Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

### Patient Access

**Request an Appointment**

Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

### Referring Physician Access

**Transfer a Patient**

For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

**Consultations**

If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

**Refer Your Patient**

Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
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<td>8910 Villa La Jolla Drive</td>
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<td>La Jolla, CA 92037</td>
<td>200 West Arbor Drive</td>
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Brigid S. Boland, MD
Gastroenterologist
Assistant Professor of Medicine

Specialty:
Gastroenterology

Subspecialties:
Inflammatory Bowel Diseases, General Gastroenterology

La Jolla - Perlman Medical Offices
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (619) 543-2347
Direct Clinic Line: (858) 657-7423

Bio:
Brigid Boland, MD, is a board-certified gastroenterologist who treats people with inflammatory bowel disease, including Crohn's disease, ulcerative colitis, indeterminate colitis and microscopic colitis, as well as other conditions.

Michael A. Chang, MD
Gastroenterologist
Assistant Professor of Medicine

Specialty:
Gastroenterology

Subspecialties:
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts, GI Cancer

La Jolla - Perlman Medical Offices
Jacobs Medical Center
Hillcrest - Medical Offices North
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Michael A. Chang, MD, is a board-certified gastroenterologist specializing in hepatobiliary (liver, gallbladder and bile ducts) disorders and pancreatic diseases. He has expertise in advanced endoscopic procedures, including endoscopic ultrasound, polypectomy, endoscopic mucosal resection of polyps/lesions, and endoscopic management of gastrointestinal malignancies, including luminal and biliary stenting.
Gastroenterology - General Gastroenterology (cont.)

Nedret Copur-Dahi, MD
Associate Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology
Subspecialty:
General Gastroenterology
Add'l Language:
Turkish

La Jolla - Perlman Medical Offices
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
UC San Diego Health Links

Syed M Abbas Fehmi, MD
Gastroenterologist
Associate Professor of Medicine

Specialty:
Gastroenterology
Subspecialties:
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts, GI Cancer
Add'l Languages:
Hindi, Punjabi, Urdu

La Jolla - Perlman Medical Offices
Jacobs Medical Center
Moores Cancer Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Syed Fehmi, MD, is a board-certified gastroenterologist who specializes in all aspects of endoscopy. He also has expertise in complex procedures such as endoscopic retrograde cholangio-pancreaticography (ERCP) and endoscopic ultrasound (EUS)-guided needle biopsy. He works closely with community physicians and cancer physicians at UC San Diego Health for early and advanced cancer diagnosis, staging and management/treatment with endoscopic ultrasound, needle biopsy and injections, placement of chemotherapeutic agents into cancer, placement of markers for radiation, early cancer endoscopic resection to prevent surgery, and stent placements to relieve blockages.

Michael Docherty, MD
Associate Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology
Subspecialty:
General Gastroenterology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Dr. Docherty specializes in the management of patients with Crohn's disease and ulcerative colitis. He trained in inflammatory bowel disease (IBD) at Mount Sinai Medical Center in New York.
Gastroenterology - General Gastroenterology (cont.)

Samir Gupta, MD  
Gastroenterologist  
Associate Professor of Medicine

Specialty:  
Gastroenterology

Subspecialties:  
GI Cancer, General Gastroenterology

Add'l Language:  
Hindi

Hillcrest - UC San Diego Medical Center  
La Jolla - Perlman Medical Offices

Bio:  
Samir Gupta, MD, is a board-certified gastroenterologist with expertise in general gastroenterology and in particular, colorectal cancer screening and prevention. He has specific expertise in the evaluation and management of individuals with a family history of colorectal cancer, including individuals with family cancer syndromes such as Lynch syndrome and familial adenomatous polyposis.

Denise Kalmaz, MD  
Gastroenterologist  
Director of Small Bowel Endoscopy  
Associate Clinical Professor of Medicine

Specialty:  
Gastroenterology

Subspecialties:  
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts

La Jolla - Perlman Medical Offices  
Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center

Bio:  
Denise Kalmaz, MD, is a board-certified gastroenterologist with expertise in general gastroenterology, along with a special interest in the evaluation of the small intestine. She directs UC San Diego Health's small bowel endoscopy program, performing capsule endoscopy, single balloon enteroscopy, and double balloon enteroscopy. These procedures aid in the diagnosis and treatment of gastrointestinal bleeding, small bowel tumors, and inflammatory bowel disease. As one of the few local gastroenterologists who performs balloon enteroscopy, Dr. Kalmaz sees referral patients from all over southern California.
Gastroenterology - General Gastroenterology (cont.)

Mary Lee Krinsky, DO  
Professor of Medicine  
Gastroenterologist

**Specialty:**  
Gastroenterology  

**Subspecialties:**  
General Gastroenterology, GI Cancer, Interventional Endoscopy / Pancreas & Bile Ducts

La Jolla - Perlman Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347

**Bio:**  
Dr. Krinsky is a renowned expert in therapeutic endoscopy with a primary clinical interest in gastrointestinal cancer staging and pancreatic and biliary disease. Dr. Krinsky joined UCSD in 1999 after spending 2 years as a Clinical Instructor at Harvard Medical School, clinical gastroenterologist at the Brigham and Women's Hospital and Director of Endoscopy at the West Roxbury VA Medical Center.

Ravinder K. Mittal, MD  
Professor of Medicine  
Gastroenterologist

**Specialty:**  
Gastroenterology  

**Subspecialties:**  
General Gastroenterology, GI Motility  

**Add'l Language:**  
Hindi

La Jolla - Perlman Medical Offices  
Jacobs Medical Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-2347

**Bio:**  
Ravider Mittal, MD, is a board certified gastroenterologist with specialized training in gastrointestinal motility. Dr. Mittal leads UC San Diego's GI motility and physiology program. He focuses his practice on the accurate diagnosis and treatment of achalasia, Barrett's esophagus, esophageal diverticula, gastroesophageal reflux disease (GERD), hiatal hernia, nutcracker esophagus, diffuse esophageal spasm, gastroparesis, idiopathic vomiting, rapid gastric emptying, ulcerative colitis, Crohn's disease, and fecal incontinence.
Gastroenterology - General Gastroenterology (cont.)

Derek Raman Patel, MD
Associate Clinical Professor
Associate Clinical Services Chief, Hillcrest

Specialty:
Gastroenterology

Subspecialties:
Inflammatory Bowel Diseases, General Gastroenterology

Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Moores Cancer Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
"I strive to deliver care in a manner that is state-of-the-art and evidence-based yet personalized and compassionate."

William Jeffery Sandborn, MD
Director, Inflammatory Bowel Disease Center
Chief, Division of Gastroenterology
Professor of Medicine

Specialty:
Gastroenterology

Subspecialties:
General Gastroenterology, Inflammatory Bowel Diseases

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
William Sandborn, MD, is a board-certified gastroenterologist who is one of the world's top experts in the management of ulcerative colitis and Crohn's disease. He directs the Inflammatory Bowel Disease (IBD) Center at UC San Diego Health.

Jesus Rivera-Nieves, MD

Specialty:
Gastroenterology

Subspecialty:
General Gastroenterology

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
UC San Diego Health Links

Amir Zarrinpar, MD, PhD
Gastroenterologist
Assistant Professor of Medicine

Specialty:
Gastroenterology

Subspecialty:
General Gastroenterology

Add'l Language:
Persian

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347
Fax: (858) 657-6881

Bio:
Amir Zarrinpar, MD, PhD, is a board-certified general gastroenterologist with a particular interest in obesity and metabolism.
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