:
Angela Bautista, MS, is a certified physician assistant (PA-C) who treats patients with chronic thromboembolic pulmonary hypertension (CTEPH). As part of the care team, she helps evaluate, plan and implement treatments for individuals with CTEPH in both the hospital and outpatient setting.

Melissa D. Stinson, MS, ANP-BC, CCRN
Certified Adult Nurse Practitioner

Specialty:
Pulmonology (Lung)

Subspecialties:
Pulmonary Vascular Disease, Pulmonary Thromboendarterectomy (PTE)

Sulpizio Cardiovascular Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

Bio:
Melissa Stinson, MS, is a board-certified adult nurse practitioner (ANP-BC), clinical nurse specialist (CNS) and critical care registered nurse (CCRN) who treats people with chronic thromboembolic pulmonary hypertension (CTEPH). She manages the complex care of patients who are undergoing pulmonary thromboendarterectomy (PTE) surgery and balloon pulmonary angioplasty (BPA).

Thao Drcar, MS, ANP-BC, CNS
Certified Adult Nurse Practitioner

Specialty:
Pulmonology (Lung)

Subspecialties:
Pulmonary Vascular Disease, Pulmonary Thromboendarterectomy (PTE)

Add'l Language:
Vietnamese

Sulpizio Cardiovascular Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

Bio:
Thao Drcar, MS, is a board-certified adult nurse practitioner (ANP-BC) and clinical nurse specialist (CNS) who treats patients with chronic thromboembolic pulmonary hypertension (CTEPH). She helps manage the complex care of patients who are undergoing pulmonary thromboendarterectomy (PTE) surgery and balloon pulmonary angioplasty (BPA).
Radiology - Interventional Radiology

Shawn Wagstaff, MS, PA-C
Physician Assistant

Specialty: Radiology
Subspecialty: Interventional Radiology

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-3405
Direct Clinic Line - La Jolla: (619) 471-0320

Bio:
Shawn Wagstaff, MS, is a certified physician assistant (PA-C) who assists interventional radiologists in the diagnosis, treatment and management of disease. He also prescribes medications and performs minor procedures.

Rehabilitation
Rehabilitation focuses on helping people achieve the highest level of function, independence, and quality of life possible. Learn more about the comprehensive rehabilitation services offered at UC San Diego Health.

Lauren Davis, MA, CCC-SLP
Speech-Language Pathologist

Specialties: Speech-Language Pathology, Rehabilitation

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Lauren Davis, MA, is a certified speech-language pathologist who helps individuals maximize their speech ability, language comprehension and expression, social and cognitive-communication skills. She also assesses and treats voice and swallowing disorders. She provides assessment for alternative and augmentative communication (AAC) devices.

Megan Lapiicto, DPT
Physical Therapist

Specialty: Rehabilitation

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Megan Lapicto, DPT, is a licensed physical therapist who specializes in the evaluation and treatment of women and men with pelvic dysfunction and pelvic pain, including urinary incontinence, urge and stress incontinence and pelvic organ prolapse.
Rehabilitation (cont.)

Susan Neese, MA, CCC-SLP
Speech-Language Pathologist

Specialties:
Speech-Language Pathology, Rehabilitation

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Susan Neese, MA, is a speech-language pathologist who helps individuals maximize their speech ability, language comprehension and expression, and social and cognitive-communication skills. She also assesses and treats swallowing disorders, which can occur as a result of illness, surgery, stroke or injury. She is the primary speech pathologist at Thornton Pavilion and also helps patients with Parkinson's disease in the neurological rehabilitation program.

Lindsey Schaefer, MS, CCC-SLP
Speech-Language Pathologist

Specialties:
Speech-Language Pathology, Rehabilitation

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Lindsey Schaefer, MS, CCC-SLP, is a certified speech-language pathologist who evaluates and treats patients with cognitive communication and swallowing disorders. She has a special interest in helping people with neurological disorders such as amyotrophic lateral sclerosis (ALS or Lou Gehrig's disease), movement disorders, stroke, and traumatic brain injury.

Lindsey Unger, MS, CCC-SLP
Speech-Language Pathologist

Specialties:
Speech-Language Pathology, Rehabilitation

La Jolla - 8929 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Lindsey Unger is a speech language pathologist who helps individuals maximize their speech ability, language comprehension and expression, social and cognitive-communication skills. She also assesses and treats voice and swallowing disorders, and provides assessments for augmentative alternative communication devices.
Rehabilitation - Occupational Therapy

Margaret Amaral, OTR/L, CHT
Occupational Therapist

Specialty:
Rehabilitation
Subspecialty:
Occupational Therapy

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Margaret Amaral is a registered and licensed occupational therapist (OTR/L) and certified hand therapist (CHT). Her expertise includes physical agent modalities (PAMs) and treating a wide range injuries and conditions, including tendon repairs, arthritis, fractures, and complex reconstructive repairs of the hand such as digital replantation, crush injuries and nerve repairs.

Lisa F. Harris, OT/L, CHT
Occupational Therapist

Specialty:
Rehabilitation
Subspecialty:
Occupational Therapy

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Lisa Harris, is a licensed occupational therapist (OT/L) and certified hand therapist (CHT). She has more than 25 years’ experience and was among the first group of therapists to become nationally certified in hand rehabilitation in 1990.

Resenia (Resie) Collins, OTR/L
Occupational Therapist

Specialty:
Rehabilitation
Subspecialty:
Occupational Therapy

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Resenia Collins is a registered and licensed occupational therapist (OTR/L) with advanced practice certification in hand therapy and physical agent modalities (PAMs) She is also certified as a lymphedema therapist through the Lymphology Association of North America (LANA).

Julie Larsen, OTD, OTR/L
Occupational Therapist

Specialty:
Rehabilitation
Subspecialty:
Occupational Therapy

La Jolla - 8929 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Julie Larsen, OTD, is a registered and licensed occupational therapist (OTR/L) whose expertise is treating people with neurological disorders, specializing in pediatric and adult patients. She has experience providing therapy for stroke, traumatic brain injury, spinal cord injury, cerebral palsy, low vision, developmental delay, autism, and feeding difficulties.
Rehabilitation - Occupational Therapy (cont.)

Alyssa Mikut, OTR/L
Occupational Therapist

**Specialty:** Rehabilitation  
**Subspecialty:** Occupational Therapy  
**Location:** La Jolla - Koman Family Outpatient Pavilion  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (855) 543-0333  
**Bio:**  
Alyssa Mikut, is a registered and licensed occupational therapist (OTR/L). She works with people in the outpatient setting at UC San Diego Health, helping individuals to improve their safety and functional abilities.

Christina Pineda, OTR/L
Occupational Therapist

**Specialty:** Rehabilitation  
**Subspecialty:** Occupational Therapy  
**Additional Language:** Spanish  
**Location:** Hillcrest - UC San Diego Medical Center  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (855) 543-0333  
**Bio:**  
Christina Pineda, is a registered and licensed occupational therapist (OTR/L) with specialty certification in physical agent modalities (PAMs). She works with patients in the acute care and outpatient settings at UC San Diego Health. She also has experience providing therapy in a variety of settings, including pediatrics, long term acute care, inpatient rehab and home health.
Rehabilitation - Physical Therapy

Jessie (Altman) Agrimis, DPT, NCS
Physical Therapist
Neurologic Clinical Specialist

**Specialty:** Rehabilitation
**Subspecialty:** Physical Therapy

La Jolla - 8929 University Center Lane

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

**Bio:**
Jessie Agrimis, DPT, is a licensed physical therapist who treats people with various neurological disorders, including Parkinson's disease, stroke, multiple sclerosis, brain and spinal injuries, Guillain-Barré syndrome, ALS (i.e. amyotrophic lateral sclerosis or Lou Gehrig's disease) and post-polio syndrome. She also treats individuals with vestibular and balance disorders.

Catherine (Cathy) Burgess, DPT, OCS
Physical Therapist

La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

**Bio:**
Cathy Burgess, DPT, is a licensed physical therapist and board-certified orthopedic clinical specialist (OCS). She often works with cyclists and is experienced in bicycling biomechanics and treating bicycling-related injuries. Her other areas of expertise include gait analysis; shoulder, knee, and hip pathology; temporomandibular joint disorders (TMD); and treating headaches caused by other illness or physical issues (cervicogenic headaches).

Kelley Becherer, DPT
Physical Therapist

La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

**Bio:**
Kelley Becherer, DPT, is a physical therapist who works with all levels of athletes to help them reach their full potential and goals with emphasis on evidence-based practice.

Elizabeth Chien, DPT
Physical Therapist

La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

**Bio:**
Elizabeth Chien, DPT is a licensed physical therapist who helps treat orthopedic conditions. She enjoys working with diverse groups and people of all ages, from athletes, adolescents, adults, and geriatrics.
Rehabilitation - Physical Therapy (cont.)

Lauren Hermas, MPT, OCS
Physical Therapist

Specialty:
Rehabilitation

Subspecialty:
Physical Therapy

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (855) 543-0333

Bio:
Lauren Hermas, MPT, is a licensed physical therapist, board-certified orthopedic clinical specialist (OCS) and certified manual therapist (COMT). Ms. Hermas has extensive experience in orthopedics, utilizing evidence-based practices and manual therapy techniques. She works with patients who have a wide variety of musculoskeletal and neuromuscular conditions, and is particularly skilled in treating conditions of the neck and back, foot and ankle and temporomandibular joint dysfunction.

Jason Hooper, DPT, OCS
Physical Therapist

Specialty:
Rehabilitation

Subspecialty:
Physical Therapy

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (855) 543-0333

Bio:
Jason Hooper, DPT, is a licensed physical therapist, board-certified orthopedic clinical specialist (OCS) who helps patients with orthopedic injuries and conditions. He teaches individuals how to prevent or manage their condition so they gain improved movement and function, as well as long-term health benefits.

Kristen Kiernan, DPT
Physical Therapist

Specialty:
Rehabilitation

Subspecialty:
Physical Therapy

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273

Bio:
Kristen Kiernan, DPT, is a licensed physical therapist who specializes in treating musculoskeletal and orthopedic issues.

Ricci Kuhlken, BSPT
Physical Therapist

Specialty:
Rehabilitation

Subspecialty:
Physical Therapy

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (855) 543-0333

Bio:
Ricci Kuhlken, BSPT, is a licensed physical therapist who specializes in rehabilitating patients with burn injuries. She has over 20 years experience and is the lead outpatient burn therapist at UC San Diego Health. She also has expertise in treating complex traumatic injuries and helping athletes return to their sporting activities.
Rehabilitation - Physical Therapy (cont.)

John Larios, MPT
Physical Therapist

Specialty: Rehabilitation
Subspecialty: Physical Therapy
Add'l Language: Spanish

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
John Larios, MPT, is a licensed physical therapist with expertise in helping patients with vestibular disorders, temporomandibular joint dysfunction and musculoskeletal dysfunction as a result of hemophilia. Mr. Larios teaches individuals how to prevent or manage their condition so they gain improved movement and function, as well as long-term health benefits.

Carter McElroy, MPT
Physical Therapist

Specialty: Rehabilitation
Subspecialty: Physical Therapy
Add'l Language: Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333
Direct Clinic Line - Rancho Bernardo: (858) 605-4446

Bio:
Carter McElroy, MPT, is a physical therapist who specializes in treating people with various balance conditions. He often works with patients who have Parkinson’s disease or vestibular disorders, as well as stroke survivors. He is also experienced in treating patients with various orthopedic injuries.

Yvonne Le, MS, DPT
Physical Therapist

Specialty: Rehabilitation
Subspecialty: Physical Therapy
Add'l Language: Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Yvonne Le, MS, DPT, is a licensed physical therapist who helps people recover from orthopedic injuries and surgeries. She focuses on the patient as a whole to make physical therapy functional and to facilitate returning to work and meaningful activities.

Michelle Obispo McQuerry, DPT, OCS
Physical Therapist

Specialty: Rehabilitation
Subspecialty: Physical Therapy

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Michelle Obispo McQuerry, DPT, is a licensed physical therapist and board-certified orthopedic clinical specialist (OCS). She helps patients regain function and return to sports they enjoy through biomechanical and functional analysis and movement correction. Michelle enjoys treating orthopedic conditions, sports-related injuries, as well as pre and postpartum-related diagnoses.
Rehabilitation - Physical Therapy (cont.)

Kristine Negrete, DPT, NCS
Physical Therapist

Specialty:
Rehabilitation

Subspecialty:
Physical Therapy

La Jolla - 8929 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Kristine Negrete, DPT, is a physical therapist and board-certified neurology clinical specialist (NCS) who treats people conditions such as Parkinson’s disease, stroke, and brain and spinal cord injuries. She also helps people with multiple sclerosis, Guillain-Barré syndrome, post-polio syndrome, and vestibular and balance disorders including post-concussion syndrome.

Christopher Rudd, DPT, OCS
Physical Therapist

Specialty:
Rehabilitation

Subspecialty:
Physical Therapy

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333
Direct Clinic Line - Rancho Bernardo: (858) 605-4446

Bio:
Chris Rudd, DPT, is a licensed physical therapist and board-certified orthopedic clinical specialist (OCS) who specializes in sports medicine. He works with individuals to treat and prevent injuries, and also helps athletes to improve their performance. Mr Rudd’s approach to care is based on evidence-based treatment interventions with an emphasis on manual therapy and correcting faulty movement patterns through exercise and education.

Kaitlin (Katie) Nuthall, DPT
Physical Therapist

Specialty:
Rehabilitation

Subspecialty:
Physical Therapy

Add'l Language:
Spanish

La Jolla - 8929 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Katie Nuthall, DPT, is a physical therapist who specializes in neurological conditions, vestibular dysfunction, and inpatient critical care rehabilitation for stroke survivors. Katie is also a part of the the Acoustic Neuroma Program at UC San Diego Health and works with people before and after surgery, and throughout their recovery process.

Cory Troyer, DPT
Physical Therapist

Specialty:
Rehabilitation

Subspecialty:
Physical Therapy

La Jolla - 8929 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Cory Troyer, DPT, is a licensed physical therapist who helps people with orthopedic and neuromuscular conditions. She enjoys using evidenced-based practice to progress patients towards their functional goals through the use of movement.
Rehabilitation - Physical Therapy (cont.)

Vanessa True, MPT
Physical Therapist

**Specialty:**
Rehabilitation

**Subspecialty:**
Physical Therapy

La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

**Bio:**
Vanessa Rose True, MPT, is a licensed physical therapist who specializes in the evaluation and treatment of women and men with pelvic floor dysfunction and pain.

Ann Valentine, DPT, NCS
Physical Therapist
Neurologic Clinical Specialist

**Specialty:**
Rehabilitation

**Subspecialty:**
Physical Therapy

Jacobs Medical Center
La Jolla - 8929 University Center Lane

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

**Bio:**
Ann Valentine, DPT, is a licensed physical therapist and board-certified neurologic clinical specialist (NCS). Ms. Valentine is the supervisor for outpatient rehabilitation at UC San Diego Health's La Jolla locations. She works with patients with a wide variety of neurologic and musculoskeletal conditions and specializes in treating dizziness, gait and balance problems. She also has extensive experience treating patients with neurologic conditions across the continuum of care.

Kira Underwood, DPT
Physical Therapist

**Specialty:**
Rehabilitation

**Subspecialty:**
Physical Therapy

Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

**Bio:**
Kira Underwood, DPT, is a physical therapist who specializes in treating patients with orthopedic and neurological dysfunctions, as well as pain associated with pregnancy.

Nora Vince, DPT, MPH
Physical Therapist

**Specialty:**
Rehabilitation

**Subspecialty:**
Physical Therapy

La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

**Bio:**
Nora Vince, DPT, MPH, is a licensed physical therapist who helps people with orthopedic and neuromuscular conditions. Ms. Vince often works with cancer patients and women with orthopedic conditions related to pregnancy. She enjoys helping patients reach their functional goals and return to the sports and activities they love.
Rehabilitation - Physical Therapy (cont.)

Stacy Williams, DPT
Physical Therapist

Specialty:
Rehabilitation
Subspecialty:
Physical Therapy

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Stacy Williams, DPT, is a licensed physical therapist who specializes in treating patients with vestibular and balance impairments. She works closely with UC San Diego Health's Concussion Clinic, which offers comprehensive care for concussion assessment and management.

Audrine Yu, DPT
Physical Therapist

Specialty:
Rehabilitation
Subspecialty:
Physical Therapy

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Audrine Yu, DPT is a physical therapist and works primarily in orthopedics. She prioritizes the patient's overall well-being to facilitate return to meaningful activities and higher quality of life. She enjoys working with a diverse population of people.

Sleep Medicine

Sleep medicine is the subspecialty of internal medicine that studies and manages poor sleep hygiene. Learn more about sleep medicine at UC San Diego Health.

Henry J. Orff, PhD
Psychologist

Specialties:
Psychology, Sleep Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Henry J. Orff, PhD, is a licensed clinical psychologist whose expertise is in behavioral sleep medicine. As part of UC San Diego Health's Sleep Medicine Center, he evaluates and treats sleep disorders by addressing problematic behavioral, psychological, and/or physiological factors that interfere with sleep.
Speech-Language Pathology

Speech-language pathology is the clinical specialty that focuses on evaluating and treating communication disorders and swallowing disorders. Learn more about speech and language therapy at UC San Diego Health.

Liza S. Blumenfeld, MA, CCC-SLP, BCS-S
Speech-Language Pathologist

Specialty:
Speech-Language Pathology

Add'l Language:
Spanish

Moores Cancer Center
La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center:: (858) 822-6100
Direct Clinic Line - La Jolla:: (858) 249-4070

Bio:
Liza Blumenfeld, MA, is a speech-language pathologist with expertise in managing complex voice and swallowing disorders in a variety of patients, including those with head and neck cancer. She is a board-certified swallowing disorders specialist (BCS-S) whose therapeutic approach integrates science and technology within a multidisciplinary care model. She is dedicated to restoring patients’ quality of life while they battle the side effects of cancer treatments.

Lauren Davis, MA, CCC-SLP
Speech-Language Pathologist

Specialties:
Speech-Language Pathology, Rehabilitation

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (855) 543-0333

Bio:
Lauren Davis, MA, is a certified speech-language pathologist who helps individuals maximize their speech ability, language comprehension and expression, social and cognitive-communication skills. She also assesses and treats voice and swallowing disorders. She provides assessment for alternative and augmentative communication (AAC) devices.

Kristen Linnemeyer, MA, CCC-SLP
Speech-Language Pathologist

Specialty:
Speech-Language Pathology

Moores Cancer Center
La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center:: (858) 822-6100
Direct Clinic Line - La Jolla:: (858) 249-4070

Bio:
Kristen Linnemeyer, MA, CCC-SLP, is a certified speech-language pathologist with expertise in assessing and treating patients with complex voice and swallowing disorders that occur as a result of illness, surgery, stroke, injury, or head and neck cancer. She has a special interest in post-laryngectomy voice and swallow restoration. Linnemeyer is part of the voice and swallow team within Head and Neck Surgery at UC San Diego Health.
Speech-Language Pathology (cont.)

Susan Neese, MA, CCC-SLP
Speech-Language Pathologist

Specialties:
Speech-Language Pathology, Rehabilitation

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Susan Neese, MA, is a speech-language pathologist who helps individuals maximize their speech ability, language comprehension and expression, and social and cognitive-communication skills. She also assesses and treats swallowing disorders, which can occur as a result of illness, surgery, stroke or injury. She is the primary speech pathologist at Thornton Pavilion and also helps patients with Parkinson's disease in the neurological rehabilitation program.

Lindsey Schaefer, MS, CCC-SLP
Speech-Language Pathologist

Specialties:
Speech-Language Pathology, Rehabilitation

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Lindsey Schaefer, MS, CCC-SLP, is a certified speech-language pathologist who evaluates and treats patients with cognitive communication and swallowing disorders. She has a special interest in helping people with neurological disorders such as amyotrophic lateral sclerosis (ALS or Lou Gehrig’s disease), movement disorders, stroke, and traumatic brain injury.

Erin H. Walsh, MA, CCC-SLP, IBCLC
Speech-Language Pathologist

Specialty:
Speech-Language Pathology

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-4070

Bio:
Erin Walsh, MA, is a speech-language pathologist, singing voice specialist and lactation consultant. She has clinical expertise in managing a wide variety of voice disorders and newborn feeding difficulties, and a special interest in rehabilitating performers and professional voice users. She is a part of the voice and swallowing team within Head and Neck Surgery at UC San Diego Health.
Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about [sports medicine](https://health.ucsd.edu) at UC San Diego Health.

Brian Livingstone, ATC
Athletic Trainer

**Specialties:**
Athletic Training, Sports Medicine

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Brian Livingstone, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation and performance enhancement. He has additional certifications as a corrective exercise specialist (CES) and a performance enhancement specialist (PES).

Jacqueline (Jackie) Upton, MS, ATC, PA-C
Physician Assistant

**Specialties:**
Orthopedics, Sports Medicine

**Subspecialty:**
Sports Medicine

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Jackie Upton, MS, is a certified physician assistant (PA-C) and certified athletic trainer (ATC) who cares for patients with orthopedic sports injuries. She is part of the multidisciplinary team that provides state-of-the-art care to athletes of all ages. Her areas of expertise include evaluating and treating acute and chronic sports injuries, as well as orchestrating pre and postoperative patient care. She also provides support to the [Sports Medicine Program](https://health.ucsd.edu) at UC San Diego Health, where she assists in the care of high school and collegiate athletes.

Kevin Messey, MS, ATC
Athletic Trainer

**Specialties:**
Athletic Training, Sports Medicine

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Kevin Messey, MS, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation, and rehabilitation. He has additional certifications as a corrective exercise specialist (CES) and a certified strength and conditioning specialist (CSCS).

Adrienne Wilson, MS, ATC
Athletic Trainer

**Specialties:**
Athletic Training, Sports Medicine

**La Jolla - 4520 Executive Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Adrienne Wilson, MS, is a certified athletic trainer (ATC) who specializes in injury prevention and individualized exercise programs for people of all ages. She also has expertise in acute injury management, the Graston Technique and other soft-tissue work, and concussion management. Her philosophy of patient care emphasizes educating active people about their bodies and giving them the tools they need to stay healthy and active.
Surgery - General and Gastrointestinal Surgery

Ellen Fink, MS, PA-C
Physician Assistant

Specialty:
Surgery

Subspecialties:
General and Gastrointestinal Surgery, Surgical Oncology

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 822-6100
Direct Clinic Line:: (858) 822-6277

Bio:
Ellen Fink, MS, is a certified physician assistant (PA-C) who cares for patients who have cancer or are undergoing colorectal surgery. She helps treat a wide range of conditions, including colorectal cancers; diverticulitis; pelvic floor diseases; inflammatory bowel disease such as Crohn’s disease or ulcerative colitis; and complex benign and malignant conditions of the bile duct, liver, pancreas and stomach.
Ellen Fink, MS, PA-C
Physician Assistant

**Specialty:**
Surgery

**Subspecialties:**
General and Gastrointestinal Surgery, Surgical Oncology

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6100
Direct Clinic Line: (858) 822-6277

**Bio:**
Ellen Fink, MS, is a certified physician assistant (PA-C) who cares for patients who have cancer or are undergoing colorectal surgery. She helps treat a wide range of conditions, including colorectal cancers; diverticulitis; pelvic floor diseases; inflammatory bowel disease such as Crohn’s disease or ulcerative colitis; and complex benign and malignant conditions of the bile duct, liver, pancreas and stomach.
Urology - Incontinence

Rachel M. Shapiro, MS, PA-C
Physician Assistant

Specialty:
Urology

Subspecialties:
Incontinence, Kidney Stones

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Rachel Shapiro, MS, is a certified physician assistant (PA-C) who specializes in caring for urology patients. She helps treat a wide range of urological conditions, including benign prostate enlargement, lower urinary tract symptoms, kidney stones, benign scrotal conditions, urinary tract infections, erectile dysfunction, hypogonadism, and incontinence. Shapiro also works with patients with congenital urologic malformations who are transitioning from pediatric to adult care.
Urology - Kidney Stones

Rachel M. Shapiro, MS, PA-C
Physician Assistant

Specialty:
Urology

Subspecialties:
Incontinence, Kidney Stones

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Rachel Shapiro, MS, is a certified physician assistant (PA-C) who specializes in caring for urology patients. She helps treat a wide range of urological conditions, including benign prostate enlargement, lower urinary tract symptoms, kidney stones, benign scrotal conditions, urinary tract infections, erectile dysfunction, hypogonadism, and incontinence. Shapiro also works with patients with congenital urologic malformations who are transitioning from pediatric to adult care.
Urology - Male Infertility

Jose-Luis Ruiz, PA-C
Physician Assistant

Specialty:
Urology
Subspecialty:
Male Infertility
Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Jose-Luis Ruiz, MS, is a certified physician assistant (PA-C) who specializes in caring for urology patients in our Men's Health Center. His expertise is in treating male sexual health conditions, including erectile dysfunction, hypogonadism and Peyronie's disease.
Urology - Urologic Cancer

Neremiah Joakim S. Castaño, MS, APRN, ANP-C
Adult Nurse Practitioner

Specialties:
Urology, Cancer
Subspecialties:
Urologic Cancer, Urologic Cancer

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Neremiah Castaño, MS, APRN, is a clinical nurse specialist and certified adult nurse practitioner (ANP-C) who specializes in treating prostate cancer as well as a wide range of urologic conditions, including bladder cancer, kidney cancer, benign prostatic hyperplasia (BPH), erectile dysfunction, lower urinary tract symptoms, and urinary tract infections. In treating urologic cancers, his approach emphasizes long-term survivorship care, wellness and education.

Kerry L. Paulson, DNP, ANP-C, WHNP-BC
Adult Nurse Practitioner

Specialties:
Cancer, Urology
Subspecialties:
Urologic Cancer, Urologic Cancer

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Kerry Paulson, DNP, is a certified adult nurse practitioner (ANP-C) and women’s health nurse practitioner (WHNP-BC) who cares for people with urologic cancers, with an emphasis on long-term cancer survivorship care, wellness, and patient education. Her scope of care includes physical evaluations, diagnosis, treatment, symptom management, and supportive care.
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