Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America's Top Doctors and U.S. News & World Report's rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

→ **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

→ **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

→ **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

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<th>La Jolla</th>
<th>Hillcrest</th>
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<td>4th and Lewis Medical Offices</td>
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<td>San Diego, CA 92121</td>
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### Palliative Care

#### Gary Buckholz, MD, FAAHPM
**Associate Clinical Professor**

**Specialty:** Palliative Care

**Jacobs Medical Center**  
Hillcrest - UC San Diego Medical Center

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 534-7079

**Bio:**
Dr. Buckholz specializes in palliative care, which uses a team approach. The goal of palliative care is to prevent and relieve suffering and to support the best possible quality of life for patients and their families, regardless of the stage of disease or the need for other therapies. As such, it can be delivered concurrently with life-prolonging care or as the main focus of care.

#### Kyle P. Edmonds, MD
**Hospice and Palliative Medicine Physician**  
**Assistant Professor of Medicine**

**Specialty:** Palliative Care

**Jacobs Medical Center**  
Hillcrest - UC San Diego Medical Center

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 534-7079

**Bio:**
Dr. Edmonds specializes in palliative medicine, which includes symptom management, complex communication, and advocacy for hospitalized patients with complicated illnesses.

#### Lynette Cederquist, MD
**Professor of Medicine**  
**Pain Management Specialist**

**Specialties:** Internal Medicine, Palliative Care, Pain Management  
**Add'l Language:** Spanish

**Hillcrest - 4th & Lewis Medical Offices**  
La Jolla - 8939 Villa La Jolla Drive

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 657-8000

**Bio:**
Lynette Cederquist, MD, is a hospice and palliative medicine specialist who helps relieve suffering in people with life-limiting and advanced illnesses. As a provider of palliative care, she aims to optimize comfort and quality of life while addressing the psychological, social, and spiritual concerns of patients and their families. Dr. Cederquist currently only sees patients with chronic pain who have been referred to her by internists at UC San Diego Health.

#### Jeremy Hirst, MD
**Psychiatrist**  
**Associate Director, Patient and Family Support Services, Moores Cancer Center**

**Specialties:** Psychiatry, Palliative Care, Cancer  
**Subspecialty:** Psychosocial Oncology

**Moores Cancer Center**  
**Jacobs Medical Center**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 822-5381

**Bio:**
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.
Palliative Care (cont.)

Eric Roeland, MD
Assistant Professor of Medicine
Medical Oncologist and Palliative Care Specialist

Specialties:
Cancer, Palliative Care
Subspecialty:
Gastrointestinal Cancers
Add'l Language:
Spanish

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7079

Bio:
Eric Roeland, MD, is a board-certified medical oncologist and palliative medicine physician. Dr. Roeland is part of the gastrointestinal cancer unit at Moores Cancer Center at UC San Diego Health, where he works alongside a multidisciplinary team to provide patients with highly specialized care.

Maria Tiamson-Kassab, MD

Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology
Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center’s Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.

Kira A Skavinski, DO
Palliative Care Specialist
Assistant Professor of Medicine

Specialty:
Palliative Care

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7079

Bio:
Kira Skavinski, DO, is a board-certified palliative care physician who helps relieve suffering in people with life-limiting and chronic illnesses. She provides pain and symptom management, and aims to optimize quality of life for her patients and their families while addressing their medical, psychological, social, and spiritual needs. Dr. Skavinski also assists patients and their families with discussions regarding advance care planning and goals.

Heidi Yeung, MD
Palliative Care Specialist
Associate Professor of Medicine

Specialty:
Palliative Care
Add'l Languages:
French, Mandarin

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7079

Bio:
Heidi Yeung, MD, is a board-certified hospice and palliative care specialist who manages pain and other symptoms related to disease or its treatment. She works with a multidisciplinary team to help individualize care for patients and their families.
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