Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment

Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

Transfer a Patient

For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations

If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient

Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

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<tr>
<th>La Jolla</th>
<th>Hillcrest</th>
<th>Kearny Mesa</th>
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<tr>
<td>4510 and 4520 Executive Drive San Diego, CA 92121</td>
<td><strong>4th and Lewis Medical Offices</strong> 330 Lewis Street San Diego, CA 92103</td>
<td>7910 Frost Street San Diego, CA 92123</td>
</tr>
<tr>
<td>8910 Villa La Jolla Drive La Jolla, CA 92037</td>
<td><strong>Medical Offices North</strong> 200 West Arbor Drive San Diego, CA 92103</td>
<td><strong>Rady Children’s Hospital-San Diego</strong> 3020 Children’s Way San Diego, CA 92123</td>
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<tr>
<td>8899 and 8929 University Center Lane San Diego, CA 92122</td>
<td><strong>Medical Offices South</strong> 4168 Front Street San Diego, CA 92103</td>
<td><strong>Chula Vista</strong> 959 Lane Avenue Chula Vista, CA 91914</td>
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<tr>
<td>8939 Villa La Jolla Drive La Jolla, CA 92037</td>
<td><strong>UC San Diego Medical Center</strong> 200 West Arbor Drive San Diego, CA 92103</td>
<td><strong>Temecula</strong> 31720 Temecula Parkway Temecula, CA 92952</td>
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<tr>
<td>9333 Genesee Avenue San Diego, CA 92121</td>
<td><strong>Encinitas</strong> 1200 Garden View Road Encinitas, CA 92024</td>
<td><strong>Sorrento Valley</strong> 4910 Directors Place San Diego, CA 92121</td>
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<tr>
<td>8950 Villa La Jolla Drive La Jolla, CA 92037</td>
<td>477 North El Camino Real Encinitas, CA 92024</td>
<td><strong>Scripps Ranch</strong> 9909 Mira Mesa Blvd. San Diego, CA 92131</td>
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<tr>
<td>9350 Campus Point Drive La Jolla, CA 92037</td>
<td><strong>Vista</strong> 910 Sycamore Avenue Vista, CA 92081</td>
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<tr>
<td><strong>Shiley Eye Institute</strong> 9415 Campus Point Drive La Jolla, CA 92093</td>
<td><strong>Sulpizio Cardiovascular Center</strong> 9434 Medical Center Drive La Jolla, CA 92093</td>
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<td><strong>Moores Cancer Center</strong> 3855 Health Sciences Drive La Jolla, CA 92093</td>
<td><strong>Jacobs Medical Center</strong> 9300 Campus Point Drive La Jolla, CA 92037</td>
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<tr>
<td><strong>Scripps Ranch</strong> 9909 Mira Mesa Blvd. San Diego, CA 92131</td>
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Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health System.

Karen McCowen, MD
Endocrinologist

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.
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