UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and U.S. News & World Report's rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

→ New Patients (who have never seen a UC San Diego Health provider)
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

→ Current Patients
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

→ Find a Doctor
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
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<td>San Diego, CA 92121</td>
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<td><strong>Encinitas</strong></td>
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<td><strong>Rady Children’s Hospital-San Diego</strong></td>
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Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Sonia Bajwa-Dulai, MD
Primary Care Physician
Assistant Professor of Medicine

- **Specialties:** Primary Care, Internal Medicine
- **Add'l Languages:** Hindi, Punjabi

Sorrento Valley - Directors Place

- **Contact:**
  - New Patient Registration: (800) 926-8273
  - Direct Clinic Line: (858) 249-5400

- **Bio:**
  Sonia Bajwa-Dulai, MD, is a primary care physician, board-certified in internal medicine. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases, as well as basic well-woman care.

Jennifer DeConde, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

- **Specialties:** Primary Care, Internal Medicine

Sorrento Valley - Directors Place

- **Contact:**
  - New Patient Registration: (800) 926-8273
  - Direct Clinic Line: (858) 249-5400

- **Bio:**
  Jennifer DeConde, MD, is a primary care physician, board-certified in internal medicine. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Weijen W. Chang, MD
Hospitalist
Associate Professor of Medicine

- **Specialties:** Hospital Medicine, Internal Medicine

Jacobs Medical Center

- **Contact:**
  - New Patient Registration: (800) 926-8273

- **Bio:**
  Weijen W. Chang, MD, is a board-certified internal medicine physician who specializes in caring for hospitalized patients. As a hospitalist, Dr. Chang is assigned to patients at the time of admission and provides care only during their hospital stay. He does not see patients at outpatient clinics and is not available for appointments. Upon a patient’s discharge, Dr. Chang communicates with their regular physician to ensure quality care. In addition to patient care, Dr. Chang oversees hospital service staffing at UC San Diego Health’s Thornton Hospital.

Eduardo Grunvald, MD
Primary Care Physician
Program Director, UC San Diego Weight Management Program
Clinical Professor of Medicine

- **Specialties:** Primary Care, Internal Medicine, Obesity Medicine
- **Add'l Languages:** Portuguese, Spanish

La Jolla - 4520 Executive Drive

- **Contact:**
  - New Patient Registration: (800) 926-8273
  - Direct Clinic Line: (858) 657-8000

- **Bio:**
  Eduardo Grunvald, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Shawn Harrity, MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Shawn Harrity, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Harrity has repeatedly been named a "Top Doc" in San Diego Magazine’s "Physicians of Exceptional Excellence" annual survey performed in collaboration with the San Diego County Medical Society.

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a "Top Doc" in San Diego Magazine’s "Physicians of Exceptional Excellence" annual survey performed in collaboration with the San Diego County Medical Society.

Steven Li, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Steven Li, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He has a special interest in medical informatics and enjoys finding ways to leverage technology to achieve goals for optimal health care.

Nicole Mandich, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Nicole Mandich, MD, is an internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in mental health, weight management and preventative medicine.
Internal Medicine (cont.)

Marlene Millen, MD  
Primary Care Physician  
Associate Clinical Professor of Medicine

**Specialties:**  
Primary Care, Internal Medicine  
**Add'l Language:**  
Spanish

**Sorrento Valley - Directors Place**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 471-9250

**Bio:**  
Marlene Millen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Melissa A. Wong, MD  
Primary Care Physician  
Assistant Professor of Medicine

**Specialties:**  
Primary Care, Internal Medicine

**Sorrento Valley - Directors Place**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-5400

**Bio:**  
Melissa Wong, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in women's health and preventative medicine.
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