UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*. 

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
## Locations

**La Jolla**
- **La Jolla Emergency**
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

- **La Jolla Urgent Care**
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

**Orthopedics Urgent Care**
- **Sports Medicine**
  - 4520 Executive Drive, Suite Plaza 1
  - San Diego, CA 92121

  - 4510 and 4520 Executive Drive
  - San Diego, CA 92121

  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

- **Orthopedics Urgent Care**
  - 8899 and 8929 University Center Lane
  - San Diego, CA 92122

  - 8939 Villa La Jolla Drive
  - La Jolla, CA 92037

- **Shiley Eye Institute**
  - 9415 Campus Point Drive
  - La Jolla, CA 92037

- **Sulpizio Cardiovascular Center**
  - 9434 Medical Center Drive
  - La Jolla, CA 92093

- **Moores Cancer Center**
  - 3855 Health Sciences Drive
  - La Jolla, CA 92093

- **Jacobs Medical Center**
  - 9300 Campus Point Drive
  - La Jolla, CA 92037

- **Koman Family Outpatient Pavilion**
  - 9400 Campus Point Drive
  - La Jolla, CA 92037

- **Perlman Medical Offices**
  - 9350 Campus Point Drive
  - La Jolla, CA 92037

**Hillcrest**
- **Hillcrest Emergency**
  - UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103

  - 4th and Lewis Medical Offices
  - 330 Lewis Street
  - San Diego, CA 92103

  - Medical Offices North
  - 200 West Arbor Drive
  - San Diego, CA 92103

  - Medical Offices South
  - 4168 Front Street
  - San Diego, CA 92103

- **UC San Diego Medical Center**
  - 200 West Arbor Drive
  - San Diego, CA 92103

**Rancho Bernardo**
- **Includes Rancho Bernardo Urgent Care**
  - 16950 Via Tason
  - San Diego, CA 92127

**Encinitas**
- **Includes Encinitas Express Care (Suite 110)**
  - 1200 Garden View Road
  - Encinitas, CA 92024

  - 477 North El Camino Real
  - Encinitas, CA 92024

**College Area**
- 6719 Alvarado Road, Suite 302
  - San Diego, CA 92120

**Downtown**
- Downtown Express Care
  - 203 West F Street
  - San Diego, CA 92101

**Vista**
- 910 Sycamore Avenue
  - Vista, CA 92081

**Sorrento Valley**
- 4910 Directors Place
  - San Diego, CA 92121

**Scripps Ranch**
- 9909 Mira Mesa Blvd, Suite 200
  - San Diego, CA 92131

**Kearny Mesa**
- 7910 Frost Street
  - San Diego, CA 92123

**Chula Vista**
- 959 Lane Avenue
  - Chula Vista, CA 91914

**Temecula**
- 31720 Temecula Parkway, Suite 100
  - Temecula, CA 92592
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Palliative Care

Gary Buckholz, MD, FAAHPM
Palliative Medicine Physician
Professor of Medicine

Specialty: Palliative Care

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Gary Buckholz, MD, is a board-certified palliative care specialist and hospice medical director (HDMC). The goal of palliative care is to prevent and relieve suffering and to support the best possible quality of life for patients and their families, regardless of the stage of disease or the need for other therapies. As such, it can be delivered at the same time with life-sustaining care or as the main focus of care.

Kyle P. Edmonds, MD, FAAHPM
Palliative Medicine Physician
Assistant Professor of Medicine

Specialty: Palliative Care

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Kyle P. Edmonds, MD, is a board-certified palliative care specialist. Palliative medicine focuses on improving the quality of life for people with serious illness and their families. It can help provide relief from symptoms, pain, and emotional stress. As part of the Doris A. Howell Palliative Care service, Dr. Edmonds consults with patients who have been admitted to UC San Diego Health's hospitals in La Jolla and Hillcrest.

Jeremy Hirst, MD
Psychiatrist
Associate Director, Patient and Family Support Services, Moores Cancer Center

Specialties: Psychiatry, Palliative Care, Cancer
Subspecialty: Psychosocial Oncology

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.
Palliative Care (cont.)

Kevin McGehrin, MD
Neurologist
Assistant Professor of Neurosciences

Specialties:
Neurology, Palliative Care

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-3500
Direct Clinic Line - Executive Dr.: (858) 657-8540
Direct Clinic Line - Palliative Care: (858) 534-9061

Bio:
Kevin McGehrin, MD, is a palliative care physician and board-certified neurologist who provides expert care for patients with a variety of neurological conditions, including Parkinson's disease and Alzheimer's disease.

William Mitchell, MD
Medical Oncologist
Assistant Professor of Medicine

Specialties:
Cancer, Palliative Care

Subspecialty:
Lung Cancer

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100
Direct Clinic Line: (858) 534-9061

Bio:
William Mitchell, MD, is a board-certified medical oncologist. He cares for patients with all kinds of thoracic cancer, including lung cancer, mesothelioma and thymomas.

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 598-1776
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Palliative Care (cont.)

**Kira A Skavinski, DO**  
Palliative Care Specialist  
Assistant Professor of Medicine

**Specialty:**  
Palliative Care

**Moores Cancer Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-9061

**Bio:**  
Kira Skavinski, DO, is a board-certified palliative care physician who helps relieve suffering in people with life-limiting and chronic illnesses. She provides pain and symptom management, and aims to optimize quality of life for her patients and their families while addressing their medical, psychological, social, and spiritual needs. Dr. Skavinski also assists patients and their families with discussions regarding advance care planning and goals.

**Maria Tiamson-Kassab, MD**

**Specialties:**  
Psychiatry, Palliative Care, Cancer

**Subspecialty:**  
Psychosocial Oncology

**Add'l Language:**  
Tagalog

**Moores Cancer Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-9061

**Bio:**  
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center’s Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.

**Kathryn (Kadee) Winters, MD**  
Palliative Care Specialist  
Assistant Professor of Medicine

**Specialty:**  
Palliative Care

**Jacobs Medical Center**  
Hillcrest - UC San Diego Medical Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-9061

**Bio:**  
Kathryn (Kadee) Winters, MD, is a palliative care physician who provides supportive care for people with cancer or other life-threatening diseases. Palliative medicine focuses on improving the quality of life for people with serious illness and their families. It can help provide relief from symptoms, pain and emotional stress.

**Heidi Yeung, MD**  
Palliative Care Specialist  
Associate Professor of Medicine

**Specialty:**  
Palliative Care

**Add'l Languages:**  
French, Mandarin

**Jacobs Medical Center**  
Hillcrest - UC San Diego Medical Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-9061

**Bio:**  
Heidi Yeung, MD, is a board-certified hospice and palliative care specialist who manages pain and other symptoms related to disease or its treatment. She works with a multidisciplinary team to help individualize care for patients and their families.
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