UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and U.S. News & World Report’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

→ New Patients (who have never seen a UC San Diego Health provider)
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

→ Current Patients
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

→ Find a Doctor
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

### La Jolla
- 4510 and 4520 Executive Drive
  San Diego, CA 92121
- 8910 Villa La Jolla Drive
  La Jolla, CA 92037
- 8899 and 8929 University Center Lane
  San Diego, CA 92122
- 8939 Villa La Jolla Drive
  La Jolla, CA 92037
- 9333 Genesee Avenue
  San Diego, CA 92121
- 8950 Villa La Jolla Drive
  La Jolla, CA 92037
- 9350 Campus Point Drive
  La Jolla, CA 92037

### Hillcrest
- **4th and Lewis Medical Offices**
  330 Lewis Street
  San Diego, CA 92103
- **Medical Offices North**
  200 West Arbor Drive
  San Diego, CA 92103
- **Medical Offices South**
  4168 Front Street
  San Diego, CA 92103
- **UC San Diego Medical Center**
  200 West Arbor Drive
  San Diego, CA 92103

### Kearny Mesa
- 7910 Frost Street
  San Diego, CA 92123

### Rady Children’s Hospital-San Diego
- 3020 Children’s Way
  San Diego, CA 92123

### Chula Vista
- 959 Lane Avenue
  Chula Vista, CA 91914

### Temecula
- 31720 Temecula Parkway
  Temecula, CA 92952

### Sorrento Valley
- 4910 Directors Place
  San Diego, CA 92121

### Shiley Eye Institute
- 9415 Campus Point Drive
  La Jolla, CA 92093

### Sulpizio Cardiovascular Center
- 9434 Medical Center Drive
  La Jolla, CA 92093

### Moores Cancer Center
- 3855 Health Sciences Drive
  La Jolla, CA 92093

### Jacobs Medical Center
- 9300 Campus Point Drive
  La Jolla, CA 92037

### Encinitas
- 1200 Garden View Road
  Encinitas, CA 92024
- 477 North El Camino Real
  Encinitas, CA 92024

### Vista
- 910 Sycamore Avenue
  Vista, CA 92081

### Scripps Ranch
- 9909 Mira Mesa Blvd.
  San Diego, CA 92131
# Table of Contents

Gastroenterology

General Gastroenterology ................................................................. 1

Index ........................................................................................................ 6
Gastroenterology - General Gastroenterology

Brigid S. Boland, MD
Gastroenterologist
Assistant Professor of Medicine

Specialty:
Gastroenterology
Subspecialties:
Inflammatory Bowel Diseases, General Gastroenterology

La Jolla - Perlman Medical Offices
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (619) 543-2347
Direct Clinic Line: (858) 657-7423

Bio:
Brigid Boland, MD, is a board-certified gastroenterologist who treats people with inflammatory bowel disease, including Crohn's disease, ulcerative colitis, indeterminate colitis and microscopic colitis, as well as other conditions.

Michael A. Chang, MD
Gastroenterologist
Assistant Professor of Medicine

Specialty:
Gastroenterology
Subspecialties:
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts, GI Cancer

La Jolla - Perlman Medical Offices
Jacobs Medical Center
Hillcrest - Medical Offices North
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Michael A. Chang, MD, is a board-certified gastroenterologist specializing in hepatobiliary (liver, gallbladder and bile ducts) disorders and pancreatic diseases. He has expertise in advanced endoscopic procedures, including endoscopic ultrasound, polypectomy, endoscopic mucosal resection of polyps/lesions, and endoscopic management of gastrointestinal malignancies, including luminal and biliary stenting.
Gastroenterology - General Gastroenterology (cont.)

Nedret Copur-Dahi, MD  
Associate Professor of Medicine  
Gastroenterologist

**Specialty:**  
Gastroenterology

**Subspecialty:**  
General Gastroenterology

**Add'l Language:**  
Turkish

**Contact:**  
La Jolla - Perman Medical Offices  
Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center

**Bio:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347

Syed M Abbas Fehmi, MD  
Gastroenterologist  
Associate Professor of Medicine

**Specialty:**  
Gastroenterology

**Subspecialties:**  
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts, GI Cancer

**Add'l Languages:**  
Hindi, Punjabi, Urdu

**Contact:**  
La Jolla - Perman Medical Offices  
Jacobs Medical Center  
Moores Cancer Center  
Hillcrest - UC San Diego Medical Center

**Bio:**  
Syed Fehmi, MD, is a board-certified gastroenterologist who specializes in all aspects of endoscopy. He also has expertise in complex procedures such as endoscopic retrograde cholangio-pancreaticography (ERCP) and endoscopic ultrasound (EUS)-guided needle biopsy. He works closely with community physicians and cancer physicians at UC San Diego Health for early and advanced cancer diagnosis, staging and management/treatment with endoscopic ultrasound, needle biopsy and injections, placement of chemotherapeutic agents into cancer, placement of markers for radiation, early cancer endoscopic resection to prevent surgery, and stent placements to relieve blockages.

Michael Docherty, MD  
Associate Professor of Medicine  
Gastroenterologist

**Specialty:**  
Gastroenterology

**Subspecialty:**  
General Gastroenterology

**Contact:**  
La Jolla - Perman Medical Offices

**Bio:**  
Dr. Docherty specializes in the management of patients with Crohn's disease and ulcerative colitis. He trained in inflammatory bowel disease (IBD) at Mount Sinai Medical Center in New York.
Gastroenterology - General Gastroenterology (cont.)

Samir Gupta, MD  
Gastroenterologist  
Associate Professor of Medicine

**Specialty:**  
Gastroenterology  

**Subspecialties:**  
GI Cancer, General Gastroenterology

**Add'l Language:**  
Hindi

**Hillcrest - UC San Diego Medical Center**  
**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347

**Bio:**  
Samir Gupta, MD, is a board-certified gastroenterologist with expertise in general gastroenterology and in particular, colorectal cancer screening and prevention. He has specific expertise in the evaluation and management of individuals with a family history of colorectal cancer, including individuals with family cancer syndromes such as Lynch syndrome and familial adenomatous polyposis.

Denise Kalmaz, MD  
Gastroenterologist  
Director of Small Bowel Endoscopy  
Associate Clinical Professor of Medicine

**Specialty:**  
Gastroenterology  

**Subspecialties:**  
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts

**Hillcrest - UC San Diego Medical Center**  
**La Jolla - Perlman Medical Offices**  
**Jacobs Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347

**Bio:**  
Denise Kalmaz, MD, is a board-certified gastroenterologist with expertise in general gastroenterology, along with a special interest in the evaluation of the small intestine. She directs UC San Diego Health's small bowel endoscopy program, performing capsule endoscopy, single balloon enteroscopy, and double balloon enteroscopy. These procedures aid in the diagnosis and treatment of gastrointestinal bleeding, small bowel tumors, and inflammatory bowel disease. As one of the few local gastroenterologists who performs balloon enteroscopy, Dr. Kalmaz sees referral patients from all over southern California.
Gastroenterology - General Gastroenterology (cont.)

Mary Lee Krinsky, DO
Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology

Subspecialties:
General Gastroenterology, GI Cancer, Interventional Endoscopy / Pancreas & Bile Ducts

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Dr. Krinsky is a renowned expert in therapeutic endoscopy with a primary clinical interest in gastrointestinal cancer staging and pancreatic and biliary disease. Dr. Krinsky joined UCSD in 1999 after spending 2 years as a Clinical Instructor at Harvard Medical School, clinical gastroenterologist at the Brigham and Women’s Hospital and Director of Endoscopy at the West Roxbury VA Medical Center.

Ravinder K. Mittal, MD
Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology

Subspecialties:
General Gastroenterology, GI Motility

Add'l Language:
Hindi

La Jolla - Perlman Medical Offices
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Ravinder Mittal, MD, is a board certified gastroenterologist with specialized training in gastrointestinal motility. Dr. Mittal leads UC San Diego’s GI motility and physiology program. He focuses his practice on the accurate diagnosis and treatment of achalasia, Barrett’s esophagus, esophageal diverticula, gastroesophageal reflux disease (GERD), hiatal hernia, nutcracker esophagus, diffuse esophageal spasm, gastroparesis, idiopathic vomiting, rapid gastric emptying, ulcerative colitis, Crohn’s disease, and fecal incontinence.
Gastroenterology - General Gastroenterology (cont.)

**Derek Raman Patel, MD**
Associate Clinical Professor  
Associate Clinical Services Chief, Hillcrest

**Specialty:** Gastroenterology  
**Subspecialties:** Inflammatory Bowel Diseases, General Gastroenterology  
**Add'l Language:** Spanish

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347

**Bio:**  
"I strive to deliver care in a manner that is state-of-the-art and evidence-based yet personalized and compassionate."

**William Jeffery Sandborn, MD**
Director, Inflammatory Bowel Disease Center  
Chief, Division of Gastroenterology  
Professor of Medicine

**Specialty:** Gastroenterology  
**Subspecialties:** General Gastroenterology, Inflammatory Bowel Diseases

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347

**Bio:**  
William Sandborn, MD, is a board-certified gastroenterologist who is one of the world's top experts in the management of ulcerative colitis and Crohn’s disease. He directs the Inflammatory Bowel Disease (IBD) Center at UC San Diego Health.

**Jesus Rivera-Nieves, MD**

**Specialty:** Gastroenterology  
**Subspecialty:** General Gastroenterology

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347

**Bio:**
UC San Diego Health Links

**Amir Zarrinpar, MD, PhD**
Gastroenterologist  
Assistant Professor of Medicine

**Specialty:** Gastroenterology  
**Subspecialty:** General Gastroenterology  
**Add'l Language:** Persian

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347  
Fax: (858) 657-6881

**Bio:**  
Amir Zarrinpar, MD, PhD, is a board-certified general gastroenterologist with a particular interest in obesity and metabolism.
# Index

<table>
<thead>
<tr>
<th>B</th>
<th>Boland, Brigid S. ............................................. 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>C</td>
<td>Chang, Michael A. ............................................. 1</td>
</tr>
<tr>
<td></td>
<td>Copur-Dahi, Nedret ............................................. 2</td>
</tr>
<tr>
<td>D</td>
<td>Docherty, Michael ............................................. 2</td>
</tr>
<tr>
<td>F</td>
<td>Fehmi, Syed M Abbas ........................................... 2</td>
</tr>
<tr>
<td>G</td>
<td>Gupta, Samir ...................................................... 3</td>
</tr>
<tr>
<td>K</td>
<td>Kalmaz, Denise ..................................................... 3</td>
</tr>
<tr>
<td></td>
<td>Kinsky, Mary Lee .................................................. 4</td>
</tr>
<tr>
<td>M</td>
<td>Mittal, Ravinder K. ............................................. 4</td>
</tr>
<tr>
<td>P</td>
<td>Patel, Derek Raman ............................................. 5</td>
</tr>
<tr>
<td>R</td>
<td>Rivera-Nieves, Jesus ............................................ 5</td>
</tr>
<tr>
<td>S</td>
<td>Sandborn, William Jeffery ..................................... 5</td>
</tr>
<tr>
<td>Z</td>
<td>Zarrinpar, Amir .................................................... 5</td>
</tr>
</tbody>
</table>