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Orthopedics

Orthopedics is the branch of medicine specializing in the treatment of injuries or disorders of the skeletal system including bones, muscles, joints and ligaments. Learn more about orthopedics at UC San Diego Health.

Frank E. Chiarappa, MD
Orthopedic Oncologist
Assistant Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Cancer
Subspecialty:
Sarcoma (Bone and Soft Tissue)

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Koman Family Outpatient Pavilion: (858) 657-8200
Direct Clinic Line: (866) 773-2703

Bio:
Frank Chiarappa, MD, is an orthopedic oncologist who treats children and adults with cancerous and non-cancerous musculoskeletal tumors. This includes soft tissue sarcoma and primary bone tumors such as osteosarcoma, chondrosarcoma, Ewing's sarcoma and giant cell tumors. He also treats patients with cancer that has spread to the bone from other primary sites such as the breast, lung, kidney or blood.

James H. Flint, MD
Orthopedic Surgeon

Specialties:
Orthopedics, Cancer
Subspecialty:
Sarcoma (Bone and Soft Tissue)

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
James H. Flint, MD, is a board-certified orthopedic surgeon who specializes in treating benign and malignant soft-tissue and bone tumors, including sarcoma. He treats adults and young adults over the age of 15.

James N. Hamilton, MS, PA-C
Physician Assistant

Specialty:
Orthopedics

Encinitas - Garden View Road
Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
James Hamilton, MS, is a certified physician assistant (PA-C) who cares for people with orthopedic injuries and conditions, including those with arthritis of the hip and knee and people with failed hip and knee replacements. He assists in performing a variety of procedures, including hip replacement, hip resurfacing, total and partial knee replacement, and revision arthroplasty of the hip and knee. Mr. Hamilton also works with patients to develop personalized treatment plans that fulfill their physical activity and lifestyle goals.
Orthopedics (cont.)

Paymaneh (Pam) Sabet, DPM
Podiatrist and Wound Care Specialist

**Specialties:**
Podiatry, Orthopedics

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5969

**Bio:**
Paymaneh (Pam) Sabet, DPM, is a podiatrist who specializes in foot and ankle surgery and wound care. Podiatrists, also referred to as foot doctors or podiatric physicians, are specialists who diagnose and treat all conditions of the feet, ankles and legs. Their care also focuses on how the health of these structures impact the rest of the body. Dr. Sabet’s expertise includes treating foot and ankle diseases and their causes, reconstructive foot and ankle surgery, and wound care for diabetic foot ulcers.

Natalie Voskanian, MD
Sports Medicine Physician
Associate Professor of Orthopaedic Surgery

**Specialties:**
Orthopedics, Sports Medicine

**Add'l Languages:**
Armenian, Spanish

La Jolla - 4520 Executive Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

**Bio:**
Natalie Voskanian, MD, is a board-certified sports medicine physician with expertise in the nonsurgical treatment of sports-related injuries and musculoskeletal conditions, including sprains, ligament injuries, tendinitis and overuse injuries such as runner’s knee.
Orthopedics - Foot & Ankle

David J. Dalstrom, MD
Orthopedic Surgeon

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Foot & Ankle, Orthopedic Trauma

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
David Dalstrom, MD, is a board-certified orthopedic surgeon who specializes in treating traumatic injuries, degenerative conditions and sports injuries of the foot and ankle.

Andrew Denevan, MS, PA-C
Physician Assistant

Specialty:
Orthopedics

Subspecialties:
Foot & Ankle, Sports Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Andrew Denevan, MS, is a certified physician assistant (PA-C) who works with the Foot and Ankle Division in the Department of Orthopedic Surgery. His areas of expertise include evaluating and treating acute and chronic sports injuries, as well as orchestrating pre and postoperative care. Mr. Denevan is experienced in recommending appropriate custom orthotics and braces, and providing footwear recommendations. He also provides support to the Sports Medicine Program at UC San Diego Health, where he assists in the care of student athletes.
Orthopedics - Hand & Upper Extremity

Reid Allen Abrams, MD
Orthopedic Surgeon
Chief of Hand and Microvascular Surgery
Chair of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine
Subspecialties:
Hand & Upper Extremity, Sports Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Reid Abrams, MD, is a board-certified orthopedic and hand surgeon. He is chief of Hand and Microvascular Surgery and chairman of the Department of Orthopaedic Surgery. Dr. Abrams’ expertise includes treating severe upper limb trauma; nerve injuries; tendon injuries; arthritis of the elbow wrist and hand; carpal tunnel syndrome; Dupuytren’s contracture; as well as fractures and sports injuries of the elbow, forearm, wrist and hand.

Eric Hentzen, MD, PhD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine
Subspecialties:
Hand & Upper Extremity, Sports Medicine
Add'l Languages:
German, Spanish

Encinitas - Garden View Road
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Eric Hentzen, MD, PhD, is a board-certified orthopedic surgeon who specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.
Orthopedics - Hand & Upper Extremity (cont.)

Bryan T. Leek, MD  
Orthopedic Surgeon  
Associate Professor of Orthopaedic Surgery

Specialties:
Sports Medicine, Orthopedics
Subspecialty:
Hand & Upper Extremity

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Bryan Leek, MD, is a board-certified orthopedic surgeon who specializes in treating sports and upper extremity injuries, including arthroscopy and reconstruction of the knee, shoulder, elbow, wrist, and hand. He has a particular interest in treating shoulder injuries, performing arthroscopic and open techniques in repair and reconstruction. He performs both anatomic and reverse shoulder arthroplasty. He treats traumatic, overuse, and degenerative injuries, including arthritis of both the upper and lower extremity. Dr. Leek is trained in microscopic and minimally invasive surgical techniques involving the hand and upper extremity.

Matthew Meunier, MD  
Orthopedic Surgeon  
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine
Subspecialties:
Sports Medicine, Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center  
La Jolla - 4520 Executive Drive  
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Matthew Meunier, MD, is a board-certified orthopedic surgeon who specializes in hand, upper extremity and microvascular surgery to treat a variety of conditions, including fractures and dislocations, shoulder injuries, chronic wrist pain, and congenital hand disorders. He is one of the region’s top hand injury experts and an associate team physician for the San Diego Padres. He was a consultant physician for the San Diego Chargers.
Orthopedics - Hand & Upper Extremity (cont.)

**Gregory D. Middleton, MD**  
Rheumatologist  
Professor of Medicine and Orthopaedic Surgery  

**Specialties:**  
Rheumatology, Orthopedics  

**Subspecialty:**  
Hand & Upper Extremity  

**Hillcrest - UC San Diego Medical Center**  
**Encinitas - Garden View Road**  
**La Jolla - Koman Family Outpatient Pavilion**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200  

**Bio:**  
Gregory D. Middleton, MD, is a board-certified rheumatologist who specializes in the nonsurgical care of patients with joint and muscle pain, particularly those with rheumatic disorders such as osteoarthritis. He takes a comprehensive approach to treating arthritis, pain and autoimmune diseases, and strives to help patients maintain a satisfying and active lifestyle.

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**Catherine M. Robertson, MD**  
Chief of Sports Medicine  
Orthopedic Surgeon  
Associate Professor of Orthopaedic Surgery  

**Specialties:**  
Orthopedics, Sports Medicine  

**Subspecialties:**  
Hand & Upper Extremity, Joint, Sports Medicine  

**Add'l Language:**  
Spanish  

**La Jolla - 4520 Executive Drive**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (844) 377-7678  

**Bio:**  
Catherine M. Robertson, MD, is a board-certified orthopedic surgeon who specializes in treating injuries of the shoulder, knee and hip. She uses minimally invasive techniques for restoring joint function and to treat complex ligament, tendon, cartilage and meniscus injuries. Dr. Robertson is one of the few physicians in Southern California with specialized training in hip arthroscopy (minimally invasive hip surgery) and uses this advanced technique to treat femoroacetabular impingement (FAI) and labral tears of the hip.
Orthopedics - Joint

Scott Taber Ball, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialty:
Orthopedics
Subspecialty:
Joint
Add'l Language:
Spanish

Encinitas - Garden View Road
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Scott Ball, MD, is a board-certified orthopedic surgeon who specializes in joint replacement surgery for both the hip and knee, and salvage reconstruction for failed joint replacements. Using minimally invasive approaches, he helps facilitate reduced complication rates and faster recovery. Dr. Ball has expertise in hip resurfacing surgery, a technique that is used to preserve the hip bone, allowing younger patients with good bone quality to resume high levels of activity in sports such as surfing, skiing, basketball, and running.

Krishna R. Cidambi, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialty:
Orthopedics
Subspecialty:
Joint
Add'l Languages:
Spanish, Tamil

Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Road
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Krishna R. Cidambi, MD, is an orthopedic surgeon who specializes in hip and knee replacements. His areas of expertise include anterior total hip replacement (minimally invasive hip replacement), posterior total hip replacement, total knee replacement and partial knee replacement.
Francis B Gonzales, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialty:
Orthopedics

Subspecialty:
Joint

Add'l Language:
Spanish

Encinitas - Garden View Road
Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Francis Gonzales, MD, is a board-certified orthopedic surgeon who specializes in adult hip and knee joint replacement surgery.

Christina V. Harris, MPA, PA-C
Physician Assistant

Specialties:
Orthopedics, Cancer

Subspecialties:
Joint, Sarcoma (Bone and Soft Tissue)

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Christina V. Harris, MPA, is a certified physician assistant (PA-C) who works in orthopedic oncology (bone cancer) and joint reconstructions. In this capacity, she assists with preoperative and postoperative care of orthopedic patients in both inpatient and outpatient settings. She also educates patients on orthopedic oncology management as well as hip and knee reconstructions.

Catherine M. Robertson, MD
Chief of Sports Medicine
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Joint, Sports Medicine

Add'l Language:
Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

Bio:
Catherine M. Robertson, MD, is a board-certified orthopedic surgeon who specializes in treating injuries of the shoulder, knee and hip. She uses minimally invasive techniques for restoring joint function and to treat complex ligament, tendon, cartilage and meniscus injuries. Dr. Robertson is one of the few physicians in Southern California with specialized training in hip arthroscopy (minimally invasive hip surgery) and uses this advanced technique to treat femoroacetabular impingement (FAI) and labral tears of the hip.
Orthopedics - Orthopedic Trauma

David J. Dalstrom, MD
Orthopedic Surgeon
Specialties:
Orthopedics, Sports Medicine
Subspecialties:
Foot & Ankle, Orthopedic Trauma
La Jolla - Koman Family Outpatient Pavilion
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Bio:
David Dalstrom, MD, is a board-certified orthopedic surgeon who specializes in treating traumatic injuries, degenerative conditions and sports injuries of the foot and ankle.

Paul Joseph Girard, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery
Specialties:
Surgery, Orthopedics
Subspecialty:
Orthopedic Trauma
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Bio:
Paul Girard, MD, is a board-certified orthopedic surgeon who specializes in treating fractures related to trauma, sports injuries and fractures around total joint replacements. His clinical practice includes treating fractures of the acetabulum, hip, pelvis, clavicle, humerus, elbow, forearm, femur, tibia, ankle and foot.

William T. Kent, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery
Specialties:
Orthopedics, Sports Medicine
Subspecialty:
Orthopedic Trauma
Add'l Language:
Spanish
Jacobs Medical Center
La Jolla - 4520 Executive Drive
Hillcrest - UC San Diego Medical Center
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Bio:
William Kent, MD, is an orthopedic surgeon who specializes in treating fractures related to trauma, sports injuries and fractures around total joint replacements. His clinical practice includes treating fractures of the acetabulum, hip, pelvis, clavicle, humerus, elbow, forearm, femur, tibia, ankle and foot.
Orthopedics - Orthopedic Trauma (cont.)

Alexandra K. Schwartz, MD
Chief, Orthopedic Trauma
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Surgery
Subspecialty:
Orthopedic Trauma
Add'l Languages:
German, Spanish

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center
Hillcrest - Medical Offices North
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6312
Direct Clinic Line: (858) 657-8200

Bio:
Alexandra Schwartz, MD, is a board-certified orthopedic surgeon. She specializes in orthopedic trauma and surgery to treat fractured or broken bones, including clavicle, pelvic, foot, ankle, arm, elbow, knee, and shoulder injuries. Dr. Schwartz also cares for patients with complications from these injuries, such as infections and poor-healing or non-healing bones. As an orthopedic traumatologist, she has expertise working in emergency settings and with people whose injuries were caused by accidents or violence.
Orthopedics - Spine

Richard (Todd) Allen, MD, PhD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialty:
Orthopedics

Subspecialty:
Spine

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Richard (Todd) Allen, MD, is board-certified orthopedic surgeon with expertise in complex adult reconstruction procedures for deformity/scoliosis and tumors. He specializes in complex disorders of the upper cervical spine, including tumors and degenerative or post-traumatic conditions.

Steven Robert Garfin, MD
Orthopedic Surgeon
Interim Dean, UC San Diego School of Medicine

Specialties:
Surgery, Orthopedics

Subspecialty:
Spine

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Steven Garfin, MD, is a board-certified and internationally recognized orthopedic surgeon specializing in the adult spine. He has been consistently elected as a top doctor in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.
Orthopedics - Spine (cont.)

Vinko Zlomislic, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Surgery

Subspecialty:
Spine

Encinitas - Garden View Road
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Vinko Zlomislic, MD, is a board-certified orthopedic surgeon who specializes in the surgical and nonsurgical management of cervical, thoracic, and lumbar spine disorders. His expertise includes treating degenerative conditions of the cervical and lumbar spine, spinal trauma and infections, and spinal reconstruction for complex spinal deformity and tumors. Dr. Zlomislic emphasizes nonoperative management, recommending surgery only when conservative measures have failed. If surgical treatment is necessary, he uses minimally invasive methods whenever possible.
Orthopedics - Sports Medicine

Reid Allen Abrams, MD
Orthopedic Surgeon
Chief of Hand and Microvascular Surgery
Chair of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Reid Abrams, MD, is a board-certified orthopedic and hand surgeon. He is chief of Hand and Microvascular Surgery and chairman of the Department of Orthopaedic Surgery. Dr. Abrams' expertise includes treating severe upper limb trauma; nerve injuries; tendon injuries; arthritis of the elbow wrist and hand; carpal tunnel syndrome; Dupuytren's contracture; as well as fractures and sports injuries of the elbow, forearm, wrist and hand.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.
Orthopedics - Sports Medicine (cont.)

Andrew Denevan, MS, PA-C
Physician Assistant

**Specialty:** Orthopedics  
**Subspecialties:** Foot & Ankle, Sports Medicine

Hillcrest - UC San Diego Medical Center  
La Jolla - 4520 Executive Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

**Bio:**  
Andrew Denevan, MS, is a certified physician assistant (PA-C) who works with the Foot and Ankle Division in the Department of Orthopedic Surgery. His areas of expertise include evaluating and treating acute and chronic sports injuries, as well as orchestrating pre and postoperative care. Mr. Denevan is experienced in recommending appropriate custom orthotics and braces, and providing footwear recommendations. He also provides support to the Sports Medicine Program at UC San Diego Health, where he assists in the care of student athletes.

Eric Hentzen, MD, PhD
Orthopedic Surgeon  
Associate Professor of Orthopaedic Surgery

**Specialties:** Orthopedics, Sports Medicine  
**Subspecialties:** Hand & Upper Extremity, Sports Medicine

**Add'l Languages:** German, Spanish

Encinitas - Garden View Road  
Hillcrest - Medical Offices North

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

**Bio:**  
Eric Hentzen, MD, PhD, is a board-certified orthopedic surgeon who specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.
Orthopedics - Sports Medicine (cont.)

Matthew Meunier, MD
Orthopedic Surgeon
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Sports Medicine, Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Matthew Meunier, MD, is a board-certified orthopedic surgeon who specializes in hand, upper extremity and microvascular surgery to treat a variety of conditions, including fractures and dislocations, shoulder injuries, chronic wrist pain, and congenital hand disorders. He is one of the region’s top hand injury experts and an associate team physician for the San Diego Padres. He was a consultant physician for the San Diego Chargers.

Catherine M. Robertson, MD
Chief of Sports Medicine
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Joint, Sports Medicine

Add'l Language:
Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

Bio:
Catherine M. Robertson, MD, is a board-certified orthopedic surgeon who specializes in treating injuries of the shoulder, knee and hip. She uses minimally invasive techniques for restoring joint function and to treat complex ligament, tendon, cartilage and meniscus injuries. Dr. Robertson is one of the few physicians in Southern California with specialized training in hip arthroscopy (minimally invasive hip surgery) and uses this advanced technique to treat femoroacetabular impingement (FAI) and labral tears of the hip.
Orthopedics - Sports Medicine (cont.)

Jacqueline (Jackie) Upton, MS, ATC, PA-C
Physician Assistant

**Specialties:**
Orthopedics, Sports Medicine

**Subspecialty:**
Sports Medicine

La Jolla - 4520 Executive Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Jacqueline Upton, MS, is a certified physician assistant (PA-C) and certified athletic trainer (ATC) who cares for patients with orthopedic sports injuries. She is part of the multidisciplinary team that provides state-of-the-art care to athletes of all ages. Her areas of expertise include evaluating and treating acute and chronic sports injuries, as well as orchestrating pre and postoperative patient care. She also provides support to the Sports Medicine Program at UC San Diego Health, where she assists in the care of high school and collegiate athletes.

Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

**Specialties:**
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

**Subspecialty:**
Sports Medicine

**Add'l Language:**
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale’s expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.
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